

# Socioeconomic and demographic disparities in breast cancer stage at presentation and survival: a Swiss population-based study

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## Novelty and Impact (max. 75 words):

Switzerland has universal health insurance coverage, high health expenditures, and one of the highest life expectancies in the world. Despite that, this study describes high-risk groups for later-stage breast cancer (BC) diagnosis and higher BC specific mortality in Switzerland. Women of lower socioeconomic position were more likely to present with later-stage BC and showed poorer disease-specific survival. Notably, survival inequalities could not be explained by socioeconomic differences in stage at presentation and/or other sociodemographic factors.

**Key words:** health inequalities, breast cancer, incidence, survival, socioeconomic position

## Abbreviations

Percentage of death certificate only cases	%DCO
95% confidence interval	95%CI
Federal Statistical Office	FSO
International statistical classification of diseases and related health problems	ICD-10
National Institute for Cancer Epidemiology and Registration	NICER
Odds ratio	OR
Person-years	PY
Surveillance, Epidemiology and End Results Program	SEER
Socioeconomic position	SEP
Sub-hazard ratio	SHR
Swiss National Cohort	SNC
Tumour, node and metastasis staging information	TNM

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## Abstract

We explored socioeconomic and demographic disparities in breast cancer (BC) stage at presentation and survival in a Swiss population-based sample of female BC patients linked to the census-based Swiss National Cohort. Tumour stage was classified according to Surveillance, Epidemiology and End Results (SEER) Program summary stage (in situ/localized/regional/distant). We used highest education level attained to estimate SEP (low/middle/high). Further demographic characteristics of interest were age at presentation (30-49/50-69/70-84 years), living in a canton with organized screening (yes/no), civil status (single/married/widowed/divorced) and nationality (Swiss/non-Swiss). We used ordered logistic regression models to analyse factors associated with BC stage at presentation and competing risk regression models for factors associated with survival. Odds of later-stage BC were significantly increased for low SEP women (odds ratio (OR) 1.26, 95%CI 1.12-1.41) compared to women of high SEP. Further, women living in a canton without organized screening programme, women diagnosed outside the targeted screening age and single/widowed/divorced women were more often diagnosed at later stages. Women of low SEP experienced an increased risk of dying from BC (sub-hazard ratio 1.27, 95%CI 1.14-1.43) compared to women of high SEP. Notably, these survival inequalities could not be explained by socioeconomic differences in stage at presentation and/or other sociodemographic factors. It is concerning that these social gradients have been observed in a country with universal health insurance coverage, high health expenditures and one of the highest life expectancies in the world.

## 1 **Background**

2 Breast cancer is the most common cancer in Swiss women. In Switzerland, each year  
3 approximately 5,700 women are newly diagnosed with breast cancer and the lifetime risk of  
4 developing breast cancer is almost 13%.<sup>1</sup> Although mortality has fallen consistently over the last  
5 30 years, breast cancer is the leading cause of cancer death in Swiss women with approximately  
6 1,400 women dying each year of this disease.<sup>1</sup> Tumour stage at presentation remains one of the  
7 major prognostics factors and women with early-stage breast cancer are expected to have  
8 excellent survival rates. In a recent Swiss study, age-standardized 10-year relative survival varied  
9 from 9.3% (Stage IV) to 94.5% (Stage I) depending on stage at presentation.<sup>2</sup>

10 Several studies outside of Switzerland have reported negative associations between  
11 socioeconomic position (SEP) and breast cancer stage at presentation as well as socioeconomic  
12 inequalities in survival after breast cancer diagnosis.<sup>3</sup> Socioeconomic and demographic factors  
13 may influence access to health care<sup>4</sup>, cancer awareness<sup>5</sup> and woman's attitudes towards  
14 preventive methods such as mammography screening, clinical breast examination and breast  
15 self-examination.<sup>6</sup>

16 In Switzerland, health care is organized at the cantonal level, resulting in regional differences in  
17 provision of cancer prevention and management services.<sup>7</sup> A Swiss breast cancer pattern of care  
18 study, for example, reported considerable regional variations in early breast cancer detection  
19 and treatment.<sup>7</sup> In western Switzerland (French-speaking part of the country), organized breast  
20 cancer screening programmes have gradually been implemented since 1999 for women aged 50  
21 to 69 years, whereas in most other regions (German and Italian-speaking parts of Switzerland)  
22 only opportunistic screening is available.<sup>8</sup> Consequently, screening uptake varies by canton and  
23 region. The Swiss Health Survey 2012 reports that in 2010-2011, cantons with organized  
24 mammography screening had a 68% mammogram coverage of women in the recommended  
25 screening age (50-69 years), compared to 37% in cantons without an organized programme.<sup>9</sup>  
26 Organized breast cancer screening may reduce social inequalities in screening uptake<sup>10, 11</sup>,  
27 although this has not been consistently observed across countries.<sup>12</sup>

28 Several studies have identified stage at presentation as an important factor in survival  
29 differences between socioeconomic groups.<sup>13</sup> In most studies, however, disparities remained  
30 after adjustment for stage and other tumour and demographic characteristics.<sup>13</sup> Remaining  
31 disparities have been associated with treatment disparities, variations in comorbidities and/or  
32 additional factors like variations in psychosocial well-being and patients' support.<sup>13</sup> In Geneva,

33 women with lower SEP were diagnosed with more advanced breast cancer, received more often  
34 suboptimal treatment and showed lower cause-specific and overall survival.<sup>14</sup> A later study in  
35 Geneva, observed substantial social inequalities in breast cancer management including  
36 diagnostic procedures and primary treatment.<sup>15</sup>

37 A major goal of health care systems is to equally improve the health in all groups of the  
38 population they serve.<sup>16</sup> Despite this aim, socioeconomic and -demographic health inequalities in  
39 breast cancer detection and survival have been observed all over the world<sup>13</sup>, including countries  
40 with tax-funded health care systems designed to provide equal access to care.<sup>17, 18</sup>

41 Swiss data on socioeconomic health inequalities in stage at presentation and survival of breast  
42 cancer in women is very limited. Therefore, the present study aimed to evaluate socioeconomic  
43 and demographic disparities in breast cancer stage at presentation and survival in a Swiss  
44 population-based sample of female breast cancer patients diagnosed between 2001 and 2008.

## 45 **Materials and Methods**

### 46 **Data sources and inclusion criteria**

47 This study is based on data from the SNC-NICER Cancer Epidemiology Study. The SNC-NICER  
48 Cancer Epidemiology Study took advantage of the Swiss National Cohort (SNC) and the National  
49 Institute for Cancer Epidemiology and Registration (NICER) cancer registry network to build a  
50 comprehensive historical cohort, allowing epidemiologic analysis of factors associated with  
51 cancer incidence, mortality and survival in Switzerland.

52 A detailed description of the SNC can be found elsewhere.<sup>19</sup> Briefly, 1990 and 2000 census  
53 records were probabilistically linked to cause-specific mortality or emigration records from 1991-  
54 2013 provided by the Federal Statistical Office (FSO). The Swiss census is mandatory and virtually  
55 complete with a 2000 census estimated coverage of 98.6%.<sup>19</sup> This study used SNC  
56 sociodemographic information on sex, education level, marital status, place of residence and  
57 nationality at census date. The coding of the underlying cause of death is federally standardised  
58 by the FSO. Since 1995, the 10<sup>th</sup> revision of the international classification of diseases and related  
59 health problems (ICD-10) has been used following international standards.

60 In Switzerland, cancer registration is primarily organized at the cantonal level. The earliest cancer  
61 registry (CR) data is available from Geneva dating back to 1970, followed by Vaud and Neuchâtel  
62 (1974), Zurich (1980), St. Gallen-Appenzell (1980), Basel-Stadt and Basel-Landschaft (1981),  
63 Valais (1989), Graubünden (1989), Glarus (1992), Ticino (1996), Jura (2005) and Fribourg (2006).

64 More recently, cancer registration has been introduced in Lucerne (2010), Nidwalden,  
65 Obwalden, Uri, Zug (2011), Thurgau (2012), Aargau (2013) and Bern (2014). All CRs implemented  
66 before 2008 have been requested to participate in the SNC-NICER Cancer Epidemiology Study.  
67 Seven out of eleven CRs eligible for the study, agreed to participate and provided incidence data  
68 to the pooled dataset: Fribourg, Geneva, Neuchâtel, Ticino, Valais, Vaud and Zurich. Data from  
69 these CRs were probabilistically linked to the SNC, including all incident cases starting from the  
70 date of the census 1990 (or from the implementation of cantonal cancer registration if later)  
71 through the end of 2008. In 2008, these cantons covered 46.1% of the Swiss population. To  
72 assess sample representativeness, we compared frequency distributions (age, civil status,  
73 education, urbanity of residence and nationality) between female residents of participating  
74 countries and whole of Switzerland using census 2000 information. Compared to total  
75 Switzerland, the participating cantons showed distinctly higher proportions of women with  
76 tertiary education (16.8% versus 11.1%), women living in urban and peri-urban areas (35.3%  
77 versus 24.7% and 48.8% versus 41.2%, respectively), and women with foreign nationality (22.7%  
78 vs.15.5%). Cancer registration data used in this study included sex, date of birth, date of cancer  
79 diagnosis, basis of diagnosis, topography, morphology and behaviour of the tumour, and  
80 Tumour, Node and Metastasis staging information (TNM).

81 The current study population included 17,298 female breast cancer cases (carcinoma in situ and  
82 invasive breast cancer) first diagnosed between Census 2000 (5<sup>th</sup> of December 2000) and 31<sup>st</sup> of  
83 December 2008. TNM codes were based on the fifth and sixth TNM editions. The Census 2000  
84 was used as starting point as for previous time periods, the proportion of missing stage  
85 information was high (up to >25%) in two cantons. Education was used as a proxy for SEP so  
86 young women (< 30 years of age at diagnosis, N=46) and women with missing education  
87 information (N=147) were excluded from the study population. In addition, women diagnosed at  
88 85 years of age or older were excluded (N=936) because data quality (percentage of death  
89 certificate only cases [%DCO] 8.2%, histologically verified cases 78.4%) and completeness of  
90 stage information (60.1%) was low in this age group. The study population showed %DCO of  
91 0.4% indicating high completeness of case ascertainment with 98.3% of the cases histologically  
92 verified and 94.8% with sufficient TNM information to classify tumour stage.

93 Stage at presentation analyses were based on data from a subset of cantonal cancer registries  
94 (Geneva, Valais, Zurich) that provided breast carcinoma in situ cases (N=10,915). In a  
95 supplemental analysis, stage at presentation calculations were repeated and limited to invasive

96 breast cancers to enable the inclusion of all participating cancer registries (Suppl. Table 1). The  
97 supplemental analysis followed survival analyses were based on invasive cancers including all  
98 participating cancer registries (16,296).

## 99 **Analytic methods**

100 Surveillance, Epidemiology and End Results (SEER) Program summary stage was calculated based  
101 on the TNM classification system following the algorithm for mapping stage at diagnosis from  
102 TNM to SEER summary stage as described by Walters et al.<sup>20</sup> We used SEER summary stage  
103 instead of the more detailed TNM staging system due to extensive and significant revision in  
104 breast cancer staging between the fifth and sixth TNM edition.

105 We prioritized pathological T and N over clinical T and N. Missing M or Mx were assumed to be  
106 equivalent to M0. If clinical and pathological M was available, any indication of metastasis was  
107 prioritized. Pathological and clinical T and N information was available in 84.1% and 46.0% of all  
108 invasive breast cancer cases, respectively. The proportion of cases with missing M or Mx was  
109 26.4%. Overall, tumour stage could be calculated for 94.9% of all invasive breast cancer cases.  
110 Carcinoma in situ cases have been identified based on the ICD-O-3 behaviour code.

111 We used highest education level attained by the woman to estimate SEP (compulsory education  
112 or less: low SEP, secondary education: middle SEP, tertiary education: high SEP).

113 We descriptively investigated stage at presentation by SEP, age-group (30-49, 50-69, 70-84  
114 years) and residence (canton with or without organized screening). Ordered logistic regression  
115 models examined the association between cancer stage at presentation and SEP. We calculated  
116 three models using the following variables as predictors for stage at presentation: (model 1) SEP;  
117 (model 2) model 1 plus age at presentation (30-49, 50-69, 70-84 years), civil status (30-49, 50-69,  
118 70-84 years) and nationality (Swiss, non-Swiss); (model 3) model 2 plus urbanity of residence and  
119 canton with or without organized screening programme. The third model has been additionally  
120 adjusted for canton of residence. No significant interactions were observed, therefore, we only  
121 included main effects in the final model.

122 For women within the recommended screening age, we conducted a sub-analysis of Valais and  
123 Geneva, the only two cantons which both, offered organized screening during the study period  
124 and provided carcinoma in situ cases to the study population. We examined the association  
125 between being diagnosed within or outside the organized programme and SEP using logistic  
126 regression including civil status and nationality and canton of residence as covariates.

127 Survival was analysed using competing risk regressions based on Fine and Gray's proportional  
128 hazard model.<sup>21</sup> All underlying causes of death other than breast cancer were classified as  
129 competing risks. Four models have been calculated using the following variables as predictors:  
130 (model 1) SEP; (model 2) model 1 plus age at presentation, civil status and nationality; (model 3)  
131 model 2 plus stage at presentation; and (model 4) model 3 plus urbanity of residence and canton  
132 with or without organized screening programme. Results of survival analyses are reported as sub-  
133 hazard ratios of death due to breast cancer (SHRs) with 95% confidence intervals (95%CI).

134 Both final models (stage at presentation and survival analyses) have been additionally adjusted  
135 for canton of residence to account for unmeasured canton characteristics associated with SEP  
136 distribution and stage at diagnosis/survival.

137 All analyses were performed using the statistical software package Stata, version 13.1 for  
138 Windows (StataCorp, College Station, Texas).

## 139 **Results**

140 Patient characteristics by SEP cases included in stage at presentation and survival analyses are  
141 listed in Table 1. Incident breast carcinoma cases ( $N_{\text{total}}=10,915$ ,  $N_{\text{staged}}=10,362$ ) by cancer  
142 registry included in stage at presentation analyses is shown in Suppl. Table 2. Incident breast  
143 cancer cases ( $N_{\text{total}}=16,296$ ;  $N_{\text{staged}}=15,462$ ) and person-years (PY) ( $PY_{\text{total}}=127,040$ ;  
144  $PY_{\text{staged}}=121,553$ ) by cancer registry included in survival analyses is shown in Suppl. Table 3.

### 145 **Breast cancer stage at presentation**

146 In the unadjusted model, odds ratios (ORs) of later stage at breast cancer diagnosis were  
147 significantly increased for women of middle (OR 1.18, 95%CI 1.07-1.31) and low SEP (OR 1.30,  
148 95%CI 1.16-1.46) compared to women of high SEP (Table 2). After adjustment for demographic  
149 factors (model 2) and area of living (urbanity of residence, canton with/without organized  
150 screening, canton of living) (model 3), ORs for middle SEP women and low SEP women decreased  
151 to 1.09 (95%CI 0.99-1.21) and 1.19 (95%CI 1.06-1.34), respectively. In the final model, women  
152 living in a canton without an organized screening programme were also more likely to have their  
153 breast cancer diagnosed at a later stage (OR 1.42, 95%CI 1.30-1.55). Further, women outside the  
154 targeted screening age (30-49 years: OR 1.22, 95%CI 1.11-1.33; 70-84 years OR: 1.31, 95%CI  
155 1.19-1.45) and single/widowed/divorced women showed elevated risks for later stages at  
156 diagnosis (OR 1.12 (95%CI 0.99-1.27) - 1.14 (95%CI 1.02-1.27)).

157 We observed higher proportions of early stage breast cancer (carcinoma in situ and localized  
158 cancers) in cantons with organized breast cancer screening compared to the canton without  
159 organized screening (Figure 1). In the recommended screening age-group (50-69 years), the  
160 observed proportion of early stage breast cancer (carcinoma in situ and localized breast cancer)  
161 was 64.7% vs. 51.9% (low SEP), 65.0% vs. 57.0% (middle SEP), and 69.4% vs. 56.6% (high SEP). A  
162 similar tendency towards higher proportions of early stage breast cancer in cantons with  
163 organized screening (regardless of SEP) was also observed in the age-group 70-84 years.  
164 However, due to comparably high number of cases without stage information, i.e. in the canton  
165 without organized screening, figures for this age-group are difficult to interpret. In women aged  
166 30-49 years, early stage detection in women varied across SEPs between 56.9% (middle SEP) and  
167 59.5% (high SEP) in cantons with organized screening and 50.0% (middle SEP) and 53.3% (high  
168 SEP) in the canton without organized screening.

169 When looking at carcinoma in situ cases in women in the recommended screening age-group,  
170 only women living in a canton with organized screening programme showed a social gradient  
171 with 9.3%, 11.9% and 15.0% of carcinoma in situ cases for low, middle and high SEP women,  
172 respectively. In the canton without organized screening, the proportion of carcinoma in situ  
173 cases were fairly stable with 8.5% (low SEP), 9.8% (middle SEP) and 8.2% (high SEP).

174 In cantons with organized programmes, 16% (canton Geneva) and 32% (canton Valais) of  
175 diagnosed breast cancer cases in the age-group eligible for organized breast cancer screening  
176 were detected within the framework of an organized programme. Compared to women with  
177 high SEP, women with middle (OR 1.25, 95%CI 1.03-1.53) and low SEP (OR 1.39, 95%CI 1.11-1.73)  
178 were more likely to be diagnosed outside of the organized screening programme.

### 179 **Breast cancer survival**

180 Stage information was lacking in 5.1% (Table 1). Of the 16,296 incident cases included in the  
181 survival analyses, 3,713 cases died before the end of follow-up (22.8%) and 229 (1.4%) were lost-  
182 to-follow-up.

183 In all models, diagnosed women with low SEP were more likely to die of breast cancer compared  
184 to women with high SEP (Table 3). SHRs of low SEP women gradually decreased from 1.60  
185 (95%CI 1.40-1.83, model 1) to 1.22 (95% CI 1.05-1.43, model 4) after adjustment for further  
186 demographic factors (model 2), stage at presentation (model 3) and area of living (canton  
187 with/without organized screening, canton of living, model 4). In the fully adjusted model (model



188 4), later stage at presentation was strongly associated with an increased risk of breast cancer  
189 death (regional stage: SHR 4.12, 95%CI 3.66-4.63; distant stage: SHR 27.27, 95%CI 23.67-31.41).  
190 Compared to women diagnosed in the recommended screening age (50-69 years), women aged  
191 70-84 years showed an elevated risk of breast cancer death (SHR 1.34, 95%CI 1.19-1.50). For  
192 women aged 30-49 years, a reduced risk was observed (SHR 0.76, 95%CI 0.66-0.86). Living in a  
193 canton without an organized screening was associated with an increased SHR (SHR 1.44, 95%CI  
194 1.23-1.68) even after adjustment for stage at diagnosis. Further, living in a non-urban region was  
195 associated with an increased risk of breast cancer death with SHRs of 1.13 (95%CI 1.02-1.26)  
196 (peri-urban region) and 1.21 (95%CI 1.03-1.41) (rural region). Residents of foreign nationality  
197 were at lower risk of dying from their breast cancer (SHR 0.84, 95%CI 0.73-0.98). We observed  
198 no statistically significant effects for civil status in the fully adjusted model (Table 3).

## 199 **Discussion**

### 200 *Summary of main findings*

201 Despite universal health insurance coverage<sup>22</sup>, high health expenditures<sup>22</sup>, the highest average  
202 household net financial wealth worldwide<sup>23</sup> and one of the highest life expectancies in the  
203 world<sup>24</sup>, high risk groups for later-stage breast cancer and lower breast cancer survival were  
204 identified in Switzerland. In our study, women of lower SEP, unmarried women, women below  
205 (<50 years) or above (>69 years) the recommended screening age, and women living in a canton  
206 with no organized breast cancer screening programme showed an increased risk of being  
207 diagnosed with a later-stage breast cancer. In addition, women of lower SEP experienced poorer  
208 disease-specific survival. Notably, these survival inequalities could not be explained by  
209 socioeconomic differences in stage at presentation and/or other sociodemographic factors such  
210 as age, nationality and civil status.

### 211 *Discussion in the context of the literature*

212 Our Swiss results are in line with international data, showing that lower SEP is associated with  
213 later-stage breast cancer and shortened survival.<sup>3</sup> Much of the deprivation gap in survival can be  
214 attributed to inequalities in stage at presentation, the most important single predictor for breast  
215 cancer survival.<sup>13, 25</sup> However, in most research socioeconomic survival gaps remained in stage-  
216 stratified analyses or after adjustment for stage at diagnosis.<sup>13, 25</sup> Further, socioeconomic  
217 inequalities for breast cancer stage and survival were observed in various countries irrespective  
218 of the measurement used for SEP classification (e.g. education, occupation, income, area-based

219 deprivation index).<sup>13</sup> Possible reasons for the delayed breast cancer diagnosis in lower SEP  
220 women might be related to inequalities in health care access<sup>4</sup>, cancer awareness<sup>5</sup> and/or  
221 attitudes towards cancer (e. g. cancer fatalism).<sup>6</sup> All these factors might substantially contribute  
222 to observed disparities in breast cancer screening uptake<sup>11, 26</sup>, and/or cancer-related health  
223 behaviour such as health care seeking after detection of first symptoms (patient-mediated  
224 delay).<sup>27</sup> Essentially, equal access to health care goes beyond universal health insurance  
225 coverage and adequate provision of accessible health services (such as provision in proximity of  
226 the patient's residence).<sup>28</sup> Additional factors such as language barriers, uncovered costs (travel  
227 costs, childcare during consultation/treatment) or previous negative health care experiences  
228 might hamper health care access of individuals and specific social groups.<sup>29</sup> Disparities in cancer  
229 awareness might have also influenced the results. In a Danish study, for example, lower SEP was  
230 associated with less awareness of breast cancer symptoms and risk factors.<sup>5</sup> Further, fatalistic  
231 attitudes towards cancer have been shown to be associated with lower SEP<sup>6, 30</sup>, whereas cancer  
232 fatalism in turn was associated with being less positive about early detection and being more  
233 fearful about seeking help for suspicious symptoms.<sup>30</sup> In our study, we observed a social shift  
234 towards higher proportions of carcinoma in situ cases for women in the recommended screening  
235 age only in cantons offering organized screening. In the canton without organized screening,  
236 proportions of carcinoma in situ cases were fairly equal across SEP groups, similar to those  
237 observed in low SEP women in cantons with organized screening. As carcinoma in situ are rare in  
238 the symptomatic setting, observed variations were most likely caused by differences in  
239 mammography screening use (organized and/or opportunistic). In the canton without organized  
240 screening programme, social inequalities in early detection were mainly visible for localized  
241 breast cancer indicating that in this canton other factors such as inequalities in cancer  
242 awareness/knowledge, health care access and /or help seeking behaviour after detection of  
243 symptoms might have led to the observed results.

244 In our study, socioeconomic inequalities in survival remained after adjusting for stage at  
245 presentation suggesting that further factors such as treatment disparities and/or variations in  
246 comorbidities might play a role. This assumption is supported by the findings in the canton of  
247 Geneva, where lower SEP women were more likely to receive suboptimal treatment compared  
248 to their more affluent counterparts.<sup>14, 15</sup>

249 In women aged 70-84 years, lower SEP was associated with an increased proportion of unstaged  
250 breast cancers. However, a clear social gradient was only apparent in the cantons with organized

251 screening programmes. Women 85 years and older were excluded from the analyses because of  
252 the high proportion with missing stage information despite the fact that tumour stage should be  
253 investigated (at least clinically) in all women with breast cancer.<sup>31</sup> However, a distinction must be  
254 made between a true lack of stage information and a lack of reporting stage.<sup>32</sup> A true lack of  
255 staging might occur in patients with very limited life expectancy (severe comorbidities, high  
256 age)<sup>32, 33</sup> or due to patients' choice.<sup>32, 34</sup> In contrast, lack of reporting refers to cases where  
257 clinical and/or pathological stage has been investigated but has not been captured by the cancer  
258 registry. A study investigating the completeness of breast cancer staging in the New Zealand  
259 Cancer Registry, found that 12% of staged breast cancer cases were recorded as unknown stage  
260 in the cancer registry system.<sup>32</sup> Although observed socioeconomic inequalities in diagnostic  
261 assessment might be – at least partly – explained by the fact that comorbidities are more  
262 common in lower SEP women and in older women.<sup>35</sup>

263 Biennial mammography coverage in the recommended screening age was substantially higher in  
264 cantons with an organized programme (located in the western, French-speaking region of  
265 Switzerland) compared to cantons without organized programme.<sup>9</sup> However, the participation  
266 rate in the organized programmes varied substantially across cantons. In 2004, screening  
267 coverage in the organized programme of women aged 50-69 years was 23% in Geneva compared  
268 to 66% in Valais.<sup>36</sup> Importantly, opportunistic screening has widely been offered concomitantly  
269 to organized programmes in Switzerland.<sup>36</sup> A prospective study in Geneva reported that only  
270 12% of women invited to screening were screened within the organized programme and 39%  
271 received screening outside of the framework of the organized programme.<sup>10</sup> Therefore, the  
272 lower participation rate in the Geneva programme likely reflects a higher prevalence of  
273 opportunistic screening rather than real differences in mammography coverage.<sup>37</sup>

274 In our analyses, the cantons with organized breast cancer screening programmes showed a shift  
275 towards earlier stages in women aged 50 years and older compared to the canton without an  
276 implemented programme. A similar shift – albeit less pronounced – has been observed for  
277 younger women below the recommended screening age indicating that younger women in  
278 cantons with organised screening are more likely to undergo mammography screening than their  
279 counterparts in cantons without a programme.

280 Women outside the recommended screening age showed an increased risk of being diagnosed  
281 at later stages. For the time period under investigation, the recommended screening age in  
282 Switzerland was 50-69 years. The age-cut was based on the fact that at this time the most

283 convincing evidence for a beneficial effect available from randomized controlled trials existed for  
284 women aged 50-69 years. However, women older than 69 years were allowed to continue  
285 screening within the organized program if desired and if no major comorbidities existed.<sup>36</sup>  
286 Diagnosing breast cancer by mammography is more difficult in younger women because their  
287 breast tissue is denser making it hard to detect anomalies - the main reason why mammography  
288 screening is not recommended for younger women.<sup>36</sup> Breast cancer in younger women has been  
289 shown to be more aggressive<sup>38</sup> and have a less favourable prognosis<sup>39</sup>, although the latter has  
290 not been consistently observed.<sup>40</sup> In our study, we observed an increased survival for women  
291 below the age of 50 years compared to their older counterparts (overall and adjusted for stage  
292 at presentation). An earlier Swiss study found that women with breast cancer diagnosed below  
293 the age of 40 years had substantially lower survival than women diagnosed between the age of  
294 40-49 years.<sup>39</sup> Due to the small number of cases below the age of 40 years we categorised  
295 younger women as < 50 years thus potential survival disadvantages in the very young women  
296 could not be examined in this study.

297 Several studies outside of Switzerland observed beneficial impacts of being married in regard to  
298 breast cancer stage at presentation and survival after breast cancer<sup>13, 41</sup>, indicating that social  
299 support might have a significant impact on cancer detection, treatment and survival.<sup>41</sup> A study in  
300 the United States observed that unmarried women were at higher risk of being diagnosed with  
301 metastatic cancer, under-treatment and death resulting from their cancer.<sup>41</sup> In our study, we  
302 observed an increased risk for unmarried women for being diagnosed with later stage breast  
303 cancer (albeit not reaching significance for widowed women). For survival after breast cancer,  
304 we observed a significantly lower survival only in single women and only if not adjusted for stage  
305 at diagnosis. In this study marital status was obtained from the census and with increasing time  
306 between date of census and end of follow-up, marital status might have changed leading to  
307 misclassification when referring to the time of or after diagnosis.

308 In our study, women living in non-urban regions showed lower survival compared to their urban  
309 counterparts. Factors that may mediate these disparities may include inequalities in tumour  
310 characteristics (i.e. stage at presentation), patients' treatment preferences and adherence,  
311 and/or access to and quality of care received. However, in our study we did not observe  
312 significant disparities in stage at presentation between the rural and urban population  
313 suggesting that differences in early-detection played a minor role.

314 Compared to women with Swiss nationality, our results suggest that women of foreign  
315 nationality have an overall and stage-specific survival benefit. A potential explanation for these  
316 differences is the so-called “healthy migrant effect”. The healthy migrant effect describes an  
317 empirically observed mortality advantage of migrants relative to the population in the host  
318 country due to self-selection of migrants who tend to differ from their fellow countrymen in  
319 respect to education, risk exposure or health, leading to better health outcomes despite  
320 potential social inequalities and discrimination in the host country. However, data quality issues  
321 might have affected the results in this study. Death records of non-Swiss residents showed an  
322 increased probability of not being linked to census data compared to death records of Swiss  
323 nationals<sup>19</sup> and (undocumented) out-migration may have led to incomplete mortality follow-up,  
324 especially in semi-skilled or unskilled migrant workers, who tend to leave the home country  
325 when they are sick or disabled.<sup>42</sup> Additionally, it is difficult to draw conclusions for the non-Swiss  
326 population because it is a highly heterogeneous group. Non-Swiss have different countries of  
327 origin, migration status (first, second or third generation immigrants), type of residence permit,  
328 level of education, employment and income, to name a few. Hence, this topic should be  
329 investigated further in future studies.

### 330 *Strengths and Limitations*

331 This is the first Swiss study investigating socioeconomic inequalities of breast cancer stage at  
332 presentation and survival, combining data from multiple Swiss cantons and from a national  
333 census. Overall, the study population had less than 0.5% DCO cases indicating a high  
334 completeness of case ascertainment. In the age-group under investigation, stage information  
335 was available for 95% of all cases.

336 Our study has some limitations. First, the meaning and consequences of educational attainment  
337 might vary by birth cohort.<sup>43</sup> However, there is considerable international evidence that  
338 education is strongly associated with health, health behaviour and preventive service use and  
339 that a substantial share of these effects are of causal origin.<sup>44</sup> In addition, individual education is  
340 generally stable beyond early adulthood whereas civil status and living conditions are more likely  
341 to change over time and individual education level was virtually complete (>99%) in the study  
342 population. In a preceding analysis, we compared three indicators of SEP in relation to stage at  
343 presentation: (1) education woman - highest education level attained by the woman  
344 (compulsory or less, upper-secondary, upper-tertiary education), (2) education couple – if  
345 married, highest education level attained by the woman or spouse, and (3) quintiles of the Swiss

346 neighbourhood index (Swiss-SEP), a composite area-level SEP measure based on income,  
347 education, occupation and housing conditions.<sup>45</sup> Regardless of SEP indicator used, we observed  
348 comparable patterns and effects for SEP and the covariates (age, civil status, residence in a  
349 canton with or without screening programme, nationality) included in the models<sup>46</sup>, although  
350 importantly, each indicator of SEP measures different aspects of socioeconomic stratification  
351 and may be more or less relevant to different health outcomes.<sup>43</sup>

352 Overall, only 7 out of 26 Swiss cantons participated in the study covering around 46% of the  
353 population. Further, stage at presentation analyses were restricted to cantonal cancer registries  
354 providing carcinoma in situ cases diminishing population coverage for these analyses to 27%. The  
355 resulting study sample was not representative for the female Swiss population with respect to  
356 SEP, urbanity or residence and nationality. Importantly, there may be also other unmeasured  
357 cantonal/regional characteristics associated with stage at presentation and/or survival that could  
358 impact the results. Therefore, we additionally adjusted for canton of residence in the final  
359 models. Generalisability of these finding, although better than previous publications, remains  
360 limited by the lack of cantonal cancer registry participation and should be made with caution.

361 Another weakness of the study is the lack of more detailed tumour characteristics (morphologic  
362 subtype, grade, oestrogen receptor (ER) status, progesterone-receptor (PR) status, human  
363 epidermal growth factor receptor 2 (HER2/neu) status) and other prognostic factors such as  
364 comorbidities and cancer treatment. From studies outside of Switzerland, it is known that  
365 morphological type of breast cancer and ER status might vary between social groups.<sup>13</sup> A Swiss  
366 study conducted in Geneva reported variations depending on SEP for stage at presentation and  
367 morphological breast cancer type, but not for grade, tumour size and ER status.<sup>14</sup> Substantial  
368 treatment differences between social groups have been also been reported for this canton.<sup>14, 15</sup>  
369 Additional analysis of morphological type by SEP (not presented) suggests that morphological  
370 differences reported from Geneva might be largely the result of varying proportions of cases  
371 with unknown morphological type (classified as other morphological type in their analyses)  
372 rather than reflecting real morphological differences between social groups. Further, stage at  
373 presentation has been consistently shown to be a major predictor of breast cancer survival and  
374 other tumour characteristics contributed much less to the explanation of the observed survival  
375 experience.<sup>13</sup>

376 Comorbidities are more common in lower SEP women and may have an adverse impact on  
377 cancer survival.<sup>35</sup> Comorbidities might be associated with less complete diagnostic assessment

378 including biopsy for staging<sup>32, 33</sup>, limited treatment options, and a decreased likelihood to receive  
379 treatment with curative intent<sup>47</sup>. Further, SEP might influence patients treatment choice<sup>48</sup>  
380 and/or adherence to treatment<sup>49</sup>. However, studies of Geneva suggest that observed survival  
381 inequalities after breast cancer are – at least partly – caused by differences in care management  
382 depending on SEP.<sup>14, 15</sup> Unfortunately, information on comorbidities were not available for this  
383 study.

384 Since the introduction of breast cancer screening programmes, the usefulness of mammography  
385 screening has been questioned. Critics argue that screening-induced over-diagnosis and its  
386 consequences outbalance potential mortality benefits.<sup>50</sup> Consequently, our analyses might be  
387 affected by higher proportions of over-diagnosis in the cantons with implemented screening  
388 programme resulting in higher mammography screening coverage.

389 Finally, we used the SEER basic summary staging because substantial TNM classification changes  
390 over the investigated time period prevented the use of the more detailed TNM-staging. A more  
391 detailed staging system might have shown stronger effects.

### 392 *Conclusions*

393 Characteristics associated with later stage breast cancer diagnosis in Switzerland were lower SEP,  
394 being unmarried, being outside of the recommended screening age and living in a canton  
395 without an organized breast cancer screening programme. In addition, women of lower SEP  
396 experienced poorer disease-specific survival. Notably, these survival inequalities could not be  
397 explained by socioeconomic differences at stage of presentation and/or other sociodemographic  
398 factors such as age, nationality and civil status. Appropriate intervention strategies are needed  
399 to reduce socioeconomic and demographic health inequalities in women with breast cancer.

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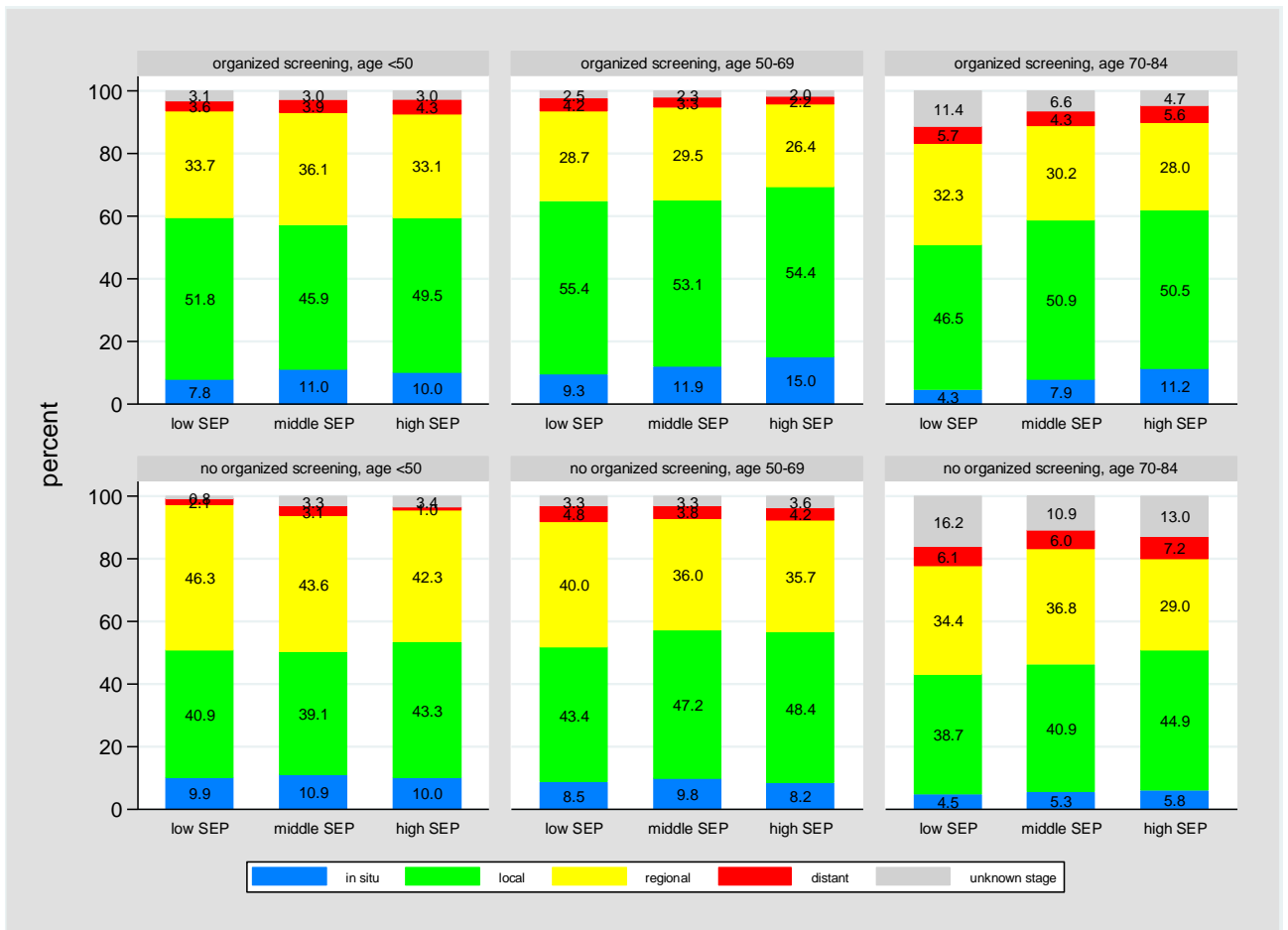
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**Table 1:** Patient characteristics by socioeconomic position (SEP). (1) Carcinoma in situ and invasive breast cancer cases from three Swiss cancer registries (CRs) for stage at presentation analyses. (2) Invasive breast cancer cases from seven Swiss cancer registries (CRs) for survival analyses.

Analysis of SEP and stage at presentation	Low SEP		Middle SEP		High SEP		Total			
	N	column %	N	column %	N	column %	N	column %		
<b>(1) Stage at presentation analyses (N=10,915)</b>										
<b>Stage at presentation</b>										
in situ	217	7.3	574	9.6	211	11.0	1,002	9.2		
Local	1,382	46.3	2,780	46.3	951	49.4	5,113	46.8		
Regional	1,036	34.7	2,139	35.6	625	32.5	3,800	34.8		
distant	142	4.8	239	4.0	66	3.4	447	4.1		
unknown stage	206	6.9	275	4.6	72	3.7	553	5.1		
<b>Age at presentation</b>										
<50 years	435	14.6	1,340	22.3	590	30.7	2,365	21.7		
50-69 years	1,433	48.0	3,296	54.9	1,090	56.6	5,819	53.3		
69-84 years	1,115	37.4	1,371	22.8	245	12.7	2,731	25.0		
<b>Living in an region with organized breast cancer screening</b>										
Yes <sup>1</sup>	1,457	48.8	1,990	33.1	994	51.6	4,441	40.7		
No <sup>2</sup>	1,526	51.2	4,017	66.9	931	48.4	6,474	59.3		
<b>Civil status</b>										
single	242	8.1	750	12.5	388	20.2	1,380	12.6		
married	1,766	59.2	3,785	63.0	1,146	59.5	6,697	61.4		
widowed	638	21.4	632	10.5	115	6.0	1,385	12.7		
divorced	337	11.3	840	14.0	276	14.3	1,453	13.3		
<b>Nationality</b>										
Swiss	2,270	76.1	5,455	90.8	1,548	90.8	9,273	85.0		
non-Swiss	713	23.9	552	9.2	377	9.2	1,642	15.0		
<b>Total</b>	<b>N</b>	<b>row %</b>	<b>2,983</b>	<b>27.3</b>	<b>6,007</b>	<b>55.0</b>	<b>1,925</b>	<b>17.6</b>	<b>10,915</b>	<b>100.0</b>
<b>(2) Survival analysis (N=16,296)</b>										
<b>Stage at presentation</b>										
Local	2,507	51.4	4,633	53.4	1,535	56.1	8,675	53.2		
regional	1,778	36.5	3,254	37.5	982	36.0	6,014	36.9		
Distant	267	5.5	396	4.6	110	4.0	773	4.7		
unknown stage	326	6.7	400	4.6	108	4.0	834	5.1		
<b>Age at presentation</b>										
<50 years	608	12.5	1,958	22.6	818	29.9	3,384	20.8		
50-69 years	2,252	46.2	4,710	54.2	1,566	57.3	8,528	52.3		
70-84 years	2,018	41.4	2,015	23.2	351	12.8	4,384	26.9		
<b>Living in a canton with organized breast cancer screening</b>										
Yes <sup>3</sup>	2,600	53.3	3,828	44.1	1,588	58.1	8,016	49.2		
No <sup>4</sup>	2,278	47.7	4,855	55.9	1,147	41.9	8,280	50.8		
<b>Civil status</b>										
Single	387	7.9	1,115	12.8	527	19.3	2,029	12.5		
Married	2,838	58.2	5,483	63.2	1,659	60.6	9,980	61.2		
widowed	1,106	22.7	918	10.6	175	6.4	2,199	13.5		
divorced	547	11.2	1,167	13.4	374	13.7	2,088	12.8		
<b>Nationality</b>										
Swiss	3,788	77.7	7,878	90.7	2,211	80.8	13,877	85.2		
non-Swiss	1,090	22.4	805	9.3	524	19.2	2,419	14.8		
<b>Vital status at end of follow-up</b>										
Alive	3,277	67.2	6,819	78.5	2,258	82.6	12,354	75.8		
Dead	1,510	31.0	1,780	20.5	423	15.5	3,713	22.8		
lost-to-follow-up	91	1.9	84	1.0	54	2.0	229	1.4		
<b>Total</b>	<b>N</b>	<b>row %</b>	<b>4,878</b>	<b>29.9</b>	<b>8,683</b>	<b>53.3</b>	<b>2,735</b>	<b>16.8</b>	<b>16,296</b>	<b>100.0</b>

Note: For stage analyses, 92 cases (0.8%) out of originally 11,007 cases have been excluded due to missing SEP information. For survival analyses 147 cases (0.9%) out of originally 16,516 cases have been excluded due to missing SEP information. From the remaining dataset, 73 additional cases were excluded due to zero survival time (death certificate only cases or cases first diagnosed at autopsy).

<sup>1</sup>Geneva, Valais; <sup>2</sup>Zurich; <sup>3</sup>Fribourg, Geneva, Valais, Vaud; <sup>4</sup>Neuchâtel, Ticino, Zurich. In Neuchâtel, an organized screening programme was implemented in 2007. Incident cases of the years 2007 and 2008 were excluded from analyses.



**Figure 1:** Distribution of breast cancer stage at presentation by socioeconomic position (SEP), age-group and canton of residence (canton with organized mammography screening: Geneva, Valais; canton without organized mammography screening: Zurich).

**Table 2:** Odds ratio (OR) of later stage at breast cancer at presentation: Carcinoma in situ and invasive breast cancer cases from three Swiss cancer registries (CRs)

	Model 1		Model 2		Model 3	
	OR	[95%CI]	OR	[95%CI]	OR	[95%CI]
<b>SEP</b>						
High SEP (ref.)						
Middle SEP	1.18	[1.07-1.31]	1.17	[1.05-1.29]	1.09	[0.99-1.21]
Low SEP	1.30	[1.16-1.46]	1.25	[1.12-1.41]	1.19	[1.06-1.34]
<b>Age at presentation</b>						
50-69 years (ref.)						
30-49 years			1.24	[1.13-1.36]	1.22	[1.11-1.33]
70-84 years			1.41	[1.27-1.55]	1.31	[1.19-1.45]
<b>Civil status</b>						
married (ref.)						
single			1.14	[1.01-1.27]	1.13	[1.01-1.27]
widowed			1.13	[1.00-1.28]	1.12	[0.99-1.27]
divorced			1.18	[1.06-1.32]	1.14	[1.02-1.27]
<b>Nationality</b>						
Swiss (ref.)						
Non-Swiss			0.97	[0.87-1.07]	0.97	[0.88-1.08]
<b>Urbanity</b>						
urban (ref.)						
peri-urban					0.93	[0.86-1.01]
rural					0.98	[0.84-1.14]
<b>Organized screening<sup>1</sup></b>						
yes (ref.)						
no					1.42	[1.30-1.55]

Three models have been calculated using the following variables as predictors: (model 1) SEP; (model 2) model 1 plus age at presentation, civil status and nationality; (model 3) model 2 plus canton with or without organized screening programme. The third model has been additionally adjusted for canton of residence.

<sup>1</sup>Cantons with organized screening: Geneva, Valais; canton without organized screening: Zurich.

**Table 3:** Subhazard ratios and 95% confidence intervals (95%CI), competing risk survival after breast cancer in Swiss women

	Model 1		Model 2		Model 3		Model 4	
	SHR	[95%CI]	SHR	[95%CI]	SHR	[95%CI]	SHR	[95%CI]
<b>SEP</b>								
High SEP (ref.)								
Middle SEP	1.20	[1.06-1.37]	1.13	[0.99-1.29]	1.06	[0.92-1.22]	1.01	[0.88-1.16]
Low SEP	1.60	[1.40-1.83]	1.39	[1.21-1.61]	1.29	[1.11-1.50]	1.22	[1.05-1.43]
<b>Age at presentation</b>								
50-69 years (ref.)								
30-49 years			0.84	[0.74-0.95]	0.77	[0.67-0.87]	0.76	[0.66-0.86]
70-84 years			1.48	[1.33-1.64]	1.31	[1.17-1.47]	1.34	[1.19-1.50]
<b>Civil status</b>								
married (ref.)								
single			1.24	[1.09-1.42]	1.14	[0.99-1.31]	1.16	[1.00-1.33]
widowed			1.10	[0.97-1.25]	1.09	[0.95-1.26]	1.09	[0.94-1.26]
divorced			1.02	[0.89-1.17]	0.94	[0.82-1.09]	0.97	[0.83-1.12]
<b>Nationality</b>								
Swiss (ref.)								
Non-Swiss			0.82	[0.72-0.94]	0.80	[0.69-0.92]	0.84	[0.73-0.98]
<b>Stage at presentation</b>								
local (ref.)								
regional					4.21	[3.75-4.74]	4.12	[3.66-4.63]
distant					26.92	[23.39-30.98]	27.27	[23.67-31.41]
<b>Urbanity</b>								
urban (ref.)								
peri-urban							1.13	[1.02-1.26]
rural							1.21	[1.03-1.41]
<b>Organized screening</b>								
yes (ref.)								
no							1.44	[1.23-1.68]

Survival was analysed using competing risk regressions based on Fine and Gray's proportional hazard model<sup>21</sup>. All underlying causes of death other than breast cancer were classified as competing risks. Four models have been calculated using the following variables as predictors: (model 1) SEP; (model 2) model 1 plus age at presentation, civil status and nationality; (model 3) model 2 plus stage at presentation; and (model 4) model 3 plus canton with or without organized screening programme. The fourth model has been additionally adjusted for canton of residence. Results are reported as sub-hazard ratios for breast cancer survival (SHRs) with 95% confidence intervals (95%CI).

<sup>1</sup>Cantons with organized screening: Fribourg, Geneva, Valais, Vaud; cantons without organized screening: Neuchâtel, Ticino, Zurich. In Neuchâtel, an organized screening programme was implemented in 2007. Incident cases of the years 2007 and 2008 were excluded from analyses.

**Suppl. Table 1:** Odds ratio (OR) of later breast cancer stage at presentation: invasive breast cancer cases from seven Swiss cancer registries (CRs).

	Model 1		Model 2		Model 3	
	OR	[95%CI]	OR	[95%CI]	OR	[95%CI]
<b>SEP</b>						
High SEP (ref.)						
Middle SEP	1.11	[1.01-1.21]	1.11	[1.02-1.22]	1.07	[0.98-1.17]
Low SEP	1.16	[1.06-1.28]	1.17	[1.06-1.29]	1.15	[1.04-1.27]
<b>Age at presentation</b>						
50-69 years (ref.)						
30-49 years			1.32	[1.22-1.43]	1.31	[1.21-1.42]
70-84 years			1.20	[1.11-1.30]	1.21	[1.11-1.32]
<b>Civil status</b>						
married (ref.)						
single			1.10	[1.00-1.21]	1.08	[0.98-1.19]
widowed			1.03	[0.93-1.15]	1.02	[0.92-1.13]
divorced			1.07	[0.98-1.18]	1.06	[0.97-1.17]
<b>Nationality</b>						
Swiss (ref.)						
Non-Swiss			1.00	[0.91-1.09]	1.01	[0.93-1.11]
<b>Urbanity</b>						
urban (ref.)						
peri-urban					0.95	[0.89-1.02]
rural					1.06	[0.96-1.19]
<b>Organized screening<sup>1</sup></b>						
yes (ref.)						
no					1.45	[1.31-1.60]

Three models have been calculated using the following variables as predictors: (model 1) SEP; (model 2) model 1 plus age at presentation, civil status and nationality; (model 3) model 2 plus canton with or without organized screening programme. The third model has been additionally adjusted for canton of residence.

<sup>1</sup>Cantons with organized screening: Fribourg, Geneva, Valais, Vaud; cantons without organized screening: Neuchâtel, Ticino, Zurich. In Neuchâtel, an organized screening programme was implemented in 2007. Incident cases of the years 2007 and 2008 were excluded from analyses

**Suppl. Table 2:** Contribution of carcinoma in situ and invasive breast cancer cases from three Swiss cancer registries (CRs) to the pooled dataset to investigate the association between socioeconomic position and stage at presentation, incidence period 05/12/2000 - 31/12/2008

CR	All cases		Cases with stage information	
	Cases (N)	% of pooled dataset	Cases (N)	% of pooled dataset
Geneva (a)	2,827	26.0	2,721	26.3
Valais (a)	1,614	14.8	1,547	14.9
Zurich (b)	6,474	59.3	6,094	58.8

Note: 92 cases (0.8%) out of originally 11,007 cases have been excluded due to missing SEP information.

(a) Canton with organized mammography screening.

(b) Canton without organized mammography screening.

**Suppl. Table 3:** Contribution of invasive breast cancer cases to the pooled dataset from seven Swiss cancer registries (CRs) to investigate the association of socioeconomic position and breast cancer survival, incidence period 05/12/2000 - 31/12/2008

CR	all stages			with stage information		
	Cases (N)	Person-years (PY)	% of pooled PY	Cases (N)	Person-years (PY)	% of pooled PY
Fribourg (a, c)	474	2,817	2.2	460	2,737	2.3
Geneva (a)	2,501	20,488	16.1	2,405	19,877	16.4
Neuchâtel (b, d)	707	5,871	4.6	620	5,318	4.4
Ticino (b)	1,773	13,856	10.9	1,712	13,174	10.8
Valais (a)	1,458	11,410	9.0	1,393	11,022	9.1
Vaud (a)	3,583	28,378	22.3	3,395	27,312	22.5
Zurich (b)	5,800	44,220	34.8	5,477	42,113	34.6

Note: 147 cases (0.9%) out of originally 16,516 cases have been excluded due to missing SEP information. From the remaining dataset, 73 additional cases were excluded due zero survival time (death certificate only cases or cases first diagnosed at autopsy).

(a) Canton with organized mammography screening for the time period under investigation.

(b) Canton without organized mammography screening for the time period under investigation.

(c) Fribourg contributed cases from 01/01/2006-31/12/2008 only.

(d) In Neuchâtel, mammography screening was implemented in 2007. Incident cases from the years 2007/2008 were excluded from analyses.