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37

38 1. Introduction

39 Economics provides an ever-growing toolbox of behavioral interventions (Thaler, 2018). Yet,
40 designing a suitable intervention to address a specific real-world problem is challenging (Duflo,
41 2017). Recent evidence suggests that behavioral interventions have heterogeneous effects
42 across contexts, typically wane over time and do not easily scale up (Bryan et al., 2021;
43 DellaVigna and Linos, 2022). The effectiveness of an intervention hinges on addressing the
44 relevant obstacles to behavioral change in the target population (Rodrik, 2010; Datta and
45 Mullainathan, 2014). In this paper, we present evidence from a large-scale natural field
46 experiment to reduce non-payment for water. We address the aforementioned challenges by
47 first diagnosing and quantifying relevant obstacles in the target population. On this basis, we
48 design interventions that tackle these obstacles and test their effectiveness both in the short
49 term and over time.

50 In order to identify the most common reasons for non-payment, we use a simple
51 diagnostic tool in the form of surveys. We then design interventions to address the identified
52 obstacles and evaluate their short-term and medium-term effectiveness. The field experiment
53 is conducted in Namibia in cooperation with the Namibia Water Corporation (*NamWater*),
54 where non-payment among customers is a wide-spread problem.

55 Non-payment for public utilities is a complex global problem in both low- and high-
56 income countries (Bridges and Disney, 2004; Aguilar-Benitez and Saphores, 2008; Vásquez
57 and Alicea-Planas, 2017; Jensen and Chindarkar, 2019; Tonke, 2023), with cost-recovery rates
58 below 50% not being uncommon (Kayaga et al., 2004; Mugabi et al., 2010). Non-payment
59 constrains the maintenance and expansion of the infrastructure necessary to provide access to
60 water and electricity (Jack and Smith, 2015; McRae, 2015; Szabó and Ujhelyi, 2015). These
61 play a vital role for economic and social development (Duflo and Pande, 2007; Dinkelman,
62 2011), but are not adequately accessed by billions of people (UNICEF and WHO, 2019).
63 Practical solutions to reduce non-payment are not obvious. The standard policy tools like
64 denying non-paying customers access and legal enforcement are difficult to implement. Many
65 countries have legal provisions against, for instance, cutting off the supply of water because it
66 is a basic human need (Finger et al., 2007). Enforcement of payments through overburdened
67 courts is often not effective either (World Bank, 2017). This makes interventions from the
68 toolbox of softer behavioral interventions an attractive alternative.

69 There are various reasons why individuals do not pay their water bills. Yet, knowledge
70 about the extent to which these reasons were common among the targeted large-scale
71 population was missing. Previous studies highlight unsatisfactory quality of service, lack of
72 trust in the utility, and insufficient enforcement of sanctions (Aguilar-Benitez and Saphores,
73 2008; McRae, 2015; Vásquez, 2015; Vásquez and Alicea-Planas, 2017; Jensen and Chindarkar,

74 2019).¹ Additionally, in the Namibian context, individuals are reported to believe that water,
75 as a “gift from God”, should be free and not marketed (Mazambani et al., 2006). Further, some
76 individuals may not understand the cost-covering concept because water was supplied without
77 charge until Namibia’s independence in 1990 (Du Plessis et al., 2005; Klintonberg et al., 2007).

78 To diagnose and quantify which obstacles to payment are most relevant among the
79 targeted population, we conduct pre-intervention interviews among a randomly drawn sample
80 of customers via phone. Our pre-intervention diagnostics reveal two main obstacles that may
81 be addressed by low-cost behavioral interventions. First, many customers suffer from
82 informational frictions: 43% of customers report receiving their invoice, which is sent by postal
83 mail, either late or not at all.² Secondly, the vast majority seem to be willing to pay for water
84 but do not act on their intention. For instance, more than 90% of customers state that water
85 should be paid for and come up with coherent reasons (e.g., “purification” or “maintenance”)
86 for the necessity of paying. Nevertheless, most customers do not pay consistently and have
87 amassed on average about 3.4 unpaid monthly water bills. This suggests a gap between the
88 willingness to make payments and the actual payment behavior recorded in the administrative
89 data – a so-called intention-to-action gap. Our diagnosis provides surprisingly little support for
90 reasons assumed in the literature so far. For example, there seem to be strong social norms
91 supporting payments, which runs counter to beliefs that water is a “gift of God” and that
92 households do not understand the cost-recovery concept.

93 In the second step of our study, we set up a call center and treat around 10,000 private
94 customers over a time span of nine months to study treatment effects in the first month after

¹ Investments to improve service may themselves be constrained by non-payment, such that the utility and customers remain stuck in a bad equilibrium (Strand, 2012).

² Most customers do not own a mailbox at their residence and instead have a post box in the nearest village or city.

95 the intervention (short term) as well as over the ensuing eight months for which we have data
96 (medium term). We implement three treatments via phone call and subsequent text messages.
97 In the *basic* treatment, we offer a free monthly text-message service that contains simplified
98 invoice information. The text-message service ensures that customers have access to the
99 invoice information in a non-technical language and addresses the diagnosed problem of
100 undelivered invoices. The *basic* treatment serves as a comparison group to two psychological
101 commitment treatments that are implemented on top of the *basic* treatment. The psychological
102 commitment treatments target the intention-to-action gap. In addition to receiving the text
103 message, the phone call elicits a commitment from the treated customers either to a desirable
104 self-concept (in the *self-concept* treatment) or to a concrete action plan (in the *plan* treatment).
105 After the phone call, the treated customers are subsequently reminded of their commitment via
106 the monthly text message. We label these two interventions as psychological commitment
107 treatments because acting inconsistently with the elicited self-concept or action plan creates
108 cognitive dissonance, which makes it psychologically costly to renege (Festinger, 1957;
109 Konow, 2000; Bénabou and Tirole, 2011).

110 In the *self-concept* treatment, we invoke a self-concept of a reliable water payer. This
111 is implemented by eliciting answers from the customers to questions such as “How important
112 is it to you to be a reliable water payer?” The intervention builds on the idea that individuals
113 are uncertain about their self-concept and want to shape their view of themselves through their
114 actions (Bénabou and Tirole, 2011; Bryan et al., 2011; Tonke, 2023). In the *plan* treatment,
115 customers commit to their own plan for future payments by responding to questions such as
116 “How do you make sure you pay your bills on time?” In addition to a commitment to pay,
117 making plans helps customers to develop specific strategies to overcome logistical obstacles
118 and might also reduce forgetfulness (Gollwitzer, 1999; Gollwitzer and Sheeran, 2006; Rogers
119 et al., 2015; Beshears et al., 2016). A necessary condition for the commitment treatments to

120 work is that individuals indeed want to act in line with the targeted behavior (Sheeran et al.,
121 2005; Bryan et al., 2011). This motivation may stem from different sources, including social
122 norms that prescribe this behavior.

123 We find that customers highly appreciate the text-message service, which is reflected
124 by an almost universal take-up of our treatments (98%). Simply offering and sending customers
125 free monthly invoice information by text message raises average payments remarkably.
126 Payments increase by about 29% in the first month and by about 8% over the ensuing eight
127 months of the intervention. On top of these effects, we find substantial short-term effects of the
128 commitment treatments: In the first month, average payments increase – compared to the *basic*
129 treatment – by a further 10% in the *self-concept* treatment and by another 26% in the *plan*
130 treatment. The additional effects of the commitment treatments, however, wane subsequently.

131 This paper makes several contributions: First, our diagnostic approach and
132 experimental findings add to our understanding of non-payments for public utilities. Customers
133 seem to have the intention to pay but often fail to act. The informational frictions of not
134 consistently receiving the invoice can be resolved through low-cost information provision that
135 results in a persistent treatment effect over the course of our experiment. The intention-to-
136 action gap in payment behavior can be tackled through psychological commitment (e.g.,
137 Laibson, 1997; Ariely and Wertenbroch, 2002). We discuss various alternative mechanisms
138 underlying the treatment effects, such as scrutiny, the threat of being punished, or reminders
139 and argue that these are unlikely to drive the results. Our study thus adds novel reasons and
140 policy options to the literature on non-payment and non-compliance.

141 Second, we address unanswered questions on the impact of the studied behavioral
142 interventions over time (Frey and Rogers, 2014; Thaler, 2018). This is important because they
143 may induce rebound effects (e.g., due to budgeting over time or moral licensing), resulting in

144 the absence of a net effect.³ While the effectiveness of the *basic* treatment is long-lasting, the
145 effectiveness of the psychological commitment techniques wanes over time. This important
146 insight complements previous literature that has not studied their effectiveness over extended
147 time horizons. Self-concept interventions have been used to mobilize voters, to promote pro-
148 social behavior among children, and to decrease cheating behavior (Bryan et al., 2011; Bryan
149 et al., 2013; Bryan et al., 2014). Plan-making interventions have been used to increase voter
150 mobilization, vaccination rates, preventive colonoscopy-screening rates, and job search
151 (Nickerson and Rogers, 2010; Milkman et al., 2011; Milkman et al., 2013; Abel et al., 2019).
152 Our findings suggest that our psychological commitment techniques can be highly effective,
153 but they seem best suited to address one-off decision-making.

154 Third, our paper attempts to open the black box of how to choose and design
155 interventions that address large-scale, real-world problems. While we cannot claim that we
156 identified the most effective among all possible interventions, our study nevertheless suggests
157 high potential benefits from diagnosing which behavioral obstacles are most common at scale
158 before designing and implementing interventions. Our interventions are a clear departure from
159 previous practices of the utility company and neither featured in local experts' assessment⁴ nor
160 in the literature on non-payment for water. Yet, our interventions are highly cost-effective:
161 They increased average payments by about 10-11 USD per customer, which corresponds to an
162 estimated return on investment of roughly 1,000%. This leads to one of the highest months in

³ Bursztyn et al. (2019), for example, study credit card debt repayment and find that moral messages affect short-term delinquency rates, but they do not find a long-term effect on defaults among their full sample.

⁴ We had extensive discussions with local experts, both at the utility and in Namibia's water sector, during exploratory scoping missions, while designing the diagnostic survey and during the implementation of the interventions.

163 terms of average payments by private customers in the entire history of the public utility. This
164 suggests that a simple diagnostic survey can help identify seemingly overlooked reasons for
165 non-payment, which can be addressed through scalable and highly cost-effective interventions.

166 The remainder of the paper is as follows: Section 2 describes the research setting and
167 dataset. Section 3 presents the treatments, their implementation, and the estimation strategy. In
168 Section 4, we provide the experimental results of the two psychological commitment treatments
169 and discuss mechanisms in Section 5. In Section 6, we estimate the effects of the *basic*
170 treatment. Section 7 concludes.

171 2. Research Setting and Behavioral Diagnosis

172 2.1 Research Setting and Dataset

173 Namibia is a middle-income country in Sub-Saharan Africa with a limited amount of surface
174 water and low and unpredictable rainfall (Lu et al., 2016). Groundwater is often saline and not
175 drinkable. Our study focuses on private customers who are directly billed by *NamWater* and
176 reside in Namibia's North across an area of more than 85,000 square kilometers (about the size
177 of Austria or the United Arab Emirates). This represents the vast majority of *NamWater's*
178 directly billed customers (approximately 79% as of August 2015).⁵ Our sample is quite
179 heterogeneous, ranging from predominantly small households to a few large customers, which
180 are likely commercial customers.⁶

181 *NamWater* compiles administrative data on a monthly basis, usually at the beginning of
182 each month. The majority of the data is entered manually into the system and then digitally

⁵ In most other regions, households living in cities and towns are typically billed by their municipality, which itself is billed by *NamWater*.

⁶ While our data does not specify which customers are businesses, our results are robust to the exclusion of very large payments, indicative of a commercial customers.

183 compiled. Clear guidelines for quality checks of the data and a consistent notation of data
184 correction were missing at the time of the study. This leads to some erratic data points (e.g.,
185 negative payments and extreme values), and missing values, which are typically corrected in
186 the ensuing months. Whenever possible, we updated incomplete payment records and extreme
187 payment records by using the corrected account data from the ensuing month. Subsequently,
188 we excluded five customers with negative payment values as well as the 0.1% of customers
189 with the most extreme payments. These high payments either strongly suggest commercial
190 usage or large accounting mistakes. These exclusions are less restrictive than applying Grubbs'
191 outlier test (Grubbs, 1969). At an alpha level of 0.001, this test suggests the exclusion of an
192 additional 142 households, which have payments larger than 4,050 N\$ in a single month (see
193 Table A1 of the online appendix for a robustness check of our main results when excluding
194 these households).

195 Customers pay on average only about four times a year and then typically make bulk
196 payments in multiples of 50 N\$. These payments are, however, typically insufficient to cover
197 the amount that is charged by *NamWater*, such that many customers accumulate debt over
198 time.⁷ Figure A2 shows how unpaid invoices accumulate over the course of the study for each
199 of the treatment groups as well as the untreated comparison group. Customers can pay by cash
200 or bank transfer, but not through mobile phone credits. In practice, almost all customers pay in
201 cash.

202 2.2 Behavioral Diagnosis

203 We implemented a diagnostic pre-intervention survey via telephone in June 2015 with a
204 randomly selected sample (N=329) of *NamWater's* customers. Our research team of local

⁷ *NamWater* charges an interest rate of 9.75% per year. According to our data set, these interest rates are, however, not consistently charged.

205 students carried out these surveys and introduced themselves as part of a research team of the
206 *University of Cologne*. Our diagnostic approach has two components: Identifying potential
207 obstacles through behavioral mapping (based on Datta and Mullainathan, 2014) and
208 subsequently quantifying which of these obstacles are common in a randomly drawn sample
209 of the target population.

210

211 **Behavioral Mapping** – This component is based on the behavioral-design framework by Datta
212 and Mullainathan (2014).⁸ We first elicit the process of behaviors that customers have to go
213 through to settle their bills. The main steps of the payment process typically entail collecting
214 the bill from the post office, reading and understanding its content, traveling to payment points,
215 and making the actual payments. In addition, we include candidate obstacles into the
216 questionnaire suggested by the literature and by local experts. Questions address, for instance,
217 perception of water payments, personal and social norms, knowledge about sanctions for non-
218 payments, and demographics. This approach is an iterative and dynamic process in which one
219 set of questions may lead to the next set of questions and irrelevant questions get dropped
220 (following Datta and Mullainathan (2014)).

221 The survey also includes a dictator game. The purpose of the dictator game is to
222 measure the willingness to make payments in an incentive-compatible manner when customers
223 are freed of any implementation costs. Customers can win a lottery earning of about 50 USD
224 (roughly 45 hourly wages) for participation in the survey. We then ask participants how they

⁸ There are several alternative diagnostic approaches in psychology, in particular related to health behavior, notably the Theoretical Domains Framework (Atkins et al., 2017) and the closely linked Behaviour Change Wheel (Michie et al., 2011). While these are conceptually similar to Datta and Mullainathan (2014), they are more complex and use different terminologies and distinctions, as they speak to a different academic field.

225 would split the potential lottery earning between a direct mobile-phone credit transfer
226 (“Airtime”)⁹ and a repayment of arrears on their *NamWater* account. The exact question is: “In
227 case you get drawn as winner in our lottery, we can send you airtime or pay outstanding debts
228 on your *NamWater* account. Of the 500 N\$, please state the amount you want to receive in
229 airtime and the amount you want to repay debts of *NamWater* with”.

230

231 **Quantifying Obstacles** – We go beyond Datta and Mullainathan (2014) with our second
232 component: Since there were likely many obstacles, we need to identify the obstacles that were
233 common among a large fraction of customers and obstacles that could be addressed through
234 cost-effective and scalable solutions. We do so by running a phone-based survey with 329
235 randomly drawn customers out of all customers of which we had phone numbers. The final
236 questionnaire and summary statistics are provided in online appendices A3 and A4.

237

238 **Findings** – First, many customers suffer from informational frictions: 43% of customers report
239 receiving their postal invoice either late or not at all. This delivery problem has to be seen in
240 light of the fact that most customers do not own a mailbox at their residence and instead have
241 a post box in the nearest village or city.

242 Secondly, the vast majority seem to be willing to pay for water. For instance, 93% of
243 customers state that it is fair to pay for water, 86% state that others should pay for water, and
244 92% can name coherent reasons for this normative belief (e.g., “purification” or
245 “maintenance”). Since self-reported survey responses may suffer from a social-desirability
246 bias, we next turn to the incentivized dictator game. Customers would allocate, on average,

⁹ Airtime is a credit on mobile phones, which can be used for texting, phone calls, internet data packages as well as small purchases. Airtime can easily be transferred for free from one user to the next.

247 75% of a lottery prize (about 50 USD) to pay off arrears on their accounts.¹⁰ While
248 acknowledging the possible influences of a house-money and an experimenter-demand effect,
249 this nevertheless suggests that without any implementation obstacles, most customers are
250 willing to forego money to repay debt. This finding indicates a gap between the customers'
251 willingness to make payments and their actual payment behavior (intention-to-action gap). A
252 factor contributing to this gap are high transaction costs to make payments: About 95% of
253 respondents make cash payments. In order to pay, they need to travel, on average, 25 km to the
254 next payment point and spend about 47 minutes waiting in line. These logistical obstacles are
255 also a plausible reason why customers make infrequent payments (every three months, on
256 average). Our results provide surprisingly little support for reasons put forth by experts and in
257 the literature. For instance, there seem to be strong social norms supporting payments, which
258 runs counter to presumed beliefs that water is a "gift of God" and that households do not
259 understand the cost-recovery concept. For example, only 7% (N=24) of interviewees state that
260 it is unfair to pay for water. Our survey data also does not provide clear support that financial
261 inability is a reason for non-payment. We find no significant correlation between self-reported
262 household income and the self-reported fraction of the invoice being paid ($p=0.564$).

263 3. The Experimental Setup

264 The findings of the behavioral diagnosis inform our interventions. We use the following criteria
265 to guide the intervention design: First, the interventions implement established behavioral
266 mechanisms to tackle the diagnosed barriers to payments. Second, they can be delivered at
267 scale in the local context and in partnership with *NamWater*. Third, in order to generate

¹⁰ The distribution of choices is presented in Figure A5 of the online appendix. The winner of the lottery was called and asked to confirm the choice.

268 generalizable knowledge, the interventions ought to be transferable to similar contexts; and
269 fourth, they promise high cost-effectiveness based on existing empirical evidence. In the
270 following, we describe how our treatments meet these criteria.

271 We address informational frictions in the *basic* treatment by improving the presentation
272 and delivery of information: We offer a free monthly text-message service (SMS) that contains
273 simplified invoice information. The text-message service ensures that customers have easy
274 access to the invoice information in a non-technical language.¹¹ We target the intention-to-
275 action gap through psychological commitment mechanisms (e.g., Laibson, 1997; Ariely and
276 Wertenbroch, 2002). These elicit, through a phone call and a subsequent reminder by SMS, a
277 commitment either to a desirable self-concept (in the *self-concept* treatment) or to a concrete
278 action plan (in the *plan* treatment). Other obvious remedies to the high transaction cost of
279 payments, such as direct debiting and technological innovations like mobile payments, were
280 not possible at the time of the study.¹²

281 3.1 Treatments

282 **The Basic Treatment** – In the *basic* treatment, we call customers and offer a free monthly
283 text-message service in simplified language to ensure both access and understanding of the
284 invoice information. The message contains the total amount due as well as the water

¹¹ The short text format of the SMS also gave us the opportunity to simplify the wording of the invoice. We decided to use simplified language because, in a face-to-face survey conducted with a convenience sample (N=31) in Windhoek, Namibia's capital, about 45% of the participants were unable to indicate the total amount due when asked to explain a postal invoice.

¹² *NamWater* introduced some automated payment machines and a mobile payment bus after our intervention.

285 consumption (in N\$) of the last month. The text-message service did not substitute the regular
286 postal invoice. Text messages were sent every month from October 2015 until June 2016, timed
287 as closely as possible to the mailing of the written invoices. The *basic* treatment addresses the
288 diagnosed obstacle of undelivered invoices. Tables A6-A8 of the online appendix provide the
289 full telephone scripts and text message contents of all three treatments.

290

291 **The Self-Concept Treatment** – The *self-concept* treatment includes the content of the *basic*
292 treatment. On top, it intends to invoke a water-paying self-concept by asking customers four
293 similar questions, such as “How important is it to you to be a reliable water payer?”. In the
294 other three questions, the adjective *reliable* is replaced by either *good*, *responsible* or *debt-free*.
295 The first sentence of the text message in the *self-concept* treatment reminds customers of their
296 responses. It reads “Here is your invoice to you as a committed water payer”. We use nouns
297 (“water payer”) rather than verbs (“pay water”) because previous literature has shown that
298 interventions based on nouns are more effective, as these are more representative of one’s self
299 (Walton and Banaji, 2004) – think of “to lie” vs. “being a liar”. The questions are adapted from
300 Bryan et al. (2011), who use this type of intervention to mobilize voters in the US.¹³

¹³ In order to make sure that the self-concept treatment could be implemented in the local language (Oshiwambo), we conducted a pilot study in which we asked native speakers about their perception of “lying” and “being a liar” in Oshiwambo. As in English, the latter provoked stronger reactions. To ensure that the framings in the *self-concept* treatment had the same meaning in both languages, we used an extensive version of back-translation: We asked our 25 research assistants individually, who are fluent in both languages and did not translate from English to Oshiwambo, to back-translate the Oshiwambo wording to English. The back-

301 The *self-concept* treatment may work through two channels. First, it can make already
302 existing identities with respect to water payments salient. Second, it can induce customers to
303 commit to a new water-paying self-concept. The first channel is related to interventions that
304 prime identities and hence activate associated norms (Akerlof and Kranton, 2000; Benjamin et
305 al., 2010). For example, crime-related primes increase dishonest behavior among criminals,
306 but not regular citizens (Cohn et al., 2015). Priming the identity as a previous donor is more
307 effective for more regular donors (Kessler and Milkman, 2018). Priming bank employees of
308 their professional identity causes them to become more dishonest, whereas other professions
309 do not become more dishonest (Cohn et al., 2014). Low-caste boys in India solve mazes as
310 well as high-caste boys when caste is not revealed (Hoff and Pandey, 2014). The second
311 channel builds on the notion that individuals' identities are not fixed, but constantly maintained
312 and shaped through one's actions (behavior-identity link). According to this literature,
313 individuals have uncertainty about their identity and inform themselves about their types by
314 observing their actions (Bem, 1967; Bénabou and Tirole, 2011; Bryan et al., 2011). Individuals,
315 therefore, have an incentive to choose actions that signal that they are a "good" type.

316 Importantly, the two channels make different predictions about the effectiveness of the
317 intervention among customers with bad payment history. Priming high-debt customers of their
318 non-paying identity might lead to an activation of non-paying norms. This could cause them to
319 make even fewer payments in the future. Given that many customers have arrears, the
320 intervention may in this case backfire. The second channel, by contrast, predicts increased
321 water payments even for high-debt customers, because the *self-concept* intervention frames
322 future behavior as a way to claim a desired identity. Since our pre-intervention survey

translation showed that the wording was very similar in both languages. We investigate the
relevance of language in Section 5.6.

323 suggested a high social desirability of paying regardless of respondents' debt status, backfiring
324 among high-debt customers seems unlikely.

325

326 **The Plan Treatment** – The *plan* treatment is also implemented on top of the *basic* treatment.

327 The *plan* treatment elicits specific action plans of customers about how, when, and where they

328 would make payments, and asks them to commit to their plans to pay. As in the *self-concept*

329 treatment, the first sentence of the text message intends to remind customers of their responses.

330 Its wording is unique to the *plan* treatment and reads “As a reminder to your commitment to

331 pay”. There are several reasons how plan-making interventions might help individuals to

332 follow through on their intentions (Rogers et al., 2015; Beshears et al., 2016; Abel et al., 2019).

333 First, plan-making serves as a commitment and is arguably more effective when the

334 commitment is made in front of others. Second, plan-making helps to overcome logistical

335 obstacles, as individuals are prompted to think about specific implementation steps. Lastly,

336 plan-making works as a reminder, as individuals are less likely to forget to act upon their

337 intentions when they have specific plans to pay. We will discuss the role of these factors in our

338 setting in Section 5.

339 3.2 Conducting the Experiment

340 We preregistered the experiment at the AEA RCT registry (AEARCTR-0000925). To

341 randomize, we create three groups among the 12,719 *NamWater* customers whose account

342 information includes a mobile phone number. Compared to private customers without a

343 registered mobile phone number in our data set, these show a similar payment as well as

344 consumption behavior in the pre-intervention year and accumulate a similar level of debt per

345 month. As they represent more recently opened accounts, the overall level of debt is lower.

346 That accounts with an associated phone number are, on average, older may be explained by the

347 fact that mobile-phone ownership rose exponentially from almost non-existent in the 2000s.¹⁴

348 Table A9 provides summary statistics of the non-experimental sample.

349 We use the min-max t-stat method (see Bruhn and McKenzie, 2009) stratified by
350 geographical location (proxied by pipeline location to which a customer is connected) with
351 1,000 re-randomizations. We balance between each pair of treatments on the following
352 variables of the pre-intervention year: number of payments made, yearly payment ratio (sum
353 of payments divided by sum of invoices), number of months as a *NamWater* customer, debt
354 amount, and total invoice amount.

355 To call the 12,719 phone numbers, we set up a call center with 25 local students on
356 *NamWater*'s premises in *Windhoek* in the last two weeks of September 2015. All phone callers
357 took part in a three-day workshop and received in-depth training, including mock calls and
358 regular feedback. Treatments are balanced within day and phone caller. This ensures that
359 treatment effects are not confounded by time (e.g., "end-of-the-month effects") or phone-caller
360 idiosyncratic effects (e.g., gender or friendliness). Phone callers received their daily
361 assignments in the morning briefing. Daily briefings in the morning and afternoon ensured that
362 any questions from customers were handled in the same way.

363 All interactions with customers were fully scripted, practiced and the adherence to the
364 script rigorously monitored. This procedure ensured high control of the content of the phone
365 calls. A phone call usually lasted about 3-5 minutes and was limited to this one conversation.
366 The phone callers coded the answers given to the questions as well as the interviewee's gender
367 and the language of the phone call. The phone callers were trained and reminded to be as
368 friendly and helpful as possible. All customers were called up to three times if the customer

¹⁴ Mobile cellular subscription for Namibia can be found in the International Telecommunication Union (ITU) World Telecommunication/ICT Indicators Database (<https://data.worldbank.org/indicator/IT.CEL.SETS.P2?locations=NA>).

369 could not be reached during a previous call attempt. We managed to talk to 9,823 (77%) of the
370 assigned customers, which we will refer to as the intention-to-treat (ITT) sample. The majority
371 of the customers we could not reach had inactive or wrong phone numbers or were not
372 answering the phone. Note that these types of non-responses cannot cause a self-selection bias
373 in the estimation of the treatment effects since unreachable customers cannot know that they
374 were assigned to a treatment.

375 Table 1 shows summary statistics (mean, standard deviation, 25th percentile, median
376 and 75th percentile) for the *basic*, *self-concept*, and *plan* group for the pre-intervention year, as
377 well as balance tests. The sample is well balanced with no statistically significant mean
378 differences between the *basic* treatment and the *self-concept* and *plan* treatment. Note that the
379 standard deviations are relatively large for many of our variables, highlighting the considerable
380 heterogeneity of customers in our sample.¹⁵

381

382 [Table 1 about here]

383

384 Summary statistics on the implementation of the intervention are presented in Table 2. Based
385 on the phone callers' feedback, the vast majority of customers were delighted about the
386 introduction of the SMS, which is reflected in near-universal take-up (about 98%). Roughly
387 12% of text messages each month are on average undeliverable (after automated retries) over
388 the nine-month period. Typical reasons are technological restrictions such as network errors,
389 deactivated numbers, or switched-off phones. Attrition rates are around 1.4%. There is no
390 statistically significant difference in attrition rates between treatments, nor among observable

¹⁵ The same table without top-coding variables is reproduced in Table A10. Top-coding reduces the influence of outliers on the mean value of the variables.

391 characteristics. In most cases, customers attrite from the data because they have become
392 inactive.¹⁶

393

394 [Table 2 about here]

395

396 Customers show a high commitment with respect to paying for water, which is what we
397 expected given the answers in our pre-intervention survey. In the *self-concept* treatment, about
398 96% of customers (i.e., even those with very high debt) state that being a reliable water payer
399 is either very important or important to them. In the *plan* treatment, about 87% of customers
400 make plans to pay during October, the month after the phone calls. 49% of customers mention
401 more than four concrete steps of the payment process and thus provide relatively detailed plans.
402 Lastly, about 72% of interviews were conducted in Oshiwambo (the local language in our study
403 region).

404 The cost for the intervention itself was low. A back-of-the-envelope calculation
405 suggests costs of about 1 USD per customer for a 5-minute phone call and the text messages
406 over 9 months. The text messages cost 60 cents per customer and conducting a phone call costs
407 38 cents, including personnel cost for the phone caller and providing the necessary materials.

408

409 3.3 Estimation Strategy

410 The infrequent payments of customers result in a large fraction of zeros in the dataset (66%).
411 Furthermore, as is common for expenditure data, the distribution has a large variation (the

¹⁶ Inactivity means that the account shows no account activity anymore (no payments or consumption). Accounts become inactive, for example, due to moving out, passing away, or being terminally disconnected from the water network.

412 standard deviation is about twice the mean), is heavily right-skewed, and includes outliers. We,
413 therefore, need a statistical model that can handle the large fraction of zeros and the skewness
414 in the data.

415 In our main specification, we model the data-generating process by separately
416 estimating the extensive margin (whether a customer pays or not) and the intensive margin (the
417 payment amount condition on making a payment) through a two-part model. At the intensive
418 margin, we apply the log-transformation to bring the payment data closer towards normality,
419 without losing any observations. The combined effects of the two parts of the model are
420 obtained by multiplying the predictions from these (Belotti et al., 2015). A further advantage
421 of a two-part model is that the estimated effects on the extensive and the intensive margin are
422 more informative than one aggregated absolute effect.

423 In addition, we also report the result from a typical transformation that is recommended
424 instead of the log-transformation when the data includes a substantial fraction of zero values
425 (Bellemare and Wichmann, 2020), the inverse hyperbolic sine (IHS). Online appendices A11
426 and A12 provide a more detailed discussion of our data as well as estimation strategy and
427 compare different estimation approaches via simulations. Table A13 shows the robustness of
428 our results to alternative outcome variable transformations.

429 4. Experimental Results

430 This section analyzes how the two commitment treatments affect payment behavior beyond the
431 effect of the *basic* treatment. The additional effect of the *basic* treatment in comparison to an
432 untreated group is evaluated in Section 6.

433 The left panel of Table 3 shows the intention-to-treat effects (ITT) in the first month
434 after the intervention (October). Column 1 shows the marginal effects at means on the extensive
435 margin (probability of making a payment) through a probit regression. The outcome variable
436 of this model is dummy-coded, with 1 representing a payment in the respective month. Column

437 2 shows the effects on the intensive margin (the effect on the natural logarithm of the payment
438 amount conditional on it being larger than zero). Column 3 estimates the combined effects of
439 columns 1 and 2, using a two-part model which multiplies the predictions from columns 1 and
440 2 (Belotti et al., 2015). Fitted values from the log transformation of the two-part model are
441 obtained using Duan's (1983) smearing retransformation and standard errors are obtained by
442 bootstrapping. We control for the pre-treatment values of the variables and strata used for
443 randomization in the regression, as recommended by Bruhn and McKenzie (2009). Columns
444 5-8 run the same statistical models as in columns 1-4 on the pooled monthly data from
445 November to June, i.e., there are now eight observations per customer. All standard errors are
446 clustered at the customer level.

447 [Table 3 about here]

448

449 **Result 1:** In the first month after the intervention, both commitment interventions significantly
450 increase payments compared to the *basic* treatment: average payments increase by about 10%
451 in the *self-concept* treatment and by about 26% in the *plan* treatment.

452

453 The *self-concept* treatment increases the likelihood of paying by 2.8 percentage points
454 ($p=0.015$) and the *plan* treatment by 7.5 percentage points ($p<0.001$). The results are robust to
455 multiple hypothesis adjustment using the conservative Bonferroni adjustment ($p^{adj}=0.030$ and
456 $p^{adj}<0.001$) for two treatment arms (Savin, 1980). On the intensive margin, i.e., conditional on
457 paying, both point estimates are positive (approximately 1.3 and 3.5 percent), yet statistically
458 insignificantly different from zero. The estimated combined effect from the two-part model for
459 the *self-concept* treatment is 17.40 N\$ ($p=0.071$) and for the *plan* treatment 46.58 N\$
460 ($p<0.001$). This corresponds to an estimated increase of 10% and 26%, respectively, in
461 comparison to the mean value of the *basic* treatment in October (178.89 N\$). To put this into

462 perspective, an hourly wage at the time of the study corresponds to about 15 N\$ or about 1.11
463 USD (Namibian Statistics Agency, 2016). This means that the *self-concept* treatment increases
464 average payments by about one and the *plan* treatment by about three hourly wages.

465 The inverse hyperbolic sine estimates show even larger and statistically significant
466 overall effects on the payment amount: 19.7% ($p=0.012$) in the *self-concept* treatment and
467 59.5% ($p<0.001$) in the *plan* treatment. The suggested effect sizes of the IHS and other
468 logarithmic transformations, however, should be interpreted with caution. The results of our
469 simulation exercise (Table A12) show that these tend to overestimate the true effects in the
470 presence of an excess of zeros.

471

472 **Result 2:** The effectiveness of the commitment treatments wanes over time, but the treatments
473 show no rebound effect.

474

475 Treatment effects over time are shown in columns (5-8) in Table 3. The behavioral expectations
476 were unclear ex-ante. On the one hand, the literature on consistency and habit formation
477 suggests positive spillovers from short-term to long-term effects. On the other hand, negative
478 rebound effects might offset the short-term effects because households might budget over time
479 such that higher payments now induce lower payments in the future (see e.g., Szabó and
480 Ujhelyi, 2015) or because of psychological licensing effects (Merritt et al., 2010). We find no
481 evidence of such negative effects. If anything, we find that the *self-concept* treatment increases
482 the likelihood of paying by about 1.3 percentage points per month ($p=0.009$) in comparison to
483 the *basic* treatment. However, the estimated average combined treatment effect from the two-
484 part model is insignificantly different from zero ($p=0.457$ and $p=0.614$, respectively).

485 5. Discussion of Mechanisms

486 So far, we have argued that our psychological commitment treatments affect payment behavior
487 through a commitment to either a specific payment plan or to a desirable self-concept, which
488 narrows the gap between intentions and actual payment behavior. However, there are other
489 mechanisms that could potentially drive the treatment effects. In the following, we discuss a
490 number of alternative explanations and argue that they are unlikely to account for our treatment
491 effects.

492 5.1 Scrutiny

493 One might be concerned that the commitment treatments change customers' perceptions of
494 being scrutinized by *NamWater*, similar to the effects of scrutiny on reducing tax evasion
495 through more truthful reporting by the taxpayers (e.g., Bott et al., 2020). In our context,
496 however, the amount of money owed is not self-reported. Instead, it is calculated from the
497 amount of water consumption that is read from the water meters by the water utility itself.
498 Thus, in contrast to the literature on tax evasion, the utility already knows what needs to be
499 paid. In addition, the *basic* treatment ensures that current account balances are common
500 knowledge, in particular for those customers who do not receive or understand their mailed
501 invoice.

502 5.2 Enforcement of Sanctions

503 Another concern could be that the commitment treatments serve as a signal about the
504 probability of being sanctioned by the utility company. While we cannot rule this out entirely,
505 there are several arguments against such an interpretation. If the company would like to enforce
506 sanctions against customers, they are required to state so explicitly. Before customers are
507 placed on a "cut-off list", they are contacted several times and receive a warning letter that
508 informs customers which steps they have to take to avoid disconnections, for example by
509 agreeing to a debt repayment plan. Disconnections are, in any case, very difficult to implement

510 due to ethical (water as a basic human right), technical and logistical constraints (e.g., due to
511 limited staff) and are thus rarely enforced.

512 It is not obvious why customers could have confused our intervention with a threat of
513 being sanctioned. Our phone call was framed as a service and “getting to know customers”.
514 The phone callers were very polite and friendly during the phone calls. Judging from the daily
515 reports of our phone callers on their interaction with customers as well by the almost universal
516 take-up of the SMS, customers had a very positive perception of the intervention. We are
517 unaware of any callbacks to the customer care center asking whether the phone calls implied
518 potential sanctions. Furthermore, *NamWater* implemented debt-forgiveness programs in the
519 past, which may signal leniency rather than sanctions. Note also that any effect that comes
520 merely from being contacted by phone calls of the water utility and by receiving short messages
521 would already be captured by the *basic* treatment.

522 Nevertheless, to investigate this potential channel further, our dataset allows us to
523 estimate whether customers that qualify for disconnections react differently to the treatment
524 than customers that do not qualify for disconnections. According to the statement on the
525 invoice, the water supply may be cut off if an invoice is not paid within 45 days. While this
526 does not exactly match *NamWater*'s internal threshold at which sanctions are enforced, it may
527 be the information that customers use, when wondering whether our interventions imply that
528 sanctions are now more likely. To analyze heterogeneous effects, we split our sample into three
529 groups of customers based on pre-treatment payment behavior. The first group comprises
530 customers that pay in advance and thus have paid more than they owe (18% of the sample).
531 The second group contains customers that have arrears, but paid their invoices before 45 days

532 are over and thus are not eligible for sanctions (41%).¹⁷ The last group comprises customers
533 that have arrears that would make them eligible for disconnections (41%), but – as mentioned
534 earlier – are rarely disconnected in practice. If our treatments affected behavior by changing
535 beliefs about the enforcement of sanctions, we would expect the latter group to react most
536 strongly. Heterogeneous treatment effects for the three groups are displayed in Table 4.

537

538 [Table 4 about here]

539

540 We do not find treatment differences between customers of the second and the third
541 group (i.e., between customers with debt above and below the disconnection “eligibility”
542 threshold). The effect on the propensity to pay is very similar between customers in both
543 groups. The combined effects of the two-part model are also statistically insignificantly
544 different between the two groups in the *self-concept* and the *plan* treatment ($p=0.670$ and
545 $p=0.457$, Wald test). On a different note, this also suggests that the intervention is similarly
546 effective for customers with high relative debt.¹⁸

¹⁷ Since *NamWater* uses monthly data, we classify customers in that group if their billed debt does not exceed their last two invoices (i.e., they have no debt that is older than 60 days).

¹⁸ In a second test, we mirror *NamWater*’s internal rule to decide against which customers to initiate sanctions, as we do not have comprehensive access to the sanctioning lists of *NamWater*. *NamWater*’s approach to decide whom to sanction is to divide customers’ debt by their invoice (a rough measure of how many bills are unpaid) and to initiate enforcement action against the most severe debtors. In Table A14, we median-split our sample into two groups based on that metric, with the high-debt group being much more likely to face or have faced sanctions. The treatment effects among both groups remain similar, suggesting that there are

547 5.3 Reminders and Personal Contact

548 Since we compare the commitment treatments to the *basic* treatment (instead of an untreated
549 control group), we can rule out another set of alternative explanations. The phone call and the
550 free text-message service serve as a reminder to pay (e.g., Cadena and Schoar, 2011; Karlan et
551 al., 2016a) in all three treatments. Hence, any additional effect from the two commitment
552 treatments cannot be explained by being reminded. Similar arguments hold true for having
553 unexpected personal contact with the phone caller (Karlan et al., 2016b) and for showing
554 reciprocity for the water company reaching out to its customers (Szabó and Ujhelyi, 2015).

555 5.4 Logistical Hurdles (Plan Treatment)

556 Besides its function as a commitment device, planning prompts might help individuals follow
557 up on their intentions by overcoming logistical obstacles. Logistical obstacles should be larger
558 for customers who live further away from their postboxes. If the *plan* treatment helped to
559 overcome logistical obstacles, we would expect the *plan* treatment to be more effective among
560 customers that have to cover longer distances to make payments (more time and more logistical
561 steps). To estimate heterogeneous treatment effects with respect to travel distance to the post
562 box, we collect geo-location proxies for a subsample of customers for which these are
563 available. Estimates are provided in Table A15. We do not find statistically significant
564 heterogeneous treatment differences.¹⁹

no differences between customers against whom *NamWater* is more likely to have already
initiated enforcement action.

¹⁹ We proxied a customer's travel distance to the post office by estimating the street distance
between the midpoint of a customer's pipeline scheme (our most precise geographical location
identifier) and the location of the post office (village or city) where the postbox was located.

565 5.5 No Evidence of Priming (Self-concept Treatment)

566 A potential concern of the *self-concept* treatment is that non-paying customers might be primed
567 with a non-paying self-concept and thus pay even less in the future. The intervention would
568 then backfire among customers with high debt. However, we find that the *self-concept*
569 treatment increases payments even for customers who, given their payment history, have little
570 reason to think of themselves as responsible or debt-free water payers (see Table 4). Evidence
571 on the effectiveness among such groups is, to the best of our knowledge, missing. This
572 distinguishes the effects of our *self-concept* treatment from typical findings in the priming
573 literature (see Section 3). Our results, therefore, suggest that the intervention does not prime a
574 fixed identity. Instead, the commitment to being a responsible water payer allows them to claim
575 a desirable identity.

576 5.6 Treatment Differences with Respect to Language

577 Another concern, in particular for the *self-concept* treatment, is whether the psychological
578 commitment depends on the language in which it is expressed. Oshiwambo is the native
579 language of around 80% of the population where the experiment was conducted. In addition to
580 Oshiwambo, we also offered to communicate in English. Most likely, English was chosen by
581 the respondents (in about a fourth of the phone calls, see Table 2) as a language of the
582 conversation if their mother tongue was one of the many other languages spoken in Namibia
583 and they felt more fluent in English than in Oshiwambo. We find that phone calls conducted in
584 Oshiwambo are associated with much stronger treatment effects than phone calls in English

We further restricted our sample to customers who had their postbox within the experimental region, as some customers had their invoices sent to Windhoek or other parts of Namibia (relatives or second home).

585 (see Table A16). This suggests that commitment works better when expressed in one's mother
586 tongue. Note, however, that this is only tentative evidence as the language of the phone calls
587 was chosen by the respondents. Therefore, we cannot control for potential and unobservable
588 confounding factors that might drive these heterogeneous treatment effects.

589 6. Effectiveness of the Basic Treatment

590 This section estimates the effect of the *basic* treatment in comparison to an *untreated*
591 comparison group. We estimate the treatment effect of the *basic* treatment in comparison to an
592 *untreated* group, using matching methods. We match customers in the *basic* treatment with
593 customers whom we never had contact with but are from the same region as the customers
594 from our experimental sample. The matching group comprises customers who did not provide
595 a phone number when they set up their account as well as customers whom we tried
596 unsuccessfully to reach three times and consequently never actually had contact with, for
597 example, because of network errors, outdated phone numbers, or unanswered calls (N=8,902).
598 The *untreated* group is therefore not part of the randomization process. This allowed a higher
599 number of observations and thus higher statistical power for our commitment treatments. Note
600 that take-up of the treatment among the *untreated* group is impossible. Therefore, the most
601 important concerns of non-randomized designs (self-selection and targeting of program
602 participants based on their pre-intervention payment history) do not apply. Another concern
603 could be that customers without a registered phone are more liquidity-constrained than
604 customers with a registered phone and hence less able to pay. However, not having a registered
605 phone number seems to correlate with the age of the account, rather than with the customer's
606 ability to pay the bills (see Table A9 and Figure A2). Furthermore, our rich panel dataset allows
607 us to construct groups with similar pre-intervention levels and parallel pre-intervention trends.
608 The age of the account is included in our set of matching variables (see Table 5 for a full list).

609 For our main estimation, we use entropy balancing (Hainmueller, 2012) to create a
610 comparison group for the *basic* treatment. Entropy balancing is a procedure that reweights
611 sample units, such that the reweighted control group is balanced between treatment and control
612 group with respect to a set of predefined covariates. Entropy balancing ensures high covariate
613 balance, even for larger sets of covariates, and allows matching beyond the first moment of a
614 variable. As a robustness check, we provide estimates from a second matching method,
615 coarsened exact matching (Iacus et al., 2012), to show insensitivity with respect to the matching
616 procedure (see Table A17). Coarsened exact matching (CEM) creates sets of strata for pre-
617 defined covariates and then finds matches (in the control and treatment group) that share these
618 strata. The advantage of both methods over the more popular propensity score matching is that
619 they guarantee a reduction in covariate imbalance (King and Nielsen, 2019).

620 We test for differences in levels and trends between our matched comparison groups
621 and the *basic* treatment with respect to payment amount, payment propensity, debt, and water
622 consumption to ensure successful matching. Table A18 shows that for both matching methods
623 there are no statistically significant differences between the *basic* and the matched *untreated*
624 groups, with respect to levels or trends over time. Table 5 shows the treatment effects from
625 entropy balancing, using the regression models as in previous tables.

626

627 [Table 5 about here]

628

629 **Result 3:** The *basic* treatment increases average payments by about 29% in the first month of
630 the intervention in comparison to an untreated group. Over the course of the intervention, the
631 *basic* treatment increases average payments by about 8%.

632

633 The treatment effects on payments are largest in the first month of the intervention (October)
634 when the payment amounts increase by about 43.33 N\$ in the *basic* treatment ($p < 0.001$). This
635 corresponds to an increase of 29% (to the respective untreated payment mean). This effect is
636 quite large and corresponds to about 2-3 hourly wages. This means that our two commitment
637 treatments lead to a short-term increase in payments of 39% and 55%, respectively, in
638 comparison to an untreated group.

639 For the *basic* treatment, we find that there is a strong and lasting effect on the payment
640 propensity over the course of the study ($p < 0.001$). This is particularly interesting given the
641 substantial transaction costs of making payments. There is a negative effect on the intensive
642 margin ($p = 0.003$), which may be due to budgeting effects or lower amounts of outstanding
643 debt. The treatment effect of the two-part model shows an increase in payments of 8.93 N\$
644 ($p < 0.001$), which corresponds to a persistent increase of about 8% in comparison to the
645 untreated payment mean.

646 7. Conclusion

647 Designing effective interventions hinges on understanding the local context and the relevant
648 obstacles to behavioral change (e.g., List, 2011; Duflo, 2017). Yet, Rodrik's (2010) observation
649 that the process of diagnosing before prescribing is rarely made explicit still seems valid today.
650 Our study makes this process more transparent. We diagnose which behavioral obstacles are
651 most common at scale through simple diagnostic tools – a survey of a randomly selected sample
652 of the target population – before designing and implementing interventions. In a setting where
653 sanctioning tools are difficult to implement, we diagnose two unexpected obstacles that can be
654 addressed through soft, scalable, and cost-effective interventions. Our treatments target
655 informational frictions and make use of psychological commitment techniques to narrow the
656 gap between customers' willingness to pay and their actual payment behavior. Initially,
657 payments increase by 29% to 55% (depending on treatment). While the impact of the *basic*

658 treatment is long-lasting, the effectiveness of the psychological commitment techniques wanes
659 over time.

660 Our diagnosis led to different interventions than if we had followed the previous
661 literature on non-payment for public utilities or advice of local experts. Merely relying on
662 experts' advice may indeed have only limited value, as shown by DellaVigna and Pope (2018).
663 The treatment effects of our interventions compare favorably to a much more costly
664 intervention (a door-to-door campaign) in South Africa's water sector (Szabó and Ujhelyi,
665 2015), to large-scale nudges in the US (DellaVigna and Linos, 2022), and tax compliance
666 nudges, in particular in light of their lower effectiveness in low- and middle-income countries
667 (Antinyan and Asatryan, 2019). Against the backdrop of White's finding (2019) that 80% of
668 large-scale interventions show weak or no positive effects, one may wonder whether the failure
669 rate of interventions may be lowered by first surveying a random sample of the target
670 population before designing interventions. As our study lacks a counterfactual to our diagnostic
671 approach, it would be highly worthwhile for future research to measure its potential benefits.

672 Our intervention only targets customers that can be reached by phone. As mobile phone
673 coverage is already widespread and increasing even in low-income countries, this is becoming
674 even less of a restriction for future interventions. On the other hand, phone-based interventions
675 may have to increasingly compete against other interventions or campaigns for the attention of
676 phone users. A related concern is whether the treatments cause negative spillover on the
677 payments of other utility bills. While we did not measure such spillovers in our experiment, a
678 related study by Tonke (2023) suggests that water utility bill payments do not systematically
679 crowd out payments of other utility bills. Given the short-lived effects of the psychological
680 commitment treatments, future research may also address whether and how the psychological
681 commitment treatments could be adapted to yield a longer-term impact. Possibly, repeatedly
682 eliciting a plan to pay would have resulted in more sustainable effects.

683 Learning more about how to reap long-term impact is also worthwhile in light of the
684 many domains where non-compliance is an important issue, such as tax evasion (e.g.,
685 Hallsworth et al., 2017) and non-payment of fees (e.g., Fellner et al., 2013). Little attention has
686 hitherto been devoted to the question whether a substantial share of individuals regularly fail
687 to act despite their earnest intention to comply. The presence of intention-to-action gaps offers
688 policy options in contexts when it is difficult to further increase motivation to comply, e.g.
689 because sanctioning or monitoring tools are difficult to implement

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Table 1. Pre-intervention Summary Statistics (ITT Sample)

| | Mean | SD | P25 | Median | P75 | Mean diff. to Basic | p- value |
|-------------------------------|--------|---------|-------|--------|--------|---------------------------|-------------|
| Basic (N= 3,300) | | | | | | | |
| Payment in N\$ | 100.16 | 237.30 | 0 | 0 | 100 | - | - |
| Payment in N\$ if >0 | 292.98 | 378.06 | 81 | 158 | 315 | - | - |
| Consumption in N\$ | 125.49 | 228.38 | 21.20 | 53.70 | 119.40 | - | - |
| Number of payments | 4.15 | 2.75 | 2 | 4 | 6 | - | - |
| Debt in N\$ | 510.36 | 1274.77 | 31.95 | 138.55 | 456.67 | - | - |
| Account age in month | 44.30 | 39.22 | 19 | 34 | 53 | - | - |
| Self-Concept (N=3,312) | | | | | | | |
| Payment in N\$ | 100.07 | 237.02 | 0 | 0 | 100 | -0.089 | 0.971 |
| Payment in N\$ if >0 | 292.78 | 381.82 | 85 | 156 | 301 | -0.202 | 0.979 |
| Consumption in N\$ | 123.15 | 223.92 | 26.70 | 53.70 | 115.70 | -2.335 | 0.462 |
| Number of payments | 4.18 | 2.69 | 2 | 4 | 6 | 0.028 | 0.683 |
| Debt in N\$ | 466.68 | 1203.76 | 37.27 | 125.61 | 406.75 | -43.67 | 0.165 |
| Account age in month | 45.37 | 39.70 | 19 | 34 | 55 | 1.070 | 0.281 |
| Plan (N=3,264) | | | | | | | |
| Payment in N\$ | 99.77 | 237.64 | 0 | 0 | 100 | -0.392 | 0.875 |
| Payment in N\$ if >0 | 292.03 | 379.47 | 80 | 155.50 | 300 | -0.953 | 0.903 |
| Consumption in N\$ | 124.31 | 227.86 | 21.66 | 50.75 | 111.65 | -1.179 | 0.717 |
| Number of payments | 4.15 | 2.70 | 2 | 4 | 6 | <0.001 | 0.990 |
| Debt in N\$ | 495.59 | 1334.25 | 31.65 | 127.33 | 417.36 | -14.77 | 0.657 |
| Account age in month | 45.11 | 39.61 | 19 | 34 | 55 | 0.812 | 0.415 |

Notes: The table reports summary statistics of the pre-intervention year for the ITT sample. All continuous variables are top coded (winsorized) at the 99th percentile. The unwinsorized data can be found in Table A10. The table provides mean, standard error, 25th percentile, 50th percentile and 75th percentile. The last two columns test for pre-treatment differences in means before the intervention using an OLS regression with treatment dummies and standard errors clustered at the customer level. We report the regression coefficients and p-values of the two commitment treatments in comparison to the *Basic* treatment.

Table 2. Summary Statistics of the Implementation

| Treatment | Take-up rate | Delivery rate of text messages | Attrition rate | Most common commitment answer | 2 nd -most common commitment answer | Plans to pay in October | Phone call in Oshiwambo |
|---------------------|--------------|--------------------------------|----------------|-------------------------------|--|-------------------------|-------------------------|
| <i>Basic</i> | 0.990 | 0.883 | 0.014 | - | - | - | 0.703 |
| <i>Self-concept</i> | 0.972 | 0.885 | 0.013 | 0.627 (V. import.) | 0.329 (Important) | - | 0.736 |
| <i>Plan</i> | 0.974 | 0.884 | 0.016 | 0.494 (4+ steps) | 0.441 (2-3 steps) | 0.865 | 0.733 |

Notes: The column “Most common commitment answer” shows the answer that was given most frequently by customers when the phone callers implemented the self-concept or plan treatment (i.e., “Very important” or at least 4 concrete implementation steps). 2nd-most common commitment answer shows the second most frequently elicited answer (i.e., “important” or “2-3 concrete implementation steps”).

Table 3. ITT Effects in Comparison to Basic Treatment

| | Initial month (October) | | | | Medium term (November-June) | | | |
|-----------------|--|---|---|---|--|--|---|--|
| | (1) Payment propensity (binary) | (2) Log (Payment amount >0) | (3) Combined Effect on payment amount | (4) IHS Payment amount in N\$ | (5) Payment propensity (binary) | (6) Log (Payment amount >0) | (7) Combined Effect on payment amount | (8) IHS Payment amount in N\$ |
| Self-concept | 0.028** (0.011) | 0.013 (0.031) | 17.403* (9.631) | 0.180** (0.071) | 0.013*** (0.005) | -0.023 (0.021) | 1.499 (2.017) | 0.068** (0.029) |
| Plan | 0.075*** (0.012) | 0.035 (0.031) | 46.573*** (10.176) | 0.467*** (0.072) | 0.009* (0.005) | -0.033 (0.021) | -1.047 (2.077) | 0.041 (0.030) |
| Comparison mean | 0.522 | 5.178 | 178.891 | 3.063 | 0.393 | 5.157 | 120.957 | 2.302 |
| Observations | 9,823 | 5,456 | 9,823 | 9,823 | 78,025 | 31,291 | 78,025 | 78,025 |
| R-Squared | 0.115 | 0.330 | - | 0.128 | 0.089 | 0.173 | - | 0.107 |
| Model | Probit | OLS | Two-part model | OLS | Probit | OLS | Two-part model | OLS |

Notes: The table reports ITT effects in comparison to *basic*. Column 1 shows the treatment effects of a probit regression (marginal effects at means). Column 2 shows OLS estimates on the intensive margin. Column 3 uses a two-part model (Belotti et al., 2015) to get an estimate of the combined effect. Standard errors are obtained by bootstrapping. Column 4 shows OLS estimates on the inverse hyperbolic sine (IHS) of payment amount. Regressions control for pre-treatment means of the variables used for randomization as well as geographical location (proxied by pipeline connection), phone caller fixed effects and date of phone call fixed effects. Control variables are top coded at the 99th percentile. Columns 5-8 show treatment effects on the pooled monthly data from November to June (eight obs. per customer). Columns 5-8 also include year-month fixed effects. Robust standard errors are clustered at the customer level (if applicable). * $p < 0.1$; ** $p < 0.05$; *** $p < 0.01$

Table 4. No Heterogeneous Treatment Effects with Respect to Sanctioning Probability

| | (1) Payment propensity (binary) | (2) Log (Payment amount >0) | (3) Combined Effect on payment amount | (4) IHS Payment amount in N\$ |
|---|--|--|---|---|
| Self-concept (prepayers) | 0.004 (0.030) | 0.080 (0.086) | 19.970 (23.880) | 0.056 (0.178) |
| Self-concept (below cut-off threshold) | 0.030* (0.017) | -0.002 (0.037) | 13.580 (11.496) | 0.170* (0.095) |
| Self-concept (above cut-off threshold) | 0.029 (0.018) | 0.034 (0.064) | 21.479 (16.806) | 0.215* (0.126) |
| Plan (prepayers) | 0.016 (0.029) | 0.045 (0.085) | 17.698 (23.411) | 0.135 (0.177) |
| Plan (below cut-off threshold) | 0.090*** (0.017) | 0.006 (0.038) | 43.568*** (12.196) | 0.484*** (0.096) |
| Plan (above cut-off threshold) | 0.081*** (0.018) | 0.094 (0.061) | 59.030*** (17.255) | 0.577*** (0.127) |
| Observations | 9,823 | 5,456 | 9,823 | 9,823 |
| R-squared | 0.123 | 0.352 | - | 0.135 |

Notes: The table reports ITT effects on payment behavior for October 2015 in comparison to the *basic* treatment. We split our sample into subgroups w.r.t. their eligibility of getting sanctioned based on pre-treatment data. Column 1 shows the treatment effects of a probit regression (marginal effects at means). Column 2 shows OLS estimates on the intensive margin. Column 3 uses a two-part model (Belotti et al., 2015) to get an estimate of the combined effect. Fitted values from the log transformation of the two-part model are obtained using Duan's (1983) smearing retransformation and standard errors are obtained by bootstrapping. Column 4 shows OLS estimates on the inverse hyperbolic sine (IHS) of payment amount. We include pre-treatment means of the variables used for randomization as well as geographical location (proxied by pipeline connection), phone caller fixed effects and date of phone call fixed effects. Control variables are top-coded at the 99th percentile. Standard errors (in parentheses) are clustered at the customer level to account for serial correlation. * $p < 0.1$; *** $p < 0.01$

| | (1) Payment propensity (binary) | (2) Log (Payment amount >0) | (3) Combined Effect on payment amount | (4) IHS Payment amount in N\$ |
|--------------------------------|--|--|---|---|
| Initial Month (October) | 0.088*** (0.012) | 0.038 (0.038) | 43.332*** (8.728) | 0.539*** (0.073) |
| Medium term (November-June) | 0.052*** (0.006) | -0.073*** (0.025) | 8.929*** (2.466) | 0.278*** (0.036) |
| Comp. mean (Oct.) | 0.440 | 5.157 | 150.199 | 2.577 |
| Comp. mean (Nov.-June) | 0.347 | 5.244 | 114.154 | 2.060 |
| Model | Weighted probit | Weighted OLS | Weighted Two-part model | Weighted OLS |

Notes: The regressions show treatment effects of the *basic* treatment in comparison to the matching comparison group, using entropy balancing. We match on the following pre-intervention variables, which closely resemble those used for randomization: Biannual payment propensity, biannual payment amount (if payment amount is >0), debt in month before intervention, age of account, fraction of bill paid, inverse hyperbolic sine of water consumption, inactivity (no water consumption) in the month prior to intervention and total months of inactivity in the pre-intervention year. Entropy balancing uses a weighted sample of untreated customers to match the treated customers, which results in a match of 3,046 *basic* treatment customers, with 7,090 weighted untreated customers. Some customers in the *basic* treatment are not matched because they have missing pre-treatment values, which are necessary for the matching algorithm. All standard errors (in parentheses) are clustered at the customer level to account for serial correlation.

*** $p < 0.01$