

# Journal Pre-proof

TYK-ing all the boxes in psoriasis

Christoph Schlapbach, MD-PhD, Curdin Conrad, MD

PII: S0091-6749(22)00386-4

DOI: <https://doi.org/10.1016/j.jaci.2022.03.014>

Reference: YMAI 15511

To appear in: *Journal of Allergy and Clinical Immunology*

Received Date: 16 February 2022

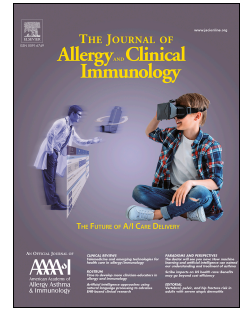
Revised Date: 16 March 2022

Accepted Date: 18 March 2022

Please cite this article as: Schlapbach C, Conrad C, TYK-ing all the boxes in psoriasis, *Journal of Allergy and Clinical Immunology* (2022), doi: <https://doi.org/10.1016/j.jaci.2022.03.014>.

This is a PDF file of an article that has undergone enhancements after acceptance, such as the addition of a cover page and metadata, and formatting for readability, but it is not yet the definitive version of record. This version will undergo additional copyediting, typesetting and review before it is published in its final form, but we are providing this version to give early visibility of the article. Please note that, during the production process, errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

© 2022 Published by Elsevier Inc. on behalf of the American Academy of Allergy, Asthma & Immunology.



1 TYK-ing all the boxes in psoriasis

2  
3 Christoph Schlapbach<sup>1</sup>, MD-PhD; Curdin Conrad<sup>2</sup>, MD

- 4  
5 1) Department of Dermatology, Inselspital, Bern University Hospital, University of Bern, Switzerland  
6 2) Department of Dermatology, CHUV University Hospital and University of Lausanne (UNIL), Lausanne, Switzerland.  
7 [curdin.conrad@chuv.ch](mailto:curdin.conrad@chuv.ch)

8  
9  
10  
11 Conflict of interest

12 C.S.: CS has received honoraria as adviser from Abbvie, LEO Pharma, Lilly, and Novartis and has received research funding from  
13 PPM Services.

14 C.C.: CC has received honoraria as adviser from AbbVie, Actelion, Ammirall, Amgen, Boehringer Ingelheim, Bristol-Myers Squibb,  
15 Celgene, Eli Lilly, Galderma, Incyte, Janssen, LEO Pharma, MSD, Novartis, Pfizer, Samsung, and UCB.

16  
17 Word count: 1357

18  
19  
20 Key Words:

21 TYK2, TYK2 inhibitor, deucravacitinib, psoriasis, IL-23, T<sub>H</sub>17, IL-17, type I interferon, IFN, JAK, JAK inhibitor

22  
23  
24 Corresponding author:

25 *Curdin Conrad*

26 *Department of Dermatology*

27 *CHUV University Hospital and University of Lausanne (UNIL)*

28 *Lausanne, Switzerland*

29 *Phone: +41213147060*

30 [curdin.conrad@chuv.ch](mailto:curdin.conrad@chuv.ch)

31 Over the last two decades, we have witnessed a paradigm shift in the management of psoriasis. Based on the increasing knowledge  
32 about the pathogenesis of psoriasis, monoclonal antibodies targeting the TNF/IL-23/IL-17 pathway have been developed.  
33 Particularly IL-17 and IL-23 blockers have shown an excellent safety and efficacy profile in the treatment chronic plaque psoriasis(1).  
34 Yet, there is an unmet need for effective and safe oral and topical treatments as well as for strategies to personalize treatment,  
35 halt disease progression, and prevent comorbidities. The appreciation of cytokines as key drivers of immunopathology has thus  
36 spurred efforts to target their associated signaling pathways, most prominently the Janus Kinase–Signal Transducer and Activator  
37 of Transcription (JAK–STAT) pathway(2). JAKs are essential signaling mediators downstream of cytokines of the type I and II family  
38 (Fig 1). The JAK family consist of four members (JAK1, JAK2, JAK3 and TYK2) which combine in various fashion with different type I  
39 and type II cytokine receptors (Figure 1a). Once the receptor is activated by its cognate cytokine, JAKs activate STAT proteins which  
40 then translocate to the nucleus, bind to DNA, and activate gene transcription(2). Thus, JAK-STAT signaling is at the heart of  
41 immunological communication, as evidenced by the striking immunological phenotypes of humans and mice carrying mutations in  
42 JAK or STAT genes(2).

43 JAK inhibitors of various selectivity for the different JAK family members have thus been developed. JAK inhibitors of the first-  
44 generation (ruxolitinib, tofacitinib) target two (JAK1/2) or three different JAKs (JAK1/2/3) and have shown clinical efficacy in  
45 inflammatory diseases such arthritis and inflammatory bowel disease(2). Yet, they are associated with a number of concerning  
46 adverse events that are, at least in part, the consequence of their broad activity against multiple JAK isoforms. Furthermore, they  
47 have shown incomplete efficacy in inflammatory skin diseases such as psoriasis. This might be a direct consequence of their low  
48 activity against TYK2, which mediates pathogenic interleukin (IL)-23 signaling, a key cytokine driving expansion and maintenance  
49 of T<sub>H</sub>17 and T<sub>C</sub>17 cells(1). Second generation JAK inhibitors more selectively target a single JAK isoform, thereby holding the promise  
50 of higher and more specific efficacy and less adverse events(2). Indeed, selective JAK1 inhibitors (e.g. upadacitinib, abrocitinib) have  
51 shown high efficacy and tolerability in atopic dermatitis. The development of TYK2-selective inhibitors has made it possible to  
52 target the pathogenic IL-23/IL-17 axis in psoriasis and, accordingly, clinical trials with various TYK2 inhibitors (e.g. prepocitinib,  
53 ropsacitinib, deucravacitinib) have shown encouraging results. Taken together, selective TYK2 inhibitors hold the promise to  
54 broaden our therapeutic armamentarium against psoriasis.

55 Within the group of the selective JAK inhibitors in clinical development, the TYK2 inhibitor deucravacitinib holds a special place.  
56 Typically, JAK1/2/3 inhibitors bind to the adenosine tri phosphate (ATP)-binding site of the catalytic domain of the JAK, resulting in  
57 competitive inhibition of the kinase (Figure 1b). However, the ATP-binding domain shows high sequence homology among the  
58 different JAKs, reducing selectivity of such a therapeutic approach. Deucravacitinib on the other hand binds to the regulatory  
59 domain and thus inhibits TYK2 via an allosteric mechanism(3) (Figure 1b). Allosteric inhibition presents several key advantages: It  
60 is highly specific, allows for modulation rather than elimination of kinase activity, and works even when the endogenous ligand –  
61 in the case of JAKs ATP - is bound. As result, deucravacitinib shows  $\geq 100$ -fold greater selectivity for TYK2 versus JAK1/3 and  $\geq 2000$ -  
62 fold greater selectivity for TYK2 versus JAK2(3, 4) *in vitro*. *In vivo* in humans, deucravacitinib was effective in a phase 2 clinical trial  
63 of psoriasis and lacked certain specific adverse effects observed in clinical trials of JAK1-3 inhibitors (neutropenia, elevation in liver  
64 enzyme and serum creatinine levels, dyslipidemia)(5). Thus, one key explanation for the expected favorable efficacy and safety  
65 profile of deucravacitinib in psoriasis is its unique mode of action and high specificity for TYK2.

66 Another unique property of TYK2 inhibitors might lie in their activity against type I interferon signaling. In recent years, molecular  
67 and genetic studies have identified additional inflammatory pathways in psoriasis, providing evidence that psoriasis is a  
68 heterogeneous disease, which requires personalized disease characterization for treatment optimization. One of these pathogenic  
69 inflammatory pathways is driven by type I interferons (IFN- $\alpha$  and IFN- $\beta$ ), which are produced by so-called plasmacytoid dendritic  
70 cells early during disease development(6). Type I IFNs trigger chronic activation of conventional dendritic cells to produce TNF and  
71 IL-23, which eventually drives the subsequent Th17 cascade and plaque formation in psoriasis. While the type I IFN pathway is  
72 dominant in early phases of psoriasis development, it usually is relayed by the TNF/IL-23/IL17 pathway in chronic plaque psoriasis  
73 (Figure 2). However, in leading edges of unstable plaques or in acute forms of psoriasis, such as erythrodermic or guttate psoriasis,  
74 type I IFNs remain the predominant inflammatory cytokines(6). In fact, several risk gene variants associated with psoriasis have  
75 been identified within the type I IFN pathway (one of them being *TYK2*!), which further supports the clinical relevance of this  
76 pathway in psoriasis. Moreover, type I IFNs are associated with systemic inflammation and acute flares in patients with generalized  
77 pustular psoriasis(7). As type I IFN signaling is – besides IL-12, IL-23, and the IL-10 family of cytokines – mediated by TYK2, inhibition  
78 of TYK2 provides an intriguing therapeutic option that simultaneously targets both acute and chronic forms of psoriasis (Figure 2).

79 In this issue, Catlett et al. analyzed blood samples from a randomized, placebo-controlled phase II trial of deucravacitinib in patients  
80 with moderate to severe psoriasis(8). The data provided in the article, which suggest a lack of dose- and time-dependent changes  
81 in blood biomarkers of JAK1-3 inhibition, further support *in vivo* selectivity of deucravacitinib for TYK2 over JAK1-3. In addition, the  
82 authors investigated skin biopsies from lesional skin at days 1, 15, and 85 for changes in biomarkers of both the IL-23/IL17 and the  
83 type I IFN pathway through analyses of differentially expressed genes. TYK2 inhibition lead to suppression of the IL-23/IL-17  
84 pathway and to normalization of type I IFN response genes. These findings further support the idea that deucravacitinib, besides  
85 showing robust efficacy in chronic plaque psoriasis through inhibition of IL-23 signaling, could indeed target acute forms of psoriasis  
86 and prevent new flares by inhibiting type I IFN signaling. Furthermore, deucravacitinib might also provide an intriguing treatment  
87 option for other type I IFN mediated diseases and drug side effects such as lupus or anti-TNF induced paradoxical psoriasis, which  
88 represents an ongoing type I IFN driven innate inflammation(9).

89 However, inhibition of type I IFNs might also have its risks given their essential role in anti-viral immunity. Patients with a complete  
90 genetic loss of TYK2 function all show an immunodeficient phenotype. Interestingly, however, a genetic partial loss-of-function  
91 variant of TYK2 is protective against autoimmunity without increasing susceptibility for infections(10).

92 IFN response genes show considerable overlap between type I (IFN- $\alpha$  and IFN- $\beta$ ) and type II IFNs (IFN- $\gamma$ ). Hence, their normalization  
93 during deucravacitinib treatment might – compared to what Catlett and colleagues proposed here(8) – not be entirely attributed  
94 to the blockade of type I IFN signaling. TYK2 inhibition also blocks signaling of IL-12, which in turn promotes the differentiation of  
95 IFN- $\gamma$  producing T<sub>H</sub>1 cells (Figure 2). Thus, it remains to be dissected to what extend inhibition of the IL-12/T<sub>H</sub>1 pathway contributes  
96 to the effect of deucravacitinib.

97 Beyond IL-12, IL-23, and type I IFN, TYK2 also mediates signaling of the IL-10 family of cytokines, which includes IL-10, IL-19, IL-20,  
98 IL-22, IL-24, and IL-26. It will be interesting to decipher potential redundancies and distinct functional relevance for these cytokines  
99 in patients under TYK2-inhibition. Particularly IL-26 represents an interesting candidate as it has been implicated in various human

100 diseases including psoriasis and Crohn's disease. However, its functions are only partly mediated via its receptor (IL-20R1/IL-10R2),  
101 and thus via TYK2 signaling, since IL-26 can also bind nucleic acid enabling it to activate endosomal toll like receptors.

102 The recent identification of additional cytokine pathways illustrates the complexity of psoriasis and suggests that distinct  
103 inflammatory pathways coexist in individual patients and may vary over time. Personalized molecular characterization of these  
104 pathways might help us in our therapeutic decision-making. Precision medicine should be facilitated by the discovery of biomarkers,  
105 which would help to define these distinct pathways and the responsiveness to various therapies.

Journal Pre-proof

## References

- 107 - 1. Griffiths CEM, Armstrong AW, Gudjonsson JE, Barker J. Psoriasis. *Lancet*. 2021;397(10281):1301-15.
- 108 - 2. Gadina M, Le MT, Schwartz DM, Silvennoinen O, Nakayamada S, Yamaoka K, et al. Janus kinases to jakinibs:  
109 from basic insights to clinical practice. *Rheumatology (Oxford)*. 2019;58(Suppl 1):i4-i16.
- 110 - 3. Burke JR, Cheng L, Gillooly KM, Strnad J, Zupa-Fernandez A, Catlett IM, et al. Autoimmune pathways in mice and  
111 humans are blocked by pharmacological stabilization of the TYK2 pseudokinase domain. *Sci Transl Med*. 2019;11(502).
- 112 - 4. Wroblewski ST, Moslin R, Lin S, Zhang Y, Spergel S, Kempson J, et al. Highly Selective Inhibition of Tyrosine Kinase  
113 2 (TYK2) for the Treatment of Autoimmune Diseases: Discovery of the Allosteric Inhibitor BMS-986165. *J Med Chem*.  
114 2019;62(20):8973-95.
- 115 - 5. Papp K, Gordon K, Thaci D, Morita A, Gooderham M, Foley P, et al. Phase 2 Trial of Selective Tyrosine Kinase 2  
116 Inhibition in Psoriasis. *N Engl J Med*. 2018;379(14):1313-21.
- 117 - 6. Conrad C, Gilliet M. Psoriasis: from Pathogenesis to Targeted Therapies. *Clin Rev Allergy Immunol*.  
118 2018;54(1):102-13.
- 119 - 7. Catapano M, Vergnano M, Romano M, Mahil SK, Choon SE, Burden AD, et al. IL-36 Promotes Systemic IFN- $\gamma$   
120 Responses in Severe Forms of Psoriasis. *J Invest Dermatol*. 2020;140(4):816-26 e3.
- 121 - 8. Catlett IM, Hu Y, Gao L, Banerjee S, Gordon K, Krueger JG. Molecular and clinical effects of selective tyrosine  
122 kinase 2 inhibition with deucravacitinib in psoriasis. *J Allergy Clin Immunol*. 2021;Nov 10:S0091-6749(21)01690-0. doi:  
123 10.1016/j.jaci.2021.11.001. Online ahead of print.
- 124 - 9. Conrad C, Di Domizio J, Mylonas A, Belkhdja C, Demaria O, Navarini AA, et al. TNF blockade induces a  
125 dysregulated type I interferon response without autoimmunity in paradoxical psoriasis. *Nat Commun*. 2018;9(1):25.
- 126 - 10. Dendrou CA, Cortes A, Shipman L, Evans HG, Attfield KE, Jostins L, et al. Resolving TYK2 locus genotype-to-  
127 phenotype differences in autoimmunity. *Sci Transl Med*. 2016;8(363):363ra149.

## 129 Figure Legends

130

131 **Figure 1a. Association of various cytokine receptors with Janus kinases.** Different cytokine receptors associate with  
132 different Janus kinases (JAKs), which transduce intracellular signals upon binding of the extracellular ligand.  
133 Depending on their selectivity and target, JAK-inhibitors allow the inhibition of a certain combination of specific  
134 biological functions. *EPO*, erythropoietin; *granulocyte colony-stimulating factor (G-CSF)*; *GH*, growth hormone; *GM-*  
135 *CSF*, granulocyte–macrophage colony-stimulating factor; *IL*, interleukin; *IFN*, interferon; *LIF*, leukaemia inhibitory  
136 *factor*; *NK*, natural killer; *TPO*, thrombopoietin; *Th*, T helper; *Treg*, T regulatory; *TYK*, tyrosine kinase.

137

138 **Figure 1b. Kinase- versus pseudokinase-targeted JAK inhibition.** While first generation JAK inhibitors directly inhibit  
139 kinase activity by binding to the kinase or ATP-binding domain (ATP-competitive inhibition), deucravacitinib  
140 allosterically inhibits TYK2 activation by interacting with the pseudokinase or regulatory domain. Given the high  
141 sequence homology within the respective kinase domains of the different JAKs, the pseudokinase domain provides an  
142 intriguing target site to increase selectivity of JAK inhibition.

143

144 **Figure 2: Pathogenesis of psoriasis, highlighting key cytokines signaling through TYK2.** Koebnerization leads to  
145 sustained activation of plasmacytoid dendritic cells (pDCs) and production of large amounts of type I interferons  
146 (IFNs). Type I IFNs in turn activate dermal dendritic cells (dDCs) to produce IL-23. IL-23 stimulates TH17 and TC17 cells  
147 to produce TH17 cytokines, which trigger the epidermal phenotype of plaque psoriasis. Receptors of Type I IFNs and  
148 IL-23 signal through TYK2. *TYK2i* = *TYK2 inhibition (e.g. deucravacitinib)*.

