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2 Title: On the complex and dimensional relationship of maternal PTSD during early childhood and
3 child outcomes at school-age.

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28 **Abstract**

29 **Background:** Several studies have shown associations between maternal interpersonal violence-

30 related posttraumatic stress disorder (PTSD), child mental health problems and impaired

31 socioemotional development. However, the existing literature lacks evidence linking constellations

32 of risk-factors such as maternal interpersonal-violence related PTSD, psychopathology, and

33 interactive behavior with toddlers and outcome measures at school-age. **Methods:** The present

34 study involved a prospective, longitudinal investigation of 62 mothers and examined the relationship

35 between maternal variables measured when children were in early childhood (mean age 27

36 months), and child outcomes when children were school-age (age mean = 83.2 months), while

37 retaining a focus on the context of maternal PTSD. To identify and weigh associated dimensions

38 comparatively, we employed sparse canonical correlation analysis (sCCA) aimed at associating

39 dimensions of a dataset of 20 maternal variables in early childhood with that of more than 20 child

40 outcome variables (i.e., child psychopathology, life-events, and socio-emotional skills) at school-age.

41 **Results:** Phase 1 variables with the highest weights were those of maternal psychopathology: PTSD,

42 depressive and dissociative symptoms, and self-report of parental stress. The highest weighted

43 Phase 2 child outcome measures were those of child psychopathology: PTSD, anxiety and depressive

44 symptoms as well as peer bullying and victimization. **Conclusions:** sCCA revealed that trauma related

45 concepts in mothers were significantly and reliably associated with child psychopathology and other

46 indicators of risk for intergenerational transmission of violence and victimization. The results

47 highlight the dimensional and multi-faceted nature - both for mothers as well as children - of the

48 inter-generational transmission of violence and associated psychopathology.

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Introduction

Parenting is a complex task, with many challenges along the way that necessitate self-regulation of emotion and arousal to assist the child with his development of self-regulation, social communication, and to limit and redirect normative hostile aggression during this sensitive developmental period in early childhood (i.e., mutual regulation, 1). This parental function relies in part on the ability to infer mental states in self and in one's child (i.e., mentalization, 2). A multitude of factors, such as parents' psychopathology, a history of exposure to interpersonal violence (IPV), including child physical and/or sexual abuse, not to mention daily life stresses may interfere with a parent's capacity to participate in the mutual regulation of emotion and arousal. Outcomes for children of parents, whose psychological impairment and/or distress preclude(s) their effective participation in mutual regulation during this early period, can include various forms of behavioral difficulties and psychopathology, which in turn may interfere with learning and socialization, impaired development of social cognition, as well as altered mental representations of human relationships, both for themselves and their caregivers (3-5).

The link between PTSD and commonly comorbid conditions has been thoroughly studied in recent decades. About 80% of women and almost 90% of men with PTSD have at least one other psychiatric diagnosis, about half of them (44% of women and 59% of men) having three or more(6). The most common forms of other psychopathology associated with PTSD are substance abuse and affective disorders (e.g., depression, dysthymia, 6, 7). Parental PTSD has been shown to increase parenting stress and reduce maternal sensitivity (i.e., the capacity to understand and respond appropriately to the child's attachment signals, 8). Additionally, PTSD in the context of increased childhood adversity (i.e., early abuse and violence exposure) is also associated with lower parental reflective functioning, i.e., as a measure of mentalization which is the parent's ability to infer the child's thoughts, feelings and mental states (8). PTSD resulting from childhood adversity associates also with symptoms of alexithymia (i.e., the difficulty in identifying and naming one's own and others' emotions, 9, 10).

76   These relationships are complicated by the fact that many of these factors are associated with one

77   another, such as the various forms of trauma-related psychopathology, as well as measures of

78   alexithymia, socio-economic status (SES), parental reflective functioning (PRF) and maternal

79   sensitivity (6, 11-14) which have multiple interrelations. The same is true for child outcomes:

80   different factors show a complex pattern of univariate associations with each other. Different forms

81   of child psychopathology are associated with each other (15), can be linked to child mental

82   representations of relationships (16, 17), social behaviors and aggression (18) and child

83   temperament (19). While examining each of these factors individually is undoubtedly useful, this

84   complex pattern of relationships suggests that a multivariate dimensional approach may be

85   necessary to capture and then interpret the overall data and to quantify the individual impact of

86   different measures.

87   The aim of the present study was therefore to investigate the prospective longitudinal associations

88   of maternal measures when children were toddlers, with child outcomes when children were 5-9

89   years old. The sample consisted of about 2/3 mothers with a history of PTSD in the context of a

90   history of childhood physical abuse, domestic violence exposure, and adult domestic and other

91   violent victimization. Apart from violence-related measures, maternal measures also focused on

92   mothers' capacity to interact with and understand their child. For children, we wanted to examine

93   potentially less debilitating but generally applicable outcomes, such as emotional comprehension,

94   children's representations of their parent(s) and relationship with their parent(s), as well as maternal

95   report of child temperament, and bullying and victimization by bullies. Finally, we were also

96   particularly interested in continuous measures of child psychopathology as marked by number of

97   symptoms on a structured clinical interview of the child and parent. In order to incorporate such

98   diverse outcomes, we used a multi-variate analysis approach called sparse Canonical Correlation

99   Analysis (sCCA, see methods). sCCA investigates associations of entire datasets (as opposed to - for

100   example - multiple regression analysis which investigates associations of multiple variables with only

101   one outcome variable). In this case we used it to associate maternal and demographic measures

102   when children were 1-3.5 years old with a dataset of child outcomes when children were school-age

103   (5-9 years old). Importantly sCCA allows for quantification of the importance of different variables in

104   concert (i.e. variables of the same dataset are not necessarily weighed down because they explain

105   overlapping variance as is the case in multiple regression). This was partially because while negative

106   outcomes for children of mothers with pathology seem likely, how their weights affect different

107   developmental stages (such as school-age here) is largely unknown. A central reason for using sCCA

108   was to allow a theory agnostic statistical approach, that does not force a focus on a single

109   relationship between the datasets but rather allows the algorithm to drive how the datasets are best

110   associated.

111   We hypothesized that maternal psychopathology, and the quality of maternal interactive behavior

112   would be related to child psychopathological symptoms and maladaptive behaviors.

113   More specifically among these behaviors, we hypothesized that maternal IPV-PTSD affecting the

114   mother-child relationship as manifested by decreased maternal sensitivity during formative

115   development of emotion regulation at ages 1-3,5 years would predict child peer-directed bullying

116   and being bullied at school-ages 5-9 years as possibly a further predictor of intergenerational risk for

117   perpetration of IVP vs IVP victimization.

118   **Methods**

119   Study procedure and sample

120   We obtained approval from the Geneva University Hospitals' institutional ethics committee (14-271).

121   The study was conducted in accordance with the Helsinki Declaration. Mothers gave informed

122   consent for themselves and their children. The project is longitudinal in nature, wherefore this study

123   refers to Phase 1, at which children (56% boys) were 1 to 3.5 years of age (mean = 27 months, SD =

124   8.6), and Phase 2, at which children were 5 to 9 years old (mean = 84 months, SD = 12.9). This period

125   is associated with the formation of self-regulation of emotion and the acquisition of rudimentary

126   mentalization (i.e. reflective functioning) (20-22).

127 Mother-child dyads were excluded: (1) If mothers self-reported actively abusing substances; (2)

128 suffered from a psychotic disorder; or (3) if mother or child were otherwise physically and/or

129 mentally unable to participate in the tasks.

130 At Phase 2, participants were included when children were ages 5-9 years-old. After collecting

131 informed consent, 64 mother-child dyads participated in Phase 2 of the Geneva Early Childhood

132 Stress Study (76% retention). Two dyads were excluded due to more than 20% of data missing.

133 Among the remaining 62 dyads, 40 mothers had experienced significant PTSD symptoms during their

134 lifetime (CAPS score >= 40; age mean = 39.3, SD = 5.8; 55% boys; children's age mean = 83.2 months,

135 SD = 13.7). Twenty-two mothers had not (age mean = 40.5, SD = 5.3; 59% boys; children's age mean

136 = 85.4 months, SD = 11.5, see Table 1). For more on recruitment, exclusion criteria and additional

137 sample information, see Supplement.

138 <u>Data collection and measures</u>

139 **Phase 1**. Twenty-one measures from Phase 1 were included in the analysis (see table 2A for

140 description of measures). Nineteen of them included data on maternal psychopathology (5

141 measures), experienced abuse during childhood (3 measures) as well as parental behaviors, skills

142 and tendencies (11 measures).

143 Additionally, SES and child sex were included, using the Geneva Sociodemographic

144 Questionnaire(23). While these were not predictors of interest, this approach allowed us to quantify

145 their impact on results compared to other measures rather than having to regress out their effect

146 and thereby altering the data set. We wanted to avoid the latter, as these factors are known to be

147 related to some of the other input or outcome measures.

148 **Phase 2**. Twenty-five measures were included (19 in analysis 1), as shown in Table 2B. These

149 included number of child psychopathology symptoms (5 measures),as well as measures of child

150 exposure to criminal and traumatic events, bullying (2 measures), emotion comprehension (3

151   measures) and MacArthur Story Stem Battery (MSSB, 24) assessed children's representations of their

152   parents and their emotions (8 measures).

153   Furthermore, for analysis 2, maternal report on internalizing and externalizing symptoms in children

154   and 4 measures concerned with child temperament were added. All measures were validated and

155   possess good to very good psychometrics (Table 2).

156   <u>Data analysis</u>

157   To incorporate the diverse outcomes and measures described above, we used (sparse) canonical

158   correlation analysis (sCCA, 25, 26), which allows for data-driven quantification of the importance of

159   included variables and a better understanding of the inter-association of complex datasets in a

160   dimensional way beyond what is possible with usual univariate approaches.

161   We then performed sCCAs to investigate the association of Phase 1 data on mothers (and potential

162   confounders) with child relevant data from Phase 2. Briefly, the sCCA algorithm assigns weights to

163   each variable such that when multiplied with participant scores on those variables, a variate for each

164   dataset is created, which represents this dataset. These variates are then correlated. Using an L1-

165   norm penalty sCCA also allows to reduce the weights of variables to 0 with the goal to reduce the

166   impact of potentially spurious associations. Within the given parameters, sCCA is designed to assign

167   weights in such a way that the correlation of such variates is maximized. The weights of the variables

168   could be interpreted as representing their importance to the model and usually indicate that the

169   variable is associated with the variate of the other dataset. More specifically, a high weight for a

170   variable of the phase 1 dataset indicates that the model assigns it high importance for predicting the

171   selected outcomes of the phase 2 dataset (as represented in the variate of that data set). The P-

172   value represents the fraction of the 10'000 permutations of the data that showed a higher

173   correlation than the original data. For further information on how sCCA was applied here -including

174   L1-norm- penalties see the supplement.

175 Because maternal report of their children's psychopathology could potentially be affected by

176 mothers' own biases linked to her psychopathology, personality, and interpersonal skills, we first

177 performed an analysis in which maternal factors at Phase 1 were associated exclusively with child

178 outcome measures that were self-reported by children or administered by clinicians. However,

179 because parents often provide insights into their children's symptoms and behaviors that their

180 children may not otherwise report(27), we decided in a second step to include maternal reports of

181 child symptoms, behaviors and temperament.

182 Both sCCA analyses included the Phase 1 dataset with 19 maternal psychopathology and behavior

183 variables and 2 variables that were included to quantify potential confounders (see Table 2A).

184 The first sCCA analysis (Analysis 1) included the Phase 2 dataset with 19 child behavior and

185 pathology measures, all of which were measured during experiments or reported by the child

186 himself or a clinician (see Table 2B). The second sCCA (Analysis 2) included 6 additional measures in

187 the Phase 2 dataset, which were maternally reported observations concerning the child (see Table

188 2B). The reason we did not include these 6 variables in the first analysis was to be sure that results

189 would not depend on potential maternal reporting biases in our analysis of the associations between

190 Phase 1 and Phase 2 data.

191 *Reliability and Power analysis*

192 To assess whether our results were robust and reliable, we proceeded in five steps of reliability

193 analyses: (1) leave-one out analysis, (2) Moser's RR-score (28), (3) a cross validation, (4) repeating

194 sCCA with regressing out age, (5) repeating sCCA transforming each variable into ranks. In order to

195 assess statistical power, we performed Monte Carlo style power analysis (see Supplement for

196 details).

197 **Results**

198   Groups did not differ on maternal or child-age at either time point, however, as expected, they did

199   differ on PTSD symptom severity (p < 0.001 for both lifetime and current PTSD). See Table 1 for

200   characteristics and group differences of demographic and other selected measures.

201   The initial sCCA (analysis 1, using Phase 1 maternal variables and Phase 2 child and clinician reported

202   variables) showed a significant first mode (r = 0.63, p = 0.030). For analysis 1, the biggest

203   contributions to the variate of phase 1 came from current and lifetime PTSD symptoms (weight =

204   0.39 and 0.35 respectively), depression (weight = 0.35), report of parental distress on the PSI (weight

205   = 0.33), as well as dissociation symptoms (weight = 0.31). Additionally, maternal report of the child

206   being exposed to violence already at Phase 1 (weight = 0.33), also contributed with a weight above

207   0.2 to the variate of phase 1. Additionally, SES also contributed with a weight of 0.23 (see Figure 1

208   and Table 3A). The number of child symptoms for PTSD (weight = 0.55), anxiety disorders (weight =

209   0.38), ADHD (weight = 0.28) and depression (weight = 0.25), as well as bullying perpetration (weight

210   = 0.38) and victimization (weight = 0.27) contributed to the variate representing Phase 2. Child

211   attributions of parents being harsh as rated via the MSSB also had a positive weight (0.22, see Figure

212   1 and Table 3B).

213   The sCCA of analysis 2 (additionally using maternally reported child variables for Phase 2) was more

214   significant (r = 0.69, p = 0.003) than the analysis 1. The weights defining the variate of Phase 1 were

215   again led by psychopathology measures, with PTSD (lifetime weight = 0.36, current PTSD weight =

216   0.35), dissociation (weight = 0.34) and depression symptoms (weight = 0.32) contributing the most.

217   Other variables contributing with a weight above 0.2 included all PSI subscales (weights = 0.30, 0.26

218   and 0.25 respectively), and the alexithymia subscale for identification of feelings (weight = 0.22).

219   Additionally, potential confounder variables of child sex (weight for girls = 0.24) and maternal report

220   of child exposure to violence at Phase 1 (weight = 0.23) also contributed (see Figure 2 and Table 3A).

221   The variate representing Phase 2 was contributed with weights >0.20 by the number of child

222   symptoms for PTSD (weight = 0.41) and anxiety disorders (weight = 0.27), as well as bullying

223   perpetration (weight = 0.27) and victimization (weight = 0.20). Several of the maternally reported

224   variables added for analysis 2 also had weights >0.20, including internalizing (weight = 0.35) and

225   externalizing symptoms (weight = 0.22), as well as school life temperament measures for negative

226   reactivity (weight = 0.39) and task persistence (weight = 0.32, see Figure 2 and Table 3B).

227   Reliability analysis indicated that mode 1 (but no other modes) of analysis 1 and 2 was reliable (see

228   Supplement). We calculated that power was more than adequate to find an existing significant effect

229   (see Supplement).

230   **Discussion**

231   We found - a dimensional relationship between 1) a maternal dataset from when children were

232   toddlers that reflects maternal lifetime experience of IPV and related psychopathology (i.e., PTSD,

233   depression, dissociation), parenting stress and the quality of maternal interactive behavior (i.e.,

234   maternal sensitivity) and 2) a follow-up dataset with a focus on child outcome measures from when

235   the same children were school-aged that reflects child symptoms, behaviors including peer-

236   aggression (i.e., bullying) and victimization. This relationship between maternal data and subsequent

237   child outcomes was multivariate and dimensional in nature concerning both maternal predictors and

238   child outcomes.

239   PTSD and comorbid psychopathology most strongly influenced the model among both maternal and

240   child measures. However, among maternal predictors of child outcome, maternal psychopathology

241   was accompanied by other measures related to stress, alexithymia, and atypical behavior, some of

242   which reached almost the same weights. For the subsequent child dataset, it is important to note

243   that the child's PTSD-like symptoms were most influential again, accompanied by other

244   psychopathology symptoms (i.e., ADHD, depression, anxiety). However, other variables were also

245   important. The fact that bullying and being bullied, carried notable weight, underscores the long-

246   term effects of the family environment on children's social interaction and how their behavior can in

247   turn affect their peer-interactions and therefore affect society in a broader perspective.

248   These latter results support our hypothesis that, during early childhood, maternal PTSD symptom

249   severity along with decreased maternal sensitivity with which PTSD severity is also associated (8, 10),

250   predict increased peer-aggression and -victimization at school-age. This finding to our knowledge is a

251   novel finding that contributes to our understanding of the influence of maternal IVP-PTSD as it can

252   affect caregiving during the early sensitive period for the development of emotion regulation, on

253   child school-age outcomes and subsequent risk. Further research is needed to explore this potential

254   marker of intergenerational transmission of IVP and related psychopathology and to determine

255   which individual child characteristics would render a child more likely at risk to perpetrate IVP vs be

256   victimized.

257   An additional, novel and surprising finding was that maternal PTSD severity during early childhood

258   predicted school-age child attributions of parents as being harsh on the story-stem completion task

259   (MSSB). To our knowledge, no previously published study has studied this aspect of child mental

260   representation or perception of parents during childhood. One published study of adults using

261   retrospective measures had reported the association of offspring representations of parents as

262   harsh and dysfunctional during childhood with family violence and maltreatment and subsequent

263   disturbance in emotion regulation (29). This finding indicates that during clinical examination of

264   children via observation of play narrative, harsh representations of parental figures might lead the

265   clinician to inquire as to intergenerational IPV and associated psychopathology (i.e. IVP-PTSD).

266   Initial analyses were performed without including maternally reported measures of child

267   psychopathology and temperament to ensure that associations transcended maternal response

268   biases or an otherwise distorted vision of her child (for further discussion on differences between

269   Model 1 and 2 see Supplement). Our findings echo and extend those of several prior studies on

270   parental psychopathology and child outcomes (8, 30-33). Our findings are also in line with another

271   study on maternal intimate partner violence and child experience (34). That study was more focused

272   on PTSD symptoms, considering direct physical abuse alone. This latter study did not examine

273   comorbidities and other explicative factors; yet, similar to the present study, it reported that both

274   mothers' experience of domestic violence, together with mothers' related PTSD, and those mothers'

275   children's history of physical abuse and/or exposure to domestic violence were important predictors

276   of all subscales of the children's PTSD, when they were between 8 and 17 years of age.

277   The dimensional nature and breadth of measures studied here - both those pertaining to maternal

278   factors and child outcomes - underscore the complexity of factors to be considered when mothers

279   have a history of violence and abuse. Early intervention targeting mother-child interactive behavior

280   as well as maternal psychopathology, and thus several factors simultaneously, may therefore have

281   long-term benefits for many at-risk individuals, given the prevalence of IPV and related

282   psychopathology (35, 36). Moreover, the large number of child outcomes reflects the complexity

283   and multi-dimensional (as opposed to a univariate categorical yes or no) nature, of the

284   consequences of growing up during a sensitive period for the development of emotion regulation, in

285   an environment with maternal IPV-related PTSD.

286   The complexity identified in this study supports and extends pre-existing literature on parental PTSD

287   and its potential effects on caregiving. PTSD is indeed associated with a number of comorbid

288   psychiatric disorders, such as major depressive disorder, which can also affect parenting skills(3).

289   PTSD and comorbid depressive and dissociative symptoms, and their combined consequences on

290   parenting skills can have an influence on a variety of child outcome measures and put children at

291   greater risk for psychopathology, deficient socioemotional skills and propensity for aggressive

292   behavior, such as bullying as well as victimization (4, 5).

293   Given the complexity and number of involved factors, the present study highlights important

294   challenges that clinicians face when attempting to prevent the intergenerational transmission of IPV

295   and related psychopathology. It is not only maternal psychopathology, such as PTSD that affects

296   child outcomes, but also the co-occurring problems that often accompany PTSD, generally increased

297   parenting stress (37) and decreased parental sensitive responsiveness in parent-child interactions(8,

298 10). Simply treating maternal PTSD symptoms can be an important start, yet such individual

299 treatment is unlikely to be sufficient to address all accompanying problems in the parent-child

300 relationship, such as low parental reflective functioning as a marker of the quality of the parent's

301 attachment (i.e., attachment security and organization, 2, 38-40), as well as proneness to additional

302 traumatization in the context of low SES (41-44) and a tendency to misappraise interpersonal cues

303 that would alert a mother to a risk for violence in a new romantic relationship according to a nested

304 study of a subset of the same mothers that participated in the present larger study (45, 46). The

305 consequences of the combination of co-occurring risk factors for young children encompass a range

306 of factors themselves. These include different kinds of psychopathology and behavioral difficulties,

307 among which are increased likelihood of the perpetration of aggression and victimization. It is thus

308 important to keep an open mind in family situations with histories of IPV and to monitor different

309 kinds of symptoms and potentially ensuing difficulties for the children of parents with IPV-PTSD.

310 Limitations of this study are, however, those of the sample and the chosen measures. The focus of

311 the sample on dyads in which the majority of mothers had experienced PTSD symptoms and

312 childhood exposure to IPV permitted a good understanding of the intergenerational consequences

313 of IPV. However, this focus on an important but very specific clinical population may make

314 generalization to the larger population more difficult. While the extensive reliability and power

315 analysis conducted for this study indicate the findings as reliable (see Supplement), It is possible that

316 with more statistical power, a secondary sCCA mode focusing more on externalizing and aggression

317 symptoms could have become significant and reliable. Further, while we believe that the chosen

318 measures make sense within these datasets, they are by no means the only ones that might relate to

319 the intergenerational cycle of violence, and future studies may want to widen the scope even

320 further.

321 In conclusion, this is the first study to our knowledge to report prospective, longitudinal findings of a

322 sample of children of mothers who suffered from IVP-PTSD during early childhood and who were

323   later studied using a range of different measures—both observed, child-reported, and maternal

324   reported at school-age. Our study shows the complex dimensionality with which a multitude of

325   factors around IPV related PTSD affect mother-child dyads prospectively and longitudinally. We

326   argue that this points to the importance of understanding the transgenerational transmission of

327   violence-related psychopathology as a multifactor phenomenon, both in origin and outcome, that is

328   best described dimensionally rather than categorically (such as the presence of disorder yes/no).

329   Children's social-emotional skills, not just symptoms, are reflected in the outcome measures

330   selected, thereby providing an opportunity to observe distortions in children's understanding of

331   relational meanings emerging in middle childhood.   A particularly novel finding of this study involves

332   the demonstration that maternal severity of PTSD and the quality (i.e. sensitivity) of related mother-

333   child interactive behavior during early childhood, predicts peer-aggression (i.e. bullying) and -

334   victimization at school-age. The results, in sum, imply the importance of focusing on traumatized

335   parents' behavioral response to their young children's distress during clinical intervention. This plus

336   attention to the inner worlds of parents and children—the latter, which the study characterized via

337   the MacArthur Story Stem Battery as an observed behavioral and narrative measure, are propitious

338   targets for restoring a healthier social-emotional developmental trajectory by school-age.

339   **Financial Support**

342   **Conflicts of Interest**

343   The authors report no conflict of interest financial or otherwise.

344   **Data availability**

345   The data used for the analysis is available as a supplemental file of this paper

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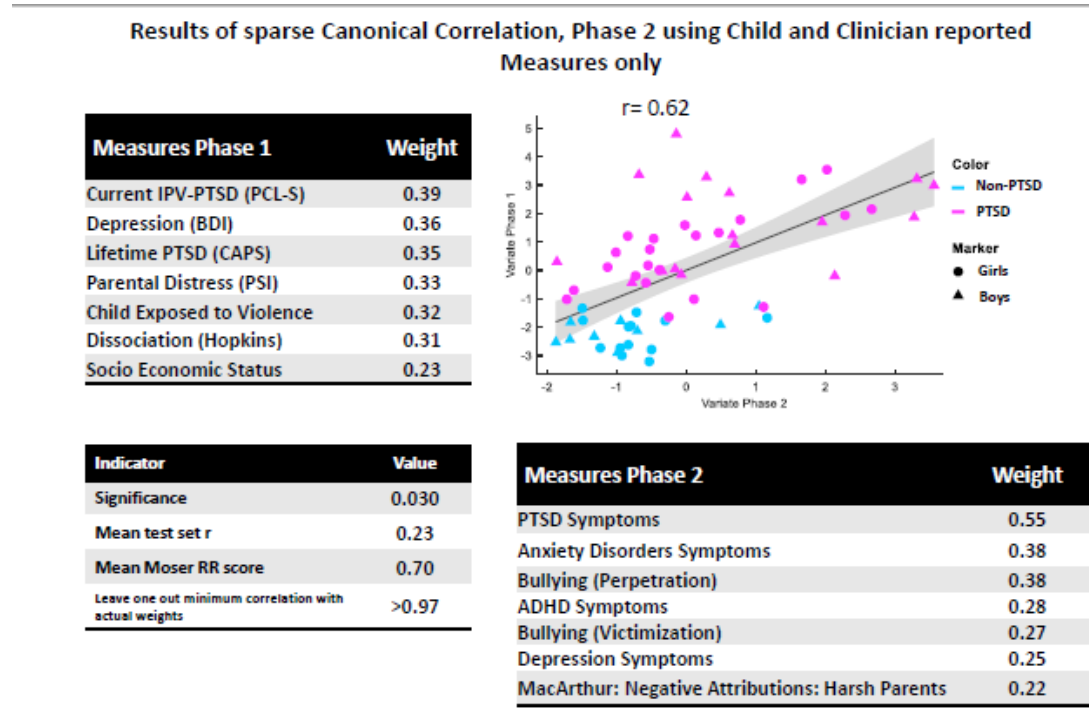
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527

528

538 **Figure 2.**

539 **Title: Results of the second sCCA analysis**

540 Caption: Top left assigned weights (>0.2) of Mode 1 for the Phase 1 variate, Top right scatter plot of
541 mode 1 stratified by maternal PTSD status and child sex for illustrative purposes. Bottom left:
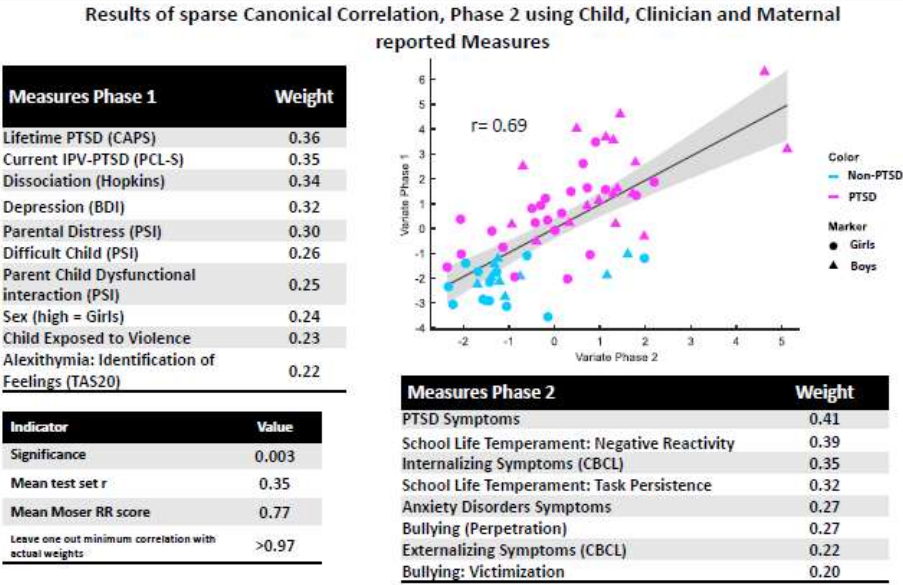542 significance and reliability measures, bottom right weights (>0.2) for the phase 2 variate.
543 Abbreviations: BDI: Beck Depression Inventory, CBCL: Child Behavior Checklist, PCL-S : Posttraumatic
544 stress disorder Checklist Scale, PSI: Parenting Stress Index, PTSD: Post traumatic Stress Disorder, IPV:
545 Interpersonal Violence, TAS20: Toronto Alexithymia Scale.

Results of sparse Canonical Correlation, Phase 2 using Child, Clinician and Maternal reported Measures

Measures Phase 1	Weight
Lifetime PTSD (CAPS)	0.36
Current IPV-PTSD (PCL-S)	0.35
Dissociation (Hopkins)	0.34
Depression (BDI)	0.32
Parental Distress (PSI)	0.30
Difficult Child (PSI)	0.26
Parent Child Dysfunctional interaction (PSI)	0.25
Sex (high = Girls)	0.24
Child Exposed to Violence	0.23
Alexithymia: Identification of Feelings (TAS20)	0.22

Indicator	Value
Significance	0.003
Mean test set r	0.35
Mean Moser RR score	0.77
Leave one out minimum correlation with actual weights	>0.97

r= 0.69

Color
— Non-PTSD
— PTSD

Marker
● Girls
▲ Boys

Measures Phase 2	Weight
PTSD Symptoms	0.41
School Life Temperament: Negative Reactivity	0.39
Internalizing Symptoms (CBCL)	0.35
School Life Temperament: Task Persistence	0.32
Anxiety Disorders Symptoms	0.27
Bullying (Perpetration)	0.27
Externalizing Symptoms (CBCL)	0.22
Bullying: Victimization	0.20

546

547

548 **Table 1: Sample characteristics and selected measures compared by group.**

	Overall (n=62) Mean (SD) / Percentage	PTSD (n=40) Mean (SD) / Percentage	Non-PTSD (n=22) Mean (SD) / Percentage	p-value for significance of difference (t-test or Mann-Whitney test)
Phase 1 Demographics				
Maternal Age (Years)	35.1 (5.7)	34.5 (5.9)	35.6 (5.5)	0.51
Child Age (Months)	27.0 (8.6)	29.4 (8.4)	27.7 (8.4)	0.45
Socio Economic Status (high status = low value)	5.0 (1.9)	5.3 (1.8)	4.4 (1.9)	0.07
Child Sex (% Boys)	56%	55%	59%	0.76
Phase 1 Maternal Measures				
Lifetime PTSD score (CAPS)	60.0 (35.5)	82.6 (21.6)	18.8 (5.9)	<0.001
Current PTSD score (PCL-S)	32.4 (14.8)	40.9 (11.3)	16.9 (2.0)	<0.001
Depression Symptoms	9.2 (7.7)	12.3 (10.5)	3.6 (3)	<0.001
Psychological Dissociation	14.8 (11.1)	19.1 (11.3)	6.8 (6.5)	<0.001
Maternal Sensitivity	5.2 (1.3)	4.7 (1.1)	6.0 (1.2)	<0.001
Experience trauma during adulthood	31%	41%	13%	0.03
Physical abuse during childhood	53%	55%	50%	0.71
Sexual abuse during childhood	21%	27%	9%	0.09
Phase 2 Child Measures				
Maternal Age (Years)	39.7 (5.6)	39.3 (5.8)	40.5 (5.3)	0.41
Child Age (Months)	84.0 (12.9)	83.2 (13.7)	85.4 (11.5)	0.52

Bullying (Perpetrator)	0.8 (1.0)	1.0 (1.0)	0.4 (0.9)	0.06
Bullying (Victim)	4.3 (8.0)	5.1 (9.4)	2.8 (3.9)	0.32
PTSD symptoms	2.2 (3.1)	3.0 (3.7)	0.9 (1.3)	0.01
Anxiety Disorder Symptoms	3.5 (3.3)	4.1 (3.6)	2.6 (2.6)	0.10
Depression Symptoms	1.5 (1.5)	1.6 (1.5)	1.4 (1.6)	0.50
Behavioral Disorder Symptoms	1.4 (1.9)	1.4 (1.8)	1.4 (2.0)	0.90
ADHD Symptoms	1.1 (1.4)	1.3 (1.5)	0.7 (1.2)	0.09

549   Abbreviations: ADHD, Attention Deficit/Hyperactivity Disorder; CAPS, Clinician Administered PTSD

550   Scale; PCL-S, Posttraumatic stress disorder Checklist Scale; PTSD, Post-Traumatic Stress Disorder; SD,

551   Standard Deviation.

552

553 **Table 2A: Measures of maternal dataset including maternal variables during Phase 1 as well as**
554 **selected potential confounders**.

Measure	Description	Measure	Description
Socio Economic Status	Socioeconomic status as measured by the Geneva Sociodemographic Questionnaire (GSQ) (23)	**PSI subscale Parent Child Dysfunctional interaction**	Subscale of the Parenting stress index short form (47). Measures degree to which parent perceives child as not meeting expectations / rendering role of parent difficult. Subscale Cronbach's alpha: 0.79 (48)
Sex of the child	Question part of the GSQ	**PSI subscale Difficult Child**	Subscale of the Parenting stress index short form (47). Measures degree parent perceives child as difficult to manage. Subscale Cronbach's alpha: 0.79 (48)
Dissociation (Hopkins)	Dissociate Symptoms as measured by the Hopkins dissociative symptoms checklist (49), Cronbach's alpha: between 0.85 and 0.90 (49)	**PSI subscale Parental Distress**	Subscale of the Parenting stress index short form (47). Measures stress as a function directly related to parenting. Subscale Cronbach's alpha: 0.81 (48)
BPSAQ	Yes or no, did the participant experience traumatic events during adulthood. This was used along with the TLEQ (50)	**Child exposure to violence at Phase 1**	Maternally reported questionnaire (51) on violence experienced or witnessed by the child, scored with importance of relationship with perpetrator and frequency included
BPSAQ PA	Yes or no, did the participant experience physical abuse during childhood. This was used along with the TLEQ (50)	**Depression**	Current symptoms of depression as measured with the Becks Depression Inventory (52). Cronbach's alpha: 0.94 (53)
BPSAQ SA	Yes or no, did the participant experience sexual abuse during childhood. This was used along with the TLEQ (50)	**Narrative coding: Parental Reflective Functioning**	Coding of the Working Model of the Child Interview, (54-56) Measures parents' capacity to recognize mental states in oneself and one's child and to appropriately relate them to each other's behavior.
CAPS	Lifetime symptoms of interpersonal violence related PTSD symptoms using the clinician administered PTSD Scale (57, 58), Cronbach's alpha: 0.97 (58)	**CARE-Index video coding: Maternal Sensitive behavior**	Coding of mother-child interaction following Crittenden (59). Measures maternal tendency to sense and react appropriately to child's needs. Intra-class correlation (ICC) for the CARE-Index general: r = .925, p < .001. Coder agreement regarding the attachment-related classifications: c2 =

24.167, p = .004; kappa = .841

PCL-S	Symptoms of interpersonal violence related PTSD symptoms in the last 6 months using the PTSD check-list short form (60), Cronbach's alpha: 0.94 (61)	**CARE-Index video coding: Maternal Controlling Behavior**	Coding of mother-child interaction following Crittenden (59). Measures maternal tendency to behave intrusively with the child. Intra-class correlation (ICC) for the CARE-Index general: r = .925, p < .001. Coder agreement regarding the attachment-related classifications: c2 = 24.167, p = .004; kappa = .841
Alexithymia: Difficulty Identifying Feelings	Symptoms of alexithymia, subscale trouble with identification of feelings, as measured with the Toronto Alexithymia Scale (TAS-20; 62). Cronbach's alpha: 0.81, test-retest reliability: 0.77 (63)	**CARE-Index video coding: Maternal unresponsive behavior**	Coding of mother-child interaction following Crittenden (59). Measures maternal tendency to be avoidant or withdrawn in interactions with the child. Intra-class correlation (ICC) for the CARE-Index in general: r = .925, p < .001. Coder agreement regarding the attachment-related classifications: c2 = 24.167, p = .004; kappa = .841
Alexithymia: Difficulty Describing Feelings	Symptoms of alexithymia, subscale trouble with description of feelings, as measured with the TAS-20. Cronbach's alpha: 0.81, test-retest reliability: 0.77 (63)	**Parental drug/alcohol use disorder**	Yes / No Has a parent of the child had a substance use disorder during the life of the child
Alexithymia: Externally-Oriented Thinking	Symptoms of alexithymia, subscale externally oriented thinking, as measured with the TAS-20. Cronbach's alpha: 0.81, test-retest reliability: 0.77 (63)		

555 Table 2A: Abbreviations: BPSAQ: Brief Physical and Sexual Abuse Questionnaire; CAPS: Clinician
556 Administered PTSD Scale, GSQ: Geneva Sociodemographic Questionnaire, PA: Physical Abuse, PCL-S:
557 Posttraumatic stress disorder Checklist Scale, PSI: Parenting Stress Index, PTSD: Posttraumatic Stress
558 Disorder, SA: Sexual Abuse, TAS-20: Toronto Alexithymia Scale.

559 **Table 2B: Measures of child outcome dataset at Phase 2.**

Measure	Description	Measure	Description
ADHD	Number of ADHD symptoms Child	**MacArthur:**	Child represents parents

Measure	Description	Measure	Description
Symptoms	symptoms originally reported by child and judged by clinician in accordance with DSM-V (64).	**Negative Parent: ineffectual**	as ineffectual to address story stem challenges (65).
Behavioral disorders Symptoms	Combined number of child symptoms originally reported by child and judged by clinician of oppositional defiant disorder and conduct disorders symptoms in accordance with DSM-V (64).	**MacArthur: Negative Parent: harsh**	Child represents parents as harsh as they address story challenges (65).
Depression symptoms	Number of depression symptoms Child symptoms originally reported by child and judged by clinician in accordance with DSM-V (64).	**MacArthur: Negative story endings**	Number of stories that have emotionally negative endings (65)
Anxiety Disorders Symptoms	Combined number of child symptoms originally reported by child and judged by clinician for generalized anxiety disorder and separation anxiety disorder in accordance with DSM-V (64).	**MacArthur: Aggression overall sum**	Overall sum of aggressions incorporated in stories (65)
PTSD symptoms	Number of child PTSD symptoms originally reported by child and judged by clinician in accordance with DSM-5 (64).	**MacArthur: Atypical negative**	Percent stories with atypical, often bizarre, representation with negative connotation (65)
Bullying (Perpetration)	Experiences of bullying, measured with the school life survey (66)	**MacArthur: Danger**	Sum of diverse danger situations child includes in stories (65)
Bullying: Victimization	Experiences of being the victim of bullying, measured with the school life survey (66)	**CBCL internalizing***	Internalizing symptoms according to the child Behavior Checklist (67, 68)
Emotion Comprehension: External emotions understanding	Test of emotion comprehension (69), subscale to measure understanding of facial emotions and external causes of emotion	**CBCL: Externalizing symptoms***	Externalizing symptoms according to the Child Behavior Checklist.
Emotion Comprehension: Mental understanding	Test of emotion comprehension (69), subscale to measure understanding of belief based emotions, and possibility of hidden emotions	**School Life: temperament: negative reactivity***	Negative reactivity, i.e. strong reactions emotional / behavioral reactions to experiencing negative events as measured in the SATI (70). Cronbach's alpha (English version) >0.89 (71)
Emotion Comprehension: Reflective capacities	Test of emotion comprehension (69), subscale to measure understanding of mixed emotions, emotion regulation and self-reflection	**School Life: Temperament: Task Persistence***	Task persistence, i.e. Failure to persist or self-direct with tasks and chores, as measured by the SATI. Cronbach's alpha (English version) >0.89 (71)

VEX Total physical and nonphysical	Reported exposure to violence and criminal activity according to the clinician-administered Violent Experiences Scale (VEX-R) (72). Cronbach's alpha (English version): between 0.72 and 0.86 (72)	**School Life: Temperament: approach/ withdrawal***	Tendency to be shy, withdraw or not approach others as measured by SATI. Cronbach's alpha (English version) >0.84 (71)
MacArthur: Avoidant Strategies	Number of behaviors and strategies by child that keep a story from moving forward (65)	**School Life: Temperament: Activity***	High and potentially hyper or impulsive activity as measured by the SATI. Cronbach's alpha (English version) >0.80 (71)
MacArthur: Dissociative Strategies	Number of dissociative behaviors by child during stories (73)		

560 Table 2B. * As reported by the mother, only part of Analysis 2, but not of Analysis 1 analysis.
561 Abbreviations: ADHD: Attention Deficit Hyperactivity Disorder, CBCL: Child Behavior Checklist, K-
562 SADS: Schedule for Affective Disorders and Schizophrenia for School-Aged Children, MSSB:
563 MacArthur Story Stem Battery, PTSD: Posttraumatic Stress Disorder, SATI: School-Age Temperament
564 Inventory, VEX-R: Violence Exposure Scale – Revised.

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566

567 **Table 3: Weight contributions of the first modes of sparse canonical analysis 1 and 2. A) For Phase**
568 **1 maternal dataset; B) for Phase 2 Child dataset.**

569 Table 3A

Measure Phase 1	Weight Analysis 1	Weight Analysis 2
Current PTSD (PCLS)	0.39	0.35
Livetime PTSD (CAPS)	0.35	0.36
Depression (BDI)	0.36	0.32
Dissociation (Hopkins)	0.31	0.34
Parenting Stress Index: Parental Distress	0.33	0.30
Child Witness of Violence	0.32	0.23
Alexithymia: Difficulty Identifying Feeling	0.23	0.22
Parenting Stress Index: Parent Child Dysfunctional interaction	0.17	0.25
Socio Economic Status	0.18	0.13
Parenting Stress Index: Difficult Child	0.16	0.26
Controlling Maternal Behavior (Crittenden)	0.16	0.18
Childhood Sexual Abuse (BPSAQ)	0.14	0.17
Adult Partner Violence (BPSAQ)	0.11	0.16
Alexithymia:Difficulty Describing Feelings	0.10	0.13
Parental Reflective Functioning	0.11	0.05
Parent is Drug/Alcohol Abuser	0.08	0.06
Alexithymia: Externally-Oriented Thinking	0.03	0.08
Unresponsive Maternal Behavior (Crittenden)	-0.04	-0.06
Childhood Physical Abuse (BPSAQ)	-0.12	0.00
Sensitive Maternal behavior (Crittenden)	-0.13	-0.09
Sex Child (higher = more boys)	-0.14	-0.24

570

571 Table 3B

Measure Phase 2	Weight Analysis 1	Weight Analysis 2
PTSD Symptoms	0.55	0.41
School Life: temperament: Negative Reactivity		0.39
Internalizing Symptoms (CBCL)		0.35
Anxiety Disorders Symptoms	0.38	0.27
Bullying: Perpetration	0.38	0.27
School Life: Temperament: Task Persistence		0.32
ADHD Symptoms	0.28	0.19
Bullying: Victimization	0.27	0.20
Externalizing Symptoms (CBCL)		0.22
Depression Symptoms	0.25	0.19
MacArthur: Negative Parent Representation- Harsh	0.22	0.16
Emotion Comprehension: Mental Understanding	0.11	0.09
School Life: Temperament: Approach/Withdrawal		0.08
School Life: Temperament: Activity		0.05
MacArthur: Dissociative Strategies	0.01	0.00

Behavioral disorders Symptoms	0.02	-0.02
MacArthur: Aggression	0.00	-0.01
MacArthur: Atypical Negative Behaviors	0.00	-0.02
Report of Physical and Nonphysical Exposure to Violence and Crime (VEX)	-0.04	-0.05
Emotion Comprehension: Reflective Capacities	-0.11	-0.05
Emotion Comprehension: External Emotions Understanding	-0.12	-0.10
MacArthur: Avoidance	-0.15	-0.12
MacArthur: Negative Endings	-0.15	-0.15
MacArthur: Danger	-0.16	-0.15
MacArthur: Negatitive : Parents Ineffectual	-0.19	-0.16

572

573 Table 3 weights of sCCA analyses. Analysis 1 includes only child measures given by clinician,
574 experiment or children themselves, while analysis 2 also includes maternally reported child
575 measures as outcomes. Abbreviations: ADHD: Attention Deficit Hyperactivity Disorder, CBCL: Child
576 Behavior Checklist, MacArthur: MacArthur Story Stem Battery, PTSD: Posttraumatic Stress Disorder,
577 VEX: Violence Exposure Scale – Revised.

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