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Introducing the 'Young ERC' – starting a chain reaction for international collaboration in the social age

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To the editors,

In 2017 Prof. Jerry Nolan (current chair of the European Resuscitation Council), and Dr. Clare Morden (current chair of the 'Young ERC') founded the 'Young ERC'. Since then the 'Young ERC' met twice at the annual Resuscitation conferences 2018 in Bologna, Italy and 2019 in Ljubljana, Slovenia. Additional efforts to mentor the youth within the European Resuscitation Council are currently available in the form of the ERC ResearchNET and the annual young investigator competition. The 'Young ERC' aims to enable young resuscitation enthusiasts throughout the world to network and share experiences, ideas and opportunities by providing mentoring, education and a social platform. The ultimate goal is to engage the next generation of doctors, nurses, medical students and Emergency Medical Services personnel in shaping the future of the European Resuscitation Council. An additional goal of the 'Young ERC' is to bring together the current possibilities for young resuscitation enthusiasts within

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the European Resuscitation Council. In September 2019, the 'Young ERC' held an election at the Resuscitation conference for the new board members for the period 2020-2022, special representatives were also included in the election. Table 1 shows the current board of the 'Young ERC'.

So far, the 'Young ERC' members had the opportunity to partake first-hand in interesting tasks (e.g. poster tour co-chairing) at the Resuscitation conferences 2018 and 2019. This was perceived as being highly helpful in developing one's own network and sharing experiences with 'Young ERC' members paired with senior advisors. During the 2019 Resuscitation conference an informal get-together was held in Ljubljana, Slovenia. In the year 2020, the 'Young ERC' intends to expand their presence at the Resuscitation conference and is currently seeking opportunities to engage in specific tasks (such as co-chairing of the resuscitation competition, collaboration with the ERC ResearchNet, expanding the online presence, a new quarterly newsletter etc.). Currently the 'Young ERC' is active on social media (twitter handle: Young_ERC; Linked-In group: 'young ERC'). Additionally the 'Young ERC' can be reached via the E-Mail address youngerc1989@gmail.com.

If you are an aspiring young resuscitation enthusiast, please contact us with your ideas and suggestions, as we are intending to start a chain reaction of collaboration and mutual peer support in order to develop the future of the European Resuscitation Council. Our next face-to-face meeting will be held during the Resuscitation conference in 2020 in Manchester, UK. There will also be the opportunity to meet the 'Young ERC' members on the second night of the conference for a social event (exact time and location to be announced).

If you are a senior resuscitation enthusiast please contact us with your ideas and suggestions of where we, as a group of aspiring young resuscitation enthusiasts, could be of assistance. Maybe you would like to share your experience in the form of a Webinar, or you are looking for young researchers or instructors to get involved in your work. We are not only looking for

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collaboration amongst our group members, but also for support from senior resuscitation enthusiasts.

Authors' contributions: SN had the idea; SN drafted the first manuscript; SN JR and CM finalized the manuscript. All authors contributed significantly and approved the final version of the manuscript.

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Competing interests: SN is the current education representative of the 'Young ERC'. JR is the current vice-chair and chair elect of the 'Young ERC'. CM is the current chair of the 'Young ERC'.

Patient consent: not applicable

Ethics approval: not applicable

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Table 1. 'Young ERC' board members (status September 2019)

Role in 'Young ERC'	**Name**	**Country**
Senior Advisor	Jerry Nolan	United Kingdom
Chair	Clare Morden	United Kingdom
Vice-chair and Chair elect	Jessica Rogers	United Kingdom
Vice-chair elect	Brigita Jazbar	Slovenia
Secretary	Maria Georgiou	Cyprus
Special representatives		
Medical students	James Nicholson	United Kingdom
Young investigator	Anna Bichmann	Germany
Research	Kaspar Lauridsen Sebastian Schnaubelt Angel Caballero	Denmark Austria Spain
Education	Sabine Nabecker	Switzerland
Social media	Michael Smith	United Kingdom
Advanced Life Support	Kasper Lauridsen	Denmark
Paediatric Resuscitation	Franziska Wagner	Germany

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