Short review

Sodium/calcium exchanger in heart muscle: molecular biology, cellular function, and its special role in excitation-contraction coupling

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The Na/Ca exchanger was first identified by Reuter and Seitz\(^1\) and Baker et al\(^2\) in 1968 and 1969. The functional importance of this transporter in many tissues has become clear as detailed investigations into its cellular, biophysical, and molecular properties have been completed. Historically there have been four epochs in our understanding of the Na/Ca exchanger in the heart. (1) Its identification as a transport entity in 1968.\(^1\) (2) The quantitative linkage between intracellular sodium concentrations and force production.\(^3 - 11\) These findings had certainly been anticipated by earlier work by Niedergerke and coworkers.\(^2 - 14\) (3) Quantitative estimation of the stoichiometry in functioning heart cells of 3 Na to 1 Ca.\(^15 - 17\) (4) The molecular characterisation of the Na/Ca exchanger.\(^18 - 22\) We are now actively examining how the Na/Ca exchanger works and the relation between its structure and its cellular function. This new work is accompanied by an exciting resurgence of the second epoch: the role of the Na/Ca exchanger in excitation-contraction coupling.

Functional importance of the Na/Ca exchanger: role of the Na/Ca exchanger in controlling resting calcium

The Na/Ca exchanger serves as the principal calcium extrusion mechanism in heart muscle.\(^15 - 16 21 24\) In the steady state the entry of calcium into the cell via “leak” pathways, calcium channels, and calcium permeable channels must be balanced by the extrusion of calcium. Any time-average increase in calcium entry will eventually come into balance as the time-average extrusion of calcium, principally by the Na/Ca exchanger, increases. The extrusion of calcium by the Na/Ca exchanger increases as intracellular calcium is increased. Thus the cost of this regulation is an increase in cytosolic calcium, \([Ca^{2+}]_c\). Increasing \([Ca^{2+}]_c\) is associated with a very much larger accumulation of calcium in the sarcoplasmic reticulum. There is, consequently, an enormous amplification of the effect of an increase in time-average calcium influx if one examines sarcoplasmic reticular function. This feature was well described by Eisner and coworkers in the early 1980s\(^6 - 7\) and supported by recent work.\(^26\) Mullins also noted the power-function dependence of tension on intracellular sodium in heart muscle when he examined the published data.\(^27\) Because of the speed of pumping by the Ca-ATPase in the sarcoplasmic reticulum and its great capacity,\(^23 28 29\) even very brief changes in calcium influx can produce large changes in force. There is an additional new part played by the Na/Ca exchanger that has only recently been identified: as direct activator of the sarcoplasmic reticular calcium release channels.\(^30 - 32\) This is a somewhat contentious issue at present. It is thus appropriate to discuss two related questions that are important in excitation-contraction coupling: (1) Where are the Na/Ca exchanger proteins located? (2) What functional experiments lead us to believe that the spatial organisation of the sarcoplasmic reticular calcium sources and sarcoplasmic reticular calcium release channels is very important?

Localisation of the Na/Ca exchanger in heart muscle

Immunofluorescence localisation of the Na/Ca exchanger has recently been carried out in guinea pig and rat heart cells.\(^33 34\) Whereas the two reports do not agree entirely with the distribution, they do agree that the T tubular system has an abundance of Na/Ca exchanger proteins. Our report\(^34\) provides positive evidence that the Na/Ca exchanger proteins are found in great amounts of the exterior sarcolemmal surfaces and on the intercalated discs of the heart cells. By this account, then, the Na/Ca exchanger proteins are found everywhere on the sarcolemma. This seems to be appropriate as this spatial arrangement would provide efficient extrusion from all regions of the interior. The presence of many Na/Ca exchanger proteins in the “exterior” sarcolemmal membrane (by contrast with the T tubular sarcolemmal membrane) is also supported by the finding that copious amounts of Na/Ca exchanger are noted in experiments by others and by us using the giant patch method.\(^35 - 44\) Blebs formed from the putative exterior membranes can be voltage
clamped with a suction pipette and Na/Ca exchanger current can readily be measured. This provides functional evidence in support of the distribution of the Na/Ca exchanger made by Kieval et al. It is worth noting by way of caution, however, that no one has yet shown which components of the sarcolemmal membrane system actually give rise to the blebs.

The report by Frank et al differs from our findings, principally because they have argued that there is a much greater density of Na/Ca exchangers on the T tubular membranes than on other sarcolemmal membranes and have suggested that this finding may be functionally important. Our work, done in parallel and independently, finds no such distinctions. Indeed, our results present evidence of the very clear distribution of the Na/Ca exchanger to the non-transverse tubular sarcolemmal membranes as well as to the T tubular membranes. Specifically, we find abundant Na/Ca exchanger protein on the exterior (non-transverse tubular) sarcolemmal membrane and in the intercalated disc membrane. Some of the differences found between the studies of Frank et al and those of Kieval et al may arise from the specific fixation methods used, from the slight differences in the preparation of cells, or from the differences in primary antibodies. Both groups have been working together to resolve the differences. Functionally the advantages of preferentially localising the Na/Ca exchanger to the T tubules (over other sarcolemmal membranes) are unclear. Instead, our findings, which lack resolution below about 0.4 μ, suggest that the Na/Ca exchanger protein is fairly uniformly distributed over all of the sarcolemmal surfaces. The apparently greater density of Na/Ca exchanger protein in the intercalated disc regions presumably reflects the highly infolded nature of these regions rather than greater density per square micron of membrane surface area. Although it is not clear exactly how the Na/Ca exchangers located on the intercalated disc regions of the sarclemma contribute in any unique manner to calcium regulation, their presence at the very least argues against the preferential targeting of this transport system to the T tubules. Possibly, with the exceptions of regions of the intercalated disc that contain tight junctions of packed arrays of gap junctions, much of the exterior surface of the intercalated disc has access to the extracellular space. For that reason, it presents a large surface available for the Na/Ca exchanger to use in the regulation of [Ca\textsuperscript{2+}]\textsubscript{i}. Future studies will investigate whether or not anchoring proteins may be linked to the Na/Ca exchanger to link its position to that of other proteins or other cellular structures.

Role of the Na/Ca exchanger in excitation-contraction coupling

There are two explicit roles that the Na/Ca exchanger may have in excitation-contraction coupling in the heart. (1) The Na/Ca exchanger regulates calcium content of the sarcoplasmic reticulum by regulating the resting [Ca\textsuperscript{2+}]\textsubscript{i}, level (see previous and later comments). (2) The Na/Ca exchanger can directly contribute to the calcium that enters the myocardial cells during the upstroke and plateau phases of the action potential. During the action potential the Na/Ca exchanger can contribute directly to the calcium that triggers the calcium induced calcium release process (discussed later) and can extrude calcium at different rates during the plateau phase of the action potential. The Na/Ca exchanger turnover rate is clearly voltage dependent, dependent on the Na\textsuperscript{+} and Ca\textsuperscript{2+} gradients and many other factors (for example, pH).

There is considerable evidence, both direct and indirect, that the principal contribution of the Na/Ca exchanger to the excitation-contraction coupling process is through its regulation of the resting [Ca\textsuperscript{2+}]\textsubscript{i}, level. The importance arises for two reasons. (1) The calcium content of the sarcoplasmic reticulum seems to have a profound effect on the amount of calcium that is released when the sarcoplasmic reticulum is triggered to release calcium (by calcium influx across the sarcolemma; see earlier discussion). (2) The sensitivity of the sarcoplasmic reticular calcium release process to triggering calcium is due in part to the amount of calcium that resides within the sarcoplasmic reticulum. There are two lines of evidence. One line comes from experiments in normal heart cells and this is reviewed later. The second argument arises by comparing normal heart cells with calcium overloaded heart cells. O’Neill and coworkers found that in normal heart cells local increases in intracellular calcium by flash photolysis of caged calcium caused only local contractions but did not produce a propagating wave of increased [Ca\textsuperscript{2+}]\textsubscript{i}. By contrast, in cells that had been subjected to calcium overload, a similar flash produced a global response, activating a propagating wave of increased [Ca\textsuperscript{2+}]\textsubscript{i}, (our unpublished observations). Importantly, wave propagation must also depend on the level of saturation of Ca\textsuperscript{2+} binding sites in the cytoplasm. For example, as resting [Ca\textsuperscript{2+}]\textsubscript{i}, rises, the cytosolic binding sites become more nearly saturated and the effective buffering power of the cell for calcium decreases. A given number of calcium ions will raise [Ca\textsuperscript{2+}]\textsubscript{i}, more as the buffering power of the cell for calcium decreases. In regard to the issue of the propagating wave of increased [Ca\textsuperscript{2+}]\textsubscript{i}, during the early phase of calcium overload, however, we have found that resting [Ca\textsuperscript{2+}]\textsubscript{i}, increases only slightly (tens of nM), based both on force measurements and direct measurements of [Ca\textsuperscript{2+}]\textsubscript{i}, with fluorescent indicators. This slight increase in [Ca\textsuperscript{2+}]\textsubscript{i}, not enough to change the buffering power of the cytoplasmic calcium binding sites significantly, is more than adequate to produce a significant increase in the sarcoplasmic reticular calcium content and is thought by us to be only a secondary factor.

The experiments in normal heart cells that suggest that the “sensitivity” and possibly the “gain” of the sarcoplasmic reticular calcium release process depends on sarcoplasmic reticular calcium content were first published in 1987 and have led to several continuing controversies. The terminology can be rather confusing. Sensitivity refers to the level of calcium needed to trigger sarcoplasmic reticular calcium release. Gain refers to the amount of calcium released for a given triggering signal. Because the elementary events involved in sarcoplasmic reticular calcium release are not seen with sufficient temporal or spatial resolution with our present methodology, “gain” is used to describe the properties of the elementary events whereas “apparent gain” refers to the results of experiments actually carried out.

The two essential findings were that the sensitivity of the [Ca\textsuperscript{2+}]\textsubscript{i}, transient measured with fura-2 salt injected into heart cells depended on the activation protocol and not on the peak I\textsubscript{Ca} or the integrated I\textsubscript{Ca}. For example, depolarisations of the heart cell from −55 mV to voltage around −40 mV produced a small [Ca\textsuperscript{2+}]\textsubscript{i}, transient but virtually no I\textsubscript{Ca}. This result indicates that very little calcium flux can trigger significant sarcoplasmic reticular calcium release, suggesting that the gain and the sensitivity of the triggering mechanism are high. On the other hand, with depolarisations from −55 to −28 mV the [Ca\textsuperscript{2+}]\textsubscript{i}, transient was graded with different durations of depolarisation. This suggests that there is little positive feedback in the system, a finding consistent with low gain in the
system. Importantly, it was possible to truncate the [Ca$^{2+}$], transient by early repolarisations. This result also suggests that the system does not have much positive feedback or that the system can operate at low gain (where release is proportional to the trigger). Whereas a nearly maximal calcium transient was produced with a depolarisation to 0 or +10 mV, a large integrated $I_{Ca}$ was associated with that [Ca$^{2+}$] transient. By contrast with this finding, a nearly maximal [Ca$^{2+}$] transient was seen on repolarisation from +100 mV (to -55 mV) when the integrated $I_{Ca}$ tail current was quite small. These experiments suggested to us that a simple calcium induced calcium release mechanism with constant sensitivity and fixed gain was inconsistent with the findings. One possibility was that sarcoplasmal voltage influences calcium induced calcium release. The other possibility was that some other factor was responsible for the findings. Figure 1 shows the experiment designed to examine the issue. Flash photolysis experiments were carried out in voltage clamped heart cells.$^{37}$ Control experiments had shown that most of the twitch produced by the photorelease of caged calcium arose from calcium induced calcium release and not directly from the uncaging of the calcium. The experiments show that voltage across the sarcoplasmal membrane does not significantly influence calcium induced calcium release in intact cells. Further experiments showed that the apparent gain of the CICR system was low when it was activated by flash photolysis of caged calcium. Figure 1 also shows the “solution” to the problem. The microanatomy of the sarcoplasmal-sarcoplasmic reticulum region can bestow apparent high gain on some elements of the system while the actual release process operates at low gain. The spatial arrangement requires close approximation of the sarcoplasmal and sarcoplasmic reticular membranes for at least some of the sarcoplasmal calcium sources (for example, calcium channels) and some of the sarcoplasmic reticular calcium release channels. This result sets the stage for the results of Leblanc and Hume.$^{30}$ These workers found that when they blocked $I_{Ca}$, they could still produce a depolarisation activated [Ca$^{2+}$], transient as long as the sodium current remained intact. They argued that the Na/Ca exchanger was activated by the influx of sodium and that it consequently brought in calcium from the extracellular space as it extruded the sodium that had entered on depolarisation. For such a system to work, a “fuzzy space” was proposed that was, in effect, a subsarcolemmal region of the cell that had slowed diffusion.$^{30,32,38}$ Figure 2 shows a diagram of the hypothesised region.$^{31}$ Interestingly, the requirements of the experiments of Leblanc and Hume$^{32}$ and those of Niggli and Lederer$^{38}$ are remarkably similar. There are many experiments now being carried out by diverse groups examining the importance of the spatial organisation of the heart cell with respect to excitation-contraction coupling. A major experimental challenge must be continually considered in these experiments: how does the sarcoplasmic reticular calcium load affect the results? As noted, the sarcoplasmic reticular calcium content seems to be an important factor in regulating the sensitivity and the gain of the calcium release mechanism and calcium induced calcium release.

**Molecular operation and biophysics of the Na/Ca exchanger**

The Na/Ca exchanger in a normal heart cell produces only a small calcium efflux as it just balances the time averaged calcium influx.$^{15}$ At a resting [Ca$^{2+}$] level, its overall turnover rate is limited by the very low [Ca$^{2+}$], of about 100-200 nM.

At these concentrations of [Ca$^{2+}$], the rate limiting step is calcium binding to the exchanger at the intracellular site. If calcium is suddenly increased, then the turnover rate suddenly rises. We use DM-nitrophen as the “calcium caging” agent and load it into the cell of interest through the
A flash of UV light causes the photolysis of the DM nitrophen and a step increase in intracellular calcium is achieved. Within 200 µs the inward Na/Ca exchanger current is seen under normal conditions. It decays as intracellular calcium falls. All experiments are done under conditions to remove the sarcoplasmic reticulum as a calcium buffer (ryanodine is applied) and to minimise movement (2,3-BDM is applied). If the Na/Ca exchanger is blocked by cold, by nickel, or by other agents, there is still an inward current that can be seen. Figure 3C shows this. The current is an inward current transient. The baseline current is close to zero before the photorelease of calcium. As rapidly as calcium increases, there is an increase in inward current. Despite a maintained level of [Ca²⁺], (because all extrusion systems are blocked), the current rapidly decays back to zero.

An inward current can arise from the inward movement of a positive charge or the outward movement of a negative charge. The observed current transient suggests that either a current source is gated for a brief period or that a fixed number of mobile but “tethered” charges move during a molecular rearrangement. Once moved to a new configuration, a steady state is established and no further movement of charge takes place. Both mechanisms account for a current transient. The first is similar to an inactivating ionic current whereas the second is similar to a gating current.

We have attributed the observed current transient in the experiments shown in fig 3 to a one time rearrangement of the Na/Ca exchanger protein as it carries intracellular calcium out of the cell. Because the Na translocation step is blocked by the experimental conditions, the exchanger cannot (over the course of these experiments) return to cycle again. Thus the amount of the integrated current transient is limited by the number of Na/Ca exchanger proteins in the cell membrane and the state of the exchanger. By state we mean whether the exchange protein is capable of binding to an intracellular calcium ion and transporting it to the outside. If all of the Na/Ca exchanger proteins were in an extracellular state, so that none could bind calcium on photolysis, then there should be no current transient.

In the case of our experiments, the state of the Na/Ca exchanger is relatively stable when the exchanger is blocked, since full cycling is clearly inhibited. We noted that removing extracellular sodium was also an equally effective means of blocking the Na/Ca exchanger current while leaving the current transients shown in fig 3C. Thus we have hypothesised that the component of the cycle that is blocked by the manoeuvres noted is the sodium translocation step. Clearly step increases in calcium can produce a current transient. An interesting and important finding was that, when the Na/Ca exchanger is not quite fully blocked, there is a secondary component of exchanger current that is maintained. This component occurs along with the earlier

![Figure 2 Schematic diagram to illustrate the relation that may exist between the sodium channels, the Na/Ca exchanger, sarcoplasmic calcium channels, sarcolemmal calcium release channels, and the hypothetical “fuzzy space”. The fuzzy space is a very thin region of slowed diffusion. From Lederer et al5 with permission.](image)

![Figure 3 Conformation current, Iᵥ, is activated by a step increase in intracellular calcium even when the Na/Ca exchanger is blocked. (A) Cold (12°C) largely blocks the Na/Ca current but does not affect the Iᵥ. Holding potential is 0 mV. In this and other panels, the arrow indicates the time of the flash that activates the photolysis of caged calcium. (B) Voltage dependence of the cold treated Na/Ca exchanger current (20°C). (C) Ni²⁺ (4 mM) is used to block the Na/Ca exchanger completely. The only current seen with the step increase of caged calcium is Iᵥ. (D) Voltage dependence of the Na/Ca exchanger current. The observed voltage dependence was 114 mV for each e-fold change of current. From Niggli and Lederer, 1991 with permission.](image)
current transient mentioned previously. It represents a steady current component that seems to be summed with the current transient. We hypothesise that this modulatable component arises because the Na translocation component is partly functional (see also fig 5).

The voltage dependencies of the fully functioning Na/Ca exchanger and the modulatable component are the same, whereas the voltage dependence of the calcium activated early transient is much less. These findings suggest to us that when the rate of intracellular calcium binding is fixed as would occur with a steady level of $[Ca^{2+}]_{i}$, then the Na translocation step is rate limiting and voltage sensitive. Consequently the voltage dependence of the Na/Ca exchanger would provide information about the charge on the sodium bound form of the Na/Ca exchanger. If this is true, then the voltage dependence shown in fig 3D is 114 mV for each e-fold change in current. This very weakly voltage sensitive response suggests that less than a single charge is sensing the voltage across the membrane in this rate limiting translocation step. Specifically, these results suggest that +0.44 charges may be sensing the membrane voltage and moving through the full voltage field during the Na translocation step. If this were true then ~0.56 charges would be moving through the voltage field during the calcium translocation step. This would explain why we find an inward current transient that is activated by the step increase in $[Ca^{2+}]_{i}$. We see the inward current transient because a fraction of the Na/Ca exchangers are in the intracellular calcium receptive state before the step increase in $[Ca^{2+}]_{i}$. With the step increase in calcium, calcium binds to the Na/Ca exchanger protein and moves out of the cell, with each exchanger contributing an outward movement of ~0.56 charges.

Interestingly, when dichlorobenzamil is added to the pipette, it increases the amount of transient current activated by a step increase in $[Ca^{2+}]_{i}$, produced by photolysis of DM-nitrophen. Figure 4 shows this result. Figure 4 also shows that the intracellular application of dichlorobenzamil only slightly inhibits the Na/Ca exchanger current but it very significantly increases the integrated charge moved during the $[Ca^{2+}]_{i}$, activated current transient.

Data from such experiments can provide much useful information about how the Na/Ca exchanger functions. The voltage dependence of the exchanger suggests that ~2.56 charges reside on each "naked" exchanger. The maximum $I_{\text{conf}}$, when integrated, provides information on the number of exchanges (lower limit) that move after photolysis and this permits us to provide a lower limit on the exchanger density (250-μm). Knowing the maximum size of the Na/Ca exchanger current and the density permits us to estimate the turnover rate of the exchanger (about 2500 s$^{-1}$).

All of the data taken together provide compelling evidence that a simultaneous one step Na/Ca exchanger model is inadequate to explain how the Na/Ca exchanger works (see fig 5). This model would not permit calcium activated conformation current or $I_{\text{conf}}$. The consecutive two step model is preferred over the simultaneous two step model because self exchange can occur when the counter ion is not present. Thus the data presented here and in other publications strongly support a consecutive two step exchanger model.

**Molecular biology of the Na/Ca exchanger**

The Na/Ca exchanger was cloned from dog heart in 1990 and this event was a major finding for all cellular physiologists working on heart muscle. Hydrophobicity plots suggest that five membrane spanning regions are followed by a large intracellular loop, which is followed by six membrane spanning regions. The Na/Ca exchanger has been cloned subsequently in human heart, cow heart, and rabbit kidney. The sequence and function (so far) has remained similar across species and tissues. The retinal rod has a completely different Na/Ca exchanger, one identified as an Na-Ca-K exchanger because of the important part played by potassium in the transport process. Figure 6 shows a scan of the northern blot from human tissues and reveals that the principal peak found at 7.2 kb is seen in all tissues examined, suggesting that within the resolution of this method the Na/Ca exchanger is similar. It is interesting to note that there are three tissues with a second peak at 1.7 kb in heart, brain and kidney. The function of this smaller piece is not known.

When the full length cDNA is inserted into an expression vector, electrical and transport function can be seen. When expressed in a human embryonic kidney cell line (293 cells), the exchanger responds to step increases in $[Ca^{2+}]_{i}$, (fig 7A), to reduction in extracellular sodium (fig 7B), and to voltage clamp pulses (figs 7C, D, E, F). The stage is thus set to further characterise where the modulatory sites of the Na/Ca exchanger are and how exactly the modulation comes about.
Modulation of the Na/Ca exchanger

We examined how intracellular pH may affect the Na/Ca exchanger. Use of the giant patch method permitted us to change the intracellular solutions and to assess how they affect the Na/Ca exchanger. Figure 8 shows how the Na/Ca exchanger is activated by intracellular sodium. The outward current is activated by increases in intracellular sodium. The current is half maximally activated by intracellular sodium of about 20 mM. Importantly, however, the Na/Ca exchanger is largely blocked by acidifying the intracellular pH from 7.4 to 6.4 (fig 8, lower curve, empty symbols). Figure 9 shows the effect of different pH levels at a fixed intracellular sodium concentration of 60 mM. The normal intracellular pH (about 7.2) is sufficiently acidic to inhibit about half of the Na/Ca exchanger transport. This means that the Na/Ca exchanger is very sensitive to the actions of pH.65 Proteolysis by intracellular chymotrypsin, however, significantly removes this regulation.35 37 38 65 This result suggests that the proton inhibition arises in part from a part of the protein that is accessible to proteolytic attack. The best guess for such a target site is the large intracellular loop. It is this loop that contains sites for regulation by \([\text{Ca}^{2+}], [\text{Na}^+]\), and ATP.

Summary

The Na/Ca exchanger has been examined with respect to its molecular biology, its cellular function, and its role in excitation-contraction coupling. The Na/Ca exchanger plays a central part in excitation-contraction coupling, setting the level of sarcoplasmic reticular calcium and contributing to the triggering of sarcoplasmic reticular calcium release. Functional biophysical studies with isolated single cells and caged calcium provide evidence that the Na/Ca exchanger works as a two step sequential transporter. In the heart there are about 250 exchangers \(\mu^2\) operating at a turnover rate of up to about 2500 \(\text{s}^{-1}\), with the exchanger carrying \(-2.56\) charges under normal conditions. The Na/Ca exchanger has been recently cloned from diverse mammalian species and several tissues and is largely conserved. It is clear, however, that the function of the Na/Ca exchanger is different in the different tissues. Thus work is in progress in several laboratories, including ours, to determine how the Na/Ca exchanger achieves its tissue specific function. Several modulatory motifs have been seen in studies of the exchanger that may explain some of the tissue specific...
differences. Interestingly the modulation of the Na/Ca exchanger (for example, by protons, sodium, calcium, ATP, calmodulin) seems to arise from interactions with the intracellular loop.

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