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7 **English Title:** Patient Safety Issues in Office-based Surgery and Anaesthesia in Switzerland:  
8 A Qualitative Study

9

10 **German Title:** Aspekte der Patientensicherheit von chirurgischen Eingriffen und Anästhesie  
11 in der Arztpraxis in der Schweiz: eine qualitative Studie

12

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30

31 **Abstract**

32 **Objectives:** To identify the spectrum of patient safety issues in office-based surgery and  
33 anaesthesia in Switzerland.

34 **Methods:** Purposive sample of 23 experts in surgery and anaesthesia and quality and  
35 regulation in Switzerland. Data were collected via individual qualitative interviews using a  
36 researcher-developed semi-structured interview guide between March 2016 and September  
37 2016. Interviews were transcribed and analysed using conventional content analysis. Issues  
38 were categorised under the headings “structure”, “process”, and “outcome”.

39 **Results:** Experts identified two key overarching patient safety and regulatory issues in  
40 relation to office-based surgery and anaesthesia in Switzerland. First, experts repeatedly  
41 raised the current lack of data and transparency of the setting. It is unknown how many  
42 surgeons are operating in offices, how many and what types of operations are being done, and  
43 outcomes. Secondly, experts also noted the limited oversight and regulation of the setting.  
44 While some standards exist, most experts felt that more minimal safety standards regarding  
45 what requirements need to be met to do office-based surgery and what can and cannot be done  
46 in the office-based setting are needed, but advocated a self-regulatory approach.

47 **Conclusion:** There is currently a lack of empirical data regarding the quantity and quality  
48 office-based surgery and anaesthesia in Switzerland. Further research is needed to address  
49 these research gaps and inform health policy in relation to patient safety in office-based  
50 surgery and anaesthesia in Switzerland.

51 **Key words:** Office Surgery; Patient Safety; Switzerland

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53

54 **Zusammenfassung**

55 **Ziel:** Identifikation des Spektrums von Aspekten der Patientensicherheit in der Chirurgie und  
56 Anästhesie in der Arztpraxis in der Schweiz

57 **Methoden:** Zwischen März und September 2016 wurden 23 qualitative semi-strukturierte  
58 Interviews mit Experten aus den Bereichen Chirurgie, Anästhesie, sowie Qualität und  
59 Regulation in der Schweiz geführt. Die Interviews wurden transkribiert und mittels  
60 konventioneller Inhaltsanalyse analysiert. Die Aspekte der Patientensicherheit wurden unter  
61 den Überschriften "Struktur", "Prozess" und "Ergebnis" kategorisiert.

62 **Ergebnisse:** Experten identifizierten zwei wichtige überspannend Patientensicherheits- und  
63 Regulierungsthemen in Bezug auf der Chirurgie und Anästhesie in der Arztpraxis in der  
64 Schweiz. Erstens wurde der aktuelle Mangel an Daten und Transparenz berichtet. So ist etwa  
65 nicht bekannt, wie viele Chirurgen in Praxis-OPs arbeiten, wie viele und welche Arten von  
66 Operationen durchgeführt werden, und welche Ergebnisse erzielt werden. Zweitens stellten  
67 Experten auch die begrenzte Aufsicht und Regulierung fest. Obwohl es bereits einige  
68 Standards gibt, glaubten die meisten Experten, dass die derzeitige Situation nicht ausreichend  
69 sei und dass mehr Grenzen erforderlich seien. Experten befürworteten einen selbstregulierenden  
70 Regulierungsansatz.

71 **Schlussfolgerung:** Derzeit gibt es einen Mangel an empirischen Daten zur Quantität und  
72 Qualität der Chirurgie und Anästhesie in der Arztpraxis in der Schweiz. Weitere  
73 Forschungsarbeiten sind erforderlich, um diese Lücken zu schließen und die  
74 Gesundheitspolitik in Bezug auf die Patientensicherheit in der ambulanten Chirurgie und  
75 Anästhesie in der Schweiz zu informieren.

76 **Schlüsselwörter:** der Chirurgie und Anästhesie in der Arztpraxis ; Patientensicherheit;  
77 Schweiz

78

## 79 1. **Introduction**

80 With ageing populations and increasing rates of chronic diseases leading to a growing demand  
81 for healthcare, outpatient care is seen as a promising alternative to inpatient care [1]. One of  
82 the clearest examples of this move towards outpatient care has been the growth of outpatient  
83 surgery and anaesthesia. Outpatient surgery, however, has increasingly moved out of hospitals  
84 and ambulatory surgery centres and into physician's offices. Office-based surgery and  
85 anaesthesia has seen remarkable growth internationally in recent decades, particularly in the  
86 United States [2-4]. While it was initially seen to be best suited for a young healthy patient  
87 population, office-based surgical procedures have become increasingly complex (and as a  
88 result longer in duration) and conducted on older patients with more comorbidities [2,5]. A  
89 number of factors have been identified as being behind this growth of office-based surgery,  
90 including economic advantages, increased patient and surgeon convenience and satisfaction,  
91 consistent staffing, efficiency, patient privacy, increased autonomy of practice, decreased risk  
92 of infection, and an ageing population and increased demand for cosmetic surgery [2-4,6].

93  
94 Leading patient safety advocates, however, have raised concerns that the growth of office-  
95 based surgery "has not been widely accompanied by adherence to the safety standards present  
96 in hospital settings or ambulatory surgical facilities" [7]. These concerns have been  
97 heightened by reports of tragic mishaps that have allegedly occurred due to a lack of resources  
98 that are usually available in a hospital or ambulatory surgical centres, or due to patients being  
99 discharged too early into the unmonitored home setting [2-5,7]. Nevertheless, there remains a  
100 general lack of regulation and oversight in this setting in many countries, which has given  
101 office-based surgery "a reputation for being the 'Wild West' of healthcare" [5].

102  
103 In Switzerland, there have been a number of studies concerning various aspects of ambulatory  
104 care [8-11], and ambulatory surgery in general [12-14]. For instance, Vuilleumier and

105 colleagues reported in 2011 that the utilization of a private surgical facility to perform  
106 outpatient abdominal surgery was successful, effective, safe, and cost-effective [12], while  
107 Gemayel and Christenson found in 2012 that bilateral varicose vein surgery could be safely  
108 performed as an outpatient procedure, without increased risk of postoperative complications  
109 [13]. However, we are not aware of any previous research specifically concerning office-  
110 based surgery and anaesthesia or the issue of patient safety in this setting. The Swiss Patient  
111 Safety Foundation is currently conducting a large scale quality improvement program  
112 regarding safe surgery in the inpatient setting (progress! Sichere Chirurgie) [15], but has  
113 concerns that the same efforts are not being undertaken in the office-based setting,  
114 particularly given the apparent diffusion of surgical care in this setting and the lack of  
115 regulation. It is currently unclear what the key patient safety issues are in relation to office-  
116 based surgery in Switzerland and in what areas research is needed. The aim of this research,  
117 therefore, is to identify the spectrum of patient safety issues in office-based surgery in  
118 Switzerland.

119

## 120 **2. Methods**

121 Study design and data collection did not require approval of an ethical committee in  
122 Switzerland referring to Articles 1 and 2 of the Federal Act on Research involving Human  
123 Beings (Human Research Act, HRA) [16]. The methods of the study are presented in  
124 accordance with the “Consolidated criteria for reporting qualitative research” (COREQ) [17].

125

### 126 *2.1. Research team and reflexivity*

127 Interviews were conducted by S.M., a male Post Doc in biomedical ethics, who had previous  
128 training and experience in qualitative research [18-19]. S.M. had already had contact with 8 of  
129 the 23 experts prior to the study. Otherwise, no relationship was established between S.M. and  
130 the other participants prior to the study and participants received limited information about

131 S.M. There was no hierarchical relationship between SM and the study participants. Y.H. and  
132 S.S. have had limited previous experience in qualitative research, while D.S. and B.E. both  
133 have longstanding experience with qualitative studies.

134

## 135 *2.2. Study design*

136 The theoretical framework employed in this study was conventional content analysis [20]. We  
137 primarily selected experts through purposive sampling, in order to ensure sample diversity  
138 according to predetermined factors (e.g. field of expertise). Experts who were considered to  
139 be knowledgeable about the subject and capable of representing the views of his or her peers  
140 were identified through discussions within the research team and wider contacts. Experts were  
141 divided into two “subgroups”: 1) Experts in surgery and anaesthesia, and 2) Experts in patient  
142 safety and regulation. Experts were contacted by email and suitable dates for an interview  
143 were found with those willing to participate. A total of 23 experts agreed to participate in the  
144 study. The 11 experts in surgery and anaesthesia were all practising surgeons and  
145 anaesthesiologists with a known interest in patient safety issues and hold leadership positions  
146 in their organisations or professional associations, this included 2 mobile anaesthesiologists, 2  
147 office-based surgeons, and 2 anaesthesiologists and 5 surgeons who work primarily in the in-  
148 patient setting. The 12 experts in quality and regulation included representatives of the Swiss  
149 Federal Office of Public Health, the Swiss Patient Safety Foundation, the Swiss National  
150 Association for Quality Development in Hospitals and Clinics (ANQ), the Swiss Association  
151 of Cantonal Officers of Health, the Swiss Conference of the Cantonal Health Directors  
152 (GDK/CDS), the Swiss Medical Association, the Swiss Patient Protection Foundation (SPO),  
153 health insurance companies, liability insurance companies, and a university hospital medical  
154 director. Interviews were held between March 2016 and September 2016. Three participants  
155 provided their responses in German via email, while all other interviews were conducted in

156 English via a telephone/Skype video call or in person at a venue of the participants' choosing.  
157 Only the participant and the researcher were present during the interview.

158

159 A semi-structured interview guide was developed. Experts were asked to respond to three  
160 open-ended questions: 1) What are your views about the safety of office-based surgery and  
161 anaesthesia in Switzerland? 2) What are your views about the current regulation and oversight  
162 of office-based surgery anaesthesia in Switzerland? 3) What research do you think is needed  
163 in relation to patient safety in office-based surgery and anaesthesia in Switzerland? Based on  
164 the first 2 interviews which did not show any problems, it was decided that no further piloting  
165 or adaptation of the interview guide was necessary. No repeat interviews were carried out.  
166 Interviews were audio recorded, no field notes were taken. Interviews lasted an average of 33  
167 minutes. After 23 interviews the question about data saturation arose and discussed by the  
168 research team. It was concluded that saturation was reached in the content and attitudes  
169 expressed by the participants on the main themes and no other major issues were not at least  
170 broached. Transcriptions of the interviews were not returned to the participants.

171

### 172 *2.3. Analysis and findings*

173 Using the interview transcriptions in their original language (20 English, 3 German), S.M.  
174 performed conventional content analysis [20] with the assistance of the qualitative software  
175 MAXQDA v11, focusing on themes common across participants as well as those unique to  
176 individuals that may offer insight into differences in perspectives and discrepancies in  
177 practice. Initial themes discovered in the interviews were labelled using a process of open  
178 coding (i.e., no specific preconceived codes were identified or used; rather, codes emerged  
179 directly from the data). The other investigators [D.S., Y.H., S.S., B.E.] reviewed the initial  
180 analysis to clarify and refine codes, and conversations among the investigators continued until  
181 coding differences were resolved and consensus was achieved. Following Donabedian's



182 model [21-23], issues were categorised under the headings “structure” (concerning the setting  
183 in which care is provided), “process” (concerning the way care is provided), and “outcome”  
184 (concerning the effects that treatment had on the patient) [22].

185

### 186 **3. Results**

187 Experts identified fourteen broad patient safety and regulatory issues in relation to office-  
188 based surgery and anaesthesia in Switzerland (see **Tables 1-3** for example quotes).

189

#### 190 **3.1. Structural Related Issues**

##### 191 **3.1.1. Cantonal Oversight**

192 Experts were not aware of any specific Cantonal regulations concerning office-based surgery.  
193 Indeed, representatives of the Swiss Association of Cantonal Officers of Health and the Swiss  
194 Conference of the Cantonal Health Directors (GDK/CDS) noted that beyond granting a  
195 practice permit (Praxisbewilligung) the Cantonal authorities actually have limited legal  
196 competences to regulate the outpatient setting, which is largely left to self-regulation.  
197 However, it was reported that clinicians often did not appreciate this and often contacted  
198 Cantonal Officers of Health asking for information or guidance which the Officers are not  
199 able to provide. This was reflected in the frustrations reported by some mobile  
200 anaesthesiologists who reported that the Cantons authorities were “poor partners” and  
201 provided insufficient information and oversight. While the requirements to obtain a practice  
202 permit are effectively the same in all Cantons, it was also reported that there is significant  
203 variation regarding the level of checks and controls carried out by Cantonal Officers of Health  
204 following the granting of a permit.

205

206 **3.1.2. Continuing Medical Education**

207 Both office-based surgeons and mobile anaesthesiologists described difficulties regarding  
208 further integration of patient safety in continuing medical education, for example professional  
209 courses were reported to prioritise new techniques that would lead to greater profits over  
210 patient safety, with some course organisers rejecting the importance of including patient  
211 safety at all.

212

213 **3.1.3. Demarcation of Field**

214 One expert noted that there is no clear definition in Switzerland of what is and what isn't  
215 office-based surgery, describing how an outpatient surgical centre they build up could have  
216 been classified either as a hospital facility or an "office", and yet this classification has  
217 important implications for which regulations and level of controls apply.

218

219 **3.1.4. Financing**

220 The financing of office-based surgery was an issue raised by many experts. In relation to  
221 patient safety, it was noted that it was not possible to include this issue in the outpatient tariff  
222 system negotiations which resulted in the implementation of a standardised fee schedule for  
223 all outpatient procedures known as TARMED (Tarif Médicaux), and as a result health  
224 insurance companies are obligated to contract with and to reimburse all physicians in the  
225 outpatient setting (Kontrahierungszwang), treating them equally regardless of their quality  
226 and safety. It was felt by one expert that as long as there is this obligation to contract and no  
227 rewards for transparency regarding quality, there would be little incentive for physicians to be  
228 transparent. However, a mobile anaesthesiologist feared that the removal of the obligation to  
229 contract would be a severe threat to their work, with health insurances companies reported to  
230 be already eager to refuse to pay for office-based anaesthesia, regularly questioning mobile  
231 anaesthesia bills and the need for anaesthesia in the office-based setting.

232

### 233 **3.1.5. Hygiene / Sterilisation**

234 Limited standards regarding hygiene and sterilisation in the office-based setting were noted  
235 and some concerns were raised by some experts about the sterilisation of equipment.  
236 However, most experts thought that there was no significant hygiene issues in the office-  
237 based setting, and some experts even speculated that the office-based setting could potentially  
238 have some advantages over the hospital setting, particularly in terms of infection control,  
239 given the types of surgeries and the smaller teams involved. .

240

### 241 **3.1.6. Minimal Safety Standards**

242 It was noted by experts that there is currently very limited “minimal safety standards” in  
243 Switzerland regarding what requirements need to be met to do office-based surgery and what  
244 types of surgery can and cannot be done in the office. While experts noted that some  
245 standards exists (for instance, under outpatient tariff system TARMED and guidelines  
246 published for the Swiss Society for Anaesthesia and Resuscitation), most experts felt that  
247 more minimal safety standards regarding what requirements need to be met to do office-based  
248 surgery and what can and cannot be done in the office-based setting are needed. In terms of  
249 who should be setting these minimal safety standards, most experts thought that it would be  
250 the most appropriate for professional societies to set these.

251

### 252 **3.1.7. Outpatient Statistics**

253 The current lack of data concerning outpatient care was repeatedly raised. In the context of  
254 office-based surgery, experts noted that this lack of information and transparency meant that it  
255 is unknown how many surgeons are operating in offices, and how many and what types of  
256 operations are being done. Many experts noted that the Federal Office of Statistics was  
257 developing a new outpatient statistics system called “MARS”, which will improve outpatient

258 statistics. However, experts were unaware of the details of the system and what “MARS”  
259 would include.

260

## 261 **3.2. Process Related Issues**

### 262 **3.2.1. Collegiality**

263 *a. Working in isolation* – A number of experts raised concerns about surgeons working alone  
264 in the office-based setting given the lack of feedback and support from colleagues that is  
265 typically available in hospitals.

266 *b. Team dynamics* – Some experts expressed fears that the dependency of mobile  
267 anaesthesiologists on surgeons to be hired may inhibit them speak up about concerns about  
268 patient care. However, mobile anaesthesiologists reported the relationship with the surgeon  
269 and level of cooperation was in fact much better in the office-based setting compared to the  
270 hospital and that they set clear expectations regarding patient safety.

271

### 272 **3.2.2. Histology**

273 One expert raised concerns regarding a lack of systematic processes to ensure that biopsies in  
274 the office-based setting are analysed following clear rules.

275

### 276 **3.2.3. Preoperative Evaluations**

277 *a. Receiving sufficient information about patients* – Mobile anaesthesiologists described  
278 difficulties in receiving sufficient information about patients in order to conduct proper pre-  
279 operative evaluations, with one estimating that they did not received sufficient information  
280 before the surgery regarding approximately 10% of patients.

281 *b. Informed Consent* – Some experts also raised concerns regarding the quality of the  
282 informed consent process and whether sufficient information was being provided to patients  
283 and enough time for them to consider it and make a decision:

284

#### 285 **3.2.4. Resource Planning**

286 The importance of having sufficient resources available in office-based surgery to manage  
287 complications was noted. Mobile anaesthesiologists in particular stressed the importance of  
288 careful planning and having backups to deal with intraoperative complications and any  
289 failures of personnel (e.g. epileptic fit) or equipment (e.g. monitor failing). However, some  
290 experts were concerned that resources were often intentionally limited by mobile anaesthesia  
291 teams to maximise profits. A lack of postoperative resources in terms of monitoring patients  
292 and managing complications was also noted, particularly when patients go home after the  
293 operation.

294

#### 295 **3.2.5. Standardised Safety Procedures**

296 *a. Checklists* – Concerns were raised by experts that there is a lack of standardized safety  
297 procedures in preparing and checking operations in the office-based setting. However, there  
298 was wide variation of views regarding the importance of using checklists or time outs in the  
299 office-based setting.

300 *b. Critical Incident Reporting* – The currently limited number of critical incident reporting  
301 systems in the outpatient setting were seen as concerning by experts and that the  
302 establishment of such systems would be helpful.

303

#### 304 **3.2.5. Undeclared work**

305 Experts reported two different situations in which care provided in the office-based setting but  
306 went undeclared to authorities. First, both surgeons and mobile anaesthesiologists reported  
307 that they knew of colleagues doing undisclosed work in the office-based setting, primarily to  
308 assist a friend and earn “pocket money”, and estimated that between 50-80 patients a year  
309 would be operated in this manner in the office-based setting. Secondly, experts also reported

310 that there are clinicians from neighboring countries coming into Switzerland to do office-  
311 based surgery in areas close to the boarder but that there was little oversight of this and it was  
312 not known how many cross boarder clinicians there are, how often they operated or what  
313 quality they provided. Although one expert noted that under the bi-lateral rules, EU  
314 physicians can practice for 90 days in Switzerland without a license and that approximately  
315 200 physicians have practiced on this basis in Switzerland during the last years. As a result of  
316 these two situations, experts thought that there are a number of operations, particularly in the  
317 field of plastic surgery as the health insurance companies are often not involved, being done  
318 in the office-base setting that are never reported and would not be easily identifiable.

319

### 320 **3.3. Outcome Related Issues**

#### 321 **3.3.1. Outcomes**

322 There were contrasting views expressed by experts regarding office-based surgery and  
323 anaesthesia outcomes. Many thought that complications were low due to the type of surgery  
324 being done and the type of patients being operated on. Liability insurance representatives also  
325 reported that they had received no significant number of claims involving office-based  
326 surgery. However, other experts thought the issue of complications in the office-based setting  
327 was more of an issue, pointing to known cases of complications in Switzerland and  
328 internationally. However, it was acknowledged that as quality indicators or outcome data are  
329 not being systematically collected in the outpatient setting in Switzerland makes it difficult to  
330 know if there is really a problem.

331

### 332 **4. Discussion**

333 This study was conducted as it was unclear what the key patient safety issues are in relation to  
334 office-based surgery and anaesthesia in Switzerland and in what areas further research is  
335 needed. As far as we are aware, this is the first study to examine the issue of patient safety in

336 office-based surgery and anaesthesia in Switzerland and one of first qualitative studies done  
337 on this issue internationally. Experts identified two key overarching issues in relation to  
338 office-based surgery and anaesthesia in Switzerland. Firstly, experts repeatedly raised the  
339 current lack of data and transparency of the setting. Second, experts also noted the limited  
340 regulation and oversight of the setting.

341  
342 The availability of health service data has been a long standing issue in Switzerland. While  
343 there have been significant improvements in the availability of data in the inpatient setting  
344 since the late 1990s, information about the provision of health services in the ambulatory  
345 setting remains limited [24]. The Federal Council of Switzerland identified the introduction of  
346 a statistical health information system in ambulatory care as one of ten priority measures in its  
347 “Health 2020” [25]. While the Federal Office for Statistics has been conducting a project to  
348 develop statistics on outpatient healthcare known as “MARS” (Modules Ambulatoires des  
349 Relevés sur la Santé), which was implemented on 15 November 2016 [26], it does not appear  
350 that this will address many of the research gaps identified in this project. There is currently a  
351 lack of data concerning not only the quantity of office-based surgery and anaesthesia (e.g.  
352 how many surgeons are operating in offices and how many and what types of operations are  
353 being done etc.) but also the quality of these operations. While there were contrasting views  
354 expressed by experts about outcomes in this setting, there was agreement that the current lack  
355 of outcome data makes it difficult to know if there is really a problem.

356  
357 While there are randomised controlled trials (RCTs) and meta-analyses examining outcomes  
358 of procedures done in the ambulatory setting [27-28], there is a lack of RCTs that specifically  
359 examine office-based surgery and anaesthesia [2]. There have been, however, a number of  
360 observational studies (retrospective and prospective) comparing the morbidity and mortality  
361 of surgical procedures in the hospital, ambulatory surgical centre and office-based settings

362 [29-37]. Further studies (such as the one we have started) are urgently needed because the  
363 evidence is not clear. There are studies that seem to indicate increased mortality in office  
364 based surgery as compared to ambulatory surgery centres [29], although other studies have  
365 not shown such differences between these two settings [30-31,33-34,36-37]. In addition, most  
366 of these studies are from outside Switzerland and differences between health care systems and  
367 their organisation can have a major effect on quality of care.

368

369 As experts noted in the interviews, a special risk of “how” office-based operations are done is  
370 the issue of postoperative monitoring of patients. There is a growing knowledge on the  
371 “failure to rescue” (the failure to recognize and appropriately respond to early signs of a  
372 clinically important deterioration, such as death or permanent disability) phenomenon in the  
373 inpatient setting [38-49]. The failure to rescue may also be a particular problem in the  
374 outpatient setting and data is currently lacking, although there have been reports  
375 internationally of tragic mishaps (including deaths) in office-based surgery and anaesthesia  
376 due to patients being discharged too early into the unmonitored home setting [2-5,7].

377

378 The general lack of regulation in office-based surgery and anaesthesia has also been an issue  
379 of concern in other countries [5], where there have been a number of efforts to address this  
380 issue. For instance, the first significant regulation of this setting in the United States was in  
381 Florida in 2000 after the Florida Board of Medicine became concerned about an increase of  
382 deaths in surgical offices performing cosmetic procedures [5]. Nearly 30 states in the U.S.  
383 now have some degree of oversight [2], which covers such things as “equipment  
384 requirements, facility specifications, emergency procedure policies and training, limitations  
385 on the duration of procedures, limitations on the amount of liposuction performed, provider  
386 qualifications, and facility accreditation or licensing requirements” [3].

387



388 In Switzerland, it appears that regulation concerning office-based surgery and anaesthesia is  
389 limited. Relevant laws and regulations includes general civil and criminal law, general  
390 professional duties under article 40 of in the Medical Professions Law  
391 (Medizinalberufegesetz), the “qualitative Dignitäten” in the outpatient tariff system  
392 TARMED – based on article 43(1)(d) of the Health Insurance Law  
393 (Krankenversicherungsgesetz - KVG), and the Swiss Society of Anaesthesiology and  
394 Resuscitation’s (SGAR/SSAR) Standards and Recommendations for Ambulatory Anaesthesia  
395 in Practice (OBA = Office Based Anaesthesia) 2003. Experts identified a clear need for  
396 relevant professional societies in Switzerland to develop further minimal safety standards.  
397 Furthermore, it was also reported that there is significant variation regarding the level of  
398 checks and controls carried out by Cantonal Officers of Health following the granting of a  
399 permit, but there is currently no overview of this.

400

401 However, it is interesting to see once again a “technology” being diffused in an uncontrolled  
402 manner and it takes a long time, in comparison to the diffusion process itself, to set up any  
403 quality control measures. In other industries, one would expect to have these minimal safety  
404 standards in place before and then observe the technology being spread (e.g. in food  
405 production or the pharmaceutical industry). At this stage, when office-based surgery and  
406 anaesthesia is already widely diffused, the basic question that needs further discussion is: Do  
407 those providing office-based surgery and anaesthesia have to proof it is safe, or do regulatory  
408 bodies have to introduce standards after the widespread diffusion?

409

#### 410 *4.1. Limitations*

411 This was a qualitative study that did not aim at collecting statistically representative data.  
412 Although we have no proof that experts have correctly described the reality in all  
413 circumstances, there is no particular reason to doubt that their perceptions describe a

414 significant part of the reality in Switzerland. Indeed, the fact that we interviewed experts who  
415 have experience with office-based surgery and anaesthesia or who hold key positions in the  
416 Swiss health care system regarding regulation and safety makes it likely that we have  
417 captured at least some part of the reality viewed from different sides. A bias might exist  
418 towards the reporting of socially desirable attitudes. Given a number of our results are critical  
419 of current practice, we believe that such a bias is unlikely to be of significant size.

420

## 421 **4.2. Conclusion**

422 There is currently a lack of empirical data regarding the quantity and quality office-based  
423 surgery and anaesthesia in Switzerland and the current regulation and oversight in this setting.  
424 Further research is needed to address these research gaps. With surgery increasingly moving  
425 into the outpatient setting it is important to identify potential safety concerns and possible  
426 procedures that may assist safe and cost-effective care in this setting, but which do not cause  
427 undue burdens.

428

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435

436

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572 **Tables**

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574 **Table 1. Structural Related Issues**

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Issue	Example Quote
<i>1. Cantonal Oversight</i>	<i>“So my daily task often is to tell them, “Yes it’s nice that you called me but it’s not my legal competence to decide such things”” P23</i>
<i>2. Continuing Medical Education</i>	<i>“...Yeah but it is a struggle. I just saw a program of the European course...not one single point on patient safety. So I’m writing to the course directly and...he writes me back, “Oh quality and safety this is what we do every day we don’t need to educate this.” P13</i>
<i>3. Demarcation of Field</i>	<i>“There is no clear distinction between hospital outpatient surgery in Switzerland and office based surgery. I once built up an outpatient centre...and the question was if it would it be recognized as a hospital or as an individual office. It was recognized as the hospital facility but only because we asked for admission by Sanita Swiss insurance with a specific billing number as a hospital. We could have also asked as an office...so there is no clear delimitation. This is quite important for the canton legislation under which regime you are recognized and controlled by the canton authorities.” P1</i>
<i>4. Financing</i>	<i>“...it has never been a big issue for health insurance because they are not responsible for patient safety so as long as they</i>

	<p><i>don't have the power to really punish or reward doctors with good or bad safety, it cannot be an issue for the health insurance. If they have to pay, then they have to pay. They have no way of choosing between good and bad ones and this makes it very difficult for the payer...you have to pay them equally, you cannot distinguish between the one with the good or the bad, safety or quality.” P6</i></p>
<p><i>5. Hygiene / Sterilisation</i></p>	<p><i>“The second problem is about the sterility. In the normal operating theatre in Switzerland, you have quite tough regulations about the control of the sterilization of equipment. In the office based surgery, there is no such regulation as I know. So the equipment that are used, are not regulated in a very strict manner.” P1</i></p>
<p><i>6. Minimal Standards</i></p>	<p><i>“Yeah of the society's perspective of course. What are the minimal requirement for an operative room and also if you are doing anaesthesia what is the minimum requirement also in personal to have an anesthetist, to have also a nurse and doing some standby anaesthesia. ...Okay that there are no regulations, there are no rules. And of course if you have to go to court I don't know because it is written nowhere what you have to fulfil or not....certainly on one side our society has a very big interest to have something done, to have something written then that we can show to the Canton or to somebody that are asking do you have some minimal requirements for your office-based surgery?” P17</i></p>

<i>7. Outpatient Statistics</i>	<i>“Well it’s hard topic, to have a general opinion of that, like, from a peers perspective, all we can say is we have a big lack of transparency in that issue. So we don’t really know if we have a problem there or not and starting from there, it is hard to have really, an opinion of it.” P6</i>
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Category	Example Quote
8. Collegiality	
8a. Working in isolation	<i>"... if you are only operating in your own centre, you are quite alone you don't have much feedback or a challenge from, I don't know, your chief residence or whatever. And so this is a potential problem." P13</i>
8b. Team dynamics	<i>"For us it's much more comfortable than being in the hospital because basically the relationship with the surgeon is easier because they are sort of happy to see us come. They need us so it's, I think the level of cooperation and the type of interaction we have is much better or much smoother than we have in the hospital where it's basically you are expected to take care of any patient at any time because they ask you to...it's really a relationship, a partnership much more than in a hospitals." P20</i>
9. Histology	<i>"The third problem I identified is the problem of systematic or non-systematic histology. I don't think that there are regulations or processes that are implemented in a way that makes sure that any kind of biopsy are analysed following clear rules." P1</i>
10. Preoperative Evaluations	
10a. Receiving sufficient information about patients	<i>"That's one thing that remains quite difficult. I would say that at the moment we have a contact with probably 90 percent of our patients before the operation. There is still a 10 percent of patients that will not answer the phone ...And there is also percentage of patients who just don't care. They just don't realize that we do need the information to schedule</i>

	<i>anaesthesia. On the patient safety side that's one thing that remains quite complicated to organize due to working in different places and not having a place where you can have a proper pre-operative consultation." P20</i>
<i>10b. Informed Consent</i>	<i>"And I think the quality of the inform consensus is of course an issue...when people get informed, how many times they are informed, if they have time to rethink it, you know, and how it is done and if it has the, if it has a quality issue." P12</i>
<i>11. Resource Planning</i>	<i>The other thing in patient safety that's very specific about office-based is that when you are in a private practice is you need to think ahead where we don't see for your monitoring. If you have a main monitor and it breaks down during the operation you need a plan B. When you are in a hospital you just go to the next theatre room, pick their back-up monitor and you are laughing. When you are doing office-based anaesthesia you basically bringing all the gear every day to this place...we always work as a team with a fully qualified FMH anesthetics as a doctor and fully qualified nurse. This way should, I mean I'm being probably very paranoid but should the doctor collapse with his first epileptic fit well we've got a nurse that is fully qualified. I mean it has happened." P20</i>  <i>"Yes, obviously, because we lack of postoperative resources when it comes to management of complications, when it comes to monitoring of the patient. We leave them at home, having no control whether they are covered by people that can care for these patients or not." P19</i>
<i>12. Standardised Safety</i>	

<i>Procedures</i>	
<i>12a. Checklists</i>	<p><i>“...I mean maybe you are a bit quicker but anyway it doesn’t take a lot of time and I think it might even be more important because if you are a small team everybody thinks he knows everything and using the checklist you would identify lack of knowledge in certain parts.” P21</i></p>
<i>12b. Critical Incident Reporting</i>	<p><i>“So we have in hospital we have a critical incident reporting system but in outpatient doctor places, you hardly have anything from that point of view, so I think it would be nice to establish something like CIRS for outpatient treatments.” P6</i></p>
<i>13. Undeclared work</i>	<p><i>“Yeah the other trouble is that some colleagues do that as sort of a, they do it once or twice ... per month because they are working in a clinic or in a hospital and from time to time they go for a friend that’s a dentist or a friend that’s a surgeon and then they do anesthetics and they do just as pocket money and they don’t declare it to their clinic because they are not supposed to work outside. They’ve got a contract with the hospital or the clinic that says they are not allowed to work outside. So there is quite a few places where there is probably I don’t know, fifty, sixty, eighty patients per year that will never show anywhere because they are done sort of hush hush.” P20</i></p> <p><i>“...forty five plastic surgeons mainly from Italy that do something, somewhere, sometime. Nobody knows in the canton government, who is doing what, how often, at what quality, in which infrastructure. Nobody is able to tell you and probably all this because the hospitals, they don’t host these guys, probably it’s done in some kind of an office and its surgery.”</i></p>

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583 **Table 3. Outcome Related Issues**

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Category	Example Quote
<i>14. Rate of complications</i>	<i>“Well, there have to be. We know the studies from the U.S and the U.K and so there has to be a problem and office based surgery, in particular aesthetic surgery, is a very large market and I am sometimes really concerned about what kind of surgery is done in that setting without any proper anaesthesia staff, without any proper preparation for emergencies and so on... so I am sure we have a problem but I’m also sure we don’t know exactly how large it is.” P4</i>

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