Elevated Liver Regeneration in Response to Pharmacological Reduction of Elevated Portal Venous Pressure by Terlipressin After Partial Hepatectomy

René Fahrner,1 Eleonora Patsenker,2 Andrea de Gottardi,1,2 Felix Stickel,2 Matteo Montani,3 Deborah Stroka,1,2 Daniel Candinas,1,2 and Guido Beldi1,2,4

Background. Liver regeneration is of crucial importance for patients undergoing living liver transplantations or extended liver resections and can be associated with elevated portal venous pressure, impaired hepatic regeneration, and postoperative morbidity. The aim of this study was to assess whether reduction of portal venous pressure by terlipressin improves postoperative liver regeneration in normal and steatotic livers after partial hepatectomy in a rodent model.

Methods. Portal venous pressure was assessed after minor (30%), standard (60%), or extended (80%) partial hepatectomy (PH) in mice with and without liver steatosis. Liver regeneration was assessed by BrdU incorporation and Ki-67 immunostaining.

Results. Portal venous pressure was significantly elevated post-PH in mice with normal and steatotic livers compared to sham-operated mice. Reduction of elevated portal pressure after 80% PH by terlipressin was associated with an increase of hepatocellular proliferation. In steatotic livers, animals treated with terlipressin had an increase in liver regeneration after 30% PH and increased survival after 60% PH. Mechanistically, terlipressin alleviated IL-6 mRNA expression following PH and down-regulated p21 and GADD45 mRNA suggesting a reduction of cell cycle inhibition and cellular stress.

Conclusions. Reduction of elevated portal pressure post-PH by the use of terlipressin improves liver regeneration after PH in lean and steatotic mouse livers.

Keywords: Liver regeneration, Portal hypertension, Partial hepatectomy, Liver steatosis, Terlipressin.

(Transplantation 2014;97: 892–900)
reduces portal venous pressure in patients with liver cirrhosis and is currently recommended to lower portal venous pressure in the treatment of variceal bleeding and hepatorenal syndrome (11, 12).

Terlipressin acts as a vasoconstrictor via activation of vasopressin-1 receptors located in the smooth muscles of the arterial vasculature in the splanchnic region and thus decreases mesenteric and hepatic blood flow (13). A recent study proposed that terlipressin improves renal function and decreases portal venous pressure in patients undergoing donation for living-donor liver transplantation (14). However, no data on whether these circulatory effects impact liver parenchymal regeneration after PH are currently available.

Patients undergoing liver surgery with liver steatosis are an increasing problem in Western countries as liver steatosis is associated with an increased risk for postoperative complications (15, 16) and delayed liver regeneration in patients undergoing hepatic resection (17). In liver transplantation, elevated liver steatosis results in an increased graft failure (18). Thus, hepatic steatosis that is associated with reduced functional capacity is of crucial clinical relevance. Therefore, the impact of terlipressin on portal venous pressure and liver regeneration post-PH was also evaluated in mice with and without steatosis.

The present study shows that terlipressin reduces portal venous pressure and improves outcome after extended PH in lean and steatotic livers. This effect is accompanied by improved liver cell regeneration mediated via the inhibition of proteins associated with cell cycle inhibition (p21) and cellular stress (GADD45) and modulation of interleukin (IL)-6 levels.

RESULTS

Portal Venous Pressure is Modulated After PH in Response to Terlipressin

In mice that underwent 30% (minor), 60% (standard), or 80% (extended) PH, portal venous pressure positively correlated with the extent of liver resection with the highest pressure...
levels observed after 80% PH (Fig. 1A). Terlipressin significantly decreased portal venous pressure in mice after 80%, but not after 30% and 60% PH compared to vehicle controls (Fig. 1B–D). Administration of terlipressin in sham-operated animals did not alter portal venous pressure (Fig. 1E).

Liver Regeneration After 80% PH is Increased in Response to Terlipressin

Hepatocellular proliferation was used as a surrogate of parenchymal regeneration and was assessed by BrdU incorporation (Fig. 2A and B) and Ki-67 immunostaining (Fig. 2C and D).

**FIGURE 2.** Immunohistochemical analysis with BrdU and Ki-67 staining after 48 hr post-PH. A, C, significant increase of positive cells after terlipressin administration with 80% PH compared to controls. B, D, representative liver sections of immunohistochemistry analysis of BrdU and Ki-67-positive hepatocytes. Assessment of liver injury by serum AST (E) and ALT (F) levels after 8 hr post-PH. Horizontal lines indicate mean, Student t test.
48 hr after PH. Mice subjected to 30% and 60% PH had substantial liver regenerative activity, which was not further increased by the administration of terlipressin. However, hepatocellular proliferation after 80% PH was significantly enhanced in response to terlipressin. Serum transaminases (aspartate transaminase [AST] and alanine aminotransferase [ALT]) increased in accordance with the extent of PH, reflecting hepatocyte injury, but there was no relevant difference between animals treated with terlipressin compared to vehicle controls.

FIGURE 3. Expression of hepatic mRNA of (A) IL-6 and (B) GADD45 30 min post-PH and (C) p21 after 24 hr assessed by quantitative RT-PCR were significantly increased after 80% PH in comparison to 60% PH in control animals. After terlipressin treatment, protein levels after 80% PH decreased significantly, whereas after 60% PH there were no significant changes. D, serum bile acid levels by ELISA after 48 hr post-PH. Electron microscopy of liver sinusoids 4 hr post-PH. After PBS administration and 80% PH (E), more disruption and destruction of sinusoids membrane was observed (arrow) compared to terlipressin administration (F). Mean, bars=SD, Student t test.
of hepatocellular proliferation was visible in sham-operated mice after terlipressin administration (data not shown).

**Modulation of Cytokine and Stress Responses**

The expression of proteins associated with a cytokine response (IL-6), cellular stress (GADD45), and cell cycle inhibition (p21) were examined post-PH with and without terlipressin. Expression of hepatic IL-6 mRNA was significantly lower post-terlipressin administration compared to controls after 80% PH but not after 60% (Fig. 3A). Proteins associated with cellular stress in response to partial hepectomy, such as GADD45, and cell cycle inhibition, such as p21, were significantly decreased in animals treated with terlipressin compared to vehicle controls after 80% but not after 60% PH (Fig. 3B and C). The significant differences occurred at 30 min post-PH for IL-6 and GADD45 and after 8 and 24 hr for p21 (Fig. S3 A–C, SDC, http://links.lww.com/TP/A948). An increase of serum bile acid levels as a marker of excretory biliary function post-PH (19) was seen with the extent of PH in both treatment groups (Fig. 3D). Administration of terlipressin was associated with a significant decrease of bile acid levels in mice only after 80% PH (P=0.03) but not in 30% or 60% PH. Electron microscopy revealed that the hepatic sinusoids were markedly disrupted after 80% PH (Fig. 3E). Staining for sinusoidal endothelial cells by CD31 revealed no significant differences between control and terlipressin-treated animals (Fig. S4 A–F, SDC, http://links.lww.com/TP/A948). However, by electron microscopy there was reduced disruption of endothelial cell damage in terlipressin-treated animals, suggesting that terlipressin protects the liver from microstructural sinusoidal damage caused by 80% PH (Fig. 3F).

**Portal Venous Pressure, Survival, and Liver Regeneration After PH in Liver Steatosis**

The effect of terlipressin on portal venous pressure, liver regeneration, and survival was explored in mice with steatotic livers. After 6 weeks on a high-fat diet (HFD), mice developed liver steatosis with a significant increase of liver weight but without changes in total body weight compared to control animals (Fig. 4A and B). Levels of tumor necrosis factor (TNF)-α, p21, and GADD45 mRNA were significantly increased in mice with HFD compared to mice receiving standard chow indicating lipotoxicity from fat deposits in the liver, whereas IL-6 transcripts were significantly lower in mice with steatosis compared to mice with normal liver parenchyma (Fig. 4C–F). Steatotic changes and accumulation of intracellular fat droplets

**FIGURE 4.** Comparison of mice fed a high fat diet (HFD) versus control diet. A, HFD for 6 weeks showed no effect on whole body weight. B, HFD was associated with a significant increase of liver weight. Expression of mRNA of (C) TNF alpha, (D) IL-6, (E) GADD45, and (F) p21 in liver tissues of lean and steatotic livers (HFD). Mean, bars=SD, Student t test.
FIGURE 5. Effect of terlipressin treatment on portal venous pressure, liver regeneration, and liver injury after PH in animals treated with high-fat diet (HFD). A, B, portal venous pressure after 30% and 60% PH. Mean, bars=SEM, two-way ANOVA test. C, D, assessment of proliferation by BrdU and Ki-67 immunostaining after 48 hr after 30% PH. E, F, no effect of terlipressin on liver injury assessed by AST and ALT levels 8 hr after 30% PH. G, serum bile acid levels measured by ELISA after 48 hr after 30% PH. Mean, bars=SD, Student t test. H, significant improvement of survival after treatment with terlipressin after 60% PH. Kaplan-Meier survival curve, log rank.
were not associated with an increase of basal portal venous pressure or hydroxyproline content of the liver, thereby excluding significant hepatic fibrosis in this model (Fig. S5 A–D, SDC, http://links.lww.com/TP/A948). These findings were confirmed by liver histology and revealed slight changes as hepatocellular degeneration, cell ballooning, and mild inflammatory infiltrates, but no significant fibrosis (Fig. S5 E and F, SDC, http://links.lww.com/TP/A948). Administration of terlipressin in mice with liver steatosis was associated with decreased portal venous pressure after 30% PH (Fig. 5A) and 60% PH (Fig. 5B) compared to vehicle-treated controls. Terlipressin significantly increased hepatocellular proliferation 48 hr after 30% PH (Fig. 5C and D), whereas it had no effect on liver injury as assessed by AST and ALT levels in 30% and 60% PH (Fig. 5E and F). Additionally, there were no significant changes in bile acid levels after 48 hr after 30% PH and HFD (Fig. 5G). For survival analysis, all animals were included that were enrolled for the 48-hr proliferation measurements. In mice with liver steatosis, survival was significantly lower after 60% PH compared to control mice without HFD (P = 0.01), and administration of terlipressin was associated with a significantly improved survival (58% vs. 30% after 50 hr; P = 0.046; Fig. 5H).

DISCUSSION

The data presented in this study provide evidence that elevated portal venous pressure following PH can be reduced by a pharmacological approach and improves parenchymal regeneration in mice. Importantly, terlipressin improved hepatocellular proliferation in mice after 80% hepatectomy and increased survival in mice with liver steatosis indicating a therapeutic potential for terlipressin in situations with a high risk of postoperative liver insufficiency. Mechanistically, hepato-protection from terlipressin may be explained by reduced cellular stress as reflected by decreased levels of p21 and GADD45 and altered cytokine response. Interestingly, terlipressin modulated regeneration but had no effect on liver injury.

An increase in portal venous pressure correlated with the extent of PH and was detected immediately following resection of liver lobes. Minor elevations of portal venous pressure after PH have been shown to be pivotal for the initiation of liver regeneration (20). Conversely, extended liver resections or small-for-size liver transplantations that are associated with a marked increase of portal venous pressure, beyond yet undefined levels, may impair the regenerative capacity of the liver and lead to liver failure (21). To be clinically applicable and to avoid side effects in animals with normal portal venous pressure, the administration of the drug was performed immediately after PH. Therefore, the very first elevation of portal venous pressure was not altered. Despite this delayed injection, a positive effect on liver regeneration and reduced cellular stress after 80% PH has been observed. The reduction of portal venous pressure at 8 hr post-PH reflects early changes of hepatic remodeling and adaptation of the sinusoids to the alterations of pressure and flow in response to PH (22). Thus, maintaining optimal levels of postoperative portal venous pressure seems to be crucial for successful outcomes.

Administration of terlipressin was only protective after 80% PH. Thus, nonsignificant changes in portal venous pressure after 60% PH after treatment with terlipressin are not sufficient to impact on liver regeneration. This finding is supported by increasing evidence that not the size alone but the flow in resected or transplanted livers play an important role in liver regeneration and “small for flow” rather than “small for size” seems to be critical (23).

Our report now shows for the first time that modulation of portal venous pressure by terlipressin is beneficial in the absence of liver cirrhosis. Up to now, vasopressin agonists have been shown to be clinically effective in lowering portal venous pressure in cirrhotic livers and terlipressin has shown to improve short-term survival of patients with hepatorenal syndrome (24). Interestingly, a reduction of portal venous pressure by terlipressin occurs only after 80% PH that critically impact not just on portal venous pressure but also on splanchnic blood flow and systemic metabolism (25). The impact of physiological release of vasopressin on liver regeneration via Ca²⁺ signaling has been previously described (5, 26). These reports have shown neuroendocrine secretion of vasopressin from the hypothalamus in response to PH that protects the liver. We now support these mechanistic findings at the target organ and show that pharmacological activation of vasopressin receptors reduces portal venous pressure and is associated with an increase in liver regeneration.

There is little evidence whether terlipressin has direct stimulative potential on hepatocyte proliferation. No effect of terlipressin on hepatocellular proliferation or on portal venous pressure has been observed after minor or standard PH. Thus, the main pathway of inducing hepatocyte proliferation is probably by means of lowering the portal venous pressure and consecutive reduced cellular stress rather than via direct hepatocyte V1a vasopressin receptors.

Terlipressin mainly acts through a vasoconstriction in the splanchnic vessels and therefore reduces the portal flow and portal venous pressure in cirrhosis and consecutive splanchnic vasodilatation. Hypothetically, terlipressin also counteracts a potential hepatic buffer response that may occur post-PH. The doses of terlipressin used in this study were comparable to previous reports in cirrhotic mice with effective reduction of portal pressure mainly after 80% PH and without negative side effects on, for example, intestinal perfusion. In patients undergoing living liver transplantation, terlipressin administration was associated with an effective reduction of portal venous pressure and improvement of renal function without having negative systemic side effects (14).

Hepatic steatosis is a frequent parenchymal liver disease in Western countries. Liver transplantation of livers with modest steatosis is a potential clinical scenario, and it has been shown clinically and experimentally that it is associated with an increased risk for complications (15, 27). There was no mortality after 80% PH, but after 60% PH in steatotic mice. Thus, a blunted response to this critical extent of PH may explain the effect of terlipressin at 60% PH in steatotic mice.

In addition to the hemodynamic changes in response to terlipressin administration, we demonstrated reduced cellular stress (GADD45) and cell cycle inhibition (p21) after 80% PH. Both parameters were already significantly up-regulated in steatotic livers before surgery, which explains the effect already at 60% PH. These results confirm recent studies that demonstrated a critical impact of both p21 and
GADD45 on the initiation and the kinetics of liver regeneration (28–30).

Our study also revealed that terlipressin reduced disruptions of hepatic sinusoids, which were associated with extended PH. As previously shown in a transgenic animal model, portal hypertension is associated with a morphological change of sinusoidal fenestrations, and PH is characterized by a disappearance of the sieve-plate arrangement, endothelial fenestration, and dilatation of bile canaliculi (31, 32). The sinusoidal disruption as observed in the present study is potentially associated with an increased intrahepatic blood shunting between portal venous and systemic circulation. Therefore, metabolites of the liver such as bile acids might be found in higher concentrations in the systemic blood circulation because of increased blood shunting after extended PH.

It remains unclear if coincidence of reduced bile acids and reduced sinusoidal disruption in response to terlipressin administration is the consequence or the cause of improved outcome for the liver regeneration.

In summary, our results show pharmacological reduction of portal venous pressure with terlipressin leads to an improvement of liver regeneration, maintenance of microstructural hepatic tissue anatomy, a reduction of stress response genes, and, most importantly, a better survival.

MATERIALS AND METHODS

All procedures were carried out in accordance with the Swiss National Institutes of Health guidelines for the care and use of experimental animals, and the experimental protocol received approval by the Animal Care Committee of the Canton of Bern, Switzerland.

Animal Preparation and Experimental Setting

Experiments were performed on 8- to 12-week-old adult wild-type C57BL/6J mice obtained from Harlan Animal Research Laboratories (Boxmeer, The Netherlands). The animals were housed in the University Animal Facility with a 12 hr light/dark cycle at 22°C, and fed either with normal chow (fat: 4.5%, protein: 18.5%, fibers: 4.5%) or with a high-fat diet (Sniff, Soest, Germany) for 6 weeks (HFD normal chow (fat: 4.5%, protein: 18.5%, fibers: 4.5%) or with a high-fat diet (HFD). After the 6-week period, the animals were anesthetized with isoflurane inhalation, lethal blood samples were taken from the inferior vena cava, and livers were collected for further analyses.

Gastric acid secretion was decreased in response to terlipressin administration, whereas gastric pH remained constant at a low level. 

Measurement of Portal Venous Pressure

Portal venous pressure measurements were performed under general anesthesia with isoflurane. For each extent of PH with or without HFD, portal venous pressure was measured by a computer-based program (FlowChart 7.0; AD Instruments, Spechbach, Germany) during 1 min. Portal venous pressure was measured at specific time points before and after (5, 10, 15, 30 min and 8 hr) PH and always required anesthesia and laparotomy.

Histological and Immunohistochemical Analysis of the Liver

Fresh liver tissue was fixed overnight in 4% paraformaldehyde in PBS and embedded in paraffin. Liver sections (5 μm) were deparaffinized with xylene and counterstained with hematoxylin and eosin and with reticulin stain (Ag) for histological assessment. For immunohistochemistry, paraaffin-embedded tissue sections were dried for 24 hr, deparaffinized, and rehydrated, followed by blocking of endogenous peroxidase with 3% H2O2 (Sigma H-1009; Sigma-Aldrich Chemie GmbH, Steinheim, Germany) in PBS. Antigen was retrieved by heating the slides for 10 min. Diluted biotinylated anti-BrdU antibody (BrdU In-Situ Detection Kit #550803; BD Biosciences, San Diego, CA) or anti-Ki-67 antibody (Ki-67 clone-Tec 3 #M7249; Dako, Glostrup, Denmark) were then applied and slides incubated for 1 hr at 48°C in a humidified chamber. Then, ready-to-use streptavidin horseradish peroxidase complex ( #550803; BD Biosciences) was added, followed by a brief incubation with 3,3′-diaminobenzidine substrate (DAB, D-4293, Sigmaafast; Sigma-Aldrich Chemie GmbH). The tissue sections were counterstained in hematoxylin. Finally, BrdU and Ki-67-positive cells on representative slides were counted on four high-power fields for each animal.

For CD31 staining, 2- to 3-μm liver sections were dewaxed, rehydrated, and pretreated by boiling in 10 mM citrate buffer, pH 6.0, in a microwave oven. Endogenous peroxidase activity was blocked with 0.3% H2O2 and 0.1% NaN3. Sections were then (and following all subsequent steps) washed in Tris-buffered saline (TBS) and incubated for 60 min at room temperature with a rat-anti-mouse CD31 antibody (clone MEC 14.7; Abcam, Cambridge, UK), diluted 1:100 in TBS with 0.5% casein and 5% normal goat serum. In negative controls, the primary antibody was replaced with antibody dilution buffer. A rabbit-anti-rat Ig secondary antibody (Dako) was then applied, followed by a polymer-based visualization system (Envision+; Dako), each for 30 min. Finally, sections were developed in 0.02% 3,3′-diaminobenzidine (Sigma, St. Louis, MO) with 0.01% H2O2. The sections were counterstained with hematoxylin, and mounted. Known positive controls were stained in parallel with each series.

To visualize liver steatosis, cryosections of 8-μm thickness from liver tissue frozen immediately after removal at −120°C were fixed in 4% paraformaldehyde. After drying in 70% ethanol, sections were placed in Sudan Black solution for 20 min and rinsed afterwards in 70% ethanol and H2O. Finally, sections were stained with nuclear fast red vector (H-3403; Sigma-Aldrich Chemie GmbH).

Measurement of Liver Injury

ALT and AST levels were measured by a photometric UV test measuring the oxidation of NADH to NAD (Roche Modular P800). Bile acids levels in the serum after 48 hr post-PH were measured enzymatically using a Mira plus chemistry analyzer (Roche Diagnostics) with reagents from Trinity Biotech as previously described (34). Briefly, during oxidation of the bile acids to 3-oxo bile acids, equimolar quantity of NAD is reduced to NADH, which subsequently is oxidized to NAD. Nitroblue tetrazolium salt is then reduced to formazan, which has an absorbance maximum at 530 nm. The concentration of bile acids in the sample is directly proportional to the intensity of the produced color.

Hydroxyproline

Quantification of hepatic hydroxyproline was measured as previously described (35). Briefly, after hydrolyzation of frozen liver tissue in 6 M HCl at 100°C for 16 hr, 50 μL was incubated with chloramine T (2.5 mM) for 5 min and Ehrlich reagent (410 mM) for 30 min at 60°C. Finally, absorption

Copyright © 2014 Lippincott Williams & Wilkins. Unauthorized reproduction of this article is prohibited.
at 560 nm was measured and results expressed as micrograms per gram of wet liver tissue.

### Quantitative TaqMan PCR
RNA was isolated from snap-frozen liver samples by Trizol Reagent according to the manufacturer’s protocol (Life Technologies). cDNA was synthesized by using Omniscript RT Kit 200 (cat. no. 2505113; Qiagen) and mRNA analyzed by RT-qPCR (ABI 7900, SDS 2.3 software). Primers and probes sequences were ready-to-use kits from Applied Biosystems (Rotkreutz, Switzerland), reference gene control (RG) beta actin (#Mm00607939_s1), IL-6 (#Mm00446901_m1), TNF-α (#Mm00432586_m1), GADD32 (#Mm00432902_m1), and CDKN1a (=p21) (#Mm00432448_m1). Relative changes in mRNA were calculated with the ΔΔCt method. Ct values of target gene expression (TG) was calculated relative to a RG using the following formula

$$\Delta CTG = CTG - CTRG.$$

Experimental groups (TG) were normalized to control group (CG): $\Delta \Delta CTG = \Delta CTG - \Delta CTG_{CG}$ fold increase = $2^{-\Delta \Delta CTG}$.

### Transmission Electron Microscopy
To assess a putative effect of terlipressin treatment on hepatic sinusoids, respective cellular structures liver tissues were imaged by transmission electron microscopy. For that, liver samples were fixed in 5% glutaraldehyde in PBS, postfixed in osmium tetroxide, stained en bloc in uranyl acetate, dehydrated, and embedded in epoxy resin. Ultrathin sections (50–100 nm) were analyzed with an EM12 transmission electron microscope (Phillips, Eindhoven, Netherlands) equipped with a digital camera (Morada; SIS, Switzerland), reference gene control (RG) beta actin (#Mm00607939_s1), IL-6 (#Mm00446901_m1), TNF-α (#Mm00432586_m1), GADD32 (#Mm00432902_m1), and CDKN1a (=p21) (#Mm00432448_m1). Relative changes in mRNA were analyzed by RT-qPCR (ABI 7900, SDS 2.3 software). Primers and probes sequences were ready-to-use kits from Applied Biosystems (Rotkreutz, Switzerland), reference gene control (RG) beta actin (#Mm00607939_s1), IL-6 (#Mm00446901_m1), TNF-α (#Mm00432586_m1), GADD32 (#Mm00432902_m1), and CDKN1a (=p21) (#Mm00432448_m1). Relative changes in mRNA were calculated with the $\Delta \Delta CTG = CTG - CTG_{RG}$.

### Statistics
All data are expressed as geometric means±standard deviations unless stated otherwise. For statistical analysis, Student t test or two-way ANOVA was used. Statistical analysis was performed with GraphPad Prism version 5.0 (GraphPad Software, Inc., La Jolla, CA). Data with P less than 0.05 was considered as statistically significant.

### ACKNOWLEDGMENTS
The authors would like to thank Anita Born and Cynthia Furcer for technical support throughout the project.

### REFERENCES