Emerging Therapies for Eosinophilic Gastrointestinal Diseases

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30 Abstract

Besides eosinophilic esophagitis (EoE), other eosinophilic gastrointestinal diseases (EGIDs), 31 such as eosinophilic gastritis (EG), eosinophilic gastroenteritis (EGE), and eosinophilic colitis 32 33 (EC), are increasingly diagnosed over the last decade. Whilst diagnosis and therapy of EoE have been standardized, the diagnosis and therapy of other EGIDs are areas of active research. 34 35 Motivated by the increasing prevalence of these conditions, concerted efforts of different stakeholders have led to the evaluation of targeted biologic therapies for EGID management 36 over the last couple of years, and several promising molecules are currently in the pipeline. This 37 review article provides an overview of targeted biologic therapies for use in EGIDs. 38

39 Key words

Abbreviations: CCR3, C-C chemokine receptor type 3; EC, eosinophilic colitis; EoE,
eosinophilic esophagitis; EG, eosinophilic gastritis; EGE, eosinophilic gastroenteritis; EGIDs,
eosinophilic gastrointestinal diseases; IL, interleukin; MAdCAM-1, mucosal addressing cell
adhesion molecule-1; Siglec-8, sialic acid–binding immunoglobulin-like lectin 8; TSLP, thymic
stromal lymphopoietin; T2, type 2.

46 Introduction

Eosinophilic gastrointestinal diseases (EGIDs) include eosinophilic esophagitis (EoE), 47 eosinophilic gastritis (EG), eosinophilic gastroenteritis (EGE), eosinophilic enteritis (EE) 48 involving either duodenum (eosinophilic duodenitis), jejunum (eosinophilic jejunitis), or ileum 49 50 (eosinophilic ileitis), and eosinophilic colitis (EC).[1,2] Due to relative ease of obtaining duodenal 51 biopsies when compared to those from other parts of small intestine, patients with EGE are 52 most likely to have confirmed gastric and duodenal involvement. A consensus exercise among international experts to unify the terminology of EGIDs and establish histologic cutoff values for 53 54 tissue eosinophilia is currently ongoing.[3] These inflammatory gastrointestinal conditions are not classic inflammatory bowel diseases, but manifest by excessive infiltration of eosinophils 55 throughout all layers of the gastrointestinal tract accompanied by that of other inflammatory 56 57 cells, such as lymphocytes, mast cells, macrophages.[4] EGIDs are characterized by type 2 (T2) 58 inflammatory infiltrate and are often associated with symptoms related to location and extent of involvement.[5,6] 59

EoE often presents with dysphagia, food aversion, nausea, or abdominal/chest pain.[3] Children 60 may present with vague symptoms, such as food aversion and failure to thrive. EGE often 61 62 presents with nausea, abdominal pain, or bloating.[6] EE may also present with nausea, 63 abdominal pain, or bloating, and may also cause loose stools, symptoms similar to irritable bowel syndrome, anemia, or protein loss.[7] EC may present with loose stool or blood in stool 64 65 associated with abdominal cramping/pain. Patients with EGIDs have increased risk of multiple site involvement.[5,7] For example, the risk of having EGE is increased in those with EoE. 66 67 Symptom presentation of EE and EC may depend on the involved wall layers. Mucosal layer disease typically manifests with diarrhea, muscle layer disease presents with cramps and 68 potentially strictures, whereas serosal disease typically manifests with eosinophilic ascites.[4-7] 69 EoE is the most commonly identified EGID with established consensus on histopathologic 70

criteria for diagnosis.[8] Prevalence of EoE is estimated at 1/2000 inhabitants in industrialized
countries, whereas EG, EGE, and EC are much less prevalent. Based on an insurance claims
database, standardized estimated prevalence of EG, EGE, and EC were 6.3/100,000,
8.4/100,000, and 3.3/100,000, respectively.[9]

75 It appears that the immune dysregulation in EG, EGE, and EE mimics that seen in other eosinophil-related disorders. Studies on EoE serve a pivotal role in examining the immune 76 77 responses for other EGIDs.[10,11] We can only assume that events similar to those that occur in EoE lead to subsequent onset of EG, EGE, and EE. It is likely that an initial insult in the form 78 79 of food antigens, pollution, antibiotics, or infection results in the release of mucosal alarmins, such as interleukin (IL)-33, thymic stromal lymphopoietin (TSLP), and IL-25, in response to 80 epithelial stress. These alarmins subsequently enhance the T2 responses by stimulating the 81 82 release of cytokines, such as IL-4, IL-13, and IL-5, by innate lymphoid cells, dendritic cells, and 83 additional immune cells with the subsequent recruitment of mast cells and eosinophils into tissues. Epithelial barrier disruption and tissue remodeling appear to be a hallmark of all EGIDs. 84

Experimental modeling of EoE in mice has demonstrated that adaptive immunity and T2 85 cytokines (especially IL-5 and IL-13) play a key role in the disease process.[12] Similar 86 87 molecular mechanisms have been identified in asthma and eczema, two clinical entities strongly 88 associated with EoE.[12] GWAS studies have identified genes, such as those encoding TSLP and its receptor, involved in susceptibility to atopic disease, such as EoE.[13] A recent study by 89 90 Shoda et al. demonstrated that elevated plasma/serum eotaxin-3, thymus- and activation-91 regulated chemokine, IL-5, and TSLP levels were observed in EG patients compared to control 92 subjects.[14] The plasma eotaxin-3 levels correlated with levels of gastric eotaxin-3 in the EG patients. Similar immune mechanisms have been identified in EGE, and it is likely at least some 93 of these immune processes extend into EC as well. 94

No therapy for management of EGIDs is currently approved by the US Food and Drug Administration. In EoE, approximately 2/3 and 1/3 of patients failed to reach histologic remission following treatment with proton-pump inhibitors and topical corticosteroids, respectively, compared to >85% of patients treated with placebo.[15] Therefore, due to lack of efficacy at least 20-30% of EoE patients require therapeutic approaches other than topical corticosteroids and proton-pump inhibitors.[16] Proton-pump inhibitors and topical corticosteroids have no established efficacy in non-EoE EGIDs.

102 This article reviews data on use of biologic therapies in patients with EGIDs. As EoE is best 103 studied of all EGIDs, most data on use of biologic therapies are available for EoE. The different 104 therapeutic options used in EoE, EG, and eosinophilic duodenitis are summarized in **Table 1**.

105

106 Biologic therapies targeting interleukin 5

IL-5 functions by enhancing the maturation and release of eosinophils from the bone marrow 107 108 into the circulating blood, trafficking of eosinophils into tissues, and promoting eosinophil 109 survival. IL-5 is also crucial for the recruitment of physiological resident intestinal eosinophils.[17] IL-5 was a prime target for initial trials in EoE, as tissue obtained from murine 110 111 EoE models and human esophageal tissue from EoE patients demonstrated upregulation of IL-5.[18] IL-5 knock out mice were protected from developing EoE despite antigen stimulation. The 112 113 efficacy of anti-IL-5 antibodies, mepolizumab and reslizumab, have been previously evaluated in EoE. 114

115 Mepolizumab is a fully humanized monoclonal IgG1 antibody specific for human IL-5. 116 Mepolizumab blocks the binding of human IL-5 to the α -chain of the IL-5 receptor (IL-5R α) 117 complex, which is mainly expressed on the eosinophil cell surface. Efficacy of mepolizumab was 118 evaluated in a small proof-of-concept trial of four adult patients with EoE.[19] In this series,

subjects received three monthly doses (10 mg/kg, maximum 750 mg) of mepolizumab 119 120 intravenously, and the esophageal histology and general health-related quality of life were compared between baseline and 12 weeks following first infusion. Following treatment, patients 121 122 had improved clinical activity and quality of life, and decreases in esophageal eosinophilia were 123 observed. In a subsequent randomized placebo-controlled study of 11 adult patients, 5 patients received up to 4500 mg of mepolizumab up to four times over 9 weeks, whilst 6 patients 124 received placebo.[20] No patient achieved histologic remission of <5 eosinophils/high-power 125 field, the primary end point of the study. However, 66% and 65% reduction of esophageal 126 eosinophilia was noted at week 4 and 13, respectively. The patient-reported symptom 127 improvement was not significant. Interestingly, authors observed no reduction in the resident 128 duodenal eosinophils or mast cells, although these cells were diminished in esophagus. In a 129 130 study of 59 children with EoE, subjects were randomized to monthly doses of 0.55 mg/kg, 2.5 131 mg/kg, or 10 mg/kg of mepolizumab for a total of 3 infusions without a placebo arm.[21] At 12 weeks following first infusion, 5/57 patients achieved histologic remission of <5 peak 132 eosinophils/high-power field, the primary endpoint of the study. Peak esophageal 133 134 eosinophils/high-power field were <20 in 31.6% of children. Given that patients with low 135 baseline symptom score were recruited, the ability of the study to detect change in symptom score following treatment was limited. 136

Reslizumab was studied in a randomized, placebo-controlled trial of 226 adolescents and children ≤18 years of age); the study failed to demonstrate significant clinical improvement following treatment with 1, 2, or 3 mg/kg of reslizumab relative to placebo despite reducing esophageal eosinophilia by 59-67%.[22] At one of the trial's centers, twelve subjects participating in the original randomized controlled trial (RCT) and open label extension (OLE) were kept on reslizumab for nine years.[23] These patients received a median of 40 doses of reslizmab (range 2-116) in total between the RCT/OLE and the extension from compassionate

use. Symptoms improved on treatment in this small cohort along with a reduction in esophageal
eosinophil count to 3 cells/ high-power field even with expanding diet.

In conclusion, the majority of the trials with mepolizumab and reslizumab have failed to demonstrate significant symptom improvement. Some have argued that the lack of validated patient-reported outcome measures and timing of symptom assessment in these mepolizumab and reslizumab trials possibly contributed to their ultimate failure in showing clinical improvement. Therefore, these medications may have at least partial efficacy in treatment of eosinophilic disease and may need to be evaluated using novel validated patient-reported outcome tools.[24]

An additional IL-5-mediated drug target is IL-5Rα.[25] Benralizumab is a monoclonal antibody that targets IL-5Rα found on eosinophils leading to apoptosis of these cells (antibody dependent cell mediated cytotoxicity). It has demonstrated efficacy in eosinophilic asthma and is currently approved by the United States Food and Drug Administration (US FDA) for this condition.[26] Benralizumab is currently undergoing trials in EoE as well as EG.

158

159 Biologics targeting interleukin-4 and interleukin-13

160 IL-13 is a pivotal cytokine implicated in T2-mediated disease, such as asthma and atopic dermatitis, that have similar immune mechanisms to EoE and potentially non-EoE EGIDs. 161 162 Esophageal epithelial cells, when stimulated by IL-13, develop an epithelial signature similar to that seen in EoE patients.[27] IL- 13 may also contribute to barrier dysfunction of the epithelium 163 especially in the esophagus via its effects on Calpain 14.[28] Three monoclonal antibodies with 164 165 direct or indirect effects on IL-13-induced pathways have been studied in EoE: RPC4046, 166 QAX576, and dupilumab. Both RPC4046 and QAX576 work by directly targeting IL-13. Dupilumab functions by binding to the IL-4 receptor α , which functions as a conduit for both IL-167

168 13- and IL-4-mediated immunity. Dupilumab is currently approved by US FDA for treatment of 169 T2-mediated diseases, such as asthma, eczema and chronic rhinosinusitis with nasal polyposis. 170 Dupilumab currently holds orphan drug status for EoE. Although these three antibodies have 171 never been evaluated for the treatment of non-EoE EGIDs, the Consortium for Eosinophilic 172 Gastrointestinal Disease Researchers is working to set up a proof-of-concept study of 173 dupilumab in patients with EG.

174 QAX576 is a monoclonal antibody directed against IL-13. QAX576 was originally studied in a 12 week, randomized, blinded Phase 2 trial in adults with EoE.[29] In this trial, 23 adult patients 175 176 were randomized to 6 mg/kg of QAX576 or placebo every 4 weeks for three months. By the end of 12 weeks, the treatment with QAX576 resulted in a significant decrease in esophageal 177 eosinophilia (the mean esophageal eosinophil count decreased by 60% with QAX576 versus an 178 increase of 23% with placebo [P = .004], and the decrease was sustained up to 6 months. 179 180 However, the study missed its primary endpoint overall (responder rate for > 75% reduction of the peak esophageal eosinophilia). There was a trend towards improvement in dysphagia in the 181 182 QAX576-treated subjects. It does not appear that the development of this monoclonal antibody will be pursued. 183

RPC4046 is a biologic designed to block IL-13 from binding to its receptors.[30] In a 184 185 randomized, controlled trial, 99 adults with EoE were randomized into three different arms: 10 186 mg/kg loading dose followed by 360 mg subcutaneously weekly, 5 mg/kg loading dose followed by 180 mg subcutaneously weekly, or placebo for 16 weeks.[31] A statistically significant 187 188 reduction in symptoms and esophageal eosinophil counts were observed in the RPC4046-189 treated patients compared to placebo. In approximately 50% of patients in the drug-treated arms, reduction of peak esophageal eosinophilia to <15 cells/high-power field was observed. 190 191 The histologic outcome of <6 eosinophils/high-power field recommended by US FDA was achieved in 20-25% of drug-treated patients. Similar to the anti-IL-5 therapies, symptomatic 192

improvement appeared to lag behind improvement in esophageal peak eosinophil counts.
However, at 52 weeks in the open label extension study with 360 mg, significant symptomatic
and clinical improvement was maintained on the 360 mg dose.[32]

196 Dupilumab is a fully human IgG4 monoclonal antibody directed against the alpha subunit of IL-4 197 receptor (IL-4R α). By binding to IL-4R α , dupilumab affects downstream IL-13 signaling. Dupilumab effectiveness in adults with EoE was evaluated in a randomized, double-blind, 198 199 placebo-controlled Phase II trial, the results of which were recently published.[33] In this trial, 47 patients with EoE received either dupilumab (600 mg loading dose followed by 300 mg weekly) 200 201 or placebo for 12 weeks. In patients treated with dupilumab, the mean peak esophageal eosinophils/high-power field decreased by 86.8% at week 12. Over 65% of dupilumab-treated 202 patients reached an outcome of less than 6 eosinophils/ high-power field. At week 10, a 203 204 significant improvement in dysphagia was reported in dupilumab-treated patients compared to 205 those treated with placebo. Esophageal distensibility was increased as measured by esophageal EndoFLIP. A Phase 3 randomized clinical trial has recently completed enrollment, 206 207 and the results are pending.

208

209 Anti-Siglec-8 antibody

Sialic acid–binding immunoglobulin-like lectin 8 (Siglec-8) is an inhibitory receptor expressed on eosinophils and mast cells. Anti-siglec-8 antibody was shown to reduce eosinophil counts in murine EGE. Lirentelimab is a humanized, anti–Siglec-8 monoclonal antibody that is capable of depleting tissue and blood eosinophils.[34] Lirentelimab has proven efficacy in T2 diseases, such as conjunctivitis (NCT03379311) and urticaria (NCT03436797).

Lirentelimab was the first biologic to be investigated for its efficacy in EG and/or eosinophilic duodenitis (ED). Specifically, 65 EG/ED patients participated in a randomized, placebo-

217 controlled trial of lirentelimab (2 dosing regimens).[35] Assessments of eosinophil counts in the 218 gastric and duodenal tissues were performed before and following 12-week treatment; 219 assessment of esophageal eosinophilia was carried out in those patients, who had a prior 220 diagnosis of EoE. Mean decrease in gastric/duodenal eosinophils was 86% in lirentelimab-221 treated patients compared to 9% in placebo. Total symptom score decreased by 48% in the lirentelimab arm and only by 22% in the placebo arm. Sustained tissue eosinophil suppression 222 223 was seen in patients participating in the open label extension part of the study. Twenty patients with concomitant esophageal eosinophilia were analyzed in this study. Of the 14 patients 224 treated with lirentelimab, 13 patients demonstrated resolution of esophageal eosinophilia. Of the 225 9 patients treated with placebo, only one patient reached that outcome. Although reduction in 226 symptoms following treatment with lirentelimab was observed, complete symptom response was 227 228 not reported. Therefore, it appears that eradication of eosinophils from patients with EGID may 229 not completely resolve the immune dysfunction and tissue dysregulation. Another 230 pathomechanism might be that eosinophil-derived granule proteins, such as eosinophil-derived neurotoxin, have the potential to provoke long-lasting enteric neuropathy that can explain 231 232 symptom persistence despite resolution of tissue eosinophilia. Lirentelimab is currently under 233 investigation in Phase III trials for patients with EG, EoE, and eosinophilic duodenitis (clinicaltrials.gov NCT04322708, NCT04620811, NCT04322604, NCT04856891). 234

235

236 The Role of Selective Depletion of Eosinophils

As we continue to learn about EGIDs, it is likely that different disease phenotypes will emerge. By identifying molecular drivers of these conditions, we will be able to personalize biologic therapies to the right patient populations. One advantage of therapies like lirentelimab and benralizumab is that they primarily deplete eosinophils and may work well throughout the gastrointestinal tract. However, it is worth pointing out that these therapies also deplete mast

242 cells and basophils; depletion of these cells may further attenuate the inflammatory 243 response.[36] Hence, the mechanism of action of lirentelimab and benralizumab in EGIDs should be further investigated. Whilst eosinophils are considered to be multifunctional 244 245 leukocytes, they are also effector cells. It is not clear if depleting these cells is sufficient for 246 management of all forms of EGIDs, as corticosteroids most frequently used for EoE management have inhibitory effects on multiple types of immune cells. It is likely that inhibition 247 of common upstream pathways, such as IL-4/IL-13 pathway, might offer universal relief to EGID 248 patients affected by more than one atopic condition. 249

Regardless of their mechanism, all biologic therapies, including eosinophil-depleting medications, currently under evaluation for use in EGIDs require long-term safety and efficacy/effectiveness data; data to date suggest that such therapies may be safe when used for several years. Although we typically associate eosinophils with T2 immunity, there are ample data to suggest that eosinophils may offer a regulatory or protective role in specific diseases, such as arthritis. This protective effect may be lost with continued use of these medications.

256

257 Other potential therapies for EGIDs

258 There are a few case series of biologic therapies that are approved by US and European regulators for use in inflammatory bowel disease and that were utilized in patients with EG/EGE 259 260 and corticosteroid-refractory EoE. Vedolizumab, a humanized monoclonal antibody, targets gastrointestinal-homing integrin $\alpha 4\beta 7$ and prevents binding of $\alpha 4\beta 7$ expressed by lymphocytes 261 to mucosal addressing cell adhesion molecule-1 (MAdCAM-1) expressed exclusively on the 262 263 endothelium of intestinal mucosal vessels. In so doing, vedolizumab inhibits T lymphocytes from 264 trafficking into intestinal tissues in response to inflammation. Vedolizumab also binds to eosinophils, as these cells also express α4β7 integrin. Two case reports of Crohn's disease 265

patients with concomitant EoE, whose EoE improved under vedolizumab, provide initial proofof-concept for possible utility of the vedolizumab for management of EoE.[37,38] Vedolizumab
was also used in 5 EG/EGE patients, with two out of five patients documenting improvement in
both symptoms and eosinophilia.[39] Tofacitinib, a Januskinase 1 and 3 inhibitor, was
successfully used in one patient for treatment of corticosteroid-refractory EoE.[40]

271 Many of the potential targets first identified for drug development for other atopic conditions, 272 such as eczema or asthma, might also be appropriate for drug development in the field of 273 EGIDs and have shown promise in murine models of EGIDs.

274 Incomplete efficacy of current biologics may be related to targeting of downstream targets in the 275 immune response rather than upstream ones. Thus, some potential therapies are targeting the 276 alarmins on epithelium, such as IL-33, IL-25, and TSLP, to inhibit the initiation of the T2 277 response. Group 2 innate lymphoid cells are activated via IL-33 and TSLP and produce and activate T2 cytokines, which induce basophil and eosinophil and mast cell recruitment and 278 differentiation in tissues. Studies of an anti-IL-33 antibody demonstrated its ability to inhibit the 279 accumulation of lung eosinophilia in murine models of asthma. Blockade of all three alarmins 280 shows further promise in murine models of asthma.[41] Alarmin TSLP, which plays important 281 role in pathogenesis of both EoE and EG, is a pro-inflammatory cytokine produced along the 282 283 surface of the gastrointestinal tract and regulates immune responses on epithelial surfaces. 284 TSLP may be activated by T2 cytokines or triggered by allergens or RNA viruses.[42] The data 285 on the use of tezepelumab, a monoclonal antibody directed against TSLP, in asthma patients 286 have been encouraging; the drug reduces exacerbations and T2 biomarkers (IL-5 and IL-13) in 287 the blood of asthmatics. It is likely that the medications targeting this molecule will one day be evaluated in EGIDs. 288

289 C-C chemokine receptor type 3 (CCR3) inhibitors are currently being investigated as potential 290 therapies for EGIDs. Signaling through CCR3, the ligand for eotaxins, is responsible for

eosinophil recruitment into the tissues. In murine models, CCR3 antagonism inhibits the influx of
eosinophils into the stomach and small intestine.[43] Currently there are no human trials of
CCR3 inhibitors underway for patients with EGIDs.

IL-15 as well as IL-15Rα mRNA expression were increased in esophageal biopsies from active EoE patients compared to healthy individuals. IL-15 and IL-15Rα mRNA expression appears to be elevated in EoE patients refractory to corticosteroids. Anti-IL-15 treatment reduces esophageal eosinophilia in the experimental Aspergillus mouse model of EoE.[44] Currently neither clinical nor safety data on antagonism of IL-15 in human T2-mediated disease are available, but the results of proof-of-concept study in adults with EoE are eagerly awaited.

300

301 Eosinophilic Colitis

302 Due to its extremely rare nature, studies on immune mechanisms in EC are currently lacking. 303 Whilst it is relatively straight forward to hypothesize that eosinophil depleting therapies might be 304 useful in patients with EC, more studies are needed to urgently needed understand the immune 305 mechanisms behind this enigmatic disease.

306

307 Summary

Although distal EGIDs are less common than EoE, it appears that similar immune mechanisms are at play. Therefore, therapies that are efficacious/effective in EoE may also work well in controlling distal disease. Although it remains to be seen whether "one shoe fits all" therapy approach for all EGIDs will pan out, the results of the Lirentelimab study laid the groundwork for future research in this area. Targeting the eosinophils or mast cells/basophils is a promising approach for management of EGIDs, especially the non-EoE EGIDs, immune physiology of

which is difficult to characterize due to the paucity of patients presenting with these diseases 314 315 and the under-recognition of these conditions. Therapies directed primarily toward eradication of 316 eosinophilia may work well throughout the gastrointestinal tract, as they are not selective for a 317 specific immune pathway, only the target cell itself. Inhibition of common upstream pathways 318 linked to T2-mediated diseases (*i.e.* alarmins, IL-4/IL-13 pathways) may offer universal relief to EGID patients, who often suffer from multiple atopic conditions. Although long term safety and 319 320 efficacy data on most biologic therapies reviewed in this paper are currently lacking, it is likely that in the future EGID patients will have multiple options to choose from for optimal 321 management of their conditions. The future research on the utility of biologic therapy in EGIDs 322 may not only aid researchers and clinicians to find appropriate medications for patients 323 refractory to their existing therapies, like swallowed topical corticosteroids in EoE, but will help 324 325 to identify phenotypes of eosinophil-associated diseases, and will pave the way for much 326 anticipated precision medicine approaches.

Drug	Mechanism of action	Evaluated in the	Number of studies, total	Main results
		eosinophilic GI	included (including	
		diseases	placebo), references	
			(REF)	<u>x</u>
Mepolizumab	Fully humanized IgG1	EoE	5 / 128	Reduction of tissue eosinophilia
	mAb blocking IL-5		REF 19,20,21	Minor symptomatic improvement (not primary
			0	endpoint)
Reslizumab	Humanized IgG4 mAb	EoE	1 / 227	Reduction of tissue eosinophilia
	blocking IL-5		REF 22,23,24	
Benralizumab	Humanized mAb	HES	1 / 5 patients with HES with	9/10 benralizumab-treated patients reached endpoint
	blocking IL-5Ralpha		gastrointestinal involvement	of at least 50% reduction in absolute eosinophil
			REF 26	counts
QAX576	Humanized mAb	EoE	1 / 25	Trial did not meet primary endpoint of >75% reduction
	against IL-13		REF 29	of esophageal peak eosinophil counts. QAX576-
				treated patients had significant reduction of tissue
				eosinophilia compared to placebo (-60% vs. +23%).
				No significant effect on clinical activity (not primary
				endpoint)
				Clinical program abandoned
RPC4046	Humanized mAb	EoE	1 / 99	Significant reduction of tissue eosinophilia and
	against IL-13		REF 31,32	endoscopic activity. Strong trend towards reduction of
				dysphagia.
Dupilumab	Humanized mAb	EoE	1 / 47	Significant improvement of esophageal eosinophilia,

	against IL-4Ralpha		REF 33	endoscopic activity, and symptoms
	(blocks IL-4 and IL-13)			
Lirentelimab	Humanized mAb	EoG, EoD (or	1 / 65	Significant change of tissue eosinophilia (-86% under
	against Siglec-8	both)	REF 35,36	lirentelimab vs. 9% under placebo) and symptoms (-
				44% reduction in symptom score under lirentilumab
				vs22% under placebo)
Vedolizumab	Humanized mAb	EoE	2 case reports of Crohn's	Histologic and clinical improvement of EoE under
	against α4β7		disease patients with	vedolizumab
			concomitant EoE	
			REF 37, 38	
			Case series of 5 patients	2 out of 5 responded clinically and histologically
			with EG/EGE	
			REF 39	
Tofacitinib	Januskinase inhibitor	EoE	1 case report	Histologic and clinical improvement of EoE under
	(JAK1 and JAK3)		REF 40	tofacitinib
Tezepelumab	Humanized mAb	No data available	REF 41,42	Tezepelumab reduces number of asthma
	against TSLP			exacerbations
Anti-CCR3	Humanized mAb	No human data	REF 43	Anti-CCR3 antibody inhibites eosinophil infiltration in
	against CCR3	available		Angiostrongylus contonensis-infected IRC mice
Anti-IL15	Humanized mAb	No human data	REF 44	Anti-IL15 reduces eosinophil infiltration in an
	against IL15	available		aspergillus fumigatus mouse model of EoE

329

Table 1: biologic therapies and small molecules for eosinophilic gastrointestinal diseases. Abbreviations: IL, interleukin; mAb, monoclonal

antibody; EoE, eosinophilic esophagitis; EoG, eosinophilic gastritis; EoD, eosinophilic duodenitis; EGE, eosinophilic gastroenteritis; EoC,

eosinophilic colitis; HES, hypereosinophilic syndrome; TSLP, thymic stromal lymphopoietin

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