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Genetic landscape of pediatric acute liver failure of indeterminate origin

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Graphical Abstract

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Authors contributions:

DL, LDS, MS, KM, CS and HP were responsible for the conception and the design of the study. Data acquisition was performed by DL, LDS, MS, AB, RB, RA, DA, IB, UB, NSB, PB, BB, PLC, EC, BD, AMD, AD, FD, AF, PF, HG, LG, NH, SH, SG, BH, MH, SH, AH, RH, JH, RI, KIP, MJ, NJ, IK, AK, SK, SK, DK, CTK, BK, MK, HK, VK, TK, ZK, AK, MWL, EL, EL, HM, JAM, PMK, PML, VML, KM, HM, LP, NP, BP, DPR, DPA, DP, SR, NR, AR, RS, WS, NS, CS, ES, RWT, ET, VU, RU, JV, GFV, WVDW, SBW, and EZ.

LDS, DS, RK, TB, MB, MW, KM and TM interpreted genetic results. LDS was responsible for the statistical analysis and data visualization. DL and LDS drafted the article. MS, KM, CS, HP, GFH, TM and SK critically revised the content. CS and HP supervised the study.

Abstract

Background & Aims: Pediatric acute liver failure (PALF) is a life-threatening condition. In Europe, main causes are viral infections (12-16%) and inherited metabolic diseases (14-28%). Yet, in up to 50% of cases the underlying etiology remains elusive, challenging clinical management, including liver transplantation. We systematically studied indeterminate PALF cases referred for genetic evaluation by whole-exome sequencing (WES), and analyzed phenotypic and biochemical markers, and the diagnostic yield of WES in this condition.

Methods: With this international, multicenter observational study, patients (0-18 years) with indeterminate PALF were analyzed by WES. Data on the clinical and biochemical phenotype were retrieved and systematically analyzed.

Results: In total, 260 indeterminate PALF patients from 19 countries were recruited between 2011 and 2022, of whom 59 had recurrent PALF (RALF). WES established a genetic diagnosis in 37% of cases (97/260). Diagnostic yield was highest in children with PALF in the first year of life (46%), and in children with RALF (64%). Thirty-six distinct disease genes were identified. Defects in *NBAS* (n=20), *MPV17* (n=8) and *DGUOK* (n=7) were the most frequent findings. When categorizing, most frequent were mitochondrial diseases (45%), disorders of vesicular trafficking (28%) and cytosolic aminoacyl-tRNA synthetase deficiencies (10%). One-third of patients had a fatal outcome. Fifty-six patients received liver transplants.

Conclusion: This study elucidates a large contribution of genetic causes in PALF of indeterminate origin with an increasing spectrum of disease entities. The high proportion of diagnosed cases and potential treatment implications argue for exome or in future rapid genome sequencing in PALF diagnostics.

Introduction

Pediatric acute liver failure (PALF) is a rare, life-threatening clinical condition mainly affecting children in their first year of life [1]. In the US, PALF is mainly caused by paracetamol intoxication (13%), metabolic disorders (10%) and viral infections (8%) [2]. In Europe, a systematic collection of data on PALF aetiologies is lacking. Single-centers report inherited metabolic diseases (14-28%) and viral infections (12-16%) as main causes of PALF in Europe [3,4]. In US and European cohorts, the underlying etiology remained unclear in about half of cases, hampering clinical management including disease-specific therapies, particularly decision-making regarding liver transplantation [1–4]. This uncertainty is critical for survival with a high burden for physicians, affected individuals and their families. Therefore, establishing a causal diagnosis is central in PALF. Although standardized approaches regarding biochemical testing and targeted Sanger sequencing in children with PALF contributed to a higher diagnostic rate and helped to elucidate some PALF aetiologies, a large fraction of PALF cases remained unclassified [5]. Access to next generation sequencing (NGS) techniques unraveled novel or uncovered genetic causes of hitherto unsolved cases of PALF. An important milestone boosting WES in acute liver failure (ALF) was the identification of biallelic variants in *NBAS* as a cause of recurrent acute liver failure (RALF) with onset in infancy (MIM: #616483) [5,6]. More recently, numerous *NBAS* cases [7] but also reports on other rare genetic diseases associated with PALF were published, such as infantile liver failure syndrome type 1 due to variants in *LARS1 (*MIM: #615438*)* [8,9], infantile liver failure syndrome type 3 due to variants in *RINT1* (MIM: #618641) [10], and transient infantile liver failure syndrome due to variants in *TRMU* (MIM: #613070) [11]. In the context of the rapidly growing knowledge on genetic causes of PALF, a single center retrospective analysis of 148 PALF cases (between 2001 and 2011) identified the underlying

genetic cause of formerly indeterminate cases in 27% using custom NGS panel, indicating the high proportion of genetic causes among unsolved cases before the era of next generation sequencing [12]. However, a systematic whole exome sequencing (WES) study has not been performed to date in individuals with PALF of unknown etiology.

Therefore, in the present international, multicentre study, we aimed to study the proportion, type and biochemical and clinical presentation of genetic diseases identified by WES in a cohort of individuals with PALF of indeterminate etiology.

Materials and Methods

Study design and recruitment of patients

The study was carried out as an international, multicentre study including both prospective and retrospective cases. The inclusion criterion was the clinical diagnosis of PALF of unknown etiology in children aged 0-18 years. The clinical diagnosis of PALF was made according to local criteria, including patient phenotype and laboratory parameters such as plasma alanine aminotransferase (ALT) and aspartate aminotransferase (AST) activity, bilirubin and INR (international normalized ratio). Individuals were eligible if diagnostic work-up did not establish the etiology of PALF; work-up was broadly consistent within the collaborating expert centers for pediatric hepatology (for details see **Suppl. Table 1,** http://links.lww.com/HEP/I114**).** When there was more than one episode of PALF, cases were characterized as recurrent acute liver failure (RALF). Data on country of origin, sex, clinical signs and symptoms using the human phenotype ontology (HPO) [13] as well as laboratory and histology data were retrieved via a specific case report form. All procedures were in accordance with the ethical standards of the responsible committee on human experimentation and with the Helsinki Declaration of 1975, as revised in 2013. Informed consent to participate in the study was obtained from all patients and/or from their parents in

case of minor patients. The study was approved by the ethical committees of the Technical

University Munich and the University Hospital Heidelberg.

Whole exome sequencing and variant prioritization

WES of cases and unaffected parents was performed at the Helmholtz Centre Munich

(Munich, Germany) for research cases and the Institute of Human Genetics, Klinikum rechts

der Isar, Technical University Munich (TUM, Munich Germany) for diagnostic cases. WES

data analysis was performed using an in-house pipeline of TUM [14]. WES was performed

on genomic DNA extracted from blood as previously published [15]. Sequencing reads were

aligned to human genome-build GRCh37/hg19 (UCSC Genome Browser) using the Burrows-

Wheeler Aligner (v.0.7.5a) [16]. Single-nucleotide variants (SNVs) and small insertions and

deletions were detected using the Genome Analysis Toolkit (GATK) [17]. Copy number

variants (CNVs) were detected with ExomeDepth [18]. Mitochondrial DNA (mtDNA)

variants were assessed from exome data as described [19].

A special focus was given to genes previously reported to be associated with ALF. This gene

list was manually created and extended through searching the OMIM database for all entries

matching the keyword "liver failure". This resulted in a set of 243 distinct candidate genes

(**Suppl. Table 2,** http://links.lww.com/HEP/I115). Variants were classified according to the

guidelines of the American College of Medical Genetics and Genomics [20] using the Python

package "InterVar" and the ClinVar annotation [21].

Phenotypic analysis

The following clinical variables were collected and analyzed: gender, weight, height, age at

the time of the episode(s) of acute liver failure/first symptoms of liver disease and at last

assessment, patient survival, need for liver transplant (LT), and cause of death. Age ranges

were defined as follows: neonatal period, age of onset at birth until day 28; infancy, age of

onset before second year of life; early childhood, age of onset between second year of life

and fifth year of life; childhood, age of onset between fifth and twelfth year of life;

adolescence, age of onset between twelfth and eighteenth year of life. Laboratory data during

the episode of liver failure were collected using the international unit system (SI).

Additionally, the most prominent hepatic and extrahepatic clinical features were provided as

human phenotype ontology (HPO) terms by the referring clinicians [13]. Based on the

provided HPO terms, ancestral HPO terms were derived from the ontology using the R

package "OntologyX" [22].

Statistical analyses

Statistical analyses were performed using R version 4.0.4. For conducting survival analyses

in R the "Survival" and "Survminer" packages were used. The log-rank test was used to

compare survival between different categorical variables.

Results

Study cohort

A total of 260 individuals were enrolled in this study between 2011 and 2022, with 111

individuals being prospectively enrolled and 149 cases enrolled retrospectively. Forty had

been reported previously in publications on single disease gene discoveries or phenotypic

spectrum studies [5–7,9–11,23–28]. WES data were analyzed at the Technical University of

Munich, of which 175 were examined as singletons and 85 by trio WES.

One hundred and eighteen (118/260) patients were female (45%). Patients originated from

centers in 19 countries in Europe, Asia, or North America (**Fig. 1A**). The majority of patients

(70%) were enrolled in Germany, Japan, and the UK which is reflected in the estimated ethnic background based on the WES data (**Fig. 1B**). Fifty-nine individuals (59/260) presented with recurrent episodes of ALF (RALF). On average patients presented the second episode of ALF within 0.9 years (mean: 0.9 years ± 0.9 years standard deviation), whereas time intervals between ALF were significantly longer for further episodes (mean: 2.2 years ± 4.8 years) (**Suppl. Fig. 1,** http://links.lww.com/HEP/I108).

Three hundred and seventy-eight (378) distinct, non-redundant HPO terms were reported, resulting in a median of 12 HPO terms per patient (range 2 - 29) spanning a median of 5 organ systems (**Fig. 1B, Suppl. Table 3,** http://links.lww.com/HEP/I116).

With respect to clinical liver involvement, 74 patients presented with hepatomegaly, 59 had cholestasis, and 52 ascites. Jaundice was present in 38 individuals. Besides the liver, main phenotypic presentations included abnormalities of metabolism (100%), the blood and blood-forming tissues (79%), the nervous system (55%), the cardiovascular system (28%), and the immune system (25%) (**Fig. 1C**).
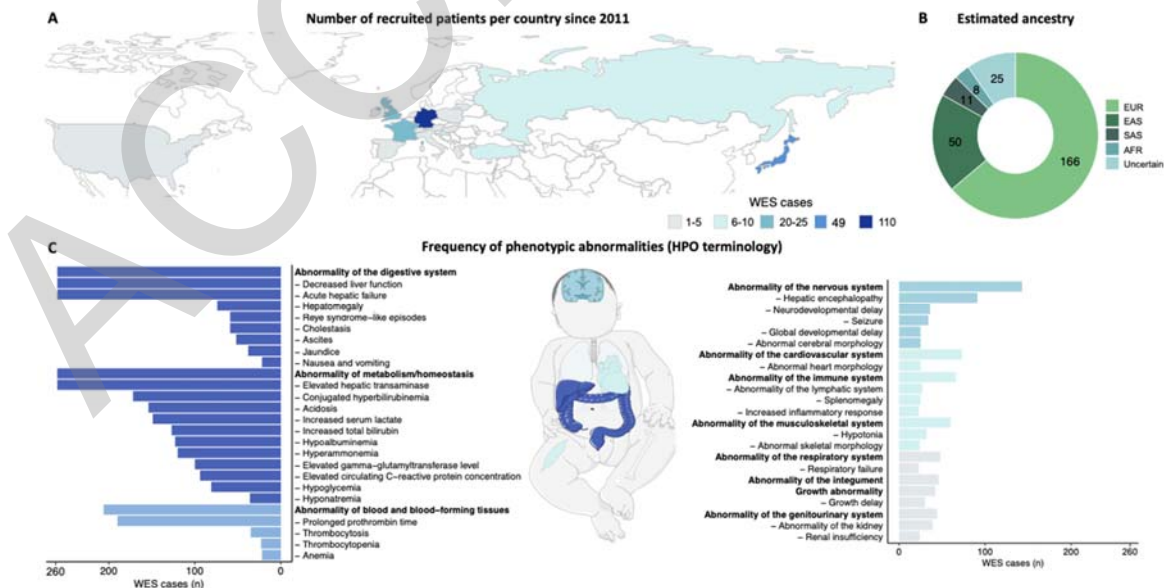

Figure 1: **Geographical origin, clinical phenotypes and affected organ systems.**

(**A**) Geographic origin: the number of patients recruited within the different countries is

indicated by color. (**B**) Ancestry prediction based on WES data. (**C**) Frequency of phenotypic abnormalities within the whole cohort using the Human Phenotype Ontology (HPO). HPO terms with a frequency of 20 and higher are displayed. The exact INR values were not available for all cases, however, for all patients with available INR information, INR levels were abnormally elevated. All frequencies are shown in absolute numbers. Missing data may have led to low numbers in some of the items (e.g., cholestasis, conjugated hyperbilirubinemia). WES, whole exome sequencing; INR, international normalized ratio; EUR, european; EAS, east asian; SAS, south asian; AFR, african.

All patients had abnormal blood homeostasis or abnormalities of metabolism (according to the HPO terminology), including elevated aminotransferases, hyperbilirubinemia, acidosis, increased serum lactate, hypoalbuminemia, hyperammonemia and hypoglycemia. Concerning blood and blood-forming tissue, the most frequent clinical features besides prolonged prothrombin time were thrombocytosis, thrombocytopenia and anemia. Frequently reported neurological abnormalities were hepatic encephalopathy, neurodevelopmental delay and seizures. Organ involvement stratified by clinical phenotype revealed only few differences between ALF and RALF cases, but abnormalities of the head and neck, nervous and musculoskeletal system were more common in the RALF than in the ALF group (Fisher Exact test, nominal p-value < 0.05; **Suppl. Fig. 2,** http://links.lww.com/HEP/I109**).**

Biochemical characterisation of the whole cohort showed broad ranges for plasma ALT activity with a median of 907 U/l (range: 20 U/l - 19,200 U/l) and AST activity with a median of 1,939 (range: 36 U/l - 31,800 U/l) (**Fig. 2A, 2B**). When analyzed separately, patients with RALF had a significantly higher ALT activity with a median of 3,900 U/l (range: 167 U/l -

19,200 U/l) (p-value 2.3x10^{-11}, Wilcoxon Test) and AST activity with a median of 4,804

(range: 74 U/l - 31,800 U/l) (p-value 5.5x10^{-8}, Wilcoxon Test) compared to the activity levels

in the ALF group with ALT activity with a median of 582 U/l (range: 20 U/l - 15,528 U/l)

and AST activity with a median of 1,395 (range: 36 U/l - 21,227 U/l). Median maximal INR

was 3 (range: 1.21 - 15.7), and median maximal total bilirubin was 140 μmol/L (range: 4.62 -

1,219.2 μmol/L). (**Fig. 2C, 2D, 2E**). Sixteen cases in the ALF cohort showed a bilirubin level

below 17.1 μmol/L (1 mg/dl) and hence a low bilirubin phenotype. Five patients were

reported to have a conjugated bilirubin below 5.1 μmol/l (0.3 mg/dl). Bilirubin and INR

levels did not differ significantly between patients with ALF and RALF.
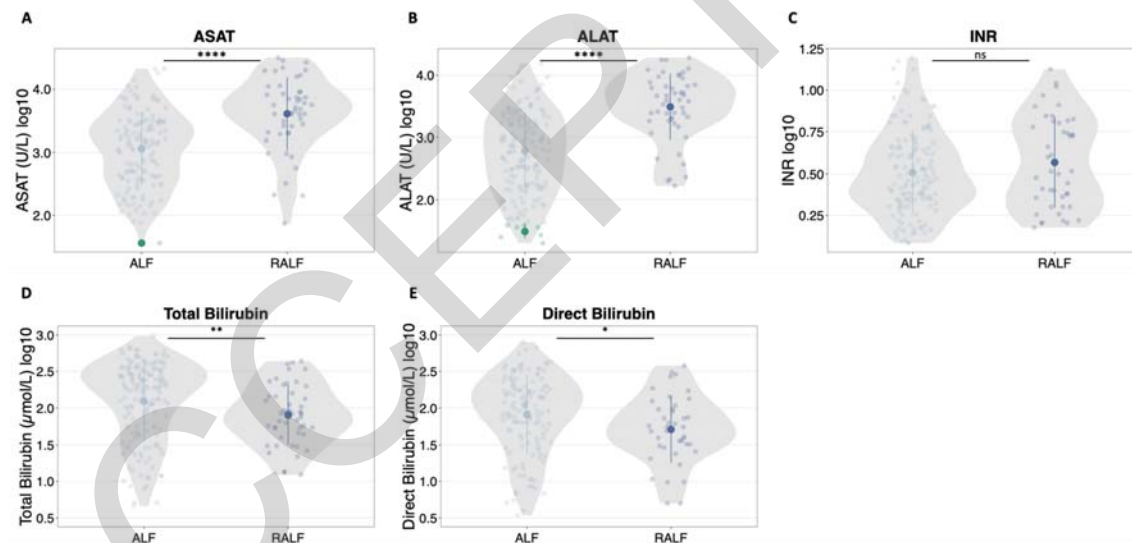
Figure 2: Biochemical characterisation of the cohort. Laboratory characterisation of ALF

and RALF including AST, ALT, liver function (INR), total bilirubin as well as direct

bilirubin using violin plots. Bold dots indicate the median, bars indicate the 25th to 75th

percentile; green dots represent values within the reference range for normal values according

to a consensus of Deutsche Gesellschaft für Klinische Chemie und Laboratoriumsmedizin

(DGKL) und Verband der Diagnostika- und Diagnostikageräte-Hersteller (VDGH) [29].

****p ≤ 0.0001 by Wilcoxon Test. AST, aspartate aminotransferase; ALT, alanine

aminotransferase; INR, international normalized ratio. ALF, acute liver failure; RALF,

recurrent acute liver failure.

Liver biopsy data were available for 104 cases, with steatosis (36/104) and fibrosis (34/104)

being the most commonly reported histologic findings. Steatosis was found significantly

more frequent in RALF cases than in ALF cases, whereas other histologic findings exhibited

no differences between RALF and ALF(nominal p-value < 0.05; **Suppl. Fig. 3,**

http://links.lww.com/HEP/I110**)**.

At the time point of data analysis, 181 patients were alive (134 with native liver survival, 47

with liver transplantation), while 79 children had died, 9 of those after liver transplantation

(**Fig. 3A**). Age of onset of ALF (first episode in patients with a RALF phenotype) ranged

from neonatal to juvenile, with the majority of patients presenting within the first year of life

(data available for 209 patients) (**Fig. 3B**). The majority of deaths due to ALF (72%)

occurred within the first year of life (**Fig. 3C**). Comparison of the overall survival rate in the

two clinical subgroups revealed a significantly higher native liver survival rate in the RALF

subgroup as compared to the ALF subgroup **(Fig. 3D).** When stratified by age of ALF onset,

decreased native liver survival probability was associated with a younger age of onset **(Fig.**

3E). A trigger for ALF was reported in 82 cases, with infections being the most prominent
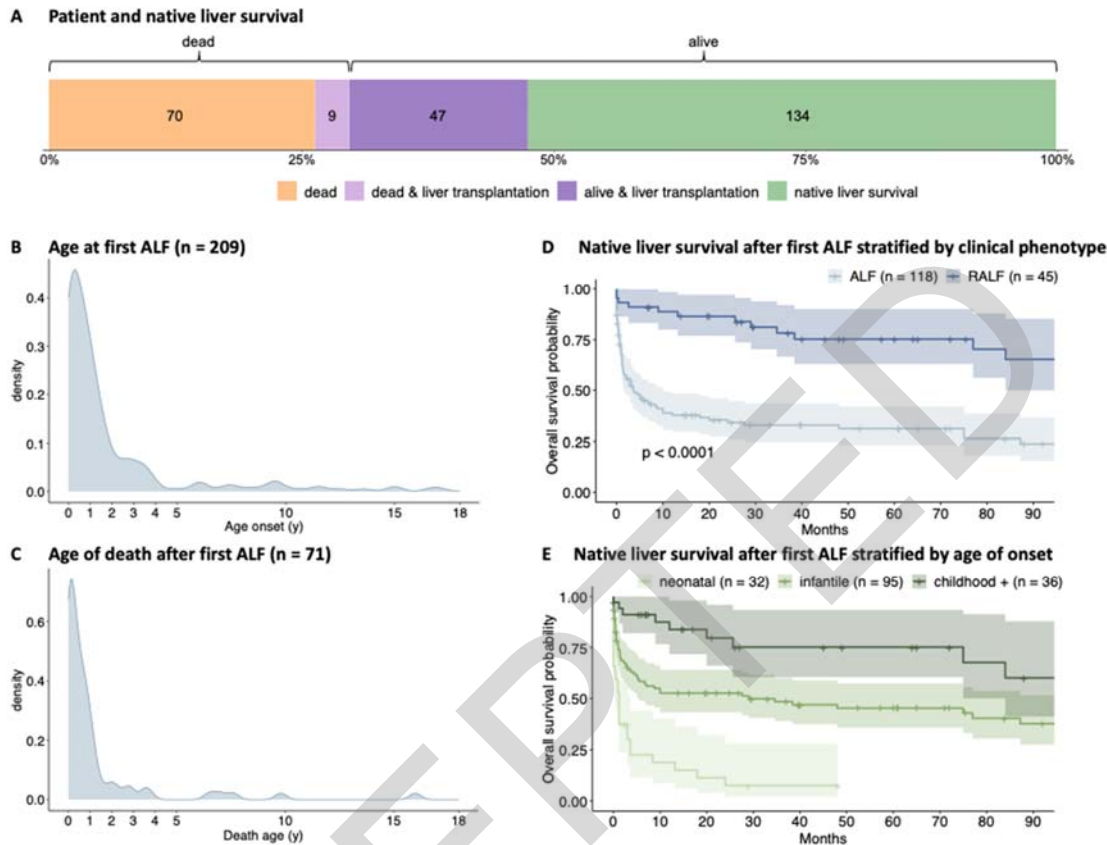
one (77 cases).

Figure 3: Outcome of PALF patients. (**A**) Patient and native liver survival. (**B**) Timeline for age at first ALF in years. (**C**) Timeline for age of death after the first ALF in years. (**D**) Kaplan Meier plot for the native liver survival after the first ALF stratified by the clinical phenotype in months. P-value calculation by log-rank test. (**E**) Kaplan Meier Plot for the native liver survival after the first ALF stratified by the age of onset. ALF, acute liver failure; RALF, recurrent acute liver failure.

Genetics

WES analysis established a genetic diagnosis in 97/260 of so far genetically unsolved cases (37%). Nineteen patients remained unsolved with variants of uncertain significance in OMIM disease genes or candidate disease genes. In the remaining 144/260 patients (55%), no variant

could be prioritized. Pathogenic and likely pathogenic variants were detected in 36 distinct ALF disease associated genes, of which more than half (21/36, 58%) were reported in single cases only (**Fig 4A**). Defects in *NBAS* (21%), *MPV17* (8%) and *DGUOK* (7%) occurred most frequently. In 92/97 cases, the causative genetic defect was inherited in an autosomal recessive fashion; among these, 53/92 were homozygous for disease-causing variants (**Suppl. Table 4,** http://links.lww.com/HEP/I117). In total, 108 distinct variants classified as "likely pathogenic" or "pathogenic" according to ACMG criteria within the 36 genes were found. Of the 108 variants 56 (52%) were already reported as 'likely pathogenic' or 'pathogenic' in ClinVar at the time point of WES analysis. Missense variants formed the major proportion of all disease-causing variants. Out of the 36 cases in this study who had consanguineous parents, a genetic diagnosis was established in 22 (61%). Additionally, 20 out of 22 genetically diagnosed cases were found to be homozygous for the disease-causing variant. When categorizing the disease genes to functional groups, most of them are associated with mitochondrial diseases (45%), followed by disorders of vesicular trafficking (28%) and cytosolic aminoacyl-tRNA synthetase deficiencies (10%) (**Fig 4A**). Diagnostic yield was higher in cases with ALF within the first five years of life (40%; n=187) compared to children > 6 years of age (14%; n=21) (**Suppl. Fig 4,** http://links.lww.com/HEP/I111). Highest yield was achieved in infancy (41%; n=123) and in children with RALF (66%; n=59) (**Fig 4B**). The majority of cases with disorders of vesicular trafficking developed RALF. NBAS deficiency was the most frequent diagnosis in this group. In the majority of mitochondrial diseases (68%), ALF occurred within the first six months of life (median 0.2 years), whereas disorders of vesicular trafficking and cytosolic aminoacyl-tRNA synthetases were characterized by an age of onset of half a year and older (**Fig 4C**).

Patients with disorders of vesicular trafficking rarely died, while patients with mitochondrial disease showed a high mortality. For the other disease groups patient numbers were too low for analyses of survival (**Fig 4D**).
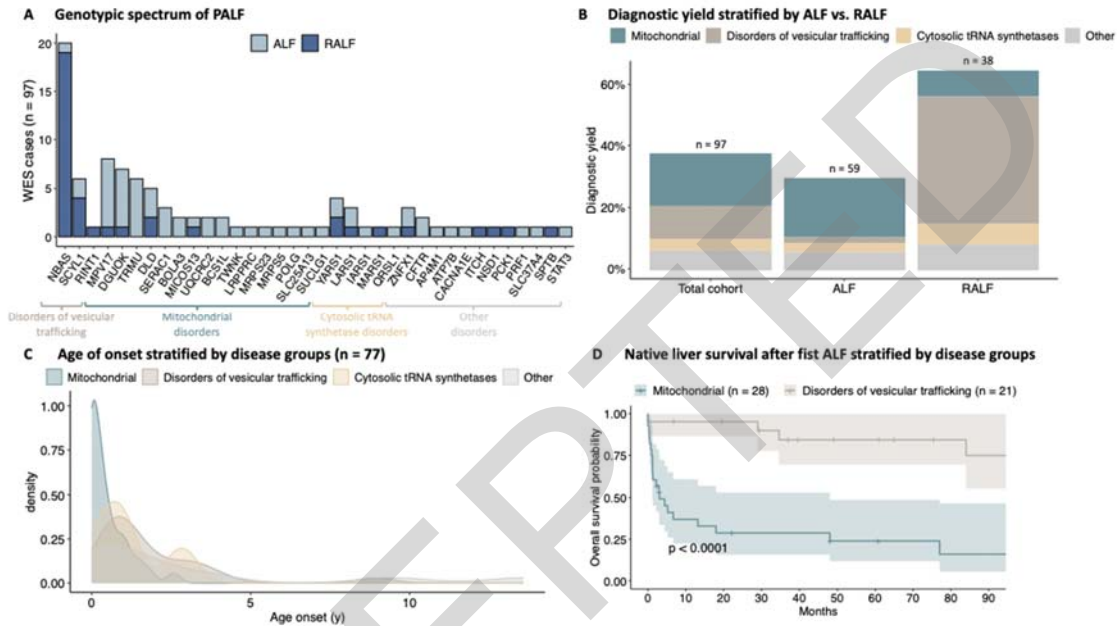
Figure 4: Molecular etiology of PALF. (**A**) Genetic spectrum of PALF; (**B**) Diagnostic yield, stratified by ALF vs. RALF; (**C**) Age of onset stratified by disease groups, and (**D**) native liver survival after first ALF stratified by the two most frequent disease groups. ALF, acute liver failure; RALF, recurrent acute liver failure.

The three most frequent disease groups in this cohort presented a broad phenotypic spectrum with multiple organs involved (**Suppl. Fig 5,** http://links.lww.com/HEP/I112).

Liver biopsy data were available for 44 genetically solved cases (**Suppl. Fig. 6,** http://links.lww.com/HEP/I113). While fibrosis was most common in patients with

mitochondrial disorders, cirrhosis was found most frequently in patients with cytosolic tRNA synthetase deficiencies. Steatosis was the commonest finding in all three distinct disease groups and necrosis was only rarely reported in any of the distinct disease groups. No significant differences in necrosis or inflammation incidence could be identified between the groups.

Subcohort fulfilling PALF study group inclusion criteria

The inclusion criteria of our cohort differed from those of the US PALF study group (PALFSG, [1]). We investigated whether applying the more stringent PALFSG inclusion criteria to our cohort would yield different results. 145/201 ALF cases of our study fulfilled the PALFSG inclusion criteria. Comparing this subgroup with the overall cohort, there were no differences apart from INR (and the associated HPO umbrella term blood and blood forming tissue), which was significantly higher in the subgroup fulfilling PALFSG criteria,(for details see **Suppl. Table 5,** http://links.lww.com/HEP/I118).

Discussion

PALF is a life-threatening event with very heterogenous aetiologies. Despite ongoing efforts of standardizing diagnostic approaches, in one third to half of cases no causal diagnosis is achieved [30]. In 2015, variants in *NBAS* were identified as a novel cause of PALF [5], the number of individuals diagnosed with NBAS deficiency rose rapidly [6,7] and motivated to further explore the genetic landscape of PALF of unknown etiology. Hence, the PALFES study was started including up to now 260 individuals with PALF of unknown etiology from three different continents. This represents by far the largest cohort of unresolved PALF cases

studied by WES reported in the literature to date. A genetic diagnosis was established in 37% of unresolved PALF cases; in cases with RALF the diagnostic yield was even higher (66%). With the elucidation of about 40% of hitherto unexplained PALF cases, genetic diseases likely represent the largest group of PALF in terms of etiology. Nevertheless, it is noteworthy that 55% of patients in this series had no evidence of an underlying genetic disorder. Transcriptome or proteome analyses may further increase the diagnostic rate of genetic diseases by providing functional evidence on inconclusive candidate variants detected or by discovery of functional relevant variants missed by the genetic analysis of our cohort. Even disregarding this, a substantial part of indeterminate PALF is likely of non-genetic origin [31]. According to Squires *et al*. (2022) [32], the fraction of PALF cases with unknown etiology is particularly high in the first three years of life, which is the age range in which our study demonstrates the highest molecular diagnostic yield by WES.

Three main groups of genetic diseases underlying indeterminate PALF have been identified: mitochondrial disorders, disorders of vesicular trafficking and cytosolic aminoacyl-tRNA synthetase deficiencies (**Fig 5**). Mitochondrial genetic diagnoses were noticeably more frequent within our study than had previously been reported [32]. Still, in our cohort, one of the first reported genetic causes of PALF, mutations in mitochondrial polymerase gamma (*POLG*) associated with Alpers syndrome, was rarely observed. Because it is a known cause of PALF, POLG suspected cases may have undergone targeted genetic testing and are therefore not included in this cohort. However, we cannot exclude the possibility of enrollment bias in the PALFES cohort, as some of the participating centers were studying a cohort of pediatric patients with mitochondrial diseases in parallel with the PALFES study, and thus mitochondrial-related ALF cases may have been assigned more frequently [33]. In addition, the mere fact that a genetic study was conducted may have led to a higher inclusion rate of patients with suspected genetic causes. Specifically, publications on new genetic

causes of RALF during the study led to an increased sending of RALF cases. Therefore, the unbiased diagnostic yield should likely be lower, with a potentially lower rate of mitochondrial disease and genetic causes of RALF. This suggestion is supported by the high proportion of RALF cases in our cohort, for which a genetic cause is more likely to be expected.

A potential limitation of our study was the lack of an internationally standardized definition of PALF, which is also reflected in our cohort. Most of the individuals included in our cohort (201/260 including also RALF cases) met the stringent inclusion criteria of the longitudinal studies of PALF conducted by the "PALF Study Group" in the United States [1]. Although the PALF Study Group inclusion criteria do not represent definition criteria of PALF, they are frequently used as such. Our analyses show that these more stringent criteria would not lead to different results, including diagnostic yield, age at onset, histology, survival, organ involvement, histology, and disease genes.

In general, PALF cases with a clear biochemical fingerprint (such as tyrosinemia type I, with elevated succinylacetone in urine or dried blood spots) are typically diagnosed based on metabolic investigations, and genetically confirmed in the further workup. The three disease groups identified in this study share the feature that no specific laboratory biomarker or metabolic fingerprint by itself can establish the molecular diagnosis or point specifically to a single disease gene. Accordingly, we could not identify a clear biochemical or clinical profile in the cases now diagnosed genetically by WES using already established investigations. More comprehensive metabolomic studies would be needed to extend the search for diagnostic biomarkers. Consequently, with our current knowledge, we advocate performing genetic analyses using WES or whole genome sequencing (WGS) in parallel to metabolic analyses as the timely decision on further appropriate treatment options such as

transplantation and/or specific drug therapy or dietary management in case of metabolic diseases will depend on the underlying disorder.

Our study demonstrates that the lack of biomarker specificity also holds true for lactate in serum, as lactate concentration could not differentiate between mitochondrial disorders from other causes of PALF, indicating that lactic acidaemia is also a secondary finding in severe liver dysfunction such as PALF. Extremely high levels of AST and ALT have been associated with NBAS deficiency [6], often presenting as RALF. This reflects the significantly higher AST/ALT levels in this group; however, diagnosis cannot be ascertained based on this finding. Age of onset can direct the clinical suspicion towards possible genetic disorders underlying PALF, with mitochondrial disorder most frequently occurring in the neonatal period. Another frequent cause of neonatal acute liver failure is gestational alloimmune liver disease presenting typically with low AST and ALT levels. Such cases have not been included in our study. In our cohort only five out of 50 neonates showed ALT < 100 U/L. Of note, in two of the five cases with low ALT, pathogenic variants in *DGUOK* were found to be responsible for the phenotype. There is a substantial overlap among the different disease groups with respect to age of onset.

An unexpected histological finding in the PALFES cohort is the high percentage (30%) of progressive liver remodeling. This indicates that a subgroup has a preceding subclinical disease, with PALF as the first clinical presentation.

The most commonly affected extrahepatic organ system was the nervous system, with hepatic encephalopathy and neurodevelopmental delay reported most often. In analogy to biochemical parameters, also the clinical parameters in our study did not discriminate between cases with and without a genetic diagnosis. This again emphasizes the relevance and necessity of genome wide genetic analyses in PALF to determine the underlying cause.

Establishing a (genetic) diagnosis is crucial for clinical management and outcome of children with PALF. While causative treatments are not available for most of the genetic disorders detected in our cohort, there are specific management approaches for several diseases. In patients with TRMU deficiency it has been shown that cysteine supplementation improved survival significantly compared to patients without cysteine supplementation [11]. Forced antipyretic management in ILFS1, ILFS2 and ILFS3 may help to avoid fever triggered RALF [6,7,9,10]. Additionally, decision on transplantation is dependent on the underlying disorder and the expected outcome in relation to both transplant liver survival and extrahepatic features and finally, the risk of recurrence of PALF in another child of the family can only be predicted with a genetic diagnosis. Our study demonstrates that outcome differs depending on the underlying disease etiology; native liver survival is significantly higher in individuals with disorders of vesicular trafficking compared to mitochondrial diseases. The role of liver transplantation for individuals with PALF due to genetic diseases is discussed controversially in the literature especially for mitochondrial disorders, due to potentially unfavorable neurological, cardiac or neuromuscular involvement and poor outcome, arguing against liver transplantation [34]. However, there are mitochondrial disorders such as TRMU or hepatic DLD deficiency where extrahepatic involvement is scarce with a favorable neurological prognosis [11,35]. Moreover, multisystemic mitochondrial disorders are not contradicting liver transplant in general, as there are reports of patients, *e.g.,* with DGUOK deficiency, with minor neurological involvement who received a liver transplant and had a satisfactory post-transplant course [11,36,37].

In order to help decision making, diagnosis of PALF and the identification of the etiology needs to be established within a short period of time as the clinical situation typically is critical and decisions are time-sensitive. Turn-around-time in our study was not assessed systematically, and individuals have also been enrolled retrospectively where turn-around

time was not essential for clinical care. However, it is impractical to wait for a long time to receive WES results in critically ill patients. Hence, from a technical point of view, genome sequencing would be faster and more accurate than WES, with reported turn-around-times as low as 24 hours, being a promising option to achieve genetic diagnoses especially in critically ill children [38,39]. Higher investment costs and demanding computational power hampers availability of this technology in most hospitals, but will likely be available in the near future in many countries. Again, rapid establishment of a (genetic) diagnosis has the potential to both save lives and reduce costs [38,39].

Conclusions

In conclusion, this study demonstrates that a relevant number of indeterminate PALF cases can be solved by WES. This shifts PALF in the range of other rare disorders for which WES/WGS is now a well-established diagnostic procedure. Major identified groups are mitochondrial disorders, disorders of vesicular trafficking, and cytosolic aminoacyl-tRNA synthetase deficiencies. An ascertained diagnosis helps physicians make treatment decisions and can save lives and costs. For these reasons, we assert that WES, or in the near future WGS, should be within a first line diagnostic approach for every child presenting with PALF.
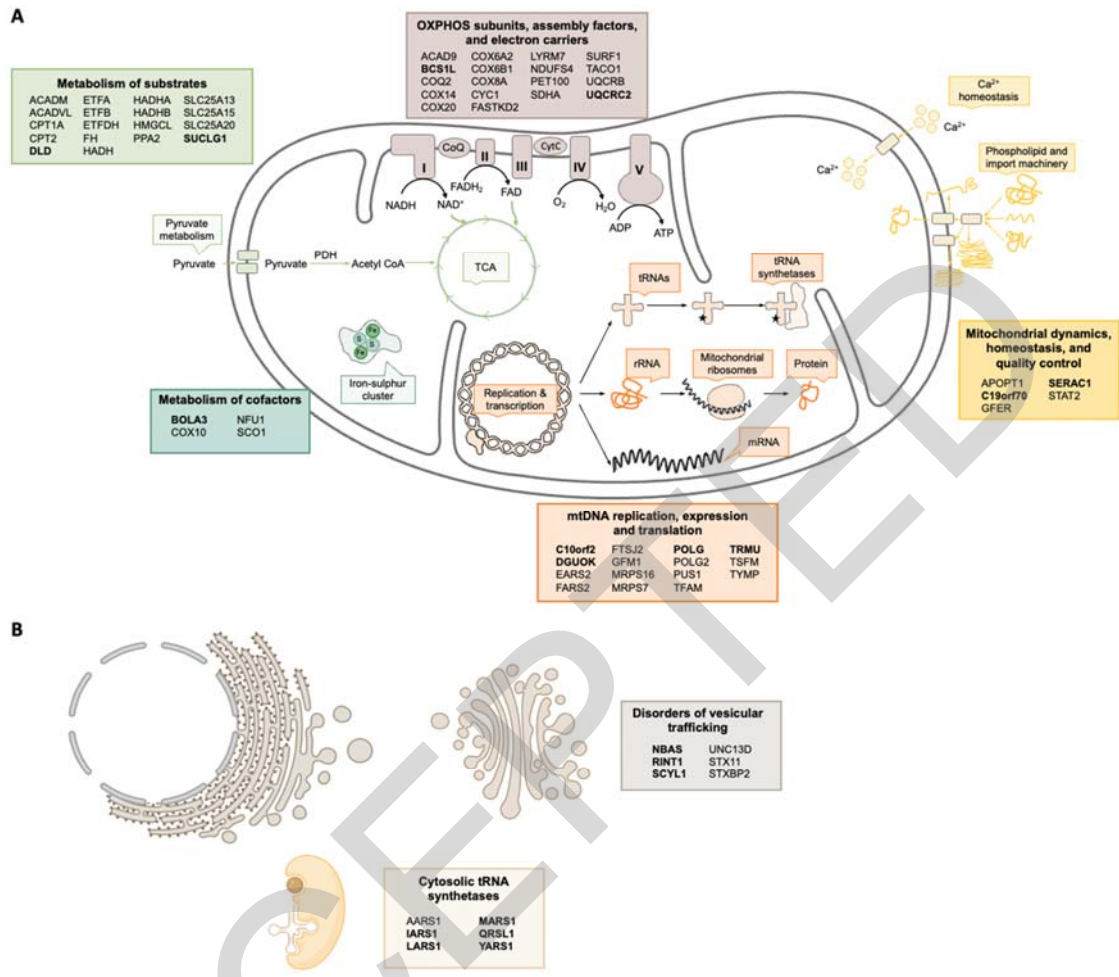
Figure 5 A. Mitochondrial disease genes causing pediatric acute liver failure. B Disorders of vesicular trafficking and aminoacyl-tRNA synthetase deficiency (box) leading to pediatric acute liver failure. Genes that have been identified in cases within this study are shown in bold.

Abbreviations

ALT	Alanine aminotransferase
ALF	Acute liver failure
AST	Aspartate aminotransferase
CNV	Copy number variant
GATK	Genome Analysis Toolkit
HE	Hepatic encephalopathy
HPO	Human phenotype ontology
INR	International normalized ratio
mtDNA	Mitochondrial DNA
PALF	Pediatric acute liver failure
PALFES	Pediatric acute liver failure exome sequencing
PT	Prothrombin time
RALF	Recurrent acute liver failure
SNV	Single-nucleotide variants
TUM	Technical University Munich
WES	Whole exome sequencing
WGS	Whole genome sequencing

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