

Ebselen Improves Ischemia-Reperfusion Injury After Rat Lung Transplantation

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Abstract The heterocyclic organic compound ebselen (2-phenyl-1,2-benzisoselenazol-3(2H)-one) is a glutathione peroxidase mimick with protective properties against oxidative injury. Ebselen also has anti-inflammatory activity, including attenuation of tumor necrosis factor release and increase of interleukin-10, as shown in vivo, in inflammatory and ischemia-reperfusion injuries, including those of the lung. This study was designed to assess its effect on severe ischemia-reperfusion injury in a model of left-sided rat lung isortransplantation. Orthotopic single left-sided lung allotransplantation (Wistar to Wistar) was performed in female rats after a total ischemic time of 18 h. In nine recipients given 500 mg/kg oral ebselen 1 h before transplantation, graft PaO₂/FiO₂ was improved 24 h after transplantation, as evidenced with a mean (standard deviation) PaO₂ of 139 (61) mmHg vs. eight controls with 65 (33) mmHg ($p = 0.009$). Bronchoalveolar PMN count was

reduced to approximately 50% in the ebselen group compared with controls, whereas no difference in the tumor necrosis factor content was found. We conclude that the improvement of lung function in ebselen-treated transplanted rats is mainly the result of the anti-inflammatory activity of the drug during reperfusion.

Keywords Ebselen · Lung transplantation · Reperfusion injury · Anti-inflammatory agents

Introduction

Ebselen (2-phenyl-1,2-benzisoselenazol-3(2H)-one) is a selenium-containing organic compound that has protective properties against oxidative injury by mimicking the activity of the selenoenzyme glutathione peroxidase, i.e., by catalyzing the reduction of hydrogen peroxide or lipid hydroperoxides to the corresponding alcohols and water via oxidation of reduced glutathione [1, 2]. Furthermore, ebselen inhibits 5-lipoxygenase, inducible NO synthase, and NADPH-cytochrome P-450 reductase [3–5]. The inactivation of leukotriene B₄ by isomerization to its inactive 6-trans form by ebselen was one of the primary findings to explain the anti-inflammatory activity of ebselen, which was later extended to immunopharmacological in vivo actions, such as protection of endotoxin-challenged mice or protection against T-cell-mediated hepatic injury via attenuation of tumor necrosis factor (TNF)- α and increase of interleukin-10 release [6–10]. The observation that in vitro ebselen scavenges peroxynitrite [11, 12] needs its clear significance in vivo confirmed [13, 14]. Animal inflammatory and cerebral, cardiac, hepatic, and renal ischemia-reperfusion or toxic injury models as well as protection from noise exposure demonstrated its anti-inflammatory or organ-preserving

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pharmacological potential [7, 15–29]. In models of alveolar inflammation, edema generation was virtually blocked, and bronchoalveolar lavage TNF- α was dose-dependently reduced [13, 30–32]. In the presence of ebselen, the surfactant peroxidation caused by polymorphonuclear neutrophil granulocytes (PMN) could significantly be reduced, as elegantly shown by *in vitro* models [33]. In a clinical setting, ebselen could reduce the infarct size of stroke patients. A study showed that patients with acute ischemic stroke and with complete occlusion of the middle cerebral artery had smaller infarct sizes in the ebselen-treated group than in usual control treatments [34].

Pulmonary ischemia-reperfusion injury after transplantation leads to a noncardiogenic hyperpermeability pulmonary edema, together with a variable degree of inflammation [35]. Lung transplantation after prolonged graft ischemia may result in severe, highly inflammatory, acute lung injury [36]. A powerful nonspecific immune response occurs in both the interstitial and alveolar space, with polymorphonuclear neutrophils, complement activation, and cytokine release, such as interleukin-8 or TNF, and radicals are thought to play a central role in its pathogenesis [36–38]. This clinical background prompted us to assess the efficacy of ebselen on severe ischemia-reperfusion injury. We used a model of left-sided rat lung allotransplantation with a prolonged period of total ischemia of 18 h. Outcome parameters were the graft's gas exchange assessed at 24 h after transplantation, as well as surrogates of the alveolar inflammatory process that occurred in form of a reperfusion injury.

Material and Methods

Weight-matched female Wistar rats, weighing 226 (standard deviation, 15) g, received orthotopic single left lung allografts after a total graft ischemia of 18 h; nine recipients were treated with 500 mg/kg oral ebselen 1 h before reimplantation compared with eight vehicle-only controls. A cuff technique for the vessel anastomoses and a running suture for the bronchial anastomosis were applied. The experiments were performed according to the Helsinki convention for the use and care of animals and were approved by the local review boards for animal care.

Donor Procedure

Animals were anesthetized by intraperitoneally administered pentobarbital (50 mg/kg) and heparinized (500 IU/kg). A tracheotomy was performed, and the animals were ventilated through a 14G catheter (Insyte, Becton Dickinson, Madrid, Spain) by a Unno rodent ventilator (Hugo Sachs Harvard Apparatus, March-Hugstetten, Germany) at

a tidal volume of 8 ml/kg at 100', $\text{FiO}_2 = 1.0$. After median sternotomy, division of the inferior vena cava, and resection of the left appendix of the heart, a small silicon tube was inserted into the main pulmonary artery. Both lungs were flushed with 20 ml of low potassium dextrane (LPD) solution (Perfadex[®], provided by Xvivo, Göteborg, Sweden) at a pressure of 20 cm H₂O. The trachea was tied in end-inspiration, the heart-lung block removed, the left lung dissected, and 16G cuffs were placed around its pulmonary artery and vein. The vessels were inverted and tied onto the cuff with an 8–0 monomeric filament. The lung was stored in LPD solution at 1.5°C until implantation.

Recipient Procedure

In the treatment group, 500 mg/kg of ebselen was given by a feeding tube in 2 ml (consisting of 10% vehicle solution for cyclosporine A as a dissolvent, provided by Novartis, Basel, Switzerland, and 90% NaCl 0.9%), 1 h before reimplantation, or vehicle, respectively, in the control group.

Transplantation was performed after 18 h of cold ischemia at 1.5°C. The recipient was anesthetized by breathing 4% halothane in a glass chamber followed by endotracheal transoral intubation with a 14G catheter (Insyte, Becton Dickinson, Madrid, Spain). Anesthesia was maintained with halothane 2%. A left lateral thoracotomy was performed in the fourth intercostal space. The left hilum was dissected. After clamping the left pulmonary artery and vein with removable microvascular clips, the pulmonary vein was opened, flushed with heparinized saline solution, and the cuff was inserted and fixed with 6–0 silk. With the same technique, the pulmonary artery was anastomosed. The native left lung was removed and the bronchial anastomosis performed with a running over-and-over suture with 9–0 Monosof (Tyco Healthcare, Wollerau, Switzerland). The lung was first reventilated and then reperfused. A chest tube was inserted and the thoracotomy closed. The chest tube was removed after restoration of spontaneous breathing when the animal was extubated.

Assessment

Twenty-four hours after transplantation, the recipient animal was anesthetized by intraperitoneal pentobarbital (50 mg/kg) and ventilated after tracheotomy with an FiO_2 of 1.0 at 100 per min, a tidal volume of 8 ml/kg, and a positive end-expiratory pressure (PEEP) of 5 cm H₂O, and performing all 2-min recruitment maneuvers through the doubling of tidal volume by blocking the expiratory respiratory circuit most proximal possible to the animal's tube immediately after the T piece that reunites inspiratory and expiratory tubing and the Luer lock tube connection. For functional assessment of the transplanted left lung, the

right hilum was dissected and the right pulmonary artery and right main bronchus were occluded with microvascular clips. Five minutes after occlusion, a steady state was reached and an arterial blood gas sample was drawn from the thoracic aorta and assessed (ABL50 blood gas analyzer, Radiometer Copenhagen). After intracardiac heparinization with 500 U/kg, a bronchoalveolar lavage (BAL) was performed in the left lung (as the right main bronchus was clipped) with 2 ml of PBS. The microvascular clips were then removed and the lungs were flushed with 20 ml of saline solution through the pulmonary artery. The heart-lung block was excised and the lungs separated: one slice of approximately 4-mm thickness at the height between middle and lower third of the left lung leading to the hilus was put in 10% PBS-buffered formalin solution (Sigma), paraffin-embedded, of which 4- μ m slides were colored with hematoxylin-eosin for histology. The remaining left (three portions) and right (three portions) lung tissue was stored at -70°C .

BAL cell count was performed with a hemocytometer, and a cytocentrifugation preparation was performed with 100 μ l of BAL fluid in cytospin inserts (Thermo Shandon, Pittsburgh, PA, USA) in a Heraeus Minifuge RF centrifuge (8 min, 70 g; Heraeus, Wernheim, Germany), which was stained with May-Grünwald Giemsa to perform a 300-cell differential count. BAL fluid supernatant and serum were obtained after centrifugation (10 min, 300 g at 4°C , Heraeus Minifuge RF) and stored at -20°C until analysis. The bronchoalveolar supernatant protein content was determined with the method of Pierce et al. according to the manufacturer's protocol.

Statistical Analysis

For PaO_2 , the mean (standard deviation), and for histological grading, the median (range) is given. Two-sided tests were used: *t* tests for continuous variables if normally distributed, and the Mann–Whitney *U* test for non-Gaussian distributed or categorical variables were applied, respectively. Boxplots were used, indicating median, 25th and 75th percentile as well as 10th and 90th percentile of distribution. The Systat software version 10.2, Systat, Abingdon, USA) was used. $p \leq 0.05$ was considered significant.

Results

Graft $\text{PaO}_2/\text{FiO}_2$ at 24 h after transplantation in nine recipients treated with 500 mg/kg of oral ebselen 1 h before reimplantation was superior with a PaO_2 of 139 (61) mmHg compared with vehicle-only controls with 65 (33) mmHg ($p = 0.009$; Fig. 1).

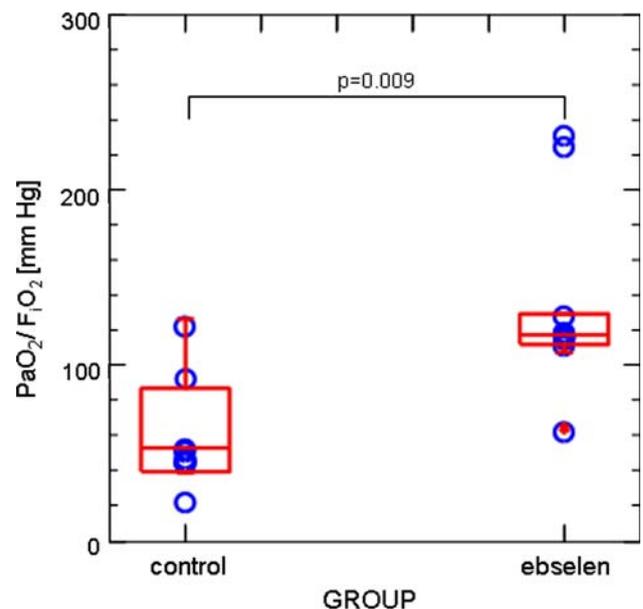


Fig. 1 $\text{PaO}_2/\text{FiO}_2$ of the transplanted left lung determined by blood gas analysis 5 min after exclusion of the right-sided lung by an arterial and a bronchial clamp. The boxplots indicate median, 25th and 75th percentile, as well as 10th and 90th percentile of distribution

Bronchoalveolar lavage cell counts and differentials, their significance levels, and cytokine levels are given in Table 1. The absolute PMN count of the ebselen and the vehicle control group is given in Fig. 2.

Histology revealed in both study groups a grossly conserved lung structure, engorged alveolar septa with mainly polymorphonuclear neutrophil leukocyte (PMNs) infiltrates, important alveolar haemorrhage, alveolar proteinaceous material consistent with exudate, and moderate to marked alveolar PMNs. Widened perivascular and peribronchial spaces could be observed, without changes in bronchial or bronchiolar epithelium. Histologically, there was a marked acute neutrophil pleuritis. However, there was no clear evidence of difference in inflammatory changes in the two treatment groups (not shown).

Discussion

This study demonstrates in a model of severe acute lung injury by ischemia and reperfusion that ebselen pretreatment results in a clearly improved gas exchange of the transplanted lung associated with much less increase of the bronchoalveolar PMN count, whereas the alveolar protein content as a rough measure of the alveolar-capillary barrier function was not significantly decreased. Due to the complexity of the model we refrained from performing further dose-finding studies in view of the obvious results obtained at the single dose chosen.

Table 1 Bronchoalveolar lavage fluid findings at 24 h posttransplantation

	Ebselen treatment (<i>n</i> = 9)	Vehicle control (<i>n</i> = 8)	<i>p</i>
Bronchoalveolar lavage cell count	34*10 ⁴ (10*10 ⁴)/ml	50*10 ⁴ (13*10 ⁴)/ml	0.09
% of polymorphonuclear neutrophil granulocytes (PMN)	57 (11)%	74 (5)%	0.004
Absolute PMN count	20*10 ⁴ (7*10 ⁴)/ml	42*10 ⁴ (14*10 ⁴)/ml	0.002
Absolute red blood cell count	690*10 ⁴ (372*10 ⁴)/ml	767*10 ⁴ (410*10 ⁴)/ml	0.69
Protein content	7.5 (1) g/100 ml	9.0 (1.3) g/100 ml	0.16
TNF	1 (2) pg/ml	13 (21) pg/ml	0.16
CINC-3	79 (73)	157 (241) pg/ml	0.38
IL-10	22 (20)	51 (54) pg/ml	0.19

Values are indicated as mean (SD)

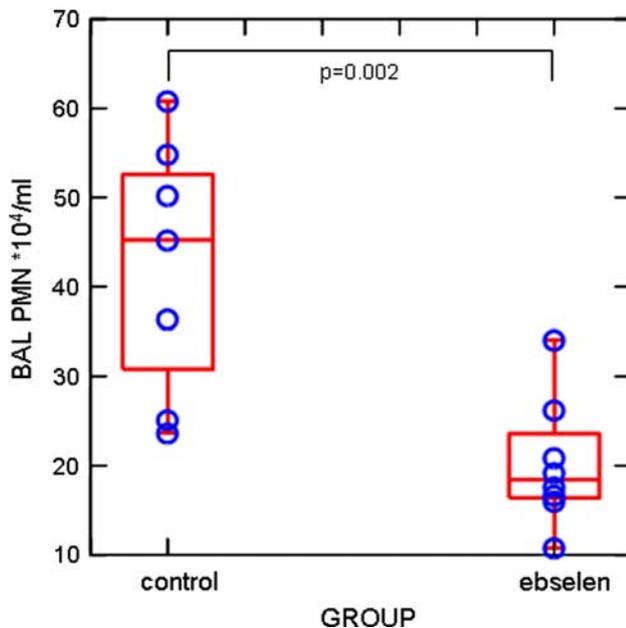


Fig. 2 Polymorphonuclear granulocyte count of transplanted left lung's bronchoalveolar lavage fluid. The boxplots indicate median, 25th and 75th percentile, as well as 10th and 90th percentile of distribution

The observed reduction of severe acute lung injury in this clinically oriented *in vivo*-model is in accordance to several previous findings on experimental lung injury. Intratracheally or intravenously administered Sephadex beads trigger both a nonspecific inflammation and, due to endogenous rat hypersensitivity to dextrane, a hypersensitivity reaction which leads at 24 h to a highly cellular, *i.e.*, mixed neutrophilic, but also eosinophilic and lymphocytic alveolitis with interstitial lung edema [30, 39]. After ebselen pretreatment, Cotgreave *et al.* observed in this Sephadex model that the development of lung edema could be completely inhibited [30]. Belvisi *et al.* demonstrated with a similar injury a dose-related inhibition of lung edema by ebselen with an ED₅₀ of approximately 5 mg/kg [31]. TNF- α has been shown to be a mediator in animal models of both acute lung injury-induced and antigen-induced lung edema [37, 39, 40, 41]. Although Belvisi

et al. observed a reduction of bronchoalveolar lavage supernatant TNF- α by a factor of three at doses of 10 mg/kg or more, parallel to the pulmonary edema reduction, no significant inhibitory effect was seen concerning bronchoalveolar endothelin-1 [31]. Whereas in the Sephadex model ebselen reduced the lymphocytes and eosinophil count, the neutrophil count remained virtually unchanged in one study [30]. This parameter was not determined in the study of Belvisi *et al.* who found TNF- α reduced in the BAL [31]. However, a further Sephadex study demonstrated that the administration of the TNF- α blocking soluble TNF type I receptor-IgG heavy chain complex clearly reduced the neutrophil, but not eosinophil BAL count, underlining a critical role of TNF- α in the neutrophilic inflammation of such injury.

In our study, where surgical or microtraumatic stress plus ischemia/reperfusion rather than an artificial inflammatory challenge was used, PMN were reduced in the BAL by a single and early ebselen pretreatment. Because we did not find a significant difference in BAL TNF- α levels between the studied animal groups, we can neither attribute this attenuation of PMN infiltration to known *in vitro* or *in vivo* TNF- α effects, nor exclude this possibility [8–10]. One possible explanation might be the late point of TNF- α determination in BAL at 24 h after reperfusion that we used in that study, which may be much after its peak tissue release [37]. Furthermore, the lack of a significant difference in TNF- α as well as the bronchoalveolar protein levels may be attributed in part to a larger variation in the transplant model: at least in the Sephadex model an attenuation of the capillary leak by such ebselen treatment was observed [31]. Bronchoalveolar protein content has been assessed as a rough measure of the capillary-alveolar function. However, although the increase in bronchoalveolar protein content is a good measure of an increase in capillary-alveolar permeability in the acute phase of lung injury, it may be misleading in a later phase when the healing of the capillary-alveolar barrier coincides with pulmonary edema resolution. Actually, the protein concentration may double in the alveolar fluid in less than 24 h because fluid reabsorption is much faster than protein

reabsorption. Because bronchoalveolar lavage artificially reintroduces free fluid in the alveolus, interpretation of alveolar protein content must be done with caution in later points of acute lung injury.

Histological differences were not evident, which is the case in this model even with important functional difference. One reason may be that one usually cannot assess alveolar edema unless fixation is specifically aimed at this, and the other is that small differences can much more reliably be assessed when principles of unbiased stereology are followed [42].

Whether other actions of ebselen, such as that on leukotrienes, or more general signal transduction-modulating effects or radical scavenger effects of ebselen contribute to the improvement seen in our model, remains unanswered [1, 2, 6]. Because reactive-oxygen species are considered important effectors of the hypoxic pulmonary vasoconstriction, the anti-oxidative properties of ebselen might increase blood flow in the worst ventilated areas, therefore, increase ventilation-perfusion mismatch and thus decrease PaO₂/FiO₂ in ebselen-treated animals during assessment. However, the magnitude of effect between ebselen-treated and control animals was high, and this difference between groups could only be underestimated by such a postulated, but pathophysiologically described, effect of decreasing hypoxic pulmonary vasoconstriction due to ebselen [43].

Conclusions

Ebselen significantly improved the transplanted rat lung function at 24 h after transplantation. The pharmacodynamic potency of ebselen in this model seems comparable with a combined PAF and endothelin inhibition in a similar setting, but less potent than complement blockade [36, 44]. Therefore, the drug may be regarded as an interesting anti-inflammatory adjunct to other blocking strategies in pulmonary reperfusion injury.

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