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Controlled Attenuation Parameter reflects steatosis in compensated advanced chronic liver disease

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Abbreviations

AUROC- area under the receiving operating characteristic curves; BMI- Body Mass Index; cACLD- compensated advanced chronic liver disease; CAP- Controlled Attenuation Parameter; HVPG- hepatic venous pressure gradient; IQR- interquartile range; IQR/M- IQR/Median; LR- likelihood ratio; LSM- liver stiffness measurement; NAFLD- non alcoholic fatty liver disease; NASH- non alcoholic steatohepatitis; TJLB- transjugular liver biopsy; ULN- upper limit of normality

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RP: design of the database; acquisition of data; analysis of the data and drafting the manuscript; **SGR, MM, GM:** acquisition of data, interpretation of data and manuscript critical revision for important intellectual content; **MGD, SC, NS, GS, ADG, JFD:** manuscript critical revision for important intellectual content; **AB:** study concept and design, analysis and interpretation of data, drafting of manuscript; study supervision. All authors have read and approved the final version.

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Abstract

Background & Aims: Controlled Attenuation Parameter (CAP) for steatosis assessment has not been validated in compensated advanced chronic liver disease cACLD. We primarily aimed at assessing the accuracy of CAP for the diagnosis and quantification of steatosis in cACLD. Secondary aim: to assess the validity of non-invasive criteria for cACLD according to liver stiffness measurement (LSM).

Methods: This is a single center retrospective study including patients with cACLD defined as LSM ≥ 10 kPa, CAP measurement and liver biopsy (reference standard for steatosis and fibrosis) observed in 06/2015-06/2017. Steatosis was graded as S0 (<5%), S1 (5-32%), S2 (33-66%) and S3 (>66%). The diagnostic performance of CAP for any grade of steatosis and for high-grade steatosis ($\geq S2$) was studied.

Results: Among 461 consecutive patients, 111 with LSM-based diagnosis of cACLD were included (63% male, median age 55 yrs, median BMI 28.1 Kg/m², etiology: 32% NAFLD/NASH, 32% alcohol or viral +metabolic syndrome, 15% viral, 6% autoimmune, 4% alcohol, 11% others). Median LSM and CAP were 16.1 kPa and 277 dB/m, respectively. On liver biopsy, steatosis was found in 88/111 patients (79%); 44 patients (43 with metabolic syndrome) had high-grade steatosis.

CAP was accurate in identifying any grade of steatosis (AUROC 0.847;95%CI 0.767-0.926, $p<0.0001$), and $\geq S2$ steatosis (0.860;95%CI 0.788-0.932, $p<0.0001$). CAP performed similarly in patients with CAP-IQR $\geq$ or <40 dB/m.

Conclusions: Steatosis is frequent in patients with cACLD and metabolic syndrome. CAP diagnostic accuracy for any steatosis and high-grade steatosis is good in this population. A CAP-IQR ≥ 40 dB/m does not impair CAP diagnostic accuracy in cACLD.

Keywords: Liver cirrhosis; steatosis, liver biopsy; liver stiffness; NASH.

Lay Summary

- Steatosis (fatty liver) is currently frequent in patients with histologically confirmed advanced liver fibrosis or cirrhosis, particularly if features of metabolic syndrome are present (obesity, increased arterial blood pressure, diabetes, increased cholesterol and/or triglycerids)
- CAP reflects intrahepatic fat content with good accuracy, and is more useful to exclude steatosis than to identify it

INTRODUCTION

Steatosis due to nonalcoholic fatty liver disease (NAFLD) has become one of the most frequent causes of referral for chronic liver disease(1) and the progressive form of NAFLD (non-alcoholic steato-hepatitis-NASH) is associated with increased risk of cirrhosis(2) and hepatocellular carcinoma development, even in non-cirrhotic livers(3). Furthermore, steatosis is an important co-factor of progression in chronic liver disease of any cause(4, 5). In patients with compensated advanced chronic liver disease (cACLD, corresponding to bridging fibrosis or cirrhosis)(6), overweight/obesity- the main determinants of an increased liver fat content- predict clinical decompensation independent of portal pressure and serum albumin(7). Moreover, in patients with cACLD due to chronic Hepatitis C, steatosis was associated with a higher risk of progression to cirrhosis or its complications(8). This data underlines the importance of correctly diagnosing and quantifying liver fat content in patients with cACLD. However, liver biopsy is not routinely performed in patients with cACLD, who are well diagnosed by liver stiffness measurement (LSM). Recently, controlled attenuation parameter (CAP) has become available(9, 10). This simple, non-invasive technique allows diagnosing and quantifying liver fat content simultaneously to LSM using FibroScan®(11). A recent meta-analysis confirmed that CAP is a reliable method to diagnose significant steatosis(12). On the other hand, LSM are higher in patients with higher CAP, and, in turn, patients with LSM >10 kPa show higher CAP values even in the absence of severe steatosis, suggesting a complex interaction between the two(12)(13, 14). Since severe fibrosis or cirrhosis was present in only 20-25% of cases included in previous studies (12, 15), CAP has been insufficiently studied in this population. In addition, it is assumed that liver fat content spontaneously decreases as liver fibrosis progresses to cirrhosis(16, 17), and high grades of steatosis are considered unlikely in cACLD. However, in a study performed by our group in patients with cACLD, CAP values ≥ 220 dB/m were associated with clinically relevant events (18), but due to the lack of histological data, we could not prove that a higher CAP mirrored an increased fat content in this specific population. We hypothesized that due to the increased prevalence of obesity, liver steatosis would be frequent on histology in a contemporary population of patients with cACLD of any cause, and that CAP would maintain its diagnostic ability even in this specific group of patients.

The primary aim of the present study was then to assess the accuracy of CAP for diagnosis and quantification of steatosis in patients with cACLD of any cause taking histology as a gold standard. Secondary aims were to assess the performance of the non-invasive criteria for cACLD suggested by the Baveno VI recommendations based on LSM and the reliability of CAP measurement based on CAP interquartile range (IQR) (13) in patients with cACLD.

METHODS

This is a single center retrospective study that took place at Hepatology, Inselspital, University of Bern, Switzerland. The study was approved by the Ethical Committee of the Canton Bern (EK BE 2017-00501).

For the inclusion in this study, presence of cACLD was a mandatory criterion. cACLD was defined non-invasively according to the Baveno VI criteria, by $\text{LSM} \geq 10$ kPa using transient elastography (FibroScan, Echosense, France), irrespective of whether it was measured by M or XL probe.

We reviewed all consecutive patients who underwent a liver biopsy for diagnostic assessment or staging of a chronic liver disease of any etiology at our center between June 2015 and June 2017. In addition to a $\text{LSM} \geq 10$ kPa, a CAP measurement within 6 months prior to the liver biopsy was required.

We excluded patients with any previous or ongoing hepatic decompensation (defined as ascites, variceal bleeding, hepatic encephalopathy, jaundice), with AST and/or ALT > 5 times ULN(19), those with an invalid LSM measurement ($\text{IQR}/\text{M} > 0.30$), and those in whom the quality of the histological sample was insufficient for a proper interpretation. Figure 1 illustrates the selection flow-chart.

Clinical and laboratory variables were collected at the closest time of liver biopsy (in any case within 3 months). Alcohol consumption at the time of biopsy was classified as none, mild (<20 g/day for women, and <30 g/day for men) or moderate/severe (Table 1).

LSM and CAP measurement

After ≥ 6 hour fast, LSM and CAP were simultaneously measured with FibroScan 502 Touch (Echosens, Paris, France) using the appropriate probe (M or XL), according to the skin-capsule distance. For CAP, attenuation of the transmitted waves was measured automatically in the central frequency of the probe and was expressed in dB/m. Only patients with valid LSM measurements were included(9, 19), and the final LSM (in kPa) and CAP values (in dB/m) were given as the median of 10 valid measurements and IQR. LSM was further classified in three categories according to the Baveno VI definitions(6): LSM 10-15 kPa: suggestive of cACLD; LSM >15 kPa: highly suggestive of cACLD; LSM ≥ 21 kPa compatible with clinically significant portal hypertension (CSPH).

The following CAP cut-offs previously published were tested: for any degree of steatosis ≥ 220 dB/m(18) and ≥ 248 dB/m(12); for S2-S3: ≥ 268 dB/m(12); for S3: ≥ 280 dB/m(12).

Liver histology

Liver biopsies were performed using either percutaneous or transjugular access. Briefly, percutaneous liver biopsies were performed with ultrasound assistance, according to Menghini's technique, as previously described(20), using a 17G biopsy needle (Hepafix®, Braun, Germany). The technique used for transjugular liver biopsy (TJLB) at our center is described in detail elsewhere(21). Samples were fixed in formalin, and were sent to the pathology department. Stainings included Hematoxylin-Eosin, Reticulin and Masson's trichrome (chromotrope aniline blue). An expert pathologist scored fibrosis according to the METAVIR, Brunt, or Ishak scores, as required by the disease etiology. Fibrosis was assessed semiquantitatively, and cirrhosis was defined by the presence of septa and nodules. Advanced chronic liver disease (ACLD) on histology was defined as a bridging fibrosis or cirrhosis, irrespective of the etiology. Steatosis was graded as S0 (<5%), S1 (5-32%), S2 (33-66%), S3 (>66%) in relation to the percentage of hepatocytes containing fat droplets(22).

The representativeness of the biopsy was scored using the length of the biopsy specimen and the number of portal tracts. A biopsy was considered optimal in the case of a specimen of at least 20 mm in length or with at least 15 portal tracts; sufficient when the specimen was not 20 mm in length, but had at least 11 portal tracts and suboptimal in the remaining cases(23). Patients in whom liver fibrosis could not be staged on histology were excluded from the analysis.

Statistical Analysis

Quantitative variables normally distributed were expressed as mean and standard deviation, while not-normally distributed variables were shown as median and interquartile range. Comparison of CAP values across to steatosis grade was obtained by Kruskal-Wallis test. Comparison of quantitative variables between two groups was done by using T test or non-parametric tests, according to the normality of the distribution. Comparison of proportions was done by Fisher Exact test or Kruskal-Wallis test, as appropriate. The discriminative ability of CAP for any grade of steatosis and for S2-S3

steatosis was studied using the area under the receiving operating characteristic curves (AUROC). Sensitivity, Specificity, positive (+LR) and negative likelihood ratios (-LR) and accuracy were calculated for previously published and pre-defined CAP cut-offs for steatosis(12, 18).

Data were analyzed using SPSS statistics version 23 (SPSS Inc., Chicago, IL, USA).

RESULTS

461 consecutive patients underwent biopsy (transjugular or percutaneous) for liver disease at our center in the study period. Among them, 147 patients met the Baveno VI definition of cACLD according to LSM. After excluding patients with invalid measurements or exceeding the allowed time period between biopsy and LSM, AST and/or ALT >5 times ULN (n=13), 111 patients (60% percutaneous biopsy, 40% TJLB) were included in the final analysis (Figure 1).

The characteristics of the included patients are summarized in Table 1. In brief, 63% were male, and most were overweight (median BMI 28.1 Kg/m², 36% obese). More than a half of the population had a metabolic syndrome component: in 32% the liver disease was due to NAFLD/NASH while an additional 32% had viral or alcohol related liver disease and metabolic syndrome as a co-factor.

As for transient elastography, 71% of patients were studied using M probe, while 29% underwent measurements with XL probe. Median LSM was 16.1 kPa (range 10-75). 42% of patients had a LSM between 10 and 15 kPa, while 58 % had a LSM ≥15 kPa. In 34% LSM was ≥ 21 kPa.

Table 2 shows the histological stage of fibrosis according to the result of LSM. As shown, using a cut-off of 10 kPa, the presence of ACLD was overestimated in about 40% of patients, while among patients with LSM ≥ 21 kPa 82% had ACLD confirmed on histology. As for factors associated with misdiagnosis of cACLD, ongoing alcohol consumption and components of the metabolic syndrome could be identified

(Supplementary Table 1). Fat content per se or CAP did not explain misclassification of fibrosis in this series.

87% of the biopsy samples were large enough to be considered well representative.

On histology, fibrosis was found in 98/111 (88%), being mild in 11%, moderate in 17%, and bridging fibrosis or cirrhosis in 72%.

CAP and histological steatosis in patients with cACLD diagnosed according to the Baveno VI criteria

In the 111 patients analyzed, the median CAP value was 277 dB/m. Table 1 shows the distribution of patients according to the different CAP cut-offs. In 78 patients (70%) CAP was ≥ 220 dB/m.

On liver biopsy, steatosis was found in 88/111 (79%) of patients. 44 patients had a high grade steatosis ($\geq 33\%$; $\geq S2$). 43 out of these 44 cases were patients with NAFLD/NASH or with alcoholic or viral disease in combination with metabolic syndrome.

CAP was accurate in identifying steatosis of any grade, with an area under the ROC curve (AUROC) of 0.847 (95%, CI 0.767-0.926, $p < 0.0001$) (Figure 2, Panel A). Similar good results were found for the detection of S2-S3 steatosis (AUROC 0.860; 95% CI 0.788-0.932, $p < 0.0001$) (Figure 2, Panel B).

Results regarding the accuracy of previously published CAP cut-offs for the detection of any grade of steatosis and high-grade steatosis are shown in Table 3.

To detect any degree of steatosis, accuracy was similar for the two studied cut-offs: 80.2% for the cut-off 220 dB/m (95% CI: 71.5%-87.1%) and 79.3 % for the cut-off 248 dB/m (95%CI: 70.6%-86.4%). However, the threshold of 220 dB/m showed a higher sensitivity as compared to the 248 dB/m cut-off (85 % vs. 79 %). For high-grade (S2-S3) steatosis, the cut-off of 268 dB/m showed a very high sensitivity (92.7%) with moderate specificity (70%) and acceptable accuracy (78.4%). For S3 steatosis, the 280 dB/m cut-off resulted in a very high sensitivity (94.1%) but a poor specificity (58.5%) and insufficient accuracy (64%).

CAP and histological steatosis in patients with cACLD confirmed on histology

Bridging fibrosis or cirrhosis (cACLD) were diagnosed on histology in 70/111 patients. Within this group, 54 patients (77%) had at least some steatosis, and 27 (39%) had a significant or high grade of steatosis (S2-S3). The AUROC of CAP for the diagnosis of any grade of steatosis was 0.804 (95% CI 0.683-0.925; $p < 0.001$). For S2-S3 steatosis AUROC was 0.828 (95% CI 0.727-0.930; $p < 0.0001$) (Figure 3). In this subgroup of patients with histologically confirmed cACLD, the 220 dB/m cut-off resulted in a higher sensitivity and in higher accuracy to detect any degree of steatosis as compared to the 248 dB/m cut-off (Table 3). The 268 dB/m cut-off had a sensitivity $>90\%$ and a good accuracy (81%) to discriminate between patients with S0-S1 and S2-S3 steatosis. On the other hand, the accuracy of the 280 dB/m cut-off to identify patients with S3 steatosis was insufficient (61%).

Histologically, a diagnosis of cirrhosis was done in 36 cases (27 with any degree of steatosis, of whom 16 had S2-S3 steatosis). The AUROC of CAP to diagnose any steatosis was 0.871 (0.789-0.953) in patients without cirrhosis, and 0.780 (0.589-0.970) in patients with cirrhosis ($p = 0.39$ vs. no cirrhosis). The best CAP cut-off to identify any steatosis in cirrhosis was 219 dB/m (Sensitivity 85%, Specificity 78%).

The AUROC for S2-S3 steatosis was 0.899 (0.824-0.974) in patients without cirrhosis vs. 0.794 (0.637-0.951) in patients with cirrhosis ($p = 0.21$ vs. no cirrhosis). The best CAP cut-off to identify S2-S3 steatosis in cirrhosis was 270 dB/m (Sensitivity 87%, Specificity 75%).

CAP accuracy for steatosis in patients with and without metabolic syndrome

As expected, the proportion of any steatosis and S2-S3 steatosis differed between patients with and without metabolic syndrome: any steatosis: 98% vs. 41% ($p = 0.03$); S2-S3 steatosis 59% vs. 11% ($p = 0.0004$). The AUROC of CAP to identify any steatosis in patients without metabolic syndrome was good (0.777; 95%CI 0.635-0.919) and for S2-S3 steatosis, CAP performed similarly in patients with and without metabolic syndrome (AUROC 0.790; 95% 0.661-0.919 vs. 0.795; 95% CI 0.582-1.000; comparison of the AUROCS: $p = 0.97$). As for S2-S3 steatosis, the best cut-off in patients with metabolic syndrome was 303 dB/m (Sens 81%, Spec 72%), while it appeared lower in patients without metabolic syndrome: 272 dB/m (Sens 80%, Spec 82%).

Performance of CAP for steatosis in cACLD according to CAP IQR

The discriminative ability of CAP for any grade of steatosis and for S2-S3 steatosis was similar in patients with CAP IQR $\geq$ or $<$ 40 dB/m. For any grade of steatosis: AUROC 0.848 (95% CI: 0.732-0.964, $p<0.001$) with CAP IQR $\geq$ 40 dB/m vs 0.811 (95% CI: 0.670-0.951, $p=0.01$) in patients with CAP IQR $<$ 40 dB/m). For S2-S3 steatosis: AUROC 0.917 (95% CI 0.834- 0.999, $p<0.001$) for CAP IQR $\geq$ 40 dB/m vs. 0.809 (95% CI: 0.693-0.923, $p<0.001$) for CAP $<$ 40 dB/m. The results did not change when the analysis was restricted to patients with histologically confirmed cACLD (Supplementary Material).

Discriminative ability of CAP for the detection of any steatosis and high-grade steatosis according to M and XL probe

In the study population, M probe was used in 71% of cases. No major differences in the performance of CAP for steatosis were observed in M vs. XL probe measurements. For the diagnosis of any grade of steatosis, CAP measured by M probe showed an AUROC of 0.795 (95% CI 0.691-0.898; $p<0.0001$). For S2-S3 steatosis, the AUROC was 0.836 (95% CI 0.737-0.936; $p<0.0001$).

Using XL probe, CAP showed an AUROC of 0.958 (95% CI 0.884-1.00; $p=0.032$) for the diagnosis of any grade of steatosis, and of 0.871 (95% CI 0.742-1.00; $p<0.0001$) for S2-S3 steatosis.

Restricting the analysis to patients with histologically confirmed cACLD, similar results were observed (Supplementary Material).

DISCUSSION

The non-invasive identification and risk stratification of patients with cACLD is challenging, but of high importance given that at this stage of the disease the risk of developing portal hypertension and hepatocellular carcinoma is markedly increased. Steatosis is associated with progression of liver fibrosis and to increased risk of clinical decompensation in this population(8). On the other hand, severe steatosis is associated with an overestimation of liver fibrosis by transient elastography(13-15). Hence, reliable tests mirroring the presence and grade of steatosis are needed for a correct risk stratification in the setting of compensated patients assumed or confirmed to have a cACLD.

In the present work, we aimed to assess the reliability of CAP in a contemporary population of patients with cACLD of any etiology diagnosed by LSM according to the Baveno VI criteria(6), using histology as a gold standard for steatosis.

Contrarily to what was previously assumed(16, 17), here we were able to prove that steatosis is nowadays very frequent in patients with histologically confirmed bridging fibrosis or cirrhosis, being observed in 77% of the patients. However, not surprisingly, a significant or severe liver fat content was almost exclusively observed in patients with metabolic syndrome, either as the sole cause of cACLD or as a cofactor added to other etiologies. This implies, that given its negative prognostic role in this population, high-grade steatosis should be clinically suspected and carefully investigated for in patients with cACLD and overweight/obesity and/or metabolic risk factors(8).

In this cohort, we have shown that CAP is able to identify any grade of steatosis and S2-S3 steatosis with good accuracy, with results that do not differ from those obtained in patients with less severe chronic liver disease(12). Importantly, the results did not change if we restricted the analysis to patients in whom severe fibrosis or cirrhosis was confirmed on histology.

In our population, a CAP IQR of less than 40 dB/m did not further improved CAP diagnostic accuracy, and this differs from the results obtained in milder chronic liver disease(13).

As for probe size, CAP measured either with M or XL probe seemed to be similarly for steatosis or high-grade steatosis, confirming data recently obtained in Asian patients(24). Our study is the first analyzing the diagnostic performance of CAP vs. histology in the setting of cACLD, and our data support that the cut-off of 268 dB/m(12) is accurate to rule-out high-grade steatosis in cACLD.

In addition, our results validate the cut-off of 220 dB/m, which we previously used and that was associated with increased morbidity in patients with cACLD independent of LSM(18). This CAP cut-off holds a >80% sensitivity for steatosis detection, performing better than that proposed in the recent meta-analysis for this specific aim(12).

We acknowledge that our study suffers from limitations. It is a retrospective and single center study, and it included a relatively low number of individuals; in addition, our population showed a high prevalence of NAFLD and metabolic syndrome and the pre-test probability of steatosis and S2-S3 steatosis was therefore high in our patients. Given to that liver biopsy is an imperfect gold-standard and sampling error can lead to under- or overestimation of fibrosis(25), we cannot exclude that some of the patients considered as misclassified by LSM might instead have cACLD not evident on the biopsy sample. Finally, the Baveno criteria for cACLD identification showed a high proportion of false positive results in the present series; overestimation of fibrosis was more frequent in patients with metabolic syndrome and/or NAFLD/NASH, confirming previous data(4)(15)(16), and suggesting caution in the interpretation of LSM in this context. Importantly, the results regarding CAP accuracy were confirmed in patients with histologically proven bridging fibrosis or cirrhosis.

In conclusion, steatosis was very frequent in a contemporary population of patients with histologically confirmed advanced fibrosis or cirrhosis and severe steatosis likelihood is high in patients with clinical features of metabolic syndrome, irrespective of the main etiology of cACLD. CAP reflected intrahepatic fat content with good accuracy, being better at ruling-out steatosis and high-grade steatosis than at diagnosing them.

Table 1. Clinical characteristics of the included population (n=111).

Age, mean $\pm$ SD	55.3 $\pm$ 12.7
Male sex, N (%)	70 (63)
Body mass Index (Kg/m²) mean $\pm$ SD	28.1 $\pm$ 5.5
Etiology	
NAFLD/NASH, %	32
Any other etiology + metabolic component, %	32
viral, %	15
alcohol, %	4
autoimmune, %	6
others, %	11
Laboratory values	
Platelets (G/L), mean $\pm$ SD	185 $\pm$ 93
Total bilirubin (μ mol/l), mean $\pm$ SD	19.5 $\pm$ 36.7
AST (U/l), mean $\pm$ SD	99 $\pm$ 34
ALT (U/l), mean $\pm$ SD	66 $\pm$ 40
Albumin (g/l), mean $\pm$ SD	37 $\pm$ 10
Glucose (mmol/l) mean $\pm$ SD	6.2 $\pm$ 2.7
Insulin (mU/l), mean $\pm$ SD	19.8 $\pm$ 14.5
Total cholesterol (mmol/l), mean $\pm$ SD	4.76 $\pm$ 1.3
Triglycerides (mmol/l), mean $\pm$ SD	1.6 $\pm$ 1.06
ALP (U/l), mean $\pm$ SD	120 $\pm$ 136
GammaGT (U/l), mean $\pm$ SD	270 $\pm$ 418
Creatinine (μ mol/l), mean $\pm$ SD	75 $\pm$ 32
Transient elastography probe used	
M Probe (%)	71
XL Probe (%)	29
Liver stiffness	
LS: 10-15 kPa, N (%)	47 (42.3)
LS: >15 kPa, N (%)	64 (57.7)

LS: ≥ 21 kPa, N (%)	34 (30.6)
CAP	
≥ 220 dB/m, N(%)	78 (70.3)
≥ 248 dB/m, N(%)	69 (62.2)
≥ 268 dB/m, N(%)	59 (53.2)
≥ 280 dB/m, N(%)	55 (49.5)
CAP IQR <40 , N (%)	69 (62)
Representativeness of the biopsy	
Optimal, %	48
Sufficient, %	39
Suboptimal, %	13
Steatosis grade	
S0 ($<5\%$), N (%)	23 (18.5)
S1 (5-32%), N (%)	42 (33.9)
S2 (33-66%), N (%)	24 (19.3)
S3 ($>66\%$), N (%)	20 (16.2)
Fibrosis on LB	
F0-F2, N (%)	41 (36.9)
F3-F4, N (%)	70 (63.1)

	No fibrosis or mild fibrosis	Significant fibrosis, no bridging fibrosis no cirrhosis	Bridging fibrosis or cirrhosis (cACLD)
LSM 10-15 kPa (cACLD likely), n=47	10 (21%)	10 (21%)	27 (58%)
LSM $\geq$ 15 kPa (cACLD very likely), n=64	14 (22%)	7 (11%)	43 (67%)
Subgroup with LSM $\geq$ 21kPa (clinically significant portal hypertension) n=34	4 (12%)	2 (6%)	28 (82%)

Table 2. Liver fibrosis severity on histology according to the LSM cut-offs proposed by the Baveno VI consensus.

Table 3. Diagnostic performance of CAP using previously published cut-offs.

	Cut-off	Sensitivity % (95% CI)	Specificity % (95% CI)	+LR (95% CI)	-LR (95% CI)	Accuracy % (95% CI)
Complete study population: cACLD diagnosed by LSM						
Any steatosis	220 dB/m	85.0 (75.3-92.0)	67.7 (48.6-83.3)	2.63 (1.57-4.42)	0.22 (0.12-0.39)	80.2 (71.5-87.1)
	248 dB/m	78.7 (68.2-87.1)	80.6 (62.5-92.6)	4.07 (1.97-8.42)	0.26 (0.17-0.42)	79.3 (70.5-86.4)
S1-S0 vs. S2-S3	268 dB/m	92.7 (80.1-98.5)	70.0 (57.9-80.4)	3.09 (2.14-4.46)	0.10 (0.03-0.31)	78.4 (69.6-85.6)
S3	280 dB/m	94.1 (71.3-99.9)	58.5 (47.9-68.6)	2.27 (1.74-2.97)	0.10 (0.01-0.68)	64.0 (54.3-72.9)
Histologically confirmed cACLD						
Any steatosis	220 dB/m	83.3 (70.7-92.1)	62.5 (35.4-84.8)	2.22 (1.17-4.23)	0.27 (0.13-0.54)	78.6 (67.1-87.5)
	248 dB/m	74.1 (60.4-85.0)	81.2 (54.4-96.0)	3.95 (1.41-11.1)	0.32 (0.19-0.53)	75.7 (64.0-85.2)
S1-S0 vs. S2-S3	268 dB/m	92.6 (75.7-99.1)	74.4 (58.8-86.5)	3.62 (2.15-6.09)	0.10 (0.03-0.38)	81.4 (70.3-89.7)
S3	280 dB/m	87.5 (47.4-99.7)	58.1 (44.9-70.5)	2.09 (1.41-3.09)	0.22 (0.03-1.36)	61.4 (49.0-72.8)

Figure Legends

Figure 1. Flow-chart of the study population. LS, liver stiffness; CAP, controlled attenuation parameter; cACLD, compensated advanced chronic liver disease.

Figure 2. Discriminative ability of CAP to diagnose steatosis in patients diagnosed of cACLD using the Baveno VI criteria (LSM ≥ 10 kPa). Panel A. CAP for any grade of steatosis. AUROC 0.847 (95% CI 0.767-0.926, $p < 0.0001$). Panel B. CAP for S2-S3 steatosis. AUROC 0.860 (95% CI 0.788-0.932, $p < 0.0001$).

Figure 3. Discriminative ability of CAP for S2-S3 steatosis in patients with histologically proven bridging fibrosis or cirrhosis. AUROC 0.828 (95% CI 0.727-0.930, $p < 0.0001$).

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