

Twenty Years of Splenic Preservation in Trauma: Lower Early Infection Rate Than in Splenectomy

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Published online: 4 October 2008
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Abstract

Background Retrospective studies concerning the operative preservation and nonoperative management of splenic injuries in patients with splenic trauma have been published; however, few studies have analyzed prospectively the results and early complication rates of a defined management in splenic injury.

Methods From 1986 to 2006, adult patients with blunt splenic injuries were evaluated prospectively with the intent of splenic preservation. Hemodynamically unstable patients underwent laparotomy. Stable patients were treated conservatively regardless of the grade of splenic injury determined by ultrasound and/or CT scan.

Results During a 20-year period, 155 patients were prospectively evaluated. In 98 patients (63%), the spleen could be preserved by nonoperative (64 patients, 65%) or operative (34 patients, 35%) treatment and 57 patients (37%) needed splenectomy. There were no differences in age, sex, or trauma score between the groups, but a higher early infection rate in patients with splenectomy compared with patients with splenic preservation ($p < 0.005$) was observed, even if the patients were matched with respect to multiple trauma using the Injury Severity Score ($p < 0.01$).

Conclusions Splenic preservation in patients with blunt splenic injury by operative or nonoperative treatment leads to lower early infection rates in adults and, therefore, should be advocated.

Introduction

Overwhelming postsplenectomy sepsis (OPSI) was recognized in 1952 [1], followed by reports of higher infection rates after splenectomy in children and adults [2, 3], which led to attempts of splenic autotransplantation [1–9] and splenic preservation in situ [10–30]. Autotransplantation has been shown to be of little value experimentally [31, 32] as well as clinically [33–37]. Organ preservation in situ is increasingly advocated and seems to be safe [38, 39]. There have been reports of partial splenic resection after trauma [26, 40–42]. With improved diagnostic methods and close follow-up under intensive care conditions, nonoperative treatment has proven to be successful in an increasing number of children and adults [13–30, 38, 43–47]. In our study, the different diagnostic and therapeutic regimens after splenic injury were evaluated prospectively and the early complication rates were compared.

Patients and methods

From 1986 to 2006, patients with blunt splenic trauma admitted to the Department of Visceral and Transplantation Surgery at the Inselspital Bern (between 1986–1995) and the Department of Surgery Kantonsspital Schaffhausen (between 1996–2002) under supervision of the same senior surgeon (WS) were prospectively evaluated with the intent of splenic salvage. Hemodynamically unstable patients underwent immediate laparotomy after appropriate resuscitation. Splenic repair by splenorrhaphy or partial splenectomy was always attempted. Criteria for nonoperative treatment included a Shock-Index of <1.0 (pulse rate/systolic blood pressure) on admission and an initial stable phase of 2 hours (total volume of infusion <2000 ml

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electrolyte solution and/or 2 units of packed red cells (the latter were more restrictively used in the later period of the study)). During these first 2 hours, accurate assessment of the severity of the splenic injury and of associated injuries was performed by ultrasound and/or CT scan. Peritoneal lavage was used in the early years for patients who needed surgery because of extra-abdominal injuries but was lately mostly abandoned and replaced by immediate CT scan. It also was used in few early cases where ultrasound was not immediately available for practical or logistical reasons. According to the ultrasound and CT-scan examinations and/or the intraoperative findings, the splenic injury was graded using the splenic injury scale with five grades (Table 1), according to the AIS 90–97 grading. Multiple trauma was classified with the Injury Severity Score (ISS) [48, 49], also according to the AIS 90–97 grading. AIS and ISS coding was all by the senior author (WS).

The surgical technique of splenic preservation was described in a technical protocol [50] and recorded in a videotape [51]. The crucial steps of the technique include the immediate dissection and delivery of the spleen from its subdiaphragmatic position as well as the avoidance of additional iatrogenic injuries, which can easily occur in an emergency situation. The hilus is then clamped with a noncrushing vascular or intestinal clamp, thus avoiding excessive blood loss during the repair. Depending on the grade of the injury, different methods for splenic repair were used. Means to prevent sutures cutting through the tissue (absorbable collagen platelets, absorbable gauze, Teflon strips) and a variety of means to achieve hemostasis (Argon beamer, infrared photocoagulation, hemostatic material, and supportive meshes, such as Vicryl meshes) were used, adapting the technique to the anatomical pattern of the various types of trauma [52, 53].

Antibiotics (Cefazoline 2 g, i.v.) were routinely given as a single-shot prophylaxis immediately before any surgery. In patients with splenectomy, antibiotics were continued for 3 to 5 days (Cefazoline 1 g, q.i.d.) followed by a single dose of 2,400,000 IU of Benzathine-Benzylpenicilline i.m. and a polyvalent pneumococcus vaccine on the tenth postoperative day. In all cases, additional antibiotic therapy was given only for proven infections according to the antibiogramm. All patients were carefully monitored for

early infectious complications by clinical assessment, laboratory tests, and corresponding radiological findings. Infections with a pathognomonic clinical picture and corresponding laboratory and/or radiological findings that were confirmed by a positive bacteriological culture from a sample of sputum, blood, urine, stool, or liquor were all regarded as infectious complications. Identical bacteriological surveillance was performed in all groups. For statistical evaluation, we used the χ^2 -homogeneity test.

Results

For the 20-year period of the study, 155 patients with splenic injury due to blunt abdominal trauma were evaluated prospectively (Fig. 1); 115 were men with a mean age of 34 (range, 14–85) years, and 40 were women with a mean age of 35 (range, 12–79) years. 69 patients (44.5%) were assigned to a nonoperative management and 86 patients (55.5%) required surgery.

Of these 86 patients, 55 were splenectomized at the first operation: 4 of them with splenectomy during the same operation after a first attempt of splenic repair. Two of these patients were under anticoagulation therapy because of other medical problems and had persistent bleeding during the procedure. In the other two cases, a hypoperfusion of the residual tissue was observed and splenic preservation had to be abandoned. Secondary splenectomy because of delayed bleeding after an initial conservative treatment was performed at days 2 and 8, respectively, in two further patients, both of whom were under anticoagulation therapy before admission to the hospital. The overall rate of total splenectomy was 57.

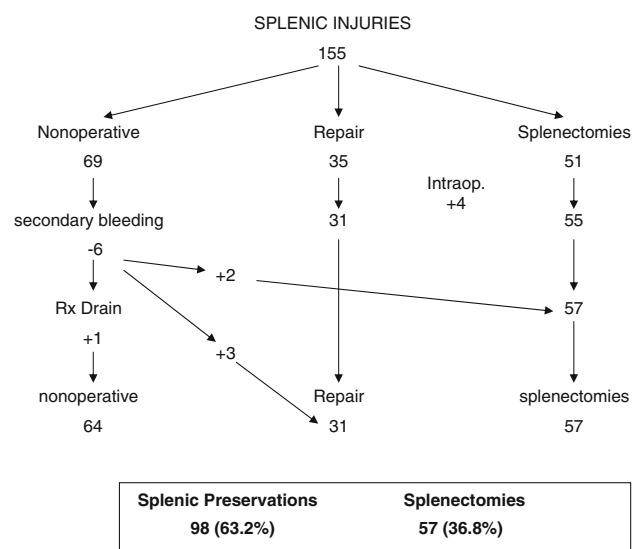


Table 1 Grading of splenic injuries

Grade	Finding
I	Minimal capsular lesion, without parenchymal lesion
II	Small parenchymal lesion
III	Considerable parenchymal lesion, but no lesion of the hilus
IV	Localized fragmentation, central parenchymal lesion
V	Total fragmentation, hilar lesion

Fig. 1 Overview of primary and secondary treatment of patients with splenic injuries

In 35 patients, a primary operative splenic repair was attempted. In four patients, the spleen proved not to be preservable during surgery and splenectomy had to be performed primarily. In 15 cases, hemostatic procedures alone were successful. In 11 cases Vicryl mesh was applied, and in 5 patients a partial splenic resection was performed.

69 patients were initially assigned to nonoperative management, which was successful in 64 patients. Five patients required delayed surgery in the course of conservative treatment: one patient needed partial and two patients needed total resection of the spleen due to secondary bleeding after 7, 2, and 8 days of conservative treatment respectively. Both of the total splenectomy cases were anticoagulated for medical reasons (pulmonary embolism in past medical history). These three patients who underwent surgery after a first attempt of nonoperative treatment were more than 40 years old. The other two patients both became unstable within the first 48 hours after admission. In both cases, hemostasis could successfully be achieved by using Vicryl mesh without resection of any splenic tissue. Both of them were younger patients (35 and 17 years, respectively).

One patient developed an increasing hemoperitoneum, but the nonoperative treatment could be continued. The huge persistent hematoma was drained after 21 days with a pigtail catheter, which was placed under ultrasound guidance.

The death rate in the 57 patients with splenectomy was 10.5% (6/57 patients). Two died as a result of cerebral injuries, two because of acute respiratory distress syndrome (ARDS), one because of severe blood loss because of additional pelvic and abdominal injuries, and one due to an anaphylactic reaction to a plasma expander. The death rate in the 98 patients with operative or conservative splenic preservation was 3.1% (3/98 patients): 1 patient died as a result of cerebral injury, 1 as a result of ARDS, and 1 as a result of pulmonary embolism.

The following complications related to surgery occurred: 4 of the 57 patients with splenectomy had a postoperative secondary bleeding. Two of them had a diffuse bleeding from the splenic subdiaphragmatic cavity; in the other two cases there was continuous bleeding from the short gastric vessels. In three cases surgical reintervention was necessary, and in one case a radiologically guided percutaneous drainage of the liquefied hematoma was performed after 21 days. Two patients developed deep vein thrombosis, and three patients developed a pancreatic fistula, which could be treated conservatively. In the splenic repair group, only one patient suffered a complication related to surgery. He developed a pleural effusion, which needed to be drained percutaneously.

Three patients who required full or partial resection of splenic tissue for secondary bleeding were more than

40 years old, whereas the two patients with splenorrhaphy were only 35 and 17 years old respectively, and the patient with the radiologically guided drainage was 20 years old.

Early infectious complications occurred as follows (Fig. 2; Table 2): in the nonoperative group, in 3 of 64 patients (4.7%): 2 developed pneumonia, and 1 patient had urinary tract infection. In the splenic repair group, the early infection rate was 14.7% (5/34 patients): three pneumonias, one urinary tract infection, and one bacterial meningitis. In the splenectomy group, we found an early infection rate of 49.1% (28/57 patients): 19 pneumonias, 3 sepsis of unknown origin (UO) but with positive bacterial blood culture, 3 wound infections, 2 sinusitis, and 1 subphrenic abscess.

These differences are statistically significant for the splenectomy group vs. the conservative group ($p < 0.001$) as well as for the splenectomy group vs. the splenic repair group ($p < 0.03$). It is interesting to mention that the mean ISS in the splenic repair group was 33 compared to 31 in the splenectomy group and equal regarding the AIS distribution between the different areas (comparing chest, abdominal, and head injuries); these differences were not significant. The importance of the difference in infectious complications is further emphasized by the fact that

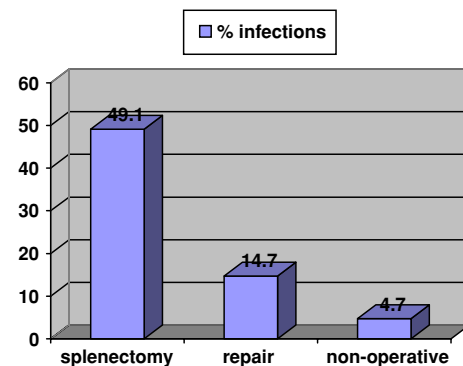


Fig. 2 Frequency of infectious complications in patients with splenectomy, splenic repair, and nonoperative treatment

Table 2 Kind of infections

Infection site	Splenectomy (28/57; 49.1%)	Repair (5/34; 14.7%)	Nonoperative (3/64; 4.7%)
Pneumonia	19	3	2
Urinary tract infection		1	1
Wound infection	3		
Sepsis of unknown origin	3		
Bacterial meningitis		1	
Sinusitis	2		
Subphrenic abscess	1		

patients with infections after splenectomy had a lower ISS (38 points) than patients with infections after splenic repair (46 points). The difference of the early infection rate of 49.1% in the splenectomy group (28/57 patients) compared with the 8.2% in the splenic preservation group (8/98 patients) is statistically highly significant ($p < 0.001$) even if patients are matched to identical ISS scoring ($p < 0.01$).

Discussion

During the observation period of our prospective study, we could preserve an increasing number of spleens in mostly polytraumatized patients (Fig. 3). The increasing preservation rate from 51% within the first 5 years of the observation period to 93% during the last 10 years respectively reflects the learning curve and increasing experience in the handling of patients with splenic injuries, especially those with splenic injuries of grade III and IV and stable hemodynamics, resulting in an improvement and therefore a higher success rate of mainly conservative treatment. This also reflects the significant improvement of the diagnostic and therapeutic means during the examined time period.

In unstable patients, operative management is mandatory, but whenever possible, operation with splenic preservation should be achieved. Partial resection can be attempted in cases in which the injury is limited to the lower pole of the spleen [40]. Due to the more exposed position of the lower pole at the lower margin of the rib cage, we now believe that in most splenic injuries at least the upper part of the organ can be preserved. This part can be supplied only by the short gastric vessels if the hilus has to be sacrificed. Moreover, in approximately 60% of patients an upper pole artery exists, which makes this kind of partial splenic preservation technically easier [41, 54].

Multiple reports suggest that splenic preservation is a safe technique [10–29, 31, 52], and we more than agree with these statements. There are not more bleeding complications in the follow-up than after splenectomy [11, 14, 20, 31]. However, one has to be aware of the small but

significant number of patients who develop secondary bleeding after initially conservative treatment attempts. We had 6 of 69 patients with this problem: 2 required a total splenectomy, 1 a partial splenectomy, and 2 a splenorrhaphy with a Vicryl mesh. In one patient, the conservative treatment could be continued with a later radiologically guided drainage of the hematoma.

There has been some discussion about whether older patients should be operated on more generously [20, 30, 31, 45, 46, 52, 55–58]. Older patients may profit from initial conservative management if they qualify for the above-mentioned criteria, but one has to be aware of the general health state of the individual. Older patients with severe medical conditions or even anticoagulation therapy may profit from an earlier operative intervention, even if still hemodynamically stable.

More than 90% of secondary splenic ruptures occur within 10 days after the initial trauma. Secondary ruptures after more than 2 weeks posttraumatically are a rare exception [14]. Therefore, we treat our patients conservatively in the hospital for at least 10 days for close observation. Although radiological imaging is of limited value to initially determine which patients require surgery and which can be treated with nonoperative management [57, 59, 60], all of our conservatively treated patients receive follow-up ultrasound and/or CT scan before discharge. We consider this important as a baseline study for follow-up of the amount of residual intra-abdominal fluid and consolidation of the splenic laceration. If there is any doubt about a persisting or even increasing fluid collection intra-abdominally, the patient is kept in the hospital, and when clinically stable, another study is performed after a few more days of observation.

All patients treated nonoperatively are advised not to perform any sports for at least 2 to 3 months and to further avoid contact sports for another 3 months. They are informed to present at the hospital immediately when experiencing sudden abdominal pain. This information is given to the patients and the relatives and general practitioners. As a general rule, the follow-up of these patients is done by their GP. However, if there is any doubt about the outcome, we follow-up the patients in our clinic, often with further imaging studies. In all patients with partial splenectomy, a scintigraphy with labeled old erythrocytes was performed routinely 6 months postoperatively to get a semiquantitative measurement of the residual splenic function. All of these examinations showed a completely normal splenic reticuloendothelial function after 6 months.

Our series show a significantly higher rate of early post-traumatic infections in patients treated with total splenectomy compared with patients treated with nonoperative and operative splenic preservation. This significance (between $p < 0.001$ and $p < 0.03$) persisted even when

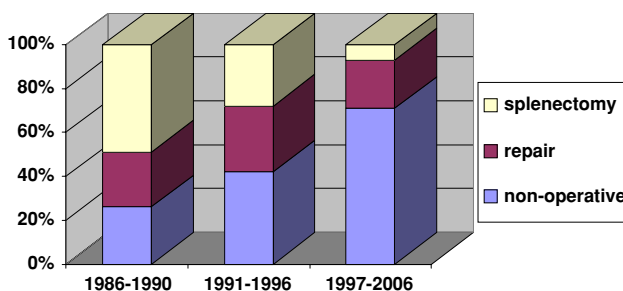
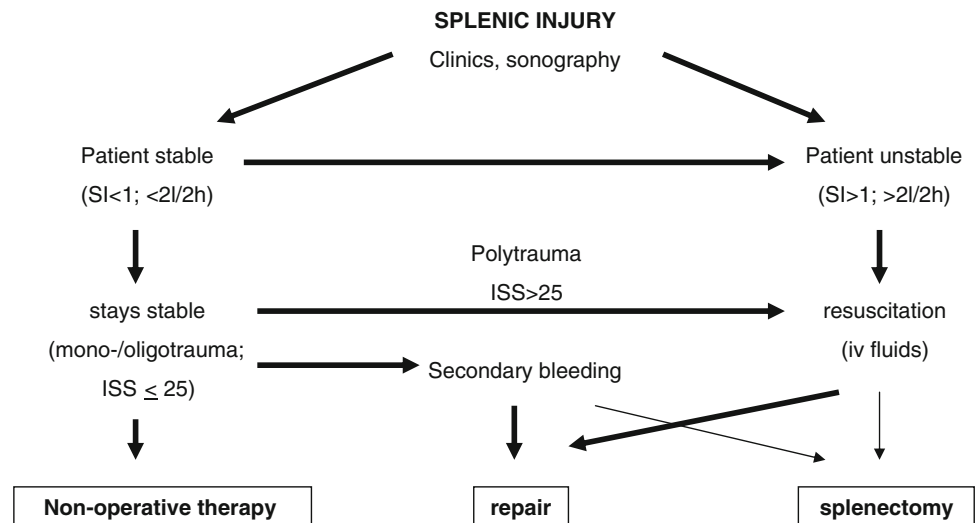


Fig. 3 Increase of nonoperative management over time

Fig. 4 Algorithm for splenic injuries



matching the different patient groups for severity of splenic injury and ISS respectively. The difference is clinically and statistically significant because all infections were proven bacteriologically. It also is an interesting fact that all the infections were caused by encapsulated organisms [28]. It seems likely that these also contribute to the late infections in splenectomized patients [20, 21, 60].

We are aware of the fact that in these mostly polytraumatized patients, an exact prospective, randomized comparison of the different individual patients is ethically not justified and therefore an evidence-based study grade I will never be possible.

Conclusions

According to the data evaluated in our study and the literature reviewed that regards early [2, 31, 52, 61–63] and late [1–4, 29, 33, 34, 52, 64] complications after splenectomy, we strongly advocate that the treatment of splenic trauma consists whenever possible in splenic preservation. Hemodynamically unstable and/or polytraumatized patients will benefit from an improved immunity if treated with operative splenic preservation instead of total splenectomy. The slightly longer operating time can be neglected [31]. Nonoperative treatment should be chosen whenever possible, especially in younger patients with mono- or oligotrauma being hemodynamically stable, but also in older patients with a good general health before the trauma (Fig. 4).

Compared with data from the literature, we had similar percentages of conservative approach, splenic repair, and splenectomy [17, 39, 44, 64]. In adult patients, data about conservative management of splenic injuries have a wide range, varying from 30–85% [17, 20–22, 38, 39, 43, 44, 46,

47, 52, 55, 65], whereas in children this percentage increases up to 95% [23, 24, 65]. We could show that full or partial preservation of the spleen should, in experienced hands, be possible in up to 90% or more of splenic injury in adults.

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