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Sex-Related Characteristics and Short-Term Outcomes 1 of Patients Undergoing Transcatheter Tricuspid Valve Intervention 2 for Tricuspid Regurgitation 3 4 Andrea Scotti, MD ^{a,b*}; Augustin Coisne, MD, PhD ^{a,b,c*}; Maurizio Taramasso, MD ^d; Juan F. Granada, MD ^b; 5 Sebastian Ludwig, MD ^{a,b,e}; Josep Rodés-Cabau, MD ^f; Philipp Lurz, MD, PhD ^g; Jörg Hausleiter, MD ^h; Neil 6 7 Fam, MD i; Susheel K. Kodali, MD j; Joel Rosiene, MD a, Ari Feinberg, MD Alberto Pozzoli, MD k, Hannes Alessandrini, MD ¹; Luigi Biasco, MD ^m; Eric Brochet, MD ⁿ; Paolo Denti, MD ^o; Rodrigo Estevez-Loureiro, 8 MD ^p; Christian Frerker, MD ^q; Edwin C. Ho, MD ^a; Vanessa Monivas, MD ^r; Georg Nickenig, MD ^s; Fabien 9 Praz, MD ^t; Rishi Puri, MD, PhD ^u; Horst Sievert, MD ^v; Gilbert H.L. Tang, MD, MSC, MBA ^w; Martin 10 Andreas, MD, PhD x; Ralph Stephan Von Bardeleben, MD y; Karl-Philipp Rommel, MD g; Guillem Muntané-11 Carol, MD ^f; Mara Gavazzoni, MD ^d; Daniel Braun, MD ^h; Benedikt Koell, MD ^e; Daniel Kalbacher, MD ^{e,z}; 12 Kim A. Connelly, MD ⁱ; Jean-Michel Juliard, MD ⁿ; Claudia Harr, MD ^l; Giovanni Pedrazzini, MD ^{aa}; Giulio 13 Russo, MD^{ab}; François Philippon, MD^f; Joachim Schofer, MD¹; Holger Thiele, MD^g; Matthias Unterhuber, 14 MD ^g; Dominique Himbert, MD ⁿ; Marina Ureña Alcázar, MD, PhD ⁿ; Mirjam G. Wild, MD ^t; Stephan 15 Windecker, MD ^t; Ulrich Jorde, MD ^a; Francesco Maisano, MD ^o; Martin B. Leon MD ^{b,j}; Rebecca T. Hahn, 16 MD b,j; Azeem Latib, MD a 17 ^a Montefiore-Einstein Center for Heart and Vascular Care, Montefiore Medical Center, Albert Einstein College of Medicine, Bronx, New York ^b Cardiovascular Research Foundation, New York, New York 18 ^c Univ. Lille, Inserm, CHU Lille, Institut Pasteur de Lille, U1011 - EGID, F-59000 Lille, France 19 ^d Heart Center Hirslanden Zürich, Zürich, Switzerland ^e Department of Cardiology, University Heart and Vascular Center, Hamburg, Germany 20 21 f Quebec Heart and Lung Institute, Laval University, Quebec City, Quebec, Canada 22 g Heart Center Leipzig at University of Leipzig and Leipzig Heart Institute, Leipzig, Germany 23 ^h Medical Clinic and Polyclinic I, University Hospital of Munich, Munich, Germany 24 ⁱ Division of Cardiology, Toronto Heart Center, St. Michael's Hospital, Toronto, Ontario, Canada 25 ^j Division of Cardiology, Columbia University Medical Center-NewYork Presbyterian Hospital, New York, NY 26 ^k Division of Cardiac Surgery, Cardiocentro Ticino Institute, Ente Ospedaliero Cantonale, Lugano, Switzerland ¹ Asklepios Clinic St. Georg, Medical Care Center Prof. Mathey, Prof. Schofer, Hamburg, Germany 27 ^m Azienda Sanitaria Locale Torino 4. Via Battitore 7, 10071 Ciriè, Italy; Department of Biomedical Sciences, 28 29 University of Italian Switzerland, Lugano, Switzerland ⁿ Division of Cardiology, Bichat Hospital, Paris, France 30 31 Division of Cardiology and Department of Cardiac Surgery, San Raffaele University Hospital, Milan Italy 32 ^PInterventional Cardiology Clinic, University Hospital Alvaro Cunqueiro, Vigo, Spain 33 ^q University Heart Center, Schleswig-Holstein University, Lübeck, Germany 34 ^r Division of Cardiology, Puerta de Hierro University Hospital, Madrid, Spain 35 ^s Division of Cardiology, Bonn University Hospital, Bonn, Germany 36 ^t Division of Cardiology, Inselspital, Bern University Hospital, Bern, Switzerland 37 ^u Department of Cardiovascular Medicine, Cleveland Clinic Foundation, Cleveland, Ohio 38 V Division of Cardiology, Cardiovascular Center Frankfurt, Frankfurt am Main, Germany 39 W Department of Cardiovascular Surgery, Mount Sinai Health System, New York, New York

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1 ABSTRACT

- 2 Background and Aims. The impact of sex in patients with significant tricuspid regurgitation
- 3 (TR) undergoing transcatheter tricuspid valve intervention (TTVI) is unknown. The aim of this
- 4 study was to investigate sex-specific outcomes in patients with significant TR treated with TTVI
- 5 versus medical therapy alone.
- 6 Methods. The TriValve (Transcatheter Tricuspid Valve Therapies) registry collected patients
- 7 with significant TR from 24 centers who underwent TTVI from 2016 to 2021. A control cohort
- 8 was formed by medically managed patients with ≥severe isolated TR diagnosed in 2015-2018.
- 9 Primary endpoint was freedom from all-cause mortality. Secondary endpoints were heart failure
- 10 (HF) hospitalization, New York Heart Association (NYHA) functional status, and TR severity.
- One-year outcomes were assessed for the TriValve cohort and compared with the control cohort
- with the inverse probability of treatment weighting (IPTW).
- 13 **Results.** A total of 556 and 2072 patients were included from the TriValve and control groups,
- 14 respectively. After TTVI, there was no difference between women and men in 1-year freedom
- from all-cause mortality (80.9% vs. 77.9%, p=0.56, nor in HF hospitalization (p=0.36), NYHA
- functional class III-IV (p=0.17), and TR severity >2+ at last follow-up (p=0.42). Multivariable
- 17 Cox-regression weighted by IPTW showed an improved 1-year survival after TTVI compared to
- medical therapy alone in both women (adjusted hazard ratio [HR] 0.45, 95% confidence interval
- 19 [CI] 0.23-0.83, p=0.01) and men (adjusted HR 0.42, 95% CI 0.18-0.89, p=0.03).
- 20 **Conclusions.** After TTVI in high-risk patients, there were no sex-related differences in terms of
- 21 survival, HF hospitalization, functional status, and TR reduction up to 1 year. The IPTW analysis
- shows a survival benefit of TTVI over medical therapy alone in both women and men.
- 23 **Keywords.** tricuspid regurgitation; sex; transcatheter tricuspid valve intervention.
- **24 Clinical Trial Registration:**
- 25 Trial Name: International Multisite Transcatheter Tricuspid Valve Therapies Registry (TriValve)
- 26 ClinicalTrial.gov Identifier: NCT03416166
- 27 *URL*: https://clinicaltrials.gov/ct2/show/NCT03416166

ABBREVIATIONS

2 HF = heart failure

- 3 IPTW = inverse probability of treatment weighting
- 4 NYHA = New York Heart Association
- 5 OMT = optimal medical therapy
- 6 TEER = transcatheter edge-to-edge repair
- 7 TR = tricuspid regurgitation
- 8 TTVI = transcatheter tricuspid valve intervention
- 9 TV = tricuspid valve

INTRODUCTION

Tricuspid regurgitation (TR) is a highly prevalent valvular heart disease and is associated with increased long-term mortality and adverse clinical outcomes ^{1–3}. The majority of patients with significant TR are deemed at high or prohibitive surgical risk and surgery for isolated TR is seldom performed ⁴. The unmet clinical need of operative TR management led to the development of transcatheter tricuspid valve intervention (TTVI), which has been shown to be a safe and effective therapeutic option ^{5,6}. Several studies have shown sex-related differences in the presentation and outcomes of patients with aortic stenosis or mitral regurgitation irrespective of the medical or operative management ^{7–9}. In particular, women have been found to be older at presentation for intervention, having less clinical benefit after mitral transcatheter edge-to-edge repair (TEER), and markedly higher mortality after aortic valve intervention for low-flow low-gradient aortic stenosis. Natural history studies report an increased prevalence of significant TR in women ¹⁰, and risk score to predict outcomes for isolated tricuspid valve surgery include female sex as a risk factor ¹¹. However, the impact of sex on characteristics and outcomes of patients with significant TR undergoing TTVI remains unknown.

Hence, we sought to perform a comprehensive analysis of sex-related differences regarding clinical presentation, echocardiographic characteristics, and outcomes of patients undergoing TTVI enrolled in a large real-world, international registry (TriValve Registry, NCT03416166) and compare them with a control group of patients with ≥severe isolated TR under optimal medical therapy (OMT).

1 METHODS

TTVI cohort. The details of the TriValve registry have been previously described ¹². Briefly, the 2 3 TriValve registry included patients with symptomatic TR who underwent TTVI across 24 centers in Europe and North America. All patients had symptomatic heart failure (HF) and significant (≥ 4 moderate) TR according to the European and American guidelines. 13,14 Patients were referred to 5 the registry by local investigators and were deemed at prohibitive risk by the local 6 interdisciplinary heart team. The Institutional Review Board at each participating site approved 7 the study protocol, and informed, written consent for participation was provided by all patients. 8 Baseline characteristics, including clinical and echocardiographic data, were collected before 9 TTVI. Procedural success was defined as patient alive at the end of the procedure, with the 10 device successfully implanted and delivery system retrieved, with a TR reduction of at least one 11 grade, and an absolute residual TR ≤2+. 12 Medical Therapy Cohort. The control cohort was formed by all consecutive patients with a new 13 diagnosis of severe or greater TR made with echocardiographic assessment at Montefiore-14 Einstein Center for Heart and Vascular Care (Bronx, New York, USA) between 2015 and 2018. 15 All data were prospectively collected in an institutional registry and further examined for the 16 17 presence of the inclusion (severe or greater TR) and exclusion (age <18 years, previous TV intervention [whether surgical or transcatheter], heart valvular intervention during the follow-up 18 19 period, or patients with concomitant more than moderate mitral or aortic valve disease) criteria. No transcatheter option was available for these patients in the study period. Baseline 20 21 characteristics, including clinical and echocardiographic data, were collected at the time of 22 echocardiographic assessment. Clinical follow-up was carried out by clinical visits and/or phone consultation. The inclusion of patients in this study was approved by the local institutional review 23

- board. All the patients of both interventional and medical therapy groups were medically treated
- 2 according to guideline-directed medical therapy.
- 3 Echocardiographic Evaluation. All patients underwent a comprehensive 2-dimensional and
- 4 Doppler echocardiography. TR severity was graded into four grades: mild (1+), moderate (2+),
- 5 severe (3+) and massive/torrential (4+) using a combination of semiquantitative and quantitative
- 6 assessment, as described by the American Society of Echocardiography guidelines as well as the
- 7 European Association of Echocardiography guidelines ^{15–17}. TR effective regurgitant orifice area
- 8 was quantified using the proximal isovelocity surface area method. Pacemaker-induced TR was
- 9 diagnosed with targeted interrogation of the tricuspid valve leaflets in presence of leads and
- 10 leaflet impingement, leaflet adherence, leaflet perforation, or pacing mediated TR. Chamber sizes
- and function were quantified in accordance with the most recent European and U.S. guidelines.
- 12 16,18 Specially, right ventricular (RV) function was estimated by measuring tricuspid annular
- plane systolic excursion (TAPSE) or Doppler tissue imaging-derived tricuspid lateral annular
- systolic velocity. Right ventricular end-diastolic diameter was defined as the maximal transversal
- dimension in the basal one third of the RV inflow at end diastole and right atrial volume was
- 16 calculated using single-plane area-length or disk summation techniques. All right-side
- measurements were performed in dedicated apical four-chamber view.

- Clinical Outcomes. In the absence of specific criteria and definitions for TTVI adverse outcomes, Mitral Valve Academic Research Consortium criteria were adopted to define adverse events. The primary endpoint was 1-year freedom from all-cause death. Secondary endpoints were HF hospitalization, functional status (assessed by the New York Heart Association [NYHA] functional class), and recurrence of more than moderate TR severity. Acute kidney injury was
 - defined as stage 2 or 3 of the modified RIFLE criteria. Follow-up data were collected at

- discharge, at 30 days, and then according to the time frame elapsed from the index procedure to
- 2 data lock for the present analysis. The data underlying this article will be shared on reasonable
- 3 request to the corresponding author.

Statistical analysis. Patients were divided into two groups according to sex in both cohorts. 4 Categorial variables were reported as numbers and corresponding proportions and compared with 5 the χ^2 test with continuity correction or the Fisher exact test, as appropriate. Continuous variables 6 were described as mean \pm SD or as median (interquartile range) and compared with two-sided 7 Student's t-test (parametric test) or the Wilcoxon rank sum test (non-parametric test), according 8 to their distribution. A propensity score methodology with inverse probability of treatment 9 weighting (IPTW) was performed to limit selection bias and balance baseline characteristics 10 between TTVI and medical therapy groups ^{19,20}. Propensity scores predicting each patient's 11 probability of undergoing TTVI or not were estimated using generalized linear models including 12 13 variables with a difference in their distribution between the two groups or considered clinically 14 significant (age, atrial fibrillation, diabetes, and chronic kidney disease). Propensity scores were used to compute stabilized weights. IPTW was used to maintain the numbers of patients in both 15 cohorts, contrary to traditional propensity matching that requires trimming of both groups in 16 order to create a balanced match. The balance of measured covariance between groups was 17 compared by generating a standardized difference and optimal balance was determined with a 18 value of 10% or less. Subsequent survival analyses including both TTVI and medical therapy 19 groups were weighted by IPTW. Overall survival and freedom from the composite endpoint of 20 death or unplanned HF hospitalization were estimated using the Kaplan-Meier method and 21 22 compared using the log-rank test. The incidence of HF hospitalization was estimated using the

cumulative incidence function accounting for death as a competing risk. Hazard ratios (HRs) and

- 1 95% confidence intervals (CIs) were determined using Cox proportional hazards regression.
- 2 Multivariable Cox proportional hazards regression models were used to explore the association of
- 3 TTVI and sex with primary and secondary endpoints. A two-sided p value of <0.05 was
- 4 considered statistically significant. Statistics were performed using R, version 4.1.3 (The R
- 5 Foundation for Statistical Computing, Vienna, Austria).

6 RESULTS

- 7 Baseline and procedural characteristics. A total of 556 patients underwent TTVI and were
- 8 included in the Trivalve Registry. Among them, 316 (56.8%) were women. Baseline
- 9 characteristics according to sex are depicted in Table 1. Compared to men, women were less
- 10 likely to have ascites (20.3% vs. 32.1%, p<0.01) or previous hospitalization for RV failure
- 11 (65.1% vs. 75.7%, p=0.02. Conversely, there was no difference regarding the incidence of
- 12 NYHA class III-IV (women 93.6% vs. men 91.5%, p=0.19), diabetes (women 29.8% vs. men
- 13 24.2%, p=0.18), or atrial fibrillation (women 66.6% vs. men 68.5%, p=0.70). Although men had
- more implanted pacemaker or intracardiac defibrillator (31.2% vs. 21.6%, p=0.02), TR
- mechanism was mainly functional (88.8%) with similar proportions between men and women
- 16 (91.6% vs. 86.7%, p=0.28). Women had higher left ventricular ejection fraction (53.8 \pm 11.5%
- vs. $46.3 \pm 14.7\%$, p<0.01), with similar left ventricular and left atrial sizes, measured as left
- 18 ventricular end-diastolic diameter index (p=0.63) and left atrial volume index (p=0.82). There
- were no statistical differences in RV size (i.e. RV end-diastolic diameter) and function (i.e.
- 20 TAPSE), **Table 2**.
- 21 **TTVI and procedural outcomes.** Procedural characteristics and outcomes are shown in **Table 3**.
- Overall, the duration of the procedure was similar between women and men (132.4 \pm 66.4 min

- vs. 132.0 ± 60.4 min, p=0.95). Women were less frequently treated with TEER than men (74.4%
- 2 vs. 83.3%, p<0.01) and in case of TEER, fewer clips were implanted in women compared to men
- 3 (p<0.01). The rates of procedural success were similar between the two groups (79.5% vs. 77.1%,
- 4 p=0.56) as well as the risk of acute kidney injury (10.8% vs. 14.6%, p=0.32), conversion to
- 5 surgery (1.2% vs. 2.1%, p=0.46), or in-hospital death (3.5% vs. 2.1%, p=0.57).
- 6 Sex-related outcomes following TTVI. At 1 year after TTVI, all-cause mortality occurred in 66
- 7 (20.4%) patients, HF hospitalization in 81 (25.4%), and the composite endpoint of all-cause
- 8 mortality and HF hospitalization in 118 (35.4%). At 1 year no differences between women and
- 9 men were observed in the Kaplan-Meier analyses for the freedom from all-cause mortality and
- 10 the composite endpoint of all-cause mortality or HF hospitalization, nor in the cumulative
- incidence function of HF hospitalization, Figure 1. After adjustment for left ventricular ejection
- fraction, previous myocardial infarction, and hospitalization for RV failure on multivariable Cox
- 13 regression analysis, results remained consistent with the unadjusted Kaplan-Meier method:
- 14 freedom from all-cause mortality (adjusted HR 1.02; 95% CI 0.59-1.74; p=0.95), HF
- hospitalization (adjusted HR 1.28; 95% CI 0.79-2.09; p=0.31), and all-cause mortality or HF
- hospitalization (adjusted HR: 1.11; 95% CI 0.74-1.65; p=0.62). In addition, there were no
- differences between women and men in NYHA functional class III-IV nor in TR severity >2+ at
- 18 30 days (p=0.17 and p=0.42, respectively), and at last follow-up (p=0.87 and p=0.90,
- 19 respectively), **Figure 2**.
- 20 **TTVI plus OMT versus OMT alone.** A total of 2072 patients formed the control group and
- 21 were compared with those undergoing TTVI in the TriValve registry, **Table 4**. After IPTW,
- baseline characteristics of the weighted groups were more balanced between TTVI and OMT
- patients, in particular with regard to age $(73.9 \pm 11.5 \text{ years vs. } 73.4 \pm 15.2 \text{ years, standardized})$

difference=3.8%), atrial fibrillation (48.6% vs. 42.8%, standardized difference=5.8%), and 1 2 chronic kidney disease (52.3% vs. 51.6%, standardized difference=0.7%). Supplemental Figure S1. Differences persisted in the weighted groups, with the TTVI group having higher left 3 ventricular end-diastolic diameter index, left atrial volume index, and lower TAPSE. Similar 4 5 findings were observed comparing the two treatments groups within each sex category, Supplemental Table S1-S2. IPTW-weighted Kaplan-Meier analyses at 1 year showed a lower 6 overall survival for women in the OMT group (women 66.1% vs. men 70.7%, log-rank p=0.01), 7 that was no longer evident after Cox-regression adjustment for age, body mass index, left 8 ventricular ejection fraction, and TAPSE (Adjusted HR 0.70, 95% CI 0.33-1.49, p=0.35, Figure 9 3). In the TTVI cohort, overall survival weighted by IPTW was not affected by sex (women 10 79.1% vs. men 78.6%, log-rank p=0.74; adjusted HR 0.98, 95% CI: 0.53-1.84, p=0.96). Finally, 11 the benefit of TTVI plus OMT over OMT alone was consistently observed in women (TTVI plus 12 OMT 79.1% vs. OMT alone 66.1%, log-rank p<0.01; adjusted HR: 0.45, 95% CI 0.23-0.83, 13 p=0.01) and men (TTVI plus OMT 78.6% vs. OMT alone 70.7%, log-rank p<0.01; adjusted HR 14 0.42, 95% CI 0.18-0.89, p=0.03, adjusted p_{interaction}=0.74), **Figure 3**. 15

16 DISCUSSION

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In this study, we investigated the sex-related differences in characteristics and outcomes of patients undergoing TTVI for TR in the large, international real-world TriValve Registry. After TTVI, women and men showed similar improvements in terms of survival, HF hospitalization, functional status, and sustained TR reduction up to 1 year of follow-up. Compared to a control group of patients with isolated TR under OMT weighting by IPTW and adjusting with Coxregression analyses, TTVI plus OMT was associated with substantial and consistent increase in 1-year survival in both women and men (Structured Graphical Abstract).

Sex-related differences in valvular disease epidemiology and ventricular responses to changes in loading conditions lead to differences in disease prevalence and clinical manifestations ⁸. Despite a predominance of males with aortic stenosis, several studies reported a higher prevalence and incidence, ranging from 53% to 75%, of TR among women ^{21–25}. Our results are consistent with these findings with 57% of women with significant TR referred for TTVI and 64% present in the OMT group. Besides, clinical manifestations of patients with significant TR are different between women and men. We showed that, compared to men, women were less likely to have ascites or previous hospitalization for RV failure, and less left ventricular systolic dysfunction which is in line with recent findings from Dietz et al. and Gual-Capllonch et al. ²⁶. In their study, Dietz et al. investigated the sex-specific differences in prognosis in patients with significant TR ²³. In a cohort of 1569 patients (51% females), women had better 10-year survival rates compared with men (49% vs. 39%, p=0.001). However, after propensity score matching, there was no significant difference in mortality (p=0.23). Accordingly, our analyses with IPTW and Cox-regression adjustments for baseline characteristics show that women and men with TR under medical management had similar overall survival.

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Exploring gender differences in Medicare beneficiaries undergoing mitral valve operations, women were found to have higher operative mortality and lower long-term survival ²⁷. However, these findings were largely driven by an older age, higher number of comorbidities, and later presentation with more advanced disease for women. In the subgroup of patients undergoing mitral valve replacement, the survival benefit over medical therapy was consistent irrespective of sex. In case of TEER for mitral regurgitation, two studies from the randomized COAPT (Cardiovascular Outcomes Assessment of the MitraClip Percutaneous Therapy for Heart Failure Patients with Functional Mitral Regurgitation) trial and the EuroSMR registry found that

- women had a less pronounced reduction in HF hospitalizations compared to men, with overall
- 2 survival and improvement in clinical outcomes being similar in both sexes. ^{28,29}

Few studies investigated the sex-related differences in postoperative outcomes after tricuspid valve surgery. Exploring 92 patients who underwent isolated TV surgery, Pfannmueller et al. did not show significant differences in postoperative mortality between women and men ³⁰. Using the National Inpatient Sample to identify 5005 patients who underwent isolated TV surgery from 2004 to 2013, Chandrashekar et al. compared outcomes in 366 paired patients after propensity-matching. They found that overall in-hospital mortality was similar for matched women and men. ³¹ However, no assessment was available after discharge.

To date, there are no data regarding the impact of sex in patients with advanced TR undergoing transcatheter interventions. In our study, we showed that after TTVI, clinical outcomes are similar in both women and men, with 1-year survival rates of 81% and 78%, respectively. Similarly, the survival benefit of TTVI over medical therapy was significant irrespective of sex. These findings are in line with previous reports for the transcatheter treatment of mitral regurgitation ^{28,29}. In the TriValve registry, there were no marked differences in baseline characteristics of women versus men. This may explain the discrepancies with surgical series, where women were at much higher risk compared to male candidates. Also, this stresses the importance of timely referral and management of TV disease.

In the absence of any randomized controlled trial, our results suggest that the benefits of transcatheter interventional treatment of TR are substantial and not affected by gender. With increasing numbers of patients and TTVI options, further studies should explore the impact of sex according to the type of procedure and the patient risk profile.

Study Limitations. The most relevant limitations of this study are inherent to its non-randomized, observational design with no centralized echocardiographic core-lab or clinical event adjudication committee. However, it still provides the most comprehensive information on sex-related characteristics and outcomes of patients undergoing TTVI for TR. Although several statistical methods, such as propensity-IPTW and multivariable Cox-regression analyses, have been applied, we cannot exclude the impact on outcomes of unknown/unmeasured variables (e.g. TR etiology) that could not be corrected. Right ventricular basal diameter and TAPSE may not be accurate measurements of RV size and function in presence of different TR etiology (i.e. atrial vs. ventricular) ³² and previous cardiac surgery. Longer-term follow-up is required to determine if the observed outcomes with no differences between women and men are maintained or whether any new interactions may become apparent over time. Finally, our results have to be considered as hypotheses generating; randomized controlled trials are needed to validate these findings and define the ideal candidates and timing of transcatheter interventions for TR.

CONCLUSIONS

In the TriValve registry, after TTVI in high-risk patients with significant TR there were no sexrelated differences in terms of survival, HF hospitalization, functional status, and TR reduction up to 1 year. The IPTW analysis suggests that TTVI may be associated with substantial and consistent increase in survival in both women and men compared to medical therapy alone. Future studies are needed to assess whether sex-related differences in outcomes may emerge at longer-term follow-up.

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Inc. Dr Coisne has served as a consultant for Abbott and received speaker fees from Abbott and

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FIGURES LEGEND

- 2 Figure 1. Kaplan-Meier Curves of Clinical Outcomes after TTVI According to Sex.
- 3 There was no difference at 1 year in the Kaplan-Meier curves for death or HF hospitalization and
- 4 death, nor in the cumulative incidence of HF hospitalization after TTVI between women and
- 5 men. HF: heart failure; TTVI: transcatheter tricuspid valve intervention.
- 6 Figure 2. Changes in NYHA Functional Class and TR severity From Baseline to Last
- 7 Follow-Up after TTVI

1

- 8 No significant differences in NYHA class III/IV or TR severity >2+ were observed between
- 9 women and men at each time-point. *Comparison of NYHA class III/IV and TR severity >2+
- between women and men. NYHA: New York Heart Association; TR: tricuspid regurgitation;
- 11 TTVI: transcatheter tricuspid valve intervention.
- Figure 3. Overall survival at 1 year according to treatment group and sex after IPTW.
- Above: Unadjusted Kaplan-Meier analysis at 1 year. Below: forest plot from multivariable Cox
- 14 regression analysis including age, body mass index, left ventricular ejection fraction, tricuspid
- annular plane systolic excursion, sex, and treatment. CI: confidence interval; OMT: optimal
- medical therapy; TTVI: transcatheter tricuspid valve intervention.

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Table 1. Baseline Characteristics According to Sex

	Overall (n=556)	Women (n=316)	Men (n=240)	P-value
Age (years)	76.0 ± 9.6	76.1 ± 10.5	75.9 ± 8.2	0.82
BMI (kg/m²)	26.0 ± 5.1	26.1 ± 5.7	25.9 ± 4.3	0.68
Diabetes	148 (27.4)	92 (29.8)	56 (24.2)	0.18
COPD	121 (22.0)	60 (19.0)	61 (25.8)	0.07
Atrial fibrillation	370 (67.4)	209 (66.6)	161 (68.5)	0.70
Prior myocardial infarction	89 (16.2)	35 (11.12)	54 (23.1)	< 0.01
PM/ICD	140 (25.7)	67 (21.6)	73 (31.2)	0.02
NYHA class III-IV	509 (92.7)	294 (93.6)	215 (91.5)	0.19
Ascites	127 (25.5)	57 (20.3)	70 (32.1)	< 0.01
Peripheral oedema	396 (77.3)	222 (76.3)	174 (78.7)	0.59
Previous RV failure	341 (69.6)	185 (65.1)	156 (75.7)	0.02
CKD	427 (76.8)	239 (75.6)	188 (78.3)	0.52
Previous left-side valve intervention	168 (30.4)	108 (34.2)	60 (25.3)	0.03
TR etiology				0.28
Functional	492 (88.8)	274 (86.7)	218 (91.6)	
Degenerative	27 (4.9)	17 (5.4)	10 (4.2)	
Mixed	26 (4.7)	19 (6.0)	7 (2.9)	
Other	9 (1.6)	6 (1.9)	3 (1.3)	
EuroSCORE II (%)	6.3 [3.7-12.4]	6.7 [4.1-13.2]	6.0 [3.3-11.0]	0.11
STS mortality (%)	4.1 [2.6-6.9]	4.3 [2.7-6.7]	4.0 [2.3-7.4]	0.51
Hemoglobin (g/dl)	10.7 ± 2.3	11.0 ± 2.3	10.2 ± 2.3	< 0.01
eGFR (ml/min/1.73 m²)	45.7 ± 20.5	46.6 ± 21.1	44.5 ± 19.8	0.25
NT-proBNP (pg/ml)	2656 [1309-5632]	2482 [1154-4830]	3038 [1640-6985]	< 0.01
AST (U/L)	28.2 [23.0-36.0]	29.0 [22.0-37.8]	28.0 [23.9-33.0]	0.67

ALT (U/L) 19.0 [14.0-26.0] 20.0 [14.0-28.0] 18.6 [13.0-24.0] 0.05

Data are mean ± SD, median [interquartile range], or n (%). ALT: Alanine aminotransferase; AST: Aspartate aminotransferase; BMI: Body mass index; CKD: Chronic kidney disease; COPD: Chronic obstructive pulmonary disease; eGFR: estimated glomerular filtration rate; ICD: implantable cardioverter defibrillator; NT-proBNP: N-terminal pro-B-type natriuretic peptide; NYHA: New York Heart Association; PM: Pacemaker; RV: Right ventricular; STS: Society of Thoracic Surgeons; TR: Tricuspid regurgitation

Table 2. Baseline Echocardiographic Characteristics According to Sex

	Overall (n=556)	Women (n=316)	Men (n=240)	P-value
LVEF (%)	50.6 ± 13.5	53.8 ± 11.5	46.3 ± 14.7	<0.01
LVEDD (mm)	50.3 ± 8.9	47.9 ± 8.1	53.7 ± 8.8	< 0.01
Left atrial volume (ml)	103.9 ± 52.2	99.3 ± 51.8	110.3 ± 52.3	0.04
Concomitant MR ≥3+	181 (33.2)	97 (31.2)	84 (35.9)	0.29
TR jet location			\supset	0.07
Central	362 (65.1)	205 (64.9)	157 (65.4)	
Anteroseptal	63 (11.3)	39 (12.3)	24 (10.0)	
Anteroposterior	11 (2.0)	2 (0.6)	9 (3.8)	
Posteroseptal	21 (3.8)	10 (3.2)	11 (4.6)	
Unknown	99 (17.8)	60 (19.0)	39 (16.2)	
TR vena contracta (mm)	10.5 ± 4.2	10.4 ± 4.2	10.6 ± 4.2	0.50
TR EROA (cm²)	0.68 ± 0.53	0.70 ± 0.57	0.65 ± 0.47	0.41
TR regurgitant volume (ml)	51.5 ± 30.5	51.0 ± 32.0	52.1 ± 28.8	0.80
Tricuspid annulus diameter (mm)	47.5 ± 8.3	45.4 ± 7.9	50.2 ± 8.1	< 0.01
Tricuspid coaptation gap (mm)	5.54 ± 2.96	5.33 ± 2.87	5.73 ± 3.04	0.28
Tricuspid tenting area (cm²)	2.42 ± 1.56	2.38 ± 1.62	2.46 ± 1.51	0.67
RVEDD (mm)	39.7 ± 13.0	39.0 ± 12.4	40.3 ± 13.6	0.49
Right atrial volume (ml)	110.0 ± 69.0	107.1 ± 70.2	114.1 ± 67.3	0.41
TAPSE (mm)	16.6 ± 4.9	16.8 ± 5.2	16.3 ± 4.6	0.28
S-TDI (cm/s)	9.80 ± 3.12	9.73 ± 3.18	9.98 ± 3.02	0.66

SPAP (mmHg) 40.7 ± 15.2 42.5 ± 15.7 38.4 ± 14.2 < 0.01

Data are mean \pm SD or n (%). EROA: Effective regurgitant orifice area; LVEDD: Left ventricular end-diastolic diameter; LVEF: Left ventricular ejection fraction; MR: Mitral regurgitation; RVEDD: Right ventricular end-diastolic diameter; S-TDI: S-tissue Doppler imaging; SPAP; Systolic pulmonary artery pressure; TAPSE; Tricuspid annular plane systolic excursion; TR: Tricuspid regurgitation.

Table 3. Procedural Characteristics and Post-procedural Outcomes in the Device Group According to Sex

	Overall (n=556)	Women (n=316)	Men (n=240)	P-value
Procedure				
Duration of procedure (min)	132.2 ± 63.7	132.4 ± 66.4	132.0 ± 60.4	0.95
Concomitant mitral or aor intervention	tic 127 (33.0)	69 (30.3)	58 (36.9)	0.21
Type of TTVI				< 0.01
TEER	435 (78.2)	235 (74.4)	200 (83.3)	ř
TTVR	13 (2.3)	11 (3.5)	2 (0.8)	
Annuloplasty	52 (9.4)	40 (12.7)	12 (5.0)	
Others	56 (10.1)	30 (9.5)	26 (10.8)	
Number of Clips			~	< 0.01
1	20 (4.7)	8 (3.4)	12 (6.2)	
2	105 (24.6)	67 (28.9)	38 (19.6)	
3	199 (46.7)	115 (49.6)	84 (43.3)	
4	87 (20.4)	39 (16.8)	48 (24.7)	
5	13 (3.1)	3 (1.3)	10 (5.2)	
6	2 (0.5)	0 (0.0)	2 (1.0)	
Post-procedure Outcomes	Y			
Procedural success	415 (78.4)	237 (79.5)	178 (77.1)	0.56
AKI	51 (12.4)	26 (10.8)	25 (14.6)	0.32
New-onset Atrial Fibrillation	6 (1.4)	5 (2.1)	1 (0.6)	0.41
Stroke	4 (0.9)	3 (1.2)	1 (0.5)	0.64
Length of stay (days)	4 [2-7]	4 [2-7]	4 [3-7]	0.59
Conversion to surgery	7 (1.6)	3 (1.2)	4 (2.1)	0.46
In-hospital death	13 (2.9)	9 (3.5)	4 (2.1)	0.57
30-day outcomes				
TAPSE (mm)	15.7 ± 4.5	15.6 ± 4.5	15.8 ± 4.7	0.79
SPAP (mmHg)	43.3 ± 14.8	44.2 ± 14.1	41.9 ± 15.8	0.22
All-cause mortality	20 (4.9)	11 (4.5)	9 (5.6)	0.82

Data are mean \pm SD, median [interquartile range], or n (%). AKI: Acute kidney injury; SPAP: Systolic pulmonary artery pressure; TAPSE: Tricuspid Annular Plane Systolic Excursion; TEER: Transcatheter edge-to-edge repair; TTVI: Transcatheter tricuspid valve intervention; TTVR: Transcatheter tricuspid valve replacement

1 Table 4. Unweighted and Weighted Patient Characteristics by Treatment Cohort (TTVI vs. control group)

	Unweighte	Unweighted Study Population, n (%)			Weighted Study Population, %		
	TTVI (n=556)	Control (n=2072)	Standardized Difference, %	TTVI	Control	Standardized Difference, %	
Age (years)	76.8 ± 10.3	72.4 ± 15.6)	33.1	73.9 ± 11.5	73.4 ± 15.2	3.8	
Women	316 (56.8)	1335 (64.4)	7.6	61.2	64.2	-1.2	
BMI (kg/m²)	26.0 ± 5.1	28.5 ± 8.6	-34.5	26.6 ± 5.7	28.3 ± 8.4	-23.9	
Atrial fibrillation	370 (67.4)	752 (36.3)	31.1	48.6	42.8	5.8	
COPD	121 (22.0)	468 (22.6)	-0.6	21.4	23.7	-2.3	
CKD	427 (76.8)	935 (45.1)	31.7	52.3	51.6	0.7	
Diabetes	148 (27.4)	724 (34.9)	-7.5	39.8	33.5	-3.0	
LVEF (%)	50.6 ± 13.5	50.4 ± 18.2	1.3	50.4 ± 13.6	50.5 ± 18.1	-0.8	
LVEDD (mm)	50.3 ± 8.9	46.2 ± 9.4	44.7	50.2 ± 9.4	46.2 ± 9.4	43.8	
Left atrial volume (ml)	103.9 ± 52.2	82.4 ± 33.2	49.0	101.1 ± 52.1	83.1 ± 33.3	41.2	
Right atrial volume (ml)	110.0 ± 69.0	93.9 ± 47.5	27.2	104.1 ± 59.0	95.1 ± 48.5	15.1	
TAPSE (mm)	16.6 ± 4.9	17.6 ± 5.5	-20.5	16.5 ± 4.9	17.7 ± 5.5	-23.0	

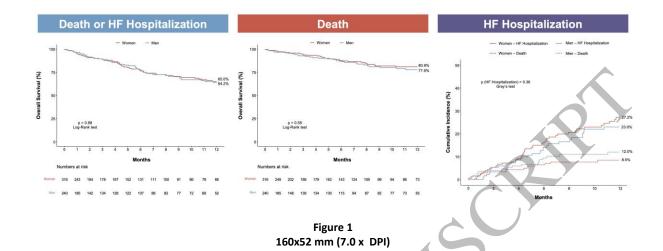
Data are mean ± SD, median [interquartile range], or n (%). BMI: Body mass index; CKD: Chronic kidney disease; COPD: Chronic Obstructive Pulmonary

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Disease; LVEDD: Left ventricular end-diastolic diameter: LVEF: Left ventricular ejection fraction; TAPSE: Tricuspid annular plane systolic excursion; TTVI:

⁶ transcatheter tricuspid valve intervention.



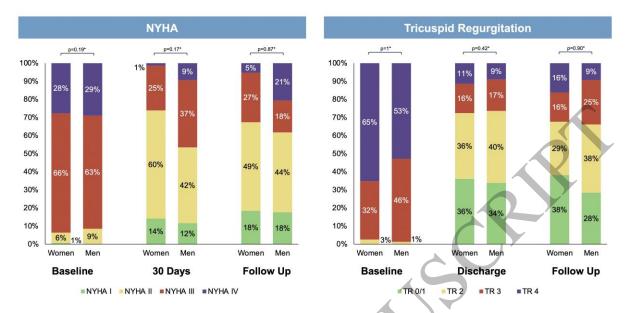
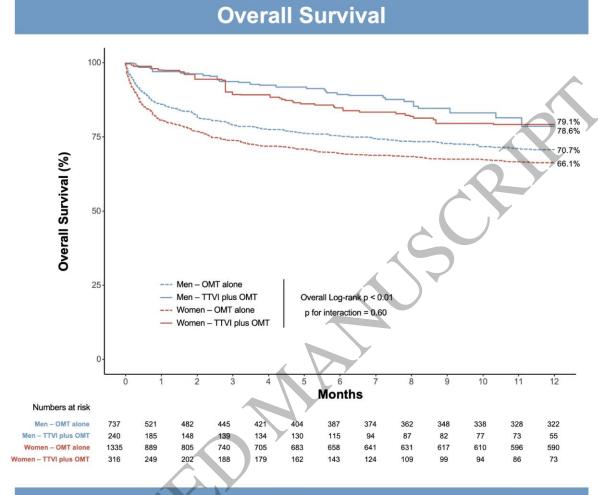


Figure 2 160x76 mm (7.0 x DPI)



Adjusted Hazard Ratio (95% CI)

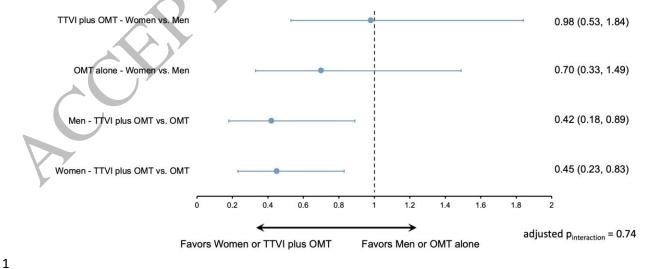


Figure 3 160x217 mm (7.0 x DPI)

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Key Question

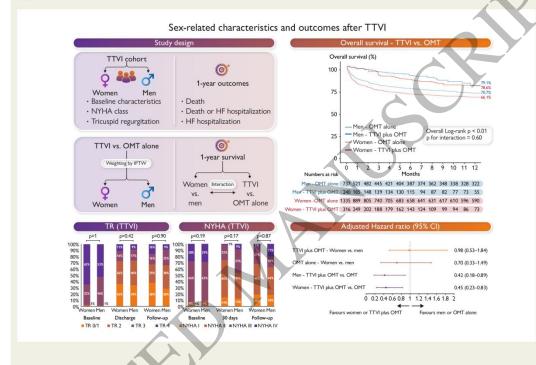
Does sex have an impact on characteristics and outcomes of patients with significant tricuspid regurgitation (TR) undergoing transcatheter tricuspid valve intervention (TTVI)?

Key Finding

TTVI was associated with similar outcomes in both women and men and increased 1-year survival over medical therapy, irrespective of sex

Take Home Message

TTVI seems to improve 1-year survival as compared to medical therapy, irrespective of sex. This needs to be confirmed in randomized trials.



Graphical Abstract