SMU • swiss medical weekly

Original article | Published 15 December 2023 | doi:https://doi.org/10.57187/s.3501 Cite this as: Swiss Med Wkly. 2023;153:3501

Glycaemic outcomes in adults with type 1 diabetes transitioning towards advanced automated insulin delivery systems – a real-world analysis at a Swiss tertiary centre

Vera Lehmann^a, Franco Noti^a, Markus Laimer^a, Christoph Stettler^a, Thomas Züger^{ab}

^a Department of Diabetes, Endocrinology, Nutritional Medicine and Metabolism, Inselspital, Bern University Hospital, University of Bern, Bern, Switzerland ^b Department of Diabetes, Endocrinology and Metabolic Diseases, Kantonsspital Olten, Olten, Switzerland

^c These authors contributed equally as first authors to this manuscript

Summary

AIMS OF THE STUDY: To assess glucose levels in adults with diabetes at a Swiss tertiary hospital when transitioning from insulin delivery with a sensor-augmented pump with (predictive) low-glucose suspend ([P]LGS) to a hybrid-closed loop (HCL) and from a HCL to an advanced hybrid-closed loop (AHCL).

METH ODS: Continuous glucose monitoring data for 44 adults with type 1 diabetes transitioning from (P)LGS to hybrid-closed loop and from hybrid-closed loop to advanced hybrid-closed loop were analysed, including the percentage of time spent within, below, and above glucose ranges. In addition, a subgroup analysis (n = 14) of individuals undergoing both transitions was performed.

RESULTS: The transition from a (P)LGS to a hybridclosed loop was associated with increased time in range (6.6% [2.6%–12.7%], p <0.001) and decreased time above range (5.6% [2.3%–12.7%], p <0.001). The transition from a hybrid-closed loop to an advanced hybridclosed loop was associated with increased time in range (1.6% [-0.5%–4.5%], p = 0.046) and decreased time above range (1.5% [-1.8%–5.6%], p = 0.050). Both transitions did not change the time below range. In the subgroup analysis ([P]LGS \rightarrow H CL \rightarrow AH CL), the time in range increased from 69.4% (50.3%–79.2%) to 76.5% (65.3%–81.3%) and 78.7% (69.7%–85.8%), respectively (p <0.001).

CONCLUSIONS: Glucose levels significantly improved when transitioning from a (P)LGS to a hybrid-closed loop. Glucose levels improved further when switching from a hybrid-closed loop to an advanced hybrid-closed loop. However, the added benefit of an advanced hybrid-closed loop was comparably smaller. This pattern was also reflected in the subgroup analysis.

Vera Lehmann, MD PhD Department of Diabetes, Endocrinology, Nutritional Medicine and Metabolism Inselspital, Bern University Hospital University of Bern CH-3010 Bern vera.lehmann[at]insel.ch

Introduction

Hybrid closed-loop (HCL) and the newer advanced hybrid closed-loop (AHCL) systems have transformed insulin delivery in recent years. These systems comprise three components: an insulin pump, a continuous glucose monitoring device, and a control algorithm to automatically adapt insulin delivery based on glucose trends. Compared to the hybrid-closed loop, the advanced hybrid-closed loop systems have enhanced algorithms, including individualised glucose targets or microbolusing. The hybrid-closed and advanced hybrid-closed loops significantly improved glucose levels in individuals with diabetes [1–6]. However, there is limited evidence on how glucose levels change in patients undergoing multiple transitions towards more advanced insulin delivery systems [7].

This retrospective, real-world study at an outpatient tertiary Swiss centre aimed to assess glucose levels in adults with diabetes transitioning from a sensor-augmented pump with (predictive) low-glucose suspend ([P]LGS) to an HCL and from an HCL to an AHCL. In addition, we performed a subgroup analysis in individuals undergoing both transitions ([P]LGS \rightarrow HCL \rightarrow AHCL).

Materials and methods

Study design and population

This retrospective study was conducted at the University Hospital of Bern and approved by the local ethics committee (2019-00912). Between 01/2018 and 12/2021, we included two groups of adults with diabetes providing general consent. The first group ($[P]LGS \rightarrow HCL$) changed from the MiniMed 640G (Medtronic, Northridge, CA, USA) to the MiniMed 670G. The second group (HCL \rightarrow AHCL) changed from the MiniMed 670G to the MiniMed 780G. Their clinical data were obtained from electronic health records. Continuous glucose monitoring (CGM) data and corresponding glycated haemoglobin A1c (HbA1c) values were obtained before and after transitioning from the old to the new insulin delivery system. Individuals and corresponding continuous glucose monitoring periods were only included in this analysis if they fulfilled all of the following criteria: (a) 30 consecutive days of continuous glucose monitoring, (b) \geq 50% of continuous glucose monitoring data were available, (c) $\geq 50\%$ of the time spent in automatic mode (for hybrid-closed loop and advanced hybrid-closed loop systems), and (d) data were collected within nine months before and after the transition (figure S3, table S3 in the appendix). Furthermore, individuals initiating or stopping an off-label treatment with sodium/glucose cotransporter 2 (SGLT2) inhibitors during the study period and pregnant women were excluded. Continuous glucose monitoring records were exported with the proprietary manufacturer software. $HbA_{1c}values$ were obtained from the laboratory information system.

Analysis

Glucose levels were assessed using standardised continuous glucose monitoring metrics [8], including time in range (TIR; 3.9–10.0 mmol/l), time above range (TAR; >10.0 mmol/l), time below range (TBR; <3.9 mmol/l), mean glucose (mmol/l), coefficient of variation (%), and glucose management indicator (GMI; %).

Statistical analyses were performed using STATA 17.0 (StataCorp LLC, College Station, TX, USA). The normality of the data distribution was assessed using the Shapiro–Wilk test. Results are presented as median (interquartile range) unless otherwise specified. The continuous glucose monitoring metrics and HbA_{1c}values from the old versus new insulin delivery system were compared using a paired t-test or Wilcoxon signed-rank test, as appropriate. A two-sided p-value <0.05 was considered statistically significant.

Additionally, we performed a subgroup analysis of individuals undergoing both transitions (i.e. the (P)LGS \rightarrow HCL \rightarrow AHCL subgroup). The three periods were compared using repeated measure analysis of variance or the Friedman test with a post-hoc Bonferroni correction to control for multiple comparisons. The details of the participants' grouping are shown in figure S2 in the appendix.

Results

This study included 44 adults with diabetes (age: 38.5 y (28.5–51.0 y), HbA_{1c}: 6.9% (6.2%–7.8%), 28 male; table S2 in the appendix).

The transition from the sensor-augmented pump with (P)LGS to the HCL system (n = 28) was associated with a median increase in the time in range of 6.6% (2.6%-12.7%, p <0.001) and decrease in time above range of 5.6% (2.3%-12.7%, p <0.001). There was no significant change in time below range (p = 0.063). Before transition, PLGS was active in four patients and LGS in 24 patients. LGS only suspends insulin delivery when the threshold for hypoglycaemia is reached. In contrast, PLGS suspends insulin delivery when hypoglycaemia is predicted.

The transition from the HCL to the AHCL system (n = 28) was associated with a median increase in time in range of 1.6% (-0.5%-4.5%, p = 0.046) and decrease in time above range of 1.5% (-1.8%-5.6%, p = 0.050). There was no significant change in time below range (p = 0.760).

The HbA_{1c} level and total daily insulin dose (TDD) did not significantly change after both transitions. There was a trend towards higher continuous glucose monitoring usage time from (P)LGS to HCL and from HCL to AHCL. Table 1 shows the detailed continuous glucose monitoring metrics, insulin dosages, and HbA_{1c} levels before and after transition in the (P)LGS \rightarrow HCL and HCL \rightarrow AHCL groups.

Table 1:

Glucose metrics for the (P)LGS \rightarrow HCL and HCL \rightarrow AHCL groups. Results are shown as median (interquartile range).

	(P)LGS \rightarrow HCL Group (n = 28	;)	HCL \rightarrow AHCL Group (n = 28)			
	Predictive low glucose sus- pend	Hybrid closed- loop	p-val- ue	Hybrid closed- loop	Advanced hybrid closed- loop	p-val- ue
Time in target range (3.9–10.0 mmol/l; %)	66.6 (54.4–77.4)	73.7 (63.7–82.9)	<0.001	74.8 (65.2–83.5)	77.3 (68.7–85.5)	0.046
Night (%)	69.1 (58.3–81.5)	78.2 (70.2–88.9)	<0.001	82.8 (67.9–91.7)	85.3 (77.2–90.9)	0.056
Day (%)	65.7 (54.4–76.8)	73.7 (63.0–81.3)	0.001	72.9 (64.2–85.1)	75.1 (64.0-85.4)	0.136
Time above target range (>10 mmol/l; %)	29.8 (20.0–43.4)	24.8 (14.3–35.2)	<0.001	23.9 (14.9–33.8)	21.1 (11.5–27.9)	0.050
Night (%)	26.8 (14.9–39.8)	18.8 (7.7–28.9)	<0.001	14.6 (7.5–28.9)	13.5 (6.7–21.0)	0.032
Day (%)	29.9 (18.9–43.6)	23.3 (14.3–35.8)	0.002	24.9 (12.3–35.1)	21.6 (12.8–32.7)	0.171
Time below target range (<3.9 mmol/l; %)	2.85 (1.20-4.65)	1.82 (0.91–3.31)	0.063	1.54 (0.58–3.21)	1.59 (0.71–2.88)	0.762
Night (%)	2.48 (1.02–7.72)	1.39 (0.43-2.53)	39 (0.43–2.53) 0.086 1.00 (0.21–1.56		0.80 (0.35–2.44)	0.771
Day (%)	2.65 (0.84-4.44)	2.10 (1.00-3.68)	0.049	1.83 (0.53–3.67)	1.59 (0.75–2.96)	0.662
Mean glucose (mmol/l)	8.51 (7.75–9.88)	8.45 (7.67–9.07)	0.018	8.28 (7.62–9.08)	7.99 (7.52-8.60)	0.005
Night (mmol/I)	8.38 (7.60–9.79)	8.02 (7.33-8.87)	0.021	7.93 (7.31–8.69)	7.50 (7.15–8.15)	0.001
Day (mmol/l)	8.66 (7.71–10.07)	8.19 (7.76–9.32)	0.045	8.20 (7.72–9.24)	7.99 (7.50–8.76)	0.037
Coefficient of variation (%)	36.4 (33.8–39.2)	32.3 (29.3–35.8)	<0.001	31.6 (26.7–36.2)	32.8 (27.8–37.5)	0.014
Night (%)	34.5 (29.8–40.5)	29.3 (27.2–33.8)	0.002	28.8 (20.9–35.0)	30.0 (23.3–35.1)	0.068
Day (%)	35.5 (33.9–38.7)	32.6 (29.9–36.5)	<0.001	33.1 (26.5–35.6)	33.1 (28.3–37.6)	0.037
Glucose management indicator (%)	6.97 (6.49–7.83)	6.92 (6.44–7.32)	0.018	6.83 (6.41–7.33)	6.64 (6.34-7.03)	0.005
Night (%)	6.89 (6.40–7.78)	6.66 (6.22-7.20)	0.021	6.60 (6.21-7.08)	6.33 (6.11–6.74)	0.001
Day (%)	7.06 (6.46–7.95)	6.77 (6.50–7.48)	0.045	6.77 (6.47–7.43)	6.64 (6.33–7.13)	0.037
HbA (%)	7.3 (6.6–7.9)	7.0 (6.2–7.5)	0.447	6.95 (6.45–7.5)	6.95 (6.35–7.65)	0.870
Total daily insulin dose (IU/kg/day)	0.61 (0.52–0.74)	0.56 (0.48-0.67)	0.406	0.58 (0.49-0.75)	0.59 (0.51–0.73)	0.499
Time continuous glucose monitoring active (%)	81.3 (67.5–91.7)	90.0 (74.5–94.0)	0.052	87.0 (83.5–95)	90.0 (85.0–95.5)	0.194
Time in auto-mode	No auto-mode	86.5 (75.0–96.0)	-	87.5 (78.0–96.5)	96.5 (89.5–99.5)	<0.001

(P)LGS: (predictive) low-glucose suspend; HCL: hybrid closed-loop; AHCL: advanced hybrid closed-loop; HbA1c: glycated haemoglobin.

The subgroup analysis corroborated these results, which included only patients undergoing both transitions ([P]LGS \rightarrow HCL \rightarrow AHCL; 14 of the 44 included patients). Figure S1 and table S1 in the appendix show these patients' detailed continuous glucose monitoring metrics. In the subgroup, PLGS was active in two patients and LGS in 12 patients. Additional device settings and insulin types used are provided in tables S4–S6 in the appendix.

Discussion

Closed-loop systems, which adjust insulin delivery based on real-time glucose measurements, are increasingly used in diabetology and have been continuously optimised in recent years. This retrospective, real-world study at the University Hospital Bern evaluated glucose levels in patients with diabetes transitioning towards more advanced insulin delivery systems. Its findings are twofold. First, glucose levels significantly improved when switching from a sensor-augmented pump with (P)LGS to an HCL. Second, glucose levels further improved when switching from an HCL to an AHCL, although the added benefit of AHCL was comparably smaller.

Previous studies comparing hybrid-closed loop therapy to sensor-augmented pumps with (P)LGS reported an 8%-11% increase in time in range with no increased hypoglycaemia risk [9, 10]. Our results are consistent with these findings, showing a median increase in time in range of 6.6% (2.6%-12.7%, p <0.001) and no change in time below range when switching from (P)LGS to HCL. The slightly smaller improvement in time in range in our study might be explained by the real-world setting, the already considerable glycaemic control at baseline, and/or the limited sample size. After transitioning from an HCL to an AHCL, glucose levels improved further (median increase in time in range of 1.6% [-0.5%-4.5%, p = 0.046]), albeit to a smaller extent. Consistent with this, a recent study showed an increase in time in range of around 4% when using an AHCL versus a hybrid-closed loop system [11]. Our findings in the (P)LGS \rightarrow HCL and HCL \rightarrow AHCL groups were confirmed in the subgroup analysis of patients undergoing both transitions. In summary, the improvement in time in range in our cohort can be regarded as clinically significant, where 64% and 68% of the patients using the hybrid-closed loop and advanced hybrid-closed loop systems achieved the recommended target of time in range >70%, respectively [12].

Consistent with an earlier report [13], time in range notably improved at night after transitioning to a hybrid-closed loop, mainly due to fewer external factors influencing glucose levels, such as meals or exercise. In contrast, the switch to an AHCL mainly resulted in improved time in range and time above range during the day, likely due to the advanced algorithm's ability to respond with automated correction boluses to these external factors. In addition, AHCL systems facilitate maintaining the automatic (closed-loop) mode, potentially contributing to improved glucose levels among our AHCL users.

HbA_{1c} levels remained stable after transitioning to the more advanced insulin delivery systems. This stability is inconsistent with our continuous glucose monitoring findings, which showed improved glucose levels reflected by mean glucose, time in range, time above range, and GMI.

This discrepancy might be explained by continuous glucose monitoring being more holistic in capturing glucose levels and, therefore, specific enough to detect subtle improvements in an already well-controlled population at baseline [12]. Furthermore, device settings with higher target glucose ranges and longer duration of insulin action (see tables S4 and S5), resulting in a less aggressive insulin delivery algorithm, may result in improved time in range while HbA_{1c}is less affected.

The strength of this study is the analysis of glucose levels in patients undergoing more than one transition towards more advanced insulin delivery systems, unlike previous studies that focused on single transitions or head-to-head comparisons. In addition, the study data was collected from manually calibrated continuous glucose monitoring sensors (i.e. before the introduction of the factory-calibrated Guardian 4 sensor), thereby improving the accuracy of our continuous glucose monitoring data [14]. We fully acknowledge several limitations. First, the study's singlecentre and retrospective design does not allow for excluding selection bias or other systematic errors. Second, its limited observation period shortly after transition might overestimate treatment effects [15]. Third, its limited sample size warrants validation in a larger population, which would also allow for assessing the effect of different patient characteristics on glucose outcomes. Fourth, the patients were mainly Caucasian males, potentially limiting generalisation to other populations. Finally, this study evaluated changes in glucose levels with insulin delivery systems from a single manufacturer, precluding the generalisation of our results to other (A)HCL systems on the market.

Conclusion

While previous studies mainly focused on head-to-head comparisons or single transitions, our analysis provides evidence that sequential transitions towards more advanced insulin delivery systems from one manufacturer significantly improve time in the target glucose range in a wellcontrolled population with type 1 diabetes at a Swiss tertiary hospital.

Acknowledgments

We are grateful to all patients who provided their data for this analysis. We also thank Laura Goetschi for providing administrative support.

Author contributions: VL, FN, and TZ designed the study, analysed and interpreted the data, and wrote the manuscript. FN collected and reviewed the data. ML, and CS critically reviewed the manuscript. All authors approved the final draft of the manuscript for submission. TZ is the guarantor of this work and, as such, had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

Financial disclosure

This was an investigator-initiated study and received no funding. No competing financial interests exist.

Potential competing interests

All authors have completed and submitted the International Committee of Medical Journal Editors form for disclosure of potential conflicts of interest. No potential conflict of interest related to the content of this manuscript was disclosed.

References

 Berget C, Akturk HK, Messer LH, Vigers T, Pyle L, Snell-Bergeon J, et al. Real-world performance of hybrid closed loop in youth, young adults, adults and older adults with type 1 diabetes: identifying a clinical target for hybrid closed-loop use. Diabetes Obes Metab. 2021 Sep;23(9):2048–57. http://dx.doi.org/10.1111/dom.14441.

- Brown SA, Kovatchev BP, Raghinaru D, Lum JW, Buckingham BA, Kudva YC, et al.; iDCL Trial Research Group. Six-Month Randomized, Multicenter Trial of Closed-Loop Control in Type 1 Diabetes. N Engl J Med. 2019 Oct;381(18):1707–17. http://dx.doi.org/10.1056/NEJ-Moa1907863.
- Phillip M, et al.; Consensus Recommendations for the Use of Automated Insulin Delivery Technologies in Clinical Practice. Endocr Rev. 2022;•••:bnac022.
- McAuley SA, Lee MH, Paldus B, Vogrin S, de Bock MI, Abraham MB, et al.; Australian JDRF Closed-Loop Research Group. Six Months of Hybrid Closed-Loop Versus Manual Insulin Delivery With Fingerprick Blood Glucose Monitoring in Adults With Type 1 Diabetes: A Randomized, Controlled Trial. Diabetes Care. 2020 Dec;43(12):3024–33. http://dx.doi.org/10.2337/dc20-1447.
- Tauschmann M, Thabit H, Bally L, Allen JM, Hartnell S, Wilinska ME, et al.; APCam11 Consortium. Closed-loop insulin delivery in suboptimally controlled type 1 diabetes: a multicentre, 12-week randomised trial. Lancet. 2018 Oct;392(10155):1321–9. http://dx.doi.org/10.1016/ S0140-6736(18)31947-0.
- Carlson AL, Sherr JL, Shulman DI, Garg SK, Pop-Busui R, Bode BW, et al. Safety and Glycemic Outcomes During the MiniMed[™] Advanced Hybrid Closed-Loop System Pivotal Trial in Adolescents and Adults with Type 1 Diabetes. Diabetes Technol Ther. 2022 Mar;24(3):178–89. http://dx.doi.org/10.1089/dia.2021.0319.
- Beato-Víbora PI, Gallego-Gamero F, Lázaro-Martín L, Romero-Pérez MD, Arroyo-Díez FJ. Prospective Analysis of the Impact of Commercialized Hybrid Closed-Loop System on Glycemic Control, Glycemic Variability, and Patient-Related Outcomes in Children and Adults: A Focus on Superiority Over Predictive Low-Glucose Suspend Technology. Diabetes Technol Ther. 2020 Dec;22(12):912–9. http://dx.doi.org/10.1089/dia.2019.0400.
- Battelino T, Danne T, Bergenstal RM, Amiel SA, Beck R, Biester T, et al. Clinical Targets for Continuous Glucose Monitoring Data Interpretation: Recommendations From the International Consensus on Time in

Range. Diabetes Care. 2019 Aug;42(8):1593–603. http://dx.doi.org/10.2337/dci19-0028.

- Lunati ME, Morpurgo PS, Rossi A, Gandolfi A, Cogliati I, Bolla AM, et al. Hybrid Close-Loop Systems Versus Predictive Low-Glucose Suspend and Sensor-Augmented Pump Therapy in Patients With Type 1 Diabetes: A Single-Center Cohort Study. Front Endocrinol (Lausanne). 2022 Apr;13:816599. http://dx.doi.org/10.3389/fendo.2022.816599.
- Lepore G, Scaranna C, Corsi A, Dodesini AR, Trevisan R. Switching from Suspend-Before-Low Insulin Pump Technology to a Hybrid Closed-Loop System Improves Glucose Control and Reduces Glucose Variability: A Retrospective Observational Case-Control Study. Diabetes Technol Ther. 2020 Apr;22(4):321–5. http://dx.doi.org/10.1089/ dia.2019.0302.
- Bergenstal RM, Nimri R, Beck RW, Criego A, Laffel L, Schatz D, et al.; FLAIR Study Group. A comparison of two hybrid closed-loop systems in adolescents and young adults with type 1 diabetes (FLAIR): a multicentre, randomised, crossover trial. Lancet. 2021 Jan;397(10270):208–19. http://dx.doi.org/10.1016/ S0140-6736(20)32514-9.
- ElSayed, N.A., et al., 6. Glycemic Targets: Standards of Care in Diabetes—2023.
- 13. Diabetes Care. 2022;46 Supplement_1:S97-110.
- Leelarathna L, Dellweg S, Mader JK, Allen JM, Benesch C, Doll W, et al.; AP@home Consortium. Day and night home closed-loop insulin delivery in adults with type 1 diabetes: three-center randomized crossover study. Diabetes Care. 2014 Jul;37(7):1931–7. http://dx.doi.org/10.2337/ dc13-2911.
- 15. p. 1931-7.
- Acciaroli G, Vettoretti M, Facchinetti A, Sparacino G. Calibration of Minimally Invasive Continuous Glucose Monitoring Sensors: State-of-The-Art and Current Perspectives. Biosensors (Basel). 2018 Mar;8(1):24. http://dx.doi.org/10.3390/bios8010024.
- Petrovski G, Al Khalaf F, Campbell J, Umer F, Almajaly D, Hamdan M, et al. One-year experience of hybrid closed-loop system in children and adolescents with type 1 diabetes previously treated with multiple daily injections: drivers to successful outcomes. Acta Diabetol. 2021 Feb;58(2):207–13. http://dx.doi.org/10.1007/s00592-020-01607-4.

Appendix

Glucose levels

Figure S1: Time in ranges after transition. (A) Time in range for the (P)LGS \rightarrow HCL group (n = 28); (B) time in ranges for the HCL \rightarrow AHCL group (n = 28); (C) Time in ranges for the (P)LGS \rightarrow HCL \rightarrow AHCL subgroup undergoing both transitions (n = 1 4). The mean times in the respective ranges are shown. Asterisks denote significance levels of comparing the pre vs. post period: *, p <0.05; **, p <0.01; ***, p <0.001. (P)LGS, predictive low-glucose suspend; HCL, hybrid closed-loop; AHCL, advanced hybrid closed-loop; TBR 1, time below range level 1 (3.0–3.8 mmol/l); TBR 2, time below range level 2 (<3.0 mmol/l); TIR, time in range (3.9–10.0 mmol/l); TAR 1, time above target range level 1 (10.0–13.9 mmol/l); TAR 2, time above target range level 2 (>13.9 mmol/l).



Table S1:

Glucose levels in participants undergoing both transitions (subgroup analysis, n = 14). Results are presented as median (interquartile range). Asterisks denote significance levels of post estimations comparing the (P)LGS period to the HCL and AHCL periods: *, p <0.05; **, p <0.01; ***, p <0.01.

Variable	(P)LGS	HCL	AHCL	p-value
TIR (3.9–10.0 mmol/l; %)	69.4 (50.3–79.2)	76.5 (65.3–81.3)**	78.7 (69.7–85.8)***	<0.001
Night (%)	69.3 (62.4–80.4)	84.6 (67.7–92.3)***	85.3 (79.5–90.0)**	<0.001
Day (%)	69.3 (57.2–77.9)	74.9 (64.4–82.8)**	77.7 (68.1–85.7)***	<0.001
TAR (>10.0 mmol/l; %)	27.0 (20.0–45.1)	20.7 (15.9–33.5)**	18.1 (13.2–25.8)***	0.001
Night (%)	26.2 (15.0–36.6)	12.5 (6.1–26.3)**	13.5 (9.2–17.9)***	0.002
Day (%)	27.7 (18.7–40.7)	23.1 (12.3–35.2)*	18.8 (13.2–29.0)**	0.001
TBR (<3.9 mmol/l; %)	2.20 (0.79–4.59)	2.53 (1.20-3.32)	2.58 (0.92-3.69)	0.775
Night (%)	1.52 (0.48–4.80)	1.15 (0.42–2.05)	1.20 (0.39–2.45)	0.109
Day (%)	1.98 (0.54–4.10)	3.14 (1.06–4.01)	2.86 (0.92-4.00)	0.607
Mean glucose (mmol/l)	8.35 (7.71–9.93)	8.05 (7.60-8.91)	7.77 (7.47–8.37)**	0.006
Night (mmol/l)	8.17 (7.60–9.49)	7.88 (7.15–8.47)	7.51 (7.34–8.00)**	0.025
Day (mmol/l)	8.54 (7.88–10.08)	8.20 (7.49–9.27)	7.87 (7.47–8.55)**	0.008
CV (%)	35.5 (33.5–38.9)	30.4 (26.8–36.9)***	32.6 (28.4–37.6)**	<0.001
Night (%)	33.0 (30.0–35.1)	26.0 (20.1–30.9)**	28.7 (21.7–32.9)**	0.001
Day (%)	36.1 (33.6–38.4)	31.6 (26.9–35.5)**	31.9 (28.6–38.8)	0.003
GMI (%)	6.87 (6.46–7.87)	6.67(6.40-7.22)*	6.50 (6.31–6.88)**	0.006
Night (%)	6.75 (6.40–7.59)	6.57 (6.11–6.95)	6.33 (6.23–6.65)**	0.025
Day (%)	6.99 (6.57–7.96)	6.77 (6.32–7.44)	6.57 (6.31–6.99)**	0.008
HbA _{1c} (%)	6.85 (6.20–7.80)	6.90 (6.50–7.60)	6.80 (6.40–7.50)	0.291
TDD (IU/kg/day)	0.62 (0.52–0.74)	0.61 (0.50–0.85)	0.62 (0.54–0.74)	0.339
Time CGM active (%)	77.7 (63.7–91.3)	88.5 (84.0–95.0)**	90.5 (88.0–94.0)***	0.001
Time in auto-mode (%)	no auto-mode	86.5 (81.0–96.0)	96.5 (91.0–98.0)	-

(P)LGS, (predictive) low-glucose suspend; HCL, hybrid closed-loop; AHCL, advanced hybrid closed-loop; TIR, time in target range (3.9–10.0 mmol/l); TBR, time below target range (<3.9 mmol/l); TAR, time above target range (>10.0 mmol/l); CV, coefficient of variation; GMI, glucose management indicator; HbA1c, glycated haemoglobin; TDD, total daily insulin dose per day and kilogram body weight; CGM, continuous glucose measurement.

Population

Table S2:

Baseline characteristics of the study participants before transition. Results are presented as median (interquartile range).

	Overall (n = 44)	(P)LGS \rightarrow HCL group (n = 28)	$HCL \rightarrow AHCL$ group (n = 28)	(P)LGS \rightarrow HCL \rightarrow AHCL subgroup (n = 14)
Sex (m; f)	28; 16	20; 8	18; 10	12; 2
Age (years)	38.5 (28.8–51.0)	38.5 (28.5–51.0)	38.5 (28.5–50.5)	36.5 (26.0–48.0)
Weight (kg)	79.1 (69.8–89.3)	80.0 (70.0–89.5)	78.0 (70.9–90.3)	84.6 (75.3–90.9)
BMI (kg/m2)	25.8 (23.7–28.5)	25.7 (23.7–28.5)	25.7 (23.7–28.6)	25.5 (23.7–28.9)
Diabetes type	43 had type 1 diabetes; 1 had pan- creatogenic diabetes	27 had type 1 diabetes; 1 had pan- creatogenic diabetes	27 had type 1 diabetes; 1 had pan- creatogenic diabetes	13 had type 1 diabetes; 1 had pan- creatogenic diabetes
Diabetes dura- tion (years)	22.2 (16.0–33.6)	22.7 (16.6–35.3)	22.5 (16.0–28.0)	22.0 (16.1–33.0)
TDD (IU/kg/day)	0.58 (0.48–0.69)	0.60 (0.49–0.69)	0.58 (0.49–0.75)	0.62 (0.52–0.74)
HbA _{1c} (%)	6.90 (6.20–7.73);	6.85 (6.15–7.80)	6.95 (6.45–7.50)	6.85 (6.20–7.80)

(P)LGS, (predictive) low-glucose suspend; HCL, hybrid closed-loop; AHCL, advanced hybrid closed-loop; m, male; f, female; BMI, body mass index; TDD, total daily insulin dose per day and kilogram body weight; IU, insulin units; HbA1c, glycated haemoglobin.



Periods of data collection



Table S3:

Duration between the switch and the pre/post data collection period for CGM and HbA1c data. Results are presented as median (interquartile range).

(P)LGS \rightarrow HCL group (n = 28)						
	Pre-switch	Pre-switch			Post-switch	
Days between the CGM period and the switch	79.5 (41–137)	79.5 (41–137)			132 (91.5–179)	
Days between HbA _{1c} and the switch	58.5 (31–85)	58.5 (31–85)			132 (91.5–179)	
HCL \rightarrow AHCL group (n = 28)						
	Pre-switch	Pre-switch		Post-switch		
Days between the CGM period and the switch	38 (5–71)	38 (5–71)			152.5 (98.0–190.5)	
Days between HbA _{1c} and the switch	61.5 (33.5–77.5)	61.5 (33.5–77.5)			156 (112.5–190.5)	
(P)LGS \rightarrow HCL \rightarrow AHCL subgroup (n = 14)						
	Pre-switch 1	Post-switch 1	Pre-switc	h 2	Post-switch 2	
Days between the CGM period and the switch	70.5 (45–94)	655 (492–724)	33.5 (2–70))	136 (79–167)	
Days between the HbA _{1c} and the switch	53.5 (37–71)	53.5 (37–71) 636 (492–722) 65.5 (33–7		79)	152.5 (82–180)	

(P)LGS, (predictive) low-glucose suspend; HCL, hybrid closed-loop; AHCL, advanced hybrid closed-loop; HbA_{1c}, glycated haemoglobin.

Device settings and insulin type

Table S4:

Target glucose values during the advanced hybrid closed-loop (AHCL) periods in the HCL \rightarrow AHCL group and the (P)LGS \rightarrow HCL \rightarrow AHCL subgroup.

Target value during AHCL	$HCL \rightarrow AHCL$ group (n = 28)	(P)LGS \rightarrow HCL \rightarrow AHCL subgroup (n = 14)		
5.5 mmol/l	16	6		
6.1 mmol/l	7	6		
6.7 mmol/l	5	2		

(P)LGS, (predictive) low-glucose suspend; HCL, hybrid closed-loop; AHCL, advanced hybrid closed-loop.

Table S5:

Active insulin time.

	(P)LGS \rightarrow H CL group (I	= 26) $HCL \rightarrow AHCL \text{ group (n = 28)}$		(P)LGS \rightarrow HCL \rightarrow AHCL subgroup (n = 14)			
Active insulin time	(P)LGS	HCL	HCL	AHCL	(P)LGS	HCL	AHCL
120 min	5	7	11	10	5	5	6
135 min	-	-	1	-	-	-	-
150 min	2	4	5	9	1	3	3
180 min	11	12	9	7	4	5	3
210 min	1	2	1	1	1	1	1
240 min	3	1	1	1	3	-	1
300 min	1	-	-	-	-	-	-
330 min	-	-	-	-	-	-	-
360 min	3	-	-	-	-	-	-

(P)LGS, (predictive) low-glucose suspend; HCL, hybrid closed-loop; AHCL, advanced hybrid closed-loop.

Table S6:

Insulin type used.

Insulin	(P)LGS \rightarrow HCL group (n = 28)	$HCL \rightarrow AHCL$ group (n = 28)		
Ultra-rapid insulin aspart (for all periods)	14	21		
Insulin lispro (for all periods)	5	1		
Insulin aspart (for all periods)	3	1		
Insulin lispro \rightarrow ultra-rapid insulin aspart	1	1		
Insulin aspart \rightarrow ultra-rapid insulin aspart	5	1		
Ultra-rapid insulin aspart \rightarrow insulin aspart	0	2		
Unknown \rightarrow ultra-rapid insulin aspart	0	1		
Insulin	(P)LGS \rightarrow HCL \rightarrow ACHL subgroup (n = 14)			
Ultra-rapid insulin aspart (for all periods)	10			
Insulin aspart (for all periods)	1			
Insulin lispro \rightarrow Insulin lispro \rightarrow ultra-rapid insulin aspart	1			
Insulin lispro \rightarrow ultra-rapid insulin aspart \rightarrow ultra-rapid insulin aspart	1			
Insulin aspart \rightarrow insulin lispro \rightarrow insulin aspart	1			