

# Journal Pre-proof

DNA methylation epesignature and comparative epigenomic profiling for Pitt-Hopkins syndrome caused by *TCF4* variants

Liselot van der Laan, Peter Lauffer, Kathleen Rooney, Ananília Silva, Sadegheh Haghshenas, Raissa Relator, Michael A. Levy, Slavica Trajkova, Sylvia A. Huisman, Emilia K. Bijlsma, Tjitske Kleefstra, Bregje W. van Bon, Özlem Baysal, Christiane Zweier, María Palomares-Bralo, Jan Fischer, Katalin Szakszon, Laurence Faivre, Amélie Piton, Simone Mesman, Ron Hochstenbach, Mariet W. Elting, Johanna M. van Hagen, Astrid S. Plomp, Marcel M.A.M. Mannens, Mariëlle Alders, Mieke M. van Haelst, Giovanni B. Ferrero, Alfredo Brusco, Peter Henneman, David A. Sweetser, Bekim Sadikovic, Antonio Vitobello, Leonie A. Menke

PII: S2666-2477(24)00028-9

DOI: <https://doi.org/10.1016/j.xhgg.2024.100289>

Reference: XHGG 100289

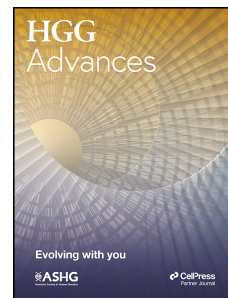
To appear in: *Human Genetics and Genomics Advances*

Received Date: 13 November 2023

Accepted Date: 26 March 2024

Please cite this article as: van der Laan L, Lauffer P, Rooney K, Silva A, Haghshenas S, Relator R, Levy MA, Trajkova S, Huisman SA, Bijlsma EK, Kleefstra T, van Bon BW, Baysal Ö, Zweier C, Palomares-Bralo M, Fischer J, Szakszon K, Faivre L, Piton A, Mesman S, Hochstenbach R, Elting MW, van Hagen JM, Plomp AS, Mannens MMAM, Alders M, van Haelst MM, Ferrero GB, Brusco A, Henneman P, Sweetser DA, Sadikovic B, Vitobello A, Menke LA, DNA methylation epesignature and comparative epigenomic profiling for Pitt-Hopkins syndrome caused by *TCF4* variants, *Human Genetics and Genomics Advances* (2024), doi: <https://doi.org/10.1016/j.xhgg.2024.100289>.

This is a PDF file of an article that has undergone enhancements after acceptance, such as the addition of a cover page and metadata, and formatting for readability, but it is not yet the definitive version of record. This version will undergo additional copyediting, typesetting and review before it is published in its final form, but we are providing this version to give early visibility of the article. Please note that, during the production process, errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.



© 2024



# DNA methylation episinature and comparative epigenomic profiling for Pitt-Hopkins syndrome caused by *TCF4* variants

Liselot van der Laan<sup>1,2†</sup>, Peter Lauffer<sup>1,2†</sup>, Kathleen Rooney<sup>3,4</sup>, Ananília Silva<sup>4</sup>, Sadegheh Haghshenas<sup>3</sup>, Raissa Relator<sup>3</sup>, Michael A. Levy<sup>3</sup>, Slavica Trajkova<sup>5</sup>, Sylvia A. Huisman<sup>6,7</sup>, Emilia K. Bijlsma<sup>8</sup>, Tjitske Kleefstra<sup>9</sup>, Bregje W. van Bon<sup>10</sup>, Özlem Baysal<sup>10</sup>, Christiane Zweier<sup>11,12</sup>, María Palomares-Bralo<sup>13</sup>, Jan Fischer<sup>14</sup>, Katalin Szakszon<sup>15</sup>, Laurence Faivre<sup>16,17</sup>, Amélie Piton<sup>18</sup>, Simone Mesman<sup>19</sup>, Ron Hochstenbach<sup>1,2</sup>, Mariet W. Elting<sup>1,2</sup>, Johanna M. van Hagen<sup>1,2</sup>, Astrid S. Plomp<sup>1,2</sup>, Marcel M.A.M. Mannens<sup>1,2</sup>, Mariëlle Alders<sup>1,2</sup>, Mieke M. van Haelst<sup>1,2</sup>, Giovanni B. Ferrero<sup>20</sup>, Alfredo Brusco<sup>21</sup>, Peter Henneman<sup>1,2</sup>, David A. Sweetser<sup>22</sup>, Bekim Sadikovic<sup>1,2,3,4,#</sup>, Antonio Vitobello<sup>23,#</sup> and Leonie A. Menke<sup>2,6,24,#</sup>

1. Department of Human Genetics, Amsterdam University Medical Centers, University of Amsterdam, Amsterdam, The Netherlands
2. Amsterdam Reproduction & Development, Amsterdam, The Netherlands
3. Verspeeten Clinical Genome Centre, London Health Science Centre, London, ON, Canada
4. Department of Pathology and Laboratory Medicine, Western University, London, ON, Canada
5. Department of Medical Sciences, University of Torino, Torino, Italy
6. Amsterdam UMC location University of Amsterdam, Emma Children's hospital, Department of Pediatrics, Amsterdam, The Netherlands
7. Zodiak, Prinsenvestiging, Purmerend, The Netherlands
8. Department of Clinical Genetics, Leiden University Medical Center, Leiden, The Netherlands
9. Department of Human Genetics, Donders Institute for Brain, Cognition and Behaviour, Radboud University Medical Center, Nijmegen, the Netherlands
10. Department of Human Genetics, Radboud University Medical Center, Nijmegen, the Netherlands
11. Department of Human Genetics, Friedrich-Alexander-Universität Erlangen-Nürnberg (FAU), Erlangen, Germany
12. Department of Human Genetics, University of Bern, Inselspital Universitätsspital Bern, Bern, Switzerland
13. Institute of Medical and Molecular Genetics (INGEMM), La Paz University Hospital, Madrid, Spain
14. Institute for Clinical Genetics, University Hospital Carl Gustav Carus at the Technische Universität Dresden, Dresden, Germany
15. Institute of Paediatrics, Faculty of Medicine, University of Debrecen, Debrecen, Hungary
16. UFR Des Sciences de Santé, INSERM-Université de Bourgogne UMR1231 GAD « Génétique des Anomalies du Développement », FHUTRANSLAD, Dijon, France
17. CHU Dijon Bourgogne, Centre de Génétique, Centre de Référence Maladies Rares «Anomalies du Développement et Syndromes Malformatifs», FHU-TRANSLAD, Dijon, France
18. Genetic diagnosis laboratories, Strasbourg University Hospital, Strasbourg, 67000, France
19. Swammerdam Institute for Life Sciences, FNWI, University of Amsterdam, Amsterdam, The Netherlands
20. Department of Public Health and Pediatrics, University of Torino, Turin, Italy
21. Department of Medical Sciences, University of Torino, Turin, Italy
22. Division of Medical Genetics and Metabolism and Center for Genomic Medicine, Massachusetts General for Children, Boston, Massachusetts
23. Unité Fonctionnelle Innovation en Diagnostic Génomique des Maladies Rares, FHU-TRANSLAD, CHU Dijon Bourgogne, Dijon, France
24. Amsterdam Neuroscience - Cellular & Molecular Mechanisms, Amsterdam, The Netherlands

† and # contributed equally

Author for correspondence: [l.a.menke@amsterdamumc.nl](mailto:l.a.menke@amsterdamumc.nl)

**Abstract**

**Background:** Pitt-Hopkins syndrome (PTHS) is a neurodevelopmental disorder caused by pathogenic variants in *TCF4*, leading to intellectual disability, specific morphological features, and autonomic nervous system dysfunction. Epigenetic dysregulation has been implicated in PTHS, prompting the investigation of a DNA methylation (DNAm) "episignature" specific to PTHS, for diagnostic purposes and variant reclassification, and further functional insights into the molecular pathophysiology of this disorder.

**Methods:** A cohort of 67 individuals with genetically confirmed PTHS and three individuals with intellectual disability and a variant of uncertain significance (VUS) in *TCF4* were studied. The DNAm episignature was developed with an Infinium Methylation EPIC BeadChip array analysis, using peripheral blood cells. Support vector machine (SVM) modeling and clustering methods were employed to generate a DNAm classifier for PTHS. Validation was extended to an additional cohort of 11 individuals with PTHS. The episignature was further assessed in relation to other neurodevelopmental disorders and its specificity was examined.

**Results:** A specific DNAm episignature for PTHS was established. The classifier exhibited high sensitivity for *TCF4* haploinsufficiency and missense variants in the basic helix-loop-helix domain. Notably, seven individuals with *TCF4* variants exhibited negative episignatures, suggesting complexities related to mosaicism, genetic factors, and environmental influences. The episignature displayed degrees of overlap with other related disorders and biological pathways.

**Conclusions:** This study defines a DNAm episignature for *TCF4*-related PTHS, enabling improved diagnostic accuracy and VUS reclassification. The finding that some cases scored negative underscores the potential for multiple or nested episignatures and emphasizes the need for continued investigation to enhance specificity and coverage across PTHS-related variants.

**Keywords:** Pitt-Hopkins syndrome, PTHS, *TCF4*, Neurodevelopmental disorder, DNA methylation, Episignature, CNV, VUS

**Main text**

Pitt-Hopkins syndrome (PTHS OMIM #602272) is a rare neurodevelopmental disorder associated with developmental delays with moderate to severe intellectual disability, distinctive facial features, gastrointestinal problems and breathing regulation anomalies that are at least in part related to autonomic nervous system dysfunction [1, 2]. Additional common neurodevelopmental features include autism spectrum disorder and seizures. The clinical diagnosis of PTHS relies on recently published clinical diagnostic criteria [1]. Molecular confirmation of PTHS involves the identification of heterozygous single nucleotide or insertion-deletion variants (SNV and indels respectively with a loss-of-function effect, or structural variants disrupting *TCF4*, encoding the transcription factor 4, located in e 18q21.2 [3, 4].

*TCF4* is a basic helix-loop-helix (bHLH) transcription factor that regulates gene expression through homodimerization or by heterodimerization with other transcription factors belonging or not to the bHLH family and binding to specific DNA regulatory sequences (CANNTG) known as Ephrussi boxes (E-boxes) [5, 6]. Generally, these transcription factors do not function individually or in pairs but are usually part of a large transcriptional machinery comprising all sorts of, but not limited to, transcription factors, RNA polymerases, adaptor proteins, coactivators, and epigenetic regulators [7]. Epigenetic regulators add an extra layer of gene expression regulation by altering the chromatin state of DNA by adding or removing specific epigenetic marks (e.g. methylation, acetylation) directly on the DNA or via histone modifications [8]. It is possible that the transcriptional complex surrounding *TCF4* contains epigenetic regulators, as it was shown that heterozygous loss-of-function of *Tcf4* alters the CpG methylation state in cells of the murine hippocampus, suggesting that this transcriptional complex can alter DNA methylation (DNAm). This may take place directly through its interaction partners, or indirectly by regulating the expression of proteins involved in the regulation of DNA methylation (e.g. DNA methyltransferases) [8].

Previous research demonstrated that individuals with anomalies in the epigenetic machinery display syndrome-specific array-based DNAm patterns known as 'episignatures' [9]. Episignatures have emerged as sensitive biomarkers in diagnostics for various neurodevelopmental disorders [10], and are particularly useful for reclassifying genetic variant of uncertain significance (VUS) [11]. Given the link between *TCF4* and DNAm [12], our study aimed to derive a PTHS specific DNAm episignatures for diagnostic purposes.

For this purpose, we collected DNA samples from peripheral blood cells of individuals with molecularly confirmed PTHS or with VUS in *TCF4*. Clinical characteristics, including the clinical diagnostic criteria [1] of the participants are detailed in the Supplemental table S1. Informed consent was obtained from all participants or their caretakers, and the study adhered to the principles Declaration Helsinki. Approval was obtained from local institutional review boards (Amsterdam UMC, UAB22-053; Western University, REB116108 and REB106302; Dijon University Hospital, DC2011-1332).

A total of seventy-eight individuals with PTHS carrying pathogenic, likely pathogenic or variants of unknown significance in *TCF4* were included. Among them of whom twenty-three individuals carried a missense variant, seventeen a copy number variant (CNV) partially or completely encompassing *TCF4*, fifteen individuals carried a frameshift variant, ten individuals carried a nonsense variant, eleven individuals a splice site variant, one individual carried a synonymous variant (results in a loss-of-function effect), and one individual had a chromosomal translocation with its breakpoint in *TCF4*. Variants were classified by the diagnostic labs according to the classification guidelines of the American College of Medical Genetics (ACMG) and Association for Molecular Pathology (AMP) [13, 14]. Using GRCh37 NM\_001083962.2 for annotation. Molecular details of the cohort are provided in Supplemental Table 2. All individuals either had a clinical diagnosis of PTHS or presented with symptoms belonging to clinical spectrum associated with PTHS.

To generate the PTHS epesignature [10, 11], the 78 participants were randomly divided into a discovery cohort (67/78 individuals) and a validation cohort (11/78 individuals) and supplied to the EpiSign™ Discovery Pipeline [10]. Bisulfite-treated DNA from peripheral blood cells of discovery cohort individuals was analyzed with the Infinium Methylation EPIC BeadChip array (San Diego, CA, USA), and compared to 85 age- and sex-matched controls (for comprehensive methodology, see Supplemental Methods). Primary analyses included all cases with variants in *TCF4* (case 1-67). However, after multiple rounds of classifier probe selection, support vector machine (SVM)-generated methylation variant pathogenicity (MVP) scoring, and cohort visualization, seven cases (61-67) were identified with low (MVP scores), clustering with controls at unsupervised hierarchical clustering and multidimensional scaling (MDS) approaches (Figure 1); indicating that their DNAm profiles are distinct from the PTHS group. To proceed with probe selection and construction of the PTHS epesignature classifier, these samples were removed from the discovery cohort, and the remaining cohort of 60 cases with similar DNA methylation profiles was used as discovery cohort. (Supplemental Methods) 102 differentially methylated positions (DMPs) were selected (Supplemental Table 3), allowing for complete separation of individuals with PTHS from controls in the training cohort (Supplemental Figure 1). Finally, 20 rounds of leave-25%-out cross-validation were performed to test validity of the classifier. All discovery cohort samples clustered together with cross-validation training cases, demonstrating the robustness and sensitivity of the epesignature for this cohort (Supplemental Figure 2). Using a cut-off of 0.25 for the MVP score, the model's specificities for the *TCF4* epesignature are 100% (relative, 99.41%, the sets of unaffected controls (individuals with no known rare genetic disorder or pathogenic or unknown significance variant), unresolved cases (those suspected to have genetic disorders but with no definitive genetic or EpiSign diagnosis), respectively).

**Figure 1 Pitt Hopkins syndrome epesignature discovery cohort and negative cases. (A) Hierarchical Clustering Heatmap** - Each column in the heatmap represents an individual from the either *TCF4* discovery case group (n=60),

the negative case group (n=7), or the discovery control group. Meanwhile, each row corresponds to a probe that has been specifically selected for the PTHS episignature. The heatmap depicts Euclidean clustering, revealing a distinct separation between the TCF4 discovery cases in red and the controls cases displayed in blue. Negative cases, shown in brown, cluster with controls, with two exceptions. **(B)** MDS Plot - This plot visually presents the segregation of individuals with TCF4 and controls through multidimensional scaling analysis. **(C)** SVM Classifier Model Scores - The Support Vector Machine (SVM) classifier model scores are depicted. The model was trained using the selected PTHS episignature probes, with 75% of controls and 75% of other neurodevelopmental disorder individuals (depicted in blue). The remaining 25% of controls and 25% of samples from other disorders were used for testing and are displayed in grey. The plot demonstrates that all individuals with PTHS exhibited MVP scores >0.75. Conversely, all negative individuals displayed an MVP score <0.25, indicative of absence of the PTHS episignature.

The molecular details of the PTHS cohort in this study are summarized in Supplemental Table 2 and Figure 2.

**Figure 2 Overview of CNVs and TCF4 variants in the study cohort.** **(A)** Chromosomal Structural Variations - Chromosome 18q alterations are visualized through horizontal bars: red bars depict large deletions, blue bars indicate duplications, and the black bar signifies the CNV linked to an absent PTHS episignature. Genes encompassed within this region are listed below. Cytogenetics banding and recognized genes were sourced from the UCSC Genome Browser 2009 (GRCh37/hg19) genome build. **(B)** TCF4 Variants - A comprehensive summary of TCF4 variants within the cohort is presented. Variants identified by black arrows demonstrated negative PTHS episignature outcomes. Notably, for the recurrent c.1738C>T p.(Arg580Trp) variant, one participant displayed an absent PTHS episignature, while two individuals exhibited a positive PTHS episignature. Visualization created using the St. Jude Cloud Protein Paint Image tool at <https://pecan.stjude.cloud/proteinpaint>. **(C)** TCF4 Basic Helix-Loop-Helix (bHLH) Domain - The (homodimerized) TCF4 bHLH domain, in complex with the Ephrussi box (E-box) DNA element, is depicted through PyMOL visualization (PDB 6OD5, <https://doi.org/10.2210/pdb6OD5/pdb>). Amino acid residues impacted by missense variants within this domain are denoted with spheres. A color code is

used: yellow signifies residues associated with a positive PTHS episinature, red indicates a negative PTHS episinature, and orange indicates equivocal results (variant *c.1738C>T p.(Arg580Trp)*).

As the next step in episinature generation, the PTHS DNAm classifier was validated with DNAm profiles of eleven additional individuals with PTHS (participants 68-78), of whom four carried a frameshift variant, two had a splice site variant, two had a missense variant, two had a *TCF4* nonsense variant and one had a CNV covering *TCF4* (Supplemental Table 2). DNAm profiles were subjected to hierarchical clustering and MDS, confirming that all randomly selected validation samples clustered together with the discovery cohort. Using the DNAm classifier, all validation samples scored an MVP >0.5, indicating the presence of the PTHS episinature (Figure 3).

To enhance the robustness of the PTHS episinature, an additional round of probe selection was conducted, wherein validation samples were included in the discovery cohort. All samples clustered together and had high MVP scores (MVP  $\approx 1$ ) (Supplemental Figure 3), and we obtained a final list of 164 differentially methylated probes. To test the validity, we performed 20 rounds of leave-25%-out cross validation with all 71 samples, revealing the robustness and sensitivity of the episinature for the full cohort (Supplemental Figure 4).

The molecular and clinical data of the seven individuals with negative PTHS episinatures (Figure 2 and Supplemental Table S1) were closely inspected to infer the cause of the negative results.

Participant 64 had a possible diagnosis of PTHS, however *c.1516G>A*, *p.(Val506Ile)* affects a moderately conserved amino acid (PhyloP100:4.601) and in silico predictors are associated with moderate-to-strong benign Meta scores, including REVEL: 0.106 and BayesDel addAF: -0.2059 (Varsome). The inheritance of the variant is unknown for this patient. This allele has been reported one time in gnomAD (v4.0.0). This variant had been considered as a VUS before episinature investigation.

Participant 65 had insufficient clinical evidence for conclusive clinical diagnosis of PTHS. The *de novo* c.1754A>G p.(Asn585Ser) variant is not cataloged in gnomAD, and variant archive ClinVar. This variant affects a highly conserved amino acid (PhyloP100: 8.017) and was associated with supporting-to-strong pathogenic Meta scores including REVEL: 0.955 and BayesDel addAF: 0.2839. It was previously classified as likely pathogenic before subjecting them to epismature investigation.

Two cases that were negative for the PTHS epismature carried a CNV with a MVP score of 0.17 and 0.20 respectively. Participant 66 had a *de novo* deletion (arr[GRCh37]18q21.2q21.32(53232878-57234972)x1), which covers the 5'-UTR, transcription start site and first two exons of some (long) *TCF4* mRNA transcripts. Other (shorter) *TCF4* transcripts are unaffected. A possible explanation for the absence of the PTHS epismature could therefore be rescue of *TCF4* function by products of unaffected *TCF4* transcripts. Indeed, shorter downstream transcripts of *TCF4* appear to be upregulated during neuronal differentiation [15]. Based on clinical diagnostic criteria, this individual had a possible diagnosis of PTHS, thus the phenotype could hypothetically also be caused by other deleted genes in the CNV region, or a currently unidentified genetic aberration. Participant 61 carried a 12Mb mosaic deletion 18q21.1-18q22.2 (including *TCF4*), estimated to be present in ~25% of (blood) cells. There was a clinical diagnosis of PTHS, with very specific phenotypic signs (Supplemental Table S1). This inconsistency may be attributed to the limited sensitivity of epismature analysis in the context of tissue mosaicism [16, 17]. Therefore, absence of the PTHS epismature in participant 61 does not rule out pathogenicity of this CNV.

Three cases carrying the pathogenic variants, (62; c.1738C>T p.(Arg580Trp), (63; c.990G>A p.(Ser330=)), and (67; c.1849G>A p.(Val617Ile)) showed no evidence of the PTHS epismature within the defined parameters in the rest of the cohort (Figure 2). The variants p.(Arg580Trp) and p.(Val617Ile) have previously been reported in other individuals with PTHS, p.(Arg580Trp) showing a strong association with pronounced PTHS [18, 19] (also observed in the present cohort in individuals 5 and 10), while p.(Val617Ile) was associated with a mild disease phenotype in one girl [20]. Participant



63 (p.(Ser330=) had a diagnosis of PTHS (Supplemental Table S1). Multiple lines of evidence supported the likely pathogenic role of the *de novo* variant c.990G>A p.(Ser330=) cataloged in ClinVar and in the curated database ClinGen. In particular, this variant has been reported as a *de novo* occurrence in multiple affected individuals with intellectual disability [19, 21](ACMG/AMP criteria PS2, PM6, PS4\_supporting). It is absent from gnomAD (PM2\_Supporting) and splice prediction analysis using multiple computational tools suggests an impact on splicing (PP3). mRNA-seq analysis in primary fibroblasts obtained from participant 63 suggested a milder pathogenic effect of this variant resulting in the residual detection of mutated transcripts containing exon skipping (15%) or intronic retention (27%), as well as normal RNA splicing (8%). The fraction of missing transcripts affected by nonsense-mediated RNA decay was estimated to 50%. Overall, the functional data support the synonymous c.990G>A variant p.(Ser330=) as resulting in a loss-of-function effect on about the 42% of the transcripts (data not shown).

Although the epesignature below cut-off in participant 67 (p.(Val617Ile)) may potentially be explained by a hypomorphic variant, the finding of a negative PTHS epesignature in participant 62, carrying a variant associated with a positive PTHS epesignature in other individuals in the present cohort, and in participant 63, carrying a variant leading to a splicing defect, was unexpected and suggests different confounding factors. A possible explanation for this contradictory finding could be attributed to the influence of genetics and environmental factors on DNAm patterns [9]. For example, in the current analysis, we cannot exclude the possibility of additional variants confounding the PTHS DNAm profile in individuals with PTHS-negative epesignature. Another factor that could explain this observation is the effect of an (unknown) environmental effect on DNAm, such as the one observed in fetal alcohol syndrome [22].

It can be inferred that negative PTHS epesignature outcomes may be attributable to factors such as benign or moderate variant effect, mosaicism, or the interplay of genetic and environmental influences

affecting DNAm profiles. Therefore it is important to bear in mind these potential pitfalls in the interpretation of epesignatures, particularly regarding to DNAm-related confounding factors, especially in the context of negative results in individuals with clinical Pitt-Hopkins syndrome [11]. To improve diagnostic accuracy, further studies will be needed to model the influence of genetics and environment on epesignatures.

To assess the specificity of the PTHS epesignature in the context of *TCF4* diagnostics, we investigated DNAm profiles of three cases (participants 79-81) with the *de novo* likely pathogenic *TCF4* variant c.1165C>T p.(Arg389Cys). This variant was associated with moderate to severe intellectual disability, language impairment and non-specific facial dysmorphisms in six individuals with insufficient clues for PTHS, according to diagnostic criteria (Supplemental Table S1) [23]. In contrast to most PTHS-related missense variants, which are situated in the basic helix–loop–helix (bHLH) domain (Figure 2), p.(Arg389Cys) affects the AD2 activation domain. Studies have shown that p.(Arg389Cys) impairs protein-protein interaction differently than bHLH variants, most likely explaining the atypical presentation [23, 24].

Surprisingly, DNAm profiling showed that one of the three individuals with p.(Arg389Cys) was positive for the PHTS epesignature. The other two participants clustered together with controls and had suggestively low MVP scores (MVP <0.1), indicating a PTHS epesignature below cut-of (Figure 3). This inconsistency could be attributed to a potential nested or supplementary PTHS epesignature linked to the AD2 activation domain. It is possible that in atypical PTHS distinct yet partially overlapping pathways might be affected, as opposed to bHLH domain alterations. These findings suggest that, at this point, the PTHS epesignature is mainly useable for the correct classification of variants with loss-of-function effect in *TCF4* including missense variants affecting the bHLH domain. Further work is needed to confirm and validate these findings.

The specificity of the *TCF4* epesignature was further investigated by testing DNAm profiles of two individuals (participant 82 and 83) carrying bi-allelic loss-of-function variants in *CNTNAP2* (OMIM #604569). These variants underlie an autosomal recessive phenocopy of PTHS, known as Pitt-Hopkins-like syndrome-1 (PTHSL1) [25]. *CNTNAP2* encodes contactin-associated protein 2 (CASPR2), a transmembrane protein categorized within the neurexin family. *TCF4* regulates CASPR2 expression and its functions are mainly related to neuronal development [24-26]. Participant 82, carrying the c.1977\_1989del p.(Val660Phefs\*9) *CNTNAP2* variant, was positive for the PTHS epesignature (Figure 3). However, participant 83, carrying the c.2153G>A p.(Trp718\*) *CNTNAP2* variant, clustered with healthy controls (negative for the PTHS epesignature). This individual also carried a large deletion in the 7q35 region (arr[GRCh37]a 7q35(147520829-147810263)x1), therefore it is possible that this CNV is contributing more to DNAm than the *CNTNAP2* variant [27, 28]. The finding of a positive PTHS epesignature in participant 82 could indicate that the CASPR2-related pathway is involved in the PTHS epesignature. To confirm an overlapping *CNTNAP2* epesignature and to improve the specificity of each biomarker, additional cases with PTHSL1 will need to be investigated.

**Figure 3 Assessment of the Pitt-Hopkins syndrome epesignature. (A) Hierarchical Clustering Heatmap** - Each column represents an individual with PTHS or control, while each row corresponds to a probe selected for the epesignature. The heatmap visually depicts a distinct separation between individuals with PTHS (highlighted in red and pink) used for training and validation and controls (depicted in blue). Notably, all but one PTHS\_atypical individual (in orange) are closely aligned with control cases. Similarly, one of the PTHS\_PTHSL1 individuals (in purple) maps with the patient cluster, while the other aligns with controls. **(B) MDS Plot** - The plot demonstrates the pronounced distinction between PTHS discovery and validation individuals (in red and pink, respectively), which were utilized for training, and the control group (in blue). This separation confirms the efficacy of the epesignature in distinguishing individuals with PTHS from controls. Similar to the hierarchical clustering, all PTHS\_atypical cases but one (in orange) share proximity with control cases. Furthermore, one of the PTHS\_PTHSL1 individuals (in purple) displays association with the patient cluster, while the other corresponds to

controls. **(C) SVM Classifier Model** - The SVM model was trained employing the selected PTHS episignature probes, and a cohort comprising of 75% of controls and 75% of other neurodevelopmental disorder samples (in blue). The remaining 25% of controls and neurodevelopmental disorder samples were reserved for testing (in grey). All validation samples clustered with PTHS, and had high MVP scores. One PTHS\_atypical individual and one PTHS\_PTHSL1 individual clustered with training and validation individuals. Conversely, the remaining two PTHS\_atypical individuals and one PTHS\_PTHSL1 individual displayed an MVP score  $<0.25$ , and clustered with controls.

To investigate the relation between our PTHS cohort and 56 previously reported episignature disorders [29], we first annotated the genomic location of the PTHS episignature probes in relation to genes and CpG Islands (CGIs). We found that the PTHS DMPs predominantly map within coding regions of genes and CpG island shore regions (within 0-2 kb of a CpG-island boundary) as well as regions outside CGIs. Comparing PTHS to the other 56 episignature disorders, we observed an overlap in the mapping to intergenic regions. Most of the PTHS episignature probes are located in promoter and promoter + regions, compared to background probes. In relation to CGIs, PTHS episignature probes were more located in inter-CGI and CpG island and less in shore and shelf regions (see supplemental figure 5).

We then investigated the overlap of the genome-wide DNAm changes in PTHS cases with pathogenic *TCF4* variants and CNVs involving *TCF4*, alongside 56 previously reported episignatures [29]. Clustering analyses was performed using the top 500 DMPs for each cohort. For cohorts with fewer than 500 DMPs, the total number of DMPs was used to assess the similarity in genome-wide DNAm profiles. Our analysis revealed a predominantly hypermethylation profile in PTHS (Figure 4A). Notably, PTHS exhibited the highest percent of DMPs overlapping with BAFopathy (4%, including *ARID1A*, *ARID1B*, *SMARCB1*, *SMARCA2*, *SMARCA4*), and CHARGE (4%, *CHD7*) (Figure 4B and Supplemental Figure 6). This observed overlap can be attributed to the extensive DMPs present in the episignatures of BAFopathy

and CHARGE. Interestingly, many other episignatures also overlap with those of BAFopathy and CHARGE episignatures [29].

**Figure 4. Relationships between the PTHS cohort and 56 other EpiSign™ disorders. (A) Methylation Profiles -** Methylation profiles of all differentially methylated probes (DMPs) with a false discovery rate (FDR <0.05 are presented for each cohort. The probes are sorted by their mean methylation values with each circle representing an individual probe and red lines indicating the mean methylation levels. **(B) Shared Probes Heatmap -** A heatmap displays the percentage of probes shared between each paired cohort. The colors within the heatmap indicate the proportion of probes from the y-axis cohort also present in the x-axis cohort's probes offering insights into the overlap of methylation patterns between different cohorts.

Subsequently, we visually represented the interrelations among all 57 cohorts by examining DMP overlap and direction of effect, utilizing a binary tree (Figure 5). Each node in this representation corresponds to a specific cohort. Upon analysis, we observed that PTHS formed a hypermethylation closely linked to Coffin-Siris syndrome, which is associated with *SOX11* (OMIM #600898) pathogenic variants (Figure 5). Interestingly, the *SOX11*-associated Coffin-Siris episignature exhibited a slightly more hypermethylated profile compared to the PTHS episignature. The presence of shared DMPs in these two cohorts suggests an underlying biological similarity. Notably, *TCF4* and *SOX11* are known to have a documented biochemical interaction, demonstrated through overexpression in HEK293-cells. They are believed to work in conjunction to regulate commissure formation, while also playing a role in the transcriptional control of genes implicated in this process [6].

**Figure 5. Tree and leaf visualization of episignatures by mean methylation status of each DMP per syndrome.** This figure illustrated a tree and leaf visualization of episignatures, portraying the interrelationships among all 57 cohorts. To generate this visualization Euclidean clustering was employed using the top 500 DMPs for each cohort. Cohort samples were aggregated based on the median methylation values of each DMP within the group. In this representation, each leaf node represents to a specific cohort, with node sizes indicating the relative

*number of selected DMPs for that cohort. The colors of the nodes reflect the mean methylation difference. This visualization offers valuable insights into the clustering and similarities of methylation patterns across different cohorts, providing valuable information about the epigenetic profiles and their relationships.*

In summary, this study has successfully identified a DNA methylation episinature for PTHS, facilitating molecular testing and the reclassification of *TCF4* VUS in individuals exhibiting signs of PTHS, without the requirement additional tissue analyses. The PTHS episinature demonstrates high sensitivity to *TCF4* pathogenic variants in *TCF4* with a loss-of-function effect including missense variants located within the bHLH domain, underlying the most common pathophysiological mechanisms of PTHS. Exploratory episinature mapping of atypical PTHS and PTHSL1 samples, despite the relatively limited sample, offered valuable insights into possibly common affected pathways, and identified the possibility of additional or nested episinatures. Greater efforts are needed to ensure full episinature coverage of atypical PTHS and DNAm changes related to PTHS phenocopies.

**Declarations****Data availability**

The data supporting the current study have not been deposited in a public repository to protect individual confidentiality but are available from the corresponding author upon request.

**Acknowledgements**

We express our gratitude to the participants and their families described in this study for their participation. This work is conducted within the European Reference Network ITHACA. Liselot van der Laan was awarded with the AR&D Travel grant from the Amsterdam UMC, which provided financial support for this work.

**Funding statement**

Funding for this study was provided in part by the Government of Canada through Genome Canada and the Ontario Genomics Institute (OGI-188)

**Author contributions**

Conceptualization; MA, MMAMM, PH, DS, AV, BS, LAM.; Data Curation; LVDL, KR, AS, SH, RR, MAL.; Formal analysis; LVDL, AS, KR, SH, RR, MAL.; Investigation; LVDL, PL, ST, SAH, EKB, TK, BVB, OB, CZ, MPB, JF, KS, LF, AP, SM, ROH, MWE, JMVH, ASP, MA, MMVH, GBF, AF, AV, DS, LAM.; Methodology; LVDL, KR, BS.; Project administration; LVDL, PL, SAH, MA, PH, BS, LAM.; Supervision; AV, BS, LAM.; Validation; LVDL, PL, KR.; Visualization; LVDL, PL, KR.; Writing-original draft; LVDL, PL, KR.; Writing-review and editing; LVDL, SM, BS, AV and LAM.

**Ethics declaration**

The study was conducted in accordance with the regulations of the Western University Research Ethics Board (REB116108 and REB106302), The Medical Ethical Committee (METC) of the Amsterdam UMC,

location AMC (UAB22-053) and within the framework of the GAD (“Génétique des Anomalies du Développement”) collection approved by the appropriate institutional review board of Dijon University Hospital (DC2011-1332). Written informed consent was obtained from the participants or caretakers to publish clinical and genetic data.

### Conflict of interest

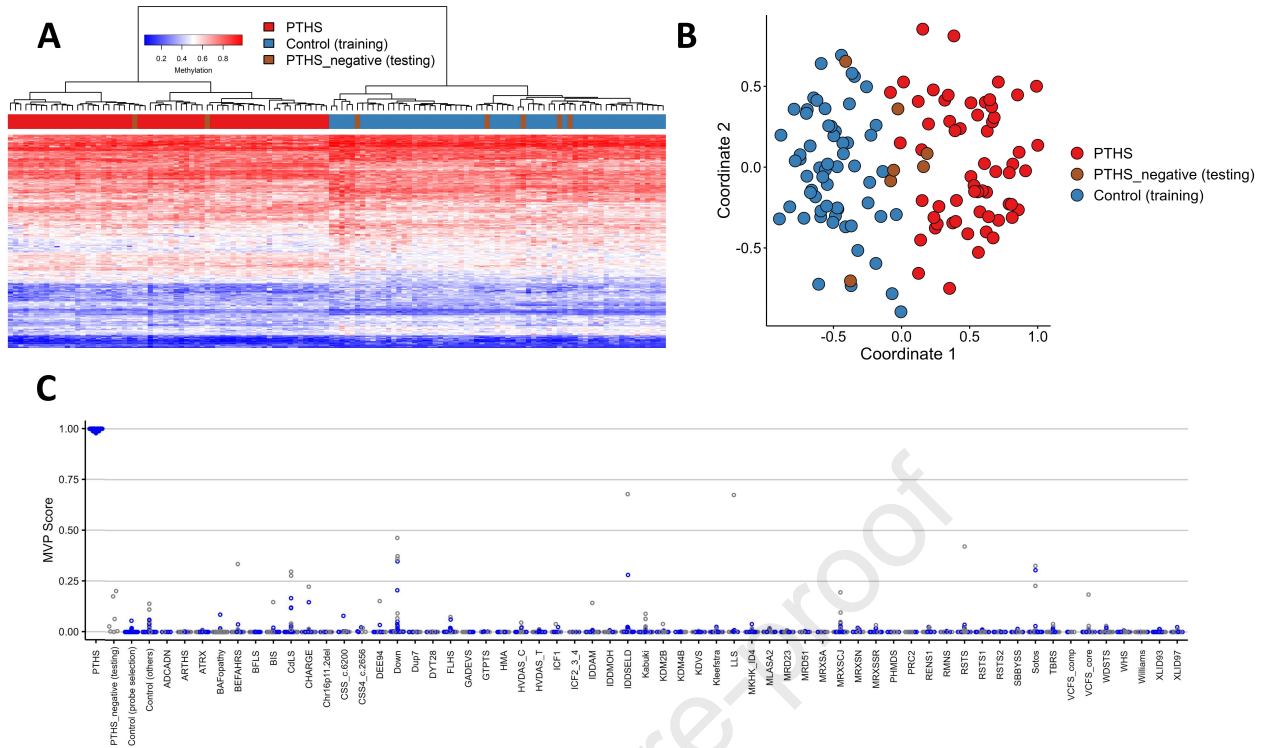
Bekim Sadikovic is a employee and shareholder of EpiSign Inc., a biotech firm involved in commercial application of EpiSign™ technology all the other authors declare no competing interests.

### References

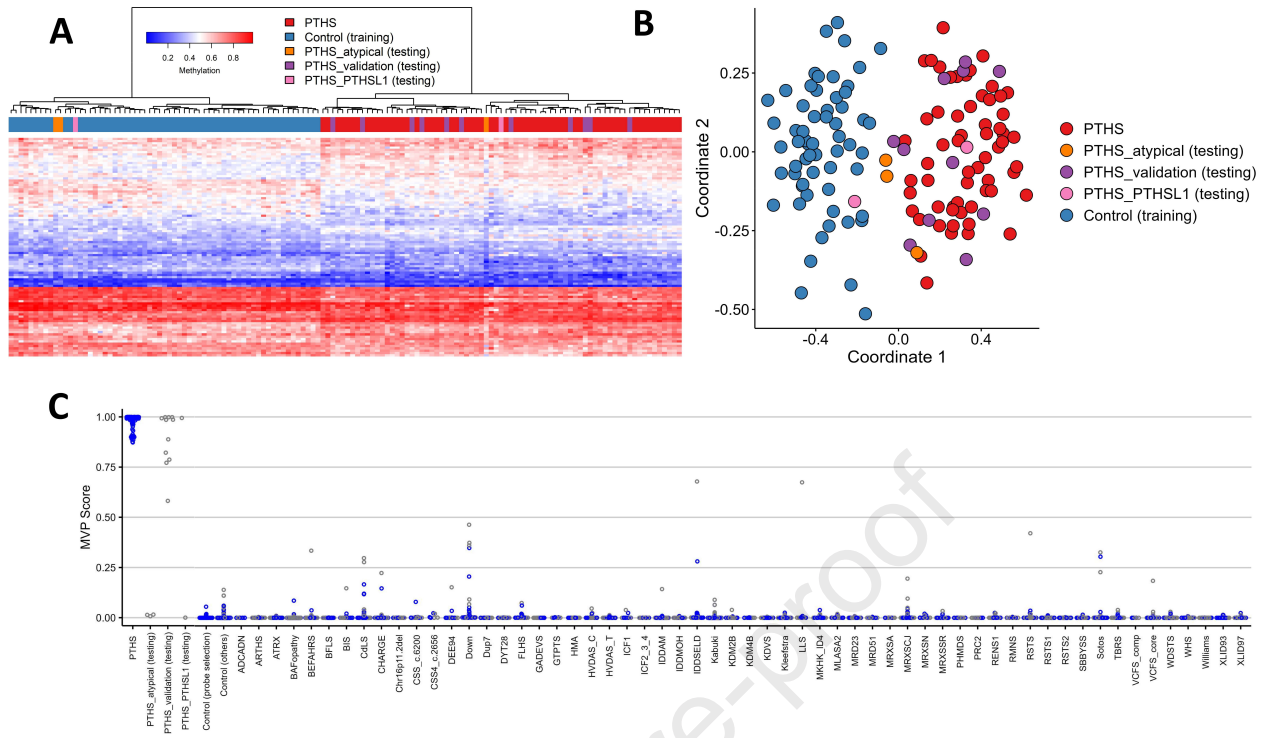
1. Zollino, M., et al., *Diagnosis and management in Pitt-Hopkins syndrome: First international consensus statement*. Clin Genet, 2019. **95**(4): p. 462-478.
2. Koppen, I.J.N., et al., *Fatal gastrointestinal complications in Pitt-Hopkins syndrome*. Am J Med Genet A, 2023. **191**(3): p. 855-858.
3. Amiel, J., et al., *Mutations in TCF4, encoding a class I basic helix-loop-helix transcription factor, are responsible for Pitt-Hopkins syndrome, a severe epileptic encephalopathy associated with autonomic dysfunction*. Am J Hum Genet, 2007. **80**(5): p. 988-93.
4. Sepp, M., P. Pruunsild, and T. Timmusk, *Pitt-Hopkins syndrome-associated mutations in TCF4 lead to variable impairment of the transcription factor function ranging from hypomorphic to dominant-negative effects*. Hum Mol Genet, 2012. **21**(13): p. 2873-88.
5. Yang, J., et al., *Structural basis for preferential binding of human TCF4 to DNA containing 5-carboxylcytosine*. Nucleic Acids Res, 2019. **47**(16): p. 8375-8387.
6. Wittmann, M.T., et al., *scRNA sequencing uncovers a TCF4-dependent transcription factor network regulating commissure development in mouse*. Development, 2021. **148**(14).
7. Berger, I., et al., *Structural insights into transcription complexes*. J Struct Biol, 2011. **175**(2): p. 135-46.
8. Mehler, M.F., *Epigenetic principles and mechanisms underlying nervous system functions in health and disease*. Prog Neurobiol, 2008. **86**(4): p. 305-41.
9. Sadikovic, B., E. Aref-Eshghi, M.A. Levy, and D. Rodenhiser, *DNA methylation signatures in mendelian developmental disorders as a diagnostic bridge between genotype and phenotype*. Epigenomics, 2019. **11**(5): p. 563-575.
10. Levy, M.A., et al., *Novel diagnostic DNA methylation epigenomes expand and refine the epigenetic landscapes of Mendelian disorders*. HGG Adv, 2022. **3**(1): p. 100075.
11. Aref-Eshghi, E., et al., *Diagnostic Utility of Genome-wide DNA Methylation Testing in Genetically Unsolved Individuals with Suspected Hereditary Conditions*. Am J Hum Genet, 2019. **104**(4): p. 685-700.
12. Kennedy, A.J., et al., *Tcf4 Regulates Synaptic Plasticity, DNA Methylation, and Memory Function*. Cell Rep, 2016. **16**(10): p. 2666-2685.
13. Richards, S., et al., *Standards and guidelines for the interpretation of sequence variants: a joint consensus recommendation of the American College of Medical Genetics and Genomics and the Association for Molecular Pathology*. Genet Med, 2015. **17**(5): p. 405-24.
14. Riggs, E.R., et al., *Technical standards for the interpretation and reporting of constitutional copy-number variants: a joint consensus recommendation of the American College of Medical*



- Genetics and Genomics (ACMG) and the Clinical Genome Resource (ClinGen)*. Genet Med, 2020. **22**(2): p. 245-257.
15. Hennig, K.M., et al., *WNT/ $\beta$ -Catenin Pathway and Epigenetic Mechanisms Regulate the Pitt-Hopkins Syndrome and Schizophrenia Risk Gene TCF4*. Mol Neuropsychiatry, 2017. **3**(1): p. 53-71.
  16. Aref-Eshghi, E., et al., *Genomic DNA Methylation Signatures Enable Concurrent Diagnosis and Clinical Genetic Variant Classification in Neurodevelopmental Syndromes*. Am J Hum Genet, 2018. **102**(1): p. 156-174.
  17. Oexle, K., et al., *Episignatures analysis of moderate effects and mosaics*. Eur J Hum Genet, 2023. **31**(9): p. 1032-1039.
  18. Zweier, C., et al., *Haploinsufficiency of TCF4 causes syndromal mental retardation with intermittent hyperventilation (Pitt-Hopkins syndrome)*. Am J Hum Genet, 2007. **80**(5): p. 994-1001.
  19. Mary, L., et al., *Disease-causing variants in TCF4 are a frequent cause of intellectual disability: lessons from large-scale sequencing approaches in diagnosis*. Eur J Hum Genet, 2018. **26**(7): p. 996-1006.
  20. Zhao, T., et al., *Pitt-Hopkins syndrome: phenotypic and genotypic description of four unrelated patients and structural analysis of corresponding missense mutations*. Neurogenetics, 2021. **22**(3): p. 161-169.
  21. Tan, C.A., et al., *Characterization of patients referred for non-specific intellectual disability testing: the importance of autosomal genes for diagnosis*. Clin Genet, 2016. **89**(4): p. 478-483.
  22. Cobben, J.M., et al., *DNA methylation abundantly associates with fetal alcohol spectrum disorder and its subphenotypes*. Epigenomics, 2019. **11**(7): p. 767-785.
  23. Popp, B., et al., *The recurrent TCF4 missense variant p.(Arg389Cys) causes a neurodevelopmental disorder overlapping with but not typical for Pitt-Hopkins syndrome*. Clin Genet, 2022. **102**(6): p. 517-523.
  24. Forrest, M., et al., *Functional analysis of TCF4 missense mutations that cause Pitt-Hopkins syndrome*. Hum Mutat, 2012. **33**(12): p. 1676-86.
  25. Smogavec, M., et al., *Eight further individuals with intellectual disability and epilepsy carrying bi-allelic CNTNAP2 aberrations allow delineation of the mutational and phenotypic spectrum*. J Med Genet, 2016. **53**(12): p. 820-827.
  26. Mittal, R., et al., *Pitt Hopkins-Like Syndrome 1 with Novel CNTNAP2 Mutation in Siblings*. Child Neurol Open, 2021. **8**: p. 2329048x211055330.
  27. Rooney, K. and B. Sadikovic, *DNA Methylation Episignatures in Neurodevelopmental Disorders Associated with Large Structural Copy Number Variants: Clinical Implications*. International Journal of Molecular Sciences, 2022. **23**(14): p. 7862.
  28. van der Laan, L., et al., *DNA methylation episignatures: insight into copy number variation*. Epigenomics, 2022. **14**(21): p. 1373-1388.
  29. Levy, M.A., et al., *Functional correlation of genome-wide DNA methylation profiles in genetic neurodevelopmental disorders*. Hum Mutat, 2022.

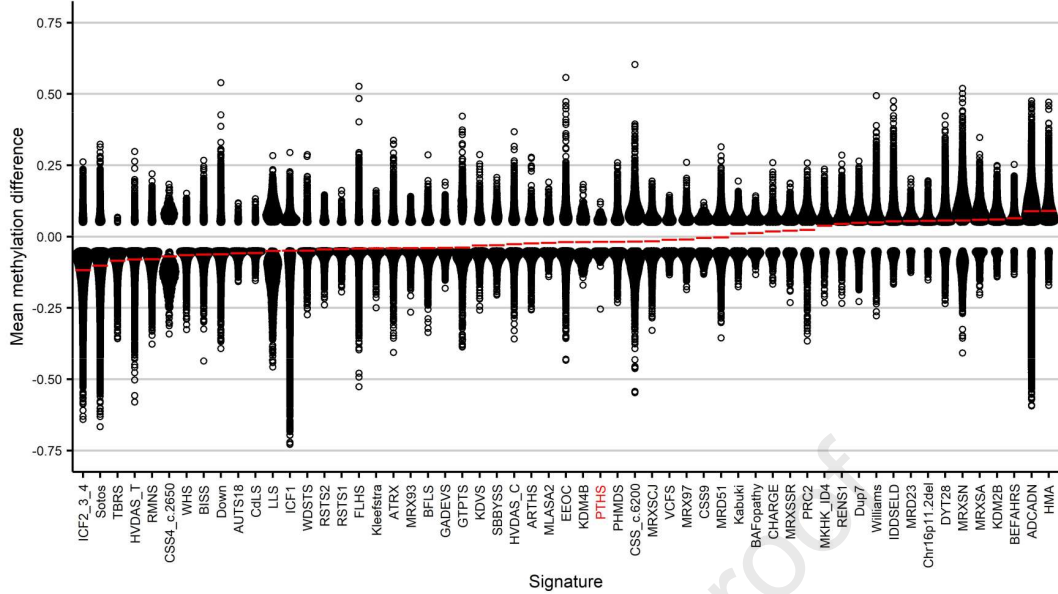




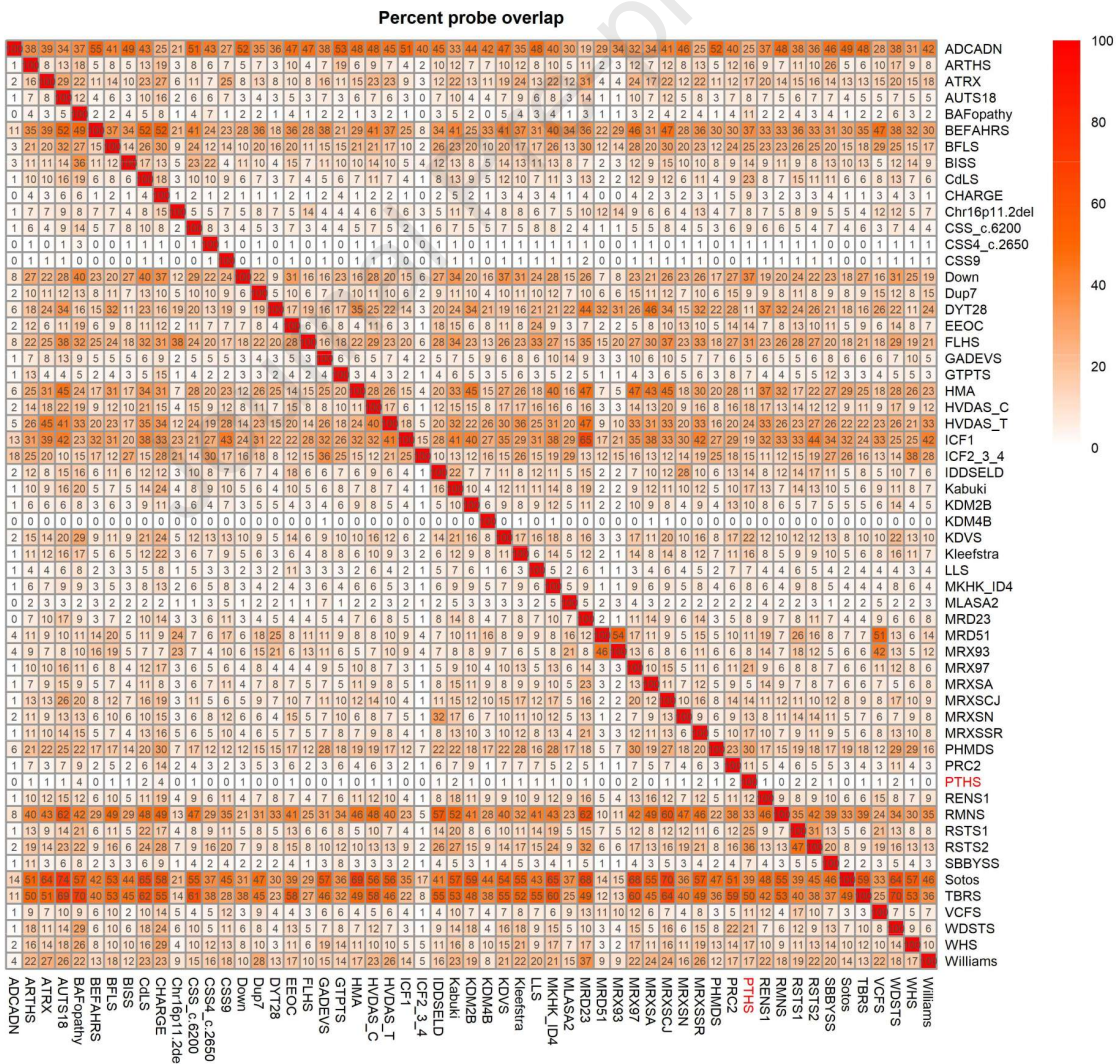


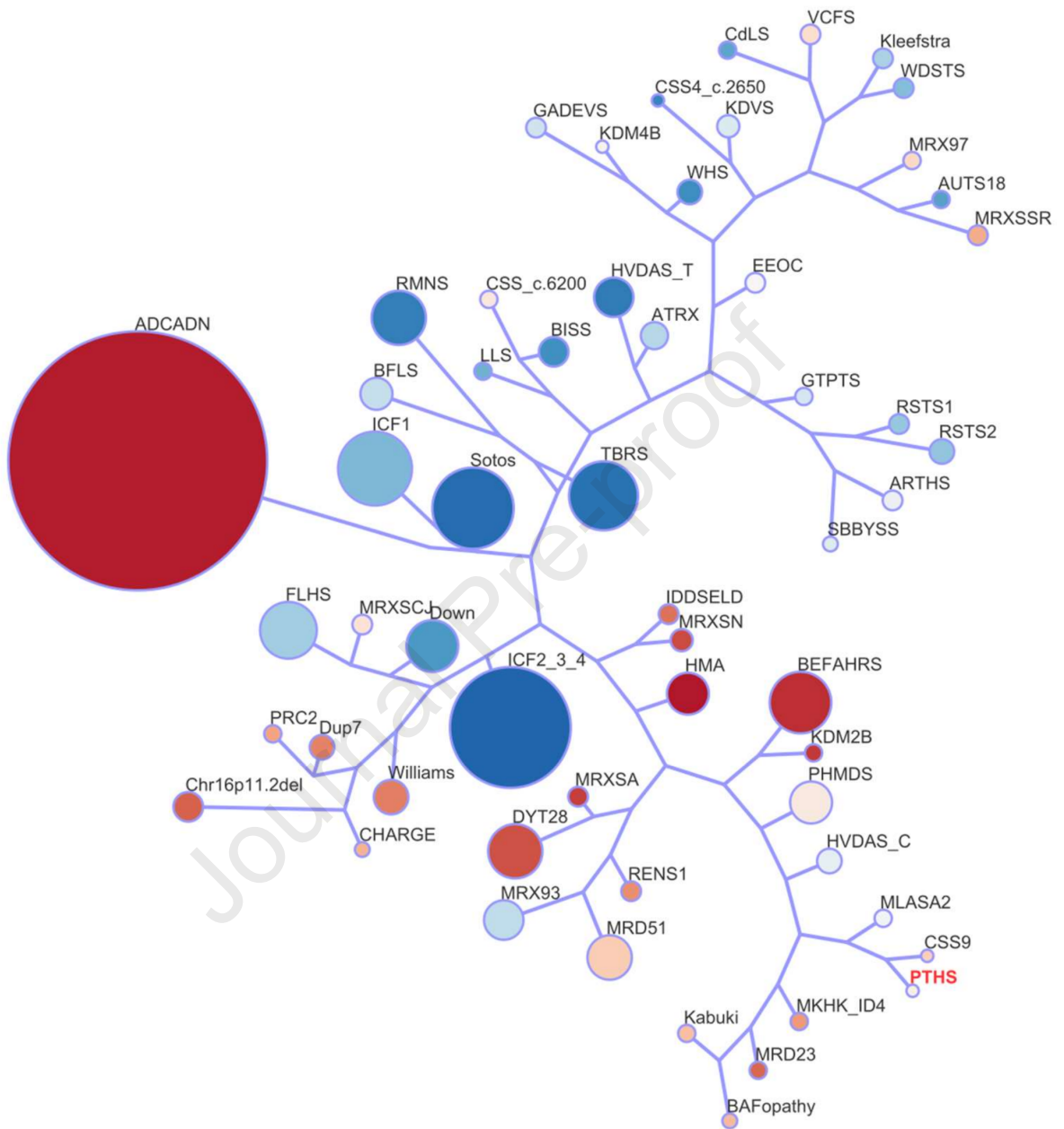


A



B





eTOC blurb

Unveiling a DNA methylation signature specific to Pitt-Hopkins syndrome (PTHS), this study enhances diagnostic accuracy and variant reclassification. The signature shows high sensitivity for TCF4 variants, with complexities like mosaicism emphasized. This finding underscores the need for continued research to enhance specificity and coverage across PTHS-related variants.

Journal Pre-proof