ORIGINAL ARTICLE



Complex intracranial aneurysms: a DELPHI study to define associated characteristics

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Abstract

Purpose Intracranial aneurysms present significant health risks, as their rupture leads to subarachnoid haemorrhage, which in turn has high morbidity and mortality rates. There are several elements affecting the complexity of an intracranial aneurysm. However, criteria for defining a complex intracranial aneurysm (CIA) in open surgery and endovascular treatment could differ, and actually there is no consensus on the definition of a "complex" aneurysm. This DELPHI study aims to assess consensus on variables defining a CIA.

Methods An international panel of 50 members, representing various specialties, was recruited to define CIAs through a three-round Delphi process. The panelists participated in surveys with Likert scale responses and open-ended questions. Consensus criteria were established to determine CIA variables, and statistical analysis evaluated consensus and stability. Results In open surgery, CIAs were defined by fusiform or blister-like shape, dissecting aetiology, giant size (≥ 25 mm), broad neck encasing parent arteries, extensive neck surface, wall calcification, intraluminal thrombus, collateral branch from the sac, location (AICA, SCA, basilar), vasospasm context, and planned bypass (EC-IC or IC-IC). For endovascular treatment, CIAs included giant size, very wide neck (dome/neck ratio ≤ 1:1), and collateral branch from the sac.

Conclusions The definition of aneurysm complexity varies by treatment modality. Since elements related to complexity differ between open surgery and endovascular treatment, these consensus criteria of CIAs could even guide in selecting the best treatment approach.

Keywords Brain aneurysm · SAH · Clipping · Coiling · DELPHI

Abbreviations

AICA Anterior-inferior cerebellar artery CIA Complex intracranial aneurysm

EC External carotidIC Internal carotidMCA Middle cerebral arterySCA Superior cerebellar artery

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Introduction

Intracranial aneurysms are the main cause of subarachnoid hemorrhage and, when ruptured, are associated with high rates of morbidity and mortality. Following the advancements in the endovascular techniques in recent years, most intracranial aneurysms can nowadays be treated endovascularly, while open surgical cases have followingly been limited to ever more complex cases. [17]. Scientific literature reports that complex intracranial aneurysms (CIA) pose unique diagnostic and therapeutic challenges, [28] but there is not a clear definition of CIA. This ambiguity in defining the complexity of intracranial aneurysms results in a



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heterogeneous decision-making process. [2, 7, 9, 12, 13, 20, 23, 27, 29–31]. Moreover, criteria for defining a CIA in open surgery and endovascular treatment could differ, and the difference could even guide treatment approaches.

To address this challenge, we used a DELPHI approach to assess consensus on variables to define a CIA among a panel of experienced experts in both neurosurgical and neuroendovascular fields. Specifically, we utilized a modified Delphi process to identify areas of existing consensus rather than to achieve new consensus.

Materials and methods

Expert panel selection

An international panel of 54 operators, operating in high-volume centers (treating over 100 aneurysms per year), were identified from among some of the most experienced neurosurgeons and neurointerventionalists in Europe, North and South America, and Asia (Supplement Table 1). The protocol was approved by the local internal regulatory board (IRB), and all procedures were followed in accordance with the ethical standards of the IRB and the Helsinki Declaration of 1975. An email invitation and information sheet were sent to all potential participants, who then had the option to assent to participation or decline. Fifty participants consented prior to answering the survey questions. Each panelist answered questions related to his own field.

Delphi study design

We conducted a three-round Delphi process, with all rounds based on surveys (Table 1). All surveys were completed anonymously. In Round 1, we presented a binary closed-ended question (Yes or No), which included clinical and neuroradiological considerations. The aim was to select variables useful in defining a CIA. Structured statements were constructed using a Likert scale based on the Grading of Recommendations Assessment, Development, and Evaluation paradigm [16] and the recommended Delphi approach. [4] Open-ended questions were also included to generate ideas and variables for Round 2.

All statements were developed and agreed upon by three authors (SP, FD, MR). Results of round 1 were summarized and feedback to the participants before Round 2. This feedback allowed the panelists to reconsider their positions considering the collective opinions, as is standard in Delphi studies. Round 2 incorporated the collective results from Round 1 and a structured survey comprising statements that required Likert scale responses (19 items). It excluded variables that did not achieve an agreement in Round 1. In this phase, participants were asked to provide their viewpoints on

the definition of a CIA from both surgical and endovascular perspectives. Experts could only participate in Rounds 2 and 3 if they had completed the previous round.

Participants could indicate disagreement (scores 1–2), remain neutral (score 3), or express agreement (scores 4–5) with the statements. Round 3 included statements that did not meet the consensus criteria or did not exhibit stability between rounds. These were re-evaluated for final consensus using a 3-point Likert scale in the concluding survey.

Anonymization was guaranteed by automatically assigning an ID to the survey response, with linkage implemented to compare the evolution of responses across the rounds. Adherence was ensured through email alerts during the steps of the Delphi process.

Consensus criteria and statistical analysis

The primary endpoint for concluding the Delphi process was consensus for at least half of the items. Consensus for a particular statement was defined as being at least 70% within the lowest or highest category (agree, neutral, or disagree) or within a single score on the Likert scale. Agreement without consensus was defined as being at least 50% within the lowest or highest category (agree, neutral, or disagree) or within a single score on the Likert scale.

Between-round stability was assessed using the McNemar change test for dichotomous variables. Permutation testing without replacement over 104 iterations was employed to approximate normality assumptions for Likert items. A p-value of 0.05 was considered significant. Analyses were performed using R Version 4.2.0 (R Core Team, Vienna, Austria).

Results

Panelists

Among 54 operators, fifty constituted the expert panel: 16 open vascular neurosurgeons, 13 interventional neuroradiologists, 12 dual trained neurosurgeons, 3 interventional neurologists, and 3 endovascular neurosurgeons. Ninety-three percent of panelists (26/28) performing open neurosurgical procedures have more than 10 years of experience. Eighty-two (26/32) percent of panelists performing endovascular procedures have more than 10 years of experience (Supplement Table 1).

Round 1

Among all the proposed parameters to define an aneurysm as complex (aneurysm dimension, dome/neck ratio, aspect ratio, neck geometry, sac morphology, the relation between



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Table 1 Summary of the three-round Delphi process, conducted entirely through surveys

Round 1 Participants n = 50 (85.5%, 57 invited) Statements n = 18 items Open fields n = 2End-points Consensus (>70%) = 10/18

Round 2 Participants n=47Statements OS n=68Statements EVT n=70End-points Consensus OS (>70%) = 39/68Consensus EVT (>70%) = 31/70

Round 3 Participants n=42Statements n=7Open fields n=0End-points Consensus (>70%) = 1/7 Agreement (>50%) = 3/7

Tied

Aneurysm dimension, dome/neck ratio, morphology, neck geometry, wall, and sac characteristics (including wall calcification, intraluminal thrombosis, blood blister-like or dissecting appearance), parent artery/collaterals status, planned treatment and previous treatments affects the aneurysm complexity Not tied

Unruptured status and patients' clinical status do not affect the aneurysm complexity.

Aneurysm's aspect ratio, ruptured status, sac orientation, location, relation between neck surface and parent artery, presence of hematoma, vasospasm, the angle of bifurcation of the originating branches, and patient's age did not reach a consensus

OS complex

Fusiform or blood blister-like shape, dissecting aetiology, giant aneurysms (sac size ≥ 25 mm), broad neck encasing parent arteries, neck surface greater than ½ of the parent artery circumference, wall calcification, intraluminal thrombus, collateral branch originating from the sac, aneurysms located at the level of the anterior-inferior cerebellar artery (AICA), superior cerebellar artery (SCA), basilar trunk or basilar tip, treatments in the context of vasospasm and when a bypass (EC-IC or IC-IC) is planned

OS no complex

Small aneurysms (sac size < 5 mm), small or medium neck (dome-neck ratio ≤ 1.33:1), saccular aneurysm with irregular shape, side wall aneurysms with a neck surface less than ½ of the parent artery circumference, sac orientation, aneurysms located at the level of the middle cerebral artery (MCA) or posterior communicating artery (PComA), and when a single clip is planned

EVT complex

Giant aneurysms (sac size ≥ 25 mm), very wide neck (dome/neck ratio ≤ 1:1) and collateral branch originating from the sac

EVT no complex

Small aneurysms (sac size < 5 mm), small or medium neck (dome-neck ratio ≤ 1.33:1), saccular aneurysm with irregular shape, side wall aneurysms, broad neck not encasing parent arteries, a neck surface less than ½ of the parent artery circumference, sac characteristics (wall calcification, intraluminal thrombus, any shape or aetiology), sac orientation, aneurysms located at the level of the internal carotid artery (ICA), posterior communicating artery (PComA) or basilar tip, and when coiling is planned

Considerably influence on any treatment Dimension Morphology Location Neck geometry



the parent artery and neck surface, sac and wall characteristics, parent artery, and collateral branches characteristics, sac orientation, location, rupture or unruptured status, presence of vasospasm, type of planned treatment, and previous treatment), consensus (agreement of over 70% based on ratings) was reached for 10 out of 18 items.

The panelists agreed that the following parameters affect the complexity of the aneurysm: aneurysm dimension, dome/neck ratio, morphology, neck geometry, wall, and sac characteristics (including wall calcification, intraluminal thrombosis, blood blister-like, or dissecting appearance), parent artery/collaterals status, planned treatment, and previous treatments. They also agreed that the unruptured status and patients' clinical status do not affect the complexity of the aneurysm. Aneurysm aspect ratio, ruptured status, sac orientation, location, the relation between the neck surface and the parent artery, presence of hematoma, vasospasm, the angle of bifurcation of the originating branches, and the patient's age did not reach a consensus (Supplement Table 2).

Round 2

Among all statements requiring a Likert scale response (68 for open surgery and 70 for endovascular treatment), a consensus (agreement of over 70% based on ratings) was reached for 39 out of 68 items for open surgery and 31 out of 70 items for endovascular treatment. Results are summarized in Table 2 and reported in Supplement Table 3.

For the open surgery, panelists agreed that aneurysms meeting the following criteria are associated with complexity: fusiform or blood blister-like shape, dissecting aetiology, giant aneurysms (sac size ≥ 25 mm), broad neck encasing parent arteries, neck surface greater than half of the parent artery circumference, wall calcification, intraluminal thrombus, collateral branch originating from the sac, aneurysms located at the level of the anterior-inferior cerebellar artery (AICA), superior cerebellar artery (SCA), basilar trunk, or basilar tip, treatments in the context of vasospasm, and when a bypass (EC-IC or IC-IC) is planned. They also agreed that the following criteria are not associated with complexity for open surgery: small aneurysms (sac size < 5 mm), small or medium neck (dome-neck ratio $\leq 1.33:1$), saccular aneurysm with an irregular shape, side wall aneurysms with a neck surface less than half of the parent artery circumference, sac orientation, aneurysms located at the level of the middle cerebral artery (MCA) or posterior communicating artery (PComA), and when a single clip is planned.

For the endovascular treatment, panelists agreed that aneurysms meeting the following criteria are associated with complexity: giant aneurysms (sac size \geq 25 mm), a very wide neck (dome/neck ratio \leq 1:1), and collateral branch originating from the sac. They also agreed that the following criteria

are not associated with complexity for endovascular treatment: small aneurysms (sac size < 5 mm), small or medium neck (dome/neck ratio ≥ 1.33:1), saccular aneurysm with an irregular shape, side wall aneurysms, broad neck not encasing parent arteries, a neck surface less than half of the parent artery circumference, sac characteristics (wall calcification, intraluminal thrombus, any shape or aetiology), sac orientation, aneurysms located at the level of the internal carotid artery (ICA), posterior communicating artery (PComA), or basilar tip, and when coiling is planned.

Round 3

Among the seven items (applicable to both open and endovascular treatment) requiring a Likert scale response, agreement (consensus of over 50% based on ratings) was reached for four items. For both open surgery and endovascular treatment, panelists agreed that aneurysm dimension, morphology, location, and neck geometry significantly influence the complexity of the treatment. All the remaining items had consistent scores across the rounds (Supplement Fig. 1).

Discussion

The modified DELPHI methodology used in this study had the aim to assess the consensus extent among experts who are not independent of each other and typically already share common viewpoints of aneurysm management. DEL-PHI panel achieved consensus on several CIA parameters addressed in the survey. From the perspective of open surgery, the complexity of an aneurysm is defined by its location, size of the sac, and non-saccular shape (either blood blister-like or fusiform). With regard to the size and location, for example, in some neurosurgical series the likelihood of requiring retreatment was linked to both elements, being significantly higher for non-MCA aneurysms larger than 12 mm, compared to MCA aneurysms smaller than 12 mm. [18] In terms of shape, open surgery of blood blister-like aneurysms is associated with a higher risk of poor clinical outcomes, mortality, and periprocedural complications than endovascular treatment. [26] In the case of fusiform aneurysms, both approaches entail high mortality and complication rates, yet open surgery requires multiple and more intricate steps, such as direct clipping, trapping with bypass, proximal occlusion, resection with reanastomosis, transposition, aneurysmorrhaphy with thrombectomy, and wrappin, compared with the endovascular reconstruction or deconstruction of the artery [1, 15]. In addition, the dome/ neck ratio holds more significance in endovascular than in surgical treatment. In randomized controlled trials (RCTs), coiling nearly doubled the treatment failure rate of clipping (24.2% vs. 14.5%) of wide-necked aneurysms [8], and single



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Table 2 Characteristics tied with complexity of intracranial aneurysms. OS = open surgery, EVT = endovascular treatment

		OS	EVT
Dimension	Giant (≥25 mm)	X	X
	Large (≥10 mm)		
	Medium (5–10 mm)		
	Small (<5 mm)		
	Very small (<3 mm)		
Dome-neck ratio	Small neck (2:1)		
	Medium neck (1.33:1)		
	Wide neck (1:1)		
	Beyond wide neck (<1:1)		X
Morphology	Regular		
	Multilobate		
	Fusiform	X	
Neck geometry	Side-wall		
	Bifurcation-small neck		
	Bifurcation-wide neck	X	
Neck surface	Neck surface < 1/2 parent artery circumference		
	Neck surface > 1/2 parent artery circumference	X	
Sac features	Wall calcification	X	
	Intraluminal thrombus	X	
	Blood Blister-like	X	
	Dissecting aetiology	X	
Parent artery and collaterals	Parent artery focal stenosis		
	Collateral branch from sac	X	X
	Collateral branch from neck		
Location	Anterior circulation Proximal		
	Anterior circulation Distal		
	Posterior circulation Proximal	X	
	Posterior circulation Distal		
Ruptured status	Ruptured		
	Vasospasm	X	
Planned treatment	Single clip		
	Multiple clips		
	Bypass IC-IC	X	
	Bypass EC-IC	X	
	Intrasaccular devices		
	Coiling		
	Balloon assisted coiling/ID		
	Stent assisted coiling/ID		
	Flow-diverter ± coils/ID		

stent-assisted coiling did not demonstrate any advantage over coiling alone. [5] Consequently, endovascular treatments necessitate other strategies, such as Y-stent-assisted coiling or intrasaccular devices, resulting in high rates of long-term angiographic occlusion with a low incidence of treatment-related complications. [6, 19] However, these results need to be confirmed in RCTs.

Categorizing aneurysms under a broad definition of "complex" may be problematic. Most research or clinical trials

do not explicitly classify aneurysms as "complex" or "non-complex", but they use variables associated to the aneurysm complexity, such as location, neck size, aneurysm size, and parent vessel attributes [3]. This discrepancy indicates that the term "complex" is more often used in product names or to describe treatment procedures rather than as a clinical or academic classification. Consequently, there may not be a widely accepted or practical definition for "complex" aneurysms, particularly given the rapid advancements in



endovascular devices and microsurgical techniques. Why is the definition of a CAI clinically crucial? Firstly, in the context of medical communication, establishing a clear and accurate definition is essential to prevent misunderstandings and foster precise understanding among physicians, including neurosurgeons, neurointerventionalists, anesthesiologists, intensive care physicians, neuroradiologists, neurologists, and others. This clarity becomes paramount in the clinical assessment of cerebral aneurysms, where a classification based on complexity directly impacts treatment decisions. Secondly, the implications extend to the realm of medical research, as studies and investigations may specifically target categories of cerebral aneurysms identified as "complex." This targeted approach proves especially beneficial for the exploration of new medical devices or the comparative analysis of different therapeutic techniques. Thirdly, a well-defined classification system would directly benefit patients, allowing them to make well-informed decisions about their health. Currently, clinical decisions regarding the treatment of brain aneurysms are based on fragmented and incomplete evidence-based foundations. Determining the need for treatment should involve weighing the estimated risks associated with the disease, the treatment, and the patient. However, this is difficult with the currently available scoring systems, [10, 11, 14, 24] that do not consider the risks associated with the treatment. We can also argue that assigning a standard value to the risk of treatment may not fully encompass the complexities involved when patients are considering high-risk preventive interventions. Identifying variables that could fill this gap, enabling the comparison of treatment complexities, is perhaps useful in making informed decisions. Lastly, considering that individualized care necessitates rigorous scientific experience, identifying elements related to aneurysm complexity will help formulate hypotheses to be directly tested, avoiding conclusions based on outdated beliefs or fragile observational data. [21] In many centers, clipping is still preferred over coiling for large aneurysms, based on initial endovascular series, including surgically challenging patients, which indicated a high recanalization rate [22, 25]. Stent-assisted coiling is used for large or wide-necked aneurysms, although the STAT trial showed a higher efficacy of stenting for narrow-necked aneurysms compared to wide-necked ones [5] While we lack randomized experience for relatively old techniques and devices, new technologies, which should require the same prospective experience, are being used in clinical practice.

Limitations

The purpose of the DELPHI method is to establish a consensus on defining the complexity of brain aneurysms to develop datadriven recommendations. Therefore, a DELPHI consensus is by no means intended to replace evidence-based guidelines. This approach could have several limitations. First, the relatively small number of members in the expert panel could potentially have led to biased results, although efforts were made to represent a broad spectrum of specialties and geographic regions. Second, panelists involved in this DELPHI are not independent of each other and typically already share common viewpoints of aneurysm management. Third, the methodology of requiring > 50% agreement for further inclusion in Round 2 could potentially exclude parameters significant to only one specialty group. While the study aimed to identify commonalities across specialties, this approach might not fully capture the specific needs and perspectives of each group. Fourth, the panel consensus represents a snapshot in time, while technologies, particularly in the endovascular field, are constantly evolving. Hence, the results of this study will likely require updates as new devices or better evidence become available.

Conclusions

The definition of aneurysm complexity is associated with the type of treatment, whether open surgery or endovascular. For open surgery, complexity is determined by its location, size, neck geometry, collateral branches originating from the aneurysm sac and the type of treatment required. From an endovascular perspective, complexity is linked to size, dome-neck ratio $\leq 1:1$, and collateral branches originating from the aneurysm sac. The guidance derived from these statements may improve the standardization and objectivity of CIA management.

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Data acquisition: FD, MR, ER, FCA, ASA, JüBe, JeBe, HDB, JKB, MC, RC, FTC, HD, GE, JTF, SF, AG, AEH, PJ, APJ, MK, VK, TK, GL, TRM, JM, PJM, EN, VMP, AR, LR, VR, AHS, RT, SIT, AT, PV, LV, NV, DW, HW, BX, SY, WHVZ, SP.

Data analysis and interpretation: FD, MR, SP.

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