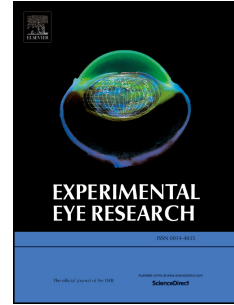


# Journal Pre-proof

Animal model of subretinal fibrosis without active choroidal neovascularization

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# 1     **Animal Model of Subretinal Fibrosis Without Active** 2                     **Choroidal Neovascularization**

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**31 Abstract**

32

33 Subretinal fibrosis can occur during neovascular age-related macular  
34 degeneration (nAMD) and consequently provokes progressing deterioration  
35 of AMD patient's vision. Intravitreal anti-vascular endothelial growth factor  
36 (VEGF) injections decrease choroidal neovascularization (CNV), however,  
37 subretinal fibrosis remains principally unaffected. So far, no successful  
38 treatment nor established animal model for subretinal fibrosis exists. In order  
39 to investigate the impact of anti-fibrotic compounds on solely fibrosis, we  
40 refined a time-dependent animal model of subretinal fibrosis without active  
41 choroidal neovascularization (CNV). To induce CNV-related fibrosis, wild-type  
42 (WT) mice underwent laser photocoagulation of the retina with rupture of  
43 Bruch's membrane. The lesions volume was assessed with optical coherence  
44 tomography (OCT). CNV (Isolectin B4) and fibrosis (type 1 collagen) were  
45 separately quantified with confocal microscopy of choroidal whole-mounts  
46 at every time point post laser induction (day 7-49). In addition, OCT,  
47 autofluorescence and fluorescence angiography were carried out at

48 designated timepoints (day 7, 14, 21, 28, 35, 42, 49) to monitor CNV and  
49 fibrosis transformation over time. From 21 to 49 days post laser lesion leakage  
50 in the fluorescence angiography decreased. Correspondingly, Isolectin B4  
51 decreased in lesions of choroidal flat mounts and type 1 collagen increased.  
52 Fibrosis markers, namely vimentin, fibronectin, alpha-smooth muscle actin ( $\alpha$ -  
53 SMA) and type 1 collagen were detected at different timepoints of tissue  
54 repair in choroids and retinas post laser. These results prove that the late  
55 phase of the CNV-related fibrosis model enables screening of anti-fibrotic  
56 compounds to accelerate the therapeutic advancement for the prevention,  
57 reduction, or inhibition of subretinal fibrosis.

## 58 **1. Introduction**

59 Age-related macular degeneration (AMD) is a multifactorial disease, with  
60 environmental and polygenic components. AMD is the principal cause of  
61 adult vision loss and blindness in industrialized countries, of which over 80%  
62 are due to choroidal neovascularization (CNV) accompanied by tissue  
63 damage and inflammation (Smith et al., 2001; Wong et al., 2008). Subretinal  
64 fibrosis can develop during neovascular age-related macular degeneration  
65 (nAMD) due to excessive wound healing and consequently deteriorates the  
66 vision of AMD patients further.

67       Angiogenesis is the first step in the process of wound healing as  
68 inflammatory cells are recruited to the wounded tissue and the oxygen  
69 supply is being increased (Greaves et al., 2013). Infiltration and proliferation  
70 of retinal pigment epithelium (RPE), glial cells, fibroblasts, myofibroblasts and  
71 macrophages, in addition to secreted cytokines and growth factors result in  
72 remodeling of the extracellular matrix (ECM) (Kent and Sheridan, 2003).  
73 Myofibroblasts are crucial in the development of ocular fibrosis; numerous

74 are found in fibrous tissue instigating the excessive synthesis and remodeling  
75 of extracellular matrix proteins (Wynn, 2007). Collagen types I, IV and  
76 fibronectin (FN) are the most identifiable ECM components in ocular fibrosis  
77 tissue (Kimoto et al., 2004). RPE cells that lose their epithelial contacts display  
78 an augmented upregulation of mesenchymal markers, including N-cadherin,  
79 vimentin and alpha- smooth muscle actin ( $\alpha$ -SMA) (Kalluri and Weinberg,  
80 2009). Previous histopathological studies have detected myofibroblasts and  
81  $\alpha$ -SMA in human ocular fibrotic tissue (Tamiya and Kaplan, 2016; Lopez et al.,  
82 1996; Shu and Lovicu, 2017), their origin can be bone-marrow derived or from  
83 RPE cells (Espinosa-Heidmann et al., 2005; Ishikawa et al., 2015).

84 To date, repeated intraocular injections of vascular endothelial growth  
85 factor (VEGF) inhibitors are the most widely used treatment for exudative  
86 retinal diseases, namely nAMD, macular edema secondary to retinal vein  
87 occlusion (RVO), uveitis and diabetes. Nevertheless, a variety of vitreoretinal  
88 responses such as fibrosis in AMD, fibrovascular membrane contraction in  
89 diabetic retinopathy (DR) and proliferative vitreoretinopathy (PVR) are not  
90 affected by VEGF inhibition alone and are thus limiting the long-term

91 functional prognosis. Furthermore, there is evidence that VEGF inhibition is  
92 linked with the formation of fibrosis in nAMD and proliferative diabetic  
93 retinopathy (Van Geest *et al.*, 2012; Barikian *et al.*, 2015).

94 Hence, novel therapeutic approaches beyond VEGF have – so far  
95 unsuccessfully - been researched for the treatment of fibrous scarring of  
96 vitreoretinal diseases. Subretinal scarring has been defined as a reason of  
97 unsuccessful outcome in nAMD patients in a large amount of anti-VEGF  
98 treated eyes (Daniel *et al.*, 2014) and currently, no successful treatment for  
99 subretinal fibrosis exists. Therefore, a screening method for effective  
100 therapeutic and preventive measures of ocular fibrosis is urgently needed.  
101 This work introduces a time-dependent animal model of subretinal fibrosis.

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## 108 **2. Materials & Methods**

109

### 110 **2.1 Animals**

111 Experiments were performed with adult male and female C57BL/6J mice  
112 (Charles River Germany), 8 -12 weeks old, weighing 20 to 25 g. Animals  
113 were housed in individually ventilated cages (IVC). The temperature-  
114 controlled animal facility is equipped with a 12-hour light/dark cycle. Mice  
115 were fed standard laboratory chow and water *ad libitum*. The Animal  
116 Experimentation Committee of the Canton of Bern (BE 146/2020) approved  
117 experimental protocols.

118

119

### 120 **2.2 Laser-induced CNV**

121 C57BL/6 mice were anesthetized, pupils were dilated and cornea kept  
122 hydrated as described in detail previously (Kokona et al., 2018; Schwarzer et  
123 al., 2020). In order to induce the lesions, a 532-nm diode laser (Visulas 532s;  
124 Carl Zeiss Meditec AG, Oberkochen, Germany) and a cover glass as a



125 contact lens were utilized to place six spots (100 mW, 50  $\mu$ m, 100 ms) in each  
126 eye. The lesions were located at about 2 disk diameters from the optic  
127 nerve head. The rupture of Bruch's membrane was validated by the  
128 emergence of a bubble. At the occurrence of hemorrhage, eyes were  
129 excluded.

130

### 131 **2.3 Quantification of CNV and fibrosis**

132 On designated time points (d7, d14, d21, d28, d35, d42 and d49) post laser,  
133 the volume of CNV lesions and subretinal fibrosis was quantified in optical  
134 coherence tomography (OCT; Heidelberg Spectralis HRA2, Heidelberg  
135 Engineering GmbH, Heidelberg, Germany), and additionally after euthanasia  
136 and eye removal in choroidal flat mounts (Zeiss LSM 710 laser scanning  
137 confocal microscope). Flat mount preparation was performed as described  
138 in detail previously (Nakao *et al.*, 2013; Zandi *et al.*, 2015). The flat mounts  
139 were stained for CNV (isolectin GS-IB4; I21411, life technologies, dilution  
140 1:200) and fibrosis (anti-collagen 1 antibody; MA1-26771 Invitrogen, dilution  
141 1:200).

142 The OCT volume measurements were carried out according to the previously  
143 published method (Sulaiman et al., 2015) and the size of CNV and fibrotic  
144 lesions of the flat mounts was separately evaluated by quantifying the  
145 hyperfluorescent area with Fiji/Image J Software (Version 2.1.0/1.53c).  
146 Furthermore, autofluorescence (AF) and fluorescence angiography (FA)  
147 were conducted every week post laser (week 1 to week 7) aiming to assess  
148 CNV and fibrosis changes over time. The amount of leakage was graded by  
149 FA.

150

#### 151 **2.4 Fluorescein angiography**

152 FA was carried out in anesthetized mice after pupil dilation using a digital  
153 fundus camera (SLO; HRA2; Heidelberg Engineering), on all designated time  
154 points post laser induction. Fluorescein injections were administered  
155 subcutaneously with 50  $\mu$ L of 0.01% fluorescein (Faure; Novartis, Basel,  
156 Switzerland) and diluted in phosphate buffered saline (PBS). OCT, AF and FA

157 images were acquired and assessed by two masked retina specialists. The FA  
158 grading criteria were as described in detail previously (Zandi et al., 2015).

159

## 160 **2.5 Fundus Autofluorescence Imaging**

161 After anesthesia and pupil dilation autofluorescence images were acquired  
162 using an ultrawide field 102-degree lens (Heidelberg Engineering).  
163 Application of Methocel 2% helped to keep eyes moist and impeded drying  
164 of the cornea.

165

## 166 **2.6 Immunohistochemistry**

167 On day 7, 14, 21, 28, 35, 42 and 49 post laser 10µm sections of the posterior  
168 segment were obtained after eyes were fixated in 4% paraformaldehyde  
169 solution at 4°C for 24 hours. The mouse eye sections were stained with  
170 hematoxylin and eosin (HE) or incubated with anti-collagen 1 antibody

171 (MA1-26771 Invitrogen, dilution 1:100) and isolectin GS-IB4 (I21411, life  
172 technologies, dilution 1:100) or anti- $\alpha$ -SMA antibody (ab15734; Abcam,  
173 dilution 1:100), and thereafter with the secondary Ab (dilution 1:500).  
174 Images were obtained with a scanning laser microscope (Carl Zeiss  
175 Microscopy and Leica Microsystems).

176

## 177 **2.7 Western Blot**

178 For western blot, 10 laser spots (100 mW, 50  $\mu$ m, 100 ms) were placed in each  
179 eye. To obtain tissues, the retina and the choroid-RPE complex were micro-  
180 surgically isolated following enucleation of eyes. Thenceforth the retina and  
181 RPE-choroid complex were separately placed in 100  $\mu$ l of lysis buffer (Table  
182 1), supplemented with protease (MG-132; 474790, Calbiochem) and  
183 phosphatase inhibitors (P2850 Sigma-Aldrich), as well as protease inhibitor  
184 cocktail (cComplete ULTRA Tablets, EDTA-free; Roche, Basel, Switzerland).  
185 Subsequently, lysed samples were homogenized with a Precellys 24 tissue  
186 homogenizer (Bertin Instruments, Montigny-le-Bretonneux, France) and

187 centrifuged at 5000g and 4 °C for 1 minute. The supernatant was transferred  
188 to another Eppendorf tube and then again centrifuged at 13000 rpm and 4  
189 °C for 20 minutes. After collection of the supernatants the samples were  
190 stored at -80°C. Each sample with an equal amount of total protein,  
191 previously quantified by protein assay (Coomassie Plus, Bradford Assay Kit,  
192 23236, Pierce™), was separated by SDS-PAGE and electroblotted to Trans-  
193 Blot Turbo Mini 0.2 µm Nitrocellulose Transfer Packs membranes (1704158; BIO-  
194 RAD). To block nonspecific binding, the membranes were washed with  
195 Blocking Buffer TBS (LIC-927-60001; LI-COR) and subsequently incubated with  
196 the following: rabbit or mouse Abs against collagen 1 (MA1-26771; Invitrogen,  
197 dilution 1:500), fibronectin(ab2413; Abcam, dilution 1:1000), vimentin (NBP1-  
198 97672; NOVUS, dilution 1:100), α-SMA (ab15734; Abcam, dilution 1:1000) and  
199 beta-actin (161-0373; BIO-RAD, dilution 1:1000) at 4°C overnight, followed by  
200 incubation with 680RD Donkey anti-Mouse IgG Secondary Antibody(926-  
201 68072; IRDye®, LI-COR) or 800CW Donkey anti-Rabbit IgG Secondary  
202 Antibody(926-32213; IRDye®, LI-COR). The signals were visualized by  
203 fluorescence (LI-COR Odyssey Infrared Imaging System).

204 **Table1** Composition of lysis buffer

Ingredients	Concentration
Tris-HCl (pH 7.5)	20 mM
NaCl	150 mM
EDTA	5 mM
Na-Pyrophosphate	5 mM
NaH <sub>2</sub> PO <sub>4</sub> (pH7.6)	20 mM
Na-β-glycerophosphate	3 mM
NaF	10 mM

205

206 **2.8 Statistical analysis**

207 In accordance with the Shapiro-Wilk test our data were normally distributed.

208 As a result, the data were analyzed by two-tailed *t*-test or ANOVA.

209 All values are displayed as mean ± standard error of the mean (SEM).

210 Disparities between groups were considered statistically significant (\*), when

211 the probability value, *P* was <0.05. All statistical analyses were performed

212 with Excel (version 16.64) and R (package FSA, version 3.4.0).

213

214

## 215 **3. Results**

216

### 217 **3.1 Subretinal fibrosis development over time**

218 Autofluorescence (AF), fluorescein angiography (FA) and optical coherence  
219 tomography (OCT) images of the same mouse fundus over designated time  
220 points together with representative flat mounts (FM), stained with isolectin B4  
221 for choroidal neovascularization and type 1 collagen for fibrosis, clearly  
222 demonstrate the increase of fibrosis and the reduction of active CNV over  
223 time (**Fig. 1A**). To visualize this effect, we chose live images from the same  
224 mouse eye every week from 7 to 49 days post laser induction of the lesions.  
225 The quantification of the lesion volume with OCT measurements on all  
226 designated time points of 60 lesions of 10 eyes of 6 mice showed the same  
227 trend. Two eyes of the 12 eyes of the 6 mice were excluded due to  
228 hemorrhages. However, a significant difference was only seen when  
229 comparing day 7 to day 21. Here we can see a significant reduction in lesion  
230 size, whereas the other time-points did not differ significantly in lesion volume.  
231 This finding can be explained as we look at the volume of the live image in

232 OCT, where the CNV volume reduces with time, but the fibrotic one  
233 increases (**Fig. 1B**). This fact becomes obvious when looking at Figure 1c, d  
234 and e. Active CNV peaks on day 7 whereupon it starts to regress and almost  
235 entirely disappears within 35 to 49 days after laser injury (**Fig. 1C**). The CNV  
236 volume also subsides significantly from day 21 on (**Fig. 1D**). In contrast, fibrous  
237 tissue starts increasing from 21 days post laser treatment and continues to  
238 expand until 49 days after laser injury (**Fig. 1E**). Over a considerable length of  
239 time we here assessed an alteration of CNV and fibrous tissue development  
240 in the laser-induced CNV mouse model in line with the previous findings of  
241 Ishikawa et al. (Ishikawa et al., 2015; Ishikawa et al., 2016), mimicking the  
242 clinical changes of patients with nAMD where subretinal fibrosis occurs  
243 subsequently to CNV.

244

### 245 **3.2 Alpha-SMA and type 1 collagen expression in CNV/subretinal fibrosis**

#### 246 **lesions**

247 HE staining of the retinal-choroidal complexes depict the laser-induced lesion  
248 with rupture of Bruch`s membrane (**Fig. 2A**).



249 Immunostaining showed an increase of type 1 collagen, an extracellular  
250 matrix protein that is present in scars, from day 21 after CNV induced fibrosis.  
251 Alpha-SMA, a marker for activated myofibroblasts, was reduced in  
252 comparison to the first two weeks after lesion induction and increased again  
253 from 35 days after laser-induced CNV (**Fig. 2A, B**).

254

### 255 **3.3 Development of fibrosis after CNV**

256 To investigate the time-dependent change of CNV and fibrosis we  
257 screened the retina and the RPE-choroid complex separately for fibrosis  
258 markers, such as type 1 collagen, fibronectin, vimentin and  $\alpha$ -SMA. In the  
259 RPE-choroid complex, we could detect an increase of vimentin,  $\alpha$ -SMA and  
260 type 1 collagen one week post laser and another peak 28 to 42 days after  
261 CNV induced fibrosis (**Fig. 3A, B, C, E**). However, type 1 collagen together  
262 with fibronectin were the only fibrosis markers with the highest peak 35 days  
263 post laser (**Fig. 3 A, B, D**). Besides vimentin, an intermediate filament (IF)  
264 protein, which peaked significantly 7 days post laser, all other fibrosis markers  
265 we screened in choroids of 6 eyes of 3 mice were significantly increased at

266 day 35 or 42 post laser (**Fig. 3**). Vimentin is an important cytoskeletal  
267 component and marker of mesenchymal-derived cells and cells going  
268 through epithelial-mesenchymal transition. Obviously, it is increased one  
269 week post laser as tissue injury initiates the common steps of wound healing  
270 with the transition of fibroblasts to myofibroblasts and scar-forming  
271 extracellular matrix reorganization. Type 1 collagen and  $\alpha$ -SMA also peak 7  
272 days post injury and are then again enhanced 5- and 6-weeks post laser (**Fig.**  
273 **3 A, B, C**). Interestingly, fibronectin, a glycoprotein that mediates the  
274 attachment of fibroblasts to the extracellular matrix, decreased significantly  
275 two- and three-weeks post laser and increased substantially 5 weeks post  
276 laser (**Fig. 3 A, D**). As myofibroblasts express  $\alpha$ -SMA to form stress fibers and  
277 increase the capacity to synthesize collagens, fibronectin, and other ECM  
278 components in the wound healing process, it explains, that  $\alpha$ -SMA is  
279 expressed earlier in the RPE-choroid complex post laser than fibronectin (**Fig.**  
280 **3 A, B**).

281 In line with our immunostaining of the retinal-choroidal complexes (**Fig.2**),  $\alpha$ -  
282 SMA is again significantly upregulated 7 to 14 days in retinas of lasered mice

283 eyes (n=6 eyes; 3 mice) with another peak after 4 to 6 weeks post laser (**Fig. 4**  
284 **A, C**). In line with our findings in the RPE-choroid complex, type 1 collagen  
285 and fibronectin show a peak 5 weeks after CNV-induced fibrosis, however  
286 they are not significantly upregulated in the early stage of wound healing  
287 (**Fig. 4 A, B, D**). Interestingly, vimentin is expressed higher in the late stage of  
288 wound repair in lasered retinas, opposed to our findings in the choroid (**Fig. 4**  
289 **A, E**).

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#### 300 **4. Discussion**

301 AMD management is a public health priority and anti-VEGF treatment  
302 of choroidal neovascularization is regularly administered in exudative AMD.  
303 However, the pathogenesis of subretinal fibrosis in AMD is not well understood  
304 and no cure or prevention currently exists. Here, we established a time-  
305 dependent animal model of subretinal fibrosis in order to enable screening  
306 for anti-fibrotic compounds.

307 Type I collagen is increased 21 to 35 days after CNV induction; at the  
308 same time, a gain in subretinal fibrosis and a decrease in active CNV with  
309 reduced to completely vanished leakage in the fluorescence angiography  
310 images was detectable.

311 To investigate the pathogenesis and explore treatment options for nAMD an  
312 extensive amount of animal models has been applied (Grossniklaus *et al.*,  
313 2010); however, models that explicitly scrutinize subretinal fibrosis are sparse.  
314 A well-established animal model for neovascular AMD research is the laser  
315 induced CNV mouse model (Ishibashi *et al.*, 1987; Tobe *et al.*, 1998). In this  
316 model, RPE is injured with laser resulting in rupture of Bruch's membrane,

317 which initiates an acute inflammatory response with recruitment of immune  
318 cells, and the consequent formation of CNV. Several studies have explored  
319 the underlying molecular mechanisms and new therapeutic targets for  
320 choroidal neovascularization in the early stage, mainly from day 3 to day 14  
321 (Apte *et al.* 2006; Noda *et al.*, 2008; Zandi *et al.*,2015). Ishikawa *et al.*,  
322 however, suggested that particularly the late stage of the CNV model serves  
323 the study of mechanisms of subretinal fibrosis. In the late phase, evaluation of  
324 fibrosis-related molecular changes can be investigated, regardless of the  
325 impact of concurrent active CNV (Ishikawa *et al.*, 2015; Ishikawa *et al.*, 2016).  
326 Little *et al.* recently introduced a laser-induced mouse model of subretinal  
327 fibrosis whereupon a second laser burn is applied to the CNV lesion after one  
328 week. These lesions exist of CNV, fibrosis and hemorrhage, all of which are  
329 implicated in the inflammatory and fibrotic pathways (Little *et al.*, 2020).  
330 Therefore, distinction between fibrosis and CNV seems to be impossible in  
331 that animal model and mechanisms of anti-fibrotic agents might not  
332 uniquely be attributed to changes in fibrosis when CNV and hemorrhage are  
333 present. These induced subretinal fibrovascular membranes are bigger and

334 interesting for studies of fibrovascular tissue <sup>22</sup>. However, to examine the  
335 effect of anti-fibrotic agents, we believe a subretinal fibrosis model without  
336 active CNV is beneficial. Therefore, we established a distinct fibrosis model,  
337 first postulated by Ishikawa et al. (Ishikawa et al., 2015; Ishikawa et al., 2016).  
338 In our long-term fibrosis model, we can show with fluorescence angiography  
339 that CNV is not active from 21 to 49 days post laser, nevertheless, fibrosis  
340 increases from that time point (day 21) on.

341 Concerns arise regarding some of the already existing animal models for  
342 subretinal fibrosis with respect to the complexity of those models. First and  
343 foremost, multiple steps are needed, including peritoneal macrophage  
344 collection and subretinal injection to the bleb after photocoagulation to  
345 rupture Bruch`s membrane (Jo et al., 2011) or repeated laser burns on the  
346 already existing CNV lesions (Little et al., 2020), with questionable  
347 reproducibility of those models. Both models lead subsequently to the  
348 formation of fibrovascular lesions, with active CNV and fibrosis. Interestingly,  
349 *vldlr*<sup>-/-</sup> (very-low-density lipoprotein receptor) knockout mice have been

350 described to spontaneously develop subretinal neovascularization and  
351 retinal angiomatous proliferation (RAP) like lesions with consequently  
352 subretinal fibrosis. Changes in the wnt pathway and initial retinal, not  
353 choroidal neovascularization were being observed (Hu et al., 2008; Chen et  
354 al., 2020). The incidence of scar formation in these types of lesions originating  
355 from the retinal not choroidal vasculature is relatively low as the RPE is less  
356 affected than in classic or and occult lesions (Tenbrock et al., 2022).

357 Initial CNV is an important factor in subretinal fibrosis development. Tissue  
358 injury first leads to inflammation, with consequently epithelial-mesenchymal  
359 transition (EMT) of fibroblasts, converting to myofibroblasts (Wynn, 2007; Kalluri  
360 and Weinberg, 2009). Neovascularization then results in the process of wound  
361 healing and fibrosis by increasing the population of inflammatory cells,  
362 fibroblasts, myofibroblasts and assembly of extracellular matrix proteins,  
363 subsequently causing a fibrotic scar. Subretinal fibrosis can then lead to visual  
364 loss due to impairment of the RPE and photoreceptors. It has been previously  
365 reported that the progression of photoreceptor destruction is proportional to

366 the extent of subretinal fibrosis in histopathologic results of human AMD eyes  
367 (Green and Enger, 1993).

368 Macrophages, among others, regulate fibrosis by producing extracellular  
369 matrix proteins, particularly type 1 collagen and fibronectin (Gratchev et al.,  
370 2001; Vaage and Lindblad, 1990), as well as producing pro-fibrotic  
371 mediators, namely, Transforming growth factor  $\beta$  (TGF- $\beta$ ) and Platelet-  
372 derived growth factor (PDGF) (Wynn and Barron, 2010). However, these  
373 immune cells can also reverse fibrosis by secreting matrix metalloproteinases  
374 (MMPs) and to that end promoting extracellular matrix decomposition (Skeie  
375 and Mullins, 2009). Our data show that vimentin is playing a role in early  
376 wound healing in the RPE-choroid complex, and that  $\alpha$ -SMA and type 1  
377 collagen show a two peak wave dynamic, however, fibronectin appears  
378 later in the fibrotic wound repair. We can detect a significant increase in  
379 fibronectin at day 35 after laser injury in the choroid and retina, however at  
380 day 28 and 42 we do not observe a substantial increase. As the fibronectin  
381 assembly is a dynamic, spatial, and temporal process, we do believe that



382 this fact may explain the individual differences we see in our data obtained  
383 from western blotting. In addition, different forms of fibronectin, such as  
384 plasma and cellular FN play distinct roles during various stages of tissue  
385 repair, which could further explain the observed differences (Stoffels *et al.*  
386 2013; To and Midwood, 2011).

387 Chronic wound healing may result in excessive fibronectin degradation,  
388 causing abnormal healing with augmentation of the scar tissue. Fibronectin is  
389 degraded to create place for collagen deposition (Patten and Wang, 2021;  
390 Lenselink *et al.*, 2015, Broughton *et al.*, 2006). We can observe a significant  
391 increase in type-1 collagen at day 35 and 42 post laser in the choroid. This  
392 could explain the degradation of fibronectin at day 42 and significant  
393 increase of collagen 1. Its remodeling may continue for a long time after  
394 wound closure depending on the tissue. Matrix metalloproteinases (MMPS)  
395 are key components in collagen degradation (Caley *et al.*, 2015); however,  
396 the complexity of the subject matter in the retina and choroid requires future  
397 insights to be fully understood.

398 The immune response in AMD and subretinal fibrosis is complex. This becomes  
399 even more obvious when considering the limited influence of anti-  
400 inflammatory agents, namely steroids for nAMD (Ambati et al., 2013). One  
401 research focus to date are therapeutic options for the prevention, reduction  
402 and inhibition of subretinal fibrosis. Several studies proposed that VEGF  
403 inhibition for nAMD may likewise hinder subretinal fibrosis's evolution or  
404 progression (Bloch et al., 2013; Luo et al., 2013). In contrast, it has been  
405 reported that fibrosis develops after VEGF inhibition in eyes with nAMD or  
406 proliferative diabetic retinopathy (PDR) (Van Geest et al., 2012; Barikian et  
407 al., 2015; Hwang et al., 2013; Arevalo et al., 2008). A prospective cohort study  
408 observed that "classic" CNV lesions in eyes of nAMD patients show a higher  
409 degree of scar formation than "occult" ones, when treated previously with  
410 VEGF inhibition (Daniel et al., 2014).

411 The findings of histopathologic studies of human CNV membranes indicate  
412 that subretinal fibrosis advances with reduction of CNV in nAMD (Hinton et  
413 al., 1998), which is well in line with our findings that show long-lasting CNV but

414 low vascular permeability. As of yet, neovascular or fibrotic membranes of  
415 AMD patients are not anymore surgically obtained, therefore, animal models  
416 that mimic the human course of subretinal fibrosis are urgently needed  
417 (Tenbrock *et al.*, 2022).

#### 418 **4.1. Conclusions**

419 We assessed a modification of CNV and fibrosis in the laser-induced CNV  
420 mouse model over time. In that model, active CNV peaks between day 7 to  
421 14, after which its regression begins and almost entirely fades from 21 to 35  
422 days post laser. Interestingly, we remarked that fibrosis continues to expand  
423 for over 35 days post laser treatment. This model mimics the natural process  
424 of nAMD eyes of patients, where subretinal fibrous scarring happens after  
425 CNV. We postulate this model as a well-functioning animal model for  
426 subretinal fibrosis without active CNV in the late stage and believe that the  
427 advanced phase of the laser induced CNV model will be helpful for  
428 understanding and investigating the pathophysiology of solely subretinal  
429 fibrosis.

430 The current results indicate that the here introduced time-dependent model  
431 of fibrosis allows for screening of anti-fibrotic treatment and will likely lead to  
432 urgently needed novel therapeutics for subretinal fibrosis after neovascular  
433 age-related macular degeneration and further fibrotic diseases of the eye  
434 and other organs.

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446

447 **Competing interests**

448 Martin S Zinkernagel acts as a consultant for Heidelberg Engineering. The  
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450

451

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455

456

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651   **Figure 1: *In vivo* imaging of subretinal fibrosis development over time**

652   **A)** Representative autofluorescence (AF), fluorescein angiography (FA) and  
653   optical coherence tomography (OCT) images of the same mouse fundus  
654   over designated time points and representative flat mounts (FM) stained with  
655   isolectin B4 (green) and type 1 collagen (red). Yellow dashed circle shows  
656   the extent of the CNV lesions filled with fluorescein and the corresponding  
657   lesion in AF. Yellow arrow points to the subretinal fluid in the OCT image of  
658   day 7 after laser injury. Scale bar represents 100  $\mu\text{m}$ . **B)** Quantification of the  
659   lesion volume on all designated time points (n=60 lesions of 10 eyes of 6 mice  
660   per time point). **C)** Leakage from the angiogenic vessels was visualized by FA  
661   and quantified. The percentage of lesions is graded as I, II, III, defined as no  
662   to moderate leakage, and IV, clinically relevant leakage (n = 60 lesions of 10  
663   eyes of 6 mice). Two mice eyes were excluded due to hemorrhage. **D)**  
664   Volume Quantifications of the CNV lesions in flat mounts (n = 24 lesions of 4

665 eyes of 4 mice). **E)** Volume Quantifications of the fibrotic lesions in flat mounts  
666 (n = 24 lesions of 4 eyes of 4 mice). \*p < 0.05. Error bars are SEM.

667

668 **Figure 2: Time-dependent expression of fibrosis markers**

669 **A)** Representative hematoxylin and eosin staining of the retina-choroidal  
670 complex of eye sections 7, 14, 21, 28, 35, 42 and 49 days after laser-induced  
671 CNV-related fibrosis (n = 18 lesions of 3 eyes of 3 mice). Immunostaining  
672 shows localizations of  $\alpha$ -SMA (green) and type 1 collagen (red). Blue  
673 indicates nuclei stained with 4,6-diamidino-2-phenylindole (DAPI). Scale bar  
674 represents 50  $\mu$ m. **B)** Quantification of type 1 collagen and  $\alpha$ -SMA on all  
675 designated time points (n = 18 lesions of 3 eyes of 3 mice). \*p < 0.05. Error  
676 bars are SEM.

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680 **Figure 3: Screening of different fibrosis markers of the RPE-choroid complex at**  
681 **the designated time post laser**

682 **A)** Western blot analysis of whole-cell lysates from RPE-choroid complex of  
683 normal and CNV eyes at the indicated time points after laser injury. **B)**  
684 Quantification of type 1 collagen, **C)** Quantification of  $\alpha$ -SMA, **D)**  
685 Quantification of fibronectin, **E)** Quantification of vimentin (10 lesions per  
686 eye, n= 3 eyes of 3 mice; grey, blue and black dots correspond to the three  
687 different western blot results obtained). Red asterisk \* $p < 0.05$ . Error bars are  
688 SEM.

689

690 **Figure 4: Screening of different fibrosis markers in the retina at the designated**  
691 **time post laser**

692 **A)** Western blot analysis of whole-cell lysates from retinas of normal and CNV  
693 eyes at the indicated time points after laser injury. **B)** Quantification of type 1  
694 collagen, **C)** Quantification of  $\alpha$ -SMA, **D)** Quantification of fibronectin, **E)**  
695 Quantification of vimentin (10 lesions per eye, n= 3 eyes of 3 mice; grey, blue

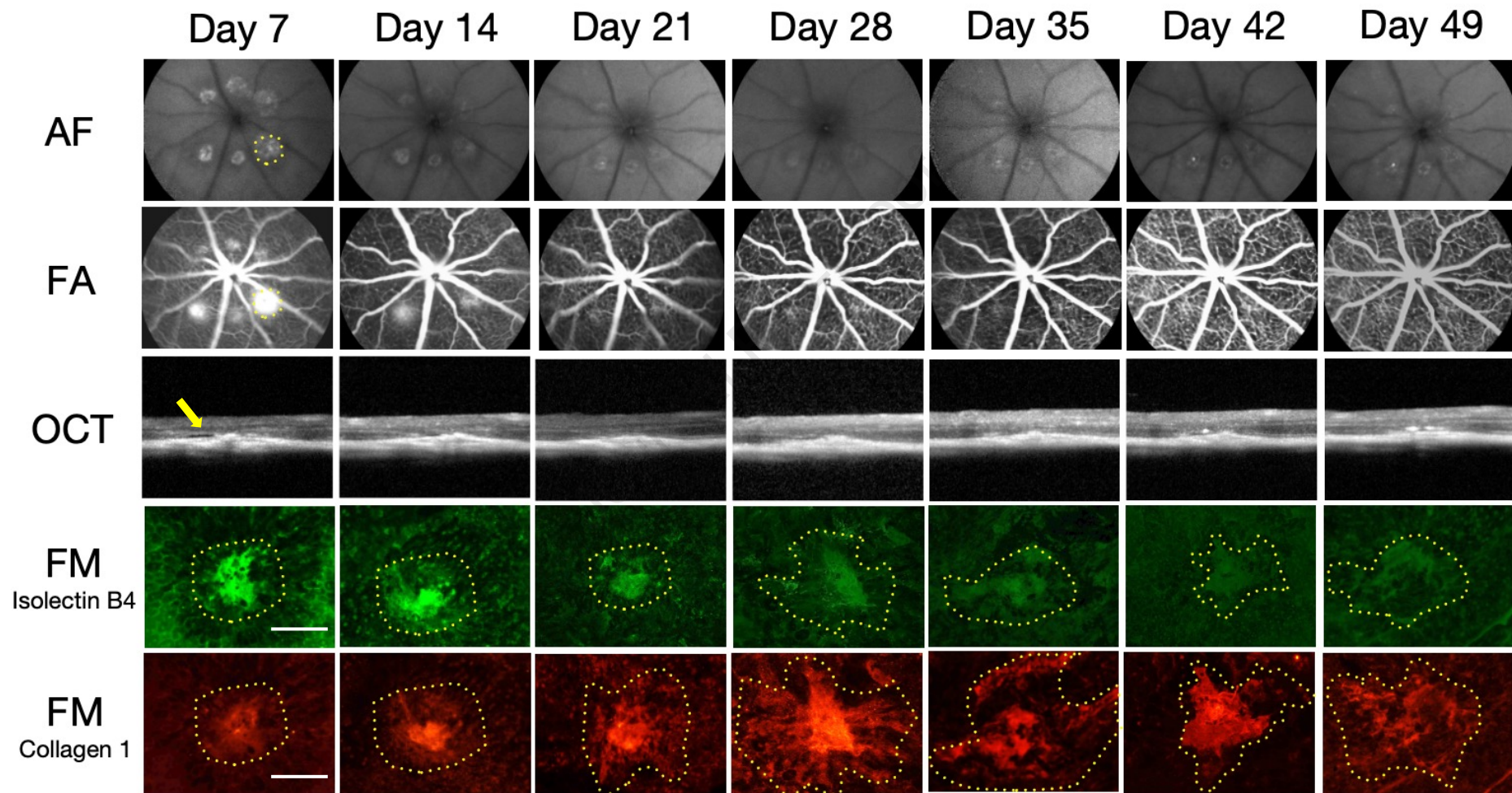


696 and black dots correspond to the three different western blot results  
697 obtained). Red asterisk \* $p < 0.05$ . Error bars are SEM.

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**A****Figure 1**

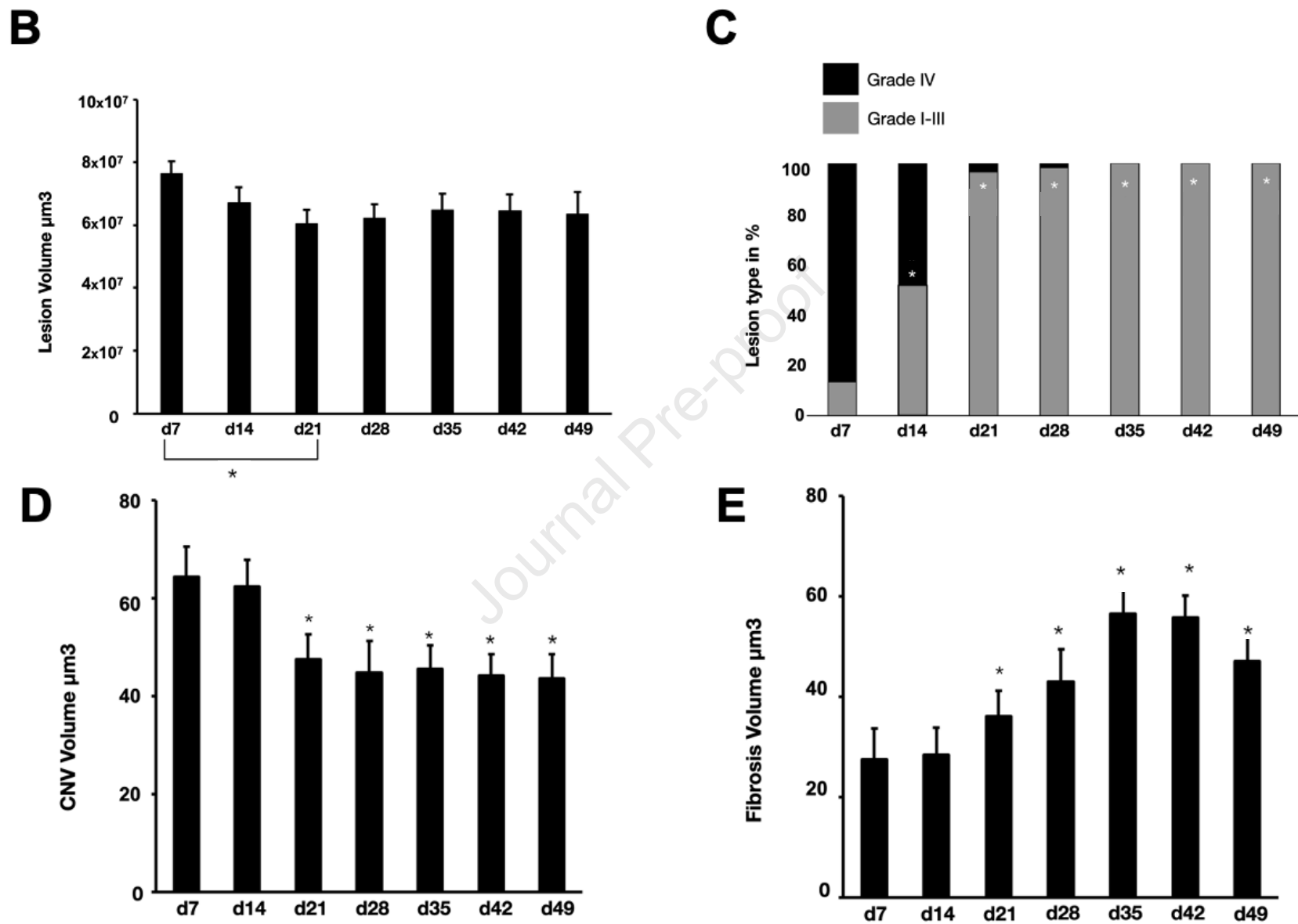


Figure 1

**A**

Day 7

Day 14

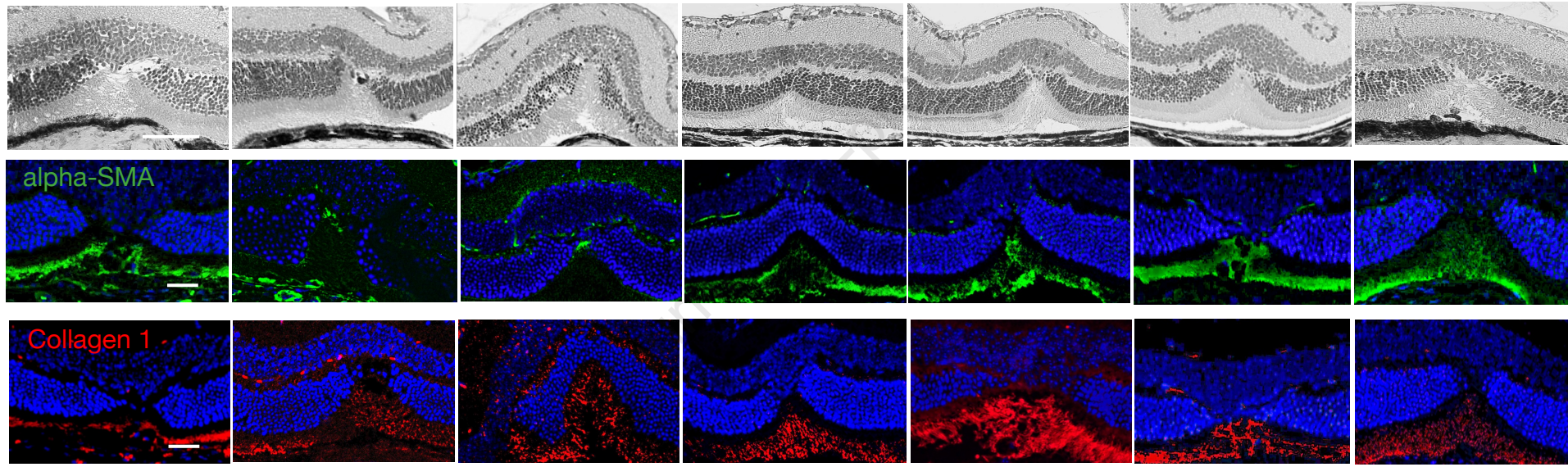
Day 21

Day 28

Day 35

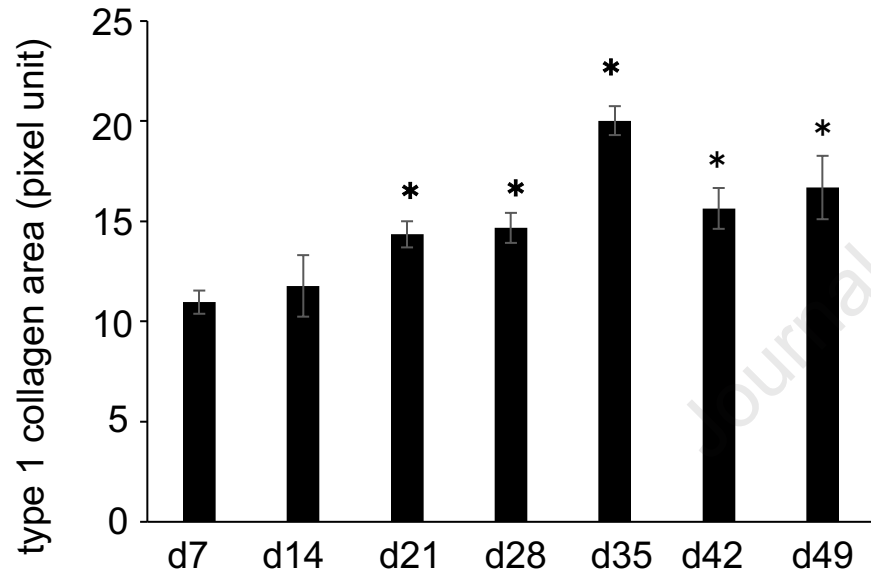
Day 42

Day 49

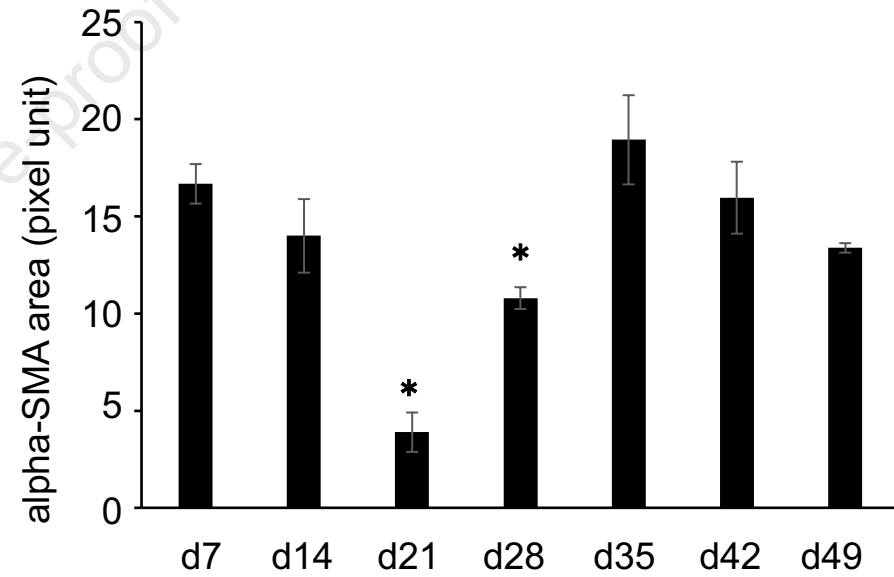
**Figure 2**

**B**

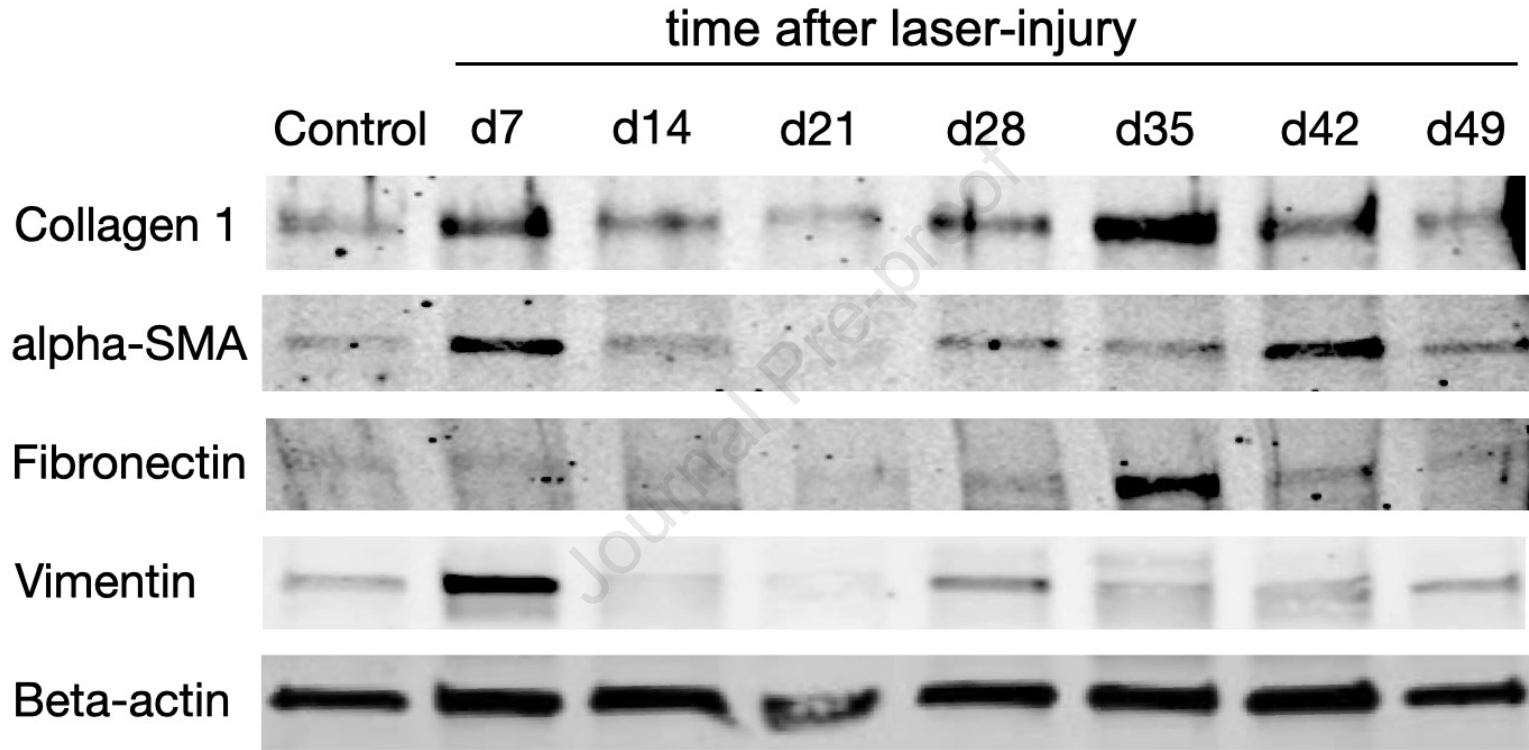
Collagen 1

**C**

alpha-SMA

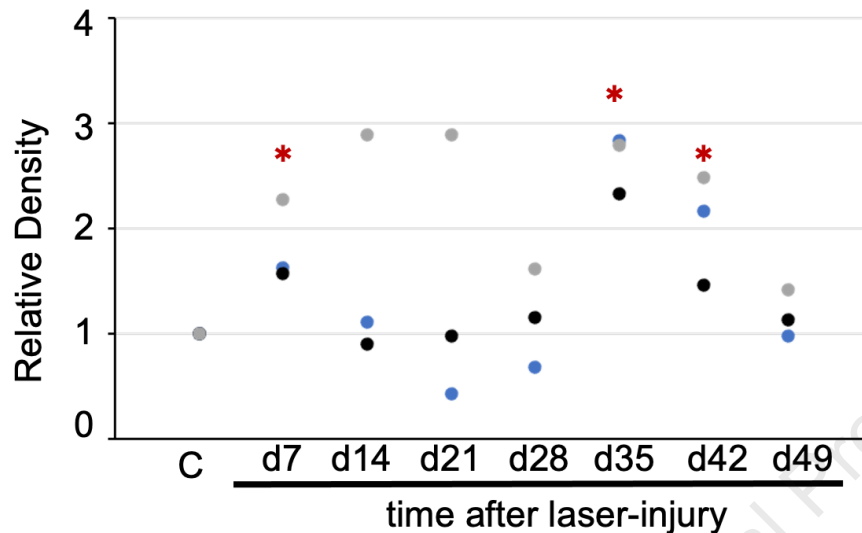
**Figure 2**



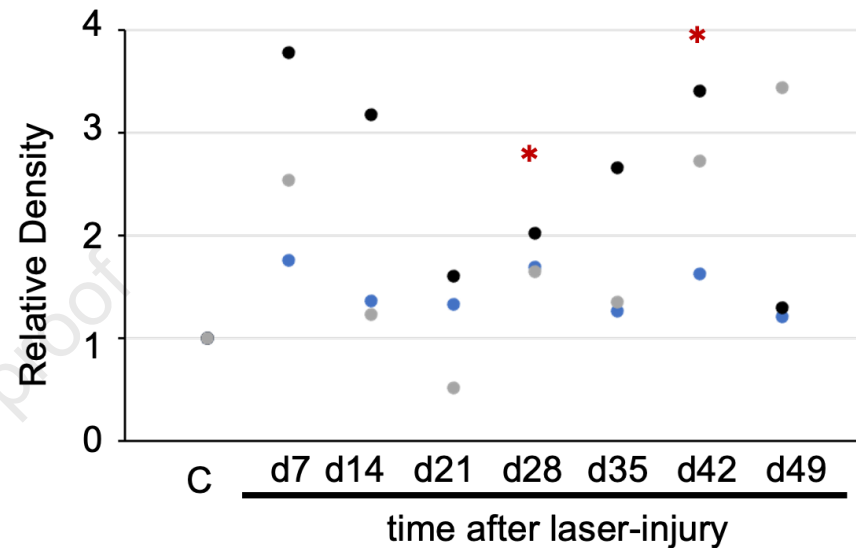
**A****Figure 3**

**B**

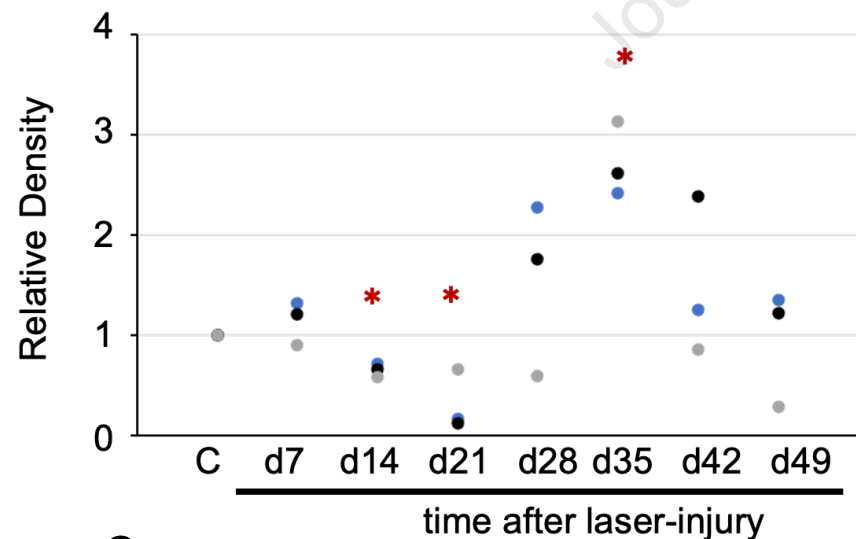
Collagen 1

**C**

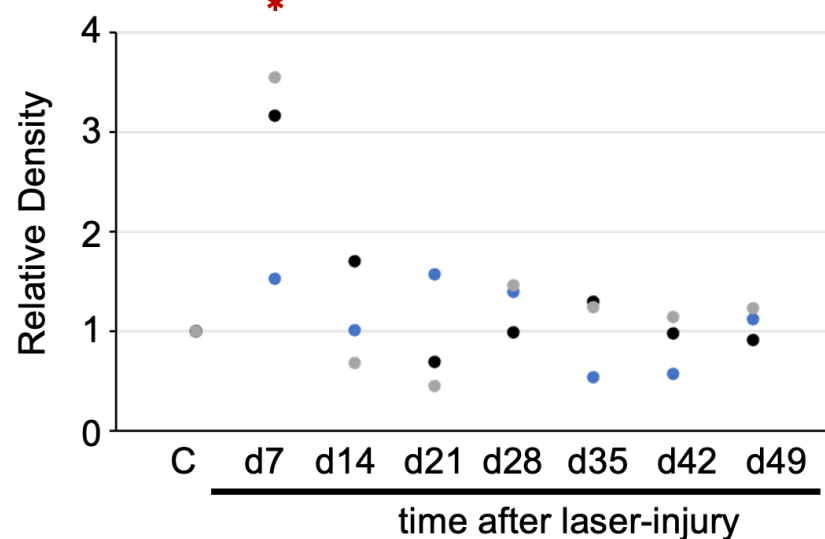
alpha-SMA

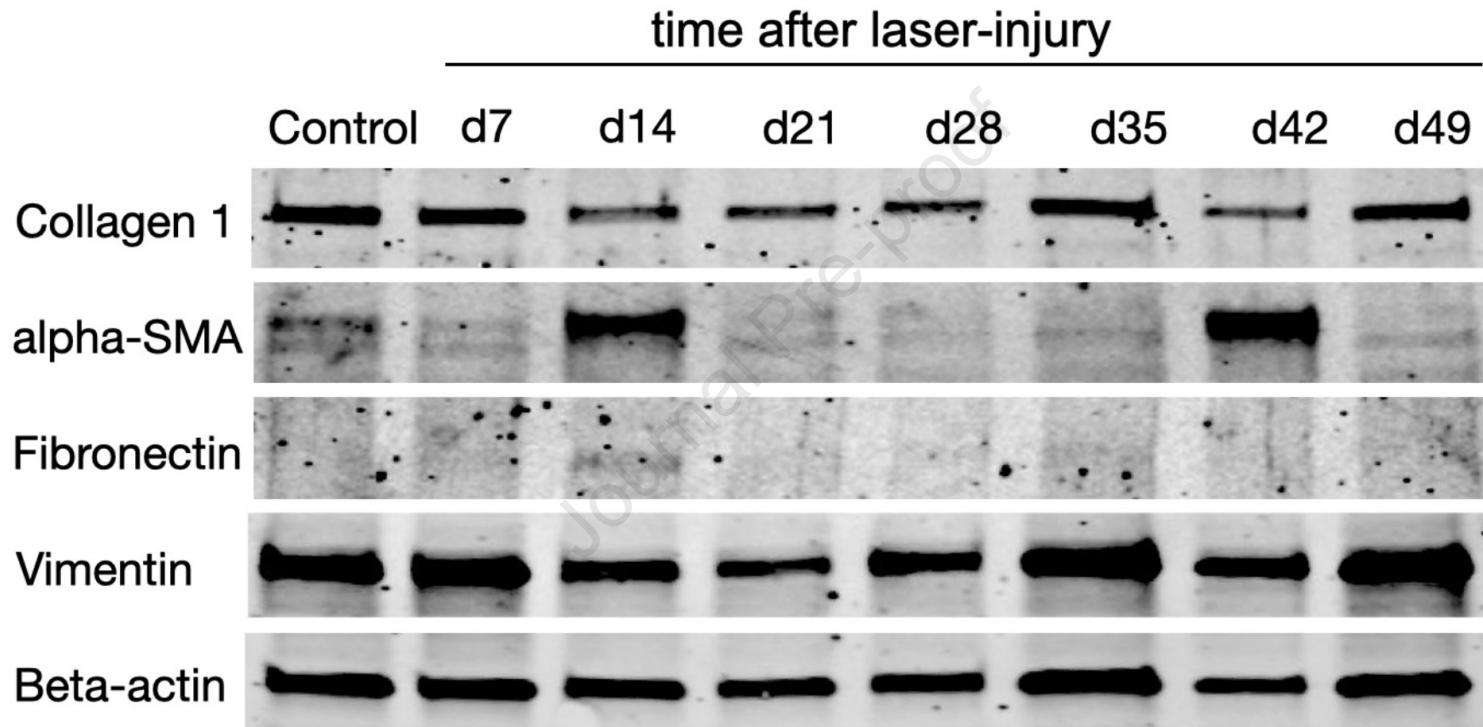
**D**

Fibronectin

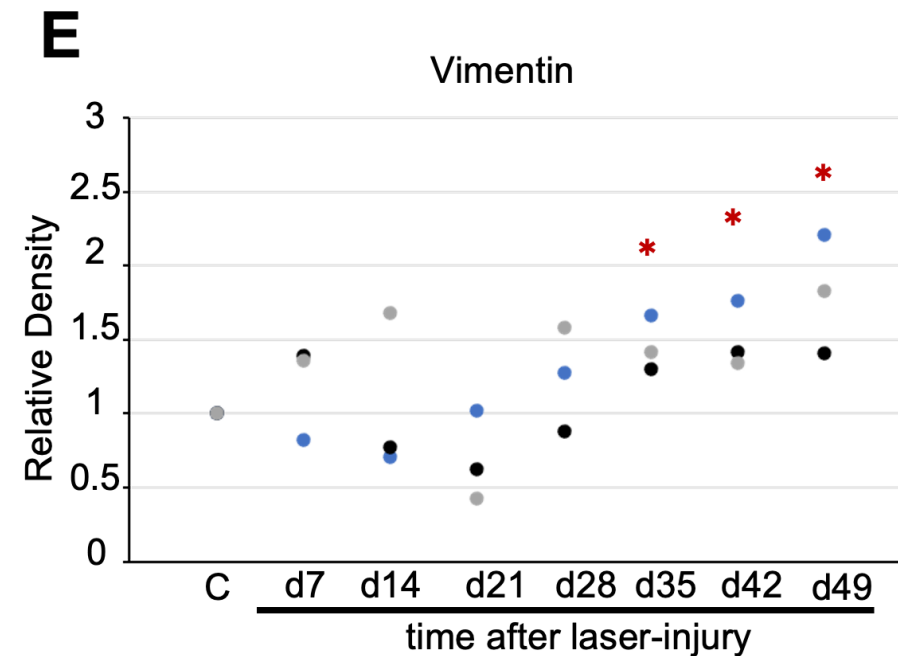
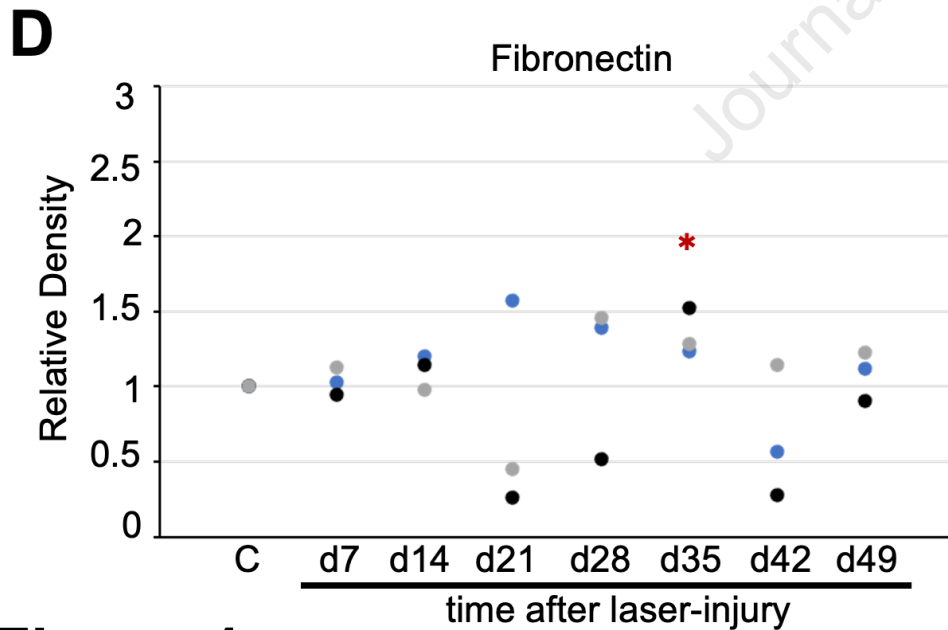
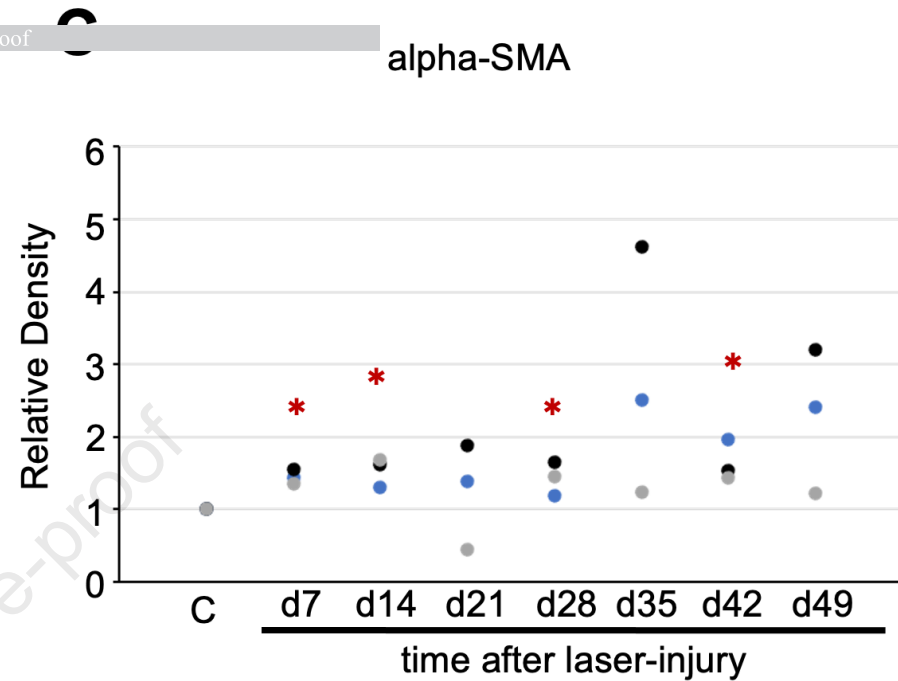
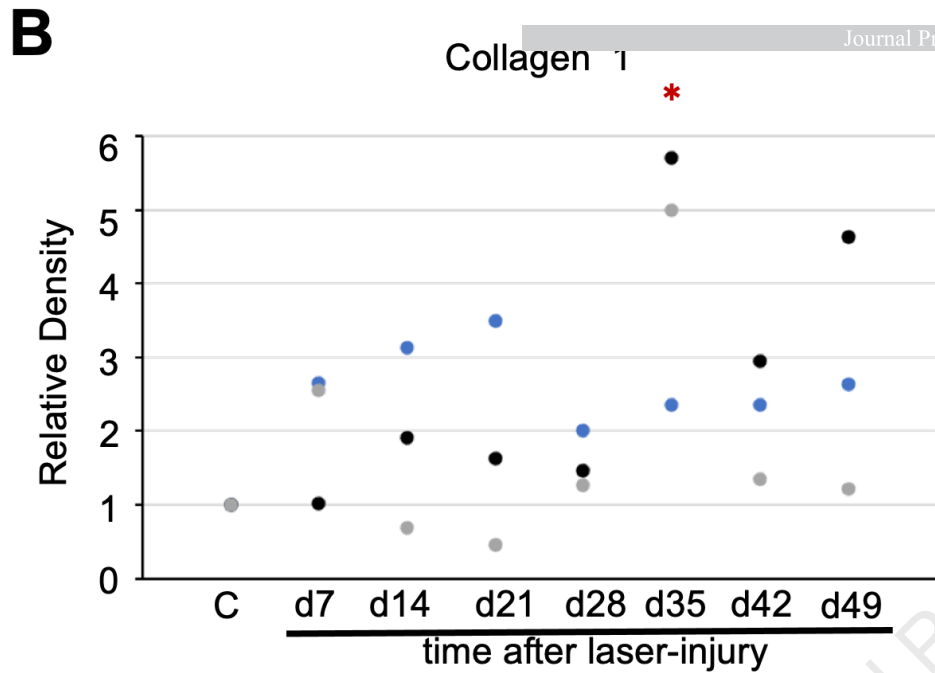
**E**

Vimentin

**Figure 3**

**A****Figure 4**





**Figure 4**

## Highlights

- Subretinal fibrosis model of solely fibrosis
- Subretinal fibrosis without active choroidal neovascularization (CNV)
- Screen for urgently needed anti-fibrotic compounds for ocular fibrotic diseases

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