# Lifts of Lipschitz maps and horizontal fractals in the Heisenberg group 

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#### Abstract

We consider horizontal iterated function systems in the Heisenberg group $\mathbb{H}^{1}$, i.e. collections of Lipschitz contractions of $\mathbb{H}^{1}$ with respect to the Heisenberg metric. The invariant sets for such systems are so-called horizontal fractals. We study questions related to connectivity of horizontal fractals and regularity of functions whose graph lies within a horizontal fractal. Our construction yields examples of horizontal BV (bounded variation) surfaces in $\mathbb{H}^{1}$ that are in contrast with the non-existence of horizontal Lipschitz surfaces which was recently proved by Ambrosio and Kirchheim (Rectifiable sets in metric and Banach spaces. Math. Ann. 318(3) (2000), 527-555).


## 1. Introduction

In this paper we study connectivity of horizontal fractals in the Heisenberg group and regularity of selection maps into horizontal fractals.

Analysis of the Heisenberg group is motivated by its appearance in the analysis of several complex variables and in quantum mechanics. In addition, as the simplest non-Abelian example, the Heisenberg group serves as a testing ground for questions and conjectures on more general Carnot groups and sub-Riemannian spaces. Geometric measure theory and rectifiability play an important role in these settings in connection with sub-elliptic PDE's and control theory. For further information, we refer to [25, Ch. XIII and XIV] and [14]. For more recent results in the subject we refer to [3, 5, 12, 13, 18].

Let us recall that the (first) Heisenberg group $\mathbb{H}=\mathbb{H}^{1}$ is the unique non-Abelian Carnot group of rank two and dimension three. Explicitly, $\mathbb{H}=\mathbb{R}^{3}$ with the group law

$$
\begin{equation*}
(x, t) *\left(x^{\prime}, t^{\prime}\right)=\left(x+x^{\prime}, t+t^{\prime}+2\left\langle x, J x^{\prime}\right\rangle\right), \tag{1.1}
\end{equation*}
$$

where $J: \mathbb{R}^{2} \rightarrow \mathbb{R}^{2}$ denotes the map

$$
J\left(x_{1}, x_{2}\right)=\left(-x_{2}, x_{1}\right)
$$

and $\langle\cdot, \cdot\rangle$ is the standard inner product in $\mathbb{R}^{2}$.
The sub-Riemannian nature of $\mathbb{H}$ is reflected in the so-called horizontal distribution $H \mathbb{H}$, which is the distinguished subbundle of the full tangent bundle $T \mathbb{H}$ defined by

$$
H_{p} \mathbb{H}:=\operatorname{span}\left\{X_{p}, Y_{p}\right\}
$$

Here $X$ and $Y$ denote the left-invariant vector fields in $\mathbb{H}$ whose values at a point $p=$ $\left(x_{1}, x_{2}, t\right)$ are

$$
X_{p}=\partial_{x_{1}}+2 x_{2} \partial_{t}, \quad Y_{p}=\partial_{x_{2}}-2 x_{1} \partial_{t}
$$

Equivalently, $H_{p} \mathbb{H}$ can be characterized as the kernel of the canonical contact form $d \tau=d t+2 x_{1} d x_{2}-2 x_{2} d x_{1}$ on $\mathbb{H}$ at the point $p$.

We denote by $\tau_{p_{0}}: \mathbb{H} \rightarrow \mathbb{H}, p_{0} \in \mathbb{H}$, the left translation $\tau_{p_{0}}(p)=p_{0} * p$, and by $\delta_{\epsilon}: \mathbb{H} \rightarrow \mathbb{H}, \epsilon>0$, the dilation

$$
\delta_{\epsilon}(x, t)=\left(\epsilon x, \epsilon^{2} t\right) .
$$

Two natural and equivalent metrics occupy a central role in the sub-Riemannian geometry of $\mathbb{H}$. The first is the so-called control metric $d_{\mathrm{C}}$ or Carnot-Carathéodory metric ( $C C$ metric). This metric is defined as a length metric using the horizontal vector fields $X, Y$. The second goes by several names in the literature (gauge metric or Korányi metric). We will refer to this latter metric as the Heisenberg metric and denote it by $d_{\mathrm{H}}$. Explicitly,

$$
\begin{equation*}
d_{\mathrm{H}}(p, q)=\left|p^{-1} * q\right|_{\mathrm{H}}, \quad p, q \in \mathbb{H}, \tag{1.2}
\end{equation*}
$$

where $*$ denotes the group law from (1.1) and $|\cdot|_{\mathrm{H}}$ denotes the Heisenberg norm given by

$$
\begin{equation*}
|(x, t)|_{\mathrm{H}}=\left(|x|^{4}+t^{2}\right)^{1 / 4} \tag{1.3}
\end{equation*}
$$

In this paper we will work entirely with the metric $d_{\mathrm{H}}$. The simple form of the expressions in (1.2), (1.3) makes this metric suitable for the computations which we will carry out.

Each of the metrics $d_{\mathrm{C}}$ and $d_{\mathrm{H}}$ is homogeneous, that is, $d\left(\delta_{\epsilon} p, \delta_{\epsilon} q\right)=\epsilon d(p, q)$ for $d=d_{\mathrm{C}}$ or $d=d_{\mathrm{H}}$. It follows that $d_{\mathrm{C}}$ and $d_{\mathrm{H}}$ are globally bi-Lipschitz equivalent. In fact,

$$
\begin{equation*}
\frac{1}{\sqrt{\pi}} d_{\mathrm{C}}(p, q) \leq d_{\mathrm{H}}(p, q) \leq d_{\mathrm{C}}(p, q) \tag{1.4}
\end{equation*}
$$

for any two points $p, q \in \mathbb{H}$. The constant $1 / \sqrt{\pi}$ in (1.4) may be explicitly calculated using the structure of the CC-geodesics in $\mathbb{H}$, see for example Bellaïche [7].

The principal objects of study in this paper are invariant sets for iterated function systems in $\left(\mathbb{H}, d_{\mathrm{H}}\right)$. Recall that an iterated function system (for short, an IFS) on a complete metric space ( $X, d$ ) is a finite collection

$$
\mathcal{F}=\left\{f_{1}, \ldots, f_{M}\right\}
$$

of contraction maps of $(X, d)$ (i.e. Lipschitz maps with Lipschitz constant strictly less than one). The invariant set for $\mathcal{F}$ is the unique non-empty compact set in $X$ which is invariant under the action of the elements of $\mathcal{F}$.

Iterated function systems were studied by Hutchinson [16] as a convenient language for describing the character of fractal objects and have since been used repeatedly in this context. The case of similarity maps on $X=\mathbb{R}^{n}$ gives rise to many of the standard examples of self-similar fractals such as the Cantor set, the von Koch snowflake curve and the Sierpinski gasket and carpet. See Falconer $[\mathbf{1 0}, \mathbf{1 1}]$ for additional information.

In order to ensure that our study of iterated function systems in the Heisenberg group has non-trivial content, it is necessary to begin with results guaranteeing the existence of suitable Lipschitz self-maps of $\mathbb{H}$. Our first theorem provides such a result. It asserts that every Lipschitz map of the plane, which preserves area up to a constant factor, may be lifted to a Lipschitz map of $\mathbb{H}$.
Definition 1.5. Let $f: \mathbb{R}^{2} \rightarrow \mathbb{R}^{2}$. A map $F: \mathbb{H} \rightarrow \mathbb{H}$ is called a lift of $f$ if $\pi \circ F=f \circ \pi$.
Here $\pi: \mathbb{H} \rightarrow \mathbb{R}^{2}$ denotes the projection map

$$
\pi(x, t)=x
$$

We now state our first theorem. Set $c=(2+\sqrt{3})^{1 / 4} \approx 1.3899 \ldots$
THEOREM 1.6. (Existence and uniqueness of horizontal Lipschitz lifts) Let $f: \mathbb{R}^{2} \rightarrow \mathbb{R}^{2}$ be r-Lipschitz with $\operatorname{det} D f \equiv \lambda$ almost everywhere. Then there exists a cr-Lipschitz lift $F:\left(\mathbb{H}, d_{\mathrm{H}}\right) \rightarrow\left(\mathbb{H}, d_{\mathrm{H}}\right)$.

If $\tilde{F}$ is another Lipschitz lift of $f$, then $\tilde{F}(x, t)=F(x, t+\tau)$ for some $\tau \in \mathbb{R}$.
Conversely, if $f: \mathbb{R}^{2} \rightarrow \mathbb{R}^{2}$ is Lipschitz with Lipschitz lift, then there exists $\lambda \in \mathbb{R}$ so that $\operatorname{det} D f \equiv \lambda$ almost everywhere.

As will be shown in the proof, an explicit formula for the Lipschitz lift $F$ is

$$
\begin{equation*}
F(x, t)=\left(f(x), \lambda t+h_{0}(x)\right) \tag{1.7}
\end{equation*}
$$

where

$$
\begin{equation*}
\nabla h_{0}=2\left(\lambda \cdot J-D f^{*} \cdot J f\right) \tag{1.8}
\end{equation*}
$$

almost everywhere.
The lifted map $F$ from Theorem 1.6 is a (generalized) contactomorphism, i.e. $F$ preserves the canonical Heisenberg contact form up to a multiplicative factor. Theorem 1.6 shows that the existence of such a lift is equivalent to the fact that the base map is (up to a multiplicative factor) a symplectomorphism of $\mathbb{R}^{2}$. The interplay between symplectic geometry in dimension $2 n$ and contact geometry in dimension $2 n+1$ is a classical subject in (smooth) Riemannian geometry, dating back to the fundamental work of Boothby and Wang [8]. For appearances of this idea in connection with quasiconformal maps on the Heisenberg group, see Korányi and Reimann [19, 20].

For non-smooth maps, a theorem of Capogna and Tang [9] asserts that any L-Lipschitz $\operatorname{map} f: \mathbb{R}^{2} \rightarrow \mathbb{R}^{2}$ with det $D f$ almost everywhere equal to a constant may be lifted to an $L$-Lipschitz map $F:\left(\mathbb{H}, d_{\mathrm{C}}\right) \rightarrow\left(\mathbb{H}, d_{\mathrm{C}}\right)$. From the bi-Lipschitz equivalence (1.4) of the metrics $d_{\mathrm{C}}$ and $d_{\mathrm{H}}$ we deduce that $F:\left(\mathbb{H}, d_{\mathrm{H}}\right) \rightarrow\left(\mathbb{H}, d_{\mathrm{H}}\right)$ is $\sqrt{\pi} L$-Lipschitz so the first statement of the above lifting theorem could be essentially deduced from the work of Capogna and Tang. However, our approach is quite different from the method in [9];
the advantage being that it yields also the second statement and the explicit formulas (1.7), (1.8) which we need subsequently. Let us mention also that our constant $c$ is smaller than $\sqrt{\pi}$ but we suspect that the conclusion in Theorem 1.6 is still not sharp. Indeed, we do not know whether or not Theorem 1.6 holds with $c=1$.

We notice here also that an alternative method for constructing Lipschitz self-maps of the Heisenberg group via flows generated by special vector fields, is provided by the work of Korányi and Reimann. It is rather amusing that affine self-maps of $\mathbb{R}^{3}$ that are Lipschitz in the Heisenberg metric arise always as lifts of affine self-maps of $\mathbb{R}^{2}$. See Proposition 2.3.

With the preparatory Theorem 1.6 in hand, we return to the subject of iterated function systems. As an immediate application we deduce the following existence theorem for horizontal iterated function systems in the Heisenberg group.

THEOREM 1.9. (Existence of horizontal IFSs) Let $\mathcal{F}=\left\{f_{1}, \ldots, f_{M}\right\}$ be an iterated function system on $\mathbb{R}^{2}$, where each map $f_{i}$ is $r_{i}$-Lipschitz for some $r_{i}<1 / c$ and satisfies $\operatorname{det} D f_{i} \equiv \lambda_{i}$. For each $i$, let $F_{i}$ be a lift of $f_{i}$ to $\mathbb{H}$.

Then $\mathcal{F}_{\mathrm{H}}=\left\{F_{1}, \ldots, F_{M}\right\}$ is an iterated function system on $\mathbb{H}$. Denoting by $K$, respectively $K_{\mathrm{H}}$, the invariant set for $\mathcal{F}$, respectively $\mathcal{F}_{\mathrm{H}}$, we have

$$
\begin{equation*}
\pi\left(K_{\mathrm{H}}\right)=K \tag{1.10}
\end{equation*}
$$

The invariant sets for IFSs on $\mathbb{H}$ of the type considered in Theorem 1.9 we call horizontal fractals. The bulk of this paper concerns the geometry of horizontal fractals. We study questions related to connectivity properties and regularity for functions whose graph lies within a horizontal fractal.

According to Theorem 1.6, the lift of a Lipschitz map of $\mathbb{R}^{2}$ is only defined up to the ambiguity of a vertical constant. The lifted iterated function system in Theorem 1.9 inherits the same ambiguity. More precisely, the family of all IFSs which are lifts of a given planar IFS $\mathcal{F}$ can be parameterized by a point in $\mathbb{R}^{M}$, where $M$ denotes the cardinality of $\mathcal{F}$. Several of our results have a generic flavor; almost every lift (with respect to Lebesgue measure on $\mathbb{R}^{M}$ ) has a certain property. Our main result concerning the connectivity of $K_{\mathrm{H}}$ reads as follows.

THEOREM 1.11. Let $\mathcal{F}=\left\{f_{1}, \ldots, f_{M}\right\}$ be an iterated function system in the plane such that $\operatorname{det} D f_{i} \equiv \lambda_{i}$ for $i=1, \ldots, M$.
(i) There exists $\delta_{1}=\delta_{1}(M)$ such that if

$$
\lambda_{\max }:=\max \left\{\left|\lambda_{1}\right|, \ldots,\left|\lambda_{M}\right|\right\}<\delta_{1}
$$

and $K=K(\mathcal{F})$ is connected, then $K_{\mathrm{H}}=K\left(\mathcal{F}_{\mathrm{H}}\right)$ is connected for some horizontal lift $\mathcal{F}_{\mathrm{H}}$.
(ii) There exists $\delta_{2}=\delta_{2}(M)$ such that if $\lambda_{\max }<\delta_{2}$ and $\mathcal{F}$ is $P C F$ (post-critically finite), then $K_{\mathrm{H}}$ is totally disconnected for almost every horizontal lift $\mathcal{F}_{\mathrm{H}}$.

We conjecture that this statement holds even without the conditions $\lambda_{\text {max }}<\delta_{1,2}$; see Remark 4.16.

The technical PCF condition will be treated in detail in $\S 3$.

Our final results concern the regularity properties of the function between $K$ and $K_{\mathrm{H}}$. To be more precise, consider the set-valued mapping $\alpha$ defined as

$$
\begin{equation*}
\alpha(x):=\pi^{-1}(x) \cap K_{\mathrm{H}}, \quad x \in K \tag{1.12}
\end{equation*}
$$

where $K_{\mathrm{H}}$ is a horizontal lift of an invariant set $K$ for an IFS in $\mathbb{R}^{2}$. We show that each selection of this set-valued map is continuous at the 'irrational' points in $K$.

THEOREM 1.13. Each selection $\beta$ of the set-valued map $\alpha$ on $K=K(\mathcal{F})$ defined in (1.12) is continuous on $K \backslash V_{*}$.

Here the members of the set $V_{*} \subset K$ are the so-called 'irrational' points of $K$ i.e. points which have a unique symbolic representation (cf. §6). Recall that a function $\beta$ is a selection of a set-valued map $\alpha$ if $\beta(x) \in \alpha(x)$ for all $x$.

Many horizontal fractals are obtained as lifts of classical self-similar examples (Cantor sets, snowflake curves, Sierpinski-type gaskets and carpets, and the like). A basic example which plays a crucial role in this paper is the Heisenberg square $Q_{\mathrm{H}}$, which is the invariant set for the principal horizontal lift of the standard planar IFS

$$
\mathcal{F}=\left\{f_{0}, f_{1}, f_{2}, f_{3}\right\}
$$

where

$$
\begin{gathered}
f_{0}(x)=\frac{1}{2} x, \quad f_{1}(x)=\frac{1}{2}\left(x+e_{1}\right) \\
f_{2}(x)=\frac{1}{2}\left(x+e_{2}\right), \quad f_{3}(x)=\frac{1}{2}\left(x+e_{1}+e_{2}\right)
\end{gathered}
$$

Here $e_{1}=(1,0)$ and $e_{2}=(0,1)$ are the standard basis vectors in $\mathbb{R}^{2}$. The invariant set for $\mathcal{F}$ is the unit square $Q=[0,1]^{2}$.

See $\S 5$ for pictures of several horizontal fractals, including $Q_{\mathrm{H}}$.
The example of the Heisenberg square $Q_{\mathrm{H}}$ is not new. Strichartz [26] used $Q_{\mathrm{H}}$ (and versions of this object in much more general Carnot groups) to construct "dyadic-type" Carnot tilings. See also [27]. However, Strichartz obtained $Q_{\mathrm{H}}$ in a different way as the graph of an $L^{\infty}$ function and not as a horizontal lift. Due to our different approach we obtain a more precise regularity result which we state as follows.

THEOREM 1.14. Let $Q_{\mathrm{H}}$ be the principal horizontal lift of $Q=[0,1]^{2}$ and let $\beta: Q \rightarrow$ $\mathbb{H}, \beta(x)=(x, g(x))$, be any selection of the set-valued map $\alpha(x)=\pi^{-1}(x) \cap Q_{\mathrm{H}}$. Then $g: Q^{o} \rightarrow \mathbb{R}$ is a function of bounded variation.

Here $Q^{o}$ denotes the interior of $Q$.
In a subsequent paper [6] we consider the problem of calculating the Hausdorff dimension of horizontal fractals. As a consequence of our results in [6] we find that

$$
\operatorname{dim}_{\mathrm{H}} Q_{\mathrm{H}}=\operatorname{dim}_{\mathrm{E}} Q_{\mathrm{H}}=\operatorname{dim}_{\mathrm{E}} Q=2 ;
$$

moreover, $0<\mathcal{H}_{\mathrm{H}}^{2}\left(Q_{\mathrm{H}}\right)<\infty$. Here we denote by $\operatorname{dim}_{\mathrm{H}} A$ the Hausdorff dimension of a set $A$ in $\left(\mathbb{H}, d_{\mathrm{H}}\right)$, and by $\operatorname{dim}_{\mathrm{E}} A$ the Hausdorff dimension of a set $A$ in $\left(\mathbb{R}^{n}, d_{\mathrm{E}}\right)$, $n=2,3$. Furthermore, $\mathcal{H}_{\mathrm{H}}^{2}$ denotes the two-dimensional Hausdorff measure with respect to the metric $d_{\mathrm{H}}$.

Combining this result and Theorem 1.14, we see that there exists a surface $S=g\left(Q^{o}\right)$ in $\mathbb{H}$ with

$$
\begin{equation*}
0<\mathcal{H}_{\mathrm{H}}^{2}(S)<\infty \tag{1.15}
\end{equation*}
$$

and $g$ a function of bounded variation. This contrasts with a recent result of Ambrosio and Kirchheim [2, Theorem 7.2], which states the following: there are no surfaces $S=g(\Omega)$ in $\mathbb{H}$, where $\Omega$ is a domain in $\mathbb{R}^{2}$ and $\beta=(\mathrm{id}, g)$ is a Lipschitz map from $\Omega$ to $\left(\mathbb{H}, d_{\mathrm{H}}\right)$, which satisfy (1.15). In Theorem 6.7 we strengthen this result by replacing $d_{\mathrm{H}}$ with $d_{\mathrm{E}}$. In summary, while horizontal Lipschitz surfaces in $\mathbb{H}$ do not exist, there are horizontal BV (bounded variation) surfaces in $\mathbb{H}$. It would be of interest to know whether there exist horizontal surfaces of intermediate regularity.
1.16. Overview. The structure of this paper is as follows.

In $\S 2$ we prove that self-affine maps of $\mathbb{R}^{3}$ which are Lipschitz in the Heisenberg metric arise as horizontal lifts of self-affine maps of $\mathbb{R}^{2}$. The general nonlinear case (Theorem 1.6) is treated next. In contrast with the geometric construction of Capogna and Tang, we present an analytic argument which leads to the explicit formula (1.7) for the lift. The converse statement in Theorem 1.6 is obtained by using Pansu's differentiability theorem on Carnot groups.

In $\S 3$ we begin the main subject of the paper with the proof of Theorem 1.9 on horizontal iterated function systems. We collect in $\S 3$ a variety of basic results concerning the geometric and topological character of horizontal fractals.

In $\S 4$ we address the connectivity of horizontal fractals. In particular, Theorem 1.11 is proven here.

Section 5 is devoted to examples. We present here several horizontal lifts of classical examples and show some computer-generated pictures written in Maple.

In $\S 6$ we study the regularity of functions whose graph lies within a horizontal fractal. The main results in this section are Theorem 1.13 and Theorem 1.14.

## 2. Lifts of Lipschitz maps from $\mathbb{R}^{2}$ to $\mathbb{H}$

Recall that a function $f: X \rightarrow Y$ between metric spaces is called $r$-Lipschitz, $r>0$, if

$$
\begin{equation*}
d(f(x), f(y)) \leq r d(x, y) \tag{2.1}
\end{equation*}
$$

for all $x, y \in X$. Moreover, $f$ is Lipschitz if it is $r$-Lipschitz for some $r<\infty$. The infimum of those values $r$ for which (2.1) holds for all $x, y \in X$ is called the Lipschitz constant of $f$; we denote this by $\operatorname{LIP}(f)$.

Assume now that $f: \mathbb{R}^{n} \rightarrow \mathbb{R}^{n}$ is an $r$-Lipschitz map. Hadamard's inequality implies that

$$
\begin{equation*}
|\operatorname{det} D f(x)| \leq r^{n} \tag{2.2}
\end{equation*}
$$

almost everywhere
The first result of this section indicates that if an affine self-map of $\mathbb{R}^{3}$ is Lipschitz with respect to $d_{\mathrm{H}}$ then it must have a special form. In fact it necessarily appears as a lift of an affine self-map of $\mathbb{R}^{2}$.

Proposition 2.3. Let $F: \mathbb{R}^{3} \rightarrow \mathbb{R}^{3}$ be an affine map of the form

$$
F(x, t):=\left(A x+t \cdot a+b, d^{\mathrm{T}} x+c t+\tau\right)
$$

where $A$ is a real $2 \times 2$ matrix, $a, b, d \in \mathbb{R}^{2}$ and $c, \tau \in \mathbb{R}$. Then $F$ is Lipschitz with respect to the Heisenberg distance $d_{\mathrm{H}}$ if and only if the following relations hold:

$$
\begin{equation*}
a=(0,0), \quad d=-2 A^{\mathrm{T}} J b, \quad c=\operatorname{det} A . \tag{2.4}
\end{equation*}
$$

The mapping $F$ is a similarity with respect to the Heisenberg metric if and only if the above relations hold and $A$ is a similarity matrix of $\mathbb{R}^{2}$ :

$$
A^{\mathrm{T}} A=c^{2} \mathrm{Id} \quad \text { or } \quad A^{\mathrm{T}} A=-c^{2} \mathrm{Id}
$$

where $c=\operatorname{det} A$.
Proof. Let $L:=\operatorname{LIP}(F)$. Using the Lipschitz condition we have that

$$
d_{\mathrm{H}}(F(0,0), F(x, t)) \leq L d_{\mathrm{H}}((0,0),(x, t))
$$

holds for all $(x, t) \in \mathbb{R}^{2} \times \mathbb{R}$. Writing this explicitly and using (1.2), (1.3) we obtain

$$
\begin{equation*}
|A x+t a|^{4}+(\langle d, x\rangle+t c+2\langle J b, A x+t a\rangle)^{2} \leq L^{4}\left(|x|^{4}+t^{2}\right) \tag{2.5}
\end{equation*}
$$

Now set $x=0$, which yields $|t a|^{4}+|t c-2\langle b, J(t a)\rangle|^{2} \leq L^{4} \cdot t^{2}$ for all $t \in \mathbb{R}$. This shows that $a=0$.

Setting $t=0$ in the above inequality we find

$$
|\langle d, x\rangle+2\langle J b, A x\rangle| \leq L^{2} \cdot|x|^{2},
$$

for all $x \in \mathbb{R}^{2}$, from which we derive $d=-2 A^{\mathrm{T}} J b$.
Using the Lipschitz condition on $F$ for points $\left(x_{1}, t_{1}\right)$ and $\left(x_{2}, t_{2}\right)$, the above relations, and the identities

$$
\left\langle A x_{1}, J A\left(x_{2}-x_{1}\right)\right\rangle=\left\langle A x_{1}, J A x_{2}\right\rangle=\operatorname{det} A\left\langle x_{1}, J x_{2}\right\rangle
$$

we obtain

$$
\left(c\left(t_{2}-t_{1}\right)-2 \operatorname{det} A\left\langle x_{1}, J x_{2}\right\rangle\right)^{2} \leq L^{4}\left(\left|x_{1}-x_{2}\right|^{4}+\left(t_{2}-t_{1}-2\left\langle x_{1}, J x_{2}\right\rangle\right)^{2}\right)
$$

Choosing $t_{2}-t_{1}=2\left\langle x_{1}, J x_{2}\right\rangle$, where $x_{1} \neq 0$ and $x_{2}=x_{1}+s \cdot J x_{1}, s \in \mathbb{R}$, we find

$$
4(c-\operatorname{det} A)^{2} \leq L^{4} s^{2}\left|x_{1}\right|^{2}
$$

Since $s$ is arbitrary, we obtain the last relation $c=\operatorname{det} A$ as well.
The verification of the second statement in the proposition is left to the reader.
Let $f: \mathbb{R}^{2} \rightarrow \mathbb{R}^{2}$ be a general Lipschitz map. Without further assumptions, many different functions $F: \mathbb{H} \rightarrow \mathbb{H}$ serve as lifts of $f$. However, if we require in addition that $F$ be Lipschitz with respect to $d_{\mathrm{H}}$, then $F$ is uniquely determined via the formulas in (1.7) and (1.8). Moreover, such a lift exists if and only if $\operatorname{det} D f$ is constant almost everywhere. This is the content of Theorem 1.6 which we now prove.

Proof of Theorem 1.6. The outline of the proof is as follows. First, we assume that $F$ is a Lipschitz lift of $f$. Using Pansu's differentiability theorem from [24], we find an implicit formula for $h_{0}$ in (1.7) which we use to show that $\operatorname{det} D f \equiv \lambda$ almost everywhere. This leads to a more precise formula for $h_{0}$, which is very convenient for proving the existence of the required lift under the assumption $\operatorname{det} D f \equiv \lambda$ almost everywhere.

Assume then that $f$ is a Lipschitz map of $\mathbb{R}^{2}$ with Lipschitz lift $F$ to $\mathbb{H}$. By Rademacher's theorem, $f$ is differentiable almost everywhere. Pansu's differentiability theorem [24] implies that $F$ is P-differentiable at almost every point $p_{0}$ of $\mathbb{H}$. By definition, this means that there is a homogeneous homomorphism $D_{\mathrm{P}} F\left(p_{0}\right): \mathbb{H} \rightarrow \mathbb{H}$ such that

$$
\begin{equation*}
\delta_{1 / \epsilon} \circ \tau_{F\left(p_{0}\right)}^{-1} \circ F \circ \tau_{p_{0}} \circ \delta_{\epsilon} \tag{2.6}
\end{equation*}
$$

converges locally uniformly to $D_{\mathrm{P}} F\left(p_{0}\right)$ as $\epsilon \rightarrow 0$. The $P$-differential of $F$ at $p_{0}$ is the group homomorphism $D_{\mathrm{P}} F\left(p_{0}\right)$.

Pick a point $p_{0}=\left(x_{0}, t_{0}\right) \in \mathbb{H}$ such that $f$ is differentiable at $x_{0}$ and $F$ is Pansudifferentiable at $p_{0}$ as well as at $\left(x_{0},-t_{0}\right)$ (this last restriction is only a technical detail which we will use in (2.8)). Almost every point $p_{0}$ is of this type.

Our goal is to find the Pansu-differential $D_{\mathrm{P}} F$ at $p_{0}$. The projection $\pi$ commutes throughout (2.6), whence

$$
\begin{equation*}
\pi \circ D_{\mathrm{P}} F\left(p_{0}\right)=D f\left(x_{0}\right) \circ \pi \tag{2.7}
\end{equation*}
$$

Since $D_{\mathrm{P}} F\left(p_{0}\right)$ is a group homomorphism, and in particular a Lipschitz self-mapping of $\mathbb{H}$ we have, by Proposition 2.3,

$$
D_{\mathrm{P}} F\left(p_{0}\right)\left(e_{j}, 0\right)=\left(\partial_{x_{j}} f\left(x_{0}\right), 0\right) \quad j=1,2,
$$

and $D_{\mathrm{P}} F\left(p_{0}\right)(0,1)=(0, \mu)$ where $\mu=\operatorname{det} D f\left(x_{0}\right)$. Thus,

$$
D_{\mathrm{P}} F\left(p_{0}\right)=\left(\begin{array}{cc}
D f\left(x_{0}\right) & 0 \\
0 & \operatorname{det} D f\left(x_{0}\right)
\end{array}\right) .
$$

Since $F$ is a lift of $f$, we may write $F(x, t)=(f(x), h(x, t))$. To find a formula for $h: \mathbb{H} \rightarrow \mathbb{R}$, we use the $t$-coordinate of $D_{\mathrm{P}} F$ in (2.6) to obtain

$$
\begin{equation*}
\lim _{\epsilon \rightarrow 0} \epsilon^{-2}\binom{h\left(x_{0}+\epsilon x, t_{0}+2 \epsilon\left\langle x_{0}, J x\right\rangle+\epsilon^{2} t\right)}{-h\left(x_{0}, t_{0}\right)-2\left\langle f\left(x_{0}\right), J f\left(x_{0}+\epsilon x\right)\right\rangle}=\operatorname{det} D f\left(x_{0}\right) \cdot t \tag{2.8}
\end{equation*}
$$

for all $(x, t) \in \mathbb{H}$. Setting $x=0$, we find immediately that

$$
\frac{\partial}{\partial t} h\left(x_{0}, t_{0}\right) \cdot t=\operatorname{det} D f\left(x_{0}\right) \cdot t
$$

for all $t \in \mathbb{R}$, and hence

$$
\begin{equation*}
h\left(x_{0}, t_{0}\right)=\operatorname{det} D f\left(x_{0}\right) \cdot t_{0}+h_{0}\left(x_{0}\right) \tag{2.9}
\end{equation*}
$$

for some $h_{0}: \mathbb{R}^{2} \rightarrow \mathbb{R}$. Notice that (2.9) holds for all $t_{0} \in \mathbb{R}$ and a priori only for almost every $x_{0} \in \mathbb{R}^{2}$. The function $h_{0}$ is also a priori only almost everywhere defined. However, since $h$ is clearly a continuous function we obtain from (2.9) that $h_{0}$ and thus $\lambda\left(x_{0}\right):=\operatorname{det} D f\left(x_{0}\right)$, are both continuous at almost every $x_{0}$. Moreover, we see that these functions have continuous extensions such that (2.9) holds everywhere. In what follows
we work with these continuous extensions of $h_{0}$ and $\lambda$ and under the assumption that (2.9) holds everywhere.

Now, set $t=0$ in (2.8), drop one factor of $\epsilon$ in the denominator, and use (2.9) to obtain

$$
\begin{aligned}
\lim _{\epsilon \rightarrow 0} & \left(\frac{h_{0}\left(x_{0}+\epsilon x\right)-h_{0}\left(x_{0}\right)+t_{0}\left(\lambda\left(x_{0}+\epsilon x\right)-\lambda\left(x_{0}\right)\right)}{\epsilon}+2\left\langle x_{0}, J x\right\rangle \lambda\left(x_{0}+\epsilon x\right)\right) \\
& =2\left\langle f\left(x_{0}\right), J\left(D f\left(x_{0}\right) x\right)\right\rangle
\end{aligned}
$$

Using the above equality once with $t_{0}$ and once with $-t_{0}$ and summing, we deduce that

$$
\begin{aligned}
\lim _{\epsilon \rightarrow 0} \frac{h_{0}\left(x_{0}+\epsilon x\right)-h_{0}\left(x_{0}\right)}{\epsilon} & =2\left\langle f\left(x_{0}\right), J\left(D f\left(x_{0}\right) x\right)\right\rangle-2\left\langle x_{0}, J x\right\rangle \cdot \lambda\left(x_{0}\right) \\
& =2\left(\lambda\left(x_{0}\right)\left\langle J x_{0}, x\right\rangle-\left\langle D f\left(x_{0}\right)^{*} \cdot J f\left(x_{0}\right), x\right\rangle\right)
\end{aligned}
$$

Thus, we have shown that $\nabla h_{0}\left(x_{0}\right)$ exists and satisfies

$$
\begin{equation*}
\nabla h_{0}\left(x_{0}\right)=2\left(\lambda\left(x_{0}\right) J\left(x_{0}\right)-D f\left(x_{0}\right)^{*} \cdot J f\left(x_{0}\right)\right) \tag{2.10}
\end{equation*}
$$

for almost every $x_{0}$.
We will now show that det $D f=\lambda$ is almost everywhere equal to a constant. For this we go back to the main equation (2.8) and use the explicit formula for $h$ from (2.9) to obtain

$$
\lim _{\epsilon \rightarrow 0} \epsilon^{-2}\binom{\left(\lambda\left(x_{0}+\epsilon x\right)-\lambda\left(x_{0}\right)\right)\left(t_{0}+2 \epsilon\left\langle x_{0}, J x\right\rangle\right)+h_{0}\left(x_{0}+\epsilon x\right)-h_{0}\left(x_{0}\right)}{+2 \epsilon \lambda\left(x_{0}\right)\left\langle x_{0}, J x\right\rangle-2\left\langle f\left(x_{0}\right), J f\left(x_{0}+\epsilon x\right)\right\rangle}=0
$$

from whence we get, by dropping one factor of $\epsilon$ in the denominator,

$$
\begin{aligned}
\lim _{\epsilon \rightarrow 0} \frac{\lambda\left(x_{0}+\epsilon x\right)-\lambda\left(x_{0}\right)}{\epsilon} t_{0} & =2\left\langle f\left(x_{0}\right), J\left(D f\left(x_{0}\right) x\right)\right\rangle-2 \lambda\left(x_{0}\right)\left\langle x_{0}, J x\right\rangle-\nabla h_{0}\left(x_{0}\right) x \\
& =0
\end{aligned}
$$

for all $x \in \mathbb{R}^{2}$. Hence, by (2.10), $\lambda\left(x_{0}\right)=\operatorname{det} D f\left(x_{0}\right) \equiv \lambda$ for almost every $x_{0} \in \mathbb{R}^{2}$. Using the continuity of $\lambda$ we see that $\lambda$ is constant.

The only thing left to prove is that a Lipschitz lift exists whenever $\operatorname{det} D f \equiv \lambda$. Assume that $f$ is $r$-Lipschitz. Hadamard's determinant inequality (2.2) gives $|\lambda| \leq r^{2}$. Set

$$
F(x, t)=\left(f(x), \lambda t+h_{0}(x)\right)
$$

where $h_{0}$ is given (up to an additive constant) by (2.10). We claim that $F$ is $c r$-Lipschitz in the metric $d_{\mathrm{H}}$, where $c=(2+\sqrt{3})^{1 / 4}$.

To see this we compute directly

$$
d_{\mathrm{H}}(F(x, t), F(y, s))^{4}=|f(y)-f(x)|^{4}+\left|\lambda(s-t)+h_{0}(y)-h_{0}(x)-2\langle f(x), J f(y)\rangle\right|^{2} .
$$

The difficult part of the proof will be to estimate the second term on the right side in the above equation. Set therefore

$$
A:=\lambda(s-t)+h_{0}(y)-h_{0}(x)-2\langle f(x), J f(y)\rangle .
$$

In estimating the above expression we make use of (2.10) which holds only almost everywhere. To make our calculations formally correct we impose some initial restrictions
on the points $x, y \in \mathbb{R}^{2}$. Let us fix first $x \in \mathbb{R}^{2}$ and a value $\rho>0$. Since (2.10) holds almost everywhere we conclude that for $y$ in a full $\mathcal{L}^{1}$-measure set on the circle $\partial B(x, \rho)$ (2.10) holds at the points

$$
x_{0}=\xi(t)=\frac{y-x}{|y-x|} t+x
$$

for $\mathcal{L}^{1}$ almost every $t \in[0,|y-x|]$. In what follows we work with such points $x, y \in \mathbb{R}^{2}$. Let us put $f=(u, v)$. Since $h_{0}$ is prescribed by its gradient, it is natural to write

$$
\begin{aligned}
h_{0}(y)-h_{0}(x) & =\int_{0}^{|y-x|}\left\langle\nabla h_{0}(\xi(t)), \xi^{\prime}(t)\right\rangle d t \\
& =2 \int_{0}^{|y-x|}\left\langle v(\xi) \nabla u(\xi)-u(\xi) \nabla v(\xi), \xi^{\prime}\right\rangle d t+2 \lambda \int_{0}^{|y-x|}\left\langle J(\xi), \xi^{\prime}\right\rangle d t \\
& =2 \int_{0}^{|y-x|}\left\langle v(\xi) \nabla u(\xi)-u(\xi) \nabla v(\xi), \xi^{\prime}\right\rangle d t-2 \lambda\langle x, J y\rangle
\end{aligned}
$$

Similarly, we write

$$
\begin{aligned}
\langle f(x), J f(y)\rangle & =\langle f(x), J(f(y)-f(x))\rangle \\
& =\int_{0}^{|y-x|}\left\langle v(x) \nabla u(\xi)-u(x) \nabla v(\xi), \xi^{\prime}\right\rangle d t
\end{aligned}
$$

Combining the previous two calculations, we find

$$
\begin{align*}
A^{2}= & \mid \lambda(s-t-2\langle x, J y\rangle) \\
& +\left.2 \int_{0}^{|y-x|}\left\langle(v(\xi)-v(x)) \nabla u(\xi)-(u(\xi)-u(x)) \nabla v(\xi), \xi^{\prime}\right\rangle d t\right|^{2} \tag{2.11}
\end{align*}
$$

Next, let $p$ and $q$ be a Hölder conjugate pair of exponents $\left(p^{-1}+q^{-1}=1\right)$ whose exact values will be chosen later. Using the estimates $(x+y)^{2} \leq p x^{2}+q y^{2}, x, y \geq 0$, and $|\lambda| \leq r^{2}$ together with the Cauchy-Schwarz inequality, we find

$$
\begin{align*}
A^{2} \leq & p r^{4}(s-t-2\langle x, J y\rangle)^{2} \\
& +4 q\left(\int_{0}^{|y-x|}|f(x)-f(\xi)| \sqrt{|\nabla u(\xi)|^{2}+|\nabla v(\xi)|^{2}} d t\right)^{2} \\
\leq & p r^{4}(s-t-2\langle x, J y\rangle)^{2}+2 q r^{4}|y-x|^{4} \tag{2.12}
\end{align*}
$$

since $f$ is $r$-Lipschitz, and hence $|\nabla u(\xi)|,|\nabla u(\xi)| \leq r$.
Putting everything together, we obtain

$$
d_{\mathrm{H}}(F(x, t), F(y, s))^{4} \leq(1+2 q) r^{4}|y-x|^{4}+p r^{4}(s-t-2\langle x, J y\rangle)^{2} .
$$

Choose the Hölder conjugate pair $p$ and $q$ so that $1+2 q=p$. Then,

$$
d_{\mathrm{H}}(F(x, t), F(y, s))^{4} \leq(2+\sqrt{3}) d_{\mathrm{H}}((x, t),(y, s))^{4} .
$$

Since the above uniform estimate holds for a dense set of $(x, t),(y, s)$, it holds everywhere by continuity. The proof is complete.

Remark 2.13. From the proof of the theorem, it is clear that if

$$
\begin{equation*}
\left|h_{0}(y)-h_{0}(x)-2\langle f(x), J f(y)\rangle+2 \lambda\langle x, J y\rangle\right|=0 \tag{2.14}
\end{equation*}
$$

for all $x, y \in \mathbb{R}^{2}$, then $f$ and $F$ have the same Lipschitz constant.
Example 2.15. The lifts of an affine map $f(x)=A x+b$ are given explicitly as

$$
\begin{equation*}
F(x, t)=(f(x), \operatorname{det} A \cdot t-2\langle A x, J b\rangle+\tau), \quad \tau \in \mathbb{R} \tag{2.16}
\end{equation*}
$$

Since $h_{0}(x)=-2\langle A x, J b\rangle$ satisfies (2.14), the Lipschitz constants of $F$ and $f$ agree. This, in conjunction with Proposition 2.3, shows that all affine maps that are Lipschitz in the Heisenberg metric arise as lifts of planar affine mappings.
Proposition 2.17. Let $f_{1}, f_{2}: \mathbb{R}^{2} \rightarrow \mathbb{R}^{2}$ be Lipschitz maps with $\operatorname{det} D f_{i} \equiv \lambda_{i}$ almost everywhere, $i=1$, 2. For each $i=1,2$ let $F_{i}$ be a Lipschitz lift of $f_{i}$. Then $F_{1} \circ F_{2}$ is a Lipschitz lift of $f_{1} \circ f_{2}$.

Proof. That $F_{1} \circ F_{2}$ is a lift follows immediately from the definition. Moreover, a composition of Lipschitz functions is Lipschitz.

## 3. Iterated function systems and horizontal fractals in $\mathbb{H}$

The lifting Theorem 1.6 is the key to the construction of horizontal iterated function systems on the Heisenberg group. The invariant sets for such systems are so-called horizontal fractals in $\mathbb{H}$. We first give the basic existence result for such systems and then proceed to describe various features of horizontal fractals in relation to the planar invariant set of the underlying IFS in $\mathbb{R}^{2}$.

We begin by reviewing the general theory of iterated function systems in metric spaces. A standard reference is [17, Chapter 1], whose notation and terminology we follow.
3.1. Iterated function systems and invariant sets. Let $X$ be a complete metric space. A map $f: X \rightarrow X$ is a contraction map if $\operatorname{LIP}(f)<1$.

Definition 3.2. An iterated function system (IFS) on $X$ is a finite collection $\mathcal{F}=$ $\left\{f_{1}, \ldots, f_{M}\right\}$ of contraction maps. A set $A \subset X$ is called an invariant set for $\mathcal{F}$ if

$$
\begin{equation*}
A=f_{1}(A) \cup \cdots \cup f_{M}(A) \tag{3.3}
\end{equation*}
$$

The fundamental existence theorem for invariant sets of IFSs reads as follows.
THEOREM 3.4. Let $X$ be a complete metric space and let $\mathcal{F}$ be an iterated function system on $X$. Then there exists a unique non-empty compact invariant set $K=K(\mathcal{F})$ for $\mathcal{F}$.

Henceforth, we use the phrase 'invariant set of $\mathcal{F}$ ' to refer to the specific set $K(\mathcal{F})$ whose existence is guaranteed by Theorem 3.4.

The proof of Theorem 3.4 uses the completeness of the space of all compact subsets of $X$ with the Hausdorff metric. See [17, §1.1].

Theorems 1.6 and 3.4 immediately imply Theorem 1.9.

Proof of Theorem 1.9. That $\mathcal{F}_{\mathrm{H}}$ is an IFS on $\mathbb{H}$ is clear from the definitions. Since $\pi$ is continuous, $\pi\left(K_{\mathrm{H}}\right)$ is a non-empty compact set in $\mathbb{R}^{2}$. The identity

$$
\pi\left(K_{\mathrm{H}}\right)=\bigcup_{i} \pi \circ F_{i}\left(K_{\mathrm{H}}\right)=\bigcup_{i} f_{i}\left(\pi\left(K_{\mathrm{H}}\right)\right)
$$

shows that $\pi\left(K_{\mathrm{H}}\right)$ is an invariant set for $\mathcal{F}_{\mathrm{H}}$. Then (1.10) follows by the uniqueness assertion in Theorem 3.4.

We call $K_{\mathrm{H}}$ a horizontal lift of $K$. Our main purpose is to study various topological and measure-theoretical properties of $K_{\mathrm{H}}$ in relation to corresponding properties of $K$.

Remarks 3.5. (1) In the case when the maps $f_{i} \in \mathcal{F}$ are affine contractions, the condition $r_{i}<1 / c$ may be weakened to $r_{i}<1$. See Example 2.15.
(2) Since lifts of Lipschitz maps to $\mathbb{H}$ are not unique, it follows that horizontal lifts of invariant sets are not unique. Indeed, given an IFS $\mathcal{F}=\left\{f_{1}, \ldots, f_{M}\right\}$ on $\mathbb{R}^{2}$ with invariant set $K$, the space of all lifted IFSs $\mathcal{F}_{\mathrm{H}}=\left\{F_{1}, \ldots, F_{M}\right\}$ (and hence all horizontal lifts $K_{\mathrm{H}}$ of $K$ ) is naturally parameterized by an $M$-dimensional Euclidean space, namely, the $t$-coordinates of the fixed points of the lifted maps.

Definition 3.6. The principal horizontal lift of an IFS $\mathcal{F}$ on $\mathbb{R}^{2}$ is defined as the IFS $\mathcal{F}_{\mathrm{H}}$ on $\mathbb{H}$ for which all of the fixed points of the lifted maps have $t$-coordinate zero.

Remark 3.7. The necessity of the technical assumption $\operatorname{LIP}\left(f_{i}\right)<1 / c$ comes from the appearance of the factor $c$ in Theorem 1.6. However, insofar as the existence of horizontal lifts is concerned, this assumption is not restrictive. Indeed, given any IFS $\mathcal{F}=\left\{f_{1}, \ldots, f_{M}\right\}$ on $\mathbb{R}^{2}$ and any $m \geq 1$, the new IFS $\mathcal{F}^{(m)}:=\left\{f_{i_{1}} \circ \cdots \circ f_{i_{m}}: 1 \leq\right.$ $\left.i_{1}, \ldots, i_{m} \leq M\right\}$, generates the same invariant set. Denoting by $r_{\max }<1$ the maximum of the contraction ratios $r_{1}, \ldots, r_{M}$, we have $\operatorname{LIP}(f)<r_{\max }^{m}$ for every $f \in \mathcal{F}^{(m)}$. Since $r_{\text {max }}^{m}<1 / c$ for sufficiently large $m$, every invariant set $K$ for an IFS in $\mathbb{R}^{2}$ admits a horizontal lift to $\mathbb{H}$, provided we are willing to view $K$ as the invariant set for a finer collection of contractions as above.

Self-similar sets of Cantor type in the Heisenberg group have been considered earlier by Balogh [3] in connection with the distortion of Hausdorff dimension by quasiconformal maps.
3.8. Symbolic dynamics. The dynamical attributes of an iterated function system are encoded via its representation as a quotient of a standard sequence space. We study the connection between the symbolic representations of an IFS in $\mathbb{R}^{2}$ and its horizontal lifts to $\mathbb{H}$.

Let $A$ be an alphabet consisting of the letters $1, \ldots, M$. Let $W_{m}=A^{m}, m \geq 1$ (respectively $\Sigma=A^{\mathbb{N}}$ ) denote the space of words of length $m$ (respectively words of infinite length) with letters drawn from $A$. We denote elements of these spaces by concatenation of letters, i.e. $w=w_{1} w_{2} \cdots w_{m} \in W_{m}$ or $w=w_{1} w_{2} \cdots \in \Sigma$, where $w_{j} \in A$ for each $j$. Let $W=\bigcup_{m \geq 1} W_{m}$ be the collection of all words of finite length. Denote the length of a word $w \in \bar{W}$ by $|w|$. For fixed $i \in A$, let $\bar{i}$ be the infinite word iii....

Assume now that $\mathcal{F}=\left\{f_{i}\right\}_{i \in A}$ is an IFS in a complete metric space $X$ with invariant set $K$. As before, denote by $r_{i}=\operatorname{LIP}\left(f_{i}\right)<1$ the Lipschitz constant for $f_{i}$. For any finite word $w=w_{1} \cdots w_{m}$ let

$$
f_{w}=f_{w_{1}} \circ \cdots \circ f_{w_{m}}, \quad r_{w}=r_{w_{1}} \cdots r_{w_{m}}
$$

and $K_{w}=f_{w}(K)$. Then $K=\bigcup_{w \in W_{m}} K_{w}$ for each $m$ and

$$
\max _{w \in W_{m}} \operatorname{diam} K_{w} \rightarrow 0, \text { as } m \rightarrow \infty
$$

We also define $K_{w}$ for infinite words $w=w_{1} w_{2} \cdots$ by setting $K_{w}=\cap_{m} K_{w_{1} \cdots w_{m}}$. In this case, $K_{w}$ consists of a single point in $K$.

We denote by $\sigma$ the shift map on $\Sigma$ :

$$
\sigma\left(w_{1} w_{2} w_{3} \cdots\right)=w_{2} w_{3} \cdots
$$

We consider on $\Sigma$ the product topology induced by the discrete topology on $A$ and we define a map $p=p_{\mathcal{F}}: \Sigma \rightarrow K$ by setting $p(w)$ equal to the unique point in $K_{w}$. Then $p$ is a continuous surjection from $\Sigma$ to $K$ given by

$$
\begin{equation*}
p(w)=\lim _{m \rightarrow \infty} f_{w_{1} \cdots w_{m}}\left(x_{0}\right), \quad w=w_{1} w_{2} \cdots \in \Sigma \tag{3.9}
\end{equation*}
$$

where $x_{0}$ is an arbitrarily chosen point in $X$. On the other hand, the mapping $p: \Sigma \rightarrow K$ in general is not injective. This is described in the following.
Proposition 3.10. $p(w)=p\left(w^{\prime}\right)$ for $w \neq w^{\prime} \in \Sigma$ if and only if $p\left(\sigma^{s} w\right)=p\left(\sigma^{s} w^{\prime}\right) \in$ $\bigcup_{i \neq j} K_{i} \cap K_{j}$, where $s=s\left(w, w^{\prime}\right):=\min \left\{m: w_{m} \neq w_{m}^{\prime}\right\}-1$.

This is [17, Proposition 1.2.5]. Observe that $s=s\left(w, w^{\prime}\right)$ if and only if $w_{i}=w_{i}^{\prime}$ for $1 \leq i \leq s$ and $w_{s+1} \neq w_{s+1}^{\prime}$.

In the remainder of the paper, we typically work in the situation described in the following assumption.

Assumption 3.11. $\mathcal{F}=\left\{f_{i}\right\}_{i \in A}$ is an iterated function system on $\mathbb{R}^{2}$ and $\mathcal{F}_{\mathrm{H}}=\left\{F_{i}\right\}_{i \in A}$ is a horizontal lift of $\mathcal{F}$ to $\mathbb{H}$.

We denote by $p: \Sigma \rightarrow K$ and $p_{\mathrm{H}}: \Sigma \rightarrow K_{\mathrm{H}}$ the canonical surjections from sequence space onto the invariant sets for $\mathcal{F}$ and $\mathcal{F}_{\mathrm{H}}$ respectively.

Lemma 3.12. $p=\pi \circ p_{\mathrm{H}}$.
Proof. This is an immediate consequence of the lifting identity $\pi \circ F=f \circ \pi$ and (3.9).
3.13. Post-critical finiteness and the open set condition. Following Hutchinson [16] (but see also Moran [22]), we say that an IFS $\mathcal{F}=\left\{f_{i}\right\}_{i \in A}$ satisfies the open set condition (OSC) if there exists a non-empty bounded open set $O$ such that $f_{j}(O) \subset O$ for all $j$ and $f_{j}(O) \cap f_{k}(O)=\emptyset$ for all $j \neq k$.

Proposition 3.14. Let $\mathcal{F}$ and $\mathcal{F}_{\mathrm{H}}$ be as in Assumption 3.11. If $\mathcal{F}$ satisfies the open set condition, then $\mathcal{F}_{\mathrm{H}}$ satisfies the open set condition.

Proof. By (1.7), each lift $F_{j} \in \mathcal{F}_{\mathrm{H}}$ can be written in the form

$$
F_{j}(x, t)=\left(f_{j}(x), \lambda_{j} t+h_{j}(x)\right),
$$

where $h_{j}$ satisfies the equation $\nabla h_{j}=2\left(\lambda_{j} J-D f_{j}^{*} \cdot J f_{j}\right)$.
Let $O$ be an open set in $\mathbb{R}^{2}$ which verifies the OSC for $\mathcal{F}$. Then $K \subset \bar{O}$ [17, Exercise 1.2]. Choose $R>0$ so large that $O \subset B(0, R), \max \left\{\left|f_{1}(0)\right|, \ldots,\left|f_{M}(0)\right|\right\} \leq R$ and $\max \left\{\left|h_{1}(0)\right|, \ldots,\left|h_{M}(0)\right|\right\} \leq R^{2}$, and set

$$
L:=\frac{5 R^{2}}{1-r_{\max }^{2}}
$$

We claim that the open set $U:=O \times(-L, L)$ verifies the OSC for $\mathcal{F}_{\mathrm{H}}$. Note that the sets $F_{j}(U)$ are pairwise disjoint since the corresponding sets $f_{j}(O)$ are. To complete the proof it suffices to show that $F_{j}(U) \subset U$ for each $j$. It is enough to show that

$$
\begin{equation*}
\left|\lambda_{j} t+h_{j}(x)\right|<L \tag{3.15}
\end{equation*}
$$

for every $(x, t) \in U$. Applying Theorem 1.6, specifically (2.12), we deduce that

$$
\left|h_{j}(x)-h_{j}(0)-2\left\langle f_{j}(0), J f_{j}(x)\right\rangle\right| \leq \sqrt{2+\sqrt{3}} r_{j}^{2}|x|^{2}
$$

and so

$$
\left|h_{j}(x)\right|<\left|h_{j}(0)\right|+2\left|f_{j}(0)\right| \cdot\left|f_{j}(x)\right|+2 r_{j}^{2}|x|^{2} \leq 5 R^{2} .
$$

Since $\left|\lambda_{j}\right| \leq r_{j}^{2} \leq r_{\text {max }}^{2}$,

$$
\left|\lambda_{j} t+h_{j}(x)\right|<r_{\max }^{2} L+5 R^{2}=L
$$

For a general IFS $\mathcal{F}$ on a metric space $X$, let $C(\mathcal{F}):=\bigcup_{i \neq j} K_{i} \cap K_{j}$ denote the critical set for the images $K_{i}=f_{i}(K)$. Then the critical symbols

$$
\mathcal{C}:=p^{-1}(C(\mathcal{F}))
$$

and the post-critical symbols

$$
\mathcal{P}:=\bigcup_{m \geq 1} \sigma^{m}(\mathcal{C})
$$

are defined as subsets of the sequence space $\Sigma$. An IFS is said to be post-critically finite (PCF) if it has finitely many post-critical symbols.

The post-critical set $V_{0}:=p(\mathcal{P})$ is defined as the image of the set of post-critical symbols $\dagger$. Equivalently,

$$
\begin{equation*}
V_{0}=\bigcup_{w \in W} f_{w}^{-1}(C(\mathcal{F})) \cap K \tag{3.16}
\end{equation*}
$$

Many classical examples (Cantor sets, the von Koch snowflake curve, the Sierpinski gasket) are invariant sets of PCF IFSs. The next lemma asserts the uniqueness of symbolic representatives of fixed points in post-critically finite systems. It appears as [17, Lemma 1.3.14].
$\dagger$ This terminology differs slightly from that of [17], where the terms 'critical' and 'post-critical set' refer to the subsets $\mathcal{C}$ and $\mathcal{P}$ of symbol space.

Lemma 3.17. Let $\mathcal{F}$ be post-critically finite and let $a_{i}$ be the fixed point for $f_{i} \in \mathcal{F}$. Then $p^{-1}\left(a_{i}\right)=\{\bar{i}\}$.

Since points in the critical set have non-unique symbolic representatives, we have the following.

Corollary 3.18. Let $\mathcal{F}$ be post-critically finite. Then the critical set $C(\mathcal{F})$ and the set of fixed points of the maps in $\mathcal{F}$ are disjoint.

We now return to the setting of Assumption 3.11 and prove that post-critical finiteness of IFSs passes to horizontal lifts.
Proposition 3.19. Let $\mathcal{F}$ and $\mathcal{F}_{\mathrm{H}}$ be as in Assumption 3.11. If $\mathcal{F}$ is post-critically finite, then $\mathcal{F}_{\mathrm{H}}$ is post-critically finite.

The converse of Proposition 3.19 is not true. See, for example the Cantor-type lift of the unit square $Q$ in Example 5.1(i).

Proof. From the basic identity $\pi \circ F_{j}=f_{j} \circ \pi$ we deduce that the following diagram commutes:


In particular we have that $\pi\left(C\left(\mathcal{F}_{\mathrm{H}}\right)\right)=C(\mathcal{F})$. Since

$$
p\left(\mathcal{C}_{\mathrm{H}}\right)=p \circ p_{\mathrm{H}}^{-1}\left(C\left(\mathcal{F}_{\mathrm{H}}\right)\right)=\pi\left(C\left(\mathcal{F}_{\mathrm{H}}\right)\right)=C(\mathcal{F}),
$$

we have $\mathcal{C}_{\mathrm{H}} \subset \mathcal{C}_{\mathrm{E}}$ and so $\mathcal{P}_{\mathrm{H}} \subset \mathcal{P}_{\mathrm{E}}$.

## 4. Connectivity of horizontal lifts

In this section we study the connectivity of invariant sets of horizontal lifts. We present here the proof of Theorem 1.11. Under the additional assumption that the planar IFS is affine we have more precise results. In Proposition 4.14 below we identify conditions on a planar affine IFS which imply that the principal horizontal lift is connected. Finally, in Proposition 4.18, we show that, under a set of hypotheses stronger than those of Theorem 1.11(ii), generic lifts of IFS are totally disconnected regardless of the size of the $\lambda_{i}$ 's.

For the proofs in this section, we use the following characterization of the connectivity of invariant sets, due to Hata [15] and presented in [17, Theorem 1.6.2]: $K$ is connected if and only if for any $i, j \in A$ there is a chain of indices $i=i_{0}, i_{1}, \ldots, i_{n}=j$ in $A$ so that $f_{i_{k-1}}(K) \cap f_{i_{k}}(K) \neq \emptyset$ for each $k=1, \ldots, n$.

Proof of Theorem 1.11. To prove (i) observe that by assumption, Hata's condition holds for each pair $i, j \in A$ for the planar fractal $K$. Fix $i_{0} \in A$ and set $\mathcal{I}_{0}=\left\{i_{0}\right\}$. Consider the collection $\mathcal{I}_{1} \subset A \backslash \mathcal{I}_{0}$ consisting of all $i$ such that $f_{i}(K) \cap f_{i_{0}}(K) \neq \emptyset$.

We proceed recursively. Assuming that $\mathcal{I}_{m}$ has already been defined, let $\mathcal{I}_{m+1} \subset$ $A \backslash\left(\mathcal{I}_{0} \cup \cdots \cup \mathcal{I}_{m}\right)$ denote the collection of $i$ for which $f_{i}(K) \cap f_{j}(K) \neq \emptyset$ for some $j \in \mathcal{I}_{m}$.

There may be more than one such index $j \in \mathcal{I}_{m}$ for which this condition is satisfied; choose one such index arbitrarily and call it the parent $\hat{i}$ of $i$.

After at most $M$ steps all elements of $A$ have been exhausted. Define a graph $G$ whose vertices are the elements of $A$, where two vertices $i$ and $j$ are connected by an edge if $j \in \mathcal{I}_{m}$ and $i \in \mathcal{I}_{m+1}$ for some $m$, with $j=\hat{i}$. Note that $G$ is a tree.

Our goal is to show that there is a choice of the parameter $\tau=\left(\tau_{1}, \ldots, \tau_{M}\right) \in \mathbb{R}^{M}$ so that Hata's condition is satisfied for the corresponding lift. To do that let us consider a typical junction point for the planar system. Choose a pair of elements $i, j \in A$ which are adjacent vertices in $G$. There exist points $x_{i}, x_{j} \in K$ such that $f_{i}\left(x_{i}\right)=f_{j}\left(x_{j}\right)$. We seek a choice of the parameter $\tau$ for which

$$
\begin{equation*}
F_{i}\left(x_{i}, t_{i}\right)=F_{j}\left(x_{j}, t_{j}\right) \tag{4.1}
\end{equation*}
$$

for some $t_{i}, t_{j} \in \mathbb{R}$ with $\left(x_{i}, t_{i}\right),\left(x_{j}, t_{j}\right) \in K_{\mathrm{H}}$. If it is possible to find $\tau \in \mathbb{R}^{M}$ so that (4.1) holds simultaneously for all pairs $(i, j)$ in question, then Hata's condition will also be satisfied for $K_{\mathrm{H}}$ and connectivity will follow.

Observe that (4.1) is equivalent to

$$
h_{i}\left(x_{i}, t_{i}\right)=h_{j}\left(x_{j}, t_{j}\right)
$$

where

$$
\begin{equation*}
h_{i}(x, t)=\lambda_{i} t+h_{0, i}(x)+\tau_{i} \tag{4.2}
\end{equation*}
$$

is the $t$-coordinate of $F_{i}(x, t)$. This implies the equality

$$
\begin{equation*}
\lambda_{i} t_{i}+h_{0, i}\left(x_{i}\right)+\tau_{i}=\lambda_{j} t_{j}+h_{0, j}\left(x_{j}\right)+\tau_{j} . \tag{4.3}
\end{equation*}
$$

It is important to notice that the values $t_{i}, t_{j}$ depend on the choice of $\tau_{1}, \ldots, \tau_{M}$ as required by the condition $\left(x_{i}, t_{i}\right),\left(x_{j}, t_{j}\right) \in K_{\mathrm{H}}$.

To study this dependence we use the symbolic representations of $x_{i}, x_{j} \in K$. Let $w_{i}$, $w_{j} \in \Sigma$ be such that $p w_{i}=x_{i}, p w_{j}=x_{j}$. Writing

$$
w_{i}=i_{1} \cdots i_{k} \cdots, \quad w_{j}=j_{1} \cdots j_{k} \cdots
$$

gives

$$
x_{i}=\lim _{k \rightarrow \infty} f_{i_{1}} \circ \cdots \circ f_{i_{k}}\left(x_{0}\right),
$$

and

$$
x_{j}=\lim _{k \rightarrow \infty} f_{j_{1}} \circ \cdots \circ f_{j_{k}}\left(x_{0}\right),
$$

where $x_{0} \in \mathbb{R}^{2}$ is fixed.
For the corresponding liftings we obtain

$$
\left(x_{i}, t_{i}\right)=\lim _{k \rightarrow \infty}\left(F_{i_{1}} \circ \cdots \circ F_{i_{k}}\right)\left(x_{0}, t_{0}\right)
$$

and

$$
\left(x_{j}, t_{j}\right)=\lim _{k \rightarrow \infty}\left(F_{j_{1}} \circ \cdots \circ F_{j_{k}}\right)\left(x_{0}, t_{0}\right),
$$

where $t_{0} \in \mathbb{R}$ is again fixed. From the formula for $F_{i}(x, t)$ and Proposition 2.17 we deduce a formula for a finite composition of $F_{i}$ 's:

$$
F_{i_{1}} \circ \cdots \circ F_{i_{k}}(x, t)=\left(f_{i_{1}} \circ \cdots f_{i_{k}}(x), \lambda_{i_{1} \cdots i_{k}} \cdot t+h_{0, i_{1} \cdots i_{k}}(x)+\tau_{i_{1} \cdots i_{k}}\right) .
$$

We obtain from this the recurrence relations

$$
\begin{gather*}
\lambda_{i_{1} \cdots i_{k+1}}=\lambda_{i_{k+1}} \cdot \lambda_{i_{1} \cdots i_{k}} \\
h_{0, i_{1} \cdots i_{k+1}}=\lambda_{i_{1} \cdots i_{k}} \cdot h_{0, i_{k+1}}+h_{0, i_{1} \cdots i_{k}}  \tag{4.4}\\
\tau_{i_{1} \cdots i_{k+1}}=\lambda_{i_{1} \cdots i_{k}} \cdot \tau_{i_{k+1}}+\tau_{i_{1} \cdots i_{k}} .
\end{gather*}
$$

Explicit solutions to these recurrence relations are as follows:

$$
\begin{gathered}
\lambda_{i_{1} \cdots i_{k}}=\prod_{j=1}^{k} \lambda_{i_{j}} \\
\tau_{i_{1} \cdots i_{k}}=\sum_{r=1}^{k}\left(\prod_{l=1}^{r-1} \lambda_{i_{l}}\right) \cdot \tau_{i_{r}} \\
h_{0, i_{1} \cdots i_{k}}=\sum_{r=1}^{k}\left(\prod_{l=1}^{r-1} \lambda_{i_{l}}\right) \cdot h_{0, i_{r}}
\end{gathered}
$$

In the above relations the convention $\prod_{r=1}^{0}=1$ has been used.
Taking limits as $k \rightarrow \infty$ we obtain

$$
t_{i}=\sum_{r=1}^{\infty}\left(\prod_{l=1}^{r-1} \lambda_{i_{l}}\right) \cdot h_{0, i_{r}}\left(x_{0}\right)+\sum_{r=1}^{\infty}\left(\prod_{l=1}^{r-1} \lambda_{i_{l}}\right) \cdot \tau_{i_{r}} .
$$

Using this explicit dependence of $t_{i}$ on the parameters $\tau$ in (4.3) yields

$$
\begin{equation*}
\tau_{i}-\tau_{j}+\lambda_{i} \sum_{r=1}^{\infty}\left(\prod_{l=1}^{r-1} \lambda_{i_{l}}\right) \cdot \tau_{i_{r}}-\lambda_{j} \sum_{r=1}^{\infty}\left(\prod_{l=1}^{r-1} \lambda_{j_{l}}\right) \cdot \tau_{j_{r}}=u_{i j} \tag{4.5}
\end{equation*}
$$

where $u_{i j}$ is independent of $\tau$.
Let us express the infinite series in (4.5) as a linear function in the variables $\tau_{i}$ with coefficients depending on $\lambda_{i}$. The equation takes the form

$$
\begin{equation*}
\tau_{i}-\tau_{j}+\sum_{l=1}^{M} g_{i j l}\left(\lambda_{1}, \ldots, \lambda_{M}\right) \tau_{l}=u_{i j} \tag{4.6}
\end{equation*}
$$

where the function $g_{i j l}$ verifies the estimate

$$
\left|g_{i j l}\left(\lambda_{1}, \ldots, \lambda_{M}\right)\right| \leq \frac{2 \lambda_{\max }}{1-\lambda_{\max }}
$$

Note that when $\lambda_{1}=\cdots=\lambda_{M}=0$ our equations read

$$
\tau_{i}-\tau_{j}=u_{i j}
$$

Order the variables and the equations of the resulting system according to the hierarchy of indices from the beginning of our proof, so that indices in $\mathcal{I}_{0}$ are considered first, followed by indices in $\mathcal{I}_{1}, \mathcal{I}_{2}$, etc. The system in (4.6) has $M-1$ equations in $M$ unknowns $\tau_{1}, \ldots, \tau_{M}$. Consider the coefficient matrix of this system. Observe that if we leave out the first column (corresponding to the base vertex $i_{0} \in \mathcal{I}_{0}$ ) we obtain an $(M-1) \times(M-1)$ lower triangular matrix whose entries are all 1 on the diagonal. This implies that the system
surely has solutions in the case $\lambda_{1}=\cdots=\lambda_{M}=0$. By the continuity of the coefficients with respect to the $\lambda_{i}$ 's this property persists for small $\lambda_{i}$ 's. This finishes the proof of the first statement.

To prove the second statement we show that the sets $F_{i}\left(K_{\mathrm{H}}\right)$ are disjoint for $\mathcal{L}^{M}$ almost every $\tau=\left(\tau_{1}, \ldots, \tau_{M}\right) \in \mathbb{R}^{M}$. For an arbitrary pair of indices $i, j$ (not necessarily related as in the first part of the proof) consider the set

$$
Z_{i j}:=\left\{\tau \in \mathbb{R}^{M}: \begin{array}{c}
F_{i}\left(K_{\mathrm{H}}\right) \cap F_{j}\left(K_{\mathrm{H}}\right) \neq \emptyset  \tag{4.7}\\
\text { for the lift } \mathcal{F}_{\mathrm{H}} \text { corresponding to } \tau
\end{array}\right\}
$$

It suffices to show that $\mathcal{L}^{M}\left(Z_{i j}\right)=0$ for all such $i$ and $j$. In fact, we will show that $Z_{i j}$ is contained in a finite union of affine subspaces of $\mathbb{R}^{M}$ of codimension one provided that the $\lambda_{i}$ 's are sufficiently small.

Our argument uses considerations from the first part of the proof. Notice first that the PCF condition implies that $f_{i}(K) \cap f_{j}(K)$ contains at most finitely many points. On the other hand, by looking at the vertical coordinates of elements of $F_{i}\left(K_{\mathrm{H}}\right) \cap F_{j}\left(K_{\mathrm{H}}\right)$, we obtain condition (4.6), where the right side can take only finitely many values. When $\lambda_{i}=0$ we obtain again the non-degenerate equation $\tau_{i}-\tau_{j}=u_{i j}$ which shows that $Z_{i j}$ is contained in a finite union of hyperplanes. By the continuity of the coefficients of (4.6) with respect to the $\lambda_{i}$ 's, the non-degeneracy persists for small $\lambda_{i}$ 's. This completes the proof.

In the following we give some more explicit sufficient conditions for the connectedness of $K_{\mathrm{H}}$. We begin by introducing another class of IFS (which includes, for example, the von Koch curve) where a connected lift exists.

Proposition 4.8. Let $\mathcal{F}=\left\{f_{1}, \ldots, f_{M}\right\}$ be an IFS such that

$$
\begin{equation*}
\lambda_{1}+\cdots+\lambda_{M} \neq 1 \tag{4.9}
\end{equation*}
$$

and

$$
\begin{equation*}
f_{i-1}\left(a_{M}\right)=f_{i}\left(a_{1}\right), \quad i=2, \ldots, M, \tag{4.10}
\end{equation*}
$$

where $a_{i}$ denotes the fixed point of $f_{i}$. Then there exists a lift $\mathcal{F}_{\mathrm{H}}$ of $\mathcal{F}$ for which $K_{\mathrm{H}}$ is connected.

Proof. Write $F_{i}(x, t)=\left(f_{i}(x), \lambda_{i} t+h_{0, i}(x)+\tau_{i}\right)$. We may assume that $h_{0, i}\left(a_{i}\right)=0$. The fixed point of $F_{i}$ is

$$
p_{i}=\left(a_{i}, \frac{\tau_{i}}{1-\lambda_{i}}\right)
$$

We now prove that we can find $\tau_{1}, \ldots, \tau_{M}$ such that $K_{\mathrm{H}}$ is connected. Using again Hata's condition of connectivity and (4.10), we obtain

$$
\begin{equation*}
F_{i-1}\left(p_{M}\right)=F_{i}\left(p_{1}\right) \quad i=2, \ldots, M \tag{4.11}
\end{equation*}
$$

provided $\tau_{1}, \ldots, \tau_{M}$ are chosen to satisfy the linear system of equations with coefficient
matrix

$$
\mathbf{M}:=\left(\begin{array}{cccccc}
1-\lambda_{2} /\left(1-\lambda_{1}\right) & -1 & & & & \lambda_{1} /\left(1-\lambda_{M}\right)  \tag{4.12}\\
-\lambda_{3} /\left(1-\lambda_{1}\right) & 1 & -1 & & & \lambda_{2} /\left(1-\lambda_{M}\right) \\
\vdots & & \ddots & \ddots & & \vdots \\
-\lambda_{M-1} /\left(1-\lambda_{1}\right) & & & 1 & -1 & \lambda_{M-2} /\left(1-\lambda_{M}\right) \\
-\lambda_{M} /\left(1-\lambda_{1}\right) & & & & 1 & -1+\lambda_{M-1} /\left(1-\lambda_{M}\right)
\end{array}\right)
$$

The condition $\sum_{i=1}^{M} \lambda_{i} \neq 1$ implies that the rank of $\mathbf{M}$ is $M-1$, so the system is solvable. Hata's condition guarantees the existence of a connected lift.

Remark 4.13. If $\sum_{i=1}^{M} \lambda_{i}=1$ the rank of $\mathbf{M}$ is $M-2$. The conclusion of the proposition continues to hold if we assume in addition that $\sum_{i=1}^{M} h_{0, i}\left(a_{1}\right)-h_{0, i}\left(a_{M}\right)=0$. We leave the details to the reader.

Next we consider affine IFSs.
PROPOSITION 4.14. Let $\mathcal{F}=\left\{f_{1}, \ldots, f_{M}\right\}, f_{i}(x)=A_{i} x+b_{i}$, be an affine iterated function system with invariant set $K$. For each $i$, let $a_{i}=\left(I-A_{i}\right)^{-1}\left(b_{i}\right)$ be the fixed point of $f_{i}$. Assume that:
(i) $a_{1}=0$;
(ii) for each $i=2, \ldots, M, a_{i}$ is an eigenvector of $A_{1}+A_{i}$ with eigenvalue 1 ; and
(iii) for each $i,\left\langle A_{i} a_{i}, J a_{i}\right\rangle=0$.

Let $\mathcal{F}_{\mathrm{H}}=\left\{F_{i}\right\}_{i \in A}$ be the principal horizontal lift. Then $K_{\mathrm{H}}$ and $K$ are connected.
Proof. We will use again Hata's condition and verify that $F_{i}(0,0)=F_{1}\left(a_{i}, 0\right)$ for each $i \geq 2$. From the condition $\left(A_{1}+A_{i}\right) a_{i}=a_{i}$ we deduce that $f_{1}\left(a_{i}\right)=f_{i}(0)$. This implies the connectivity of $K$.

Using the fact that we are working with principal lifts in conjunction with (2.16) we compute that the horizontal lifts of $f_{i}, i=2, \ldots, M$, are

$$
F_{i}(x, t)=\left(A_{i} x+b_{i}, \operatorname{det} A_{i} t-2\left\langle A_{i}\left(x-a_{i}\right), J b_{i}\right\rangle\right) .
$$

Since the lift of $f_{1}$ is $F_{1}(x, t)=\left(A_{1} x, \operatorname{det} A_{1} t\right)$ it suffices to show that

$$
2\left\langle A_{i} a_{i}, J b_{i}\right\rangle=0 .
$$

But this is an immediate consequence of (iii) and the definition of $a_{i}$.
Corollary 4.15. Assume that $\mathcal{F}$ is a self-similar system so that $a_{1}=0, r_{i}=1-r_{1}$ for all $i=2, \ldots, M$, and $A_{i}=r_{i} \cdot I$ for all $i$. Then $K_{\mathrm{H}}$ and $K$ are connected.

The corollary implies, for example, that the principal horizontal lifts of the square $Q$ and the Sierpinski gasket SG from Examples 5.1 have connected invariant sets.
Remark 4.16. The above results give an abundance of cases where a connected invariant set $K_{\mathrm{H}}$ exists whenever $K$ is connected. We do not have any example of an IFS with connected $K$ for which $K_{\mathrm{H}}$ is disconnected for all choices of $\tau$. We conjecture that for an IFS $\mathcal{F}$ with connected invariant set $K$, there always exists a lift $\mathcal{F}_{\mathrm{H}}$ for which $K_{\mathrm{H}}$ is connected.

The final proposition of this section concerns the generic total disconnectivity of horizontal lifts. Here we impose the following assumption, which is stronger than postcritical finiteness.

Definition 4.17. An IFS $\mathcal{F}$ is strongly post-critically finite if every point in the post-critical set $V_{0}$ is a fixed point for an element of $\mathcal{F}$.

It is clear that strongly PCF systems are PCF. Hata's tree-like set [17, Example 1.2.9] is an example of a PCF system which is not strongly PCF.

Proposition 4.18. Let $\mathcal{F}$ be a strongly PCF iterated function system such that $\lambda_{i}+\lambda_{j}<1$ for all pairs $i, j, i \neq j$. Then the invariant set $K_{\mathrm{H}}$ is totally disconnected for almost every horizontal lift $\mathcal{F}_{\mathrm{H}}$.

Lemma 4.19. Let $\mathcal{F}$ be a PCF system with horizontal lift $\mathcal{F}_{\mathrm{H}}$. Let $a_{k}$ be the fixed point for some $f_{k} \in \mathcal{F}$ and let $p_{k}$ be the fixed point for the corresponding map $F_{k} \in \mathcal{F}_{\mathrm{H}}$. Then $\pi^{-1}\left(a_{k}\right)=\left\{p_{k}\right\}$.

Proof. Clearly $\pi\left(p_{k}\right)=a_{k}$. Suppose that $q \neq p_{k}$ satisfies $\pi(q)=a_{k}$. Then there exists a word $w \in \Sigma, w \neq \bar{k}$, so that $p_{\mathrm{H}}(w)=q$. Then $p(w)=a_{k}=p(\bar{k})$, contradicting Lemma 3.17.

Proof of Proposition 4.18. As before, parameterize the set of lifts of $\mathcal{F}$ by $\tau \in \mathbb{R}^{M}$. The idea of the proof is the same as in the second part of Theorem 1.11. In fact, we obtain in this case an explicit form for equations in the system (4.6) which ensures that the sets $Z_{i j}$ from (4.7) are contained in codimension-one affine subspaces of $\mathbb{R}^{M}$.

Let $\tau \in Z_{i j}$. Then $F_{i}\left(K_{\mathrm{H}}\right) \cap F_{j}\left(K_{\mathrm{H}}\right)$ is non-empty; let $\left(x_{0}, t_{0}\right)$ be an element of this set. Since $f_{i}(K) \cap f_{j}(K) \ni x_{0}$, the strong post-critical finiteness of $\mathcal{F}$ guarantees that $x_{0}=f_{i}\left(a_{k}\right)=f_{j}\left(a_{l}\right)$ for the fixed points $a_{k}, a_{l}$ of elements $f_{k}, f_{l} \in \mathcal{F}$. By Corollary 3.18, $i \neq k$ and $j \neq l$. By Lemma 4.19,

$$
\left(x_{0}, t_{0}\right)=F_{i}\left(p_{k}\right)=F_{j}\left(p_{l}\right),
$$

where $p_{k}=\left(a_{k}, \tau_{k} /\left(1-\lambda_{k}\right)\right)$ and $p_{l}=\left(a_{l}, \tau_{l} /\left(1-\lambda_{l}\right)\right)$ denote the fixed points of $F_{k}$ and $F_{l}$, respectively. (See the proof of Proposition 4.8.) From (4.2) we deduce the affine relation

$$
\begin{equation*}
\tau_{i}-\tau_{j}+\frac{\lambda_{i}}{1-\lambda_{k}} \tau_{k}-\frac{\lambda_{j}}{1-\lambda_{l}} \tau_{l}=h_{0, j}\left(a_{l}\right)-h_{0, i}\left(a_{k}\right) \tag{4.20}
\end{equation*}
$$

for each $\tau \in Z_{i j}$. To complete the proof, we show that (4.20) is never degenerate. From earlier remarks we see that (4.20) can be degenerate only if $i=l$ and $j=k$. But in this case (4.20) reads

$$
\left(1-\frac{\lambda_{j}}{1-\lambda_{i}}\right) \tau_{i}-\left(1-\frac{\lambda_{i}}{1-\lambda_{j}}\right) \tau_{j}=h_{0, j}\left(a_{i}\right)-h_{0, i}\left(a_{j}\right) .
$$

The assumption $\lambda_{i}+\lambda_{j}<1$ rules this out.
Under the OSC assumption, $\left|\lambda_{1}\right|+\cdots+\left|\lambda_{M}\right| \leq 1$. We thus obtain the following consequence in the case $M \geq 3$.


Figure 5.1. Horizontal lifts of $Q=[0,1]^{2}$ : (a) $\tau=(0,0,0,0)$, (b) random choice of $\tau$ in $\mathbb{R}^{4}$.

Corollary 4.21. Assume that $M \geq 3$. Let $\mathcal{F}$ be a strongly PCF iterated function system which satisfies the OSC. Assume that each map in $\mathcal{F}$ is orientation-preserving and nondegenerate (i.e. $\lambda_{i}>0$ ). Then the invariant set $K_{\mathrm{H}}$ is totally disconnected for almost every horizontal lift $\mathcal{F}_{\mathrm{H}}$.

## 5. Examples

We present here a few examples of horizontal lifts of iterated function systems. The first three examples are classical fractals generated by similarities, and example (4) is generated by affine maps.

Examples 5.1. Set $a_{1}=0, a_{2}=e_{1}, a_{3}=e_{2}$ and $a_{4}=e_{1}+e+2$, and let $f_{i}, i=1,2,3,4$, be the rotation-free similarities of $\mathbb{R}^{2}$ with contraction ratio $r_{i}=\frac{1}{2}$ and fixed points $a_{i}$.
(1) The IFS $\mathcal{F}=\left\{f_{1}, f_{2}, f_{3}, f_{4}\right\}$ has invariant set $K(\mathcal{F})=Q=[0,1]^{2}$. From (2.16) we derive the following expressions for the lifts $F_{i}$ :

$$
\begin{gathered}
F_{1}\left(x_{1}, x_{2}, t\right)=\left(\frac{1}{2} x_{1}, \frac{1}{2} x_{x}, \frac{1}{4} t+\tau_{1}\right), \\
F_{2}\left(x_{1}, x_{2}, t\right)=\left(\frac{1}{2} x_{1}+\frac{1}{2}, \frac{1}{2} x_{2}, \frac{1}{4} t-\frac{1}{2} x_{2}+\tau_{2}\right), \\
F_{3}\left(x_{1}, x_{2}, t\right)=\left(\frac{1}{2} x_{1}, \frac{1}{2} x_{2}+\frac{1}{2}, \frac{1}{4} t+\frac{1}{2} x_{1}+\tau_{3}\right), \\
F_{4}\left(x_{1}, x_{2}, t\right)=\left(\frac{1}{2} x_{1}+\frac{1}{2}, \frac{1}{2} x_{2}+\frac{1}{2}, \frac{1}{4} t+\frac{1}{2} x_{1}-\frac{1}{2} x_{2}+\tau_{4}\right),
\end{gathered}
$$

where $\tau=\left(\tau_{1}, \tau_{2}, \tau_{3}, \tau_{4}\right) \in \mathbb{R}^{4}$. Figure 5.1 shows an approximation (five iterations on the initial square $\left.[0,1]^{2}\right)$ of the invariant set $Q_{\mathrm{H}}=K\left(\mathcal{F}_{\mathrm{H}}\right)$ associated to two such lifted systems $\mathcal{F}_{\mathrm{H}}$. These examples satisfy the open set condition.

Figure 5.1(a) shows the principal horizontal lift (see Definition 3.6) associated with the choice $\tau=(0,0,0,0)$. According to Corollary 4.15 this invariant set is connected. This particular example will play an important role in the final section of this paper.

Figure 5.1(b) shows the (totally disconnected) invariant set for the lift associated with a generic choice of $\tau$ in $\mathbb{R}^{4}$.
(2) The IFS $\mathcal{F}=\left\{f_{1}, f_{2}, f_{3}\right\}$ is the prototypical example of a PCF system. In this case the invariant set is the Sierpinski gasket SG. Figure 5.2 shows an approximation (five iterations) of the principal horizontal lift of SG to the Heisenberg group, which gives a connected lift (see Corollary 4.15).


Figure 5.2. A lift of the Sierpinski gasket to $\mathbb{H}$.


Figure 5.3. Lifts of the von Koch curve with (a) $\tau=(0,-\sqrt{3} / 45, \sqrt{3} / 15,-8 \sqrt{3} / 45)$ and (b) $\tau=(0,0,0,0)$.
(3) The von Koch curve is a typical example for liftable IFSs treated by Proposition 4.8. The lifted functions are

$$
\begin{gathered}
F_{1}\left(x_{1}, x_{2}, t\right)=\left(\frac{x_{1}}{3}, \frac{x_{2}}{3}, \frac{t}{9}+\tau_{1}\right), \\
F_{2}\left(x_{1}, x_{2}, t\right)=\left(\frac{x_{1}}{6}-\frac{\sqrt{3} x_{2}}{6}+\frac{1}{3}, \frac{\sqrt{3} x_{1}}{6}+\frac{x_{2}}{6}, \frac{t}{9}-\frac{\sqrt{3} x_{1}}{9}-\frac{x_{2}}{9}+\tau_{2}\right), \\
F_{3}\left(x_{1}, x_{2}, t\right)=\left(\frac{x_{1}}{6}+\frac{\sqrt{3} x_{2}}{6}+\frac{1}{2}, \frac{-\sqrt{3} x_{1}}{6}+\frac{x_{2}}{6}+\frac{\sqrt{3}}{6}, \frac{t}{9}+\frac{2 \sqrt{3} x_{1}}{9}+\tau_{3}\right), \\
F_{4}\left(x_{1}, x_{2}, t\right)=\left(\frac{x_{1}}{3}+\frac{2}{3}, \frac{x_{2}}{3}, \frac{t}{9}-\frac{4 x_{2}}{9}+\tau_{4}\right),
\end{gathered}
$$

with fixed points $p_{1}=\left(0,0,9 \tau_{1} / 8\right)$ and $p_{4}=\left(1,0,9 \tau_{4} / 8\right)$ of $F_{1}$ and $F_{4}$. Condition (4.11) from Proposition 4.8 is easily checked. Figure 5.3 shows the fifth-iterate approximation for (a) a connected horizontal lift and (b) for a random (generic) choice of $\tau$ which leads to an unconnected lift.
(4) The last example depicted in Figure 5.4 (approximation with ten iterations) is taken from Falconer [11, Example 11.4]. The two specific functions whose projections lead to a


FIgure 5.4. Lifts of some self-affine curve to $\mathbb{H}$ : (a) connected with $\tau=(0,-3 / 20)$ and (b) disconnected with

$$
\tau=(0,0)
$$

self-affine curve are

$$
\begin{gathered}
F_{1}\left(x_{1}, x_{2}, t\right)=\left(\frac{x_{1}}{2}, \frac{x_{1}}{4}+\frac{3 x_{2}}{4}, \frac{3 t}{8}+\tau_{1}\right) \\
F_{2}\left(x_{1}, x_{2}, t\right)=\left(\frac{x_{1}}{2}+\frac{1}{2},-\frac{x_{1}}{4}+\frac{3 x_{2}}{4}+\frac{1}{4}, \frac{3 t}{8}+\frac{x_{1}}{2}-\frac{3 x_{2}}{4}+\tau_{2}\right) .
\end{gathered}
$$

6. Fiber structure of horizontal fractals and horizontal graphs in $\mathbb{H}$

The first objective in this section is to prove Theorem 1.13 stated in the introduction. We start with some preparations.
6.1. Symbolic uniqueness of irrational points. For the duration of this subsection, we work in the context of a general complete metric space $(X, d)$. Let $K$ be the invariant set for an IFS $\mathcal{F}$ on $X$. Recall that $C(\mathcal{F})=\bigcup_{i \neq j} K_{i} \cap K_{j}$ denotes the critical set for $\mathcal{F}$, while $\mathcal{C}=p^{-1}(C(\mathcal{F}))$ and $\mathcal{P}=\bigcup_{m \geq 1} \sigma^{m}(\mathcal{C})$ denote the critical and post-critical symbol sets in $\Sigma$.

Set $V_{0}=p(\mathcal{P})$ to be the post-critical set. For $m \in \mathbb{N}$, let

$$
V_{m}:=\bigcup_{|w| \leq m} f_{w}\left(V_{0}\right) \quad \text { and } \quad V_{*}:=\bigcup_{w \in W} f_{w}\left(V_{0}\right)
$$

We view $V_{*}$ as the set of 'rational' points in $K$. If $V_{0}$ is non-empty, then $V_{*}$ is dense in $K$ [17, Lemma 1.3.11]. If $\mathcal{F}$ is post-critically finite then $V_{*}$ is countable.

Lemma 6.2. If $x \in K \backslash V_{*}$, then there exists a unique word in $p^{-1}(x)$.
Proof. Suppose that $p(w)=x=p\left(w^{\prime}\right)$ for two distinct words $w, w^{\prime} \in \Sigma$. By Proposition 3.10, $p\left(\sigma^{s} w\right)=p\left(\sigma^{s} w^{\prime}\right) \in C(\mathcal{F})$, where $s=s\left(w, w^{\prime}\right)$ is the maximal length of a common initial word of $w$ and $w^{\prime}$ as defined in Proposition 3.10. Thus, $\sigma^{s} w \in \mathcal{C}$, which implies $p\left(\sigma^{s+1} w\right) \in V_{0}$ and

$$
x=p(w)=f_{w_{1} \cdots w_{s+1}}\left(p\left(\sigma^{s+1} w\right)\right) \in V_{s+1} .
$$

6.3. Fiber structure of horizontal lifts. We now specialize to the case when $\mathcal{F}$ and $\mathcal{F}_{\mathrm{H}}$ are IFSs satisfying Assumption 3.11.

## Lemma 6.4.

(i) If $x \in K \backslash V_{*}$, then $\alpha(x)$ is a singleton.
(ii) If $x \in V_{m} \backslash V_{m-1}$ for some $m \geq 1$, then

$$
\operatorname{diam}_{\mathrm{H}} \alpha(x) \leq c r_{\max }^{m-1} \operatorname{diam}_{\mathrm{H}} K_{\mathrm{H}}
$$

Let $\beta$ be a selection of $\alpha$. Then
(iii) $\operatorname{diam}_{\mathrm{H}} \beta\left(F_{v}\left(K_{\mathrm{H}}\right)\right) \leq c r_{v} \operatorname{diam}_{\mathrm{H}} K_{\mathrm{H}}$ for each $v \in W$.

Since $d_{\mathrm{H}}=\sqrt{d_{\mathrm{E}}}$ when restricted to a fiber $\pi^{-1}(x), x \in \mathbb{R}^{2}$, we have the following corollary to part (ii) of Lemma 6.4.

COROLLARY 6.5. If $x \in V_{m} \backslash V_{m-1}$ for some $m \geq 1$, then

$$
\operatorname{diam}_{\mathrm{E}} \alpha(x) \leq C r_{\max }^{2 m}
$$

where $C=c^{2} \operatorname{diam}_{\mathrm{H}} K_{\mathrm{H}} / r^{2}$.
Corollary 6.5 will play an important role in the proof of Theorem 1.14.
Proof of Lemma 6.4. By applying a preliminary dilation, we may assume that the Heisenberg diameter of $K_{\mathrm{H}}$ is one.

Part (i) follows immediately from Lemma 6.2, since each element of $\pi^{-1}(x) \cap K_{\mathrm{H}}$ induces a distinct symbolic representative for $x$.

To prove (ii), assume that $(x, t)$ and $\left(x, t^{\prime}\right)$ are elements of $K_{\mathrm{H}}$ with $t \neq t^{\prime}$. From (i) we see that $x \in V_{s+1}$; since $V_{0} \subset V_{1} \subset \cdots$ we must have $s+1 \geq m$. Moreover, we find $w, w^{\prime} \in \Sigma, w \neq w^{\prime}$, such that $p(w)=x=p\left(w^{\prime}\right)$. Denote by $v \in W_{s}$ the maximal initial word common to $w$ and $w^{\prime}$. Then $(x, t),\left(x, t^{\prime}\right) \in F_{v}\left(K_{\mathrm{H}}\right)$. Since $F_{v}$ is a lift of $f_{v}$ (see Proposition 2.17), it is $c r_{v}$-Lipschitz in the Heisenberg metric. Thus,

$$
d_{\mathrm{H}}\left((x, t),\left(x, t^{\prime}\right)\right) \leq c r_{v} \leq c r_{\max }^{m-1}
$$

as desired.
The proof of (iii) is similar. Let $\beta$ be a selection of $\alpha$. Given $(x, t)$ and $\left(x^{\prime}, t^{\prime}\right)$ in $F_{v}\left(K_{\mathrm{H}}\right)$ we have

$$
d_{\mathrm{H}}\left((x, t),\left(x^{\prime}, t^{\prime}\right)\right) \leq c r_{v}
$$

Thus $\operatorname{diam}_{\mathrm{H}} \alpha\left(F_{v}\left(K_{\mathrm{H}}\right)\right) \leq c r_{v}$, where $\alpha(E):=\bigcup_{x \in E} \alpha(x), E \subset \mathbb{R}^{2}$, and so a fortiori $\operatorname{diam}_{\mathrm{H}} \beta\left(F_{v}\left(K_{\mathrm{H}}\right)\right) \leq c r_{v}$.

Let us finally turn to the following proof.
Proof of Theorem 1.13. Let $\beta$ be a selection of $\alpha$ and let $x \in K \backslash V_{*}$. Let $x^{(n)} \rightarrow x$ in $K$. By part (iii) of Lemma 6.4, it suffices to show that $s\left(w^{(n)}, w\right) \rightarrow \infty$ for any choice of words $w^{(n)}, w \in \Sigma$ with $p\left(w^{(n)}\right)=x^{(n)}$ and $p(w)=x$.

Suppose there exist words $w^{(n)}$ and $w$ with $s\left(w^{(n)}, w\right) \leq C<\infty$ for all $n$. Passing to a subsequence, we may assume that $s\left(w^{(n)}, w\right)=k$ for all $n$ and some $k \leq C$. Equivalently, $w_{k+1}^{(n)} \neq w_{k+1}$ for all $n$. Choose a limit $w^{(\infty)}$ for the sequence $\left(w^{(n)}\right)$ in $\Sigma$. Then $p\left(w^{(\infty)}\right)=x$ by the continuity of $p$, but $w_{k+1}^{(\infty)} \neq w_{k+1}$. This contradicts the uniqueness of symbolic representations of $x \in K \backslash V_{*}$ asserted in Lemma 6.2.
6.6. Horizontal graphs in the Heisenberg group. It is a question of some interest to determine the maximal degree of regularity of a horizontal graph in $\mathbb{H}$. Recall the notations $\mathcal{H}_{\mathrm{H}}^{\alpha}$ and $\mathcal{H}_{\mathrm{E}}^{\alpha}$ which stand for the $\alpha$-dimensional Hausdorff measure with respect to the metric $d_{\mathrm{H}}$ (respectively $d_{\mathrm{E}}$ ). Let $\Omega$ be a domain in $\mathbb{R}^{2}$ and let $\varphi: \Omega \rightarrow \mathbb{H}$. We say that $S:=\varphi(\Omega)$ is a horizontal surface if $0<\mathcal{H}_{\mathrm{H}}^{2}(S)<\infty$. If $\varphi$ is a graph over $\mathbb{R}^{2}$, i.e. $\pi \circ \varphi=\mathrm{id}$, we say that $S$ is a horizontal graph.

In an important recent work on rectifiability in metric spaces [2], Ambrosio and Kirchheim prove that there are no horizontal surfaces in the Heisenberg group $\mathbb{H}$ (with its Heisenberg metric $d_{\mathrm{H}}$ ) which are Lipschitz images of planar domains. More precisely (see [2, Theorem 7.2]), $\left(\mathbb{H}, d_{\mathrm{H}}\right)$ is purely 2-unrectifiable: $\mathcal{H}_{\mathrm{H}}^{2}(S)=0$ for every $S=\varphi(\Omega)$ with $\varphi: \Omega \rightarrow\left(\mathbb{H}, d_{\mathrm{H}}\right)$ Lipschitz, $\Omega \subset \mathbb{R}^{2}$.

In the case of graphs, the result of Ambrosio and Kirchheim can be strengthened as follows: there do not exist horizontal graphs in $\mathbb{R}^{3}$ (with the Euclidean metric $d_{\mathrm{E}}$ ) which are Lipschitz images of planar domains. The next theorem gives a more precise version of this claim. It is a natural extension to the Lipschitz category of the well-known fact that there are no $C^{1}$ horizontal surfaces in the Heisenberg group (viewing the target as $\mathbb{R}^{3}$ with the Euclidean metric). The latter result follows, for example, from Pansu's isoperimetric inequality [23] which implies that the Heisenberg dimension of such a surface is three.

THEOREM 6.7. Let $\Omega \subset \mathbb{R}^{2}$ be a domain and let $\varphi: \Omega \rightarrow\left(\mathbb{R}^{3}, d_{\mathrm{E}}\right)$ be a Lipschitz graph, i.e. $\pi \circ \varphi=\mathrm{id}$. Then $\mathcal{H}_{\mathrm{H}}^{2}(S)=\infty$, where $S=\varphi(\Omega)$.

The theorem is false without the assumption that $\varphi$ be a graph. For example, let $\Omega$ be a bounded domain and let $\varphi: \Omega \rightarrow \mathbb{R}^{3}$ be given by $\varphi(x)=(0,|x|)$. Then $\varphi$ is Lipschitz and $0<\mathcal{H}_{\mathrm{H}}^{2}(\varphi(\Omega))<\infty$.

Proof. Since the conclusion is local in nature we may assume without loss of generality that $\Omega$ is bounded. In addition, we may assume that $\Omega$ contains the origin. Write $\varphi(x)=(x, g(x)), g: \Omega \rightarrow \mathbb{R}$, and define $G: \mathbb{R}^{3} \rightarrow \mathbb{R}$ by $G(x, t)=g(x)-t$. Let $A:=\left\{x \in \Omega: \nabla_{\mathrm{H}} G(x) \neq 0\right\}$; thus $\varphi(\Omega \backslash A)$ is the set of characteristic points of the surface $S=\varphi(\Omega)$.

Assume first that $\mathcal{H}_{\mathrm{E}}^{2}(A)=0$. Fubini's theorem implies that

$$
\mathcal{H}_{\mathrm{E}}^{1}\left(C_{r} \cap A\right)=0
$$

for almost every radius $r$ such that $C_{r} \subset \Omega$, where $C_{r}$ denotes the circle centered at the origin of radius $r$. Since

$$
\nabla_{\mathrm{H}} G\left(x_{1}, x_{2}\right)=\left(\partial_{1} \varphi-2 x_{2}, \partial_{2} \varphi+2 x_{1}\right)
$$

we find

$$
\begin{aligned}
0=\int_{C_{r}} \nabla_{\mathrm{H}} G \cdot d s & =\int_{C_{r}} \nabla \varphi \cdot d s-2 \int_{C_{r}} J x \cdot d s \\
& =0+2 \int_{0}^{2 \pi}\left(x_{1}\left(x_{2}\right)^{\prime}-\left(x_{1}\right)^{\prime} x_{2}\right) d \theta \\
& =4 \pi r^{2}>0
\end{aligned}
$$

From this contradiction we deduce that this case cannot occur.

Assume then that $\mathcal{H}_{\mathrm{E}}^{2}(A)>0$. Without loss of generality we may assume that the tangent plane $T_{p} S$ exists at each point $p \in \pi^{-1}(A) \cap S$. We claim that

$$
\begin{equation*}
\mathcal{H}_{\mathrm{H}}^{3}(S)>0 \tag{6.8}
\end{equation*}
$$

which clearly implies the desired conclusion.
To prove (6.8) we will use the mass distribution principle [21, Theorem 8.8] which states that the Hausdorff $\alpha$-measure of a metric space $X$ is positive provided there exists a positive Borel measure $\mu$ on $X$ with $\alpha$-dimensional volume growth: $\mu(B(x, r)) \leq C r^{\alpha}$ for every $x \in X$ and $r>0$. In fact, we will show that the restriction of the Euclidean Hausdorff measure $\mathcal{H}_{\mathrm{E}}^{2}$ to $\pi^{-1}(A) \cap S$ has three-dimensional volume growth: there exists $C<\infty$ so that

$$
\begin{equation*}
\mathcal{H}_{\mathrm{E}}^{2}\left(B_{\mathrm{H}}(p, r) \cap S\right) \leq C r^{3} \tag{6.9}
\end{equation*}
$$

for every $p \in \pi^{-1}(A)$ and $r>0$. (Note that the positivity of the measure is guaranteed since $\mathcal{H}_{\mathrm{E}}^{2}\left(\pi^{-1}(A) \cap S\right) \geq \mathcal{H}_{\mathrm{E}}^{2}(A)>0$.)

The estimate in (6.9) follows from the Heisenberg box-ball theorem [4, (2.6)]. In our setting, this result states that

$$
\begin{equation*}
\operatorname{Box}(p, r / K) \subset B_{\mathrm{H}}(p, r) \subset \operatorname{Box}(p, K r) \tag{6.10}
\end{equation*}
$$

where $\operatorname{Box}(p, r)$ consists of those points $p+v \in \mathbb{R}^{3}$ for which $v=v_{p}^{1}+v_{p}^{2}, v_{p}^{1} \in H_{p} \mathbb{H}$, $\left|v_{p}^{1}\right| \leq r$ and $v_{p}^{2} \in \mathbb{R} T,\left|v_{p}^{2}\right| \leq r^{2}$. Since by assumption $p \in \pi^{-1}(A), p$ is noncharacteristic and $H_{p} \mathbb{H} \neq T_{p} S$. From this the inequality

$$
\begin{equation*}
\mathcal{H}_{\mathrm{E}}^{2}(\operatorname{Box}(p, r) \cap S) \leq C r^{3} \tag{6.11}
\end{equation*}
$$

is easy to verify, and then (6.9) follows from (6.11) and (6.10).
As the final result of this paper we prove Theorem 1.14, which asserts the existence of a horizontal BV surface in the Heisenberg group. The existence of such surfaces contrasts with the non-existence results from earlier in this section, specifically Theorem 6.7.

For simplicity, we have only stated Theorem 1.14 in the case of the Heisenberg square $Q_{\mathrm{H}}$. The result holds also in other situations. For example, it holds for the principal horizontal lifts associated with certain other self-similar iterated function systems whose invariant sets have non-empty interior. The proof is similar and we leave the details to the reader.

Recall that a function $g: \Omega \rightarrow \mathbb{R}, \Omega \subset \mathbb{R}^{n}$, is a function of bounded variation if $g \in L^{1}(\Omega)$ and

$$
\begin{equation*}
|D g|(\Omega):=\sup \left\{\int_{\Omega} g \cdot \operatorname{div} F d \mathcal{L}^{n}: F \in C_{0}^{\infty}\left(\Omega, \mathbb{R}^{n}\right),\|F\| \leq 1\right\} \tag{6.12}
\end{equation*}
$$

is finite. Equivalently, the distributional derivatives $\partial_{i} g$ exist as finite signed Radon measures. In this case we have the $\mathbb{R}^{n}$-valued signed measure $D g=\left(\partial_{1} g, \ldots, \partial_{n} g\right)$, whose total variation $|D g|(\Omega)$ coincides with the value in (6.12). We denote by $\operatorname{BV}(\Omega)$ the space of functions of bounded variation on $\Omega$ and we denote by

$$
\|g\|_{\mathrm{BV}}:=\|g\|_{L^{1}(\Omega)}+|D g|(\Omega)
$$

the BV-norm of $g$. For the general theory of BV functions, see [28, Chapter 5] or [1].

Proof of Theorem 1.14. Let $\beta: Q \rightarrow \mathbb{R}, \beta(x)=(x, g(x))$, be a selection of $\alpha$. There exists a sequence of piecewise linear (discontinuous) functions $g_{m}: Q \rightarrow \mathbb{R}$ so that $g_{m} \rightarrow g$ in $L^{1}(Q)$. These approximations are given by

$$
g_{m}=\sum_{w \in W_{m}} L_{w} \cdot \chi_{Q_{w}^{o}}
$$

where the $L_{w}$ 's are affine maps and $Q_{w}^{o}=f_{w}\left(Q^{o}\right)$. The functions $g_{m}$ are in $\operatorname{BV}\left(Q^{o}\right)$ and have

$$
D g_{m}=\sum_{w \in W_{m}} \nabla L_{w} \cdot \mathcal{L}^{2}\left\llcorner Q_{w}^{o}+\sum_{w \in W_{m}} L_{w} v_{w} \mathcal{H}^{1}\left\llcorner Q^{o} \cap \partial Q_{w}^{o} .\right.\right.
$$

Here $\nu_{w}$ denotes the inward-pointing unit normal to the domain $Q_{w}^{o}$. See, for example, [1, Example 3.3].

It follows that

$$
\begin{equation*}
\left\|g_{m}\right\|_{L^{1}(Q)}=\sum_{w \in W_{m}} \int_{Q_{w}}\left|L_{w}\right| d \mathcal{L}^{2} \tag{6.13}
\end{equation*}
$$

and

$$
\begin{equation*}
\left|D g_{m}\right|\left(Q^{o}\right) \leq \sum_{w \in W_{m}}\left|\nabla L_{w}\right| \cdot\left|Q_{w}\right|+\sum_{\substack{w, \tilde{w} \in W_{m} \\ w \sim \tilde{w}}} \int_{\Gamma_{w \tilde{w}}}\left|L_{w}-L_{\tilde{w}}\right| d \mathcal{H}^{1} \tag{6.14}
\end{equation*}
$$

where $w \sim \tilde{w}$ if and only if the squares $Q_{w}$ and $Q_{\tilde{w}}$ intersect along an edge and $\Gamma_{w \tilde{w}}=Q_{w} \cap Q_{\tilde{w}}$.

Lemma 6.15. There exist constants $A, B<\infty$ so that

$$
\sum_{w \in W_{m}} \int_{Q_{w}}\left|L_{w}\right| d \mathcal{L}^{2} \leq A+B
$$

and

$$
\sum_{w \in W_{m}}\left|\nabla L_{w}\right| \cdot\left|Q_{w}\right| \leq B
$$

for all $m$.
Lemma 6.16. Denoting by $C$ the constant in Corollary 6.5, we have

$$
\sum_{\substack{w, \tilde{w} \in W_{m} \\ w \sim \tilde{w}}} \int_{\Gamma_{w \tilde{w}}}\left|L_{w}-L_{\tilde{w}}\right| d \mathcal{H}^{1} \leq 4 C
$$

for every m.
Using these two lemmas in conjunction with (6.13) and (6.14), we see that

$$
\left\|g_{m}\right\|_{\mathrm{BV}} \leq 2 A+B+4 C<\infty
$$

for each $m$. From the lower semicontinuity of the BV-norm [1, (3.11)], we deduce that $g \in \mathrm{BV}\left(Q^{o}\right)$ with $\|g\|_{\mathrm{BV}} \leq 2 A+B+4 C$.

Proof of Lemma 6.16. From Corollary 6.5, it follows that

$$
\begin{equation*}
\left|L_{w}(x)-L_{\tilde{w}}(x)\right| \leq C \cdot 2^{-2 k} \tag{6.17}
\end{equation*}
$$

for any $x \in \Gamma_{w \tilde{w}}$ provided $s(w, \tilde{w})=k$. An elementary computation shows that the number of pairs of words $w, \tilde{w} \in W_{m}$ with $w \sim \tilde{w}$ and $s(w, \tilde{w})=k$, is $2^{m+k+1}$. Finally, $\mathcal{H}^{1}\left(\Gamma_{w \tilde{w}}\right)=2^{-m}$ for any such pair $w, \tilde{w}$.

Thus,

$$
\begin{aligned}
\sum_{\substack{w, \tilde{w} \in W_{m} \\
w \sim \tilde{w}}} \int_{\Gamma_{w \tilde{w}}}\left|L_{w}-L_{\tilde{w}}\right| d \mathcal{H}^{1} & \leq \sum_{k=0}^{m-1} \sum_{\substack{w, \tilde{w} \in W_{m} \\
w \sim \tilde{w}, s(w, \tilde{w})=k}} C \cdot 2^{-2 k} \mathcal{H}^{1}\left(\Gamma_{w \tilde{w})}\right) \\
& \leq C 2^{-m} \sum_{k=0}^{m-1} 2^{-2 k} \cdot 2^{m+k+1} \leq 4 C .
\end{aligned}
$$

Proof of Lemma 6.15. Set $L_{w}(x)=\left\langle a_{w}, x\right\rangle+b_{w}$, where $a_{w} \in \mathbb{R}^{2}$ and $b_{w} \in \mathbb{R}$. Then $\left|L_{w}(x)\right| \leq\left|a_{w}\right|+\left|b_{w}\right|$ for $x \in Q$ and $\left|\nabla L_{w}\right|=\left|a_{w}\right|$.

Set

$$
A_{m}=\max _{w \in W_{m}}\left|a_{w}\right|, \quad B_{m}=\max _{w \in W_{m}}\left|b_{w}\right| .
$$

For $m=0$ we have $L_{\emptyset}(x)=0$ and so $A_{0}=B_{0}=0$.
Next, we develop recursive inequalities for the expressions $A_{m}$ and $B_{m}$. Recall from §5 the notation $\alpha_{1}=0, \alpha_{1}=e_{1}, \alpha_{2}=e_{2}$ and $\alpha_{3}=e_{1}+e_{2}$ for the fixed points of the maps in the planar IFS. For $w \in W, j=1,2,3,4$, and $x \in \mathbb{R}^{2}$, we have

$$
L_{j w}(x)=\frac{1}{2} L_{w}(x)-\left\langle J \alpha_{j}, x\right\rangle-\frac{1}{4} L_{w}\left(\alpha_{j}\right) .
$$

Thus, $a_{j w}=\frac{1}{2} a_{w}-J \alpha_{j}$,

$$
\begin{aligned}
A_{m+1} & =\max _{w \in W_{m}}\left\{\left|a_{1 w}\right|,\left|a_{2 w}\right|,\left|a_{3 w}\right|,\left|a_{4 w}\right|\right\} \\
& \leq \max _{w \in W_{m}}\left(\frac{1}{2}\left|a_{w}\right|+\sqrt{2}\right)=\frac{1}{2} A_{m}+\sqrt{2},
\end{aligned}
$$

and

$$
A_{m} \leq 2 \sqrt{2}\left(1-2^{-m}\right)<2 \sqrt{2}=: A
$$

for all $m$.
Similarly, $b_{j w}=\frac{1}{4} b_{w}-\frac{1}{4}\left\langle a_{w}, \alpha_{j}\right\rangle$,

$$
B_{m+1} \leq \frac{1}{4} B_{m}+\frac{\sqrt{2}}{4} A_{m} \leq \frac{1}{4} B_{m}+1,
$$

and

$$
B_{m} \leq \frac{4}{3}\left(1-4^{-m}\right)<\frac{4}{3}=: B
$$

for all $m$.
The proof of the lemma is now completed by the estimates

$$
\sum_{w \in W_{m}} \int_{Q_{w}}\left|L_{w}\right| d \mathcal{L}^{2} \leq\left(A_{m}+B_{m}\right)|Q| \leq A+B
$$

and

$$
\sum_{w \in W_{m}}\left|\nabla L_{w}\right| \cdot\left|Q_{w}\right| \leq A_{m}|Q| \leq A
$$

Remark 6.18. Theorem 1.14 can be strengthened as follows: for each selection $\beta(x)$ of the set map $\alpha(x)=\pi^{-1}(x) \cap Q_{\mathrm{H}}$ corresponding to the principal horizontal lift $Q_{\mathrm{H}}$ of $Q$, the associated function $g: Q \rightarrow \mathbb{R}$ is in the class $\operatorname{SBV}\left(Q^{o}\right)$. Here $\operatorname{SBV}(\Omega), \Omega \subset \mathbb{R}^{n}$, denotes the class of special functions of bounded variation, defined as those functions $g \in \operatorname{BV}(\Omega)$ whose derivative measure $D g$ has no Cantor part. See [1, §4.1].

To prove this claim, we use the following sufficient condition for membership in the class $\operatorname{SBV}(\Omega)$, which can be found as [1, Theorem 4.7].

THEOREM 6.19. Let $\varphi:[0, \infty) \rightarrow[0, \infty)$ and $\theta:(0, \infty) \rightarrow(0, \infty)$ be lower semicontinuous increasing functions satisfying

$$
\begin{equation*}
\lim _{t \rightarrow \infty} \frac{\varphi(t)}{t}=\infty \quad \text { and } \quad \lim _{t \rightarrow 0} \frac{\theta(t)}{t}=\infty \tag{6.20}
\end{equation*}
$$

Let $\Omega \subset \mathbb{R}^{n}$ be open and bounded and let $u_{h} \in \operatorname{SBV}(\Omega), h \in \mathbb{N}$, such that $\left\|u_{h}\right\|_{\mathrm{BV}} \leq M$, $u_{h} \rightarrow u$ in $L^{1}(\Omega)$, and

$$
\begin{equation*}
\int_{\Omega} \varphi\left(\left|\nabla u_{h}\right|\right) d \mathcal{L}^{n}+\int_{J\left(u_{h}\right)} \theta\left(\operatorname{jump}\left(u_{h}\right)\right) d \mathcal{H}^{n-1} \leq M \tag{6.21}
\end{equation*}
$$

for some constant $M<\infty$. Then, $u \in \operatorname{SBV}(\Omega)$.
Here $J\left(u_{h}\right)$ denotes the jump set for $u_{h}$ and jump $\left(u_{h}\right)$ denotes the jump of $u_{h}$ across the jump set; see [1, Definition 3.67].

In the current setting we consider the sequence $g_{m}$ converging to $g$ as in the proof of Theorem 1.14. Observe that the jump set for $g_{m}$ is $Q^{o} \cap \bigcup_{w \in W_{m}} \partial Q_{w}$. It suffices to verify (6.21) for an appropriate choice of $\varphi$ and $\theta$. Let $\varphi(t)=t^{2}$ and $\theta(t)=t^{3 / 4}$. These functions satisfy the conditions in (6.20). By the method used in the proof of Theorem 1.14 we estimate

$$
\int_{Q} \varphi\left(\left|\nabla g_{m}\right|\right) d \mathcal{L}^{2}=\sum_{w \in W_{m}} \varphi\left(\left|\nabla L_{w}\right|\right) \cdot\left|Q_{w}\right| \leq \varphi\left(A_{m}\right)|Q| \leq A^{2}
$$

and

$$
\begin{aligned}
\int_{J\left(g_{m}\right)} \theta\left(\mathrm{jump}\left(g_{m}\right)\right) d \mathcal{H}^{1} & =\sum_{\substack{w, \tilde{\tilde{w} \in W_{m}} \\
w \sim \tilde{w}}} \int_{\Gamma_{w \tilde{w}}} \theta\left(\left|L_{w}-L_{\tilde{w}}\right|\right) d \mathcal{H}^{1} \\
& \leq \sum_{k=0}^{m-1} \sum_{\substack{w, \tilde{w} \in W_{m} \\
w \sim \tilde{w}, s(w, \tilde{w})=k}} \theta\left(C \cdot 2^{-2 k}\right) \mathcal{H}^{1}\left(\Gamma_{w \tilde{w}}\right) \\
& \leq C^{3 / 4} 2^{-m} \sum_{k=0}^{m-1} 2^{-3 k / 2} \cdot 2^{m+k+1} \\
& \leq 2 C^{3 / 4} \sum_{k=0}^{\infty} 2^{-k / 2}<\infty .
\end{aligned}
$$

Thus, (6.21) holds with $M=A^{2}+2(2+\sqrt{2}) C^{3 / 4}$.

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