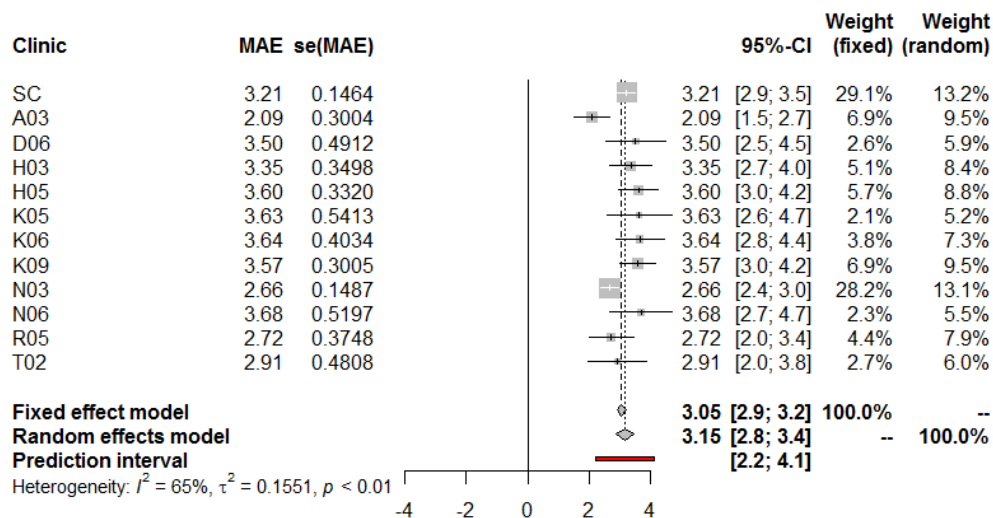


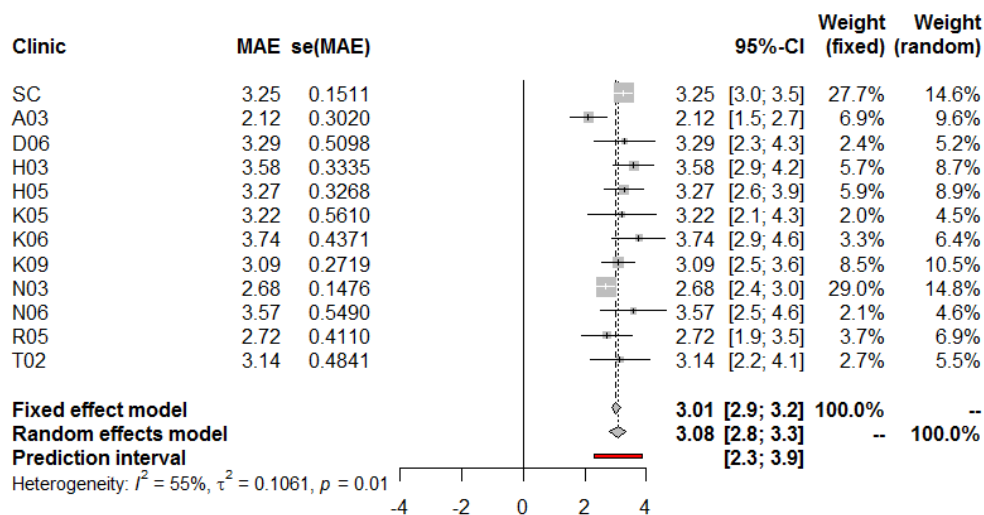
Appendix 1. Choosing the analytical model

The median absolute error (MAE) for the four different modelling approaches was as follows: LASSO regression 3.0, ridge regression 3.0, SVM 1.6, artificial neural network 2.8. The results from the internal-external cross validation (leaving one institution out at a time) are presented below, for the four different models. Based on these results we decided to use SVM.

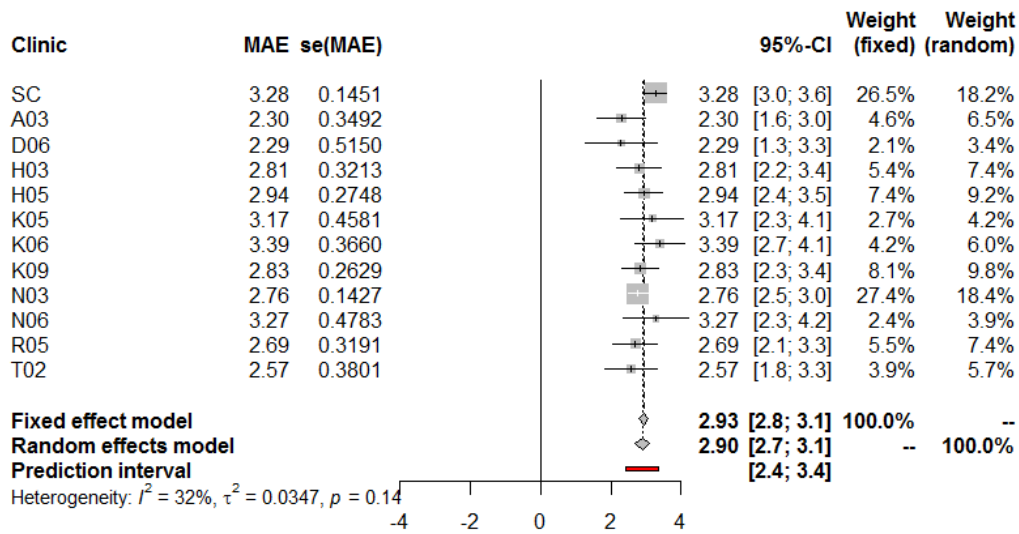
eFigure 1. Internal-external validation using LASSO regression



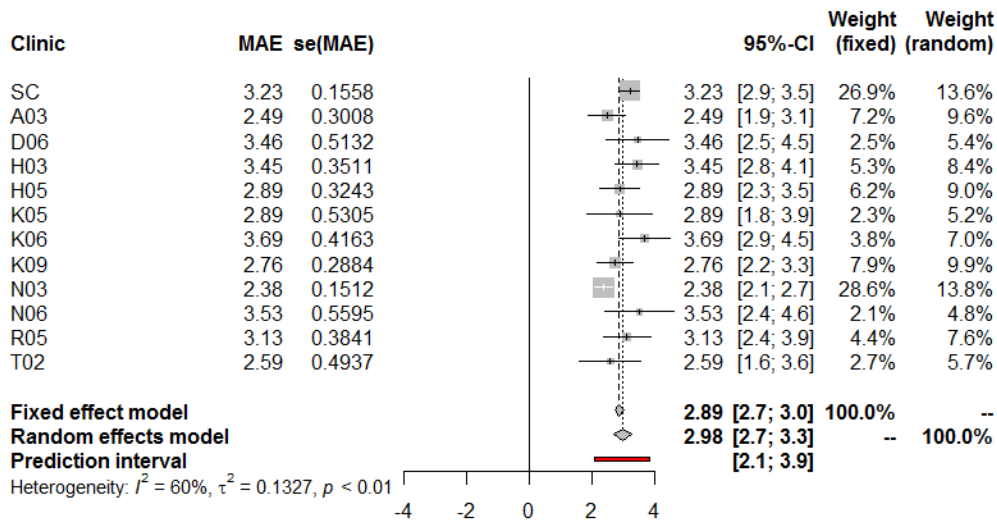
eFigure 2. Internal-external validation using ridge regression



eFigure 3. Internal-external validation using SVM (the same figure as Figure 1)

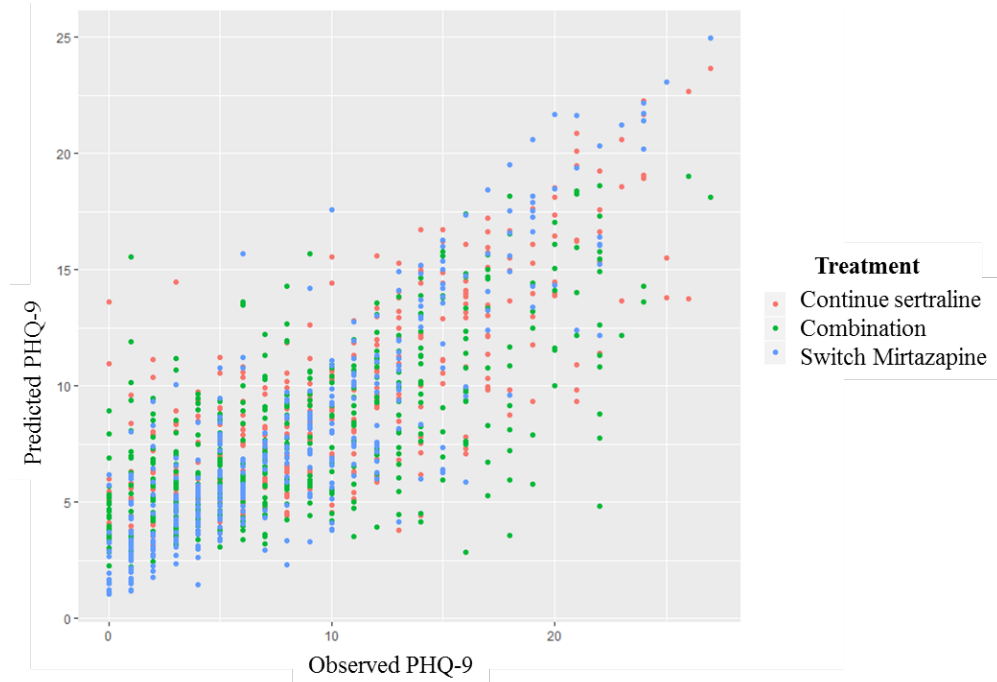


eFigure 3. Internal-external validation using ANN

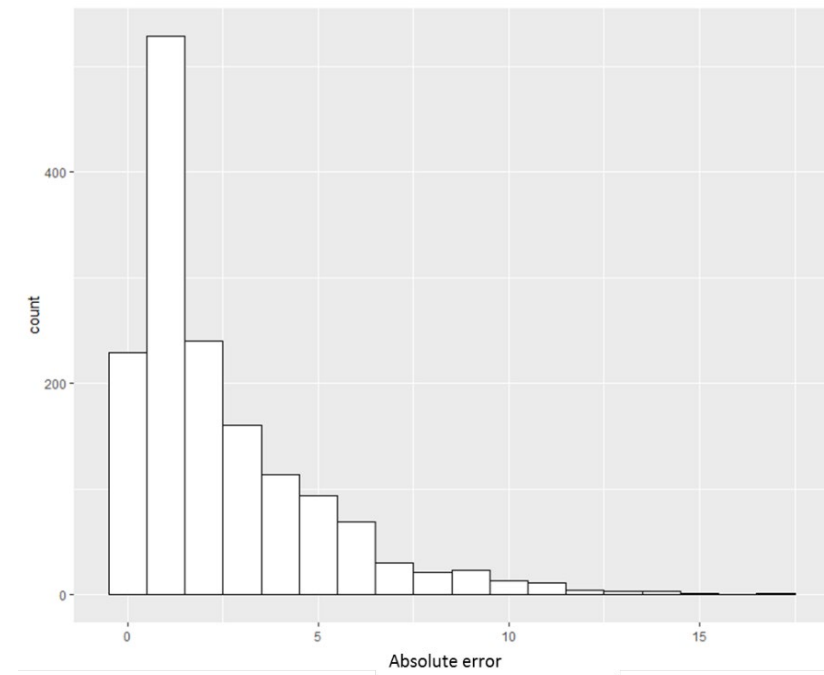


Appendix 2. Apparent performance of the developed full model

eFigure 5. Observed versus predicted PHQ-9 at week 9 using the developed model

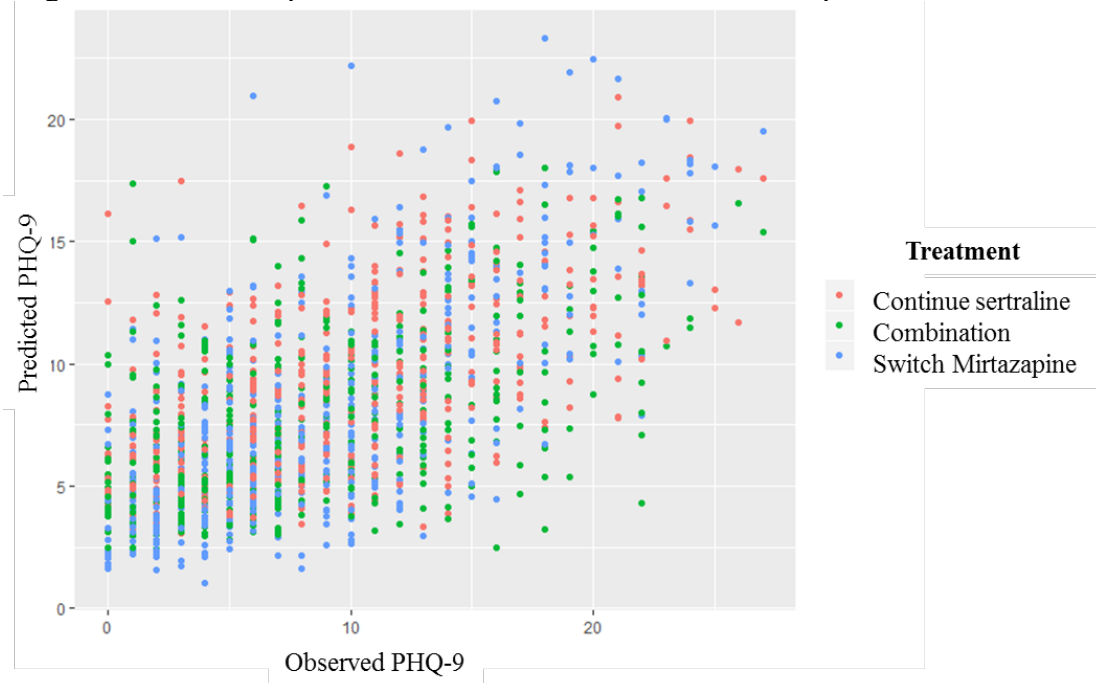


eFigure 6. Histogram of prediction errors (i.e. predicted vs. observed) using the developed model

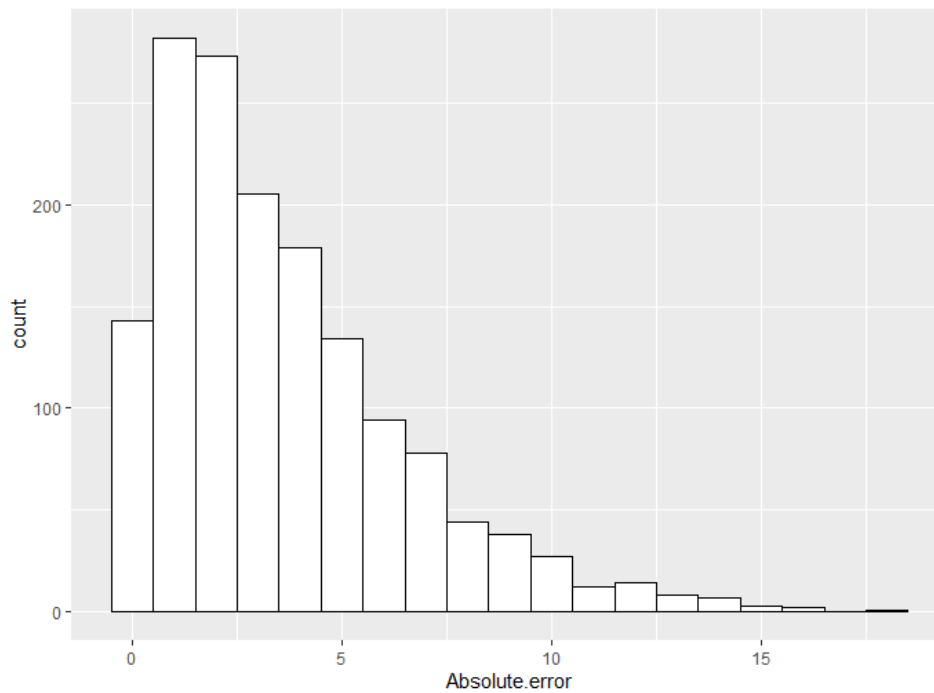


Appendix 3. Performance in leave-one-patient-out cross-validation

eFigure 7. Leave-one-patient-out cross-validation, observed vs. predicted outcomes at week 9.



eFigure 8. Histogram of prediction errors (i.e. predicted vs. observed) in leave-one-patient-out cross-validation



Appendix 4. Characteristics of the obtained subgroups

Table 1. Further details of baseline clinical characteristics

Clinical characteristics	Total sample (n=1544)	Continuing sertraline was the best (n=161)	Combining with mirtazapine was the best (n=678)	Switching to mirtazapine was the best (n=705)
PHQ-9 item scores at baseline, mean (SD)				
Item 1 (anhedonia)	2.5 (0.6)	2.6 (0.5)	2.5 (0.7)	2.5 (0.6)
Item 2 (depressed mood)	2.5 (0.6)	2.6 (0.6)	2.5 (0.6)	2.5 (0.6)
Item 3 (sleep disturbance)	2.4 (0.8)	2.4 (0.8)	2.4 (0.8)	2.3 (0.9)
Item 4 (anergia)	2.6 (0.6)	2.7 (0.4)	2.6 (0.6)	2.6 (0.6)
Item 5 (appetite disturbance)	2.0 (1.0)	2.0 (0.9)	2.0 (1.0)	2.0 (1.0)
Item 6 (low self-esteem)	2.2 (0.9)	2.3 (0.7)	2.2 (0.8)	2.1 (0.9)
Item 7 (concentration difficulties)	2.0 (0.9)	2.1 (0.8)	2.0 (0.9)	1.9 (0.9)
Item 8 (psychomotor symptoms)	1.6 (1.0)	1.8 (0.9)	1.7 (1.0)	1.6 (1.0)
Item 9 (suicidal ideations)	0.9 (0.8)	1.0 (0.8)	0.9 (0.9)	0.8 (0.8)
PHQ-9 item scores at week 1, mean (SD)				
Item 1 (anhedonia)	2.1 (0.8)	2.2 (0.7)	2.2 (0.7)	2.0 (0.8)
Item 2 (depressed mood)	2.1 (0.8)	2.2 (0.7)	2.3 (0.7)	1.9 (0.8)
Item 3 (sleep disturbance)	2.1 (0.9)	2.0 (0.9)	2.1 (0.9)	2.0 (1.0)
Item 4 (anergia)	2.4 (0.7)	2.6 (0.6)	2.5 (0.7)	2.3 (0.8)
Item 5 (appetite disturbance)	1.8 (1.0)	1.8 (1.0)	1.7 (1.0)	1.9 (1.0)
Item 6 (low self-esteem)	1.8 (1.0)	2.3 (0.7)	2.0 (0.9)	1.6 (0.9)
Item 7 (concentration difficulties)	1.6 (1.0)	1.8 (0.9)	1.8 (1.0)	1.4 (1.0)

Item 8 (psychomotor symptoms)	1.2 (1.0)	1.2 (0.9)	1.4 (1.0)	1.1 (0.9)
Item 9 (suicidal ideations)	0.7 (0.8)	0.9 (0.7)	0.8 (0.8)	0.7 (0.8)
PHQ-9 item scores at week 3, mean (SD)				
Item 1 (anhedonia)	1.7 (0.8)	1.8 (0.8)	1.8 (0.8)	1.5 (0.8)
Item 2 (depressed mood)	1.6 (0.8)	1.9 (0.8)	1.8 (0.8)	1.4 (0.7)
Item 3 (sleep disturbance)	1.8 (1.0)	2.0 (0.9)	1.8 (1.0)	1.8 (1.0)
Item 4 (anergia)	2.0 (0.8)	2.3 (0.7)	2.1 (0.8)	1.8 (0.8)
Item 5 (appetite disturbance)	1.5 (1.1)	1.6 (1.0)	1.5 (1.0)	1.5 (1.0)
Item 6 (low self-esteem)	1.5 (1.0)	2.0 (0.9)	1.7 (0.9)	1.2 (0.9)
Item 7 (concentration difficulties)	1.3 (1.0)	1.6 (0.9)	1.4 (1.0)	1.1 (0.9)
Item 8 (psychomotor symptoms)	0.9 (0.9)	1.1 (0.9)	1.1 (1.0)	0.7 (0.8)
Item 9 (suicidal ideations)	0.5 (0.7)	0.7 (0.8)	0.6 (0.8)	0.4 (0.6)
BDI-II scores at week 1				
Item 1	1.5 (0.7)	1.6 (0.7)	1.7 (0.7)	1.3 (0.7)
Item 2	1.5 (0.7)	1.9 (0.6)	1.7 (0.7)	1.3 (0.7)
Item 3	1.4 (0.8)	1.7 (0.7)	1.6 (0.8)	1.2 (0.8)
Item 4	1.6 (0.7)	1.7 (0.7)	1.7 (0.8)	1.4 (0.7)
Item 5	1.1 (0.8)	1.5 (0.7)	1.3 (0.8)	0.9 (0.7)
Item 6	1.2 (1.0)	1.7 (1.0)	1.4 (1.0)	1.0 (1.0)
Item 7	1.6 (0.9)	1.8 (0.8)	1.6 (0.9)	1.4 (0.8)
Item 8	1.5 (0.9)	1.9 (0.7)	1.7 (0.9)	1.3 (0.9)
Item 9	0.8 (0.7)	1.0 (0.6)	0.8 (0.7)	0.7 (0.7)
Item 10	1.3 (0.9)	1.4 (0.8)	1.5 (0.9)	1.1 (0.9)
Item 11	1.2 (0.7)	1.6 (0.8)	1.2 (0.8)	1.0 (0.7)
Item 12	1.4 (0.8)	1.5 (0.7)	1.5 (0.8)	1.2 (0.7)

Item 13	1.4 (0.8)	1.8 (0.8)	1.5 (0.9)	1.2 (0.8)
Item 14	1.4 (0.8)	1.9 (0.7)	1.5 (0.8)	1.2 (0.8)
Item 15	1.6 (0.7)	1.8 (0.7)	1.7 (0.7)	1.6 (0.6)
Item 16	1.5 (0.9)	1.5 (0.9)	1.5 (0.9)	1.5 (0.9)
Item 17	1.0 (0.9)	1.2 (0.9)	1.1 (0.9)	0.8 (0.8)
Item 18	1.2 (0.8)	1.2 (0.8)	1.0 (0.8)	1.3 (0.8)
Item 19	1.5 (0.7)	1.9 (0.7)	1.6 (0.8)	1.4 (0.7)
Item 20	1.6 (0.7)	1.9 (0.7)	1.7 (0.8)	1.4 (0.7)
Item 21	1.5 (1.1)	1.5 (1.0)	1.7 (1.1)	1.4 (1.0)
BDI-II scores at week 3				
Item 1	1.2 (0.7)	1.6 (0.7)	1.4 (0.7)	1.0 (0.6)
Item 2	1.3 (0.8)	1.7 (0.7)	1.5 (0.7)	1.0 (0.7)
Item 3	1.2 (0.8)	1.6 (0.7)	1.4 (0.7)	1.0 (0.8)
Item 4	1.3 (0.7)	1.5 (0.8)	1.5 (0.8)	1.1 (0.6)
Item 5	0.9 (0.8)	1.4 (0.8)	1.1 (0.8)	0.7 (0.7)
Item 6	1.1 (1.0)	1.6 (1.0)	1.2 (1.0)	0.8 (0.9)
Item 7	1.3 (0.8)	1.9 (0.8)	1.4 (0.8)	1.1 (0.8)
Item 8	1.2 (0.9)	1.7 (0.8)	1.4 (0.9)	1.0 (0.8)
Item 9	0.6 (0.7)	0.8 (0.7)	0.7 (0.7)	0.5 (0.6)
Item 10	1.0 (0.9)	1.4 (1.0)	1.2 (1.0)	0.7 (0.8)
Item 11	1.0 (0.7)	1.4 (0.7)	1.1 (0.7)	0.8 (0.6)
Item 12	1.2 (0.7)	1.5 (0.8)	1.3 (0.8)	1.1 (0.7)
Item 13	1.2 (0.8)	1.6 (0.8)	1.3 (0.8)	1.0 (0.7)
Item 14	1.2 (0.8)	1.7 (0.7)	1.4 (0.8)	1.0 (0.8)
Item 15	1.4 (0.7)	1.6 (0.6)	1.5 (0.7)	1.3 (0.6)
Item 16	1.3 (0.8)	1.6 (0.9)	1.2 (0.8)	1.3 (0.8)
Item 17	0.7 (0.8)	1.2 (0.9)	0.8 (0.8)	0.5 (0.7)

Item 18	1.0 (0.8)	1.1 (0.8)	1.0 (0.7)	1.0 (0.8)
Item 19	1.3 (0.7)	1.7 (0.7)	1.4 (0.7)	1.2 (0.6)
Item 20	1.4 (0.8)	1.8 (0.8)	1.5 (0.8)	1.2 (0.7)
Item 21	1.5 (1.1)	1.6 (1.0)	1.6 (1.1)	1.3 (1.0)
FIBSER item scores at week 1, mean (SD)				
Item 1 (frequency)	2.4 (1.7)	2.7 (1.6)	2.6 (1.7)	2.3 (1.6)
Item 2 (intensity)	2.4 (1.4)	2.9 (1.5)	2.5 (1.5)	2.3 (1.4)
Item 3 (burden)	1.9 (1.2)	2.3 (1.3)	2.0 (1.3)	1.7 (1.1)
FIBSER item scores at week 3, mean (SD)				
Item 1 (frequency)	2.5 (1.7)	2.0 (1.6)	2.9 (1.7)	2.3 (1.6)
Item 2 (intensity)	2.5 (1.5)	2.2 (1.3)	2.9 (1.5)	2.2 (1.3)
Item 3 (burden)	2.0 (1.3)	1.8 (1.1)	2.3 (1.4)	1.78(1.1)

CI: confidence interval. SD: standard deviation.

BDI-II: Beck Depression Inventory, 2nd edition. FIBSER: Frequency, Intensity and Burden of Side Effects Rating. PHQ-9: Patient Health Questionnaire-9

Appendix 4. Snapshots from the web app

cinema.ispm.unibe.ch/shinies/sund/

Prediction model in a pragmatic megatrial of acute treatment for major depression

Examples

- Patient with covariate values set to the average of the population
- Case of a patient belonging to group 1
- Case of a patient belonging to group 2
- Case of a patient belonging to group 3

Input patient characteristics

Age in years

25 42 75

25 30 35 40 45 50 55 60 65 70 75

Sex

Male

Female

Years of education

8 14 28

8 10 12 14 16 18 20 22 24 26 28

Employment

Full time employment

Marital status

Married

Result Input data

The predicted PHQ9 score after 6 weeks, if continuing on sertraline, is 7.9.
 The predicted PHQ9 score after 6 weeks, if combining sertraline and mirtazapine, is 6.1.
 The predicted PHQ9 score after 6 weeks, if switching to mirtazapine, is 6.9.

Treatment Strategy	Predicted PHQ9 score after 6 weeks
Continue	7.9
Combine	6.1
Switch	6.9

For an appreciation of the uncertainty in relative treatment effects please see the paper, Table 2.

The best predicted treatment strategy is to combine sertraline and mirtazapine (or switch to mirtazapine).

cinema.ispm.unibe.ch/shinies/sund/

Prediction model in a pragmatic megatrial of acute treatment for major depression

Examples

- Patient with covariate values set to the average of the population
- Case of a patient belonging to group 1
- Case of a patient belonging to group 2
- Case of a patient belonging to group 3

Input patient characteristics

Age in years

25 40 75

25 30 35 40 45 50 55 60 65 70 75

Sex

Male

Female

Years of education

8 10 28

8 10 12 14 16 18 20 22 24 26 28

Employment

On-sick leave

Marital status

Widowed

Result Input data

The predicted PHQ9 score after 6 weeks, if continuing on sertraline, is 8.6.
 The predicted PHQ9 score after 6 weeks, if combining sertraline and mirtazapine, is 7.6.
 The predicted PHQ9 score after 6 weeks, if switching to mirtazapine, is 6.5.

Treatment Strategy	Predicted PHQ9 score after 6 weeks
Continue	8.6
Combine	7.6
Switch	6.5

For an appreciation of the uncertainty in relative treatment effects please see the paper, Table 2.

The best predicted treatment strategy is to switch to mirtazapine (or combine sertraline and mirtazapine).

For details, please visit <https://cinema.ispm.unibe.ch/shinies/sund/>.