INTRODUCTION

Lameness in broilers represents major welfare (Bessei, 2006) and production (Bradshaw et al., 2002) issues for the poultry industry as birds with severe forms of the condition are likely suffering from pain (McGeown et al., 1999; Danbury et al., 2000) and may have limited mobility, which reduces access to feed and water (Weeks et al., 2000; Knowles et al., 2008). Lameness remains a widespread problem with a recent survey of 176 commercial broiler flocks indicating more than 27% of birds lame and 3% unable to walk (Knowles et al., 2008) at a mean age of 40 d. The etiology of broiler lameness is unclear, though likely affected by a range of factors and their interactions, including genetic predispositions, growth rates, movement frequency, stocking density, and nutrition (Bradshaw et al., 2002). In general, the causes of lameness originate from infectious or skeletal factors, where the latter is viewed as being responsible for the majority of lameness seen in commercial flocks (Kestin et al., 1994; Bradshaw et al., 2002). Within the category of skeletal problems, there is a broad range of skeletal abnormalities with both individual and common pathologies (Cook, 2000) that appear to associate with the rapid growth rates of modern broilers (Julian, 1998, 2005). Walking ability has been related to specific anatomical bone properties using a categorical scale, although this required birds to be euthanized for examination (e.g., lesion size in tibial dyschondroplasias; Riddell, 1975a, 1983), whereas other efforts assessing...
live birds were unable to demonstrate a relationship (Sorensen et al., 2000). Leterrier and Nys (1992) used several bone anatomical properties measured as continuous variables (i.e., femur angulation), which correlated to the appearance of valgus/varus, though they did not relate the measures to walking ability. The use of continuous measures to assess bone properties can provide several benefits to assessments if used appropriately, including improved resolution in identifying correlations, or independence from subjective gradings (e.g., severe, mild, and so on).

The objectives of the current experiment were to quantify various parameters of the metatarsal and tibia bones of broilers and their relation to gait score as an indication of walking ability. We hypothesized that bone angulation would be increased in birds manifesting poorer walking ability. We also compared symmetry between legs against gait score hypothesizing that poorer gait would relate to decreased symmetry (i.e., greater within-bird differences between legs). Tibiotarsus width and length were also measured to indicate gross changes in bone anatomy.

**MATERIALS AND METHODS**

**Birds**

All research was performed in accordance with appropriate UK Home Office approval (PPL: 30/2685). Twenty-seven (n = 27) standard-reared broilers of a commercial strain were reared at a local farm and brought to the University of Bristol’s School of Veterinary Science campus at Langford at 31 d of age and housed in 2 groups of 12 and a single group of 3 (originally conceived to serve as spares). The birds were part of a larger study assessing the impact of the analgesic Butorphanol (trade name Alvegesic, manufactured by Dechra Veterinary Products, Shropshire, UK, and administered as butorphanol tartrate) on naturally occurring lameness and pain sensation. Birds were selected using a gait score measure (described below) performed on farm to provide equal numbers of lame and nonlame birds. For the purposes of the present study, gait scores were reassessed 3 d after a single administration of drug to ensure the administration of analgesic did not affect gait scores for the purpose of the present study. Effects of Butorphanol are understood to last less than 8 h in poultry (Machin, 2005) and thus were unlikely to affect results of the present work.

All birds were individually labeled with commercial stock marker in a unique color and pattern arrangement to allow for identification. Pens measured 3.05 × 1.22 m, were provided wood shavings approximately 6 cm deep, and were checked daily by animal care staff who ensured ad libitum access to feed (the same provided on-farm) and water via open-top feeders and bell drinkers, respectively. Lights were maintained on a schedule of 12L:12D (~40 lx at ground level).

**Gait Score Testing**

All birds were assessed for gait score once at 35 d of age by 2 researchers experienced in assessments. One researcher gently encouraged the bird to walk the length of the pen while the other watched from outside. Both wrote down the gait score independently using the 5-point system described by Kestin et al. (1992) but with the inclusion of half-scores. In this system, 0 represents no difficulty walking with increasing values indicating increasing difficulties walking with a 5 associating with complete inability to walk. Scores were compared, and for any bird where the researchers were not in full agreement, additional observations of walking were made until the score was agreed.

**Euthanasia**

All birds were euthanized at 35 d of age with an intrahepatic injection of euthatal (approximately 1.5 mL/bird), weighed, and then hung by their necks for 12 h at room temperature to allow uniform development of rigor mortis. Both legs were labeled with an identifying tag and then removed from the bird, placed in plastic bags, and frozen at −20°C until radiographs were taken.

**Radiographic Assessment**

Radiographic assessments were performed to assess observer reliability in generating consistent measures from the same radiographic image (objective 1a) and repeated attempts to radiograph the same bone (objective 1b), the relationship of each parameter measured on the right leg with the individual birds’ gait score (objective 2), and the relationship between each parameter and leg symmetry (objective 3). Measurements used in the current work were based on previous efforts and sought to identify curving of bones (directly and indirectly), which have been shown to be altered in birds manifesting lameness (Riddell, 1975b; Leterrier and Nys, 1992).

For the procedure, collected legs were thawed approximately 2 h before radiographs were taken and then placed on ice. Radiographs were made from 2 orientations for each leg (mediolateral and craniocaudal) by a single researcher and held in place using sandbags and foam cushions. Radiographs were taken by placing the leg on a digital cassette [24 × 30 cm Fujifilm (Type CC), Tokyo, Japan] positioned approximately 100 cm below a Xograph machine (Indico 100 RAD 50 kw, Georgetown, Ontario, Canada) after adjusting for the mediolateral (50 mV @ 5mAS) or craniocaudal (60 kV @ 6.3 mAS) orientations. Images were processed digitally (Fuji FCR Capsula XL II digital processor, Tokyo, Japan). For objectives 1a and 1b, 3 sets of radiographs were done for each orientation of the left leg of birds 1 through 12. To improve independence of repeated mea-
sures on the same bone and reduce the influence of previous radiograph efforts of that bone (e.g., differences in the resulting angle between the x-ray projections and individual leg due to variations in positioning), radiograph projections for all bones were performed, generating a complete set before beginning the next set. Each radiograph image was assigned a unique code by a second researcher to ensure that subsequent digital assessment (performed by the first researcher) would be performed blind to bird identity. Both researchers were blind to bird-related data (e.g., gait score, sex, and weight) subsequently used for analysis.

**Anatomical Quantification**

Radiographic images were assessed by a single researcher using commercial software (VPACS, Visbion, Chertsey, UK) that allowed for digital quantification of angles, lengths, and areas of specified regions, which were then recorded to a database for collation of all data relative to individual birds. Eleven specific parameters (Table 1) were made based on a methodology adapted from Leterrier and Nys (1992). Representative images of the collected measurements are provided in Figure 1. To increase measurement consistency (for each parameter), each radiograph was measured in triplicate and a CV was calculated (SD divided by average × 100%). All measurements that exceeded a threshold of 5% were remeasured until compliant.

### Statistical Analysis

Subsets from the larger data set were generated for specific analysis to assess intra-rater reliability (objective 1a; consistency within the same radiograph) and test-retest reliability (objective 1b; consistency across repeated radiographs of the same bone). For objective 1a, the subset consisted of the 3 measurements made on the first radiograph of the left leg for birds 1 through 12. For objective 1b, the subset consisted of the first of the triplicate measurements made on the first radiograph and the single measurement taken from the second and third radiographs for birds 1 through 12. From each subset, reliability measures were made based on methods described by Rousson et al. (2002). In brief, the model consisted of

\[
Y_{ij} = \mu + s_i + r_i + \varepsilon_{ij},
\]

where \(\mu\) is a fixed parameter and \(s_i\), \(r_i\), and \(\varepsilon_{ij}\) are independent random effects for the subject, systematic (rater) error, and measurement error, respectively. Each is normally distributed with mean 0 and variances of \(\sigma_s^2\), \(\sigma_r^2\), and \(\sigma_\varepsilon^2\). Estimates of intraclass correlations \(\rho_s\) and \(\rho_r\) were calculated (R u and R c, respectively) for intra-rater and test-retest reliability. Values above 0.75 are judged as being reliable (Lee et al., 1989). Code within SAS (v9, SAS Institute Inc., Cary, NC) was written to perform the calculations.
For objective 2, analysis to assess correlations between the radiograph-derived measurements and gait score was performed with MLwiN (Rasbash et al., 2009), a statistical software package designed for data grouped in hierarchical structures. A random intercept model was constructed for each parameter where the triplicate measurements \((i)\) were nested in the appropriate radiograph of each bird \((j)\). The prediction variables, all fixed effects, included sex, gait score, mass, and the interaction of gait score and mass because bird mass is known to influence bone mineral content (Schreiweis et al., 2003). A separate model was constructed to directly identify the correlation between mass and gait score. All prediction variables were initially included in the model and then removed individually when presence of that model component was deemed ineffective \((P > 0.05)\) in a backward step-wise manner by means of a \(\chi^2\)-test on the deviance in log likelihood between the

Figure 1. a–e) Visual descriptions of reference lines described in Table 1 and associated measurements.
full and simplified models where the degrees of freedom was the difference in components or terms between the 2 models (Rasbash et al., 2009).

For objective 3, the triplicate measurements for each radiograph were averaged to generate a single value for each parameter. The difference between the left and right side for each bird was calculated and used as the response variable in a single level model with the same prediction variables and method to eliminate variables employed as with objective 2.

RESULTS

Objective 1

Analysis of intra-rater reliability indicated the consistency of the assessor was extremely reliable within radiographs with all measures exceeding the 0.75 threshold and the lowest being 0.86 (Table 2). The assessor also performed well in test-retest reliability where 8 of the 11 measures exceeded the reliability threshold indicating relative consistency in placement of the bone for radiograph imaging (Table 2).

Objective 2

All lame birds were found to be bilaterally lame. Gait scores, which ranged from 0 to 4, proved to be an effective predictor of several measures directly including measures 2 (CC-TibCortDist), 7 (ML-TibCortArea), and 9 (ML-TibWidth), as well as indirectly with interactions between gait score and mass (Table 3). Model responses where interaction effects where identified—measures 6 (ML-TibCortDist) and 8 (ML-TibAngle)—manifested similar values at low gait scores independent of bird mass. With increasing gait score, responses increased or decreased with relatively greater or lesser bird mass, respectively. The specific thresholds of mass for the change in the response was 2.26 and 2.14 kg for measures 6 (ML-TibCortDist) and 8 (ML-TibAngle), respectively. Sex effects were found for measures 1b (CC-TibAngle), 4 (MetAngle), and 5 (MetWidth) where each manifested greater values in males with the exception of measure 4 (MetAngle). Bird mass by itself (i.e., without a gait score interaction), affected measures 1a (CC-TibFibAngle), 2 (CC-TibCortDist), 5 (MetWidth), and 10 (ML-TibDist), where mass correlated positively with gait score with the exception of measure 2 (CC-TibCortDist). Weight as a response variable showed a positive correlation with gait score.

Objective 3

No response variables were found to be effective predictors for any of the leg symmetry measures (data not shown).

DISCUSSION

The current study was conducted to assess continuous measurements of bone anatomical properties that are likely related to broiler lameness. Our effort served 2 broad purposes, the first being to assess the reliability of an individual to consistently conduct measurements on bone from a radiograph as well as place the limb over repeated attempts, a broad objective that parallels similar efforts in various fields (Drinka, 2006; Dawoodi and Perera, 2012; Kose et al., 2012). The second purpose was to assess the relationship between the bone measurements and gait score in broilers.

Our first objective indicated a high level of reliability in scoring repeated measurements from a single radiograph, a success rate likely benefiting from the guidelines establishing where reference points were positioned and the ability to alter image resolution and scale to ensure their consistent placement. Despite the success found in the current work, additional study is warranted to demonstrate that the tested methods are superior to traditional measurements used by others (Leterrier and Nys, 1992) as digital quantification is not necessarily superior (Gstoettner et al., 2007). There did not appear to be a pattern of intra-rater reliability

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<th>Table 2. Results of intra-rater (objective 1a) and test-retest (objective 1b) reliability with associated MS for the various parameters measured from radiographs</th>
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^{1} R_u and R_c values above 0.75 are considered reliable.
assessments associated with particular types of measures such as position of the bone or type of measurement (e.g., angles vs. distances), though the overall range was much narrower than those of the test-retest reliability assessment. The 5% CV threshold used during measurements as an initial barrier to entry would also likely have a critical effect on driving the rater to greater consistency within the same radiograph and increasing $R_u$. Nonetheless, our intra-rater results suggest that appropriate training, objective criteria for placement of guides, and an internal standard to ensure consistency during measurements can provide reliable data within single samples.

The second purpose of the first objective—assessing variation in placement across multiple radiographs, (i.e., the test-retest procedure)—indicated most measures were able to be replicated with consistency, though at a reduced success rate compared with objective 1a, both in the number of measures reaching threshold as well as the associated correlations. With the exception of measure 8 (ML-TibAngle), test-retest assessments of measures taken from the mediolateral position were numerically greater than those taken from the craniocaudal, a result likely related to the broader base of the leg when placed laterally, which would allow for greater stability and reduce the variation between attempts. Although we can assume that the variation across radiographs is random (i.e., not associated with a particular subset of gait scores), excessive variation reduces the ability to detect treatment effects or correlations between variables. Our results from objectives 1a and 1b indicate that use of radiography with digital quantification is an effective method to assess bone properties, though internal standards are needed to ensure data are used efficiently with the minimal numbers of birds.

Analysis relating to our second objective indicated that several measures—measures 2 (CC-TibCortDist), 7 (ML-TibCortArea), and 9 (ML-TibWidth)—correlated to gait score, either as a main effect or as an interaction with bird mass. The cause of lameness in broilers is multifactorial though rapid growth and the associated skeletal abnormalities are considered to be dominant (Bradshaw et al., 2002) resulting in conditions with angular bone deformity (Julian, 1998). Of the several measures taken from the cranio-caudal perspective, measure 2 (CC-TibCortDist) correlated positively to difficulty walking. Despite this finding, measure 2 (CC-TibCortDist) provides only an indirect measure of angulation by quantifying the depth of the groove formed by the medial extents of the proximal and distal epiphysis with the medial cortex. In support of our finding, Leterrier and Nys (1992) assessed various bone parameters similar to those in the present work and found birds manifesting varus deformity to have greater angulation in the distal tibia. Direct measures of angulation in the current effort found no relationship with gait, which may relate to our difficulties in identifying appropriate reference guides. For measure 1a (CC-TibFibAngle), although we were able to consistently
quantify the measure across within and across radiographs, the fibula, which was used as a reference point because it offers clear visibility on the radiograph, is nonetheless loosely attached to the tibia and thus is likely a poor reference for angulation. In measure 1b (CC-TibAngle), the angle between the proximal condyles and distal epiphysis would be dependent on the position of the bone during radiography, which as suggested by the small R² for that measure, was highly variable. Nonetheless, the correlation between measure 2 (CC-TibCortDist, which could be used as a proxy for angulation) and gait score suggests this may be an effective measure of walking ability; improvements in positioning the bone during radiography to bring consistency across radiographs will likely improve the utility of this measure in assessing gait score.

Within the mediolateral perspective, gait score was found to relate to curving in the tibia (measure 8, ML-TibAngle), though the pattern of the change was dependent on postmortem bird mass. Based on our model, heavier birds, specifically those above 2.27 kg, manifesting a worsening gait (i.e., increasing gait score) would have less angulation, whereas birds below this mass would have increased angulation with worsening gait. Measure 6 (ML-TibCortDist), which indicates curving indirectly by quantifying the depth of the groove on the dorsal side, had a similar modeled pattern with a slightly higher threshold of 2.32 kg. Although our measurements did not include pathological diagnoses, the observed changes may relate to tibial dyschondroplasia, a principal skeletal abnormality causing lameness in broilers. Tibial dyschondroplasia results from rapidly reproducing chondrocytic cells within the metaphyseal plate, which are unable to produce bone due to poor or absent blood flow producing lesions that enlarge the tibia’s proximal end (Riddell, 1992). Chondrocytes typically do not reach a mature size and begin necrosis due to energy depletion (Brighton and Hunt, 1978; Hargest et al., 1985; Pines et al., 1998) and lack of specific nutrients required by the cells (e.g., 1,25-dihydroxyvitamin D₃), which can be depleted in the metabolic acidosis often accompanying rapid growth (Rennie et al., 1993). Bird mass by itself has been suggested as a cause of tibial dyschondroplasia via compression of the epiphyseal growth plate and restriction of blood flow (Thorpe, 1988), though causal mechanisms are believed to be related to growth rates as discussed above. In extreme cases of tibial dyschondroplasia, angular deformation will occur as the weakened proximal head becomes pulled by the gastrocnemius muscle (Duff, 1986; Riddell, 1992). Surprisingly, we found that greater deformation occurred in lighter birds where reduced growth rates would be expected. This finding may relate to secondary factors such as increased activity levels in lighter birds and associated greater use of the gastrocnemius muscle in contrast to heavier birds, which would be expected to be more sedentary. We did not measure activity levels to verify whether this mechanism is indeed taking place nor perform histological assessment to verify the occurrence of tibial dyschondroplasia, but future work would benefit from their inclusion. Alternatively, birds that developed a poor gait relatively earlier might have had difficulty accessing feed and water resulting in reduced weight gain and lower weight. Lastly, birds predisposed to reduced feed intake may have had compromised bone mineralization leading to weak bones prone to curving. Given these uncertainties, continuous monitoring of growth rates is also necessary to establish the appropriate chronology of events and whether changes are causally related.

The area circumscribed between the line connecting proximal and distal epiphyses and the caudal surface (measure 7, ML-TibCortArea) correlated to gait score indicating a deeper groove as bone length (measure 10, ML-TibDist) was not altered. We would expect that deeper grooves would occur in bones with greater deformation as the bone adapts a curved shape supporting the anatomical changes seen in the lighter birds and discussed above. Craniocaudal bone width (measure 9, ML-TibWidth) increased with gait score and may also relate to greater tibial curving via increased mechanical loading (Lynch et al., 1992), which might be expected to compensate for the increased strain on the bone. Because these latter measures did not exhibit a mass × gait score interaction, they may represent effects of curving that are independent or tangential to growth rates such as activity patterns. Barreiro et al. (2009) identified differential radiographic densities between sections of the tibia and suggested the greater values within the proximal head could result from a proportionally greater load exerted by the relatively high number of muscles and ligaments that attach or originate at this location. This differential effect could be interpreted with the current work in that less active birds, or those likely to have poor walking ability (i.e., elevated gait scores) and less use of these muscles and ligaments, would have less bone mineral content in the proximal head leading to greater flexibility and curvature.

We were unable to find any relationship between gait score and anatomical symmetry between the 2 legs. Our hypothesis was based on the assumption that birds with normal gait would have right and left legs that are mirror images of each other, whereas birds with poorer gait would have increasing anatomical differences as stride became altered. Leg pathologies of broilers generally appear bilaterally (Riddell, 1983) as in the current study, though can afflict a single leg or each leg in a different manner, particularly in cases of valgus/varus (Letertier and Nys, 1992). Our analysis indicates the lack of asymmetry as it relates to gait, though our method of calculating the difference between legs by averaging the triplicate measurements within a single radiograph may have introduced additional variation that impaired our ability to identify a correlation with gait score.

In conclusion, our results offer a novel methodology to assess lameness in broilers and potential mitigating
skeletal factors. Our effort to assess consistency of the researcher placing the leg during the radiograph procedure and subsequently measure quantification of various parameters suggests internal controls are needed to ensure an acceptable threshold of reliability. Our measures indicate that curving of the tibia may be related to lameness, though subsequent efforts involving comprehensive measures of bird activity, growth rates, and internal bone structure will be needed if the validity of the measures are to be accepted.

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REFERENCES


