

1 **Title: Prostate cancer diagnosis rates among insured men with and without HIV in South Africa: a**
2 **cohort study**

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4 **Authors:**

5 Yann Ruffieux¹, Nathalie V. Fernández Villalobos¹, Christiane Didden^{1,2}, Andreas D. Haas¹, Chido
6 Chinogurei³, Morna Cornell³, Matthias Egger^{1,3,4}, Gary Maartens^{5,6}, Naomi Folb⁷, Eliane Rohner¹

7
8 **Affiliation:**

9 ¹Institute of Social and Preventive Medicine, University of Bern, Bern, Switzerland

10 ²Department of Sociology, Ludwig-Maximilians-Universität Munich, Munich, Germany

11 ³Centre for Infectious Disease Epidemiology and Research, School of Public Health, University of
12 Cape Town, Cape Town, South Africa

13 ⁴Population Health Sciences, Bristol Medical School, University of Bristol, Bristol, United Kingdom

14 ⁵Division of Clinical Pharmacology, Department of Medicine, University of Cape Town, Cape Town,
15 South Africa

16 ⁶Wellcome Centre for Infectious Diseases Research in Africa, Institute of Infectious Disease and
17 Molecular Medicine, University of Cape Town, Cape Town, South Africa

18 ⁷Medscheme, Cape Town, South Africa

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20 **Running title:** Prostate cancer in men with and without HIV in South Africa

21
22 **Corresponding author**

23 Eliane Rohner, Institute of Social and Preventive Medicine, University of Bern, Mittelstrasse 43, 3012
24 Bern, Switzerland, eliane.rohner@unibe.ch, +41 31 684 35 23

25
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33 **Abstract**

34

35 Background: Several studies have found lower prostate cancer diagnosis rates among men with HIV
36 (MWH) than men without HIV, but reasons for this finding remain unclear.

37 Methods: We used claims data from a South African private medical insurance scheme (07/2017-
38 07/2020) to assess prostate cancer diagnosis rates among men aged ≥ 18 years with and without HIV.
39 Using flexible parametric survival models, we estimated hazard ratios (HR) for the association
40 between HIV and incident prostate cancer diagnoses. We accounted for potential confounding by
41 age, population group, and sexually transmitted infections (confounder-adjusted model), and
42 additionally for potential mediation by prostatitis diagnoses, prostate-specific antigen (PSA) testing,
43 and prostate biopsies (fully adjusted model).

44 Results: We included 288 194 men, of whom 20 074 (7%) were living with HIV. Prostate cancer was
45 diagnosed in 1 614 men without HIV (median age at diagnosis: 67 years) and in 82 MWH (median
46 age at diagnosis: 60 years). In the unadjusted analysis, prostate cancer diagnosis rates were 35%
47 lower among MWH than men without HIV (HR 0.65, 95% confidence interval [CI] 0.52-0.82).
48 However, this association was no longer evident in the confounder-adjusted model (HR 1.03, 95% CI
49 0.82-1.30) or in the fully adjusted model (HR 1.14, 95% CI 0.91-1.44).

50 Conclusions: When accounting for potential confounders and mediators, our analysis found no
51 evidence of lower prostate cancer diagnosis rates among men with HIV than men without HIV in
52 South Africa.

53 Impact: Our results do not support the hypothesis that HIV decreases the risk of prostate cancer.

54 **Introduction**

55 Prostate cancer is the second most common cancer among men worldwide and strongly associated
56 with old age (1,2). As the lifespan of people with HIV has increased since the introduction of
57 antiretroviral therapy (ART), prostate cancer is expected to emerge as one of the most frequent
58 cancer diagnoses among men with HIV (MWH) (3). Several studies have suggested that MWH are at
59 lower risk of being diagnosed with prostate cancer than men without HIV (1,4,5). The reasons for
60 this finding are not well understood. The higher prevalence of hypogonadism among MWH, a
61 potential protective effect of ART, or differences in prostate cancer screening practices by HIV status
62 may play a role (1). A study in the United States (US) found less frequent prostate-specific antigen
63 (PSA) testing and prostate biopsies among MWH than men without HIV (6). When accounting for
64 these differences, prostate cancer rates did not differ by HIV status (6). Data on prostate cancer
65 rates and screening practices by HIV status in South Africa, where a large proportion of MWH live,
66 are scarce. A case-control study from Soweto, South Africa, found a higher HIV prevalence among
67 men with prostate cancer than their cancer-free peers (7).

68 US-based studies showed that African Americans were about twice as likely as white men to develop
69 and die from prostate cancer (8,9). In South Africa, black African men were found to have higher
70 odds of advanced disease than other population groups (10). Differences in prostate cancer
71 screening practices and healthcare access may partly explain these disparities but are unlikely to
72 fully account for the observed differences in prostate cancer incidence (11). Although prostate
73 cancer shows high heritability, the role of genetic predisposition in the observed ethnic differences
74 remains controversial (12,13). Prostatitis and sexually transmitted infections (STIs) have been
75 discussed as potential risk factors for prostate cancer, but the evidence remains inconclusive (14,15).

76 We estimated the effect of HIV on incident prostate cancer diagnosis, taking into account
77 confounding factors and differences in PSA testing, prostate biopsy, and prostatitis rates between
78 MWH and men without HIV in South Africa.

79

80

81 **Materials and Methods**

82 *Study design and data source*

83 We performed a cohort study using inpatient and outpatient reimbursement claims data from a
84 medical insurance scheme in South Africa from 2017-2020. This was an observational study and
85 no randomization was performed. Of note, only about 15% of the South African population have
86 health insurance (16). The study period was chosen based on the availability of laboratory
87 information on PSA. Claims data were coded according to the International Classification of Diseases

88 (ICD)-10, the Anatomical Therapeutic Chemical (ATC) Classification System, the Current Procedural
89 Terminology (CPT), and the National Reference Price List (NRPL). We considered medical claims data
90 available from 2011 in our analysis. The Human Research Ethics Committee of the University of Cape
91 Town and the Ethics Committee of the Canton of Bern granted permission to analyse these data.

92

93 *Inclusion criteria and definitions*

94 We included men aged ≥ 18 years and covered by the medical insurance scheme at some point
95 between 1 July 2017 and 1 July 2020. Individuals with missing information on age were excluded.
96 Further exclusion criteria are detailed in [Figure 1](#). We used the following HIV indicators to identify
97 MWH: ATC codes for ART (excluding drugs used in pre- or post-exposure prophylaxis), HIV-related
98 ICD-10 diagnoses (B20-24, F02.4, R75, Z21), HIV-related laboratory tests (positive HIV test, HIV RNA
99 viral load, CD4 cell count), and enrolment in the Aid for AIDS (AfA) disease management program.
100 We regarded men with ≥ 2 HIV indicators as MWH and men without HIV indicator as HIV-negative.
101 We excluded men with only one HIV indicator. We identified PSA testing from laboratory records,
102 ICD-10 diagnoses (Z12.5), CPT codes (84512, 84153, 84154), and NRPL codes (4519). We identified
103 prostate biopsies from CPT codes (55700, 55705, 55706) and NRPL codes (2235, 2237). Additional
104 diagnoses of interest included prostatitis (ICD-10: N41.0-9, N51.0) and STIs (ICD-10: A51-A64). Men
105 without ICD-10 codes for prostatitis or STIs were assumed to have no history of these diseases.
106 Evidence of radical prostatectomy was defined based on NRPL codes (2253, 2259) and CPT codes
107 (55840, 55842, 55845, 55866). We considered PSA test results >4 ng/mL as elevated (17).

108 Our main endpoints of interest were incident prostate cancer diagnoses, which we defined as ≥ 2
109 ICD-10 codes for prostate cancer (C61) on separate days. We considered the date of the first C61
110 code as the diagnosis date. We excluded men with a single C61 code to reduce the chance of a false-
111 positive diagnosis. We assessed PSA testing, prostate biopsies, and prostatitis as additional
112 outcomes.

113 For men without HIV, time-at-risk started at enrolment into the insurance scheme, their 18th
114 birthday, or 1 July 2017, whichever occurred last. For MWH, time-at-risk started at the date of their
115 first HIV indicator, their 18th birthday, or 1 July 2017, whichever occurred last. For all men, time-at-
116 risk ended at the earliest of prostate cancer diagnosis, radical prostatectomy, transfer from the
117 insurance scheme, death, or database closure (1 July 2020). Radical prostatectomies recorded within
118 60 days of prostate cancer diagnosis were assumed to be linked to the cancer diagnosis and were
119 ignored. When analyzing PSA testing rates, an individual's time-at-risk was further right-censored at
120 their first prostate biopsy, because PSA tests following a biopsy were assumed to be for monitoring
121 purposes. Time-at-risk in the analysis of biopsies among men with elevated PSA was further left-

122 truncated at the first elevated PSA test. We assumed that the PSA level remained elevated until a
123 PSA test showed a result of <4 ng/mL, at which time point right-censoring occurred. When analyzing
124 incident prostatitis diagnoses, time-at-risk was right-censored at the time of the first prostatitis
125 diagnosis.

126 We differentiated between factors that could confound or mediate the effect of HIV on prostate
127 cancer diagnosis rates ([Figure 2](#)). Potential confounders included age (18-39, 40-54, 55-64, 65-74,
128 ≥75 years; time-updated), self-identified population group (black African, white, coloured,
129 Indian/Asian, unknown), and a previous STI diagnosis (no/yes; time-updated). Potential mediators
130 included a previous prostatitis diagnosis (no/yes; time-updated), a previous PSA test (no/yes; time-
131 updated), and a previous prostate biopsy (no/yes; time-updated). Coloured and Indian/Asian
132 population groups were regrouped into a single category, due to the small number of MWH in these
133 groups.

134

135 *Statistical analysis*

136 We performed descriptive data analyses to assess sociodemographic characteristics of included men
137 by HIV status and population group. We calculated crude PSA testing rates, prostate biopsy rates,
138 and prostate cancer diagnosis rates per 100,000 person-years in MWH and men without HIV. When
139 considering PSA test and prostate biopsy as outcomes, we treated each PSA test and prostate biopsy
140 as a separate event but ignored tests or biopsies that occurred <12 months after a previous PSA test
141 or biopsy. We calculated prostate biopsy rates per 100,000 person-years in men with an elevated
142 PSA test, stratified by HIV status. PSA tests and prostate biopsies occurring on the day of a prostate
143 cancer diagnosis were brought back one day, as they were assumed to have preceded the cancer
144 diagnosis.

145 We examined the association between HIV and factors potentially mediating its effect on prostate
146 cancer diagnosis rates. We computed rate ratios (RR) for the association between HIV and PSA
147 testing or prostate biopsies using unadjusted and confounder-adjusted Poisson regression with an
148 offset for person-years. Using the same approach, we assessed the association of HIV and prostate
149 biopsies among men with an elevated PSA test. We used robust estimators to account for clustering
150 of data by individual (18). To estimate hazard ratios (HR) for the association between HIV and
151 incident prostatitis diagnoses, we used unadjusted and confounder-adjusted flexible parametric
152 survival models (19). We used flexible parametric survival models to estimate HRs describing the
153 association between HIV and incident prostate cancer diagnoses. We derived HRs from the following
154 models: i) unadjusted, ii) adjusted for age, iii) adjusted for potential confounders, iv) adjusted for
155 potential confounders and PSA testing, and v) adjusted for confounders and mediators (to estimate

156 the residual effect of HIV on prostate cancer diagnoses conditional on confounders and mediators).
157 We report summary HRs based on models assuming proportional hazards and time-varying HRs
158 obtained from including an interaction between follow-up time and each factor of interest. We used
159 flexible parametric survival models to estimate prostate cancer diagnosis rates as a continuous
160 function of age, including HIV status as an independent variable and an interaction between HIV
161 status and age. We chose the number of degrees of freedom for the baseline hazards
162 (Supplementary Table 1) and interactions using the Akaike Information Criteria (AIC). Analyses were
163 performed using R 4.2.3 (R Foundation for Statistical Computing, Vienna, Austria).

164

165 *Sensitivity and subgroup analyses*

166 To assess the impact of our definition of MWH we performed sensitivity analyses in which: i) we
167 required MWH to be recorded as AfA members and have at least one additional HIV indicator, and ii)
168 MWH had the same definition of time-at-risk as men without HIV (no left-truncation at the first HIV
169 indicator). In subgroup analyses, we assessed factors associated with incident prostate cancer
170 diagnoses among i) men with at least one PSA test, left-truncating follow-up at the first PSA test, ii)
171 men with an elevated PSA test followed by a prostate biopsy, left-truncating follow-up at the biopsy,
172 and iii) men from specific age groups. Finally, we changed our definition of a prostate cancer
173 diagnosis to require only one C61 ICD-10 code.

174

175 *Data availability statement*

176 Data were obtained from the International epidemiology Databases to Evaluate AIDS–Southern
177 Africa (IeDEA-SA) and for inquiries about the data, readers can contact them through the online form
178 available at <https://www.iedea-sa.org/contact-us/>. Further information is available from the
179 corresponding author upon request.

180

181 **Results**

182 *Study population*

183 Of 436,294 men covered by the medical insurance scheme at some point between 1 July 2017 and 1
184 July 2020, we excluded 136,615 men because their follow-up ended before the age of 18 years, and
185 another 11,485 men for reasons detailed in [Figure 1](#). We included 288,194 men in our analysis, of
186 whom 7% were MWH (n=20,074; [Table 1](#)). The total time-at-risk was 601,542 years for a median of
187 2.8 years (interquartile range [IQR] 1.1-3.0) per person. Among the included MWH, 98% had at least
188 one HIV-related ICD-10 code, 89% had at least one ART record, 87% were enrolled in the AfA
189 program, and 69% had at least one HIV-related laboratory record. The median age at the start of

190 time-at-risk was 44.8 years (IQR 38.2-52.3) in MWH and 40.3 years (IQR 29.8-53.8) in men without
191 HIV. About 10% of MWH (n=1,986) and 8% of men without HIV (n=20,553) had at least one PSA test
192 documented during their follow-up time. A history of STIs was more frequently reported for MWH
193 (14%; n=2,755) than men without HIV (4%; n=9,874). In both MWH and men without HIV, the most
194 common specified STI diagnoses were gonococcal infections followed by anogenital herpes simplex
195 and chlamydia trachomatis infections. Median age at start of time-at-risk was highest in white men
196 (46.8 years, IQR 32.0-60.0) and lowest in black African men (38.2 years, IQR 30.2-48.2), see
197 [Supplementary Table 2](#).

198

199 *PSA testing, prostate biopsies, and prostatitis diagnoses*

200 The crude PSA testing rate was 4,595/100,000 person-years (95% CI 4,541-4,649), with higher rates
201 in MWH (5,346; 95% CI 5,130-5,568) than men without HIV (4,536; 95% CI 4,480-4,593). In the
202 unadjusted and adjusted analyses, MWH were more likely to undergo PSA testing than men without
203 HIV ([Table 2](#)), with the association being weaker in the unadjusted analysis (RR 1.18, 95% CI 1.12-
204 1.24) than the confounder-adjusted analysis (RR 2.24; 95% CI 2.13-2.36). White men (adjusted RR
205 2.59, 95% CI 2.49-2.69) and men of other population groups (adjusted RR 2.01, 95% CI 1.91-2.11)
206 were more likely to undergo PSA testing than black African men. PSA testing rates were highest in
207 men aged ≥ 65 years. PSA levels increased with older age in MWH and men without HIV
208 ([Supplementary Table 3](#)).

209 In contrast to PSA testing, crude prostate biopsy rates per 100,000 person-years were lower in MWH
210 (288; 95% CI 240-343) than men without HIV (414; 95% CI 397-431). In the unadjusted analysis,
211 MWH had lower prostate biopsy rates than men without HIV (RR 0.70; 95% CI 0.58-0.83), but this
212 association disappeared in the confounder-adjusted analysis (RR 0.99; 95% CI 0.82-1.20). White men
213 were slightly less likely to undergo prostate biopsies than black African men (adjusted RR 0.88, 95%
214 CI 0.78-0.99), and biopsy rates were highest in the older age groups. We found no evidence of an
215 association between HIV status and prostate biopsy in the analysis restricted to 2,785 men with an
216 elevated PSA result of >4 ng/mL (adjusted RR 0.86, 95% CI 0.59-1.27). In this population, biopsy rates
217 were lowest in men aged ≥ 75 years ([Table 2](#)).

218 Crude prostatitis diagnosis rates in MWH (776/100,000 person-years, 95% CI 693-865) and men
219 without HIV (784/100,000 person-years, 95%CI 761-809) were similar. However, in the confounder-
220 adjusted analysis, a positive HIV status was associated with higher prostatitis diagnosis rates (HR
221 1.18, 95% CI 1.04-1.32). Older age and previous STI diagnoses were also associated with increased
222 prostatitis diagnosis rates ([Table 2](#)).

223

224 *Incident prostate cancer diagnoses*

225 Incident prostate cancer was diagnosed in 1,614 men without HIV (crude rate: 289/100,000 person-
226 years; 95% CI 275-304) and in 82 MWH (crude rate: 189/100,000 person-years; 95% CI 150-235).
227 Median age at prostate cancer diagnosis was higher among men without HIV (67.4 years; IQR: 60.5-
228 73.9) than MWH (59.6 years; IQR 64.9-64.1; [Supplementary Table 4](#)). Characteristics at prostate
229 cancer diagnosis by population group are shown in [Supplementary Table 5](#). Age-specific prostate
230 cancer diagnosis rates were similar in MWH and men without HIV, with prostate cancer diagnosis
231 rates increasing steeply between the age of 40-70 years ([Figure 3](#)).

232 In the unadjusted analysis, MWH had a 35% lower risk of incident prostate cancer diagnosis than
233 men without HIV (HR 0.65; 95% CI 0.52-0.82; [Table 3](#)). This association was no longer evident in the
234 age-adjusted model (HR 1.10, 95% CI 0.88-1.38). Further adjusting for additional confounders (HR
235 1.03, 95% CI 0.82-1.30), confounders and PSA testing (HR 0.95, 95% CI 0.76-1.20), and both potential
236 confounders and mediators (HR 1.14, 95% CI 0.91-1.44) did not change the strength of the
237 association substantially. [Supplementary Figure 1](#) shows the HRs from the fully adjusted model as a
238 function of follow-up time, relaxing the proportional hazards assumption. The HR for the association
239 between HIV status and incident prostate cancer diagnosis was approximately one during early
240 follow-up and increased thereafter. Characteristics associated with higher prostate cancer diagnosis
241 rates included older age and black African or unknown population group ([Table 3](#)).

242

243 *Sensitivity and subgroup analyses*

244 When varying our definition of MWH and their time-at-risk, results remained broadly similar
245 ([Supplementary Tables 6-9](#)). When restricting the analysis to 22,539 men with at least one PSA test,
246 the estimated association between HIV and incident prostate cancer diagnosis remained similar
247 compared with the main analysis ([Supplementary Table 10](#)). When we further restricted the analysis
248 to 634 men who had a prostate biopsy after an elevated PSA test, we found a positive association
249 between HIV and incident prostate cancer diagnosis across all models ([Supplementary Table 11](#)). In
250 subgroup analyses by age groups, the unadjusted HRs changed from a positive association of HIV
251 and incident prostate cancer among the youngest age group to a negative association among men
252 aged ≥ 75 years ([Supplementary Table 12](#)). However, the corresponding 95% CIs were wide, and in
253 the fully adjusted models, differences between subgroups were attenuated. Relaxing the definition
254 of a prostate cancer diagnosis to require only one C61 ICD-10 code led to a positive association
255 between HIV and incident prostate cancer diagnosis in the fully adjusted model (HR 1.25; 95% CI
256 1.03-1.51; [Supplementary Table 13](#)).

257

258 Discussion

259 In this analysis of claims data from a medical insurance scheme in South Africa, we found lower
260 crude prostate cancer diagnosis rates among MWH than men without HIV. However, when taking
261 into account potential confounders, the effect of HIV on prostate cancer diagnosis rates was
262 minimal. Other factors, such as age and population group, were more strongly associated with
263 incident prostate cancer diagnoses than HIV. MWH had higher adjusted rates of PSA testing and
264 prostatitis diagnosis but similar prostate biopsy rates than men without HIV. When adjusting for
265 these potential mediators, we found no evidence that HIV led to lower prostate cancer diagnosis
266 rates.

267 In line with previous US-based studies (5,6,20), we found lower crude prostate cancer diagnosis
268 rates among MWH than men without HIV. However, we observed no clear overall effect of HIV on
269 prostate cancer diagnosis rates after adjusting for potential confounders. This contrasts with the
270 results of a 2021 meta-analysis, which found a pooled standardised incidence ratio of 0.76 (95% CI,
271 0.64–0.91) comparing MWH to men without HIV or the general population, but the heterogeneity
272 between the studies was considerable (1). Of note, all included estimates were adjusted for age,
273 some for race/ethnicity, calendar period, or registry, and one study adjusted for additional factors
274 such as smoking, alcohol or drug abuse, obesity, and diabetes (5). Two of the 27 studies included in
275 this meta-analysis were conducted in sub-Saharan Africa, however, their estimates had very high
276 uncertainty (21,22). There are few large-scale studies available that directly compared prostate
277 cancer diagnosis rates among MWH and men without HIV. Even fewer studies adjust for potential
278 differences in PSA testing and prostate biopsy patterns by HIV status (5,6).

279 It has been hypothesized that lower PSA screening rates among MWH may explain the lower rates of
280 diagnosed prostate cancer among MWH (6,23). Population-based PSA testing for prostate cancer
281 screening is a controversial topic: the impact of PSA screening on overall mortality appears to be
282 limited, and up to 50% of the detected prostate cancers might not have become clinically relevant
283 within a person's lifetime (24). The US Preventive Services Task Force recommends individual shared
284 decision-making regarding PSA screening for men aged 55-69 years (25). In South Africa, the Council
285 for Medical Schemes recommends PSA screening for men with a life expectancy of ≥ 10 years from
286 the age of 40 years, if risk factors such as positive family history are present, and from the age of 45
287 years in all men (26). Prostate cancer screening recommendations generally do not differ by HIV
288 status. Still, early in the HIV epidemic when potent ART was not yet widely available, clinicians may
289 have been reluctant to offer prostate cancer screening to MWH due to poor HIV-related prognosis
290 (4,27,28). Two US-based studies found lower PSA testing rates among MWH than men without HIV
291 or the general population (4,6). In contrast, a study from the Kaiser Permanente integrated health

292 care delivery system in the US indicated that MWH may be more likely to undergo prostate cancer
293 screening than men without HIV in a managed care setting, potentially due to more regular
294 interactions with the health system (5,28). In our study, privately insured MWH in South Africa had
295 higher rates of PSA testing than men without HIV.

296 Interestingly, we and others (6) found lower crude prostate biopsy rates in MWH compared to men
297 without HIV. Prostate biopsies might be performed less frequently among MWH because of the
298 invasive nature of the procedure and the risk of excessive bleeding due to HIV-associated
299 thrombocytopenia (1). In our study, the association between HIV and prostate biopsy rates
300 disappeared after adjusting for confounders or restricting the analysis to men with an elevated PSA.
301 Data on the association between HIV and incident prostatitis diagnoses are limited. Yet, there is
302 some evidence that prostatitis diagnoses are more common among men with AIDS than
303 asymptomatic MWH or the general population (29). In our analysis, MWH were more likely to be
304 diagnosed with prostatitis than men without HIV.

305 Using models that adjusted for measured confounders and potential mediators, we found no
306 evidence that MWH had lower prostate cancer diagnosis rates than men without HIV. Our findings
307 contrast to some extent with those of the US Veterans Aging Cohort Study, which showed marginally
308 lower prostate cancer rates in MWH than men without HIV when adjusting for potential
309 confounders and PSA testing (incidence rate ratio 0.93; 95% CI 0.86-1.01) (6). However, when the
310 authors restricted the analysis to men who received prostate biopsies, prostate cancer detection
311 rates were similar in MWH and men without HIV (incidence rate ratio 1.06; 95% CI 0.98-1.20).
312 Another US-based study found that among men with a previous PSA test, HIV was associated with a
313 lower risk of developing prostate cancer (5). Of note, this study did not consider potential
314 differences in prostate biopsy rates between MWH and men without HIV. The conflicting results may
315 also be explained by differences in the HIV epidemics between countries, the risk factor profiles
316 among the study populations, and the confounders adjusted for. The lower crude prostate cancer
317 diagnosis rates among MWH in our study were mostly due to differences in the age distribution
318 between MWH and men without HIV, with few MWH aged 65 years or older included in our analysis.

319 Our study is one of few assessing the effect of HIV on prostate cancer diagnosis rates in sub-Saharan
320 Africa. We specifically considered the impact of potential confounders and mediators and included a
321 large sample size. Our study has several limitations. Privately insured men generally have better
322 health care access and different socio-demographic characteristics compared with uninsured men.
323 Thus, our findings are unlikely to be generalisable to the public sector and the general population of
324 South Africa. Furthermore, defining exposures and outcomes based on reimbursement claims data
325 may have led to misclassification and underreporting. However, in sensitivity analyses, we assessed

326 the robustness of our results across different definitions of incident prostate cancer and MWH. We
327 assumed that men without HIV indicators were HIV-negative, but some of these men may have had
328 undiagnosed HIV. Similarly, for STIs and prostatitis, we assumed that men without a corresponding
329 ICD-10 code had no history of STIs or prostatitis. Laboratory data on PSA was only available for the
330 period of 2017-2020 and, thus, we restricted the study period to these calendar years. However,
331 information on HIV-related and other medical claims were available from 2011. We were unable to
332 differentiate between PSA tests done for screening purposes and PSA tests done for monitoring
333 purposes, as we had not information on the clinical reasoning behind the PSA tests. However, we
334 excluded PSA tests done after prostate biopsies as monitoring tests. Nevertheless, as symptoms
335 related to undiagnosed prostate cancer may have triggered PSA tests and prostate biopsies, collider
336 bias may have distorted the observed association between HIV and incident prostate cancer
337 diagnosis in the mediator-adjusted models. Moreover, we assumed that misclassification of
338 monitoring PSA tests as screening tests did not differ by HIV status. We were unable to control for
339 behavioral and lifestyle factors that may have distorted our results. Moreover, we were unable to
340 assess differences in advanced stage disease due to a lack of cancer staging information.

341
342 In conclusion, we did not find evidence for prostate cancer diagnosis rates to be lower among
343 privately insured men with HIV than men without HIV in South Africa when potential confounders
344 and mediators were considered. Our results do not support the hypothesis that HIV may decrease
345 the risk of prostate cancer through biological mechanisms.

346

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357

358 **Author contributions**

359 YR and ER conceptualised the study; ME, ADH, MC, and ER were involved in the funding acquisition;
360 NF, GM, and ME provided resources; ADH, CC, and YR were involved in the data management; YR
361 and CD performed the data analysis; NVFV and ER wrote the first draft of the manuscript; all authors
362 contributed to the interpretation of the results, reviewed the manuscript, and agreed with the final
363 version. The work reported in the paper has been performed by the authors, unless clearly specified
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444

445 **Table 1.** Cohort characteristics by HIV status and overall.

Characteristics	Men without HIV n (%)	Men with HIV n (%)
Total	268 120	20 074
Median age[†] (years) [IQR]	40.3 [29.8, 53.8]	44.8 [38.2, 52.3]
Age category[†] (years)		
18-24	44,384 (16.6)	476 (2.4)
25-34	57,046 (21.3)	2,661 (13.3)
35-44	58,091 (21.7)	7,038 (35.1)
45-54	47,194 (17.6)	6,427 (32.0)
55-64	37,198 (13.9)	3,049 (15.2)
65-74	16,132 (6.0)	385 (1.9)
≥75	8,075 (3.0)	38 (0.2)
Calendar year[†]		
2017-2018	227,772 (85.0)	17,097 (85.2)
2019-2020	40,348 (15.0)	2,977 (14.8)
Population group		
Black African	127,900 (47.7)	17,362 (86.5)
Coloured	18,186 (6.8)	287 (1.4)
White	53,383 (19.9)	368 (1.8)
Indian/Asian	14,152 (5.3)	122 (0.6)
Unknown	54,499 (20.3)	1,935 (9.6)
PSA test[‡]	20,553 (7.7)	1,986 (9.9)
Prostate biopsy[‡]	3,657 (1.4)	207 (1.0)
Prostatitis diagnosis[‡]	11,235 (4.2)	1,047 (5.2)
STI diagnosis[‡]	9,874 (3.7)	2,755 (13.7)

446 IQR= interquartile range; PSA= prostate specific antigen; STI= sexually transmitted infection.

447 * P-values from chi-squared test (categorical variables) and nonnormal test (continuous variables)
448 comparing men without HIV to men with HIV.

449 † At start of time-at-risk.

450 ‡ During or before follow-up.

451 **Table 2.** Rate or hazard ratios for prostate specific antigen (PSA) testing, prostate biopsies, prostate biopsies in men with elevated PSA, and prostatitis
 452 diagnosis. Confounder-adjusted models include HIV status, current age, population group, and history of sexually transmitted infection (STI).

Risk factors	RR* (95% CI) for PSA testing		RR* (95% CI) for prostate biopsy		RR* (95% CI) for prostate biopsy in men with elevated PSA		HR† (95% CI) for prostatitis diagnosis	
	unadjusted	confounder-adjusted	unadjusted	confounder-adjusted	unadjusted	confounder-adjusted	unadjusted	confounder-adjusted
HIV status								
Negative	1	1	1	1	1	1	1	1
Positive	1.18 (1.12-1.24)	2.24 (2.13-2.36)	0.70 (0.58-0.83)	0.99 (0.82-1.20)	1.39 (0.99-1.95)	0.86 (0.59-1.26)	0.99 (0.88-1.11)	1.18 (1.04-1.32)
Current age								
18-54	0.20 (0.19-0.21)	0.22 (0.21-0.23)	0.07 (0.06-0.08)	0.07 (0.06-0.08)	1.08 (0.83-1.41)	1.07 (0.81-1.42)	0.31 (0.29-0.33)	0.31 (0.29-0.33)
55-64	1	1	1	1	1	1	1	1
65-74	1.55 (1.49-1.60)	1.37 (1.32-1.42)	1.83 (1.67-2.01)	1.88 (1.71-2.08)	0.63 (0.52-0.75)	0.66 (0.54-0.80)	1.41 (1.30-1.54)	1.43 (1.31-1.56)
≥75	1.52 (1.46-1.59)	1.30 (1.25-1.36)	1.67 (1.48-1.88)	1.73 (1.53-1.97)	0.36 (0.28-0.45)	0.38 (0.30-0.49)	1.36 (1.22-1.52)	1.38 (1.24-1.55)
Population group								
Black African	1	1	1	1	1	1	1	1
White	3.77 (3.63-3.91)	2.59 (2.49-2.69)	2.18 (1.96-2.42)	0.88 (0.78-0.99)	0.60 (0.49-0.74)	0.78 (0.63-0.98)	1.68 (1.56-1.81)	1.13 (1.04-1.23)
Coloured/Indian/Asian	2.08 (1.98-2.18)	2.01 (1.91-2.11)	1.25 (1.08-1.45)	0.87 (0.75-1.02)	0.74 (0.55-1.01)	0.83 (0.61-1.14)	1.11 (1.00-1.23)	1.00 (0.90-1.11)
Unknown	2.88 (2.78-2.99)	1.87 (1.80-1.95)	2.28 (2.07-2.52)	0.88 (0.79-0.99)	0.58 (0.47-0.71)	0.76 (0.61-0.95)	1.42 (1.32-1.53)	0.92 (0.84-0.99)
STI diagnosis								
No	1	1	1	1	1	1	1	1
Yes	0.52 (0.47-0.57)	0.93 (0.85-1.02)	0.46 (0.35-0.62)	0.85 (0.64-1.14)	1.35 (0.84-2.17)	0.93 (0.56-1.54)	0.90 (0.77-1.05)	1.20 (1.02-1.40)

453 CI= confidence interval; HR= hazard ratio; RR= rate ratio, PSA= prostate specific antigen; STI= sexually transmitted infection.

454 * From Poisson regression.

455 † From flexible parametric survival models.

456

457

458 **Table 3.** Hazard ratios for the association of different factors with an incident prostate cancer
 459 diagnosis. Potential confounders include age, population group, and history of sexually transmitted
 460 infection (STI). Potential mediators include diagnosis of prostatitis, prostate specific antigen (PSA)
 461 test, and prostate biopsy.

Characteristics	HR (95% CI) unadjusted	HR (95% CI) adjusted for HIV status and age	HR (95% CI) adjusted for potential confounders	HR (95% CI) adjusted for potential confounders and PSA testing	HR (95% CI) adjusted for potential confounders and mediators
HIV status					
Negative	1	1	1	1	1
Positive	0.65 (0.52-0.82)	1.10 (0.88-1.38)	1.03 (0.82-1.30)	0.95 (0.76-1.20)	1.14 (0.91-1.44)
Current age (years)					
18-54	0.06 (0.05-0.08)	0.06 (0.05-0.08)	0.06 (0.05-0.07)	0.07 (0.06-0.09)	0.15 (0.13-0.19)
55-64	1	1	1	1	1
65-74	2.27 (2.03-2.55)	2.28 (2.04-2.56)	2.34 (2.08-2.63)	2.11 (1.87-2.37)	1.33 (1.18-1.50)
≥75	2.57 (2.25-2.94)	2.59 (2.27-2.97)	2.65 (2.31-3.05)	2.44 (2.12-2.81)	1.57 (1.36-1.80)
Population group					
Black African	1		1	1	1
White	2.35 (2.07-2.67)		0.82 (0.72-0.95)	0.68 (0.59-0.78)	0.65 (0.57-0.75)
Coloured/Indian/Asian	1.10 (0.91-1.34)		0.72 (0.59-0.87)	0.67 (0.55-0.81)	0.63 (0.52-0.77)
Unknown	2.81 (2.49- 3.16)		0.94 (0.82-1.07)	0.85 (0.75-0.97)	1.23 (1.08-1.39)
STI diagnosis					
No	1		1	1	1
Yes	0.40 (0.27-0.57)		0.82 (0.57-1.20)	0.85 (0.59-1.24)	0.74 (0.51-1.07)
Prostatitis diagnosis					
No	1				1
Yes	8.22 (7.38-9.17)				0.73 (0.65-0.82)
PSA test					
No	1			1	1
Yes	11.32 (10.17- 12.60)			4.39 (3.93-4.89)	1.99 (1.78-2.21)
Prostate biopsy					
No	1				1
Yes	220.5 (199.1- 244.2)				89.0 (78.9-100.3)

462 CI= confidence interval; HR= hazard ratio; PSA= prostate specific antigen; STI= sexually transmitted
 463 infection.

464

465 **Figure legends**

466

467 **Figure 1: Selection of study population.** The flow diagram shows the number of individuals who
468 were excluded from the analysis and the reasons for exclusion.

469

470 **Figure 2: Graph illustrating structural assumptions regarding factors potentially confounding (red**
471 **nodes) or mediating (blue nodes) the effect of HIV on incident prostate cancer diagnosis.** Age,
472 population group, sexually transmitted infections (STIs), and other unmeasured factors are assumed
473 to be related with both HIV status and prostate cancer diagnosis and may, therefore, confound the
474 effect of HIV on the risk of incident prostate cancer diagnosis. PSA testing, prostate biopsies, and
475 prostatitis are assumed to be related with HIV status and to affect prostate cancer diagnosis rates
476 and may, thus, serve as mediators. The dashed yellow lines indicate influences where the direction is
477 unknown. The orange arrow represents the effect of HIV on incident prostate cancer diagnosis,
478 taking into account confounders and mediators. This effect is interpreted as the possible biological
479 effect of HIV on the risk of a prostate cancer diagnosis.

480

481 **Figure 3. Prostate cancer diagnosis rates by age and HIV status.** The figure shows estimated
482 prostate cancer diagnosis rates per 100,000 person-years by age (years) among men with and
483 without HIV. The shaded areas represent 95% confidence intervals.





