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Molecular and cellular aspects of re-entrant arrhythmias

Abstract In recent years it has become evident that myocardial tissue undergoes remodeling in dis-

eased states such as myocardial infarction and hypertrophy which affects membrane channels, cell-to-cell coupling as well as the connective tissue matrix. Although the detailed mechanisms of ventricular arrhythmias in ventricular hypertrophy are not known, studies carried out by computer simulations or high resolution mapping of electrical activity have suggested a complex interac-

tion between changing ionic currents at the level of the cell membranes, altered cell-to-cell coupling and altered macroscopic structure. The present report summarises these recent developments and their potential relevance for arrhythmogenesis.

Key words Anisotropic conduction – cell cultures – microscopical conduction – current-to-load mismatch

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Introduction

Cardiac arrhythmias associated with a variety of pathophysiologic states are traditionally divided into disturbances of impulse formation and impulse conduction. In normal cardiac function, impulse formation is confined to a limited number of pacemaker regions, the sino-atrial node, the atrio-ventricular junction and the His-Purkinje system. In pathological states, rapid impulse formation is either generated by circulating excitation with re-entry, which may involve relatively large regions of the atria and/or the ventricles (macro-reentry) (1, 2) or by so-called focal activity. Repetitive rapid electrical activity emerging from a focus, i.e. a small circumscribed region of excitable tissue, can be caused by a variety of mechanisms: Automatic or triggered activity, brought about by electrically unstable cells which produce repetitive membrane oscillations at different levels of membrane potential (early and delayed afterdepolarizations (e.g. (3, 4) or reentry confined to a small mass of tissue (5, 6). Such relatively small re-entrant circuits have been shown or postulated to underlie, for example, AV-nodal tachycardia (7) or ventricular premature beats (8).

Several investigators have emphasized the relationship between normal or remodeled cellular or tissue architecture and cardiac arrhythmias. Both remodeling at the level of membrane channels or connexons and remodeling at the level of connective tissue may increase the likelihood of occurrence of arrhythmias. The recent developments of sophisticated computer models (4, 9, 10) and of high-resolution mapping techniques of electrical activity (11, 12) have provided the tools which may help to understand the relation between the changes observed at the molecular and cellular level, the propagation disturbances and the resulting arrhythmias. In this context, it is important to realize that cardiac arrhythmias, per definition, always involve a complex system which is composed of a large mass of tissue in which different compartments (intracellular space, interstitial space, vascular space) interact. The present report summarizes recent developments made in research on cardiac impulse propagation at a cellular level. Some of the findings are likely to stimulate further research in defined pathophysiological settings, such as chronic myocardial infarction and hypertrophy. However, it seems too early to provide conclusive evidence about the dominance of a certain arrhythmogenic

mechanism in cardiac hypertrophy and failure, although it is well known that this particular state of disease is associated with a high incidence of sudden cardiac death and that electrical disturbances and failure of mechanical function are closely interrelated.

Discontinuous conduction and arrhythmogenesis

The basic mechanism for circus movement re-entry arrhythmias is illustrated schematically in Fig. 1. The effect of an obstacle present in a wavefront of propagation is to deviate the otherwise homogenous wavefront into a rotating vortex, which becomes self-sustaining if it encounters non-refractory tissue at a site which had been previously excited. The basic principle of such circus movement was already described early in this century (13), it was then modified to explain several types of cardiac arrhythmias. All these various types of circus movement have certain basic features in common: The wavefront must encounter a zone of tissue where local electrical inhomogeneity is present. This inhomogeneity may concern 1) the ionic properties of the cell membranes giving rise to different types of action potentials (inhomogeneity in electrical driving force), or requiring various amounts of local input current to generate a regenera-

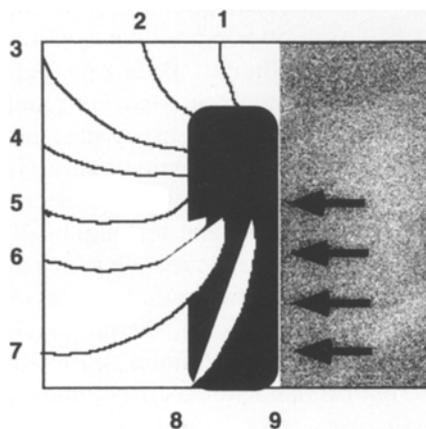


Fig. 1 Schematic explanation of circus movement with re-entry in a quadrangular area of excitable tissue. The right (grey part) of the tissue is excited homogeneously from right to left. An obstacle (black area) leads to deviation of the wavefront, which circulates around the obstacle. The unidirectional block is illustrated by the dark arrows. The relative instants of excitation are represented by the isochrone lines from 1–9. At time 6 the excitation enters the previous zone of block from the rear and re-excites the originally excited area at time 9. The electrophysiological conditions for the occurrence of unidirectional block and for re-entry are multiple and listed in the text.

tive response (inhomogeneity in electrical excitability), 2) local gradients in the resistive properties of the diffusive medium (cellular coupling, resistive properties of the extracellular space), or 3) combinations of the above conditions. Also, such changes may be permanent (e.g., in remodeling after myocardial or ventricular hypertrophy (14), or they may be purely functional (e.g., inhomogeneity of refractoriness in acutely ischemic tissue (1). It is important to note that some of the above-mentioned changes are only needed to set the initial condition for the deviation of the impulse, the so-called “unidirectional conduction block”. Once the disturbance is initiated, an arrhythmia can take place in a perfectly homogenous electrical medium (15).

In discussing the mechanism responsible for initiation, it is therefore important to ask the question of whether some of the physiological properties of myocardial tissue may already represent an arrhythmogenic substrate, which will become manifest in the case some additional condition in a certain disease state is fulfilled, for instance a local decrease in the action potential amplitude or a change in action potential duration. The crucial importance of myocardial architecture for the generation of arrhythmias was shown in several studies: Spach et al. (see e.g. 16) showed that in normal atrial tissue, a ventricular premature beat can be conducted in direction transversal to the main axis of the muscle fibers whereas it may get blocked in longitudinal direction. As a result, deviation of the impulse with re-entry occurred. Dillon et al. (17) showed that in tissue surviving from myocardial infarction, circus movement with re-entry occurred in strict topological relation to fiber architecture, the re-entrant circuits exhibiting an elliptic shape with a central zone of block corresponding to a zone separating longitudinally oriented fiber bundles. De Bakker et al. (18, 19) demonstrated that apparently slow macroscopic conduction in tissue surviving from infarction corresponded at a microscopical level to fast conduction taking a very long and complex “zig-zag” pathway across the scar tissue. This again confirmed a close relationship between tissue architecture and propagation.

Discontinuities induced by individual cell borders

Cell cultures grown in a predetermined pattern offer the possibility to assess the effect of gap junctions on the inhomogeneity in conduction in dense cellular networks. In such dense cellular networks, propagation can be studied as a function of cell-to-cell coupling alone, i.e., without interference from larger resistive barriers formed by connective tissue sheets or blood vessels. A technique

to produce such cultures from dissociated neonatal rat myocytes has recently been described by our laboratory (20). Figure 2 illustrates two different types of growth patterns, 1) a chain of single cells growing in series (Fig. 2A) and a “street” of cells, consisting of 5–6 cells in width (Fig. 2B). As shown in Figs. 3 and 4, the conduction pattern in these two structures is distinctly different, and the difference allows to assess the role of gap junctions to induce discontinuities in conduction at a microscopical level. Since cells in single cell chains only exhibit end-to-end but no side-to-side connections, the conduction time along a cell chain is solely determined by action potential propagation within the cytoplasm and through the connexons located at the cell poles. The conduction patterns obtained in these strands are shown in Fig. 3B for a single

experiment (12). The conduction time along 30 μm within a single cell is relatively short whereas the conduction time along the same distance is significantly longer if an end-to-end cell connection is interposed. The difference between the two conduction times corresponds to the transfer time at the connexons between the two cells and amounts to 80 μs in this experiment. The average intracellular (cytoplasmic) conduction (Fig. 3C) along a distance of 30 μm is $38 \pm 25 \mu\text{s}$ ($n = 37$). The average conduction time from one cell to the follower cell amounts to $118 \pm 40 \mu\text{s}$ ($n = 27$), yielding a mean transfer time through an end-to-end cell connection of 80 μs . The analogous experiment carried out in a cell strand consisting in average of 5–6 cells in width, is illustrated in Fig. 4B, the collected data are shown in Fig. 4C. In the wider strands, the average cytoplasmic conduction time is longer than in the single cell chains, and the average cell-to-cell conduction time is shorter, the mean transfer time across an end-to-end cell connection amounting to 32 μs (versus 80 μs in the single cell chain). It is important to note that the macroscopic conduction velocities in both the single cell chains and the wide streets are the same. Comparison between the conduction times between these two structures therefore demonstrates that the lateral apposition of single cell chains to a cell strand decreases the degree of inhomogeneity induced by the end-to-end cell connections. This so-called “averaging effect” can best be explained by looking at the magnitude and direction of electrotonic current flowing between neighboring cells at the instant a given site reaches threshold for rapid Na^+ inward current, as explained in Fig. 5. This figure is taken from a computer model simulating propagation in cellular networks, which has been adopted to the electrical parameters characterizing the cultured chains and streets (12). It depicts the currents flowing into or from a given measuring site: If the wavefront of propagation reaches, in a given cell, a point immediately beyond an end-to-end connection (point 1), the wavefront will lag slightly behind the front in the two neighboring cells, because these two cells do not encounter a resistive barrier at that site. Consequently, this point will receive local electrotonic current from both neighboring rows in addition to the normal electrotonic current flowing in the direction of the wave front. Sites immediately beyond an end-to-end connection will therefore depolarize earlier in presence of lateral coupling and, consequently, the transition time across the longitudinal cell-to-cell connection will become shorter and the cytoplasmic conduction time will become longer. The opposite process takes place at the cell end (point 2), where local current from this site is fed to the two neighboring cells. This divergence of local electrotonic current results in shortening of the transition time across the longitudinal cell-to-cell connection and prolongation of the

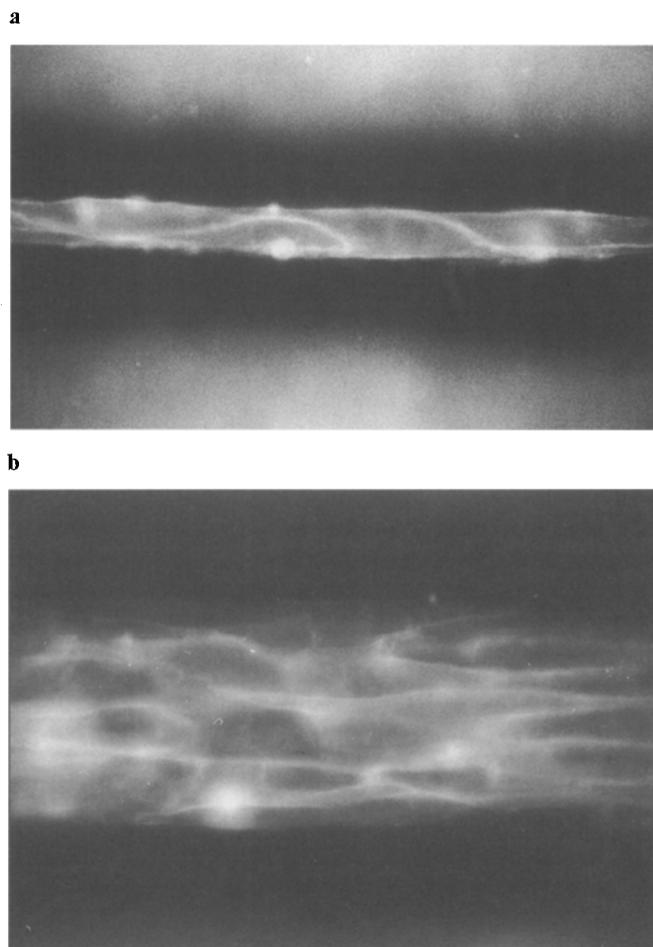


Fig. 2 Panel A: Fluorescent image of a one-dimensional synthetic strand of neonatal rat myocytes growing in a 2- μm -wide channel. Cells are stained with the voltage-sensitive dye RH-237. **Panel B:** Fluorescent image of a two-dimensional synthetic strand of neonatal rat myocytes growing in a 80- μm -wide channel. These channels contained four – six cells in cross-section. Reproduced from ref. (12) with permission.

Fig. 3 Impulse propagation in one-dimensional cell chains. **Panel A:** Picture of a portion of a cell chain, reproduced from the bright-field illumination photograph. Position and size of membrane areas sensed by the three diodes are indicated by the three diodes are indicated by filled circles. Arrow indicates direction of propagation. **Panel B:** Potential-dependent fluorescence change $\Delta F/F$ recorded by the diodes given on Panel A and their superimposed derivatives $d(\Delta F/F)/dt$. Activation times are depicted by points. Cytoplasmic conduction time = $30 \mu s$, junctional conduction time = $110 \mu s$. **Panel C:** Histograms of conduction times from all experiments. The average cytoplasmic conduction time ($t = 38 \pm 25 \mu s$, $n = 37$) was markedly shorter than the average junctional conduction time ($t = 118 \pm 40 \mu s$, $n = 27$, $p < 0.0001$). The mean difference, attributed to the conduction delay induced by the gap junctions, amounted to $80 \mu s$ which is 51 % of overall conduction time. Reproduced from ref. 12 with permission.

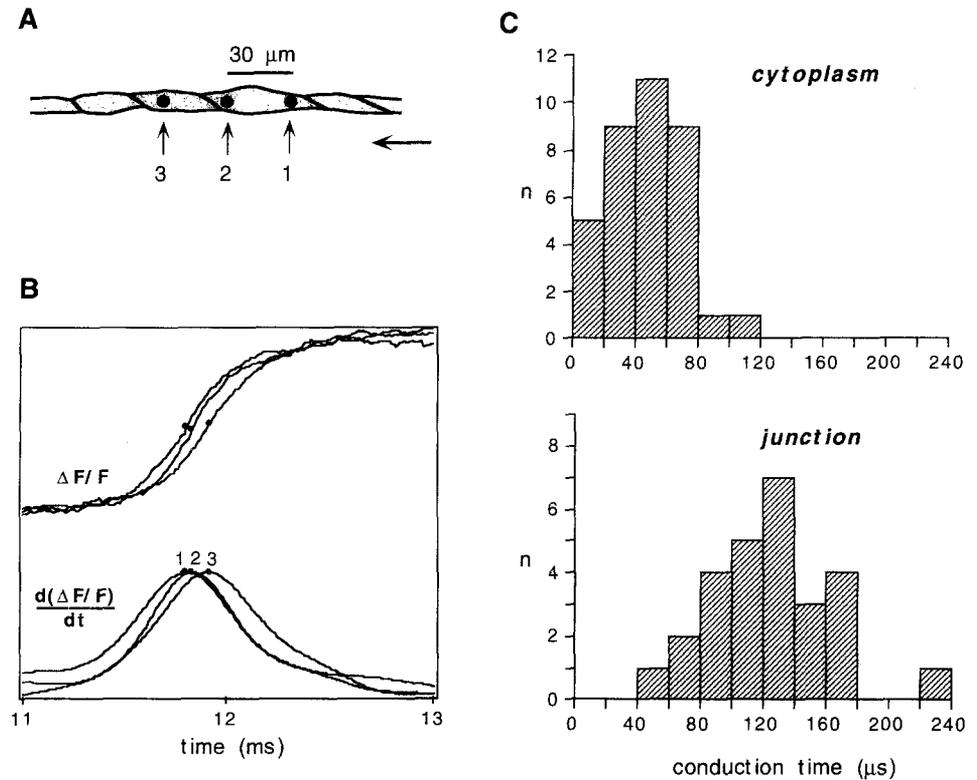
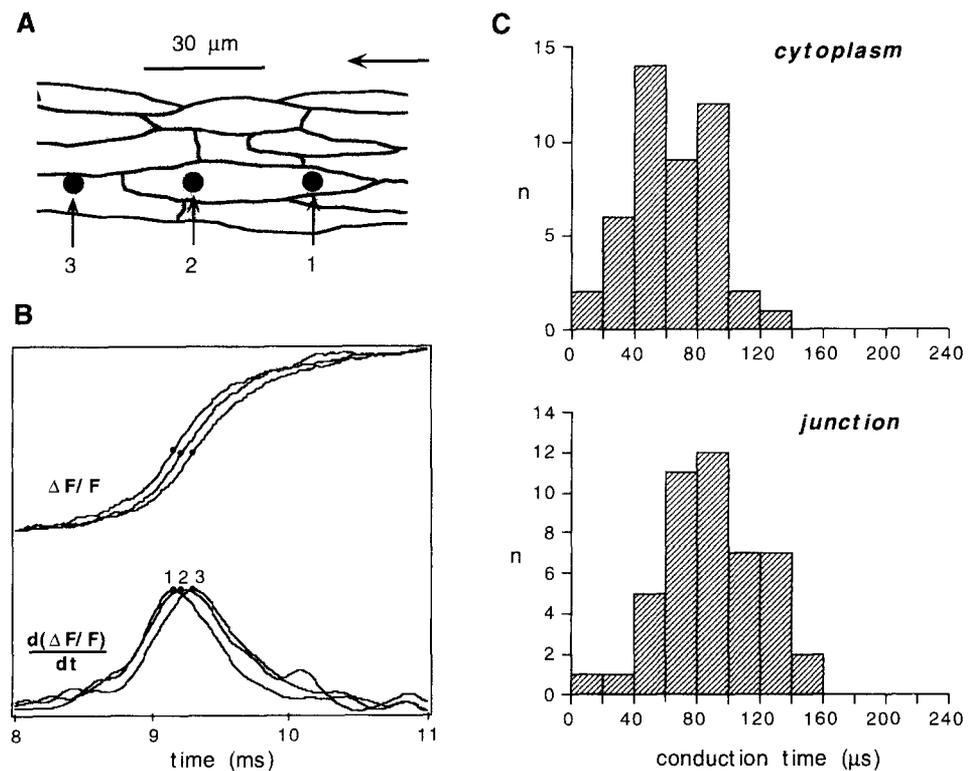


Fig. 4 Impulse conduction in two-dimensional cell strands. **Panel A:** Picture of a wide cell strand (4–6 cells in width) reproduced from a bright-field illumination photograph. Position and size of membrane areas sensed by the three diodes are indicated by filled circles. Arrow indicates direction of propagation. **Panel B:** Fluorescence changes $\Delta F/F$ and their superimposed derivatives $d(\Delta F/F)/dt$ recorded by diodes given on Panel A. Cytoplasmic conduction time = $60 \mu s$, junctional conduction time = $80 \mu s$. **Panel C:** Histograms of conduction times from all experiments. The average cytoplasmic conduction time was $57 \pm 26 \mu s$ ($n = 46$) and the junctional conduction time was $89 \pm 39 \mu s$ ($n = 48$, $p < 0.001$). The gap junctional conduction delay amounted to $32 \mu s$ which is 22 % of overall conduction time. Reproduced from ref. (12) with permission.



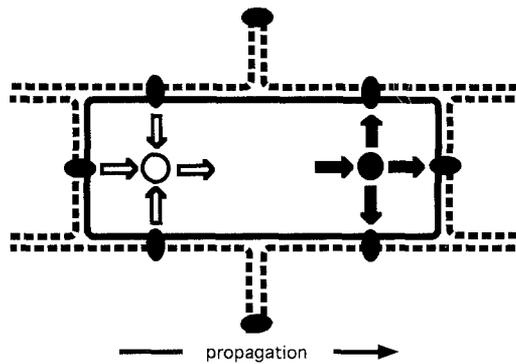


Fig. 5 Schematic diagram showing local current flow in a cell of a two-dimensional strand coupled to six neighboring cells. Gap junctions are symbolized by filled oval dots. The electrotonic currents flowing in the wavefront of propagation (horizontal arrows) and between laterally apposed cells (vertical arrows) are depicted at the instants of local activation for a point distal to the end-to-end cell connection (open symbols) and a point proximal to the end-to-end connection (filled symbols). The direction of these currents is given by the computed potential distribution at the two instants of activation. At the distal point lateral convergence of local current accelerates activation; at the proximal point lateral divergence delays activation. Both divergence and convergence of local currents through lateral connections are responsible for the reduced inhomogeneity of propagation in two-dimensional strands. Reproduced from ref. (12) with permission.

cytoplasmic conduction time. As an overall result, conduction becomes more homogenous by lateral apposition and coupling of cells. Both the comparison of average conduction times as well as the type of computer model chosen provide knowledge about the average behavior of the cellular network. A variability of both cytoplasmic and cell-to-cell conduction times is suggested from the histograms in Figs. 3 and 4, and expected from the variability in cell shape, the variability in lateral apposition of individual cells, as well as from the variability in connexin distribution. This variability has been simulated recently in a computer model taking into account the stochastic architecture of adult myocytes (9).

Most experiments performed in isolated ventricular and atrial tissue have shown that the maximal upstroke velocity of the transmembrane action potential, dV/dt_{max} , is higher during transverse than during longitudinal propagation (21–24). This difference was taken to indicate a different mechanism for propagation in longitudinal versus transverse direction and related to the intrinsic arrhythmogenic substrate of anisotropic tissue. Whether or not this difference is explained by the specific arrangement of the gap junctions in the part of the tissue which consists of densely coupled cells or by the presence of connective tissue sheets and blood vessels separating fiber bundles cannot be answered from experiments in isolated

tissue because of methodological limitations. An experiment showing anisotropic conduction in a dense network of cultured cells, (devoid of large extracellular clefts) is illustrated in Fig. 6 (25). Such type of experiments have

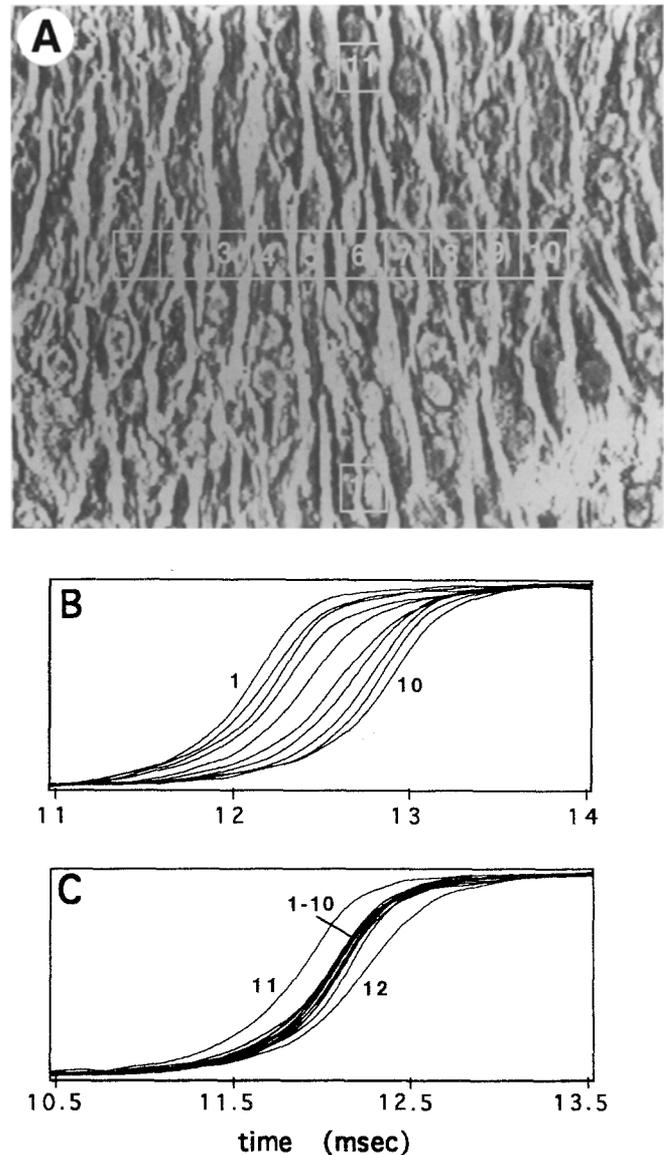


Fig. 6 Activation sequences of transverse and longitudinal conduction. **Panel A:** Phase-contrast image of the cell culture and photodiodes. Numbers within rectangles indicate photodiode numbers. **Panel B:** Normalized optical upstrokes recorded by the photodiodes shown on Panel A during *transverse conduction*. **Panel C:** Normalized optical upstrokes recorded from the same localization during *longitudinal conduction*. Both action potential upstrokes during longitudinal and transverse conduction show a variability in the maximal upstroke velocity indicating local variability in current flowing into membrane capacitance. However, no significant difference between mean values in transverse versus longitudinal direction can be detected. Reproduced from ref. (25) with permission.

shown that, in contrast to the *in vivo* experiments, average dV/dt_{\max} in transverse and longitudinal directions are not different. Although the interpretation of such results is not unequivocal, they indicate that at a moderate degree of anisotropy (e.g. ventricular tissue) the discrete arrangement of gap junctions at the cell borders is not directly responsible for the direction-dependent differences in dV/dt_{\max} . Similar findings have been recently obtained in computer simulations (26). They indirectly attribute a crucial importance to the resistive barriers larger than the gap junctions for explaining direction-dependent differences in dV/dt_{\max} and arrhythmogenicity. Modification of gap junctional coupling will nevertheless modulate the effects of large resistive barriers, as discussed below.

Discontinuities induced by macroscopic changes in tissue geometry

Discontinuities in myocardial architecture exist at several levels. In addition to discontinuities imposed by cell borders (as described in the paragraph above), connective tissue sheets and microvessels may act as resistive barriers (27). A propagating impulse is expected to 1) collide with such a barrier and 2) to travel around resistive barriers wherever it encounters excitable tissue. The sites, where these deviations from homogenous and linear spread occur, are known to be susceptible for conduction block, because of so-called "impedance-to-load mismatch".

A basic model to investigate the effect of impedance-to-load mismatch and obtained by using the technique of patterned growth of cultured cells (described above) is shown in Fig. 7A (28). In this model, the impulse traveling along the small "street" has to excite the large tissue mass beyond the expansion, and therefore, to furnish local excitatory current to a large surface of excitable membranes downstream. As a consequence local slowing of conduction is to be expected, and eventually, conduction block occurs if the width of the street reaches a critical diameter, h_c . Although, at first glance, this simple macroscopical geometry bears no resemblance to the longitudinally oriented resistive barriers encountered in intact tissue, the biophysical principle governing impulse transmission at such sites is very similar. Thus, current-to-load mismatch has been described at a single ended obstacle or so-called pivoting point (Fig. 7B) forcing the wavefront to a curved shape or at a narrow "isthmus" or "gate" of excitable tissue interposed between connective tissue sheets (Fig. 7C) (29). An experiment measuring impulse transmission at a tissue expansion is shown in Fig. 8. This figure depicts optically measured action potential upstrokes during conduction from a small street across the expansion

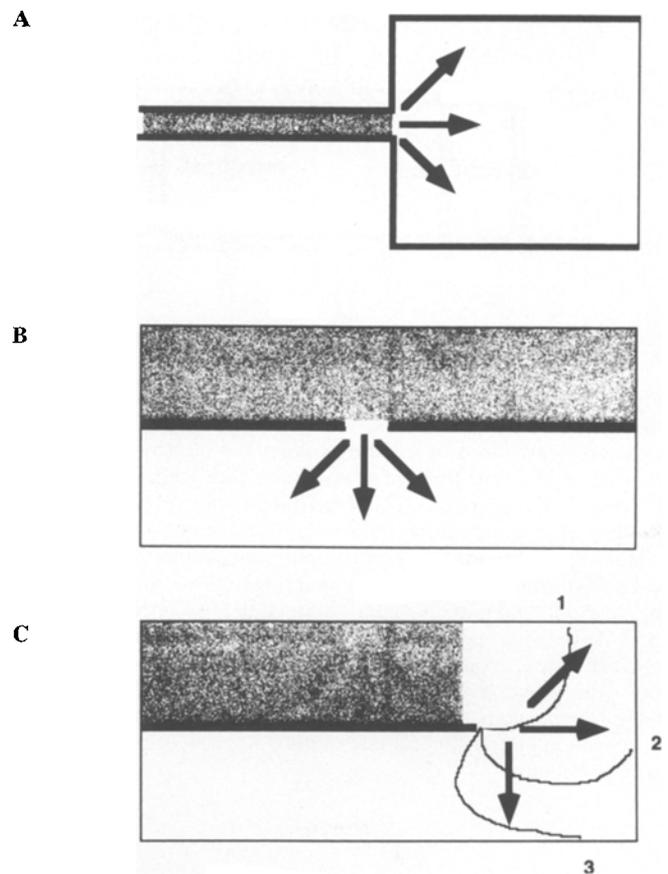


Fig. 7 Different types of "current-to-load mismatch" in cardiac tissue. In each scheme, the excited area is symbolized by the dark shading. The black lines indicate the tissue boundaries or the resistive obstacles, the arrows symbolize divergence of the electrotonic current which is produced by the ionic membrane channels in the excited area upstream. **A)** Abrupt tissue expansion, as discussed in Figs. 8–10. **B)** Connective tissue sheet separating two excitable areas with gate or isthmus. **C)** Connective tissue sheet, producing partial separation of two excitable areas, with excitation turning around the end of the obstacle ("pivoting point"). Curved isochrones at relative times 1 to 3 illustrate circus movement.

into a large excitable area. Typically, the action potentials exhibit a biphasic upstroke which is due to the impedance mismatch at the geometrical transition. Conduction velocity at such expansions gets smaller with decreasing street width until it occasionally blocks if the streets are only 1–2 cells in width. Due to the asymmetry of the tissue, conduction in the inverse direction accelerates with decreasing street width.

The question relevant to anisotropic conduction is whether such resistive obstacles take part in impulse deviation and discontinuous conduction *in vivo*, and whether they contribute to anisotropy, i.e. whether their effects depend on the direction of the wavefront spread.

An important role for connective tissue sheets separating bundles of excitable myocytes, which are longitudinally oriented and thus anisotropic, has been given by Spach et al., see (16) who observed both discontinuities in action

potential upstrokes and extracellular electrograms during transverse but not during longitudinal direction in such tissue. Especially, it was emphasized that such structural remodeling appears in human hearts with age (30). Comparing discontinuities at a relatively large level (obstacles introduced by connective tissue separating whole cell bundles or carrying blood vessels) with the discontinuities due to the discrete gap junction distribution, one might argue that the larger the discontinuity the larger the susceptibility of occurrence of conduction block in a stage of depressed excitability. However, the situation is likely to be far more complex because of interaction between the macroscopic tissue geometry, gap junctional coupling and activation of ionic membrane currents.

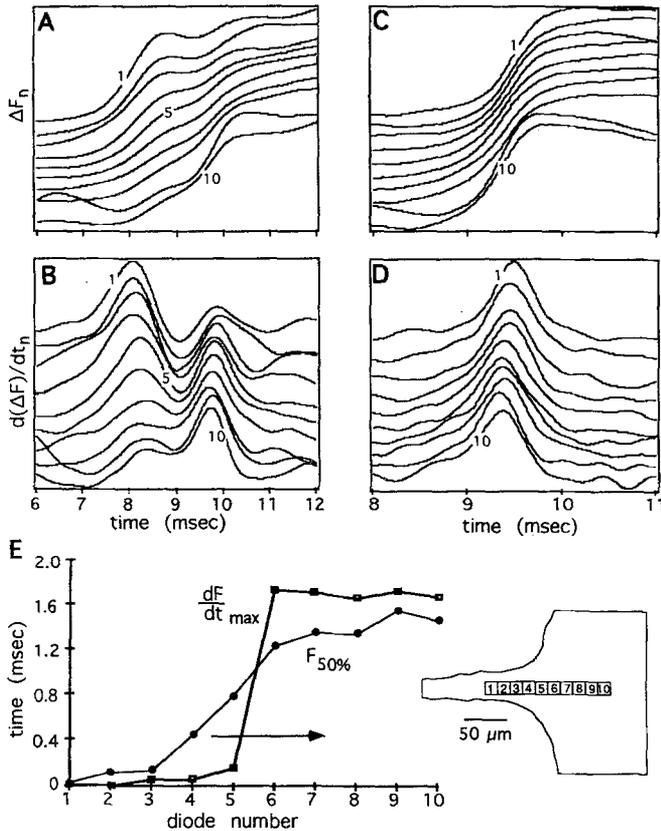


Fig. 8 Anterograde and retrograde impulse conduction at the region of abrupt expansion in a cell culture. **Bottom right.** Schematic presentation of an abrupt tissue expansion. The width of the small cell strand emerging into the large area (corresponding to the geometry shown in Fig. 7 A) amounts to 22 μm . The grid shows the localization of photodiodes with numbers. An individual diode covers a cell membrane area of $14 \times 14 \mu\text{m}^2$. The spacing between borders of individual diodes is 1 μm . **Panels A and C:** Normalized optical upstrokes (ΔF_n) of transmembrane action potentials recorded during anterograde conduction (A) from the strand into the large area and during retrograde conduction (C). Numbers on traces indicate corresponding photodiode numbers. Time was measured from the beginning of the recording interval. Stimulation pulse was delivered at $t = 5 \text{ ms}$. **Panel B and D:** Normalized first time derivatives of corresponding optical signals, dF/dt_n . Two rising phases can be seen on optical upstrokes ΔF_n corresponding to the two maxima on derivative traces dF/dt_n . **Panel E:** Time sequences of dF/dt_{max} (quadrangles) and $F_{50\%}$ (circles) calculated from the recordings on Panels A and B. Data are plotted relative to the moment of dF/dt_{max} at the site number 10 which was considered to be zero. Note that the geometrical expansion induces a conduction delay during anterograde spread (Panel A) while propagation is fast during spread from the large area into the strand (Panel C). Reproduced from ref. (28) with permission.

Interaction between macroscopic and cellular alterations

Experimental data and computer simulations suggest mutual and complex interactions between the discontinuities at smaller (cellular) and larger (connective tissue, vasculature) scales. An example of the effect of an abrupt tissue expansion on the activation of membrane currents is shown in Fig. 9. This figure depicts the simulated time-course of the fast Na^+ inward current, I_{Na^+} , at consecutive locations along an abrupt tissue expansion (28). As can be seen, there is a significant increase of I_{Na^+} at the sites where the conduction delay is maximal. The increase in depolarizing current contributes to maintenance of conduction at the expansion and to prevention of conduction block. It is explained by the slower rate of depolarization at the expansion with respect to steady-state conduction which allows the Na^+ channels enough time to fully activate. Inversely, partial inhibition of the fast Na^+ inward current (e.g., by pharmacological blockade) is expected to increase the probability for the occurrence of conduction block at a tissue expansion. Therefore not only primary changes in ionic current flow at the level of the cell membranes will determine conduction or block at a site of a change in macroscopical tissue architecture, but the macroscopical tissue architecture itself will have a feedback interaction on the activation of ionic membrane channels.

In addition to interaction between macroscopical tissue architecture and activation of ionic membrane channels, similar interactions can be postulated with gap junctional coupling. In Fig. 10, a simulated geometrical expansion contains a network of excitable elements in which both the resistive interconnections and the membrane ionic currents can be modified. These modifications do affect the minimal width of the street, h_c , at which conduction block occurs. If the values of the resistors between

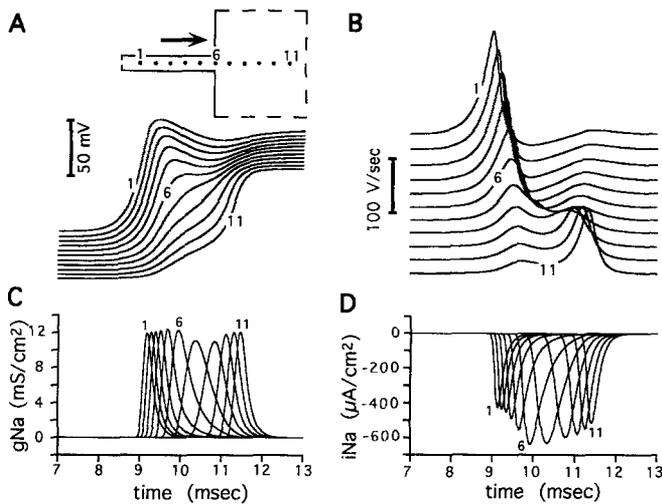


Fig. 9 Computer simulation of impulse conduction in a structure with abrupt expansion. Transmembrane action potentials V (Panel A), first time derivative of action potential dV/dt (Panel B), sodium conductance g_{Na} (Panel C), and sodium current i_{Na} (Panel D) calculated during impulse propagation from a narrow strand into a large area are shown. Time was measured from the onset of stimulus. The geometrical structure is indicated on the inset of Panel A (analogue geometry to Figs. 7A and 8). The 11 recording points were $30 \mu\text{m}$ apart. The arrow indicates the direction of propagation. The strand width was $120 \mu\text{m}$. The strand length was 3 mm (only a short strand portion is shown). The length and the width of the large area were 3 mm and 2 mm correspondingly. Note that there is an increase in the maximum sodium current at the tissue expansion, demonstrating a feedback effect of tissue geometry on activation of local ionic currents. Reproduced from ref. (28) with permission.

the excitable elements (simulating a decrease in cell-to-cell coupling) are increased (within a certain range) the minimal width h_c decrease, i.e. propagation across the site of impedance-to-load mismatch gets safer and the proba-

bility for occurrence of conduction block lower (31). The safer propagation is explained by the higher resistances decreasing the amount of electrotonic current loss downstream of the abrupt geometrical tissue transition. It contrasts to steady-state propagation in tissue without a change in geometry where a decrease in cell-to-cell coupling is always associated with a decrease in velocity.

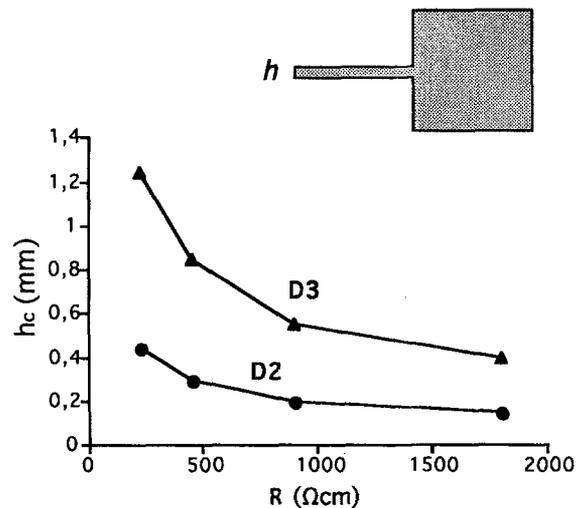


Fig. 10 Dependence of critical strand width, h_c , on intracellular resistivity R . **Inset:** Schematic illustration of an abrupt tissue expansion. A small strand of width h emerges into a large area. If h decreases unidirectional conduction block occurs at the critical width h_c . **Graph:** The critical width, h_c , is plotted as a function of the intracellular resistivity R given in Ωcm for a two-dimensional expansion (D2) and a three-dimensional expansion (D3). This simulation demonstrates that an event at a molecular level (cellular uncoupling) can modulate the effect of macroscopical tissue geometry to produce conduction block at the critical width h_c . Reproduced from ref. (31) with permission.

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