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# Diagnostic tests based on pattern formation in drying body fluids – A mapping review

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# ABSTRACT

There are numerous diagnostic tests based on pattern formation in desiccating body fluids, where the pattern or some of its characteristics constitute the diagnostic test outcome. However, partially due to the development in different time periods, and partially due to publications in languages different from English, most of these diagnostic tests exist as separate approaches and have never been grouped, systematized, nor compared with each other. In the present mapping review, we performed a wide literature search with the aim to collect all diagnostic tests based on pattern formation in desiccating body fluids. Furthermore, we grouped the identified diagnostic tests according to their experimental protocols, type of body fluids investigated, and target conditions, and propose so for the first time a classification of different diagnostic tests based on pattern formation in desiccating body fluids. The literature search revealed 1603 publications, out of which 141 were included into the review. Following three main classification criteria (way of deposition of the fluid for desiccation, addition of reagents, and spatial restrictions during evaporation), we identified six different methods; following a further classification concerning the analyzed body fluid we identified 30 different diagnostic tests based on pattern formation in evaporating body fluids. Amongst these tests are well-known procedures such as ferning tests (tear ferning for the assessment of tear film quality, saliva and cervical mucus ferning for the detection of the fertile period, and amniotic fluid ferning for the diagnosis of fetal membrane rupture), whereas other tests are less wellestablished. In the latter group, the most frequently investigated body fluids were serum, saliva, and blood; the most frequently addressed target conditions were cancer, inflammation, and benign tumors. We recommend conducting further systematic reviews and meta-analyses concerning groups of methods addressing the same target condition.

#### 1. Introduction

Pattern formation in desiccating body fluids has triggered the interest of scientists for many years. According to our knowledge, the first publication regarding this topic, addressing the evaporation-induced formation of NaCl crystals in solutions containing urea, was by Jean-Baptiste Romè de l'Isle in 1783 [1]. Since then, literally all body fluids, including secretions (tears, saliva, sweat, urine, cervical mucus, sperm, wound leakages, discharges), liquid biopsies (blood, cerebrospinal fluid, follicular fluid, pleural effusion), and blood derivatives (serum and plasma) have been studied for their pattern forming characteristics in the course of desiccation. The studies focused mainly on the detection of structural differences in dried residues of body fluids obtained from diseased vs. control donors, and the potential of such differences for medical diagnosis (diagnostic test based on pattern formation in desiccating body fluids; further on called diagnostic patterning test, DPT).

Many different DPTs have been developed, varying in their methodological procedures concerning- besides the body fluid to be analyzed-, also, *inter alia*, its dilution degree, addition of reagents, volume of the body fluid (or solution containing the body fluid) needed to obtain a pattern, way of solution deposition on the substrate before drying, evaporation conditions, and, finally, pattern evaluation procedures. These numerous DPTs represent a highly differentiated field nowadays.

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There are tests which are well established and commonly used, and others which still are experimental. Furthermore, there are well-known tests, but also tests with limited dissemination, for instance due to the language of publication being other than English (mainly Russian or German), or because they were developed, and are mostly still used, in small and rather closed scientific communities. Finally, there are tests where the working principle is clear, and others where it is partially or completely unknown. The lacking cohesion of different DPTs is also due to the fact that a common nomenclature is missing (e.g. the same method can be named differently, for instance, *desiccation of a sitting serum droplet on a glass substrate* may be named *droplet evaporation* or *wedge dehydration* method).

However, despite these differences, all DPTs rely on the same phenomenon and can be considered to represent a single group of methods. Therefore, the aim of the present mapping review [2] is to give a complete overview of all DPTs based on evaporation-induced pattern formation in body fluids and to classify them according to their experimental protocols and the body fluids applied. The publications included serve to identify all DPTs documented in literature. In our opinion, an overview of the different DPTs may have a positive impact on the unification of these approaches; in addition, by comparing the different protocols, new insights into the working principle of these diagnostic tests might be revealed.

# 2. Materials and methods

# 2.1. Literature search

Articles, book chapters, and books were collected from scientific databases (PubMed and Web of Science) using the following search terms: (((blood OR serum OR plasma OR biofluid OR "body fluid" OR "bodily fluid") AND (evaporat\* OR desiccat\* OR dried OR dry)) OR ("ferning test" OR "crystallization test" OR "crystallisation test" OR "wedge-shaped dehydration" OR "copper chloride crystallization" OR "copper chloride crystallisation" OR "bolen test")) AND pattern AND diagnos\*. The database e-Library Russia was searched with corresponding terms in Russian. Suitable literature was also collected by contacting experts in the research field in question. Additionally, literature reference lists were searched by hand for further relevant publications. Literature regarding the copper chloride biocrystallization method was also collected from the Goetheanum library (Dornach, Switzerland) and E. Pfeiffers Archives (i.e. a collection of scanned articles and documents found in E. Pfeiffers laboratory, USA). Publications in English, German, Russian, French, and Polish were considered. There was no limit regarding publication year. We collected literature regarding diagnostic applications in both human and in veterinary medicine.

#### 2.2. Inclusion criteria

For the present mapping review, we considered (i) experimental studies on the diagnosis of diseases or detection of physiological processes (e.g. fertile period, pregnancy), in which *in vitro* methods based on evaporation-induced pattern formation in body fluids have been applied, and (ii) reviews concerning such experimental studies. Moreover, the result of the diagnostic test had to depend on the pattern characteristics. For veterinary medicine, we included only studies where naturally occurring disorders or physiological processes were investigated.

#### 2.3. Exclusion criteria

We did not consider basic research studies nor commentaries. Experimental studies in which the desiccated residues of biological fluids represented a specimen subjected to further analysis by means of other methods (e.g. spectrometry) were also excluded. Furthermore, publications regarding recognized DPTs were subjected to a restriction in publication number (see: identification of recognized diagnostic pattering tests). Regarding veterinary medicine, studies employing the artificial induction of diseases in animals were excluded.

## 2.4. Criteria for identification of recognized diagnostic patterning tests

A DPT was considered a recognized approach if (i) there was at least one publication published by a health institution or health organization containing recommendations on the DPT application in diagnostics, or if (ii) there was at least one peer-reviewed publication which used the DPT as a reference standard. These criteria were established for the purpose of the present mapping review.

# 2.5. Extraction of information from the publications and classification of the experimental protocols

From each included publication, the following information was extracted and listed in a table:

- (i) author(s) and publication year,
- (ii) way of deposition of the evaporating liquid,
- (iii) use of reagents,
- (iv) spatial restrictions of the liquid during evaporation,
- (v) type of body fluid analyzed,
- (vi) target condition, and
- (vii) pattern evaluation technique.

Experimental protocols identical in terms of conditions (ii-iv) were considered a method, whereas those identical in conditions (ii-v) were considered a DPT.

This classification was established for the purpose of the present mapping review.

#### 3. Results

## 3.1. Literature search

As shown in Fig. 1, the literature search of the databases according to the chosen searching terms and other sources identified a total of 1569 publications; further 34 publications were added following the search of the reference list. After removing duplicates and irrelevant literature, 342 publications remained which were subjected to a further screening according to the inclusion criteria. We identified four tests which fulfilled our criteria for recognized diagnostic approaches (ferning tests applied to (i) tears for analysis of the tear film quality [3], (ii) amniotic fluid for the diagnosis of ruptured fetal membranes [4], (iii) saliva [5], and (iv) cervical mucus [6] for the detection of the fertile period), and limited the number of publications of each of these DPTs. Finally, 141 articles, book chapters, books, and case reports establishing the diagnosis of different diseases and physiological states in humans and animals based on pattern formation in desiccating body fluids were identified; these publications were included into the present mapping review.

#### 3.2. Classification of the collected experimental protocols into methods

As shown in Fig. 2a, we first classified the experimental protocols identified into methods according to three following characteristics: (1) mode of liquid deposition, (2) reagents added, and (3) spatial restrictions of the liquid during evaporation.

(1) We identified four different modes of liquid deposition: deposition into (i) films, (ii) smears and swabs, (iii) droplets, and (iv) as bulk liquid in a dish.

(2) The comparison of experimental protocols showed that in most cases no reagents were used and the pattern formation process was

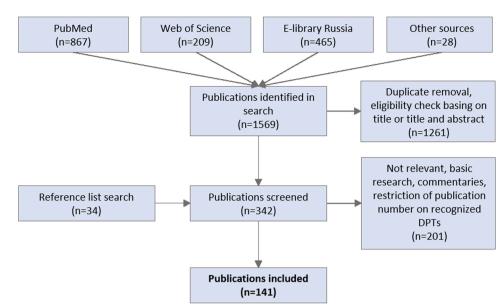


Fig. 1. Flow chart depicting the literature search.

spontaneous; if reagents were added, it was mostly a single type of salt (NaCl, KCl, or CuCl<sub>2</sub>) which was used to induce crystallization.

(3) The experimental protocols varied regarding spatial restrictions during desiccation of the liquid: (i) in case of films, the body fluid was flattened by means of a cover glass (i.e. restricted from the top), (ii) smears, swamps, and droplets had no other spatial restrictions besides the substrate, and (iii) the bulk liquid was desiccated in a round 100 mm diameter dish (or Petri-dish), i.e. with restrictions along the perimeter.

Based on the comparison of the experimental protocols, a total of six methods could be differentiated: (i) desiccation of body fluid films under a cover glass, (ii) desiccation of body fluid smears or swabs, (iii) desiccation of body fluid droplets *per se*, (iv) desiccation of droplets of watery solutions of ashed body fluid, (v) desiccation of body fluid droplets with addition of reagents, and (vi) desiccation of body fluid bulk solutions with added reagents.

# 3.3. Classification of the collected experimental protocols into diagnostic patterning tests

As shown in Fig. 2b, in a next step, the experimental protocols within each of the six methods were classified according to the body fluid analyzed. Any such group of experimental protocols concerning the same method and body fluid was considered a diagnostic patterning test (DPT).

As shown in Fig. 2c, in total 30 DPTs could be identified, most concerning the desiccation of body fluid (BF) droplets *per se* (14 DPTs), followed by desiccation of BF droplets with reagents (6 DPTs), desiccation of bulk solutions with reagents (4 DPTs), desiccation of BF smears and swabs (3 DPTs), then films (2 DPTs), and finally desiccation of droplets of watery solutions of ashed BF (1 DPT). The body fluids most frequently applied in diagnostic tests were serum and saliva (4 DPTs for each BF), followed by blood and urine (3 DPTs for each BF). Other fluids, e.g. plasma, tears, amniotic fluid, cervical mucus and sweat, were used in one DPT each; there were also single studies regarding DPT applied on menstrual fluid, tonsil discharge, follicular fluid, peritoneal fluid, lymph, pleurical cavity fluid, cerebrospinal fluid, wound exudate, and endometrial washouts.

# 3.4. Description and comparison of the identified methods

As presented in Fig. 2a, the identified DPTs may be classified into six methods, depending on the characteristics of their experimental

protocols.

**Desiccation of body fluid films** is a less known approach described in three studies only. The body fluid to be analyzed is placed on a microscope slide and flattened by covering it with a cover glass. The desiccation process lasts longer than in other methods; however, the phase transition occurs in a protected environment (e.g. lesser relative humidity shifts and drafts); moreover, this approach results in a homogenous thickness of the desiccating liquid layer. Due to the size of the specimen, selected pattern sections were subjected to evaluation; the choice of pattern sections may constitute a source of bias.

**Desiccation of body fluid smears or swabs** is used mainly with dense, mucous body fluids (e.g. cervical mucous) unlikely to form into droplets. The body fluid is deposited on a microscope slide by different means: a spatula, or, in case of saliva, a spoon, or by pressing the slide directly on the tongue. Therefore, the specimen may be of varying thickness and size. Evaporation takes place under ambient room conditions. In case of smears, pattern sections were subjected to evaluation.

**Desiccation of body fluid droplets** *per se* was applied on the largest number of different body fluids. The method consists in evaporation of droplets of undiluted body fluids placed on microscope slides. Two experimental studies introduced a modified method based on a slight inclination of the substrate (slides) after droplet deposition, causing the droplets to run off a little and to dry in a different form. Since no reagents are used, the pattern formation depends strictly on the body fluid characteristics and can consist in crystallization, agglomerating, breaking of the surface (formation of so-called cracks), or can combine different pattern formation mechanisms. The multiplicity of possible resulting patterns may represent a challenge for the evaluation.

**Desiccation of solutions droplets of ashed BF** is a method derived from Spagyric medicine. It consists in incinerating the sample and subsequent evaporation of droplets obtained by preparing a watery solution of the sample's ash. Due to the sample's incineration, patterns are formed predominantly in course of crystallization.

Desiccation of body fluid droplets with addition of reagents consists of the evaporation of droplets of body fluids with additives, mostly salts (NaCl and KCl), which induce pattern formation and promote the formation of crystalline structures. As the reagents are added in form of a watery solution, the body fluids become slightly diluted.

In most experimental studies based on BF droplet desiccation (desiccation of BF droplets *per se*, droplets of solutions of ashed BF, and BF droplets with reagents), the evaporation process took place under ambient room conditions. There were only a few studies where an

# a. Classification into methods

Way of deposition	Films	Smears swabs		Droplets		Bulk liquids
Reagents	No reagents (spontaneous pattern formation)			Reagent(s (induced patter		
Spatial restrictions	From above (cover glass)					From sides (dish)
Pattern examples	*		0			
Identified methods	Desiccation of BF films	Desiccation of BF smears and swabs	Desiccation of BF droplets <i>per se</i>	Desiccation of solution droplets of ashed BF	Desiccation of BF droplets with reagents	Desiccation of BF bulk solutions with reagents
b. Classificatio	n into DPTs					
Serum	✓		✓		✓	✓
Saliva	✓	✓	✓		✓	
Blood			✓	<ul> <li>✓</li> </ul>		✓
Urine			✓		✓	✓
Plasma			✓			
Tears			✓			
Amniotic fluid		✓				
Cervical mucus		✓				
Sweat			✓			
Other BFs*			+ 7 other BFs		+ 3 other BFs	+ 1 other BF
c. Number of E	OPTs identified	3	14	1	6	4
DEIS	۷	<u> </u>	14	1	0	4

**Fig. 2.** Classification of the diagnostic tests into (a) methods regarding (i) way of deposition of the evaporating liquid, (ii) addition of reagents, and (iii) spatial restrictions during evaporation, and into (b) diagnostic pattering tests (DPTs) regarding the type of analyzed body fluid; (c) number of DPTs identified. In (a) pattern examples: the third, fourth and sixth image from the left are reused from [11] (with permission of Voprosy Onkologii) [146], (with permission of HIS Spagyrik Institute), and [90] (with permission of Scientific Section of Goetheanum, Dornach, Switzerland), respectively. BF – body fluid; \* - menstrual fluid, tonsil discharge, follicular fluid, peritoneal fluid, lymph, pleurical cavity fluid, cerebrospinal fluid, wound exudate, and

BF – body fluid; \* - menstrual fluid, tonsil discharge, follicular fluid, peritoneal fluid, lymph, pleurical cavity fluid, cerebrospinal fluid, wound exudate, and endometrial washouts.

evaporation chamber or an incubator was used in order to control temperature and relative humidity. In some studies, the droplet volume was predefined (from 0.2  $\mu$ L in case of tear droplets to 100  $\mu$ L in case of saliva droplets); however, in most studies the droplet volume was not defined and could vary between the droplet replicates. For pattern evaluation, the whole specimen was considered. The droplet patterns consisted of zones and required a microscopic evaluation.

The **copper-chloride biocrystallization (desiccation of body fluid bulk solutions with reagents)** was developed by E. Pfeiffer in the thirties of the 19th century and is still being studied today by different research groups. To the body fluid, a watery copper chloride solution is added; the so obtained crystallizing solution is poured onto dishes and desiccated mostly in a crystallization chamber under controlled conditions. The macroscopic patterns are evaluated visually regarding the presence of specific structures.

In Table 1, basing on the information extracted from the

publications, the background-knowledge of the authors, and the number of available publications per method, some possible advantages and disadvantages of the methods are listed related to their methodological aspects.

# 3.5. Description of the identified diagnostic pattering tests and their target conditions

Table 2 and 3 present the different DPTs identified as used in human and veterinary medicine, respectively. The DPTs are classified according to body fluid investigated, method, and target condition; the tables contain also information about the applied pattern evaluation technique.

3.5.1. Diagnostic patterning tests applied on serum As shown in Table 2a, we identified four DPTs applied on serum:

#### Table 1

Comparison of the methods based on pattern formation in drying body fluids considering possible advantages and disadvantages of some of their methodological aspects.

• •		manneo
Possible advantages	Possible disadvantages	tion of
<ul> <li>Desiccation of BF films (under a cover-glass</li> <li>Uniform film thickness</li> <li>Possibly smaller sensitivity to external relative humidity changes during drying</li> <li>Simple methodology</li> </ul>	<ul> <li>s)</li> <li>Long drying process</li> <li>Need for the choice of specimen section(s) for evaluation</li> <li>Method in experimental stage</li> <li>Small number of publications</li> </ul>	In t taining to exan In o means
<ul> <li>Desiccation of BF smears and swabs</li> <li>Short analysis time (depending on the fluid and evaporation conditions)</li> <li>Simple methodology</li> <li>Large number of publications</li> <li>Recognized diagnostic tests within the method</li> </ul>	<ul> <li>Unequal thickness of the specimen</li> <li>Need for the choice of specimen section(s) for evaluation</li> <li>Sensitive to external drying conditions</li> <li>Sensitive to substrate characteristics</li> </ul>	<i>3.5.2.</i> The ples: de and dre The detection The
<ul> <li>Desiccation of BF droplets <i>per se</i></li> <li>Short analysis time (depending on the fluid and evaporation conditions)</li> <li>Simple methodology</li> <li>Large number of publications</li> <li>Possible evaluation of whole specimen</li> <li>Recognized diagnostic tests within the method</li> </ul>	<ul> <li>Patterns are results of multiple pattern forming mechanisms (depending on the BF and drying conditions)</li> <li>Sensitive to external drying conditions</li> <li>Sensitive to substrate</li> </ul>	test, a known ing pri tenden ovulati in turn pattern
<ul> <li>Desiccation of solution droplets of ashed BI</li> <li>Patterns are a result of one single mechanism only (crystallization)</li> <li>Possible evaluation of whole specimen</li> </ul>	<ul> <li>F</li> <li>Time-consuming</li> <li>Method in experimental stage</li> <li>Small number of publications</li> <li>Sensitive to external drying conditions</li> <li>Sensitive to substrate</li> </ul>	referen Despite influen brushir recomr 34–36]
<ul> <li>Desiccation of BF droplets with reagents</li> <li>Short analysis time</li> <li>Patterns are mostly a result of one pattern forming mechanism due to reagent addition (crystallization)</li> <li>Possible evaluation of whole specimen</li> </ul>	<ul> <li>Small number of publications</li> <li>Method in experimental stage</li> <li>Sensitive to external drying conditions</li> <li>Sensitive to substrate</li> </ul>	rying o The proposi other o Interes assesse
<ul> <li>Desiccation of BF bulk solutions with reage</li> <li>Large number of publications</li> <li>Well described methodological protocol including visual evaluation procedure</li> <li>Possible evaluation of whole specimen</li> </ul>	<ul> <li>Time-consuming</li> <li>Method in experimental stage</li> <li>Special laboratory equipment is needed</li> <li>Sensitive to external drying</li> </ul>	were ev the der One with r [54].
	conditions	<i>3.5.3</i> .

desiccation of films [7,8], droplets *per se* [8–29], droplets with addition of reagents [19,30], and the copper-chloride biocrystallization [31].

· Sensitive to substrate

The **desiccation of serum films** under a cover glass was applied for the examination of samples from patients suffering from laryngeal cancer, otitis media, rhino sinusitis [7] and asthma [8]; pattern evaluation consisted in stating the presence of specific form characteristics (markers).

Out of DPTs applied on serum, the **desiccation of droplets** *per se* was described in the largest number of experimental studies. A typical serum pattern is composed of an outer and an inner zone and contains both cracks and structures (Fig. 3a). The patterns can show great variety in regularity and quantity of the crack patterns, as well as the density and morphology of the structures. The studies collected used the serum drop patterns for diagnosing cancer [9–17] (Fig. 3a, b), diabetes mellitus [20,21], hepatitis [18], and other types of inflammation. In most cases, pattern evaluation was done visually and consisted in stating the presence and quantity of specific structures interpreted as markers of specific processes taking place in the body, as for instance malignant processes, inflammation, sclerotic processes, and intoxication. In few studies, the

pattern evaluation consisted in the measurement or count of structures (e.g. measurement of zone radiuses, crack length, branching angles, count of plates) [18,19,24], measurements of the phase transition dynamics by means of acoustic mechanical impedance [15], and application of machine learning algorithms [16].

In two studies, the **evaporation of serum solution droplets, containing reagents**, L-leucine [30] and sodium chlorate [19], was applied to examine samples from cancer and hepatitis patients, respectively.

In one study, serum samples of cancer patients were analyzed by means of the **copper-chloride biocrystallization** [31].

# 3.5.2. Diagnostic pattering tests applied to saliva samples

The collected literature described four DPTs applied to saliva samples: desiccation of films [7], smears [5,32–36], droplets *per se* [37–53], and droplets with reagent addition [54] (Table 2b).

The **desiccation of salivary films** was reported in a study for the detection of otitis media [7].

The **desiccation of salivary smears** (the so-called **salivary ferning test**, as the forming patterns resemble fern leafs) represents a wellknown procedure for the detection of the fertile period [5]. The working principle of this DPT relies on the correlation between the ferning tendency and the sodium chloride level in saliva. Before and during ovulation, estrogen causes saliva sodium chloride levels to rise, which, in turn, is responsible for intense ferning. The evaluation of ferning patterns is done visually by simple visual inspection or comparison to reference pictures exhibiting different degrees of ferning tendency. Despite the rather low accuracy caused *inter alia* by numerous factors influencing the ferning properties of saliva (i.e. smoking, eating or brushing teeth prior to the analysis, different disorders), this test is recommended for women as a helpful tool for family planning [5, 34–36]. There exist analysis kits including small microscopes for carrying out salivary ferning tests at home [32].

The **desiccation of saliva droplets** *per se* as a diagnostic tool was proposed for the detection of cancer [37], diabetes mellitus [38–40], other diseases [17,19,41–44,47], as well as dental disorders [48–53]. Interestingly, in none of these applications the ferning complexity was assessed (as in the salivary ferning test) but other pattern characteristics were evaluated, as for instance different shapes of dendrites or count of the dendrite tips.

One study reported on the use of **desiccation of saliva droplets** with reagents for the detection of ulcer and coronary heart disease [54].

# 3.5.3. Diagnostic pattering tests applied to blood samples

Full blood was analyzed by means of three DPTs: desiccation of blood droplets *per se* [55,56,58–70,135], desiccation of watery solutions of ashed blood samples [71–73], and the copper-chloride biocrystallization [74–97] (Table 2c).

The desiccation of blood droplets per se was first applied by Bolen, who had observed that patterns forming in dried blood drops put on slides directly from a pierced finger differed between cancer and control patients [55,56,135]; the DPT was further studied also by other authors [58-64]. The underlying mechanism of the test was reported to possibly relate to differences in blood density between cancer and control patients. The pattern evaluation was done only visually and consisted in classifying the pattern type in accordance to its structure homogeneity. The test was reported to give false-positive results in pregnancy and tuberculosis. All studies on the Bolen test were published between 1942 and 1974. Recently, the desiccation of blood droplets per se was studies for other target conditions, including uterus myoma [66], as well as thalassemia and jaundice in children [69]. Moreover, it could be shown that physiological conditions such as the donor's blood-group [67] and the performance of physical activity just before the sample collection [68] may influence the emerging formations. In a recent study, patterns were evaluated by deep learning algorithms [68].

The desiccation of watery solutions of ashed blood samples was

#### Table 2

Author (Year) a. SERUM	Target condition	Pattern evaluation
Desiccated films		
Shatokhina & Sambulov (2016) [7]	Cancer (laryngeal), otitis media,	Visual, presence of specific structures
	rhinosinusitis	(markers)
Shirokaya et al (2013) [8]	Asthma	Visual, presence of specific structures (markers)
Desiccated droplets per se		
Ardzha (2013) [9], Shatokhina et al (2009) [10], Shatokhina & Shabalin (20	10) [11], Cancer	Visual, presence of specific structures
Shihlyarova et al (2015) [12], Shikhliarova et al (2013) [13], Kovacs et al	(1984) [14],	(markers)
Yakhno et al (2005) [15]		
Killeen et al (2006) [16],	Cancer	Machine learning
Yakhno et al (2005, 2004) [15,17]	Cancer, paraproteinemia, hepatitis, liver	Morphology, dynamics of drying proces
	disorders	(acoustic mechanical impedance)
Levitan (2010) [18] Martusevich et al (2007) [19]	Hepatitis Chronic hepatitis and cirrhosis	Count of specific structure elements Rating of specific structure elements by
Makrimov (2010) [20] Charbatruk et al (2000) [21]	Distates mollitus (tune 1 and 2)	means of a scale
Maksimov (2010) [20], Sherbatyuk et al (2009) [21]	Diabetes mellitus (type 1 and 2)	Visual, presence of specific structures (markers) and their localization
Dementyev & Kulinich (2010) [22], Kulinich & Dementyev (2010) [23]	Inflammation of small pelvic organs	Visual, presence of specific structures (markers)
Shirokaya et al (2013) [8]	Rhinosinusitis and forecast of disease	Visual, evaluation of structure complexit
Marinich & Borsukov (2012) [24]	course Chronic calculous cholecustitis	Measurement of specific structures
Selivanenko (2013) [25]	Chronic calculous cholecystitis Endocarditis	Visual, presence of specific structures
Shatokchina et al (2010) [26]	Ulcerative colitis, diarrheal syndrome	(markers) Visual, presence of specific structures
	(dehydration)	(markers)
Shabalin & Shatokhina (2007) [27]	Sclerosis, acute heart insufficiency, chronic intoxication, inflammation	Visual, presence of specific structures (markers)
Streltsova & Tarasova (2009) [28]	Tuberculosis	Visual, presence of specific structures (markers)
Zoeva (2016) [29]	Abnormal uterine bleeding	Visual, presence of specific structures (markers)
Desiccated droplets with reagents		
Martusevich et al (2007) [19]	** .**	AV: 1 C 10
	Hepatitis	Visual, presence of specific structures
	*	(markers)
Feichmann (1964) [30]	Hepatitis Cancer (L-leucin crystallization)	
	Cancer (L-leucin crystallization)	(markers) Visual, presence of specific structures
Feichmann (1964) [30] Desiccated bulk solutions with salts (copper chloride biocrystallization) Feichmann & Zierbarth (1973) [31]	Cancer (L-leucin crystallization)	(markers) Visual, presence of specific structures (markers)
Feichmann (1964) [30] Desiccated bulk solutions with salts (copper chloride biocrystallization)	Cancer (L-leucin crystallization)	(markers) Visual, presence of specific structures
Feichmann (1964) [30] Desiccated bulk solutions with salts (copper chloride biocrystallization) Feichmann & Zierbarth (1973) [31] D. SALIVA Desiccated films	Cancer (L-leucin crystallization) ) Cancer, tuberculosis	(markers) Visual, presence of specific structures (markers) Visual, presence of transverse formation
Feichmann (1964) [30] Desiccated bulk solutions with salts (copper chloride biocrystallization) Feichmann & Zierbarth (1973) [31] D. SALIVA Desiccated films	Cancer (L-leucin crystallization)	(markers) Visual, presence of specific structures (markers)
Feichmann (1964) [30] Desiccated bulk solutions with salts (copper chloride biocrystallization) Feichmann & Zierbarth (1973) [31] D. SALIVA Desiccated films Shatokhina & Sambulov (2016) [7] Otit	Cancer (L-leucin crystallization) ) Cancer, tuberculosis	(markers) Visual, presence of specific structures (markers) Visual, presence of transverse formation Visual, presence of specific structures
Feichmann (1964) [30] Desiccated bulk solutions with salts (copper chloride biocrystallization) Feichmann & Zierbarth (1973) [31] D. SALIVA Desiccated films Shatokhina & Sambulov (2016) [7] Otit Desiccated smears	Cancer (L-leucin crystallization) Cancer, tuberculosis is media	(markers) Visual, presence of specific structures (markers) Visual, presence of transverse formation Visual, presence of specific structures (markers)
Feichmann (1964) [30] Desiccated bulk solutions with salts (copper chloride biocrystallization) Feichmann & Zierbarth (1973) [31] D. SALIVA Desiccated films Shatokhina & Sambulov (2016) [7] Otit Desiccated smears	Cancer (L-leucin crystallization) ) Cancer, tuberculosis	(markers) Visual, presence of specific structures (markers) Visual, presence of transverse formation Visual, presence of specific structures
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Feichmann (1964) [30] Desiccated bulk solutions with salts (copper chloride biocrystallization) Feichmann & Zierbarth (1973) [31] D. SALIVA Desiccated films Shatokhina & Sambulov (2016) [7] Otit Desiccated smears Food and Drug Administration [5], Fehring & Gaska (1998) [32], Fert Guida et al (1999) [33], Patel & Desai (2018) [34] Su et al (2017) [35]	Cancer (L-leucin crystallization) Cancer, tuberculosis is media	(markers) Visual, presence of specific structures (markers) Visual, presence of transverse formation Visual, presence of specific structures (markers) Visual, ferning complexity grading by
Feichmann (1964) [30]         Desiccated bulk solutions with salts (copper chloride biocrystallization)         Feichmann & Zierbarth (1973) [31]         b. SALIVA         Desiccated films         Shatokhina & Sambulov (2016) [7]         Otit         Desiccated smears         Food and Drug Administration [5], Fehring & Gaska (1998) [32], Fert         Guida et al (1999) [33], Patel & Desai (2018) [34] Su et al (2017)         [35]         2I-Miedany et al (1999) [36]	Cancer (L-leucin crystallization) Cancer, tuberculosis is media ile period*	(markers) Visual, presence of specific structures (markers) Visual, presence of transverse formation Visual, presence of specific structures (markers) Visual, ferning complexity grading by scale Visual, ferning complexity grading by
Feichmann (1964) [30]         Desiccated bulk solutions with salts (copper chloride biocrystallization)         Feichmann & Zierbarth (1973) [31]         b. SALIVA         Desiccated films         Shatokhina & Sambulov (2016) [7]         Otit         Desiccated smears         Food and Drug Administration [5], Fehring & Gaska (1998) [32], Fert         Guida et al (1999) [33], Patel & Desai (2018) [34] Su et al (2017)         [35]         El-Miedany et al (1999) [36]         Desiccated droplets per se	Cancer (L-leucin crystallization) Cancer, tuberculosis is media ile period*	(markers) Visual, presence of specific structures (markers) Visual, presence of transverse formation Visual, presence of specific structures (markers) Visual, ferning complexity grading by scale Visual, ferning complexity grading by
Feichmann (1964) [30]         Desiccated bulk solutions with salts (copper chloride biocrystallization)         Feichmann & Zierbarth (1973) [31]         b. SALIVA         Desiccated films         Shatokhina & Sambulov (2016) [7]         Otit         Desiccated smears         Food and Drug Administration [5], Fehring & Gaska (1998) [32], Fert         Guida et al (1999) [33], Patel & Desai (2018) [34] Su et al (2017)         [35]         El-Miedany et al (1999) [36]         Sige         Desiccated droplets per se         Denisov et al (2006) [37]	Cancer (L-leucin crystallization) Cancer, tuberculosis is media ile period* gren's syndrome	(markers) Visual, presence of specific structures (markers) Visual, presence of transverse formation Visual, presence of specific structures (markers) Visual, ferning complexity grading by scale Visual, ferning complexity grading by scale
Feichmann (1964) [30]         Desiccated bulk solutions with salts (copper chloride biocrystallization)         Feichmann & Zierbarth (1973) [31]         b. SALIVA         Desiccated films         Shatokhina & Sambulov (2016) [7]         Otit         Desiccated smears         Good and Drug Administration [5], Fehring & Gaska (1998) [32], Fert         Guida et al (1999) [33], Patel & Desai (2018) [34] Su et al (2017)         [35]         El-Miedany et al (1999) [36]         Desiccated droplets per se         Denisov et al (2006) [37]       Can         Myachina et al (2016) [38], Selifanova et al (2005) [39]       Dial	Cancer (L-leucin crystallization) Cancer, tuberculosis cancer, tuberculo	(markers) Visual, presence of specific structures (markers) Visual, presence of transverse formation Visual, presence of specific structures (markers) Visual, ferning complexity grading by scale Visual, ferning complexity grading by scale Dendrite shapes, multivariate analysis Visual, presence of specific structures within zones, zone measurement
Feichmann (1964) [30]         Desiccated bulk solutions with salts (copper chloride biocrystallization)         Feichmann & Zierbarth (1973) [31]         b. SALIVA         Desiccated films         Shatokhina & Sambulov (2016) [7]         Otit         Desiccated smears         Food and Drug Administration [5], Fehring & Gaska (1998) [32], Fert         Guida et al (1999) [33], Patel & Desai (2018) [34] Su et al (2017) [35]         El-Miedany et al (1999) [36]         Desiccated droplets per se         Denisov et al (2006) [37]       Can         Myachina et al (2005) [40]       Dial	Cancer (L-leucin crystallization) Cancer, tuberculosis cancer, tuberculo	<ul> <li>(markers)</li> <li>Visual, presence of specific structures</li> <li>(markers)</li> <li>Visual, presence of transverse formation</li> <li>Visual, presence of specific structures</li> <li>(markers)</li> <li>Visual, ferning complexity grading by scale</li> <li>Visual, ferning complexity grading by scale</li> <li>Dendrite shapes, multivariate analysis</li> <li>Visual, presence of specific structures within zones, zone measurement</li> <li>Dendrite shapes, multivariate analysis</li> </ul>
Feichmann (1964) [30]         Desiccated bulk solutions with salts (copper chloride biocrystallization)         Feichmann & Zierbarth (1973) [31]         b. SALIVA         Desiccated films         Shatokhina & Sambulov (2016) [7]         Otit         Desiccated smears         Food and Drug Administration [5], Fehring & Gaska (1998) [32], Fert         Guida et al (1999) [33], Patel & Desai (2018) [34] Su et al (2017)         [35]         Sil-Miedany et al (1999) [36]         Desiccated droplets per se         Denisov et al (2006) [37]       Can         Myachina et al (2005) [40]       Dial	Cancer (L-leucin crystallization) Cancer, tuberculosis cancer, tuberculo	<ul> <li>(markers)</li> <li>Visual, presence of specific structures</li> <li>(markers)</li> <li>Visual, presence of transverse formation</li> <li>Visual, presence of specific structures</li> <li>(markers)</li> <li>Visual, ferning complexity grading by scale</li> <li>Visual, ferning complexity grading by scale</li> <li>Dendrite shapes, multivariate analysis</li> <li>Visual, presence of specific structures within zones, zone measurement</li> <li>Dendrite shapes, multivariate analysis</li> <li>Algorithm for evaluating different</li> </ul>
Feichmann (1964) [30]         Desiccated bulk solutions with salts (copper chloride biocrystallization)         Feichmann & Zierbarth (1973) [31]         b. SALIVA         Desiccated films         Shatokhina & Sambulov (2016) [7]         Otit         Desiccated smears         Food and Drug Administration [5], Fehring & Gaska (1998) [32], Fert         Guida et al (1999) [33], Patel & Desai (2018) [34] Su et al (2017)         [35]         El-Miedany et al (1999) [36]         Desiccated droplets per se         Denisov et al (2006) [37]         Querisov et al (2005) [40]         Denisov (2004) [41]	Cancer (L-leucin crystallization) Cancer, tuberculosis cancer, tuberculo	<ul> <li>(markers)</li> <li>Visual, presence of specific structures (markers)</li> <li>Visual, presence of transverse formation</li> <li>Visual, presence of specific structures (markers)</li> <li>Visual, ferning complexity grading by scale</li> <li>Visual, ferning complexity grading by scale</li> <li>Dendrite shapes, multivariate analysis Visual, presence of specific structures within zones, zone measurement Dendrite shapes, multivariate analysis Algorithm for evaluating different structure types</li> </ul>
Feichmann (1964) [30]         Desiccated bulk solutions with salts (copper chloride biocrystallization)         Feichmann & Zierbarth (1973) [31]         b. SALIVA         Desiccated films         Shatokhina & Sambulov (2016) [7]         Otit         Desiccated smears         Food and Drug Administration [5], Fehring & Gaska (1998) [32], Fert         Guida et al (1999) [33], Patel & Desai (2018) [34] Su et al (2017)         [35]         2I-Miedany et al (1999) [36]         Desiccated droplets per se         Denisov et al (2006) [37]         Queinian et al (2016) [38], Selifanova et al (2005) [39]         Denisov et al (2005) [40]         Denisov (2004) [41]         Lebedev-Stepanov et al (2018) [42]	Cancer (L-leucin crystallization) Cancer, tuberculosis cancer, tuberculo	<ul> <li>(markers)</li> <li>Visual, presence of specific structures (markers)</li> <li>Visual, presence of transverse formation</li> <li>Visual, presence of specific structures (markers)</li> <li>Visual, ferning complexity grading by scale</li> <li>Visual, ferning complexity grading by scale</li> <li>Dendrite shapes, multivariate analysis Visual, presence of specific structures within zones, zone measurement Dendrite shapes, multivariate analysis Algorithm for evaluating different structure types Computerized image recognition</li> </ul>
Feichmann (1964) [30]         Desiccated bulk solutions with salts (copper chloride biocrystallization)         Feichmann & Zierbarth (1973) [31]         b. SALIVA         Desiccated films         Shatokhina & Sambulov (2016) [7]         Otit         Desiccated smears         Food and Drug Administration [5], Fehring & Gaska (1998) [32], Fert         Guida et al (1999) [33], Patel & Desai (2018) [34] Su et al (2017)         [35]         2I-Miedany et al (1999) [36]         Desiccated droplets per se         Denisov et al (2006) [37]         Queinian et al (2016) [38], Selifanova et al (2005) [39]         Denisov et al (2005) [40]         Denisov (2004) [41]         Lebedev-Stepanov et al (2018) [42]	Cancer (L-leucin crystallization) Cancer, tuberculosis cancer, tuberculo	<ul> <li>(markers)</li> <li>Visual, presence of specific structures (markers)</li> <li>Visual, presence of transverse formation</li> <li>Visual, presence of specific structures (markers)</li> <li>Visual, ferning complexity grading by scale</li> <li>Visual, ferning complexity grading by scale</li> <li>Dendrite shapes, multivariate analysis Visual, presence of specific structures within zones, zone measurement Dendrite shapes, multivariate analysis Algorithm for evaluating different structure types</li> </ul>
Feichmann (1964) [30]         Desiccated bulk solutions with salts (copper chloride biocrystallization)         Feichmann & Zierbarth (1973) [31]         >. SALIVA         Desiccated films         Shatokhina & Sambulov (2016) [7]         Otit         Desiccated smears         Food and Drug Administration [5], Fehring & Gaska (1998) [32], Fert         Guida et al (1999) [33], Patel & Desai (2018) [34] Su et al (2017)         [35]         El-Miedany et al (1999) [36]         Desiccated droplets per se         Denisov et al (2006) [37]         Myachina et al (2016) [38], Selifanova et al (2005) [39]         Denisov et al (2005) [40]         Dial         Denisov (2004) [41]         Gast         Lebedev-Stepanov et al (2018) [42]         End         Chemicosova & Guyaeva (2008) [43]         Martusevich et al (2014) [44], Martusevich & Kamakin (2007) [45]	Cancer (L-leucin crystallization) Cancer, tuberculosis Cancer, tuberculo	<ul> <li>(markers)</li> <li>Visual, presence of specific structures (markers)</li> <li>Visual, presence of transverse formation</li> <li>Visual, presence of specific structures (markers)</li> <li>Visual, ferning complexity grading by scale</li> <li>Visual, ferning complexity grading by scale</li> <li>Dendrite shapes, multivariate analysis Visual, presence of specific structures within zones, zone measurement Dendrite shapes, multivariate analysis Algorithm for evaluating different structure types</li> <li>Computerized image recognition</li> <li>Visual, classification into 3 main pattern types</li> <li>Measurement of specific structures</li> </ul>
Feichmann (1964) [30]         Desiccated bulk solutions with salts (copper chloride biocrystallization)         Feichmann & Zierbarth (1973) [31]         >. SALIVA         Desiccated films         Shatokhina & Sambulov (2016) [7]         Otit         Desiccated smears         Food and Drug Administration [5], Fehring & Gaska (1998) [32], Fert         Guida et al (1999) [33], Patel & Desai (2018) [34] Su et al (2017)         [35]         El-Miedany et al (1999) [36]         Desiccated droplets per se         Denisov et al (2006) [37]         Myachina et al (2016) [38], Selifanova et al (2005) [39]         Denisov et al (2005) [40]         Denisov et al (2005) [40]         Denisov (2004) [41]         Case         Lebedev-Stepanov et al (2018) [42]         End         Chemicosova & Guyaeva (2008) [43]         Martusevich et al (2014) [44], Martusevich & Kamakin (2007) [45]	Cancer (L-leucin crystallization) Cancer, tuberculosis Cancer, tuberculo	<ul> <li>(markers)</li> <li>Visual, presence of specific structures (markers)</li> <li>Visual, presence of transverse formatio</li> <li>Visual, presence of specific structures (markers)</li> <li>Visual, ferning complexity grading by scale</li> <li>Visual, ferning complexity grading by scale</li> <li>Visual, ferning complexity grading by scale</li> <li>Dendrite shapes, multivariate analysis Visual, presence of specific structures within zones, zone measurement Dendrite shapes, multivariate analysis Algorithm for evaluating different structure types</li> <li>Computerized image recognition</li> <li>Visual, classification into 3 main patterr types</li> <li>Measurement of specific structures</li> <li>Visual, ferning complexity grading by</li> </ul>
Feichmann (1964) [30]         Desiccated bulk solutions with salts (copper chloride biocrystallization)         Feichmann & Zierbarth (1973) [31]         b. SALIVA         Desiccated films         Shatokhina & Sambulov (2016) [7]         Otit         Desiccated smears         Food and Drug Administration [5], Fehring & Gaska (1998) [32], Fert         Guida et al (1999) [33], Patel & Desai (2018) [34] Su et al (2017)         [35]         El-Miedany et al (1999) [36]         Desiccated droplets per se         Denisov et al (2006) [37]         Querisov et al (2005) [40]         Denisov (2004) [41]         Gast         Debedev-Stepanov et al (2018) [42]         Lebedev-Stepanov et al (2018) [43]         Martusevich et al (2014) [44], Martusevich & Kamakin (2007) [45]         Live         Pattanasuttinont et al (2007) [46]	Cancer (L-leucin crystallization) Cancer, tuberculosis cancer, tuberculo	<ul> <li>(markers)</li> <li>Visual, presence of specific structures (markers)</li> <li>Visual, presence of transverse formation</li> <li>Visual, presence of specific structures (markers)</li> <li>Visual, ferning complexity grading by scale</li> <li>Visual, ferning complexity grading by scale</li> <li>Dendrite shapes, multivariate analysis Visual, presence of specific structures within zones, zone measurement Dendrite shapes, multivariate analysis Algorithm for evaluating different structure types</li> <li>Computerized image recognition</li> <li>Visual, classification into 3 main pattern types</li> <li>Measurement of specific structures</li> <li>Visual, ferning complexity grading by scale</li> </ul>
Feichmann (1964) [30]         Desiccated bulk solutions with salts (copper chloride biocrystallization)         Feichmann & Zierbarth (1973) [31]         b. SALIVA         Desiccated films         Shatokhina & Sambulov (2016) [7]         Otit         Desiccated smears         Food and Drug Administration [5], Fehring & Gaska (1998) [32], Fert         Guida et al (1999) [33], Patel & Desai (2018) [34] Su et al (2017)         [35]         El-Miedany et al (1999) [36]         Desiccated droplets per se         Denisov et al (2006) [37]         Quarkania et al (2016) [38], Selifanova et al (2005) [39]         Dial         Denisov et al (2005) [40]         Denisov et al (2005) [40]         Denisov et al (2018) [42]         Lebedev-Stepanov et al (2018) [42]         Lebedev-Stepanov et al (2018) [42]         Chemicosova & Guyaeva (2008) [43]         Martusevich et al (2014) [44], Martusevich & Kamakin (2007) [45]         Pattanasuttinont et al (2017) [46]	Cancer (L-leucin crystallization) Cancer, tuberculosis Cancer, tuberculo	<ul> <li>(markers)</li> <li>Visual, presence of specific structures (markers)</li> <li>Visual, presence of transverse formation</li> <li>Visual, presence of specific structures (markers)</li> <li>Visual, ferning complexity grading by scale</li> <li>Visual, ferning complexity grading by scale</li> <li>Visual, ferning complexity grading by scale</li> <li>Dendrite shapes, multivariate analysis Visual, presence of specific structures within zones, zone measurement Dendrite shapes, multivariate analysis Algorithm for evaluating different structure types</li> <li>Computerized image recognition</li> <li>Visual, classification into 3 main pattern types</li> <li>Measurement of specific structures</li> <li>Visual, ferning complexity grading by</li> </ul>
Feichmann (1964) [30]         Desiccated bulk solutions with salts (copper chloride biocrystallization)         Feichmann & Zierbarth (1973) [31]         >. SALIVA         Desiccated films         Shatokhina & Sambulov (2016) [7]         Otit         Desiccated smears         Food and Drug Administration [5], Fehring & Gaska (1998) [32], Fert         Guida et al (1999) [33], Patel & Desai (2018) [34] Su et al (2017)         [35]         2l-Miedany et al (1999) [36]         Desiccated droplets per se         Denisov et al (2006) [37]         Quarkent et al (2016) [38], Selifanova et al (2005) [39]         Denisov et al (2005) [40]         Denisov (2004) [41]         Gast         Lebedev-Stepanov et al (2018) [42]         Chemicosova & Guyaeva (2008) [43]         Martusevich et al (2014) [44], Martusevich & Kamakin (2007) [45]         Live         Pattanasuttinont et al (2011) [47]         Denienyuk et al (2011) [47]	Cancer (L-leucin crystallization) Cancer, tuberculosis Cancer, tuberculo	<ul> <li>(markers)</li> <li>Visual, presence of specific structures (markers)</li> <li>Visual, presence of transverse formation</li> <li>Visual, presence of specific structures (markers)</li> <li>Visual, ferning complexity grading by scale</li> <li>Visual, ferning complexity grading by scale</li> <li>Dendrite shapes, multivariate analysis Visual, presence of specific structures within zones, zone measurement</li> <li>Dendrite shapes, multivariate analysis Algorithm for evaluating different structure types</li> <li>Computerized image recognition</li> <li>Visual, ferning complexity grading by scale</li> <li>Visual, intersection of specific structures</li> <li>Visual, classification into 3 main pattern types</li> <li>Measurement of specific structures</li> <li>Visual, ferning complexity grading by scale</li> <li>Visual, ferning complexity grading by scale</li> </ul>
Feichmann (1964) [30]         Desiccated bulk solutions with salts (copper chloride biocrystallization)         Feichmann & Zierbarth (1973) [31]         >. SALIVA         Desiccated films         Shatokhina & Sambulov (2016) [7]         Otit         Desiccated smears         'ood and Drug Administration [5], Fehring & Gaska (1998) [32], Fert         Guida et al (1999) [33], Patel & Desai (2018) [34] Su et al (2017)         [35]         2l-Miedany et al (1999) [36]         Oesiccated droplets per se         Denisov et al (2006) [37]         (Yaachina et al (2016) [38], Selifanova et al (2005) [39]         Denisov et al (2005) [40]         Denisov et al (2005) [40]         Denisov et al (2005) [40]         Denisov et al (2018) [42]         End         Chemicosova & Guyaeva (2008) [43]         Martusevich et al (2014) [44], Martusevich & Kamakin (2007) [45]         Live         Pattanasuttinont et al (2017) [46]         Fert         Selskaya et al (2011) [47]       Phy:         Omenyuk et al (2014) [44], Pancu et al (2015) [50], Spinei et al (2014)       Cari	Cancer (L-leucin crystallization) Cancer, tuberculosis Cancer, tuberculo	<ul> <li>(markers)</li> <li>Visual, presence of specific structures (markers)</li> <li>Visual, presence of transverse formation</li> <li>Visual, presence of specific structures (markers)</li> <li>Visual, ferning complexity grading by scale</li> <li>Visual, ferning complexity grading by scale</li> <li>Dendrite shapes, multivariate analysis Visual, presence of specific structures within zones, zone measurement</li> <li>Dendrite shapes, multivariate analysis Algorithm for evaluating different structure types</li> <li>Computerized image recognition</li> <li>Visual, classification into 3 main pattern types</li> <li>Measurement of specific structures</li> <li>Visual, crystallization intensity rating</li> <li>Visual, crystallization intensity rating</li> </ul>

# Table 2 (continued)

b. SALIVA							
Desiccated droplets with reagents Simonova et al (2014) [54]		Ulcer, coronary heart disease			Visual, presence of specific structures (markers)		
c. BLOOD							
Desiccated droplets per se							
Bolen (1942, 1950, 1954) [55,56,57], Finnega (1952) [59], Hawk et al (1951) [60], Huettl	l et al (1955) [61], Pinsl		Cancer, different types (Bolen test)		Visual, unifor outer zone	mity of the central and	
(1973) [62], Vaughn et al (1952) [63], Whi	te et al (1952) [64]		Canada		Viewal massa	an of an acific structures	
Gruner (1941) [65] Seofilova (2016) [66]			Cancer Uterus myoma			ce of specific structures of specific structures	
Feofilova (2013) [67]			Blood group			nent of specific structures	
Hamadeh et al (2020) [68]			Exhaustion after physical exercis	se	Deep learning	1	
Bahmani et al (2017) [69]			Thalassemia, jaundice (in childre			of specific structures	
Chen et al (2016) [70]			Review (blood and plasma)		-		
Desiccated droplets of watery solutions of a	ashed body fluids						
Franz et al (2013) [71]		Colon polyps			Visual, connection or disconnection structures with the droplet edge		
Gruner (1994) [72], Schockert (2009) [73]			Treatment or external factor infl	uence		rison of shapes,	
			(beneficial or harmful)	uchice		complexity and harmony of structure	
Desiccated bulk solutions with salt (copper Bali & Marathe (2017) [74], Barth (1990) [75] Gruner (1940) [78], Gulati et al (1994) [79] [81], Makkar et al (2020) [82], Mehrota et al Rascher & Trumpp (1939) [85], Rawat et al (2012) [88], Tarigoppula (2018) [89]	], Bornholt (2010) [76], ], Jung (1953) [80], Ku l (2017) [83], Pfeiffer &	Garn (1950) [77], czkowski (1995) Miley (1939) [84],	Cancer, different types, precance conditions	erous	Count and loc formations	alization of transverse	
Knijpenga (2020) [90], Selawry (1957) [91]			Cancer, benign conditions, inflar organ dysfunctions, physiologica	al stages	specific forms		
Quadeer (1988) [92]			Cancer, benign conditions, inflar Diabetes mellitus	mations	specific forms		
Vara et al (2015) [93], Shibata et al (2000) [94] Cocude et al (1994) [95]			Silicosis	sŗ		'isual, presence and localization of pecific forms 'isual, presence and localization of	
Pfeiffer (1975) [96]			specific		specific forms		
					specific forms		
Pfeiffer (1957) [97] 1. URINE			Review		-		
Desiccated droplets per se				17		·····	
	Cancer			-	-	ructures (markers)	
Martusevich et al (2014) [44] Postoperative liver alv Shabalin et al (2015) [98] Disorders in long-livin					ement of specific structures presence and localization of specific structu		
Desiccated droplets with reagents Martusevich & Kamakin (2007) [45] L	iver alveococcosis			Measureme	nt of specific stru	ctures	
		• .• .					
Desiccated bulk solutions with salts (coppe frumpp & Rascher (1939) [99] P	er chloride biocrystalli Pregnancy	ization)		Visual, pres	ence of specific s	ructures	
e. PLASMA							
Desiccated droplets <i>per se</i>	89) [101] Cor	ncer		Vien	al presence of cr	ecific structures	
Abramov et al (2016) [100], Brzecki et al (1989) [101], Obukhova et al (2011) [102], Rapis (2002) [103] Firsova et al (2012) [104]		Cancer Pancreatitis (different degrees of severity)		unife	Visual, presence of specific structures, uniformity Visual, presence of specific structures,		
		1		unife	iniformity /isual, presence of specific structures,		
Shuasheva (2012) [106]		Rheumatoid arthritis (treatment influence)			uniformity, symmetry Visual, presence of specific structures within		
(akhno et al (2005) [15]	Dif	fferent states in wom	ien: non-pregnant, normal pregnan	zone icy, Mor		s of drying process	
pre		remature delivery, threatened abortion		(aco	(acoustic mechanical impedance) Measurement of specific structures		
TEARS				med			
Desiccated droplets <i>per se</i> (ocular ferning) Costagliola et al (2001) [108], Li et al (2007) [ (2018) [110], Peponis et al (2002) [111]	[109], Nebbioso et al	Tear film quality ur	nder treatment influence*			Visual, ferning intensity grading by	
Masmali et al (2018) [112], Parodi et al (2001) (2004) [114], Rolando et al (1988) [115], Va			disease (diabetes mellitus, retinal s sicca, Vogt-Koyanagi-Harada sync		fibrosis,	scale Visual, ferning intensity grading by	
[116] Beden et al (2008) [117]		Sjögren's syndrome	)* premature and mature newborns*			scale	

Beden et al (2008) [117]

(continued on next page)

f. TEARS		
Srinivasan et al (2007) [118]	Tear film quality in postmenopausal women*	Visual, ferning intensity grading by scale Visual, ferning intensity grading by
Gajta et al (2015) [119]	Tear film quality in computer-users*	scale Visual, ferning intensity grading by scale
Masmali et al (2014) [120]	Ocular ferning test, review*	
g. AMNIOTIC FLUID		
Desiccated smears (amniotic fluid ferning) Bilodeau (1963) [121], Ferron & Fogelson et al (2014) [122], Gaddey [123], Hutchison et al (2020) [4], Rogers et al (2016) [124]	et al (2011) Rupture of Visual, detection of thi membranes* from thick patterns of	n crystallizations of amniotic fluid (different cervical mucus)
h. CERVICAL MUCUS		
Desiccated smears GP Notebook (2018) [6], Neumann & Lehfeldt (1955) [125], Patel & 1	Desai (2018) [34] Early pregnancy, fertile period*	Visual, ferning intensity grading
i. SWEAT		
Desiccated droplets <i>per se</i> Farahmand et al (2012) [126], Ferrer-Clavete et al (1990) [127]	Cistic fibrosis Visual, crystallization inten	sity grading (presence of NaCl crystals)kkkk
j. OTHER		
Desiccated droplets <i>per se</i> MENSTRUAL FLUID:, Ukhanova (2016) [128], Ukhanova et al (2015) [129], Zoeva (2016) [29]	Myoma, abnormal bleeding	Visual, presence of specific structures
TONSIL DISCHARGE: Shatokhina & Sambulov (2016) [7] FOLLICULAR FLUID: Turbinkova et al (2017) [130] PERITONEAL FLUID, LYMPH, PLEURICAL CAVITY FLUID: Firsova et	CHARGE: Shatokhina & Sambulov (2016) [7]     Tonsillitis       R FLUID: Turbinkova et al (2017) [130]     Inflammation, infertility	
al (2012) [104]		Visual, presence of specific structures
SYNOVIAL FLUID: Shabalin & Shatokhina (2007) [27]	Osteoarthritis	Visual, presence of specific structures
Desiccated droplets with reagents		
WOUND EXUDATE: Shatokhina et al (2008) [131], Shatokhina & Sambulov (2016) [7]	Malignancy and complications of odontogenic origin, healing prognosis after surgery	Visual, formation of bubbles (markers)
ENDOMETRIAL WHASHOUTS: Shvaryov (2015) [132]	Ovarian disorders (malignant and benign), chronic uterus inflammation	Visual, presence of specific structures, zone measurement
LIQUOR CEREBROSPINALIS: Strom-Olsen & Kite (1942) [133]	Mental disorders	Visual, ranking in accordance to a scale
Desiccated bulk solutions with salts (copper chloride biocrystalliz	zation)	
LIQUOR CEREBROSPINALIS: Neritin & Kirjakov (1977) [134]	Cancer, inflammations of the central nervous system	Visual, presence of specific structures

LEGEND: \* - recognized diagnostic patterning tests; literature was subjected to quantity restriction.

applied in few studies as a means for the detection of colon polyps [71] and also for monitoring the overall health condition (e.g. following a medical treatment) [72,73].

According to the collected literature, the copper chloride biocrystallization of blood samples (desiccation of bulk solutions with reagents) represents the DPT with the longest scientific tradition with publication years of experimental studies ranging from 1939 to 2020 [74–97]. Depending on whether the presence of a patient was possible in the laboratory [91], one fresh blood drop from the fingertip or a blood drop dried on filter paper and shipped to the laboratory was dissolved in water; to the resulting hemolysate a watery copper chloride solution was added. The crystallizing solution was poured on dishes (100 mm diameter) and desiccated in a crystallization chamber. In most cases, the macroscopic patterns were evaluated visually for the presence of specific structures, as for instance transverse, star-like, or hollow formations, which in numerous studies were reported to indicate cancer, inflammation, and benign tumors, respectively [91,92]. Besides formations indicating disease processes, specific organ-structures were reported to occur, indicating the organ affected by the disease [91,95]. Some authors observed that the location of formations in the macroscopic pattern indicated zones of the human body [88,96]. Most studies on the copper chloride biocrystallization reported the possibility to detect cancer (Fig. 3c, d), including early cancer stages and pre-cancerous conditions [74-92,97]. This DPT was also applied for the detection diabetes mellitus [93,94], silicosis [95], and other diseases [91].

3.5.4. Diagnostic pattering tests applied to urine samples

Urine was analyzed by means of three DPTs (Table 2d).

**Desiccation of urine droplets** *per se* was studied for detection of cancer [11], different disorders in long-living persons [98], and liver alveococcosis [44]; the last was also detected by **desiccating droplets** with the addition of reagents [45]. The pattern evaluation consisted in visual inspection and search for specific structures (markers), or the measurement of different formation elements.

One study proposed the **copper-chloride biocrystallization** of urine as a test to detect a pregnancy [99]. The proposed acting principle relies on the alternation of hormone levels present in urine during pregnancy, leading to a specific structure formation.

#### 3.5.5. Diagnostic pattering tests applied to plasma samples

As shown in Table 2e, **desiccation of droplets** *per se* was used for the analysis of plasma samples with the purpose of detecting cancer [100–103], inflammatory conditions including pancreatitis, chronic tonsillitis, and arthritis [104–106], and pregnancy as well as pregnancy pathologies [15]. One study analyzed the efficacy of treatment in patients with encephalopathy [107]. In case of plasma patterns, the evaluated features were pattern uniformity, division into zones, presence of specific structures, and the crack length and angle. One study evaluated the dynamics of zone transition by measuring acoustic mechanical impedance [15].

#### Table 3

Diagnostic tests based on pattern formation in desiccating body fluids as applied in veterinary medicine and farm animals.

BODY FLUID: Author (date)	Target condition / animal	Pattern evaluation
Desiccated smears SALIVA: Kubatova & Federova (2016) [136],	Fertile period, optimal matting time / Borneo	Visual, ferning intensity grading by
Padro-Carmona et al (2010) [137], Ravinder et al (2016) [138]	orangutans, bitches, water buffaloes*	scale; box fractal dimension measurement
CERVICAL MUCUS: Bernardi et al (2015) [139], Cortes et al [140], Luno et al (2016) [141]	Detection of fertile period / Holstein cows, sows*	Visual, ferning intensity grading by scale
Desiccated dropletsper se		
TEARS: Williams and Hewitt (2017) [142], Coassin et al (2005) [143]	Diagnosing and treating of keratoconjunctivitis sicca in dogs*	Visual, ferning intensity grading by scale
BLOOD: Yakhno (2015) [144]	Leukosis and tuberculosis / cattle	Dynamics of drying process (acoustic mechanical impedance)

LEGEND: \* - recognized diagnostic patterning tests; literature was subjected to quantity restriction.

# 3.5.6. Diagnostic pattering tests applied to tear samples

The **desiccation of tear droplets** *per se* (the so-called **tear ferning test**) (Table 2f) is a commonly used DPT for accessing the tear film quality [120]. The test has been mainly applied for the purpose of evaluating changes in the tear film quality following medical treatment

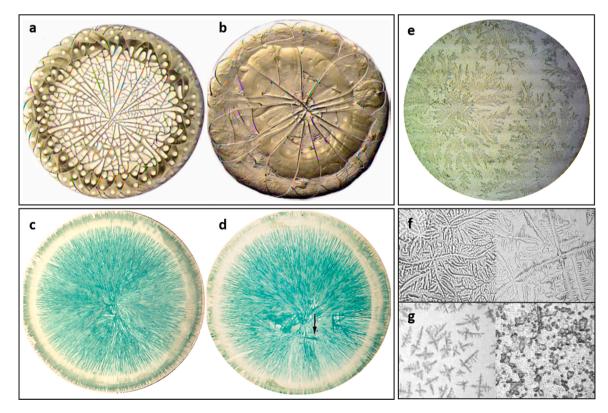
[108–111] and for the detection of different diseases [112–116]. There were also studies assessing tear film quality in newborns [117], postmenopausal women [118] and computer-users [119]. In this test, undiluted tear droplets were left to desiccate on microscope slides; the resulting crystalline structures, resembling fern leafs, were then observed under a microscope and evaluated by scoring the ferning tendency by means of a scale comprised of reference pictures. The scientific rationale for this test is based upon a strong correlation between the salt content in tears and tear film quality.

# 3.5.7. Diagnostic pattering tests applied to amniotic fluid samples

**Desiccation of amniotic fluid smears** or the so-called **amniotic fluid ferning test** (Table 2g) was used in the past to detect a premature rupture of fetal membranes and a resulting risk of abortion [121]. Nowadays, the test is recommended for diagnosing the rupture of fetal membranes only during labor [4,122–124]. In this test, smears of vaginal secretion are left to dry. The working principle relies on a clear difference in formation shapes between the fine arborizations developing out of the leaking amniotic fluid and thick structures developing out of cervical and vaginal mucus which can be detected by means of a visual inspection of the smear (Fig. 3e).

## 3.5.8. Diagnostic pattering tests applied to cervical mucus samples

The **desiccation of cervical mucus smears** or the so-called **cervical mucus ferning test** (Table 2h) depends strongly on changing sodium chloride levels prior and during ovulation. The test was used for the detection of the fertile period [6,34] and proposed for the detection of early pregnancy [125]. Similar to salivary ferning, the ferning tendency is assessed here by a visually inspecting the patterns.



**Fig. 3.** Examples of patterns obtained in diagnostic patterning tests in human (a-e) and veterinary medicine (f, g). Desiccated serum droplet of a healthy person (a) and a cancer patient (b); copper-chloride biocrystallization pattern of blood from a healthy person (c) and a cancer patient (d; transverse formation marked with arrow); ferning obtained from amniotic fluid (e); and tear ferning patterns obtained from dog tears of a healthy animal (f) and animal with dry eye disease (g). Images reused (a,b) from [11] with permission of Voprosy Onkologii; (c,d) from [90] with permission of Scientific Section of Goetheanum, Dornach, Switzerland; (e) from [147] with permission of Wikimedia Commons; (f, g) from [142] with permission of Open Veterinary Journal.

# 3.5.9. Diagnostic pattering tests applied to sweat samples

The **desiccation of sweat droplets** *per se* or the so-called **sweat crystallization test** (Table 2i) is a DPT used for the detection of cystic fibrosis [126,127]. Cystic fibrosis patients have an increased amount of sodium chloride in sweat, which in turn leads to an increased crystallization tendency.

#### 3.5.10. Diagnostic pattering tests applied to other body fluids

As shown in Table 2j, we further identified 11 DPTs applied to menstrual fluid [29,128,129], tonsil discharge [7], follicular fluid [130], lymph, pleurical cavity fluid [104], synovial fluid [27], wound exudate [7,131], endometrial washouts [132], and cerebrospinal fluid [133, 134]. These DPTs were performed using three methods: **desiccation of droplets** *per se*, **desiccation of droplets with reagent addition**, and **copper-chloride biocrystallization**. In all these DPTs, the fluid used was related to the diagnosed disorder; e.g. pattern formation in menstrual fluid was studied for the diagnosis of uterus myoma and abnormal bleeding, in tonsil discharge for the detection of tonsillitis, in synovial fluid for the detection of osteoarthritis, and in cerebrospinal fluid for the detection of central nervous system and mental disorders.

# 3.5.11. Diagnostic pattering tests of animal body fluids used in veterinary medicine

Regarding DPTs based on pattern-formation in animal body fluids (Table 3), most studies applied the desiccation of saliva [136–138] and cervical mucous smears [139–141] for the purpose of detecting the fertile period. These ferning tests were applied on farm animals, such as cows [139,140], sows [141], bitches [137], and water buffaloes [138]; one study was performed on Bornean orangutans kept in a zoo [136].

Two other studies reported on the use of the droplet desiccation method in the case of dogs suffering from dry eye (Fig. 3f, g) [142,143], and on bovine blood samples with the purpose of detecting leucosis and tuberculosis [144].

#### 4. Discussion

Among the DPTs identified in the present mapping review, tests collectively known as "ferning tests" are broadly recognized and used. There are four such tests based on the evaporation of smears or droplets *per se* using samples of tears [120], saliva [5], amniotic fluid [4], and cervical mucus [6]. Their working principle is well understood, since the target condition triggers a modification in the composition of each body fluid. During desiccation, the so modified body fluid leads to structures that are clearly distinguishable from those created in absence of the target condition. In all ferning tests, the evaluation criterion of the patterns is the ferning tendency, e.g. complexity and quantity of the dendritic structures. Besides the four before-mentioned ferning tests, also the sweat crystallization test for the detection of cystic fibrosis may be added to this category.

In other DPTs, in particular those applied to more complex body fluids, such as blood [70] and serum [16], the relationship between target condition, fluid composition, and the resulting pattern may be multifactorial and dependent, besides on the target condition, inter alia, on age, general state, diet, and medication (i.e. conditions not necessarily related to the target condition) [91]. In all these DPTs, pattern evaluation consists in the identification of specific structures, and not in evaluating their complexity and quantity (ferning). These structures are DPT-specific, and are named after shapes they resemble or after the target condition they indicate (e.g. leaf-like structures, tongs, transverse formations, hollow forms, or intoxication markers, inflammation markers, organ-specific forms). One pattern may contain different kinds of structures and therefore indicate the presence of different target conditions in one sample analysis. It was also reported in several studies concerning the copper-chloride biocrystallization method, that a combination of specific structures (e.g. transverse formation indicating cancerous conditions together with liver-specific formations) may

indicate both the type of disorder and the affected organ (e.g. liver carcinoma).

In DPTs, pattern evaluation resembles the diagnostic test reading. In most of the studies presented here, pattern evaluation was performed visually. In some studies, specific formation elements were measured or quantified. In a few more recent studies, computerized techniques based on pattern recognition and deep learning were applied. The recent development of computerized image evaluation tools might remarkably improve the quality of image evaluation and allow for analysis in comparison with large image databases.

Recently, desiccated residues of body fluids were also subjected to spectroscopic analysis [145]. We did not consider this method in the present mapping review since its evaluation is not strictly based on the emerging patterns or their characteristics.

The target conditions addressed most often in DPTs are those diagnosed by ferning tests, i.e. tear film quality, detection of fertility, and rupture of fetal membranes. Besides these target conditions, cancer has been the condition addressed in most studies (52 studies), followed by benign tumors (11 studies), inflammatory condition (11 studies), and different organ dysfunctions (11 studies). There were also studies regarding the diagnostics of diabetes mellitus (7 studies), diseases related to viral infections (7 studies), dental problems (6 studies), and other target conditions (represented by 5 or less studies).

To the best of our knowledge, this mapping review is the first one to include all DPTs on desiccating body fluids and to classify them in accordance to their experimental protocols. Although there have been a number of review articles published in this field [70,120] they each report only on one or a few of these methods, respectively.

In the present review, we did not assess the quality of the experimental studies nor evaluate the accuracy of the diagnostic tests. Such evaluations, in form of systematic reviews and meta-analyses, should be carried out in further studies on groups of DPTs concerning the same target condition. One such target condition would be malignant diseases, addressed in a considerable number of experimental studies.

Furthermore, some of the DPTs presented here were reported to exhibit highly promising features, such as the possibility to (i) diagnose several disorders in one analysis run [91], or to (ii) monitor patients' health conditions during the course of disease or following a medical treatment [91,95,110]. These DPTs should also be assessed regarding quality and test accuracy in further systematic reviews.

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