

of *Malassezia* induced inflammation. The exposure of human antigen-presenting cells (APCs) to different clinical isolates of *Malassezia* strains resulted in secretion of significant amounts of proinflammatory cytokine IL-1 $\beta$ . When APCs were pre-treated with Z-VAD, a pan-caspase inhibitor, the release of IL-1 $\beta$  upon stimulation with *Malassezia* was abrogated. This suggests that *Malassezia*-induced IL-1 $\beta$  secretion is dependent on inflammasome activation, the latter requiring caspase-1 activation. To elucidate which type of inflammasome is activated, we generated cells deficient for NLRP3 or NLRP1. IL-1 $\beta$  release was absent in cells lacking NLRP3, whereas NLRP1-deficiency did not affect IL-1 $\beta$  secretion upon *Malassezia* exposure. Our findings indicate that *Malassezia* is a potent inducer of inflammatory response which is mediated through the NLRP3-inflammasome

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### Interleukin 33 is differentially expressed in psoriasis-like drug reactions to TNF antagonists

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Since their introduction TNF- $\alpha$  antagonists play a major role in the treatment of autoimmune disorders like psoriasis, rheumatoid arthritis, ankylosing spondylitis, Crohn's disease and others. Probably due to their immunologic nature, these drugs sometimes produce puzzling cutaneous side effects that are the subject of this investigation. For instance, although TNF- $\alpha$  antagonists are used to treat psoriasis, they can produce paradoxical skin inflammation in a small fraction of patients that can clinically resemble psoriasis, dermatitis and other conditions. Of 21 patients (13 female, av. 48 years), 47% had a reaction either to infliximab and adalimumab or both (1 patient) and 6% had a reaction to etanercept. Clinical features as well immunohistochemistry for TNF- $\alpha$ , INF- $\alpha$ , IL-1 $\beta$ , IL-22, IL-6, IL-17, CD123, IL33, MXA, IL-8 and IL-36 $\alpha$  were performed. In each patient two histologic samples were taken and were evaluated by a grading system from + to ++++ (weak, medium, strong and highly active signal) as well as +/- (indifferent) and - (negative). Control stainings were performed at plaque psoriasis samples.

IL-33 was expressed in 86.1% of psoriasis-like or pustular reactions (PPR) but only in 55.6% of dermatitis-like reactions (DLR) ( $p = 0.009$ , Fisher exact test). IL-1 $\beta$  was expressed in both PPR and in DLR in 63.9% (not significant = n.s.). IL-22 was expressed in 100% of PPR and in 97.2% of DLR (n.s.). IL-6 was expressed in 58.3% of PPR and in 61.1% of DLR (n.s.). IL-17 was expressed in 88.9% of PPR and in 94.4% of DLR (n.s.). CD123 was expressed in 44.4% of PPR and in 36.1% of DLR (n.s.). TNF- $\alpha$  was expressed in 88.9% of PPR and in 86.1% of DLR (n.s.). IFN- $\alpha$  was expressed in 91.7% of PPR and in 97.2% of DLR (n.s.). MXA was expressed in 83.3% of PPR and in 80.6% of DLR (n.s.). IL-8 was expressed in 77.8% of PPR and in 83.3% of DLR (n.s.). IL-36 $\alpha$  was expressed in 66.7% of PPR and in 52.8% of DLR (n.s.).

The alarmin IL-33 is a member of the IL-1 family and is overexpressed in plaque psoriasis. In histologic samples of reactions to TNF- $\alpha$  antagonists, we detected a differential expression of IL-33 in PPR but less so in DLR. Further investigations will define the role of this cytokine in these rare cutaneous side effects of anti-TNF- $\alpha$  inhibitor therapy

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### Liszt-study: lichen planus mucosae at usz, efficacy of oral alitretinoin

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Background: Lichen planus (LP) is a relatively common immunological disorder of the stratified squamous epithelium that affects one to two percent of the general adult population. The oral mucosa is involved in up to eighty percent of patients (twenty-five percent mucosal involvement only).

Conventional oral retinoids (Acitretin, Etretinat, Isotretinoin and Tretinoin) are listed as evidence based treatment recommendations for LP. In comparison, Alitretinoin has shown to have additional anti-inflammatory effects and less mucocutaneous side effects, which could favorably impact this disease and thereby support patient compliance as well. Alitretinoin was not yet systematically investigated in mucosal lichen planus.

Methods: This is a single center, prospective, open label, single arm pilot study investigating the efficacy and safety of oral Alitretinoin in twenty patients suffering from severe oral mucosal lichen planus (MLP). Patients are treated with Alitretinoin thirty milligrams once daily for twenty-four weeks with a follow up of another twenty-four weeks. The primary objective is to determine the efficacy of Alitretinoin in reducing signs and symptoms of severe MLP with respect to the proportion of responders based on the 'scoring system for mucosal disease severity with special reference to oral lichen planus' developed by Escudier et al, Visual Analog Scales (VAS) for pain and pruritus and the Oral Health Impact Profile. Further assessment is done to investigate the inflammatory infiltrate in mucosa and skin before and during Alitretinoin therapy by histopathology taken before and four weeks after initiation of study treatment with regular hematoxylin and eosin staining and different immunohistochemistry.

Results: Four of a total of nine so far included patients have finished twenty-four weeks of treatment with Alitretinoin. In all four patients a reduction in disease severity measured by the Escudier score was apparent. Four of the remaining five patients have a decreased Escudier score under treatment at the actual follow up visits. One patient discontinued therapy after twelve weeks because of treatment failure. The following adverse events were observed: headache and mucosal dryness (eyes, mouth).

Conclusions: The clinical data suggest Alitretinoin to be effective in patients with chronic MLP. The study is ongoing. Please contact Dr. Kunz if you supervise patients with extensive MLP.