

The Content of Previous FEPSAC Congresses A Plea for a Broad Understanding of Sport Psychology

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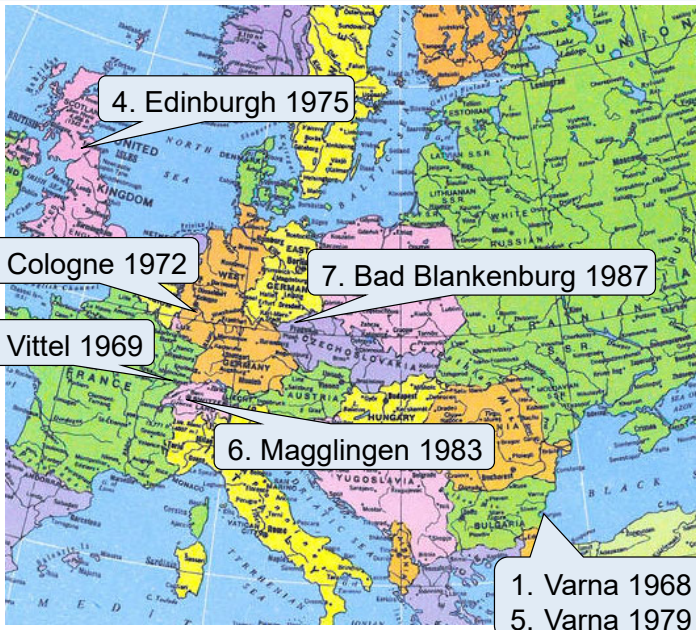
2024

Aims of the study

Investigate the first seven FEPSAC Congresses, i.e. in the years 1968 to 1987

- Who contributed?
- What were the topics and contents in the first 7 congresses?
- Were there differences between the countries on both sides of the iron curtain?
- Are the contents and contributions received in data bases?

Data basis: Proceedings of the FEPSAC Congresses 1968-1987



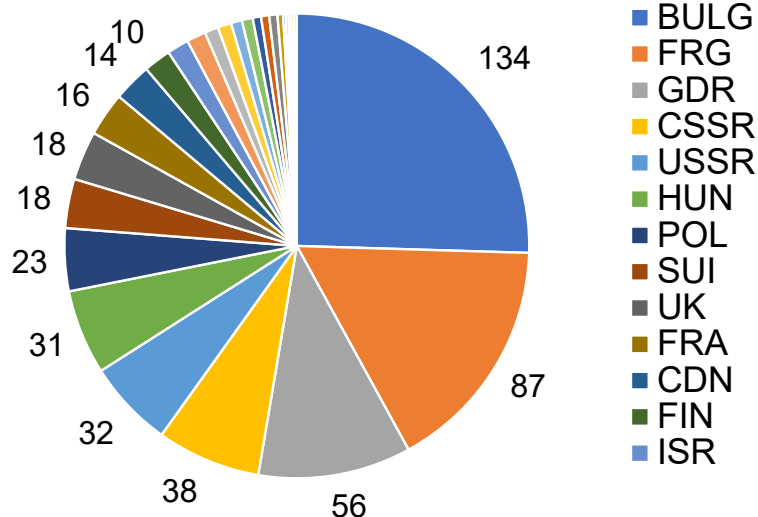
1. Varna 1968: 48 contributions in Russian (or Bulgarian?), abstracts in French
2. Vittel 1969: No proceedings published
3. Cologne 1972: 63 contributions in German, abstracts in English, French and Russian
4. Edinburgh 1975: 41 contributions in English, German or French
5. Varna 1979: 163 contributions in Bulgarian, Russian, German, English or French
6. Magglingen 1983: 73 contributions in German, English or French
7. Bad Blankenburg 1987: 138 contributions in German, English or Russian

Method Data analyses

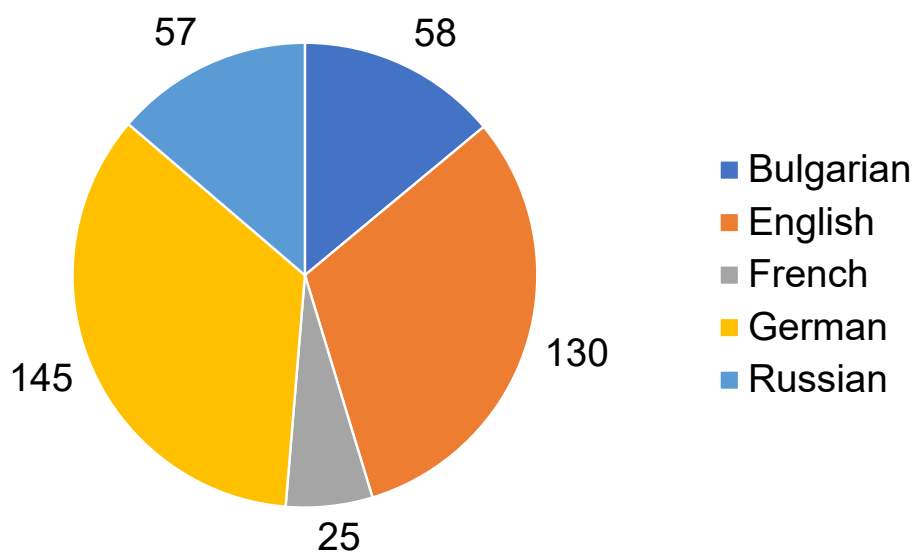
- 11 proceeding books with altogether 3735 pages have been analysed
- Total *N* of contributions: 526
- Country of the first author and language of the contribution were counted
- Type of contribution was classified
- Target group was identified, where applicable and feasible (*n*=285)
- Contributions in proceeding books and/or abstracts were classified using psychological dimensions
- Out of 526 contributions, *n*=433 were categorised (80 %) in about 45 categories
- Similar categories were summarised into higher order categories (e.g. stress, arousal, arousal regulation → stress regulation)

N of contributions per country of the first author

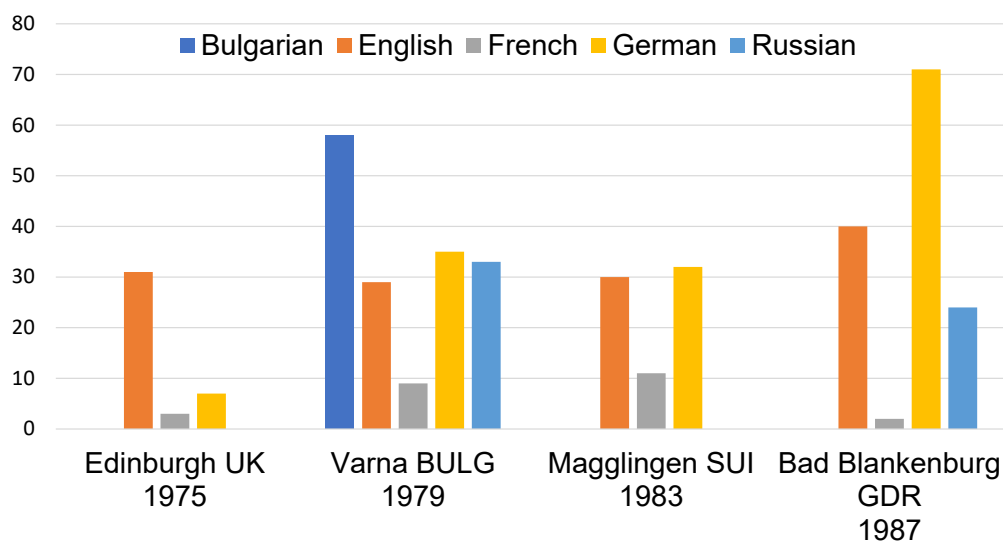
- Total N = 526
- 27 countries from Algeria to Yugoslavia
- 12 countries were represented with 10 or more contributions



Overall figure of languages of the contributions to FEPSAC Congresses IV to VII

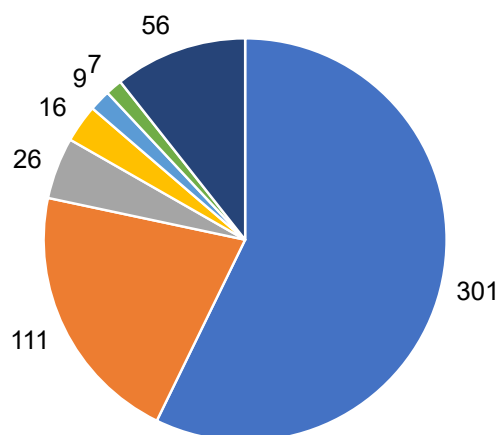


Languages of the contributions to the FEPSAC Congresses IV to VII

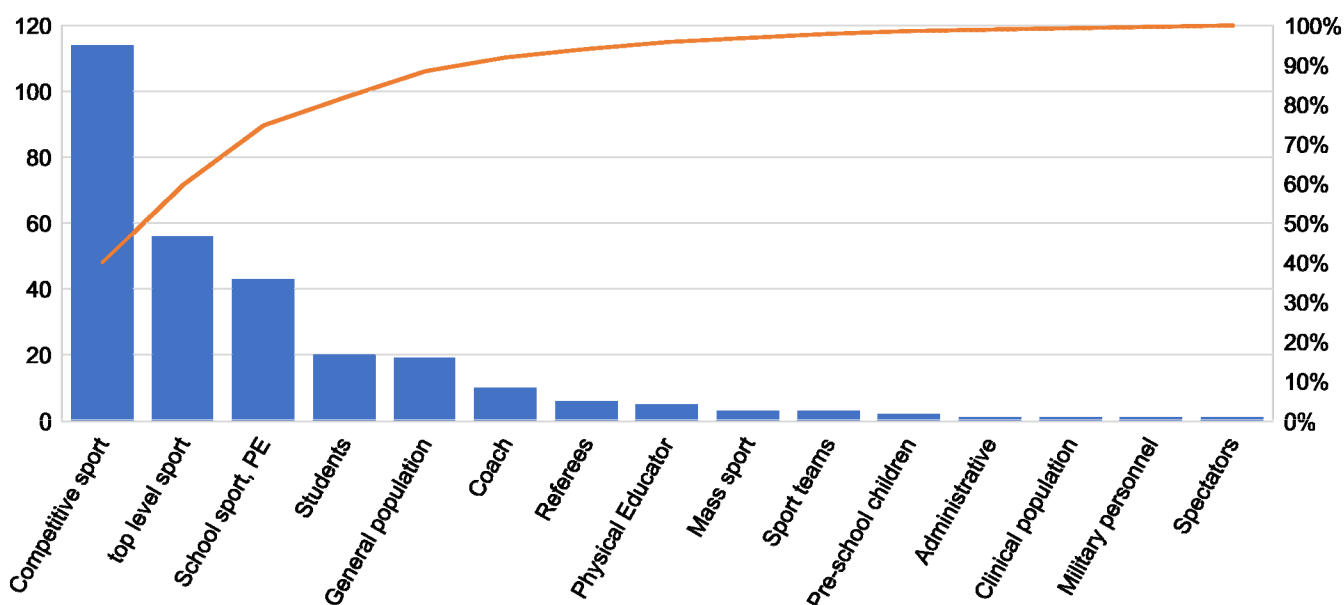


Types of contributions

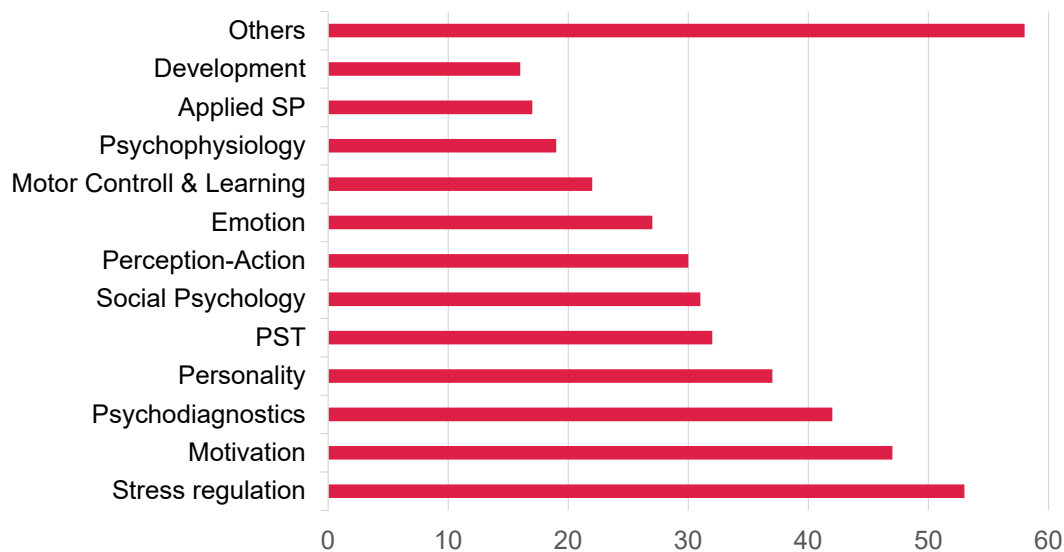
■ Empirical studies	301
■ Theoretical contributions	111
■ Methodological contributions	26
■ Reviews	16
■ Applied reports	9
■ Case studies	7
■ Others/unclassified	56



Target groups, included populations (N = 285 contributions)

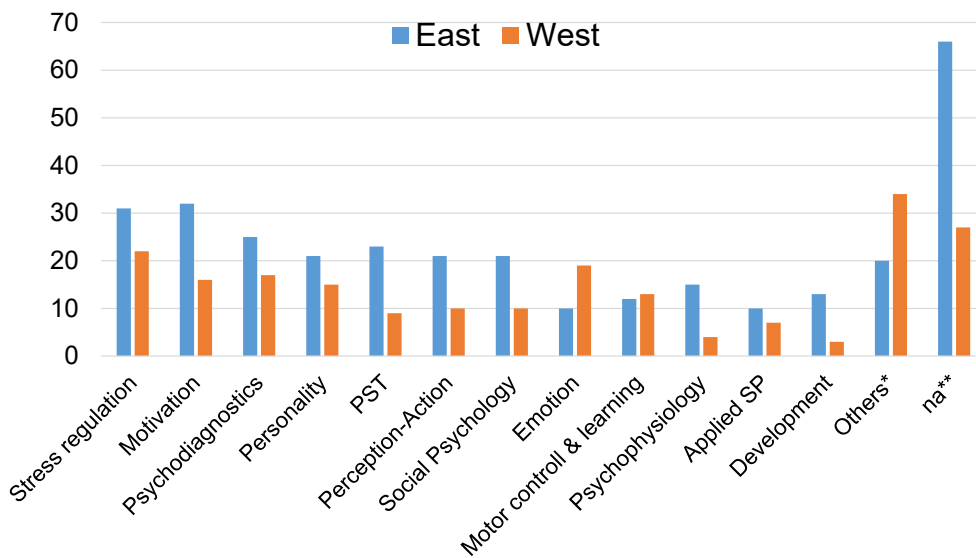


Most occurring psychological themes in the first seven FEPSAC Congresses



N = 433

Themes of the contributions, separated for Eastern and Western countries

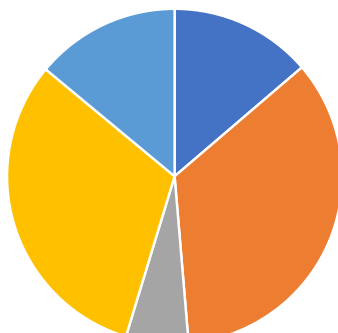


* Topics such as: history and trends in sport psychology, pedagogical psychology, phenomenology, clinical psychology (n=54)

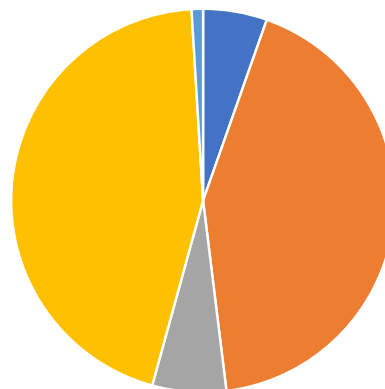
** not classified (n=93)

Languages of the contributions to FEPSAC Congresses and of database entries

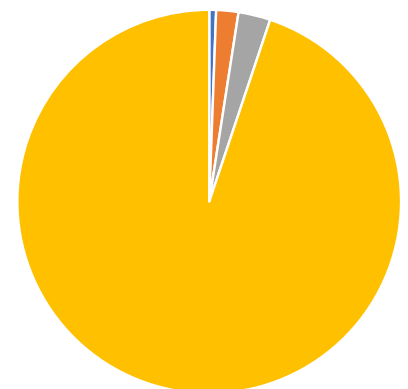
FEPSAC Congresses IV to VII
 1975 – 1987
 N=415



Database Spolit
 1971 – 1990
 N=7650



Database Psycinfo
 1971-1990
 N=1553



■ Russian ■ German ■ French
 ■ English ■ Bulgarian

search terms: (sport&psycholog*) af & language

Conclusions

- Bulgaria, Federal Republic of Germany and German Democratic Republic were the most productive countries
 - Contributed more than half of the presentations
- Language representation influenced by the place of the congress
- Majority of contributions empirical in nature
 - Data analysis and statistical procedures often not presented
- Majority of contributions with a focus on competitive sport and top level sport
 - Many other target groups represented
- Broad range of psychological themes
 - Applied contributions only marginally represented
- Similar representation of the themes in Western and Eastern countries
- Contributions in Eastern European languages not been included in data bases and are not cited

Limitations

- Languages, mainly Russian and Bulgarian
 - Thanks to DeepL, some titles could be translated
 - The quality of the translations cannot be judged
- Only one researcher involved
 - No independent classification by two or more researchers
 - No interrater reliability
- Results to be interpreted with caution

References

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Thank you for your interest!
Grazie tanto!