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Increase in cases of invasive pneumococcal disease

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Re-emergence of invasive pneumococcal disease (IPD) and increase of serotype 23B after

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easing of COVID-19 measures, Switzerland, 2021

### Carlo Casanova<sup>1,2</sup>, Marianne Küffer<sup>1,2</sup>, Stephen L. Leib<sup>1,2</sup> and Markus Hilty<sup>1,2x</sup>

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Running Title: Increase in cases of invasive pneumococcal disease

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#### Abstract

Incidence of invasive pneumococcal disease (IPD) has been low during the peak of the COVID-19 pandemic. In this study, we found that the IPD numbers again increased in Switzerland during the first six months of 2021, and that this coincides with the loosening of COVID 19 measures.

Vaccine pneumococcal serotypes have continued to decrease but non-vaccine type serotype 23B has emerged (8% of the isolates in 2021). Worryingly, serotype 23B is associated with reduced susceptibility to penicillin.

**Keywords:** *Streptococcus pneumoniae*; surveillance; COVID-19 restrictions; nonsusceptibility to penicillin.

#### Introduction

Before the onset of the COVID-19 pandemic, the Swiss National Center for Invasive Pneumococci (NZPn) noted a record number of IPD isolates in Switzerland in 2008 (n=1129) which then steadily decreased to 877 isolates in 2016<sup>1</sup>. Thereafter, numbers remained constant (n=915 in 2019) which roughly translates to 10 cases per 100'000 inhabitants. During the first months of the COVID-19 pandemic, we and others discovered a drop in the incidence of IPD within the Invasive Respiratory Infection Surveillance Initiative which performed a prospective analysis of surveillance data from Jan 1, 2018, to May, 31, 2020<sup>2</sup>. More information is now eagerly awaited as to how the IPD cases will evolve once the different countries start to overcome the pandemic and more and more reduce lockdown restrictions. In this study, we therefore aimed at analyzing the serotype epidemiology and antibiotic resistance profiles of IPD isolates from Switzerland up to the end of June, 2021.

#### Method

In Switzerland, it is mandatory for all clinical microbiology laboratories to send IPD isolates from sterile body sites to the (NZPn. We estimate that roughly 90% of isolates can be linked to physician-reported IPD cases <sup>3</sup>. For this study, all the IPD isolates between January 2017 and June 2021 have been serotyped by Quellung reaction. Susceptibility to erythromycin, trimethoprim-sulfamethoxazole and levofloxacin was determined by disc diffusion according to the European Committee on Antimicrobial Susceptibility Testing (EUCAST) and, prior to 2018, according to The Clinical & Laboratory Standards Institute (CLSI) <sup>1,4</sup>. Reduced penicillin susceptibility detected by oxacillin disc screen was confirmed by Etest (bioMérieux, Marcy-l'Étoile, France) applying meningitis interpretation criteria.

#### Results

We received 1012, 944, 915, 562 and 213 IPD isolates in 2017, 2018, 2019, 2020 and the first half year of 2021, respectively (Figure). From February 2020 (n=139) to April 2020 (n=22), we observed a drastic decline of IPD isolates, probably due to the COVID-19 measures. Numbers then remained low from April 2020-February 2021 (n=19). Strikingly, numbers started to increase from March 2021 (n=31) - Mai 2021 (n=49). By June 2021, we again registered approximately the same number of IPD isolates (n=47) as for June 2019, June 2018 and June 2017 (i.e. before the COVID-19 measures).

The observed rebound in IPD isolates coincided with the fact, that the COVID-19 measures have been loosened by the Swiss Government on 1<sup>st</sup> March, 2021. Shops, museums and libraries were allowed to reopen and outdoor sports in small groups up to 15 people took again place. In addition, young people (born in 2001 or after) were again allowed leisure activities including (indoor) sports, culture and singing (including choir)

(https://www.bag.admin.ch/dam/bag/en/dokumente/mt/k-und-i/aktuelle-ausbruechepandemien/2019-nCoV/tabelle-aenderungen-

massnahmen.pdf.download.pdf/Changes\_measures.pdf) .

For the first half year of 2021, 5.6 % and 19.2 % were of pneumococcal conjugate vaccine PCV7 and PCV13 non-PCV7 serotypes, respectively (Supplementary Table 1). The proportion of PCV13 serotypes has thus further decreased as compared to the years before the COVID-19 pandemic (2017-2019). Most apparent, only 3 isolates (1.4%) with PCV7 serotypes were detected for the  $\geq$ 65-year-old patients in the first six months of 2021 as compared to 26 in 2020 (4.6%; P=0.04 Chi-Square test) (Supplementary Table 1). As for individual PCV13 serotypes, serotypes 19A, 19F and 3 were found in >3% of all the isolates for the first half year of 2021 (Supplementary table 2). The proportion of serotype 3 has been high in the years before COVID-19 measures and has not yet declined in 2021 (15.5 % of the isolates). However, most strikingly, the proportion of non-vaccine serotype 23B significantly increased in 2021 (8.0%) as compared to 2020 (3.2%). This increase was found to be significant (P=0.004; Chi-Square test) and serotype 23B has now been identified as the second most frequent non-vaccine serotype in our study. The proportions of the other, nonvaccine serotypes remained roughly unchanged in 2021 as compared to 2020. Eighteen of the 213 IPD isolates in the first half of 2021 were non-susceptible to penicillin (8.5%). Compared to previous years, the resistance rate (meningitis criteria) thus slightly increased (7.4% in 2019, 7.8% in 2020). Importantly, more than half of the penicillin resistant isolates in 2021 were of serotype 23B (55.6%) (Supplementary Figure). The penicillin minimal inhibitory concentrations (MICs) of these isolates were only moderately elevated (range 0.064 - 0.19 mg/L) and were thus still in the intermediate range ("susceptible, increased exposure") for indications other than meningitis. All of the 23B serotype isolates analyzed in 2021 so far were susceptible to ceftriaxone, erythromycin and levofloxacin (the latter "susceptible, increased exposure"). Six of the 10 penicillin resistant isolates were, however, also non-susceptible to trimethoprim-sulfamethoxazole.

#### Discussion

The 13- valent pneumococcal conjugate vaccine (PCV-13) became the recommended pneumococcal vaccine in Switzerland in 2014 and is now widely used (vaccine coverage rates are >90% for children below 2 years). Therefore, and as noted in other countries, a decrease in PCV13 serotypes is not surprising <sup>1, 5</sup>. In 2019, we observed that only 29.5 % of the isolates still were PCV13 serotypes of which serotype 3 was the most frequent (16.3 %). During the COVID-19 pandemic, a drop in the incidence of IPD has been observed in Switzerland and all over Europe <sup>2</sup>. It is now of great interest to explore how COVID-19 measures and the loosening thereof affect the epidemiology of IPD.

In this study, we analyzed the total number of IPD isolates and the proportion of PCV13 serotypes among them. As a limitation, we do not report denominator data as these are not yet available for 2020-2021 in Switzerland. We found that PCV13 serotypes have further

decreased but that there is a high proportion of penicillin non-susceptible *S. pneumoniae* of serotype 23B.

A very recent study also determined the serotype distribution and antimicrobial resistance of *Streptococcus pneumoniae* associated with mucosal infections in young children <sup>6</sup>. Very similar to our study, they found that isolates exhibiting serotype 23B were often penicillin non-susceptible (38%) <sup>6</sup>. In Portugal, it has been shown that a high proportion of penicillin non-susceptible isolates was of serotype 23B in IPD in adults and that 23B was associated with isolation from cerebrospinal fluid samples <sup>7</sup>.

In this respect it is perhaps also of relevance that serogroup 23 (excluding 23F) has been identified as one of three emerging, non-PCV13 serotype in a Swiss study analyzing pneumococcal carriage in the nasopharynx of children with acute otitis media <sup>8</sup>. Similarly, 23B was also among the most prevalent non-PCV13 serotypes in more recent years in patients with otitis media in Germany <sup>9</sup>. Interestingly, penicillin resistant *S. pneumoniae* of serotype 23B has also found to be the most frequent non-vaccine serotype in a carriage study in Ghana <sup>10</sup>. Taken together, this illustrates that carriage data is also urgently needed to better understand the overall epidemiology of *S. pneumoniae*.

In conclusion, we found that the number of IPD isolates has again increased to a similar level as before the implementation of COVID-19 measures in Switzerland. Also, penicillin MICs of isolates of serotype 23B are elevated, which is worrying as this is also the serotype which we found has significantly increased in 2021. For the future direction a careful, continuous monitoring of the circulating serotypes is of uttermost importance, as more and more countries are easing the COVID-19 measures.

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#### **Disclosure statement**

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#### Figure: Number of invasive pneumococcal disease (IPD) isolates in Switzerland,

January 2017- June 2021. Shown are the total numbers per month. The data for 2020 and 2021 are indicated in red and blue, respectively. The first month with COVID-19 measures is labeled (March, 2020)



Supplementary table 1. Proportions of PCV serotypes among invasive pneumococcal

disease cases	in Sv	itzerland, January	2017- June 2021
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Age category	Serotype proportions of IPD cases in age groups (%)									
	Year									
	2017	2018	2019	2020	2021					
< 5 years	3 (0.3)	3 (0.3)	1 (0.1)	1 (0.2)	0 (0)					
5-64 years	36 (3.6)	31 (3.3)	33 (3.6)	18 (3.2)	7 (3.3)					
≥65 years	41 (4.1)	38 (4)	44 (4.8)	26 (4.6)	3 (1.4)					
Unknown	5 (0.5)	1 (0.1)	1 (0.1)	2 (0.4)	2 (1.0)					
Total PCV7 <sup>a</sup>	85 (8.4)	73 (7.7)	79 (8.6)	47 (8.4)	12 (5.6)					
< 5 years	7 (0.7)	18 (1.9)	7 (0.8)	2 (0.4)	3 (1.4)					
5-64 years	74 (7.3)	79 (8.4)	58 (6.3)	40 (7.1)	16 (7.5)					
≥65 years	146 (14.4)	130 (13.8)	110 (12)	78 (13.9)	19 (8.9)					

All cases	1012 (100)	944 (100)	915 (100)	562 (100)	213 (100)
Unknown	82 (8.1)	66 (7.0)	64 (7.0)	52 (9.2)	17 (8.0)
≥65 years	578 (57.1)	527 (55.8)	529 (57.8)	291 (51.8)	107 (50.2)
5-64 years	325 (32.1)	313 (33.2)	298 (32.6)	201 (35.8)	80 (37.6)
< 5 years	27 (2.7)	38 (4.0)	24 (2.6)	18 (3.2)	9 (4.2)
Total Non-PCV <sup>c</sup>	676 (66.8)	629 (66.6)	645 (70.5)	387 (68.9)	160 (75.1)
Unknown	53 (5.2)	50 (5.3)	47 (5.1)	42 (7.4)	12 (5.6)
≥65 years	391 (38.6)	359 (38)	375 (41)	187 (33.3)	85 (40.0)
5-64 years	215 (21.2)	203 (21.5)	207 (22.6)	143 (25.4)	57 (26.8)
< 5 years	17 (1.7)	17 (1.8)	16 (1.7)	15 (2.7)	6 (2.8)
Total PCV13nonPCV7 <sup>b</sup>	251 (24.8)	242 (25.6)	191 (20.9)	128 (22.8)	41 (19.2)
Unknown	24 (2.4)	15 (1.6)	16 (1.7)	8 (1.4)	3 (1.4)

a Serotypes included in PCV7: 4, 6B, 9V, 14, 18C, 19F & 23F

b Additional serotypes included in PCV13, but not PCV7: 1, 3, 5, 6A, 7F & 19A

c Serotypes not included in either PCV7 or PCV13

Supplementary table 2: Serotype distribution of referred IPD isolates 2017-2021 (2020-2021

data are shown for the first and second 6 months of the year)

	2017 2018			2010 1 <sup>st</sup> 2020				and	2020	1st 2021			
	2017		20	810	20	<u>vta</u>		2020	2	2020	1 2021		
Serotype	n	%	n	%	n	%	n	%	n	%	n	%	
PCV7													
19F	27	2.7	18	1.9	23	2.5	9	2.3	5	3.0	8	3.8	
4	21	2.1	13	1.4	8	0.9	3	0.8	3	1.8	2	1	
14	17	1.7	19	2	22	2.4	8	2.0	5	3.0	0	0	
6B	9	0.9	(4)	0.4	4	0.4	4	1.0	1	0.6	0	0	
18C	1	0.1	6	0.6	8	0.9	4	1.0	0	0.0	1	0.5	
23F	4	0.4	5	0.5	2	0.2	4	1.0	1	0.6	1	0.5	
9V	6	0.6	8	0.8	12	1.3	0	0.0	0	0.0	0	0	
PCV13 non- PCV7	$\bigcirc$												
3	158	15.6	187	19.8	149	16.3	71	16.9	24	14.4	33	15.5	
19A	63	6.2	42	4.4	31	3.4	20	4.4	5	3.0	7	3.3	
75	22	2.2	9	1	6	0.7	3	0.7	1	0.6	1	0.5	
6A	5	0.5	4	0.4	4	0.4	2	0.7	2	1.2	0	0	
1	3	0.3	0	0	1	0.1	0	0.0	0	0.0	0	0	
)) 5	0	0	0	0	0	0	0	0.0	0	0.0	0	0	
Total PCV13	336	33.2	315	33.4	270	29.5	128	32.4	47	28.1	53	24.9	
8	150	14.8	160	16.9	142	15.5	68	17.2	28	16.8	44	20.7	
23B	39	3.9	33	3.5	23	2.5	11	2.8	7	4.2	17	8	
22F	91	9	86	9.1	103	11.3	31	7.8	12	7.2	15	7	
9N	64	6.3	50	5.3	63	6.9	23	5.8	10	6.0	14	6.6	
24	15	1.5	13	1.4	13	1.4	8	2.0*	4	2.4*	3	1.4*	
15A	31	3.1	27	2.9	29	3.2	9	2.3	2	1.2	5	2.3	
12F	29	2.9	37	3.9	48	5.2	11	2.8	2	1.2	4	1.9	
10A	24	2.4	25	2.6	30	3.3	14	3.5	5	3.0	6	2.8	

15B/C	24	2.4	25	2.6	19	2.1	13	3.3*	8	4.8*	6	2.8*	
6C	22	2.2	15	1.6	13	1.4	8	2.0	2	1.2	4	1.9	
11A	27	2.7	24	2.5	19	2.1	6	1.5	6	3.6	8	3.8	
23A	27	2.7	20	2.1	29	3.2	10	2.5	4	2.4	6	2.8	
35F	15	1.5	16	1.7	20	2.2	6	1.5	6	3.6	3	1.4	
31	18	1.8	6	0.6	7	0.8	5	1.3	1	0.6	1	0.5	
38	5	0.5	6	0.6	11	1.2	5	1.3	0	0.0	1	0.5	
16	15	1.5	9	1	11	1.2	7	1.8*	4	2.4*	2	1.0*	Ň
20	17	1.7	13	1.4	12	1.3	2	0.5	1	0.6	3	1.4	
33F	16	1.6	16	1.7	13	1.4	8	2.0	3	1.8	6 <	2.8	K
17F	8	0.8	8	0.8	11	1.2	1	0.3	1	0.6	3	1.4	$\geq$
10B	4	0.4	4	0.4	3	0.3	3	0.8	1	0.6		0.5	
35B	14	1.4	11	1.2	5	0.5	5	1.3	5	3.0	2	1	
Other	21	2.1	25	2.6	21	2.3	13	3.3	8	4.8	6	2.8	
Total non- PCV13	676	66.8	629	66.6	645	70.5	267	67.6	120	71.9	160	75.1	
Total	1012	100	944	100	915	100	395	100	167	100	213	100	1

\*Serogroup 16 and 24 exclusively consisted of 16F and 24F isolates, 15B/C consisted of 15B (n=12)

and 15C (n=9) isolates.

Supplementary Figure: Percentage of pneumococcal serotypes of penicillin non-susceptible

#### IPD isolates in Switzerland



# Supplementary figure