

1 **Correction of sensor crosstalk error in Exhalizer D multiple-breath washout**
2 **device significantly impacts outcomes in children with cystic fibrosis**

3

4 Florian Wyler^{†1} (<https://orcid.org/0000-0002-1232-1392>)

5 Marc-Alexander H. Oestreich^{†1,2} (<https://orcid.org/0000-0001-9641-3691>)

6 Bettina S. Frauchiger^{1,3} (<https://orcid.org/0000-0002-9519-9328>)

7 Kathryn A. Ramsey^{#1} (<https://orcid.org/0000-0003-4574-6917>)

8 Philipp T. Latzin^{*#1} (<https://orcid.org/0000-0002-5239-1571>)

9 [†] Authors contributed equally to this work as first author

10 [#] Authors contributed equally to this work as last author

11 ^{*} Corresponding author

12

13 ¹ Division of Paediatric Respiratory Medicine and Allergology, Department of Paediatrics,
14 Inselspital, Bern University Hospital, University of Bern, Switzerland

15 ² Graduate School for Health Sciences, University of Bern, Switzerland.

16 ³ Graduate School of Cellular and Biomedical Sciences, University of Bern, Switzerland

17

18 **Author contributions:**

19 F.W., M.O., K.R. and P.L. contributed to the design of the study; F.W. and M.O. collected and
20 analyzed the data. M.O., B.F. and K.R. created and organized the databases for retrospective
21 analysis. F.W. drafted the manuscript, with major contributions from M.O., K.R. and P.L. All
22 authors approved the final version of the manuscript.

23

24 **Running title:** Measurement error in a multiple-breath washout device

25

26 **Corresponding Author:**

27 Prof. Philipp Latzin, MD, PhD

28 Inselspital, University Children's Hospital of Bern

29 Freiburgstrasse 15, 3010 Bern, Switzerland

30 E-mail: philipp.latzin@insel.ch

31 Phone: +41 31 632 9353

32

33 **Total word count:** 393 Intro + 492 Methods + 780 Results + 1826 Discussion = **3491**

34

35 **Online Supplement:** This manuscript has an online supplement, accessible here:

36 DOI: <https://doi.org/10.6084/m9.figshare.14604846>

37 URL: https://figshare.com/articles/online_resource/_/14604846

38

39 **Presentations:** Preliminary results were presented at the ERS international congress 2020

40 (**DOI:** 10.1183/13993003.congress-2020.1171).

41 **ABSTRACT**

42 Rationale: Nitrogen multiple-breath washout is an established technique to assess
43 functional residual capacity and ventilation inhomogeneity in the lung. Accurate
44 measurement of gas concentrations is essential for the appropriate calculation of
45 clinical outcomes.

46 Objectives: We investigated the accuracy of oxygen and carbon dioxide gas sensor
47 measurements used for the indirect calculation of nitrogen concentration in a
48 commercial multiple-breath washout device (Exhalyzer D, Eco Medics AG, Duernten,
49 Switzerland) and its impact on functional residual capacity and lung clearance index.

50 Methods: High precision calibration gas mixtures and mass spectrometry were used
51 to evaluate sensor output. We assessed the impact of corrected signal processing on
52 multiple-breath washout outcomes in a dataset of healthy children and children with
53 cystic fibrosis using custom analysis software.

54 Results: We found inadequate correction for the cross sensitivity of the oxygen and
55 carbon dioxide sensors in the Exhalyzer D device. This results in an overestimation
56 of expired nitrogen concentration, and consequently multiple-breath washout
57 outcomes. Breath-by-breath correction of this error reduced the mean (SD)
58 cumulative expired volume by 19.6 (5.0)%, functional residual capacity by 8.9 (2.2)%,
59 and lung clearance index by 11.9 (4.0)%. It also substantially reduced the level of the
60 tissue nitrogen signal at the end of measurements.

61 Conclusions: Inadequate correction for cross sensitivity in the oxygen and carbon
62 dioxide gas sensors of the Exhalyzer D device leads to an overestimation of
63 functional residual capacity and lung clearance index. Correction of this error is

64 possible and could be applied by re-analyzing the measurements in an updated
65 software version.

66 **NEW AND NOTEWORTHY**

67 We investigated the sensor accuracy of a prominent nitrogen multiple-breath
68 washout (N₂MBW) device (Eco Medics AG, Duernten, Switzerland) as a possible
69 cause of lack of comparability between outcomes of different MBW devices and
70 methods. We identified an error in the nitrogen concentration calculation of this
71 device, which results in a 10-15% overestimation of primary outcomes, functional
72 residual capacity and lung clearance index. It also leads to a significant
73 overestimation of nitrogen back-diffusion into the lungs.

74

75 **INTRODUCTION**

76 Cystic fibrosis (CF) is a chronic, genetic disease characterized by lung function
77 decline and respiratory failure. Newborn screening and early interventions for CF
78 have resulted in the majority children with CF having no overt respiratory symptoms
79 and normal spirometry(1). However, structural lung disease is present early on high-
80 resolution chest CT scans and progresses during childhood(2). Therefore, sensitive
81 functional outcomes are needed to monitor disease progression and assess
82 treatment responses in children with CF.

83 The multiple breath washout (MBW) technique is more sensitive than spirometry to
84 detect early CF lung disease(3, 4). The lung clearance index (LCI) from MBW
85 correlates with underlying structural lung disease and tracks disease progression in
86 children with CF(1, 5-7). LCI has been endorsed as an endpoint in clinical trials in
87 children and adults with CF in North American and Europe(8-10). In young children

88 with CF, LCI significantly improved in response to disease modifying therapies and
89 hypertonic saline, while spirometry outcomes did not change(11, 12). Therefore, the
90 LCI is a promising endpoint for clinical management and interventional trials in
91 children with CF, even more in the era of CFTR modulator therapies.

92 The most common MBW technique used in clinical trials is the nitrogen washout
93 (N_2 MBW), using the Exhalyzer D device (Eco Medics AG, Duernten, Switzerland)(12,
94 13). The subject breathes 100% oxygen to wash out resident nitrogen to 2.5% of the
95 starting concentration. However, this technique relies on indirect calculation of N_2
96 concentration through the measurement of oxygen (O_2) and carbon dioxide (CO_2),
97 which means that small errors in the O_2 or CO_2 concentration could result in
98 instantaneous and cumulative errors in the N_2 concentration, particularly at the end of
99 test criteria(14). Further, as N_2 is soluble in the blood and tissues, there is the
100 potential for N_2 diffusion from the lung tissue into the alveolar spaces during the
101 washout(15). A combination of these effects has been proposed to be the cause of
102 elevated N_2 MBW outcomes as compared to SF_6 MBW(16). It is essential to address
103 these concerns in N_2 methodology to ensure the appropriate calculation of clinical
104 outcomes.

105 In this study we investigated the accuracy of indirect nitrogen measurement using the
106 Exhalyzer D device by i) assessing the sensor accuracy of its O_2 and CO_2 sensors, ii)
107 establishing a correction for any observed sensor error and iii) assessing the effect
108 size of the sensor error on clinical outcomes and tissue nitrogen.

109

110

111 **METHODS**

112 **Study design**

113 This was an experimental study to assess the sensor accuracy of the Exhalyzer D
114 device. We also performed a retrospective analysis of existing N₂MBW data to
115 assess the impact of sensor inaccuracy on MBW outcomes. The Ethics Committee of
116 the Canton of Bern, Switzerland approved the study protocol (PB_2017-02139).

117 **i) Sensor accuracy**

118 To assess sensor accuracy over the wide range of concentrations encountered in a
119 N₂MBW measurement, we collected experimental data from gas mixture
120 measurements and mass spectrometry measurements. We compared the measured
121 O₂ and CO₂ concentrations to the known gas mixture concentrations.

122 **Gas mixtures**

123 Sensor accuracy was assessed over a representative range of concentrations
124 present in N₂MBW measurements. Twelve technical gas mixtures (Carbagas AG,
125 Muri bei Bern, Switzerland) were used, each containing different combinations of
126 CO₂, O₂ and N₂ concentrations.

127 Additionally, a series of mass spectrometry measurements was carried out, where N₂
128 was kept at 2% to mimic the MBW end of test condition, while CO₂ and O₂ were
129 varied (AMIS 2000 Mass Spectrometer, Innovision ApS, Odense, Denmark). Mass
130 spectrometry data was provided by Eco Medics AG, Duernten, Switzerland.

131 **Sensor characteristics**

132 The Exhalyzer D measures both O₂ (X3004 OEM sensor, Oxigraf Inc., Sunnyvale,
133 CA, USA) and CO₂ (Capnostat 5, Respiration Inc., Wallingford, CT, USA) using

134 absorption spectroscopy, a technique where the absorption of light is measured at
135 specific frequencies that are characteristic to each gas(17). The absorption spectra of
136 O₂ and CO₂ are affected by a variety of factors, including pressure, temperature, and
137 the presence of other gases(18, 19). This leads to a sensor cross sensitivity, where
138 the presence of O₂ in the gas mixture can affect the absorption spectrum (and
139 therefore measured concentration) of CO₂ and vice versa.

140 **ii) Correction function**

141 We combined the data of the technical gas mixture and mass spectrometry
142 measurements to construct a correction function for the O₂ and CO₂ sensors. We
143 fitted a 2nd-degree two-parameter polynomial through the error for each sensor, as a
144 function of measured O₂ and CO₂ (Eq. E4 in the online supplement). Fitting was
145 performed using MATLAB 2017b (Mathworks, Natick, Massachusetts, USA). This
146 characterization of the measurement error as a function of measured gas
147 concentrations could then be directly used as a correction function for the analysis of
148 MBW measurements. For each combination of O₂ and CO₂ we added the fitted error
149 for each sensor to the respective measured concentrations. Note that when
150 characterizing the error currently present in the sensors, the existing linear CO₂
151 crosstalk correction of Spiroware 3.2.1 was still applied(20), but when characterizing
152 the correction function, parameters were chosen to replace and improve the existing
153 crosstalk correction.

154 **iii) Impact on outcomes**

155 We characterized the impact of measurement error on MBW outcomes in 357
156 measurements from 85 healthy children(21) and 62 children diagnosed with CF(5,
157 22) (Table E4 in the online supplement). We compared outcomes between those

158 calculated using standard analysis algorithms (replicating Spiroware 3.3) and
159 corrected algorithms using a custom Python script developed by our group.

160

161

162 **RESULTS**

163 **i) Sensor accuracy**

164 We found that the Exhalyzer D device has O₂ and CO₂ sensor measurement errors
165 which result in overestimated N₂ concentrations. The N₂ error was non-linear and O₂-
166 and CO₂-dependent, with the highest error occurring at very high O₂ concentrations
167 and increasing CO₂ concentrations (Figure 1). Therefore, at the standard end of test
168 conditions (1/40th starting N₂ concentration: end expiratory N₂ at 2%, CO₂ at 5%, O₂
169 at 93%), the N₂ concentration was significantly overestimated (Table 1). At the
170 original end of test, the Exhalyzer D measures 2% N₂ when the real N₂ concentration
171 was 1.1%. Correction for the sensor error reduces N₂ concentrations at the end of the
172 washout and the end of test criteria was systematically reached earlier (Figure 2). At
173 the new end of test conditions, the relative error in N₂ concentration following
174 correction was estimated to be 44% (2.88% N₂ standard vs 2% N₂ corrected; Table
175 1).

176 **Table 1**

177

Condition	Signal Processing						N ₂ Error		Contribution	
	Standard			Corrected			abs	rel	[CO ₂]	[O ₂]
	[N ₂]	[CO ₂]	[O ₂]	[N ₂]	[CO ₂]	[O ₂]				
Original end of test [%]	2.00	5.00	93.0	1.10	5.12	93.8	0.90	82.4	13.5	86.5
New end of test [%]	2.88	4.88	92.2	2.00	5.00	93.0	0.88	44.1	13.3	86.7
No nitrogen [%]	0.88	4.88	94.2	0.00	5.00	95.0	0.88	-	-	-

178

179 **Table 1:** Specific examples of sensor impact on measurement of N₂ in three conditions of interest. The original end of test corresponds to a gas mixture that
 180 would be identified as the end of test in standard processing. The second condition corresponds to the new end of test after sensor correction. The third
 181 condition contains no real nitrogen. Standard concentrations denote concentrations measured in standard Spiroware 3.3 processing. Corrected concentrations
 182 correspond to concentrations after sensor correction is applied. N₂ error summarizes the absolute (abs) difference between N₂ in standard vs. corrected, as
 183 well as the relative (rel) error ((standard-corrected)/corrected). The relative contribution of each sensor in [%] to the total error in N₂ concentration is listed
 184 under "Contribution".

185 O₂ sensor

186 The majority of the error in N₂ measurement (87% of the error at the test end, see
187 Table 1) originated from the O₂ sensor of the Exhalyzer D device. The O₂
188 measurement error was non-linear and dependent on the CO₂ concentration (Figure
189 3A). This error resulted in underestimation of O₂ concentrations, with a greater
190 underestimation with increasing concentrations of CO₂ in the measured range of 0 –
191 7.5%. This in turn lead to an overestimation of calculated concentrations of N₂ as
192 described above.

193 CO₂ sensor

194 We also found an error in the CO₂ concentration. The CO₂ sensor output was already
195 corrected by a factor that depends on the concentration of O₂ (Eq. E3 in the online
196 supplement). However, the CO₂ sensor seemed to display a different cross-sensitivity
197 than the standard signal processing takes into account (Figure 3B). The residual
198 error appeared to be primarily dependent on CO₂ concentration and only partially
199 dependent on O₂ concentration. The CO₂ error also lead to an overestimation of N₂,
200 however the impact of the CO₂ error was smaller than the O₂ error, making up 13%
201 of the total sensor error at the end of test conditions (Table 1).

202 **iii) Effect size of sensor correction**

203 Sensor correction impact on MBW outcomes

204 We re-analyzed 357 MBW measurements from healthy controls (HC) and children
205 with CF using the sensor correction functions outlined above in a custom software.
206 Application of the O₂ and CO₂ sensor correction functions had a significant impact on
207 all MBW outcomes (Table 1). Following the sensor correction, the mean (SD)
208 cumulative expired volume decreased by 19.6 (5.0) %, FRC decreased by 8.9 (2.2)

209 %, and LCI decreased by 11.9 (4.0) %. The reduced CEV is explained by lower end-
210 expiratory concentrations of N₂, which lead to an earlier end of test (i.e. the criterion
211 of reaching 1/40th of the initial N₂ concentration is reached earlier). Decreased FRC is
212 explained by slightly lower concentrations of N₂ throughout the measurement. The
213 decrease in CEV was more pronounced than for FRC, and with LCI being the ratio of
214 those two outcomes (LCI = CEV/FRC), this leads to an overall decrease in LCI. The
215 change in outcomes following sensor correction could vary greatly for individual
216 measurements (Table 2). However, outcomes before and after the correction over a
217 large number of measurements correlate strongly. Linear fits of corrected outcomes
218 vs standard outcomes have R² values of 0.997 for FRC, and 0.96 for LCI (Figure 4),
219 respectively.

220 The significance of differences in LCI and FRC [L] observed between healthy
221 controls and children with CF present in the uncorrected data were also present
222 following sensor correction (Table 2). The change in outcomes following correction
223 was dependent on the magnitude of the outcomes themselves for both FRC and LCI
224 (Figure 5, and OLS Figure 1).

225 **Table 2**

226

		n	Standard			Corrected			Difference				
			mean	SD	p-value*	mean	SD	p-value*	mean	rel [%]	95% CI [%]		p-value†
LCI [TO]	All	147	8.33	2.05		7.31	1.7		1.02	11.9	11.2 - 12.5	<0.001	
	HC	85	7.12	0.51		6.30	0.4		0.82	11.3	10.6 - 12.1	<0.001	
	CF	62	9.99	2.21		8.69	1.8		1.30	12.6	11.4 - 13.8	<0.001	
	Difference		-2.87		<0.001	-2.38		<0.001					
FRC [L]	All	147	1.63	0.87		1.49	0.80		0.14	8.9	8.6 - 9.3	<0.001	
	HC	85	1.87	0.95		1.73	0.89		0.14	7.9	7.6 - 8.1	<0.001	
	CF	62	1.31	0.61		1.17	0.53		0.14	10.4	9.7 - 11.0	<0.001	
	Difference		0.56		<0.001	0.56		<0.001					
CEV [L]	All	147	14.9	7.4		11.9	5.7		3.03	19.6	18.8 - 20.4	<0.001	
	HC	85	14.6	6.7		12.0	5.6		2.67	18.2	17.4 - 19.0	<0.001	
	CF	62	15.2	8.3		11.7	5.8		3.54	21.5	20.1 - 23.0	<0.001	
	Difference		-0.58		0.6532	0.29		0.7601					

227

228 **Table 2:** Summary of the differences in Lung Clearance Index (LCI), functional residual capacity (FRC) and cumulative expired volume (CEV) between
 229 healthy controls (HC) and patients with cystic fibrosis (CF) in the retrospective dataset before (standard) and after (corrected) the application of the sensor
 230 correction function. *unpaired t test; †paired t test. Bold print indicates statistical significance.

231 Sensor correction impact on tissue nitrogen

232 We also observed a substantial impact of the sensor corrections on tissue nitrogen.
233 Towards the end of a MBW measurement, the concentration of N₂ in the lung drops
234 so low that diffusion of N₂ from the body becomes a potential concern for the
235 accuracy of the MBW outcomes. In the Exhalyzer D, N₂ concentration is currently
236 overestimated in the presence of CO₂ (i.e. during expirations), even in the complete
237 absence of N₂ (Figure 6B). In conditions reflecting expirations where there is no N₂
238 exhaled (CO₂ around 5%, rest O₂), the Exhalyzer D still measures a concentration of
239 N₂ of 0.88% (Table 1, and Figure 6B, intersection of 5% line with x-axis). As
240 correction of the O₂ and CO₂ error significantly reduces the N₂ concentration, a
241 significant part of the tissue nitrogen signal at a diffusion equilibrium in long MBW
242 measurements disappears after correction (Figure 6A). The higher the end-expiratory
243 concentrations of CO₂, the greater this effect (Figure 6B).

244

245

246 **DISCUSSION**

247 **Summary**

248 We report a significant measurement error in the Eco Medics Exhalyzer D N₂MBW
249 device. At high concentrations of O₂, and natural end-expiratory concentrations of
250 CO₂, the device's sensors underestimate O₂ and CO₂ gas concentrations and it
251 therefore overestimates end-expiratory concentrations of N₂. Artificial elevation of N₂
252 during the washout influences the end of test criterion and causes overestimation of
253 FRC and LCI. It also results in a significant overestimation of measured tissue
254 nitrogen at the end of the test.

255 **i) Sensor accuracy**

256 We are the first group to formally characterize this sensor cross sensitivity error.
257 Previous studies have reported high expiratory N₂ concentrations at the end of long
258 MBW measurements(23-25). While this has predominantly been attributed to the
259 release of N₂ from the lung tissue(15), others have argued that tissue nitrogen alone
260 may not be sufficient to explain the observed concentrations of N₂, and that there
261 may be an additional “offset error” present, speculated to be caused by CO₂-crosstalk
262 with the O₂-sensor(16). We confirm this impact of sensor crosstalk and
263 comprehensively characterize a significant sensor error in the Exhalyzer D device
264 which is primarily responsible for elevated expiratory N₂ concentrations in N₂MBW
265 measurements.

266 Previous validation studies using *in vitro* lung models as well as the internal testing of
267 Eco Medics AG either did not specifically examine the end of test, end-expiratory
268 conditions examined here, or potentially washed CO₂ out of the validation system
269 before the end of test condition could be reached(26). This may have made it difficult
270 to identify the impact of sensor cross sensitivity in the critical end of test phase of
271 MBW. It is worth noting that individual sensor errors were relatively small (~1%
272 relative error of a sensor reading), even in the most extreme case (low N₂, high CO₂).
273 However, the indirect calculation of N₂ by the Exhalyzer D device is vulnerable to
274 errors in the high O₂ and high CO₂ concentrations that occur at the end of the MBW
275 measurement(14), leading to a relative N₂ error in this condition of 44%. This
276 measurement error exceeds the recommendations for manufacturers outlined in the
277 ATS/ERS consensus statement of measuring tracer gas concentration within 5%
278 accuracy(27).

279 The measurements performed here highlight the need for more robust methods of
280 validation for MBW devices. Ideally, such a validation would involve an in vitro lung
281 model that can realistically reproduce the signal dynamics introduced by breathing,
282 and allow for direct comparison of outcomes between devices. In the absence of
283 such a validation system, individual components of MBW devices such as the
284 measurement of tracer gas should be further validated, covering the entire range of
285 concentrations encountered in a MBW measurement. Testing MBW equipment with a
286 wider range of technical gas mixtures with a special emphasis on the test end
287 criterion is highly feasible, and should be a minimum requirement for equipment
288 validation. The specific error in tracer gas measurement described here has been
289 shown to be highly relevant to the Exhalyzer D, but any device that relies on indirect
290 assessment of tracer gas concentrations is potentially vulnerable to cumulative errors
291 in their individual gas sensors.

292 **ii) Correction function**

293 The sensor error observed in this study appears systematic and reproducible across
294 Exhalyzer D devices. The correction function required to correct for the sensor error
295 is simple and has now been implemented in the signal processing of Spiroware
296 (3.3.1), and can also be applied retrospectively to existing data. Sandvik et al.
297 accessed the correction factors and the equations from Eco Medics AG, which have
298 also been published by us in preprint form(28). They applied the equations in a
299 custom-made software version to measurements of healthy infants and toddlers(20).
300 They were able to show that after application of these equations, agreement between
301 N₂-MBW and SF₆-MBW outcomes was closer than without the correction. This and
302 our work suggest that the same equations can be applied to infants and school age
303 children. Notably the correction function suggested here would replace the currently

304 existing CO₂ sensor crosstalk correction. The chosen degree of the polynomial fit
305 constitutes an empirical correction and is a compromise between improving the
306 currently either missing or linear empirical correction and the limits of precision
307 imposed by the intrinsic uncertainty of the reference gas mixtures. To ensure
308 accurate re-analysis of outcomes, this correction function will need to be applied to
309 raw signals on a breath-by-breath basis.

310 **iii) Effect size of sensor correction**

311 Sensor correction impact on MBW outcomes

312 The sensor error described here leads to substantially inflated MBW outcomes. This
313 result provides a new perspective on previously described differences between N₂
314 and SF₆ MBW measurements(23-25). It also offers a potential explanation for the
315 differences observed between N₂MBW outcomes measured using the Exhalyzer D
316 and devices by other manufacturers such as ndd Medizintechnik AG (Zürich,
317 Switzerland)(29). The primary N₂MBW outcomes from the Exhalyzer D were
318 consistently higher than SF₆MBW outcomes and N₂MBW outcomes from the ndd
319 device. These observations may be partly explained by the systematic
320 overestimation of N₂ by the Exhalyzer D reported in this study. The direction of the
321 change after correction suggests that differences between devices will now be
322 smaller. The sensor correction described here has since been used by Sandvik et al.
323 to confirm that agreement between N₂MBW and SF₆MBW improves upon correction
324 in infants and toddlers(20). In order to validate this in detail, original data need to be
325 reloaded using the sensor correction described here. Fortunately, the N₂ error has
326 been an overestimation rather than an underestimation, as measurements can now
327 be re-analyzed without the worry that the trials might not have recorded data long
328 enough to reach the end of test in the corrected measurement.

329 Notably, using the sensor correction detailed here will lead to substantially shortened
330 measurement times for N₂MBW. The observed 19.6% reduction in patient breathing
331 required implies that after the sensor correction, the washout portion of the N₂MBW
332 measurements would on average be shortened by almost 1/5th. Despite the strong
333 feasibility of N₂MBW in young children within research studies, challenges have been
334 reported when translating to time-limited busier clinical environments(30). Shorter
335 test duration may improve this. Previous studies have tried to reduce MBW test
336 duration by using an earlier LCI cut-off(31) (LCI 5%) or reducing the number of trials
337 used for outcome reporting(32). The sensor correction described here shortens the
338 N₂MBW test length without the need to adjusted test protocols or outcomes. With the
339 correction integrated into the Ecomedics software, the reduced test duration for
340 prospective data collection may therefore help to facilitate the transition of N₂MBW
341 into the clinical setting(5, 33). The effect of the correction function on other MBW
342 indices such as those calculated by concentraton normalised phase III slope analysis
343 (SnIII) remains yet unclear and needs to be examined in future studies.

344 A major concern that arises with the publication of this study is that it calls into
345 question previously published results obtained using the Exhalyzer D. As the change
346 in outcomes depends on the breathing pattern and CO₂ concentrations, it is difficult
347 for users to predict how much outcomes of a single measurement will change. In
348 addition, the change in outcomes will be higher in children with lung disease and
349 elevated MBW outcomes, compared with healthy children. It is to be expected that
350 effect sizes and confidence intervals of MBW outcomes in such studies will change.
351 This also means that reference values or upper limits of normality generated using
352 the Exhalyzer D device will change(21). Previously collected results from ongoing

353 studies will need to be recalculated in order for them to be interpretable alongside
354 values obtained using this correction.

355 However, while the impact of the sensor error has effects which are difficult to predict
356 on the level of individual measurements, the impact on MBW outcomes on a large
357 enough number of files appears more systematic. Whether or not results from
358 previous studies are affected can only reliably be elucidated by re-analysis of raw
359 data. Notably, the impact of the error on outcomes is dependent on their magnitude,
360 therefore the correction is likely to influence outcomes from individuals with lung
361 disease more than healthy controls. Even during the retrospective re-analysis within
362 this study, we observed a change in significance in FRC differences (when
363 normalized by body weight) between healthy children and children with CF (Table E5
364 in online supplement). In addition, overestimated values of LCI may have influenced
365 individual eligibility to enter clinical trials. Re-analysis of MBW measurements used in
366 clinical trials where drug approval was or is based on affected N₂MBW data should
367 be prioritized.

368 Sensor correction impact on tissue nitrogen

369 It has been hypothesized that towards the end of a N₂MBW test the concentration of
370 N₂ in the lungs drops so low that a noticeable amount of N₂ diffuses from the body
371 into the lungs(25, 34). Recent lung modelling work suggests that this N₂ diffusion is
372 related to local ventilation/perfusion mismatch(35). The results of this current study
373 suggest that the impact of tissue N₂ diffusion is significantly lower than previously
374 estimated. Even if no N₂ diffused into the lungs, the Exhalyzer D would still measure
375 end-expiratory (CO₂ around 5%) concentrations of N₂ of about 0.88%, which would
376 significantly perturb estimates of tissue nitrogen. The sensor correction functions

377 introduced in this paper would therefore reduce a substantial part of the observed
378 tissue nitrogen in measurements performed with the Exhalyzer D.

379 **Strengths and limitations**

380 Through detailed understanding of the underlying signal processing of the Exhalyzer
381 D we were able to characterize the precise impact of an observed error in gas
382 sensors on the clinical outcomes LCI and FRC. The findings from the technical gases
383 were confirmed by measurements using a mass spectrometer. Using these data, we
384 were able to estimate the impact of the measurement error and develop an
385 appropriate correction function.

386 The main limitation of this study is the fact that we only had a finite number of gas
387 samples with finite precisions to test the sensors. We chose a selection of gas
388 concentrations from our range of interest which would exhibit cross-sensitivity effects
389 but could ultimately not cover the entire range of concentration combinations in MBW
390 measurements using technical gases. However, the phase of the measurement
391 where sensor accuracy is the most relevant for accurate MBW outcomes is the end
392 of test, whereby the mass spectrometry measurements allowed us to describe the
393 sensor error with high certainty.

394 **Outlook**

395 In the process of conducting the research for this paper, we contacted the
396 manufacturer for information regarding their sensor configurations and questions
397 regarding sensor settings and signal processing. They have incorporated the
398 correction described in this manuscript into the signal processing of the new software
399 version of Spiroware 3.3.1, which has since been released.

400 **Conclusion**

401 An error in the cross sensitivity correction between the oxygen and carbon dioxide
402 gas sensors of the Exhalyzer D device leads to an overestimation of FRC and LCI.
403 Correction of this error is possible but needs to be applied breath-by-breath by re-
404 analyzing the measurements in an updated version of the Spiroware analysis
405 software.

406 **ACKNOWLEDGMENTS**

407 The authors thank Daniel Oberli and Ruedi Isler (Eco Medics AG, Switzerland) for
408 confirming the sensor error after we detected and informed them about it. We also
409 thank Daniel Oberli and Ruedi Isler for working with us to finalize the correction
410 equation based on the technical gas measurements performed by us and the mass
411 spectrometry measurements performed by them, which have now been implemented
412 into the commercial software. We thank all our patients and study participants as well
413 as their families for allowing their MBW data to be used for research. In addition, we
414 thank the lab technicians Sandra Lüscher, Bettina Vessaz, Sharon Krattinger, and
415 Gisela Wirz for their contribution by performing MBW measurements. Special thanks
416 go to the physicians from our department.

417

418 **GRANTS, GIFTS, EQUIPMENT, DRUGS**

419 Eco Medics AG (Duernten, Switzerland) provided a research version of their
420 commercial software Spiroware 3.3, provided information on signal processing
421 algorithms, and helped with the acquisition of mass spectrometry measurements.

422 This project was funded by the Swiss National Science Foundation, Grant Nr.
423 182719 (P. Latzin) and 168173 (K. Ramsey).

424 **REFERENCES**

- 425 1. **Stanojevic S, Davis SD, Retsch-Bogart G, Webster H, Davis M, Johnson**
426 **RC, Jensen R, Pizarro ME, Kane M, Clem CC, Schornick L, Subbarao P, and**
427 **Ratjen FA.** Progression of Lung Disease in Preschool Patients with Cystic Fibrosis.
428 *American journal of respiratory and critical care medicine* 195: 1216-1225, 2017.
- 429 2. **Mott LS, Park J, Murray CP, Gangell CL, de Klerk NH, Robinson PJ,**
430 **Robertson CF, Ranganathan SC, Sly PD, and Stick SM.** Progression of early
431 structural lung disease in young children with cystic fibrosis assessed using CT.
432 *Thorax* 67: 509-516, 2012.
- 433 3. **Gustafsson PM, De Jong PA, Tiddens HA, and Lindblad A.** Multiple-breath
434 inert gas washout and spirometry versus structural lung disease in cystic fibrosis.
435 *Thorax* 63: 129-134, 2008.
- 436 4. **Owens CM, Aurora P, Stanojevic S, Bush A, Wade A, Oliver C, Calder A,**
437 **Price J, Carr SB, Shankar A, and Stocks J.** Lung Clearance Index and HRCT are
438 complementary markers of lung abnormalities in young children with CF. *Thorax* 66:
439 481-488, 2011.
- 440 5. **Frauchiger BS, Binggeli S, Yammine S, Spycher B, Krüger L, Ramsey KA,**
441 **and Latzin P.** Longitudinal Course of Clinical Lung Clearance Index in Children with
442 Cystic Fibrosis. *The European respiratory journal* in press, 2020.
- 443 6. **Perrem L, Stanojevic S, Shaw M, Jensen R, McDonald N, Isaac SM, Davis**
444 **M, Clem C, Guido J, Jara S, France L, Solomon M, Grasemann H, Waters V,**
445 **Sweezey N, Sanders DB, Davis SD, and Ratjen F.** Lung Clearance Index to Track
446 Acute Respiratory Events in School-Age Children with Cystic Fibrosis. *American*
447 *journal of respiratory and critical care medicine* 203: 977-986, 2021.
- 448 7. **Ramsey KA, Rosenow T, Turkovic L, Skoric B, Banton G, Adams AM,**
449 **Simpson SJ, Murray C, Ranganathan SC, Stick SM, and Hall GL.** Lung Clearance

450 Index and Structural Lung Disease on Computed Tomography in Early Cystic
451 Fibrosis. *American journal of respiratory and critical care medicine* 193: 60-67, 2016.

452 8. **Kent L, Reix P, Innes JA, Zielen S, Le Bourgeois M, Braggion C, Lever S,**
453 **Arets HG, Brownlee K, Bradley JM, Bayfield K, O'Neill K, Savi D, Bilton D,**
454 **Lindblad A, Davies JC, Sermet I, and De Boeck K.** Lung clearance index: evidence
455 for use in clinical trials in cystic fibrosis. *Journal of cystic fibrosis : official journal of*
456 *the European Cystic Fibrosis Society* 13: 123-138, 2014.

457 9. **Saunders C, Jensen R, Robinson PD, Stanojevic S, Klingel M, Short C,**
458 **Davies JC, and Ratjen F.** Integrating the multiple breath washout test into
459 international multicentre trials. *Journal of cystic fibrosis : official journal of the*
460 *European Cystic Fibrosis Society* 19: 602-607, 2020.

461 10. **Subbarao P, Milla C, Aurora P, Davies JC, Davis SD, Hall GL, Heltshe S,**
462 **Latzin P, Lindblad A, Pittman JE, Robinson PD, Rosenfeld M, Singer F, Starner**
463 **TD, Ratjen F, and Morgan W.** Multiple-Breath Washout as a Lung Function Test in
464 Cystic Fibrosis. A Cystic Fibrosis Foundation Workshop Report. *Annals of the*
465 *American Thoracic Society* 12: 932-939, 2015.

466 11. **Ratjen F, Davis SD, Stanojevic S, Kronmal RA, Hinckley Stukovsky KD,**
467 **Jorgensen N, and Rosenfeld M.** Inhaled hypertonic saline in preschool children with
468 cystic fibrosis (SHIP): a multicentre, randomised, double-blind, placebo-controlled
469 trial. *The Lancet Respiratory medicine* 7: 802-809, 2019.

470 12. **Ratjen F, Hug C, Marigowda G, Tian S, Huang X, Stanojevic S, Milla CE,**
471 **Robinson PD, Waltz D, and Davies JC.** Efficacy and safety of lumacaftor and
472 ivacaftor in patients aged 6-11 years with cystic fibrosis homozygous for F508del-
473 CFTR: a randomised, placebo-controlled phase 3 trial. *The Lancet Respiratory*
474 *medicine* 5: 557-567, 2017.

- 475 13. **Davies JC, Sermet-Gaudelus I, Naehrlich L, Harris RS, Campbell D,**
476 **Ahluwalia N, Short C, Haseltine E, Panorchan P, Saunders C, Owen CA, and**
477 **Wainwright CE.** A phase 3, double-blind, parallel-group study to evaluate the
478 efficacy and safety of tezacaftor in combination with ivacaftor in participants 6
479 through 11 years of age with cystic fibrosis homozygous for F508del or heterozygous
480 for the F508del-CFTR mutation and a residual function mutation. *Journal of cystic*
481 *fibrosis : official journal of the European Cystic Fibrosis Society* 20: 68-77, 2021.
- 482 14. **Nielsen JG.** Lung clearance index: should we really go back to nitrogen
483 washout? *The European respiratory journal* 43: 655-656, 2014.
- 484 15. **Kane M, Rayment JH, Jensen R, McDonald R, Stanojevic S, and Ratjen F.**
485 Correcting for tissue nitrogen excretion in multiple breath washout measurements.
486 *PloS one* 12: e0185553, 2017.
- 487 16. **Guglani L, Kasi A, Starks M, Pedersen KE, Nielsen JG, and Weiner DJ.**
488 Difference between SF(6) and N(2) Multiple Breath Washout kinetics is due to N(2)
489 back diffusion and error in N(2) offset. *Journal of applied physiology (Bethesda, Md :*
490 *1985)* 2018.
- 491 17. **Cummings B, Hamilton ML, Ciaffoni L, Pragnell TR, Peverall R, Ritchie**
492 **GA, Hancock G, and Robbins PA.** Laser-based absorption spectroscopy as a
493 technique for rapid in-line analysis of respired gas concentrations of O2 and CO2.
494 *Journal of applied physiology (Bethesda, Md : 1985)* 111: 303-307, 2011.
- 495 18. **Arieli R, Ertracht O, and Daskalovic Y.** Infrared CO2 analyzer error: an
496 effect of background gas (N2 and O2). *Journal of applied physiology (Bethesda, Md :*
497 *1985)* 86: 647-650, 1999.
- 498 19. **Oxigraf Inc.** Technology - Laser Absorption Spectroscopy Summary, *retrieved*
499 *5th of July 2021 from <https://www.oxigraf.com/technology/>*

- 500 20. **Sandvik RM, Gustafsson PM, Lindblad A, Robinson PD, and Nielsen KG.**
501 Improved agreement between N(2) and SF(6) multiple breath washout in healthy
502 infants and toddlers with improved EXHALYZER D(®) sensor performance. *Journal*
503 *of applied physiology (Bethesda, Md : 1985)* 2021.
- 504 21. **Anagnostopoulou P, Latzin P, Jensen R, Stahl M, Harper A, Yammine S,**
505 **Usemann J, Foong RE, Spycher B, Hall GL, Singer F, Stanojevic S, Mall MA,**
506 **Ratjen F, and Ramsey KA.** Normative data for multiple breath washout outcomes in
507 school-aged Caucasian children. *The European respiratory journal* 55: 1901302,
508 2020.
- 509 22. **Korten I, Kieninger E, Yammine S, Regamey N, Nyilas S, Ramsey K,**
510 **Casaulta C, Latzin P, and For The Scild Study G.** The Swiss Cystic Fibrosis Infant
511 Lung Development (SCILD) cohort. *Swiss medical weekly* 148: w14618, 2018.
- 512 23. **Bayfield KJ, Horsley A, Alton E, Irving S, Bush A, and Davies JC.**
513 Simultaneous sulfur hexafluoride and nitrogen multiple-breath washout (MBW) to
514 examine inherent differences in MBW outcomes. *ERJ open research* 5: 00234-
515 02018, 2019.
- 516 24. **Bell AS, Lawrence PJ, Singh D, and Horsley A.** Feasibility and challenges
517 of using multiple breath washout in COPD. *International journal of chronic obstructive*
518 *pulmonary disease* 13: 2113-2119, 2018.
- 519 25. **Jensen R, Stanojevic S, Gibney K, Salazar JG, Gustafsson P, Subbarao**
520 **P, and Ratjen F.** Multiple breath nitrogen washout: a feasible alternative to mass
521 spectrometry. *PloS one* 8: e56868, 2013.
- 522 26. **Singer F, Houtz B, Latzin P, Robinson P, and Gustafsson P.** A realistic
523 validation study of a new nitrogen multiple-breath washout system. *PloS one* 7:
524 e36083, 2012.

- 525 27. **Robinson PD, Latzin P, Verbanck S, Hall GL, Horsley A, Gappa M,**
526 **Thamrin C, Arets HG, Aurora P, Fuchs SI, King GG, Lum S, Macleod K, Paiva M,**
527 **Pillow JJ, Ranganathan S, Ratjen F, Singer F, Sonnappa S, Stocks J, Subbarao**
528 **P, Thompson BR, and Gustafsson PM.** Consensus statement for inert gas washout
529 measurement using multiple- and single- breath tests. *The European respiratory*
530 *journal* 41: 507-522, 2013.
- 531 28. **Wyler F, Oestreich M-A, Frauchiger BS, Ramsey K, and Latzin P.**
532 Correction of measurement error in a commercial multiple-breath washout device.
533 *medRxiv* [preprint] 2021.2002.2006.21251250, 2021.
- 534 29. **Poncin W, Singer F, Aubriot AS, and Lebecque P.** Agreement between
535 multiple-breath nitrogen washout systems in children and adults. *Journal of cystic*
536 *fibrosis : official journal of the European Cystic Fibrosis Society* 16: 258-266, 2017.
- 537 30. **Yamine S, Summermatter S, Singer F, Lauener R, and Latzin P.**
538 Feasibility of nitrogen multiple-breath washout in inexperienced children younger than
539 7 years. *Pediatric pulmonology* 51: 1183-1190, 2016.
- 540 31. **Yamine S, Singer F, Abbas C, Roos M, and Latzin P.** Multiple-breath
541 washout measurements can be significantly shortened in children. *Thorax* 68: 586-
542 587, 2013.
- 543 32. **Foong RE, Harper AJ, Skoric B, King L, Turkovic L, Davis M, Clem CC,**
544 **Rosenow T, Davis SD, Ranganathan S, Hall GL, and Ramsey KA.** The clinical
545 utility of lung clearance index in early cystic fibrosis lung disease is not impacted by
546 the number of multiple-breath washout trials. *ERJ open research* 4: 00094-02017,
547 2018.
- 548 33. **Frauchiger BS, Carlens J, Herger A, Moeller A, Latzin P, and Ramsey KA.**
549 Multiple breath washout quality control in the clinical setting. *Pediatric pulmonology*
550 56: 105-112, 2021.

551 34. **Nielsen N, Nielsen JG, and Horsley AR.** Evaluation of the impact of alveolar
552 nitrogen excretion on indices derived from multiple breath nitrogen washout. *PloS*
553 *one* 8: e73335, 2013.

554 35. **Sandhu D, Ritchie GAD, and Robbins PA.** The differing physiology of
555 nitrogen and tracer gas multiple-breath washout techniques. *ERJ open research* 7:
556 2021.

557

558 **FIGURES**

559

560 **Figure 1:** N₂ error as a function of N₂ in the gas mixtures. The N₂ error here is the
561 absolute difference between measured N₂ and reference N₂ as a function of
562 reference N₂ in the gas mixtures. Dashed curves represent the combined fits through
563 the errors of the individual gas sensor errors, for selected concentrations of CO₂.
564 Dotted vertical line indicates the end of test condition. The color shading indicates the
565 reference CO₂ concentrations of the gas mixtures. Dots represent mean of 6
566 measurements (triplicates on 2 devices) performed with 12 technical gas mixtures as
567 reference (CO₂: 0%, 2.5%, 7.5%, O₂: 30%, 60%, 90%, Rest, N₂: Rest), triangles
568 represent mean of 3 mass spectrometry reference measurements of 7 mixtures at
569 the end of test condition (N₂: 2%, CO₂: 0%, 1%, 2%, 3%, 4%, 5%, 6%, O₂: Rest).
570 Error bars represent SD of measurements for each mixture. For an overview of the
571 gas mixtures see OLS (Technical gases and Table 2).

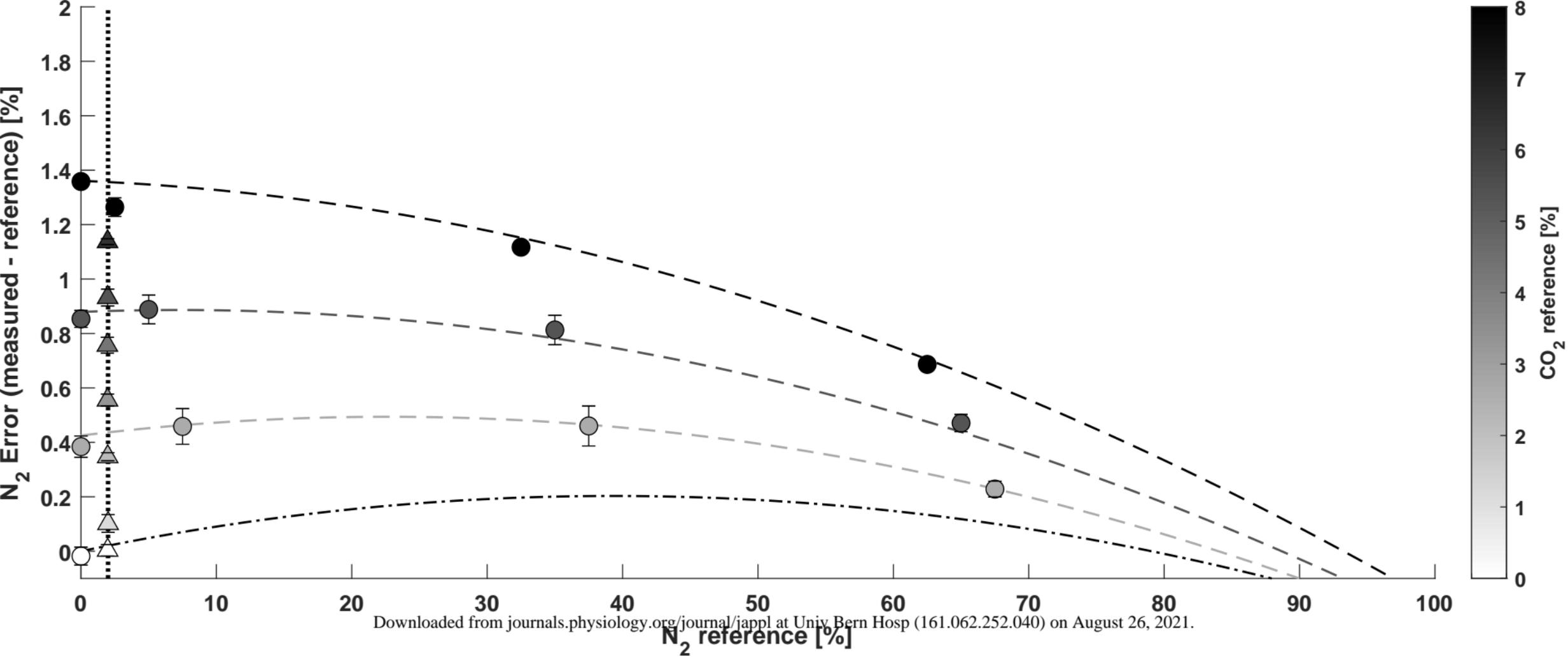
572 **Figure 2:** Illustration of the effect of the sensor correction on the N₂ signal and
573 consequently on the end of test in an example MBW measurement. Traced in gray is
574 the signal output of the standard signal processing, the corrected signal is shown in
575 black. Vertical dashed lines represent the end of test for the original standard and
576 corrected measurement respectively. The dashed horizontal line corresponds to
577 1/40th of the initial N₂ concentration (end of test, ca. 2% N₂). Dashed vertical lines
578 represent the original end of test (end of test condition reached in standard
579 processing) and new end of test (end of test condition reached in corrected
580 processing). **(A)** Time course of N₂ throughout a standard MBW measurement. **(B)**
581 Zoom into the critical period of end of test determination. In this example the test
582 ends 5 breaths earlier in the corrected measurement compared to standard.

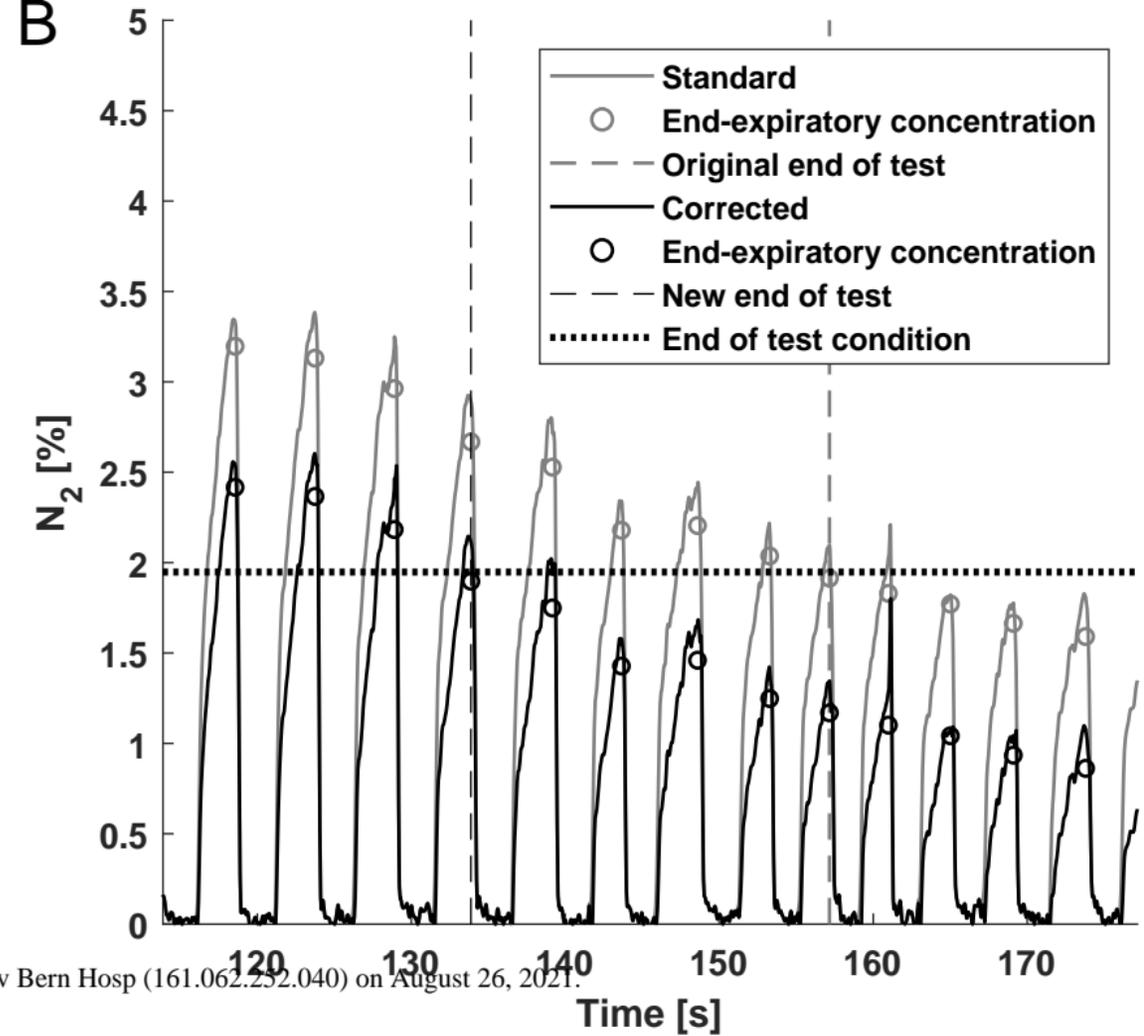
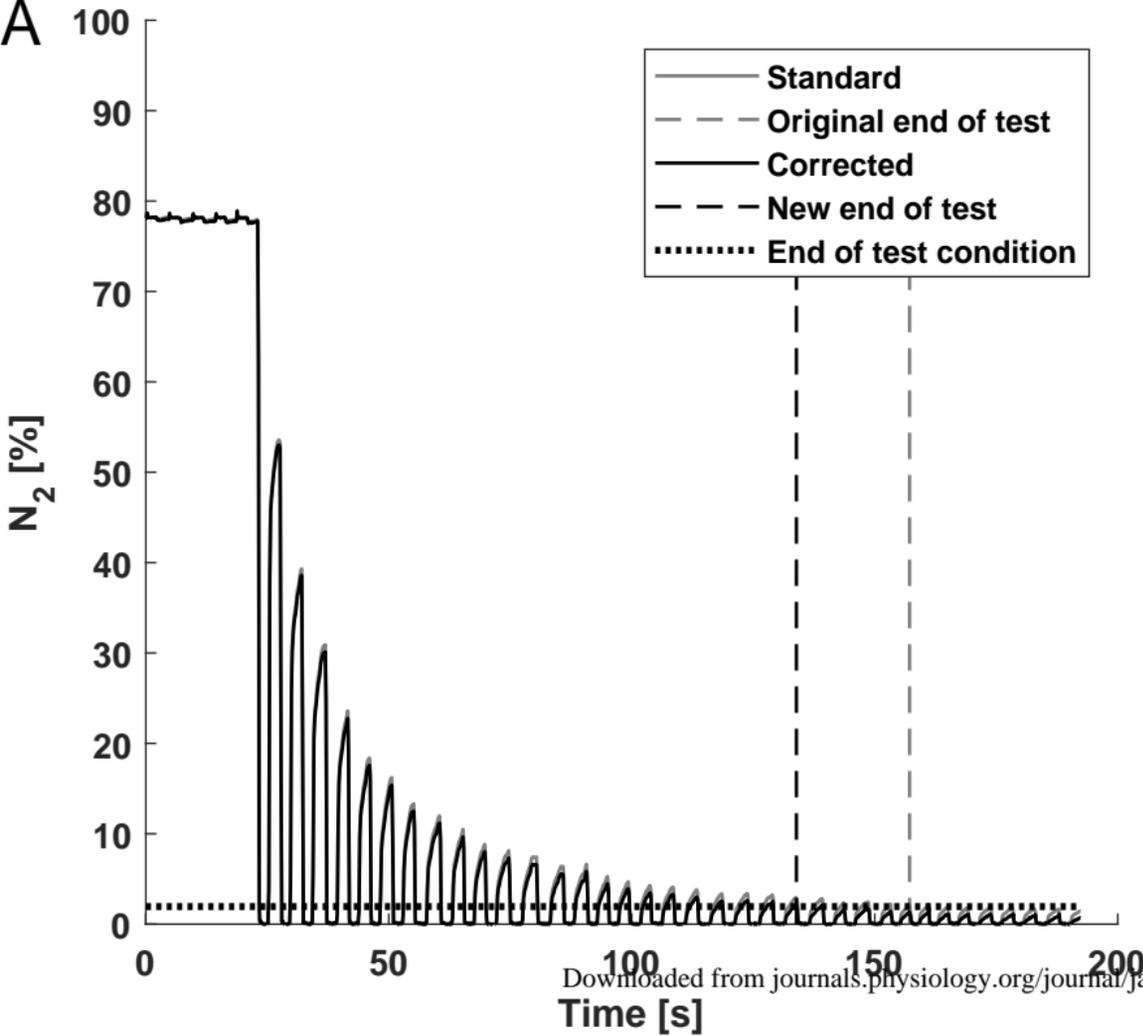
583 **Figure 3:** Observed absolute error between reference and measured gas
584 concentrations. (dots: mean of error of one gas mixture, error bars: +/- SD of error).
585 Curves represent a two parameter quadratic polynomial fitted through the error
586 values (see OLS for details), represented here as dashed curves for given CO₂
587 concentrations. Dots represent mean of 6 measurements (triplicates on 2 devices)
588 performed with 12 technical gas mixtures as reference (CO₂: 0%, 2.5%, 7.5%, O₂:
589 30%, 60%, 90%, Rest, N₂: Rest), triangles represent mean of 3 mass spectrometry
590 reference measurements of 7 mixtures at the end of test condition (N₂: 2%, CO₂: 0%,
591 1%, 2%, 3%, 4%, 5%, 6%, O₂: Rest). Error bars represent SD of measurements for
592 each mixture. For an overview of the gas mixtures see OLS (Technical gases and
593 Table 2). (A) Absolute O₂ error as a function of O₂ and CO₂ concentration, (B)
594 Absolute CO₂ error as a function of O₂ and CO₂ concentration.

595 **Figure 4:** Multiple-breath washout outcomes **(A)** Lung Clearance Index (LCI) and **(B)**
596 functional residual capacity (FRC) after sensor correction (corrected) vs standard
597 (standard; Spiroware 3.3) in healthy controls (HC) and patients with cystic fibrosis
598 (CF). Solid black line indicates line of equality, dashed line represents a linear fit
599 through the data points.

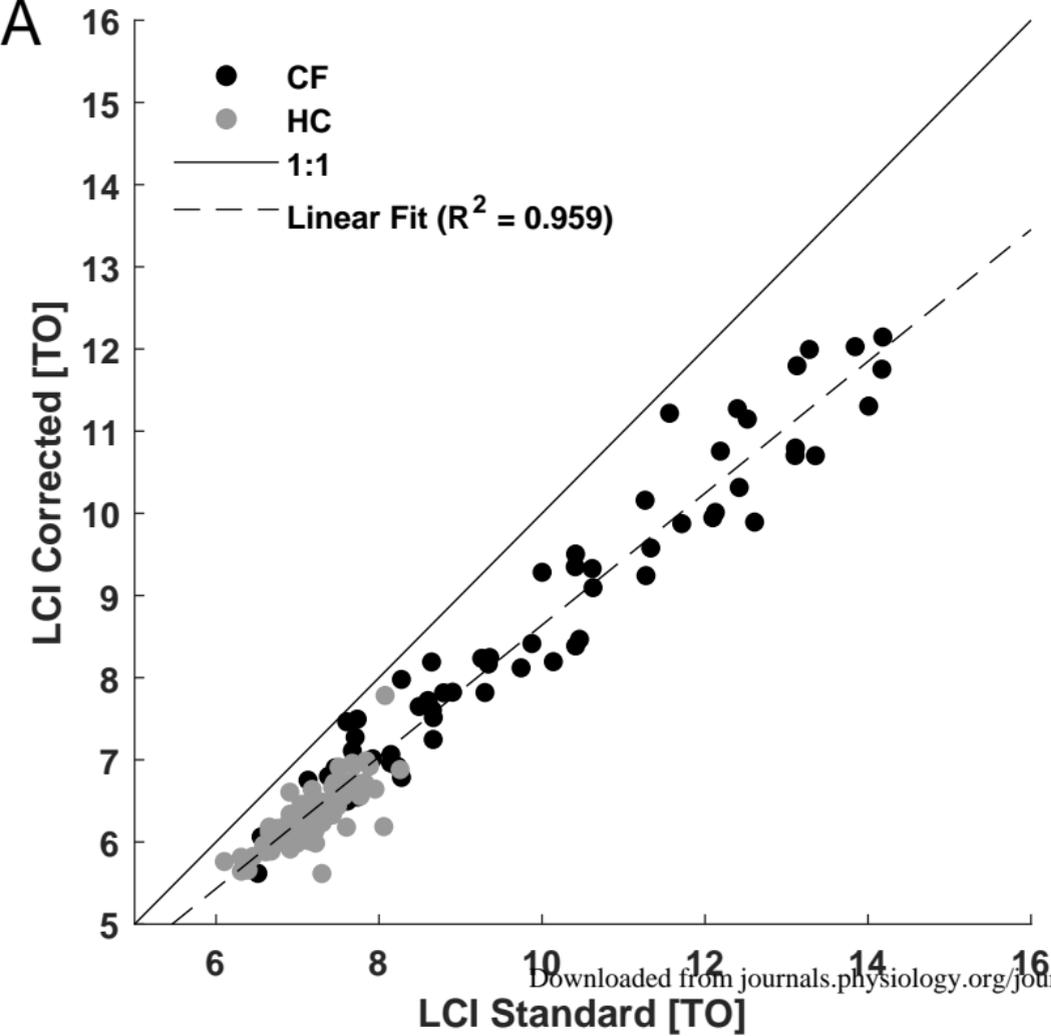
600 **Figure 5:** Bland-Altman plot of the absolute difference (corrected – standard) of
601 multiple-breath washout outcomes **(A)** Lung Clearance Index (LCI) in turnover [TO]
602 and **(B)** functional residual capacity (FRC) in liter [L] of healthy controls (HC) and
603 patients with cystic fibrosis (CF) due to sensor correction, plotted against the mean
604 outcomes (mean of corrected and standard).

605 **Figure 6:** Illustration of the effect of the sensor correction function on nitrogen
606 measurement in the late phase of MBW tests. **(A)** Example of the equilibrium N_2
607 reached in a very long continued MBW measurement, displaying a greatly decreased
608 N_2 -back-diffusion equilibrium (tissue nitrogen). **(B)** Corrected N_2 plotted against
609 standard N_2 in conditions around the end of test condition (2% N_2).

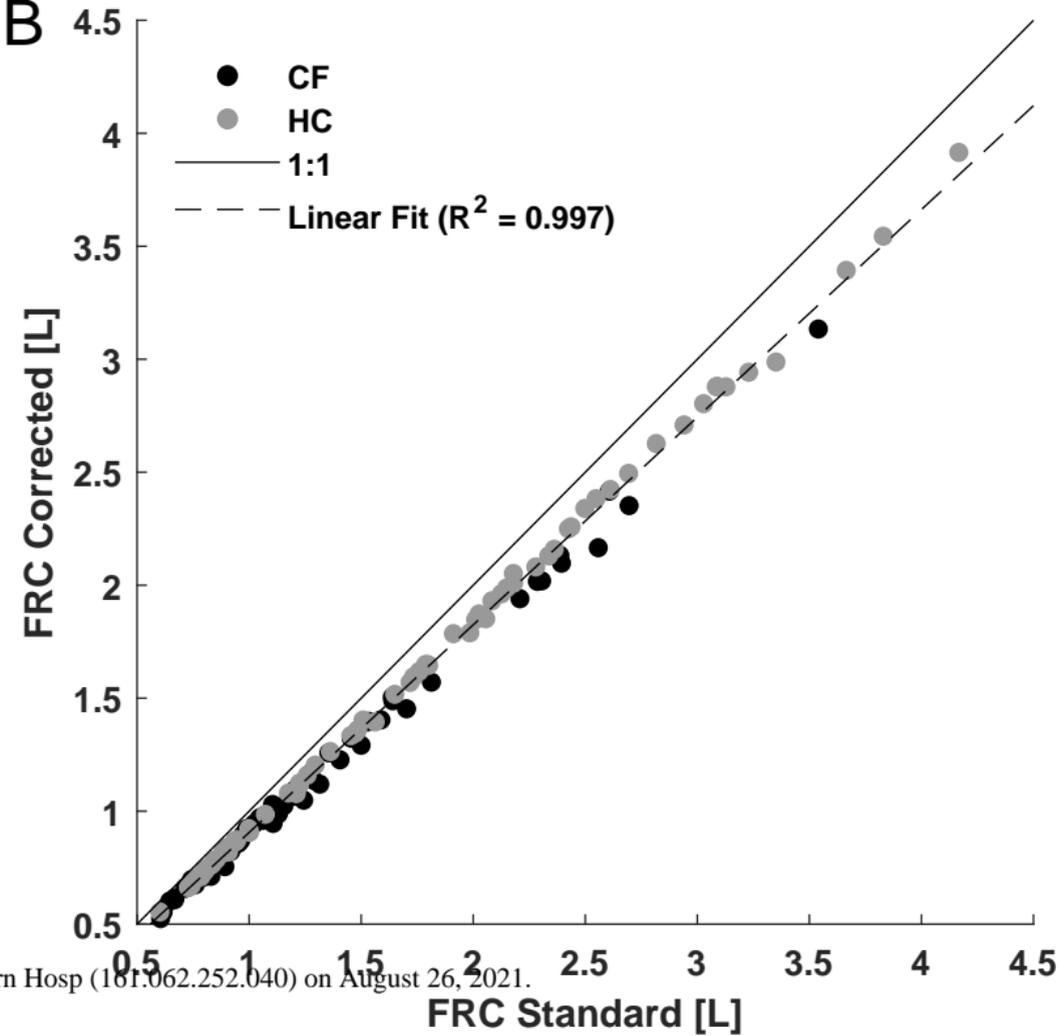


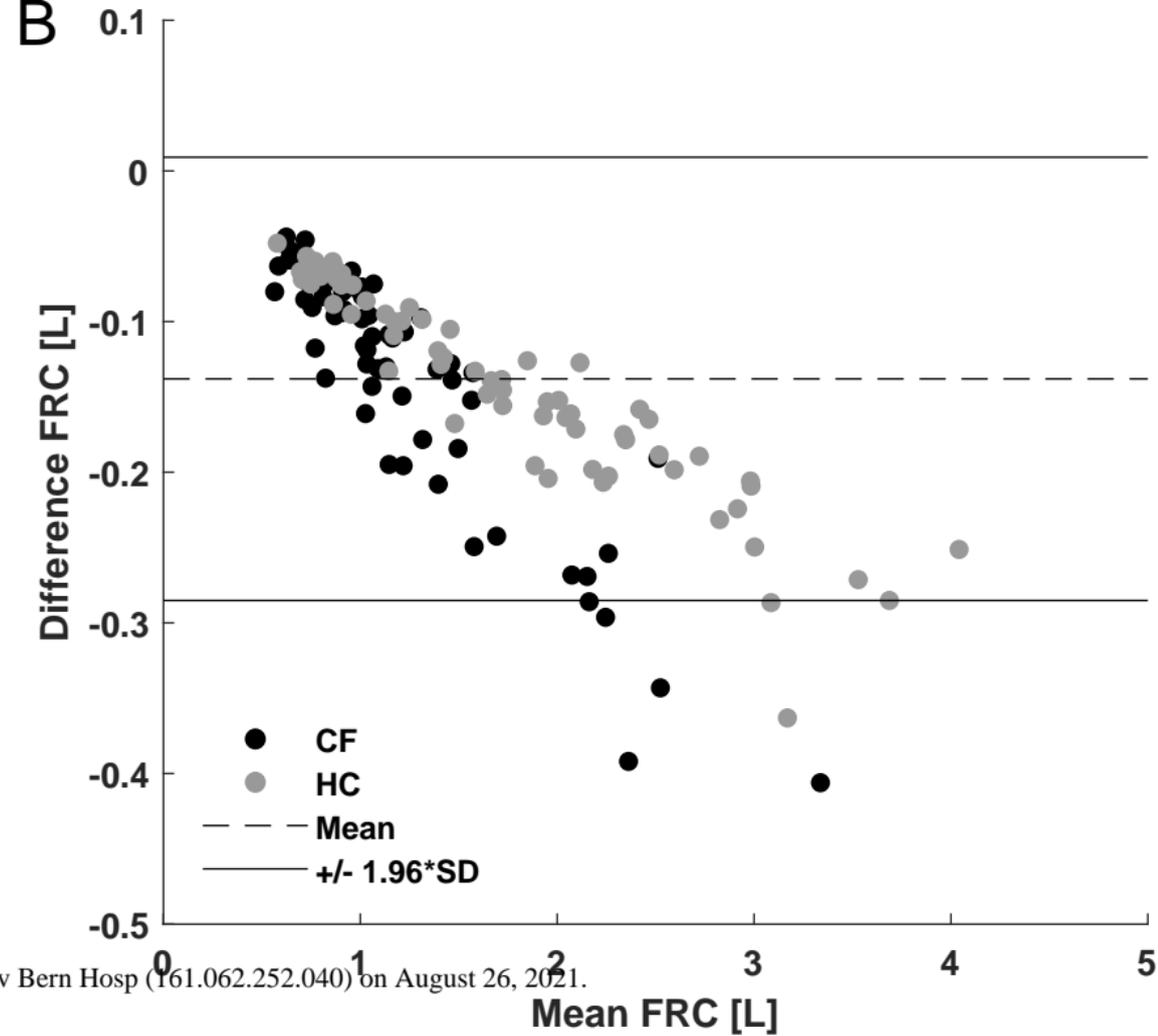
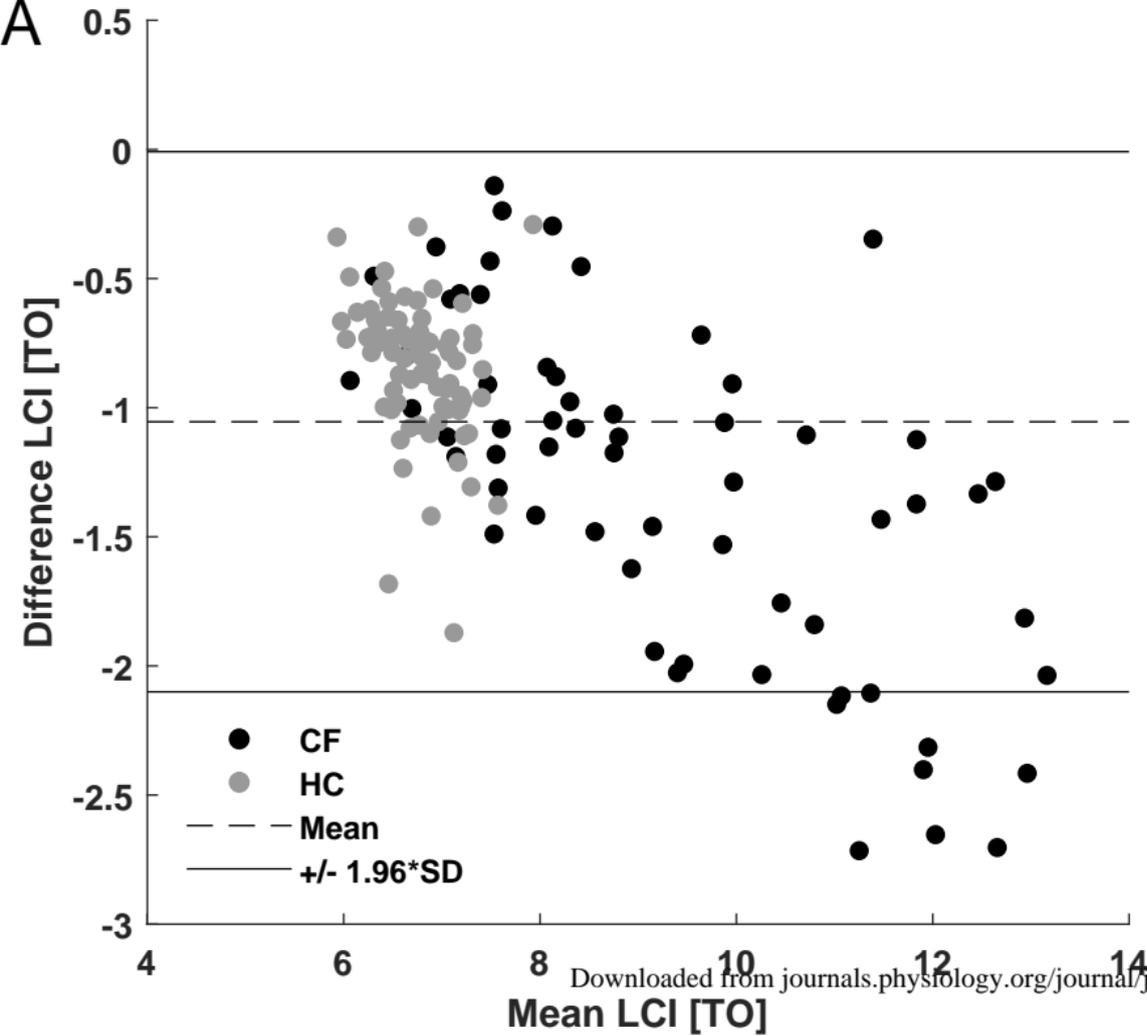


A



B





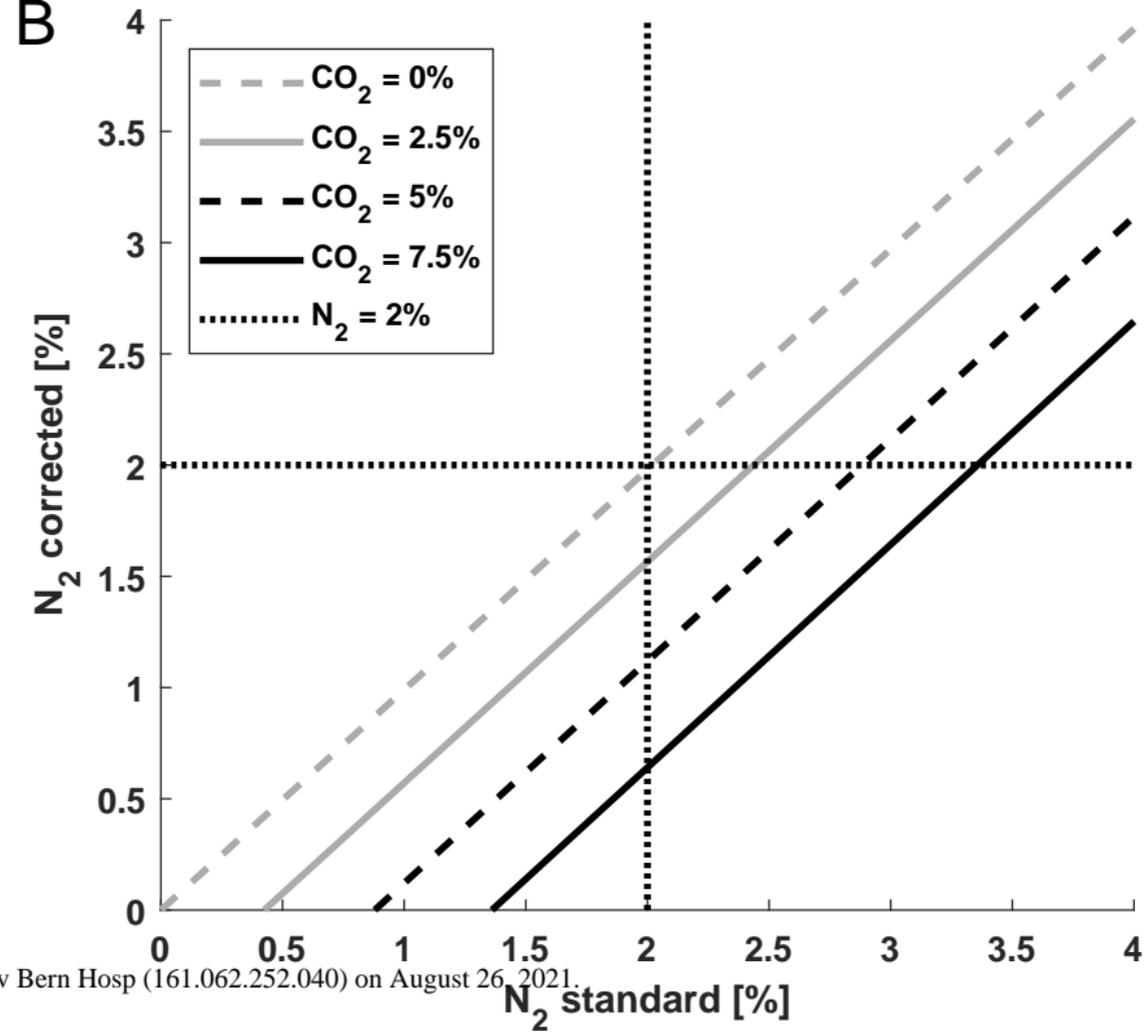
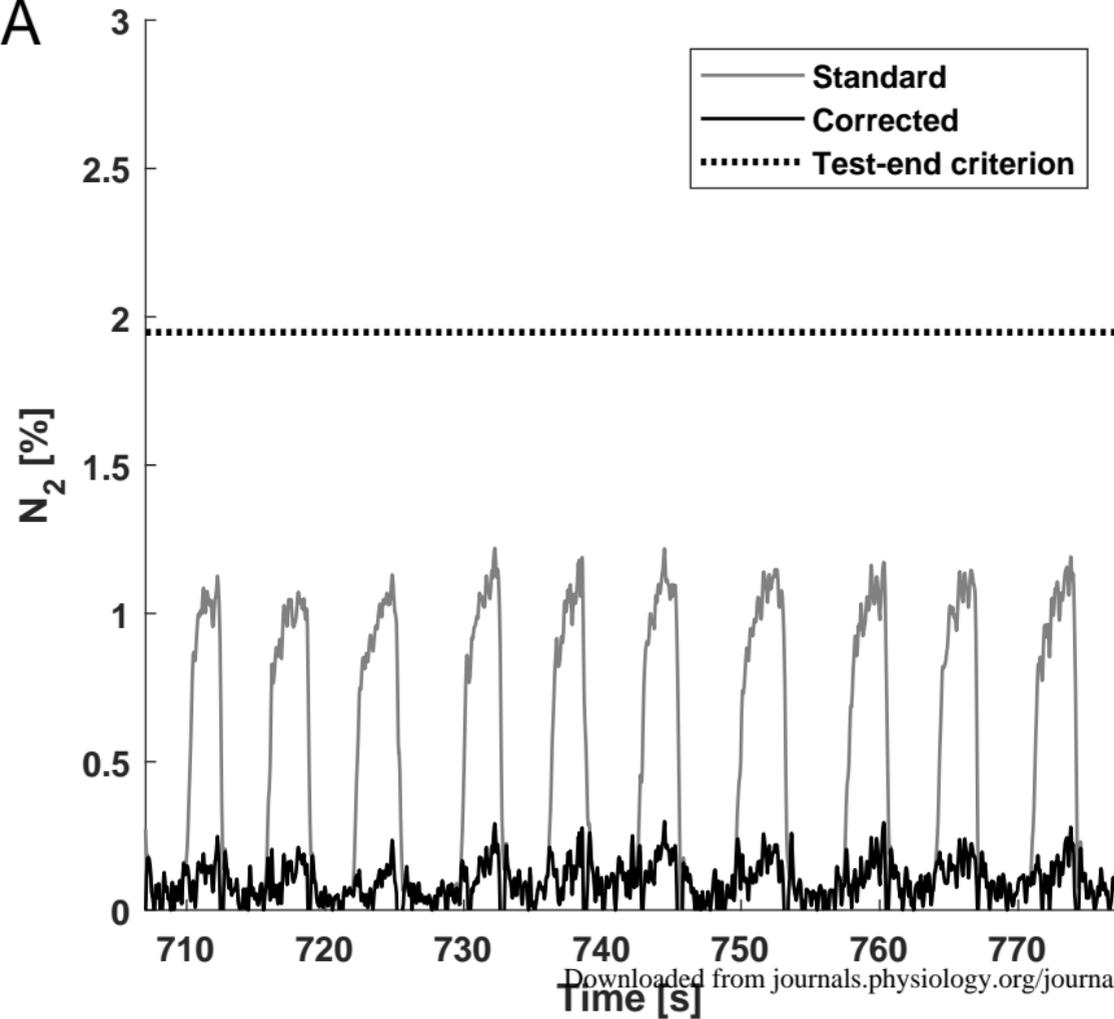


Table 1

Condition	Signal Processing						N ₂ Error		Contribution	
	Standard			Corrected			abs	rel	[CO ₂]	[O ₂]
	[N ₂]	[CO ₂]	[O ₂]	[N ₂]	[CO ₂]	[O ₂]				
Original end of test [%]	2.00	5.00	93.0	1.10	5.12	93.8	0.90	82.4	13.5	86.5
New end of test [%]	2.88	4.88	92.2	2.00	5.00	93.0	0.88	44.1	13.3	86.7
No nitrogen [%]	0.88	4.88	94.2	0.00	5.00	95.0	0.88	-	-	-

Table 1: Specific examples of sensor impact on measurement of N₂ in three conditions of interest. The original end of test corresponds to a gas mixture that would be identified as the end of test in standard processing. The second condition corresponds to the new end of test after sensor correction. The third condition contains no real nitrogen. Standard concentrations denote concentrations measured in standard Spiroware 3.3 processing. Corrected concentrations correspond to concentrations after sensor correction is applied. N₂ error summarizes the absolute (abs) difference between N₂ in standard vs. corrected, as well as the relative (rel) error ((standard-corrected)/corrected). The relative contribution of each sensor in [%] to the total error in N₂ concentration is listed under "Contribution".

Table 2

		n	Standard			Corrected			Difference			
			mean	SD	p-value*	mean	SD	p-value*	mean	rel [%]	95% CI [%]	p-value†
LCI [TO]	All	147	8.33	2.05		7.31	1.7		1.02	11.9	11.2 - 12.5	<0.001
	HC	85	7.12	0.51		6.30	0.4		0.82	11.3	10.6 - 12.1	<0.001
	CF	62	9.99	2.21		8.69	1.8		1.30	12.6	11.4 - 13.8	<0.001
	Difference		-2.87		<0.001	-2.38		<0.001				
FRC [L]	All	147	1.63	0.87		1.49	0.80		0.14	8.9	8.6 - 9.3	<0.001
	HC	85	1.87	0.95		1.73	0.89		0.14	7.9	7.6 - 8.1	<0.001
	CF	62	1.31	0.61		1.17	0.53		0.14	10.4	9.7 - 11.0	<0.001
	Difference		0.56		<0.001	0.56		<0.001				
CEV [L]	All	147	14.9	7.4		11.9	5.7		3.03	19.6	18.8 - 20.4	<0.001
	HC	85	14.6	6.7		12.0	5.6		2.67	18.2	17.4 - 19.0	<0.001
	CF	62	15.2	8.3		11.7	5.8		3.54	21.5	20.1 - 23.0	<0.001
	Difference		-0.58		0.6532	0.29		0.7601				

Table 2: Summary of the differences in Lung Clearance Index (LCI), functional residual capacity (FRC) and cumulative expired volume (CEV) between healthy controls (HC) and patients with cystic fibrosis (CF) in the retrospective dataset before (standard) and after (corrected) the application of the sensor correction function. *unpaired t test; †paired t test. Bold print indicates statistical significance.