

1 **Increase of pregnancy rate after multiple periovulatory inseminations in mares**

2 3 **Steigerung der Trächtigkeitsrate von Stuten mittels mehrfachen periovulatorischen** 4 **Besamungen**

5 6 7 **Abstract**

8 Objective: There exist differences in the reproductive behavior of stallions and mares under
9 free-running and domestic in-hand breeding conditions. Contrary to artificial insemination
10 programs, a stallion mates a mare multiple times per estrus under natural conditions. The
11 objective of this study was to determine if multiple periovulatory artificial inseminations
12 (MI), four times in two different time intervals instead of two, would result in increased
13 pregnancy outcome or higher incidences of breeding induced endometritis.

14
15 Material and methods: Eighty-two estrous mares were allocated randomly to one of three
16 experimental groups. They were administered intramuscular deslorelin (1.25 mg) to induce
17 ovulation, and 24 h later, they were inseminated either twice (group DI), four times in
18 relatively short intervals (group MISI) or four times in relatively long intervals (MILI), after
19 division of one commercial insemination dose into two or four portions, respectively. Uterine
20 sampling for bacteriological and cytological analysis was conducted directly before the first
21 insemination and 24 h after the last insemination.

22
23 Results: Mares of the MI groups showed a higher pregnancy rate than mares of the DI group.
24 There was no difference in bacteriological and cytological results between the three groups. In
25 addition, mares of the MISI group showed less intrauterine fluid accumulation 24 h after the
26 last insemination than mares of the DI and MILI group.

27
28 Conclusions and clinical relevance: We conclude that multiple periovulatory inseminations in
29 a close time frame to ovulation lead to an increase of pregnancy results per cycle, and suggest,
30 that they do not lead to impaired inflammatory reactions of the uterus in healthy fertile mares.

31 32 **Zusammenfassung**

33 Gegenstand und Ziel: Zwischen freilebenden und unter domestizierten Bedingungen
34 gehaltenen Hengsten und Stuten bestehen deutliche Unterschiede im Reproduktionsverhalten.

35 Im Gegensatz zum Prozedere bei der künstlichen Besamung paart sich der Hengst in der
36 Natur während eines Zyklus mehrmals mit der Stute. Ziel dieser Studie war es zu bestimmen,
37 ob vierfache Besamungen in verschiedenen Zeitabständen zur Ovulation im Gegensatz zu
38 zweifachen in einer höheren Trächtigkeitsrate resultieren und ob solche Mehrfachbesamungen
39 eine erhöhte Inzidenz von belegungsinduzierter Endometritis nach sich ziehen.

40

41 **Material und Methoden:** 82 zyklische Stuten verschiedener Rassen wurden nach dem
42 Zufallsprinzip in eine von 3 Behandlungsgruppen eingeteilt. Danach wurden sie im Rahmen
43 einer standardisierten Untersuchung und 24 Stunden nach einer Ovulationsinduktion mittels
44 1.25 mg Deslorelin i.m. entweder zweimal (Gruppe DI) oder viermal (Gruppe MI) besamt,
45 wobei letzteres in Kurzzeit- (Gruppe MISI) oder Langzeit-Intervallen (Gruppe MILI). Hierzu
46 wurde jeweils eine Besamungsdosis in 2 bzw. 4 Portionen aufgeteilt. Direkt vor der ersten
47 Besamung und 24 Stunden nach der letzten Besamung wurde sowohl eine bakteriologische
48 als auch eine zytologische Untersuchung durchgeführt.

49

50 **Ergebnisse:** Stuten der MI-Gruppe wiesen eine signifikant höhere Trächtigkeitsrate pro
51 Zyklus auf als Stuten der DI-Gruppe. Die Ergebnisse der Bakteriologie und Zytologie ergaben
52 keine signifikanten Unterschiede zwischen den 3 Gruppen. In der MISI-Gruppe wiesen
53 signifikant weniger Stuten Flüssigkeit im Uterus auf als in der MILI- und DI-Gruppe.

54

55 **Schlussfolgerungen und klinische Relevanz:** Die Ergebnisse dieser Studie zeigen, dass multiple
56 periovulatorische Besamungen zu einer Erhöhung der Trächtigkeitsrate führen, und es dabei
57 bei gesunden, fertilen Stuten zu keiner Zunahme von Entzündungsreaktionen und mikrobieller
58 Kontamination des Uterus nach der Besamung kommt.

59

60 **Keywords:** artificial insemination, bacteriology, cytology, fertility, horse

61 **Schlüsselwörter:** künstliche Besamung, Bakteriologie, Zytologie, Fruchtbarkeit, Pferd

62

63

64 **1. Introduction**

65 Artificial insemination (AI) represents a key procedure in the modern equine breeding
66 industry, aiming to ensure adequate pregnancy rates using defined portions of ejaculates.

67 From an economic point of view, it is common to limit the number of inseminations per estrus

68 cycle (17) in order to reduce costs and minimize the risk of repeated endometrial
69 inflammation (13).

70

71 Unlike common AI programs, stallions under free running conditions mate an estrous mare
72 multiple times for 1 – 4 days, with a frequency up to nine times daily, with very various
73 intervals between matings and as often as every 1 to 2 h (21, 30). Under good conditions,
74 foaling rates in healthy harem females are as high as 86 to 90% per season (7, 21).

75

76 In retrospective studies, it has been found that if mares were inseminated twice or more with
77 cooled semen, pregnancy rate was higher compared to mares inseminated only once (e.g. 28).
78 This was also partly demonstrated by Vidament et al. (36) for frozen-thawed semen, but was
79 not confirmed by Kloppe et al. (12) and Sieme et al. (27). It could also be shown that
80 pregnancy rates were highest when mares were inseminated in a “time window” within 24 h
81 (cooled semen) or 12 h prior (frozen-thawed semen) and up to 6 - 12 h after ovulation (3, 27).
82 Therefore, in order to decrease ultrasound examinations for appropriate insemination timing,
83 these findings lead to a common practice of using a double insemination regime, before and
84 after ovulation, in order to achieve equal fertility results with less intensive management (4,
85 19).

86

87 Beside the potential disadvantage of more semen use and transportation costs, multiple
88 insemination may lead to an increased incidence of post breeding induced endometritis with
89 decreased pregnancy rates. Indeed, when inseminating a mare, an endometrial inflammatory
90 reaction usually peaks between 6 to 12 h and regresses 48 to 72 h after insemination (10, 33).
91 It is well documented that these reactions represent a natural immune response to the
92 introduced seminal fluid, sperm as well as bacteria and consist of activation and recruitment
93 of inflammatory cells [e.g. polymorphonuclear cells (PMN-cells)] (13, 34). This temporary
94 inflammation is considered useful because it contributes to elimination of contaminants, such
95 as excess sperm and seminal plasma (34). However, some “susceptible” mares (10 - 15% of
96 the population) (40) develop a persistent breeding induced endometritis (PBIE) that typically
97 lasts longer than 48 h after insemination (1, 10).

98

99 Considering the observation of frequent daily mating in horse harems under natural
100 conditions, we investigated if four instead of two inseminations, administered in two different
101 time intervals using only one commercial insemination dose, would increase pregnancy rate

102 per cycle. In parallel, we investigated the influence of such multiple inseminations on
103 occurrence of breeding induced endometritis.

104
105

106 **2. Materials and Methods**

107 *2.1 Horses and ethical note*

108 Privately owned, clinically healthy mares of different breeds whose reproductive history was
109 known for a minimum of one year were recruited over two seasons. Exclusion criteria
110 included mares with a history of severe PBIE. Informed owner consent was received before
111 every insemination trial. The experiment was approved by the Animal Health and Welfare
112 Commission of and strictly followed institutional guidelines for humane animal treatment
113 (permit number).

114

115 *2.2 Study design*

116 Mares were allocated randomly (drawn by lot) into three groups: inseminated twice (group
117 DI), inseminated four times in a relatively short interval (group MISI), and inseminated four
118 times in a longer interval (group MILI). The conventional treatment of the reproduction center
119 (as described in 19) was administered to group DI and therefore represented the control group.

120

121 *2.3 Examination and insemination procedure*

122 Before each insemination trial, the mares were presented regularly to a stallion until they
123 showed clear signs of estrus (5). Their cycles were monitored daily using transrectal
124 ultrasonography [7.5 MHz, 50 mm linear array probe (MyLab™ OneVET, Esaote, Italy)].
125 Uterine edema, uterine fluid (diameter of fluid appearance measured in mm), the number and
126 size of follicles (in mm), and the presence of a corpus luteum (CL) were recorded. If a follicle
127 was larger than 35 mm in diameter, an intramuscular treatment of 1.25 mg deslorelin
128 (BioRelease® Deslorelin, Caledonian Holdings Ltd, Auckland, New Zealand) was
129 administered at 5.00 pm, aiming to induce ovulation 36 to 48 h later. Twenty-four hours after
130 deslorelin treatment (5.00 pm), mares were examined in order to verify the size of the follicle
131 and to exclude early ovulation.

132

133 Mares were prepared for insemination by cleaning the vulva with iodine solution and water.
134 Before insemination, a pre-insemination bacteriological and cytological examination was
135 performed (see section 2.5). For inseminations with frozen semen (exclusively from stallions

136 with commercial doses of 4 to 9 straws each), an insemination pipette (Universal insemination
137 pipette for equine, Minitüb GmbH, Tiefenbach, Germany) was placed deep into the uterine
138 horn on the side of the ovulating follicle using guided rectal examination. If chilled semen
139 was used, the pipette was placed in the uterine body.

140

141 Mares assigned to group DI were inseminated with half of the semen dose 24 h post deslorelin
142 treatment (post-des), and re-inseminated 38 h post-des with the other half of the semen dose if
143 they had ovulated. If ovulation had not occurred, they were rechecked at 42 h and 48 h post-
144 des, and inseminated as soon as ovulation could be confirmed. Group MISI mares were
145 inseminated with a quarter of the semen dose at 24, 25, and 26 h post-des, and then rechecked
146 38 h post-des and inseminated post-ovulation. In the case of no ovulation, they were
147 rechecked 42 h and 48 h post-des and inseminated post ovulation. Group MILI mares were
148 inseminated with a quarter of the semen dose at 24 h, 30 h, and 36 h post-des and then
149 rechecked for ovulation at 38 h post-des and inseminated post ovulation. In case of no
150 ovulation, they were also rechecked 42 h and 48 h post-des, and inseminated when ovulation
151 was detected using the last quarter of the semen dose. All mares ovulating later than 48 h
152 post-des were excluded from the study.

153

154 Twenty-four hours after the last insemination, the mares underwent ultrasound examination to
155 monitor for the occurrence of uterine fluid and to confirm the presence of a CL. Furthermore,
156 a second bacteriological and cytological sampling was conducted. Ultrasonographic
157 examination was repeated 48 h after the last insemination. If the uterine fluid diameter after
158 24 or 48 h was larger than 5 mm, a postovulatory treatment was undertaken (see section 2.6).
159 A transrectal ultrasound was performed 14 to 19 days after ovulation either at the
160 reproduction center or at the breeder's farm to confirm pregnancy.

161

162 *2.4. Semen Analysis*

163 Pre-insemination semen quality and quantity was evaluated by calculating the total sperm
164 number using a nucleocounter (AP-100, ChemoMetec, Allerød, Denmark). After dilution with
165 INRA 96™ (IMV, L'Aigle, France) to a concentration of 30×10^6 sperm/mL, sperm motility
166 was assessed with a computer-assisted sperm analyzer (HTM-IVOS, Version 12, Beverly,
167 MA, USA). For that purpose, semen was placed into pre-warmed 20 μ L standard count
168 analysis chambers (SC 20-01-C, Leja, Nieuw-Vennep, Netherlands) and assessed in ten fields.

169 Cells moving faster than 10 $\mu\text{m}/\text{sec}$ were considered motile. Only insemination doses
170 containing at least 50×10^6 motile sperm cells were included in the study.

171

172 *2.5. Uterine bacteriology and cytology*

173 Pre- and post-insemination bacteriological and cytological samples were collected in the
174 corpus uteri at the bifurcation of the horns. For the bacteriological examination, a double
175 guarded swab (Uterus culture swab, Minitüb GmbH, Tiefenbach, Germany) was used, which
176 was smeared after collection on a sheep-blood agar as well as on a McConkey agar (Columbia
177 III Agar with 5% Sheep Blood, and MacConkey II Agar, Axon Lab AG, Les Monts-sur-
178 Lausanne, Switzerland). The agars were incubated at 37°C. After 24 and 48 h, they were
179 evaluated and if substantial growth of bacterial colonies (≥ 10 colonies) of the same species
180 was detectable, the culture was considered positive. If < 10 colonies or a mixed culture were
181 detected after 48 h, the bacteriological result was considered negative (38).

182

183 For cytological analysis, a cytobrush (Minitüb GMBH, Tiefenbach, Germany), used at the
184 same time as the uterine swabbing was smeared on a slide (Micro Slide assistant[®],
185 Glaswarenfabrik Karl Hecht GmbH, Sondheim/ Rhön, Germany) and stained (Diff-Quick,
186 Medion Grifols Diagnostics AG, Düringen, Switzerland). After drying, PMN-cells and
187 endometrial cells were counted in ten fields under 400x magnification. A positive cytological
188 result was defined as presence of $> 0.5\%$ PMNs of all cells in the sample (as described by 22).

189

190 *2.6. Postovulatory Treatment*

191 Postovulatory treatments were based on clinical observations and performed until a maximum
192 of 96 h after ovulation. Postovulatory uterine flushing, using a minimum of two liters of
193 physiological saline solution (NaCl 0.9% steril, Laboratorium Dr. G. Bichsel AG, Interlaken,
194 Switzerland), was performed daily in the event of more than 20 mm intrauterine fluid on
195 ultrasound. A dose of 20 IU Oxytocin (Oxytocin, Werner Stricker AG, Zollikofen,
196 Switzerland) was applied intramuscularly every 4 to 8 h if more than 5 mm intrauterine fluid
197 was present and after every flushing therapy. Antibiotic treatments with intrauterine
198 instillation of 10×10^6 IU benzylpenicillin sodium (Penicillin[®], Natrium Streuli, Streuli
199 Pharma AG, Uznach, Switzerland) and 2 g gentamicin (Vetagent[®], Veterinaria AG,
200 Freienbach, Switzerland) were added after flushing therapy if positive postovulatory
201 bacteriological results were obtained (15).

202

203 2.7. Statistical analysis

204 Statistical analysis was carried out using the software NCSS (NCSS 10, LLC, Utah, USA).
205 Only the first cycle of each mare was included in the statistical analysis. To evaluate uterine
206 inflammatory reactions, the results of the cytological and bacteriological examination as well
207 as uterine fluid findings were coded binomially. All possible associations between variables
208 were assessed with a Spearman correlation matrix. A univariable logistic regression model
209 was run for the statistical outcomes: pregnancy, bacteriology and cytology. The model
210 considered age, mare status, semen type, postovulatory uterine fluid presence and
211 postovulatory treatment as explanatory variables in order to determine possible confounding
212 factors. Additionally, two different treatment groupings were considered. First, the three
213 original treatment groups were analyzed separately and second, groups MISI and MILI
214 combined with group DI as a reference. For uterine fluid, two separate models were run that
215 first compared group MISI to group DI and then group MILI to group MISI. Explanatory
216 variables that showed a significant association and were not correlated, were combined into
217 multivariable logistic regression models (for each of the above-mentioned outcomes). All *p*-
218 values were considered significant if ≤ 0.05 . Data are presented as mean \pm standard deviation
219 (range).

220

221

222 3. Results

223 A total of 82 mares (22 maiden, 27 barren, 33 foaling) with an average age of 13 ± 5 (3 – 25)
224 years were recruited. Results of 32 mares allocated to group DI, 25 mares to group MISI and
225 18 mares to group MILI group were analyzed. Mares that did not ovulate within 48 h after
226 deslorelin treatment ($n = 6$) or that were inseminated with a total dose less than 50×10^6 total
227 motile sperm cells ($n = 1$) were excluded. The semen used originated from 54 stallions
228 selected by the mares' owners and was available in chilled ($n = 12$) or frozen ($n = 42$) form.
229 Total chilled semen doses included an average $1320 \pm 2043 \times 10^6$ ($71 - 8600 \times 10^6$) motile
230 sperm cells and had a mean volume of 21.5 ± 12.6 (10.0 – 50.0 mL). Frozen semen doses had
231 $388 \pm 223 \times 10^6$ ($59 - 901 \times 10^6$) motile sperm cells and a mean volume of 3.3 ± 0.9 (2.0 –
232 4.5) mL. The number of inseminated motile sperm cells and volume per total dose did not
233 differ between mares that became pregnant or not (Mann-Whitney U tests: $p = 0.17$ and $p =$
234 0.6).

235

236 A total of 33 mares ovulated within 38 h post-des, 21 mares within 42 h post-des, and 4 mares
237 ovulated within 48 h post-des. The time point of ovulation after induction with deslorelin did
238 not have a significant effect on pregnancy rate (univariable logistic regression test; 38 h: $p =$
239 0.93, 42 h: $p = 0.89$, 48 h $p = 0.65$). Postovulatory oxytocin was administered to 20 mares (11
240 mares in group DI, 8 in group MILI and 1 in group MISI). Postovulatory uterine flushing was
241 performed in ten of these mares (3 in group DI, 6 in group MILI and 1 in group MISI) and
242 four of these were flushed additionally with antibiotics (0 in group DI, 3 in group MILI and 1
243 in group MISI).

244

245 *3.1 Pregnancy rate*

246 In the univariable logistic regression models, only age was found to have a significant
247 influence on pregnancy rate ($p < 0.001$) and was therefore included in the multivariable
248 models. The status of the mare was not associated with the pregnancy rate in the univariable
249 model but confounded the association of pregnancy rate to treatment groups and was therefore
250 included in the multivariable models.

251

252 Group DI showed lower pregnancy rates compared to both MI groups (multivariable model: p
253 = 0.05) after having adjusted for age and status of the mare. When comparing pregnancy rates
254 of group DI to groups MISI and MILI individually, no difference in pregnancy rate was found
255 between group DI and group MISI (Fig 1; $p = 0.17$), nor between group DI and group MILI
256 (Fig 1; $p = 0.23$).

257

258 When considering mares inseminated with frozen semen only ($n = 58$), 12/24 (50.0%) mares
259 of group DI and 25/34 (73.5%) of the MI groups [group MISI: 15/21 (71.4%); group MILI:
260 10/13 (76.9%)] were diagnosed as pregnant. A multivariable model, that included age and
261 status of the mare, showed that the pregnancy rate of mares inseminated with frozen semen
262 was higher in the MI groups compared to group DI ($p = 0.03$, OR \pm 95% CI = 4.5 \pm 1.1–17.9).

263

264 Regarding the mares inseminated with chilled semen ($n = 17$), no significant differences in
265 pregnancy rate were found (DI group: 37.5% *versus* MI group: 62.5%; multivariate model: p
266 = 0.76) after having adjusted for age and status of the mare.

267

268 *3.2. Uterine fluid accumulation*

269 In the univariable logistic regression models, age ($p = 0.01$) and the status of the mare ($p =$
270 0.009) were identified as possible confounding factors with respect to the presence of uterine
271 fluid. Results of the multivariable model are illustrated in Table 1. In total, 20/75 (27.7%) of
272 mares accumulated uterine fluid 24 h after insemination. Having adjusted for age and status of
273 the mares, mares in group MISI were 10 times less likely to have fluid after insemination than
274 mares of group DI (multivariate logistic regression model: $p = 0.03$, OR \pm 95% CI = $0.1 \pm 0.0-$
275 0.6) and mares of group MILI were 15 times more likely to have fluid after insemination than
276 mares of group MISI ($p = 0.01$, OR \pm 95% CI = $15.3 \pm 1.5-150.4$). No significant difference
277 was found between groups DI and MILI ($p = 0.9$, OR \pm 95% CI = $1.08 \pm 0.27-4.3$)

278

279 3.3. Uterine bacteriology and cytology

280 Having adjusted for age and status of the mare, the evolution of pre- to post-insemination
281 bacteriological results (Table 1) did not render any evidence of a difference between the
282 mares in group DI and group MISI ($p = 0.90$) nor group MILI ($p = 0.48$). Likewise, the
283 cytological results were similar between group DI and group MISI ($p = 0.67$) as well as
284 between group DI and group MILI ($p = 0.39$) (See Table 1). In detail, post-examination
285 cytology analysis of the mares of group DI revealed $19 \pm 32\%$ PMNs *versus* $16 \pm 54\%$ in
286 group MISI and $50 \pm 109\%$ in group MILI. A total of 18 mares showed more than 10% PMNs
287 in their post-insemination cytology; 8 of the mares belonged to group DI, 4 to group MISI and
288 6 to group MILI, respectively.

289

290

291 4. Discussion

292 In the present study, mares inseminated four times within 24 h, using one divided commercial
293 semen dose, showed a significantly higher pregnancy rate compared to mares inseminated
294 twice in the same time period. Significantly less mares experienced intrauterine fluid
295 accumulation 24 h after the last insemination when inseminated at an hourly interval *versus* a
296 6 h interval.

297

298 These findings support some previous reports which demonstrated that more than one pre- or
299 periovarian insemination lead to higher fertility compared to one insemination per estrus
300 cycle (fresh semen: 27, 28, 29, 37; frozen semen: 36). However, when comparing their results
301 after two *versus* more than two inseminations, contrary to our results, Vidament et al. (36) did
302 not find different pregnancy rates between the chosen insemination regimes (two *versus* more

303 than two inseminations in 24 h intervals, and two *versus* more than two inseminations in 48 h
304 intervals) using frozen semen. Sieme et al. (27) demonstrated a significantly higher pregnancy
305 rate when inseminating mares more than three times per cycle with chilled and frozen semen
306 *versus* once per cycle, but no difference when comparing results after two *versus* more than
307 two inseminations. An explanation for these divergences might be that, contrary to our study
308 and to the frequent daily matings observed in the wild, these two studies used much longer
309 time intervals (24 to 48 h) between inseminations, which were not always in close time frame
310 to ovulation. The latter was the case in our study, where compared to group DI, groups MISI
311 and MILI had their last preovulatory insemination 2 h and 12 h closer to estimated ovulation,
312 respectively. Conversely, the postovulatory insemination regime in our study was
313 standardized in all cases and performed within a few hours after ovulation. In addition,
314 pregnancy rates in our study were not influenced by the time points of detected ovulations.
315 This and the generally low preovulatory insemination timing differences between the three
316 procedures suggest that the interval between the last preovulatory insemination and ovulation
317 time might not have played a significant role in our study.

318

319 In addition, considering that each insemination in the aforementioned studies consumed one
320 commercial semen dose, the results from our study model are particularly interesting because
321 we used only one commercial dose with a minimum of 50×10^6 motile sperm cells per cycle.
322 Despite using less semen per insemination, there was a 20% increase in pregnancy rate when
323 comparing four *versus* two inseminations. This difference remained when evaluating only the
324 frozen semen results which generally have lower semen numbers than fresh semen. An
325 insufficient sample size could be the reason a significantly improved pregnancy rate between
326 groups MISI and MILI compared individually to group DI was not found in the chilled semen
327 results. Further studies with larger group sizes would be required to confirm this.

328

329 Our experiments attempted to mimic the natural conditions of feral horses, which belong to
330 the group of polygynous mammals (18, 21). Multiple mating per estrus and not necessarily
331 with the same stallion potentially generates direct material benefits and indirect genetic
332 advantages for the mares. These seem to overshadow direct risks associated with multiple
333 mating (2, 9) i.e. each copulation absorbing and distracting the stallion and representing a
334 potential menace to the whole harem. However, and especially in the horse, detailed
335 mechanisms of repeated uterine semen infusions and potentially linked sperm competition (8,
336 24) are not fully understood.

337

338 Our findings might be partly explained by the fact that mares of the MISI group showed less
339 uterine fluid accumulation than those of the DI and MILI group, suggesting a better uterine
340 clearance in mares inseminated several times in relatively short intervals. This phenomenon
341 might well be the result of increased myometrial activity by way of oxytocin release. It is well
342 known, from previous studies, that oxytocin is not only present in the semen of stallions (39),
343 but increased pituitary oxytocin secretion is also found after mechanical stimulation of the
344 vaginal walls, cervix and uterus as well as other sexual stimuli (e.g. stallion call, visual
345 contact with stallion, active teasing) (20, 23). This remains true for AI, where a rapid onset of
346 myometrial contractions has been observed (23). Indeed, Taverne et al. (32) also found the
347 frequency of uterine contractions increased after a third insemination in the same estrus cycle.

348

349 Our decision to evaluate inseminations over a relatively long interval of 6 h was based on
350 studies that had demonstrated ejaculates build semen reservoirs on the epithelial cells of the
351 isthmus tubae uterinae (6, 16, 31, 35). It can be hypothesized that with longer intervals, fresh
352 loads of spermatozoa would arrive in an oviduct already containing sperm cell reservoirs and
353 conditions would allow selected sperm cells to participate in fertilization. This assumption
354 could not be confirmed in our experiments.

355

356 Various studies have demonstrated the effects of inseminations on the intrauterine
357 environment including a significant increase of PMNs (6, 11, 13, 34). It was also found that
358 mares inseminated twice *versus* once did not develop increased incidence of uterine fluid
359 accumulation as a clinical expression of endometritis (19, 26, 29). To the authors' knowledge,
360 this is the first study investigating the influence of more than two inseminations per cycle on
361 cultural and cytological alterations in the uterine body. Interestingly, we found no significant
362 increase of positive culture and cytology results in mares inseminated four times compared to
363 two, which might be the result of increased myometrial stimulation and other uterine defence
364 mechanisms. Initially, we hypothesized that mares inseminated four times would present more
365 inflammatory reactions and uterine fluid than those inseminated only twice. Such results
366 would support the outcome of studies where "susceptible" mares retained more liquid in the
367 uterus 2 h after insemination than resistant mares (e.g. 14). In other studies, an association
368 was found between the failure of the chemotactic pathway in susceptible mares and lack of
369 uterine contractions (e.g. 25), also leading to the conclusion that multiple inseminations
370 should not be performed in susceptible mares. Results of these studies were not confirmed in

371 our experiments, probably due to selection before the study, where historically susceptible
372 mares were excluded, and the effectiveness of the post-insemination management (e.g. only
373 four mares required antibiotic therapy). Further investigations in mares without any treatment
374 after multiple inseminations and in susceptible mares would be of interest.

375

376 A limitation of this clinical field study was the use of mares of different breeds, age and
377 status, that were treated individually after insemination and ovulation, and owned by different
378 private owners with variable management routines. Different types of semen (chilled *versus*
379 frozen-thawed) were used with a high variance of semen quality and quantity. However, the
380 investigators made substantial efforts to standardize test conditions and solid statistical
381 methods were applied. Therefore, the results of this study warrant further investigation, i.e.
382 confirmation of results with a higher number of homogenous animals and semen, as well as
383 research on the underlying mechanisms that contributed to the findings.

384

385

386 **5. Conclusion for practice**

387 In conclusion, multiple periovulatory inseminations in close time frame to ovulation, an
388 approach to natural conditions, resulted in significantly higher pregnancy rates along with
389 significantly less uterine fluid accumulation compared to a standard periovulatory double
390 insemination regime. In addition, in normal mares, multiple inseminations seemed to not have
391 any clinically measurable negative effects on cytological or bacteriological results. Therefore,
392 inseminations up to four times can be recommended without restriction in normal mares.
393 Management of susceptible mares is more complex and a single insemination followed by
394 treatment suiting the clinical symptoms should remain the gold standard in such cases until
395 further similar studies on multiple inseminations demonstrate otherwise.

396

397

398 **Acknowledgments**

399 Our acknowledgements go to

400

401

402 **Conflict of Interest Statement:**

403 The authors declare no conflict of interest.

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406 **Author contributions:**

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521 **Figures and Tables**

522

523 **Figure 1** Pregnancy outcome (in %) in mares inseminated at different intervals with one total
524 dose of either chilled or frozen semen. Group DI (double insemination) was inseminated
525 twice ($n = 32$). Group MISI (multiple insemination short interval) was inseminated four times
526 in relatively short intervals ($n = 25$), and group MILI (multiple insemination long interval)
527 four times in relatively long intervals ($n = 18$). There was no significant difference in
528 pregnancy rates regarding semen type used.

529

530 **Abb. 1** Trächtigkeitsergebnisse (in %) von Stuten, die in unterschiedlichen Intervallen mit
531 jeweils total einer Portion Kühl- oder Gefriersperma besamt wurden. Stuten der Gruppe DI
532 wurden zweimal besamt ($n = 32$), diejenigen der Gruppe MISI viermal in relativ kurzen
533 Intervallen ($n = 25$) und Stuten der Gruppe MILI viermal in relativ langen Intervallen ($n =$

534 18). Bezüglich des verwendeten Samentyps (gekühlt oder tiefgefrorenen) gab es keine
 535 signifikanten Unterschiede der Trächtigkeitsraten.

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538 **Table 1** Numbers of examinations (*n*) and proportions (%) of 75 mares with positive
 539 ultrasonographic [presence of uterine fluid accumulation and mean fluid accumulation (mm ±
 540 SD)], bacteriological (presence of colonies) and cytological (presence of PMN-cells) evidence
 541 of endometrial symptoms after double insemination (group DI), multiple inseminations in a
 542 short interval (group MISI) or multiple inseminations in a long interval (group MILI).

543

544 **Tabelle 1** Gesamtanzahl Stuten pro Untersuchungsgruppe (n) sowie Anzahl (n) und
 545 prozentualer Anteil (%) von Stuten mit positivem Ultraschallbefund (Vorliegen einer
 546 Flüssigkeitsansammlung, mittlere Flüssigkeitsansammlung in mm ± Standardabweichung),
 547 von Stuten mit bakteriologischem (Vorliegen von Kolonien) und zytologischem Hinweis
 548 (Vorliegen von PMN-Zellen) auf endometriale Symptome nach Doppelbesamung (Gruppe
 549 DI), Mehrfachbesamungen mit Kurzzeit-Intervallen (Gruppe MISI) oder
 550 Mehrfachbesamungen mit Langzeit-Intervallen (Gruppe MILI).

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Parameter		Double inseminations	Multiple inseminations		
			Total	MISI	MILI
Uterine fluid accumulation (ultrasonographic evolution)	mares (n)	32	43	25	18
	positive mares (n)	11	9	1	8
	(%)	34.4	20.9	4.0	44.5
	mean fluid accumulation (mm ± SD)	6.2 ± 11.5	4.7 ± 10.7	0.8 ± 4.0	10.2 ± 14.4
Bacteriological evolution	mares (n)	21	39	22	17
	positive mares (n)	2	7	1	6
	(%)	9.5	18.0	4.6	35.3
Cytological evolution	mares (n)	22	38	21	17
	positive mares (n)	18	32	16	15
	(%)	81.8	81.6	76.2	88.2

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556 Data are presented as number of horses (*n*) or means \pm standard deviations (SD)

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