Stimulation of monocytes by placental microparticles involves toll-like receptors and nuclear factor κappa-light-chain-enhancer of activated B cells

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INTRODUCTION

Preeclampsia is a multi-symptom disorder of the second half of pregnancy, which affects 2–7% of pregnant women worldwide (1). Despite extensive research, the etiology of this pathologic pregnancy condition remains unclear. The current research suggests that, in patients destined to develop preeclampsia, pregnancy is associated with an increased maternal inflammatory reaction, which will lead to placental stress and ultimately result in the mother’s systemic endothelial dysfunction and the large array of life-threatening symptoms, which characterize the disorder (2–4). Interestingly, normal pregnancy also induces a physiologic systemic inflammatory response toward term, however in a much milder form as found in preeclampsia (5).

On the other hand, it is well-acknowledged that the placenta plays a crucial role in the development of the systemic maternal symptoms of preeclampsia. Over the years, evidence for abnormal development, function, and tissue turnover of the placenta has accumulated (6–8). We and others have suggested that placenta-derived syncytiotrophoblast membrane microparticles (STBM), which are shed into maternal blood in higher amounts in preeclampsia as compared to normotensive pregnancies (9), may play an active role in stimulating the mother’s inflammatory response (10–12). In vitro, STBM interfere with human umbilical vein endothelial cell proliferation and survival or with the relaxation of artificially pre-constricted small subcutaneous fat arteries (13–16). In addition, STBM induce a strong pro-inflammatory response in donor-derived human peripheral polymorphonuclear leukocytes (17) and in human peripheral blood monocytes (18, 19). In monocytes, the production of the
pro-inflammatory cytokines tumor necrosis factor (TNF) α, interleukin (IL)-12, IL-6 and of the chemokine IL-8 is increased, whereas the cells also adopt a cell surface expression pattern with up-regulation of the adhesion molecule CD54, which is very reminiscent of the pattern exhibited by peripheral blood monocytes freshly harvested from pregnant women (20). Compared to non-pregnant controls, circulating monocytes from healthy pregnant women display an inflammatory phenotype, which is hallmarked by an enhanced phagocytic activity, elevated basal production of reactive oxygen species (21), and increased production of pro-inflammatory mediators (22). In preeclampsia, peripheral monocytes are more extensively activated when compared to their counterparts in normal pregnancy, with a further increase in the production of IL-1β, IL-6, and IL-8 (23). These latter features concur with our previous results indicating that STBM generated from normal placentas had the potential to stimulate monocytes in a dose-dependent manner (19). Therefore, we suggested that the progressive monocytic activation in the maternal peripheral blood during pregnancy might be due to the steady increase in the amount of placential microparticles as gestational age advances. We also proposed that the excessive monocytic activation in preeclampsia might be correlated with the elevated circulatory STBM concentrations existing in this pregnancy condition. However, evidence that microparticles shed from preeclamptic placentas similarly stimulate monocytes is still scarce. Interestingly, plasma-derived microparticles from preeclamptic women activate endothelial cells in vitro, to a higher extent than microparticles isolated from normotensive women (24). This study did however not identify the specific subgroup of microparticles, which affected the co-cultures of endothelial cells with monocytes and did not detail the monocytic contribution to endothelial cell activation. Therefore, in the present study, we prepared STBM in vitro by explant cultures of preeclamptic placentas and investigated their effect on human peripheral blood monocytes.

MATERIALS AND METHODS

IN VITRO GENERATION OF STBM

This study was approved by the local ethical committee (Cantonal Institutional Review Board of Basel, Switzerland). In all cases, written informed consent was received. Human term placentas from uncomplicated pregnancies and placentas from cases with preeclampsia were collected in the Department of Obstetrics and Gynecology, University Hospital of Basel, within 1 h following elective or secondary cesarean section. Explants from villous tissue were set in culture in a controlled atmosphere (37°C, 20% oxygen/5% carbon dioxide) as described previously (19). Therefore, we suggested that the progressive monocytic activation in preeclampsia might be correlated with the elevated circulatory STBM concentrations existing in this pregnancy condition. However, evidence that microparticles shed from preeclamptic placentas similarly stimulate monocytes is still scarce. Interestingly, plasma-derived microparticles from preeclamptic women activate endothelial cells in vitro, to a higher extent than microparticles isolated from normotensive women (24). This study did however not identify the specific subgroup of microparticles, which affected the co-cultures of endothelial cells with monocytes and did not detail the monocytic contribution to endothelial cell activation. Therefore, in the present study, we prepared STBM in vitro by explant cultures of preeclamptic placentas and investigated their effect on human peripheral blood monocytes.

ISOLATION OF HUMAN MONOCYTES

Forty milliliters of venous blood from healthy male donors, which were collected in EDTA-containing tubes, were centrifuged on Histopaque (Sigma, Saint Louis, MO, USA) density gradient according to the manufacturer’s instructions. Peripheral blood mononuclear cells (PBMCs) were washed twice with PBS supplemented with 2 mM EDTA and the residual erythrocytes were lysed with the red blood cell lysis solution (Qiagen, Valencia, CA, USA). Monocytes were isolated through negative selection by means of the Human Monocyte Isolation Kit II and a magnetic cell separation system (MACS), according to the manufacturer’s instructions (Miltenyi Biotec Inc., Auburn, CA, USA).

CO-CULTURE OF MONOCYTES AND STBM

Monocytes were cultured in a final concentration of 5 × 10^5 cells/ml in RPMI-1640 (Gibco, Grand Island, NY, USA) supplemented with 10% FCS (Amimed, Allschwil, Switzerland), 4 mM glutamine (Gibco), and 100 U/ml penicillin/streptomycin (Gibco). Cells were either left untreated or co-incubated with different amounts of STBM as mentioned in the figure legends, or stimulated with lipopolysaccharide (LPS) from Gram-negative bacteria (Sigma) as positive control. In some experiments, monocytes were pre-treated for 15 min with the phagocytosis inhibitor cytochalasin B (Sigma), or the NF-kB inhibitors 6-amino-4-(4-phenoxyphenylethylamino) quinazoline (Calbiochem, San Diego, CA, USA) and perillyl alcohol (PA) (Sigma), or for 24 h with a peptide inhibiting myeloid differentiation response gene (MyD) 88 homodimerization, before addition of STBM. Co-cultures were incubated during 4 h (RNA analysis), 12 h (cytokine analysis after the inhibition of MyD88 homodimerization), or 16 h (flow cytometry and cytokine analysis) at 37°C in 20% oxygen/5% carbon dioxide. At the end of the culture, the cells and the culture supernatants were separately harvested for further analysis. Cell viability was confirmed with the Cell Proliferation Reagent WST-1 (Roche Diagnostics GmbH; Mannheim, Germany).

FLOW CYTOMETRY

Monocytes were first incubated with 200 μg/ml of purified human IgG (Sigma) in PBS supplemented with 2 mM EDTA and 1% FCS for 5 min at 4°C to prevent unspecific binding through Fc receptors. Incubations with specific antibodies were carried out for 15 min at 4°C with ready-to-use concentrations of FITC-conjugated antibodies against CD14 (BD Pharmingen, San Jose, CA, USA) and PE-conjugated antibodies against CD54 (BD Pharmingen) or APC-conjugated antibody against CD11a (BD Pharmingen). Labeled cells were washed with PBS and re-suspended in PBS supplemented with 2 mM EDTA and 0.5% BSA. The data was acquired on a Dako Cyan flow cytometer (Beckman Coulter, Fullerton, CA, USA) and analyzed with the Summit software.

ENZYME-LINKED IMMUNOSORBENT ASSAY

The secreted levels of IL-8 and IL-6 were measured in duplicates using the respective DuoSet® enzyme-linked immunosorbent assay (ELISA) development kits (R&D Systems Inc., Minneapolis, MN, USA), according to the manufacturer’s protocol. Plates were read at 450 nm with a wavelength correction set at 562 nm, in the
Spectramax 250 microplate reader (Molecular Devices, Sunnyvale, CA, USA) and analyzed with Softmax Pro software (Molecular Devices).

**FLUORESCENT MICROSCOPY**

Purified monocytes were incubated in 1 μM carboxyfluorescein succinimidyl ester (CFSE) (kindly provided by Prof. G. Spagnoli, Department of Biomedicine, University Hospital of Basel) in the dark at 37°C for 10 min. The staining reaction was stopped with 2 ml of complete RPMI-1640 culture medium. Cells were washed three times with PBS and re-suspended in complete RPMI-1640 culture medium. STBM were diluted 1:10 in diluent C and incubated with 5 μM PKH26, using the PKH26 Red Fluorescent Cell Linker kit (Sigma). After 5 min of incubation at RT, the staining was stopped with 2 ml FCS (Amimed, Allschwil, Switzerland). STBM were washed with PBS and re-suspended in PBS/5% sucrose. The CFSE-labeled monocytes (5 × 10⁵ cells/ml) were co-cultured with 100 μg/ml PKH26-labeled STBM for 16 h at 37°C. Cells were then harvested, washed with PBS, and transferred by cyto-centrifugation onto a glass slide (Shandon, Franklin, Germany). Slides were dried at RT in the dark, fixed with 4% formaldehyde (Sigma) for 30 s, counterstained with 0.01% DAPI/Glycerol (Fluka Chemie GmbH, Buchs, Switzerland), and immediately examined with an Axiosplan 2 imaging fluorescent microscope using the appropriate filters (Carl Zeiss, Zürich, Switzerland).

**RNA EXTRACTION AND REVERSE TRANSCRIPTION**

Monocytes were washed with ice-cold PBS and lysed in 500 μl TRIzol reagent (Gibco). After centrifugation at 12,000 × g at 4°C, the aqueous phase was collected and 0.5 volume of ice-cold EtOH was added. RNA was then isolated using the RNAeasy Mini kit (Qiagen, Valencia, CA, USA) according to the manufacturer’s protocol. The concentration of RNA was determined by spectrophotometry (NanoDrop Technologies, Wilmington, DE, USA). One hundred sixty seven nanograms of RNA were reverse-transcribed using 500 ng random primers included in the Reverse Transcription System (Promega Corporation, Madison, WI, USA). The reaction was performed on a TRIO-Thermoblock (Biorad, Goettingen, Germany) under the following conditions: 10 min at 37°C, 60 min at 45°C, 5 min at 95°C, and 15 min at 4°C.

**REAL-TIME PCR**

The human NF-κB signaling pathway RT² profiler PCR array is a commercially available real-time PCR based assay (SABiosciences, Frederick, MD, USA), which profiles the expression of 84 key genes involved in the NF-κB signaling transduction. The plates were received pre-coated with forward and reverse primers of the respective genes. For one 96-well plate, 102 μl of cDNA was mixed with 1275 μl of 2× SuperArray RT² qPCR master mix and filled up with H₂O to the final volume of 2550 μl. Twenty-five microliters of the experimental cocktail were pipetted into each well of the PCR array. The PCR run was performed using the following PCR cycling program on ABI PRISM® 7900 Sequence Detection System (Applied Biosystems Inc., Forster City, CA, USA): 10 min at 95°C, followed by 40 cycles of 15 s at 95°C and 1 min at 60°C. The data were analyzed with the delta–delta Ct method using the online software provided on the company’s webpage and expressed as fold change (2^(-ΔΔCt)) relative to the untreated cells.

**STATISTICAL ANALYSIS**

To calculate the significance of differences between the experimental groups, the Mann–Whitney test was performed using SPSS 15.0 (Statistical Package for the Social Sciences; Chicago, IL, USA). p < 0.05 was considered to be statistically significant.

**RESULTS**

**STBM GENERATED BY EXPLANT CULTURES OF PREECLAMPTIC PLACENTAS ACTIVATE HUMAN PERIPHERAL BLOOD MONOCYTES IN A SIMILAR WAY AS STBM DERIVED FROM NORMAL PLACENTAS (STBM-NP)**

Since only a minor fraction of all microparticles circulating in the blood of healthy pregnant women are shed from the placenta (25), STBM are usually generated in vitro. Recently, we established short-term explant cultures of villous tissue to produce STBM-NP (14). Here, this method was applied on placenta, which were collected from women with preeclampsia.

To investigate if the microparticles generated from the preeclamptic placentas (STBM-PE) altered the expression profile of the inflammatory markers CD54 and CD11a on primary human monocytes, the cells were incubated with STBM-PE for 16 h and cell surface expression was monitored by flow cytometry. More than 95% of the cells expressed the monocyte-specific marker CD14 and its expression remained unchanged with incubation with the microparticles (Figure S1 in Supplementary Material). On the contrary, the expression levels of CD54 were significantly increased [mean increase of median fluorescence intensity (MFI) ± SEM: 641.2 ± 122.5, p < 0.01] and the levels of CD11a were significantly decreased [mean decrease of MFI ± SEM: 583.4 ± 77.2, p < 0.01] following co-culture with STBM-PE (Figure 1). This was very comparable to the changes triggered by STBM-NP, except for CD11a, which was only modestly affected by the latter (Figure 1B, lower panels).

In our previous study, we showed that STBM-NP stimulated primary monocytes to secrete soluble mediators of inflammation (19). Therefore, the effect of STBM-PE on the monocytic production of the pro-inflammatory cytokine IL-6 and the chemokine IL-8 was investigated. This analysis showed that STBM-PE stimulated the secretion of IL-6 and IL-8 in a dose-dependent manner, as did STBM-NP. Furthermore, both microparticle populations induced similar concentrations of cytokines at identical doses (Figure 2). However, a higher sample number would be required to test for the absence of a difference.

**MONOCYTOIC ACTIVATION DOES NOT REQUIRE PHAGOCYTOSIS OF THE STBM**

As both populations of STBM triggered similar inflammatory responses in primary monocytes, the molecular mechanisms of cell activation were addressed using the more available STBM-NP. To assess whether placental microparticles could interact with human monocytes, they were labeled with the red fluorescent lipophilic dye PKH26 prior incubation with the cells. Flow cytometric analysis revealed that all monocytes became highly positive for PKH26, which indicates that STBM directly interact with the cells (Figure 3A). However, this analysis did not permit to localize precisely the microparticles. Therefore, the experiment was repeated with monocytes pre-treated with the green fluorescent...
intracellular dye CFSE and PKH26-labeled STBM-NP and analyzed by fluorescence microscopy. STBM were regularly found on the rim of the cells, suggesting that they bind to but are not internalized by the cells (Figure 3B). In some cases, clamps of STBM formed and attached on the cell surface (Figure 3B, lower panel).

To verify that internalization of the placental microparticles was not required to activate the cells, the monocytes were pretreated with cytochalasin B, a cell-permeable mycotoxin that blocks phagocytosis, prior addition of the microparticles. Neither cytochalasin B nor the drug-carrier DMSO interfered with the STBM-induced secretion of IL-8 and IL-6 (Figure 3C). Cell viability after culture was confirmed (Figure S2 in Supplementary Material).

TOLL-LIKE RECEPTORS ARE INVOLVED IN THE STBM-INDUCED ACTIVATION OF MONOCYTES

As STBM interact with the cell surface of monocytes, we checked whether cell membrane receptors of the toll-like family (TLR) may be involved. Accordingly, monocytes were pre-treated with a peptide inhibiting MyD88 homodimerization, a broad TLR blocking agent, prior incubation with LPS or STBM-NP. LPS transmits intracellular activation signals through TLR4. Pre-treatment of monocytes with MyD88 inhibitory peptide partially impaired LPS-induced secretion of IL-6 and IL-8 (Figure 4). In a similar way, incubation of monocytes with STBM-NP in the presence of the MyD88 inhibitory peptide lead to significantly reduced secretion of both pro-inflammatory mediators compared to cells cultured with STBM-NP alone (Figure 4). Thus, placental microparticles appear to activate monocytes, at least in part, via one or several members of the TLR family.

STBM ACTIVATE MONOCYTES IN AN NF-κB-DEPENDENT MANNER

In order to establish whether the secretion of IL-6 and IL-8 in response to STBM stimulation was due to de novo gene transcription, we analyzed mRNA levels by relative real-time PCR. IL-6 and IL-8 mRNA levels were increased 120-fold and 4-fold, respectively, upon STBM-treatment compared to untreated monocytes (Figure 5A). The transcription of several other mediators involved in the inflammatory response, such as IL-1α, IL-1β, IL-10, lymphotoxin (LT)-α, and the TNF, was also induced (Figure 5A). Besides...
stimulating the transcription of several targets, STBM-NP also down-regulated the transcription of molecules involved in apoptosis, like caspase-8 ($2^{-\Delta\Delta C_{T}} = 0.32$), CD27 ($2^{-\Delta\Delta C_{T}} = 0.43$), and Fas-associated protein with death domain (FADD; $2^{-\Delta\Delta C_{T}} = 0.5$) (data not shown).

The gene transcription of these pro-inflammatory mediators is controlled in large part by nuclear factor kappa-light-chain-enhancer of activated B cells (NF-κB) (26). Hence, the potential participation of NF-κB in the activated phenotype of STBM-treated monocytes was confirmed using 6AQ and PA, two distinct inhibitors of NF-κB activation. Both inhibitors significantly decreased IL-6 and IL-8 secretion induced by STBM-NP compared to cells co-cultured with the microparticles in the absence of the inhibitors (Figure 5B). DMSO, which was used as a carrier for 6AQ, had no effect on IL-6 or IL-8 release. In all instances, cell viability following treatment with the drugs was confirmed (Figure S2 in Supplementary Material). As positive control, LPS, which activates NF-κB function, was used to stimulate monocytes. The LPS-induced release of IL-6 was also partially reduced by the same concentrations of either NF-κB inhibitors (Figure 5C).

**DISCUSSION**

Syncytiotrophoblast microparticles have been attributed potential roles in the systemic maternal inflammatory response during normal pregnancy and in the enhanced inflammatory reaction in preeclampsia (18, 19). In contrast to syncytial knots and larger placental debris, eliciting a local inflammatory response upon phagocytosis by endometrial endothelial cells (27), and
which are trapped by alveolar macrophages in the lungs (28, 29), STBM reach the maternal peripheral circulation, where they may come into contact with maternal endothelial and immune cells. Here, we showed that STBM derived from placentas collected from women with diagnosed preeclampsia or from women with uneventful pregnancy had a comparable effect on monocytes. STBM-PE, like STBM-NP, increased the cell surface levels of CD54 and induced the secretion of pro-inflammatory factors on monocytes. The cellular response to either STBM population was dose-dependent and equally strong at equivalent concentrations of microparticles. Our data would therefore indicate that the exaggerated inflammatory reaction in patients with preeclampsia may be attributed to the elevated levels of circulating placental microparticles rather than to a differential nature of the particles in preeclampsia compared to normal pregnancy. However, it needs to be mentioned that STBM-PE significantly altered the cellular expression of CD11a, whereas STBM-NP had no effect on this adhesion molecule. Hence, this could indicate that the adhesion properties of the monocytes may change differently upon their interaction with STBM in preeclamptic patients compared to normotensive pregnant women. Others have shown that microvesicles produced from preeclamptic placentas in vitro had an exacerbated pro-inflammatory effect on PBMCs when compared to normal term microvesicles (30), giving a hint that the placental debris shed by preeclamptic placentas may possibly be qualitatively different from the placental micro-debris circulating in the blood of normotensive women. Alluding to this hypothesis, a recent study demonstrated that microparticles derived from a trophoblast cell line cultured under hypoxia, as a model for the preeclamptic placenta, triggered a more rapid inflammatory response in PBMC than the particulate material derived from the cell line cultured under normal oxygen conditions (31). It was also recently shown that the monocytic fraction of PMBC was at the origin of the production of IL-6 and IL-8 upon stimulation with STBM obtained through placental perfusion (32). Whether this effect was direct or mediated by the other immune cells present in PMBC was however not determined.

Here, we observed that STBM localized at the boundary of monocytes, suggesting that the microparticles interact with these cells via one or several cell surface molecules. These results are in line with a former study, which documented the physiologic binding of placental microparticles onto circulating monocytes in peripheral blood of normal pregnant women and patients with preeclampsia (18). Similarly, STBM collected from placental perfusion were shown to bind and to be internalized by monocytes in vitro (32). Furthermore, we provide evidence against the requirement for STBM internalization by showing that the phagocytosis inhibitor cytochalasin B did not affect the secretion of IL-6 and IL-8 in response to the microparticles.

Therefore, the activation of monocytes involves receptors encompassed on the cellular membrane. In this respect, TLRs
might be potential candidates, as they mediate inflammatory responses in a number of immune cells following stimulation by a large panel of triggers, including host-derived molecules (33). TLRs transduce activation signals through the adaptor protein MyD88 (34). MyD88 is bound to the intracellular domain (33). TLRs transduce activation signals through the adaptor proteins to the intracellular pathway, which regulates the expression of numerous pro-inflammatory genes required to mount a cellular response in immune cells (26). In monocytes, the mRNA levels of a number of NF-κB-responsive genes, including IL-6, IL-8, IL-1, LT-α, and TNF, were up-regulated following STBM treatment. The change in mRNA expression was even higher than 100 fold for IL-6. On the contrary, the levels of IL-6 transcripts were only marginally enhanced despite the large amounts of IL-8 that was secreted by the cells. This observation could point to the presence of an intracellular reservoir of pro-stored IL-8 in monocytes, as it is the case in Weibel–Palade bodies in microvascular endothelial cells (35). What may at first hand appear more intriguing is that STBM also induced the expression of the gene coding for the anti-inflammatory cytokine IL-10. This could be part of a negative feedback mechanism to maintain homeostatic control and terminate the inflammatory reaction (36). We also found that STBM decreased transcript levels of the pro-apoptotic molecules FADD, caspase-8, and CD27, which is in agreement with the role of NF-κB in promoting cell survival (37). Both inhibitors of NF-κB function, 6AQ and PA, independently affected cytokine secretion induced by STBM. 6AQ is a cell-permeable quinazoline compound, which inhibits NF-κB transcriptional activation (38), whereas PA is thought to block the calcium-dependent NF-κB signaling (39). It is known that these inhibitors can induce cellular apoptosis, since NF-κB also functions as a cell survival factor. However, the reduced production of IL-6 and IL-8 in the presence of 6AQ or PA was not due to cell death as the viability of the monocytes at the end of the co-culture with the microparticles was confirmed.

Activation of the NF-κB signaling pathway in PBMCs of preeclamptic women remains controversial. On the one hand, an increased activation of NF-κB in PBMC of preeclamptic patients compared to normal pregnant controls was reported (40). On the other hand, evidence for a suppression of the NF-κB activation pathway in preeclampsia was also provided elsewhere (41). However, this suppression might be attributed to the T-cell subset rather than to the monocytes (42).

In conclusion, the current analysis suggests that even though there may be minor qualitative differences between placental microparticles derived from normal or preeclamptic placentas, both can stimulate primary monocytes to produce pro-inflammatory cytokines. This effect appears to be mediated at least in part through TLR and NF-κB, leading to de novo gene transcription. Recent compelling investigations have led to the speculation that the size of the placental particulate debris circulating in the maternal blood may also have its importance in preeclampsia (43, 44). Therefore, further investigation will be required to identify the subgroup of placental microparticles and their components, which transmit pro-inflammatory signals to the maternal immune cells in order to complete our understanding of the inflammatory reactions taking place in both normal pregnancy and preeclampsia.

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SUPPLEMENTARY MATERIAL
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