

1 **Risk and timing of recurrent ischemic events among patients with stable**
2 **ischemic heart disease, non–ST-segment elevation acute coronary syndrome,**
3 **and ST-segment elevation myocardial infarction**

4 Thomas Pilgrim, MD,^a Pascal Vranckx, MD, PhD,^b Marco Valgimigli, MD, PhD,^a Giulio G. Stefanini, MD,
5 PhD,^c Raffaele Piccolo, MD,^a Julie Rat, MSc,^d Martina Rothenbühler, MSc,^d Stefan Stortecky, MD,^a Lorenz
6 Räber, MD, PhD,^a Stefan Blöchlinger, MD,^a Lukas Hunziker, MD,^a Sigmund Silber, MD,^e Peter Jüni, MD,^f
7 Patrick W. Serruys, MD, PhD,^g and Stephan Windecker, MD^a

8
9 a. Department of Cardiology, Bern University Hospital, Bern, Switzerland,

10 b. Department of Cardiac Intensive Care & Interventional Cardiology, Hartcentrum, Hasselt,
11 Belgium

12 c. Division of Clinical and Interventional Cardiology, Humanitas Research Hospital,
13 Rozzano, Milan, Italy

14 d. Institute of Social and Preventive Medicine and Clinical Trials Unit, Bern University Hospital,
15 Bern, Switzerland

16 e. Heart Center at the Isar, Munich, Germany

17 f. Applied Health Research Centre (AHRC), Li Ka Shing Knowledge Institute of St. Michael's
18 Hospital, Toronto, and Department of Medicine, University of Toronto, Toronto, Canada

19 g. International Centre for Cardiovascular Health, Imperial College, London, United Kingdom
20 Faculty of Health Sciences, Curtin University, Perth, Australia

21
22 **Contact:**

23 Thomas Pilgrim, MD, Department of Cardiology, Bern University Hospital, 3010 Bern, Switzerland.

24 E-mail: thomas.pilgrim@insel.ch

25
26 **5 Tables and 6 Figures**

27 **Table I:** Baseline clinical characteristics

28 **Table II:** Procedural characteristics

29 **Table IIIA:** Clinical outcomes at 30 days, 1 year, and 2 years (crude analysis)

30 **Table IIIB:** Clinical outcomes at 30 days, 1 year, and 2 years (adjusted analysis)

31 **Table IV:** Landmark analysis for clinical Outcomes

32 **Figure 1A:** All-cause mortality

33 **Figure 1B:** Landmark analysis of all-cause mortality with the landmark set at 30 days

34 **Figure 2A:** Cardiac mortality

35 **Figure 2B:** Landmark analysis of cardiac mortality with the landmark set at 30 days

36 **Figure 3:** Landmark analysis of MI with the landmark set at 30 days

37 **Figure 4:** Landmark analysis of definite stent thrombosis with the landmark set at 30 days

38

39 **ABSTRACT**

40 **Background**

41 We aimed to compare differences in risk and timing of recurrent ischemic events among patients with
42 stable ischemic heart disease (SIHD), non–ST-segment elevation acute coronary syndrome (NSTEMI-
43 ACS), and ST-segment elevation myocardial infarction (STEMI) undergoing percutaneous coronary
44 intervention (PCI).

45

46 **Methods**

47 We performed an individual data pooled analysis of 5 randomized controlled all-comer trials including
48 a total of 8,859 patients and investigated the risk and timing of recurrent ischemic events among
49 patients with SIHD (n = 3,543), NSTEMI-ACS (n = 3,364), and STEMI (n = 1,952) throughout 2 years of
50 follow-up.

51

52 **Results**

53 At 2 years, all-cause mortality was higher among patients with STEMI (6.4%) and NSTEMI-ACS (6.1%)
54 compared with those with SIHD (4.2%) (STEMI vs SIHD: hazard ratio [HR] 1.40, 95% CI 1.09-1.78, P =

55 .007; NSTEMI-ACS vs SIHD: 1.40, 95% CI 1.13-1.73, $P = .002$). In a landmark analysis, the risk of mortality
56 among patients with STEMI compared with those with SIHD was confined to the first 30 days after PCI
57 (HR 6.19, 95% CI 3.15-12.16, $P < .001$) but was similar between 30 days and 2 years (HR 1.00, 95%CI
58 0.76-1.33, $P = .974$) ($P_{\text{interaction}} < .001$). Conversely, patients with NSTEMI-ACS had a higher risk of mortality
59 compared with those with SIHD both within the first 30 days (HR 2.19, 95%CI 1.08-4.47, $P = .031$) and
60 beyond (HR 1.34, 95%CI 1.07-1.67, $P = .012$) ($P_{\text{interaction}} < .001$). A similar pattern in the differential
61 timing of events was observed for cardiac death. Beyond 30 days, the risk of myocardial infarction was
62 comparable in patients with STEMI and SIHD, whereas the risk in patients with NSTEMI-ACS was
63 increased (HR 1.65, 95% CI 1.23-2.21, $P = .001$).

64

65 **Conclusion**

66 Whereas patients with NSTEMI-ACS are at increased risk for death at any time after PCI, the mortality of
67 STEMI patients is higher during the first 30 days after PCI but not thereafter compared with patients
68 with SIHD. (*Am Heart J* 2016;175:56-65.).

69

70 **METHODS**

71 **Study population**

72 We pooled individual patient data from 5 randomized controlled trials conducted between 2003 and
73 2014 including a total of 8,859 patients: the sirolimus-eluting and paclitaxel-eluting stent for coronary
74 revascularization (SIRTAX) trial (n = 1,012),⁸ the biolimus-eluting stent with biodegradable polymer
75 versus sirolimus-eluting stent with durable polymer for coronary revascularisation (LEADERS) trial (n
76 = 1,707),⁹ the comparison of zotarolimus-eluting and everolimus-eluting coronary stents (RESOLUTE
77 All Comers) trial (n = 2,018),¹⁰ the prolonging dual antiplatelet treatment after grading stent-induced
78 intimal hyperplasia study (PRODIGY) (n = 2,003),¹¹ and the comparison of ultrathin strut biodegradable
79 polymer sirolimus-eluting stents versus durable polymer everolimus-eluting stents (BIOSCIENCE) trial
80 (n = 2,119).¹² Broad inclusion criteria were applied in all included trials consistent with an all-comers
81 study design. Details of the individual trials have been published elsewhere.⁸⁻¹² The trials complied
82 with the Declaration of Helsinki and were approved by the ethics committee of each study site. All
83 patients provided written informed consent for participation in the study. No extramural funding was
84 used to support this work. The authors are solely responsible for the design and conduct of this study,
85 all study analyses, the drafting and editing of the paper, and its final contents.

86

87 **Procedures**

88 Balloon angioplasty and stent implantation were performed according to standard techniques and
89 guidelines current at the time of the study. Periprocedural anticoagulation was accomplished with
90 unfractionated heparin or bivalirudin; the use of glycoprotein IIb/IIIa inhibitors was left to the
91 discretion of the operator. Dual antiplatelet treatment consisted of acetylsalicylic acid of at least 75
92 mg daily and a P2Y₁₂-inhibitor in all trials, and was prescribed for at least 12 months in the SIRTAX,
93 the LEADERS, and the BIOSCIENCE trials^{8,9,12} and for at least 6 months in the RESOLUTE All Comers
94 trial.¹⁰ In the PRODIGY trial, patients were randomized at 30 days in a balanced fashion to either 6 or
95 24 months of dual antiplatelet treatment.¹¹ Among patients treated with bare metal stents for SIHD,
96 clopidogrel discontinuation was allowed at any time beyond 30 days.

97 **Definitions**

98 The primary end point of the present analysis was all-cause mortality. Secondary end points were
99 cardiac death, MI, definite stent thrombosis, and definite and probable stent thrombosis according to
100 the Academic Research Consortium criteria.¹³ End point definitions were comparable across the 4
101 trials included in the present analysis and consistent with the definitions proposed by the Academic
102 Research Consortium¹³ in the majority of trials.

103 Cardiac death was defined as death from cardiac causes or any death from unknown causes in SIRTAX,
104 LEADERS, and BIOSCIENCE,^{8,9,12} and as any death unless an undisputed noncardiac cause was present
105 in the RESOLUTE All Comers trial.¹⁰ Myocardial infarction was defined in SIRTAX and LEADERS as the
106 presence of new Q waves in at least 2 contiguous leads and an elevated creatine kinase–MB fraction
107 or—in the absence of significant Q waves—as an increase in the creatine kinase level to more than
108 twice the upper limit of the reference range with an elevated level of creatine kinase–MB or
109 troponin.^{8,9} In the RESOLUTE All Comers and the BIOSCIENCE trials, myocardial infarction was defined
110 according to an “extended historical” definition consistent with the one used in SIRTAX and LEADERS.¹⁰
111 In PRODIGY, the definition of myocardial infarction was based on the detection of increase and/or
112 decrease in creatine kinase–MB or troponin with at least 1 value above the upper limit of normal
113 together with evidence of myocardial ischemia with at least 1 of the following: symptoms of ischemia,
114 electrocardiographic changes indicative of new ischemia (new ST-T changes or new left bundle-branch
115 block), and development of pathological Q waves.¹¹

116

117 **Statistical analysis**

118 The baseline and procedural characteristics are presented as means \pm SD in case of continuous
119 variables and as frequencies and percentages in case of categorical variables. The P values for
120 differences across groups are from χ^2 tests, linear regression (baseline characteristics), or Poisson
121 regression (procedural characteristics). The clinical outcomes at 30 days, 1 year, and 2 years are
122 presented as counts using Kaplan-Meier incidence rate and illustrated as cumulative incidence both
123 with and without landmark analysis at 30 days. We present both crude and adjusted hazard ratios

124 (HRs) for the clinical outcomes at 30 days, 1 year, and 2 years. We adjusted for age, gender, body mass
125 index, diabetes, hypertension, hypercholesterolemia, previous MI, glomerular filtration rate, left
126 ventricular ejection fraction, and type of stent. The difference across groups was estimated from Cox
127 regressions. We refrained from stratifying the analyses according to stent type. All hypotheses were
128 2-sided, and a P value < .05 was deemed statistically significant. All tests of differences across groups
129 take into account the cluster effect of the trials. The statistical analyses were performed with Stata
130 (version 13.1).

131

132 **RESULTS**

133 Among 8,859 patients enrolled in 5 trials, 3,543 patients (40%) presented with SIHD, 3,364 with NSTE-
134 ACS (38%), and 1,952 with STEMI (22%). Two-year clinical follow-up was complete in 8,673 patients
135 (98%). Baseline clinical characteristics are summarized in Table I. Patients presenting with SIHD and
136 NSTE-ACS had a similar cardiovascular risk profile. In contrast, STEMI patients less frequently had
137 diabetes (14% vs 27%, $P < .001$), hypertension (53% vs 73%, $P < .001$), or hypercholesterolemia (44%
138 vs 73%, $P < .001$) as compared with patients with SIHD. Along the same line, patients with NSTE-ACS
139 and SIHD more commonly had a history of previous MI and previous revascularization procedures.
140 Both patients with STEMI ($47\% \pm 11\%$) and NSTE-ACS ($55\% \pm 11\%$) had a lower systolic left ventricular
141 ejection fraction compared with patients with SIHD ($58\% \pm 11\%$) ($P < .001$ and $P = .006$, respectively).
142 Procedural characteristics are shown in Table II. Patients with STEMI had fewer lesions as compared
143 with patients with SIHD (1.4 ± 0.7 vs 1.5 ± 0.8 , $P < .001$); moreover, we observed a trend toward a
144 lower number of vessels treated per patient among patients with STEMI as compared with patients
145 with SIHD (1.2 ± 0.5 vs 1.3 ± 0.5 , $P < .001$).

146 Tables IIIA and IIIB summarize crude and adjusted clinical outcomes at 30 days, 1 year, and 2 years,
147 respectively. All-cause mortality at 30 days amounted to 2.2% among patients with STEMI, 0.7%
148 among patients with NSTE-ACS, and 0.3% among patients with SIHD (STEMI vs SIHD adj HR 7.36, 95%
149 CI 2.83-19.13, $P < .001$; NSTE-ACS vs SIHD adj HR 2.65, 95% CI 1.050-6.67, $P = .038$). At 2 years, all-
150 cause mortality among patients with STEMI, NSTE-ACS, and SIHD was 6.4%, 6.1%, and 4.2%,

151 respectively (STEMI vs SIHD adj HR 1.54, 95% CI 1.12-2.11, $P = .007$; NSTEMI-ACS vs SIHD adj HR 1.37,
152 95% CI 1.06-1.78, $P = .018$) (Figure 1, A). In a landmark analysis shown in Figure 1, B and Table IV, the
153 risk of all-cause mortality was increased among patients with STEMI as compared with those with SIHD
154 within the first 30 days after PCI (HR 6.19, 95% CI 3.15-12.16, $P < .001$) but was similar between 31
155 days and 2 years (HR 1.0, 95% CI 0.76-1.33, $P = .974$) (P for interaction $< .001$). In contrast, patients
156 with NSTEMI-ACS had a higher risk of all-cause mortality compared with those with SIHD both within the
157 first 30 days (HR 2.19, 95% CI 1.08-4.47, $P = .031$) and beyond (HR 1.34, 95% CI 1.07-1.67, $P = .012$). A
158 similar pattern in the differential timing of events among patients with STEMI, NSTEMI-ACS, and SIHD
159 was observed for cardiac death (Figure 2, A and B; Table IV).

160 Myocardial infarctions occurred less frequently among patients with STEMI as compared with SIHD
161 throughout 2 years of follow-up (5.1% vs 7.2%, adj HR 0.58, 95% CI 0.43-0.78, $P = .001$). The difference
162 was driven by a lower incidence of MI among patients with STEMI within the first 30 days (HR 0.38,
163 95% CI 0.28-0.53, $P < .001$), whereas no difference was documented for the time between 30 days and
164 2 years (HR 1.00, 95% CI 0.69-1.44, $P = .980$) (Figure 3, Table IV). There was no significant difference
165 in the rate of MIs among patients with NSTEMI-ACS as compared with SIHD overall (9.0% vs 7.2%, adj HR
166 1.12, 95% CI 0.94-1.32, $P = .197$). However, there was a higher risk of MI in the period from 31 days to
167 2 years among patients with NSTEMI-ACS as compared with SIHD (HR 1.65, 95% CI 1.23-2.21, $P = .001$)
168 (Table IV).

169 Rates of definite stent thrombosis amounted to 2.3%, 1.4%, and 1.3% among patients with STEMI,
170 NSTEMI-ACS, and SIHD, respectively (STEMI vs SIHD adj HR 1.92, 95% CI 1.25-2.92, $P = .003$; NSTEMI-ACS vs
171 SIHD adj HR 1.10, 95% CI 0.73-1.67, $P = .652$). In a landmark analysis with the landmark at 30 days, the
172 increased risk of stent thrombosis among STEMI patients as compared with patients with SIHD was
173 confined to the first 30 days (HR 2.54, 95% CI 1.45-4.43, $P = .001$), whereas the subsequent risk was
174 comparable (HR 1.27, 95% CI 0.65-2.48, $P = .482$) (Figure 4, Table IV). There was no difference in the
175 risk of stent thrombosis between patients with NSTEMI-ACS or SIHD within 30 days (HR 1.01, 95% CI 0.56-
176 1.84, $P = .961$) and beyond (HR 1.18, 95% CI 0.66-2.12, $P = .577$). The findings were consistent in crude
177 and adjusted analysis, respectively (Table IV).

178 **DISCUSSION**

179 In the present individual data pooled analysis of 5 randomized controlled all-comer trials, we observed
180 a differential in timing of ischemic events according to presentation with STEMI, NSTEMI, or SIHD.
181 The principal findings of our analysis can be summarized as follows: (1) Patients with NSTEMI and
182 SIHD had a comparable risk profile at baseline, whereas patients with STEMI had a lower prevalence
183 of cardiovascular risk factors and less frequently had a history of prior cardiovascular disease. (2)
184 Patients with STEMI had a lower risk of recurrent MI compared with patients with SIHD throughout 2
185 years of follow-up. Although the risk of MI among patients with NSTEMI and SIHD was comparable
186 throughout 2 years, we observed an increased risk of MI beyond the periprocedural period among
187 patients with NSTEMI as compared with those with SIHD. (3) The increased risk of 30-day mortality
188 among patients with STEMI as compared with those with SIHD was no longer apparent beyond 30
189 days of follow-up. In contrast, patients with NSTEMI had an increased risk of death as compared
190 with those with SIHD which was sustained during the entire time of follow-up.

191 Patients undergoing PCI for NSTEMI or SIHD were found to have a similar prevalence of
192 cardiovascular risk factors and comparable rates of previous revascularization procedures. In contrast,
193 patients with STEMI were characterized by a lower rate of cardiovascular risk factors and fewer
194 previous cardiac revascularization procedures. Moreover, patients with STEMI tended to be younger
195 compared with patients with SIHD or NSTEMI and had fewer coronary lesions. STEMI may often
196 represent the first manifestation of cardiovascular disease and results from rupture of vulnerable
197 plaques without underlying significant coronary stenosis. Conversely, NSTEMI and SIHD referred for
198 PCI may indicate advanced stages of disease with a higher number of lesions with hemodynamically
199 significant stenosis and more gradual clinical manifestation. Absence of previous medical contacts in
200 patients presenting with STEMI as a first manifestation of coronary artery disease may be associated
201 with a higher rate of underdiagnosed risk factors and may have increased the risk of acquisition bias.

202 Patients undergoing PCI for NSTEMI were at highest risk to experience a recurrent MI within the
203 subsequent 2 years, followed by patients with SIHD and STEMI, respectively. Several reasons may
204 account for this finding. A low rate of recurrent MI may be related to ascertainment bias due to

205 differences in definition related to periprocedural MI in the setting of STEMI as compared with SIHD;
206 whereas the risk of recurrent MI among patients with STEMI was low within the first 30 days after PCI,
207 a landmark analysis showed no significant difference in rates of MI beyond the periprocedural period.
208 In addition, the increased risk of recurrent MI may be related to a higher atherosclerotic burden and
209 therefore more advanced CAD among patient with NSTEMI-ACS and SIHD as compared with patients
210 with STEMI. However, an increased risk of MI beyond the periprocedural period among patients with
211 NSTEMI-ACS as compared with those with SIHD calls for an additional explanation. Progression of disease
212 may be related to culprit or nonculprit lesions¹⁴. The inflammatory milieu in patients with acute
213 coronary syndromes has been associated with generalized plaque vulnerability not limited to the
214 culprit lesion. Healing of ruptured plaques stimulates progression of luminal narrowing and propels
215 coronary artery disease.¹⁵ Indeed, a recent experimental study in mice suggests that acute MI
216 accelerates atherosclerosis by activating the chronic inflammatory disease process.³ This mechanism
217 may be responsible for recurrent MIs in nonculprit lesions. Furthermore, intravascular imaging studies
218 of culprit lesions have suggested a delayed healing response among patients with acute coronary
219 syndromes as compared with those with SIHD that was attributable to baseline lesion characteristics.¹⁶
220 The latter in turn may increase the risk for repeat MIs related to the culprit vessel.
221 The risk of definite stent thrombosis was highest among patients presenting with STEMI, largely driven
222 by more than 2-fold increased risk of stent thrombosis within the first 30 days after PCI in patients
223 with STEMI as compared with SIHD. This finding is likely explained by the prothrombotic milieu of
224 acute MI and is consistent with existing literature.
225 After 2 years of follow-up, patients with STEMI and NSTEMI-ACS had numerically comparable mortality
226 rates that were 1.5 times higher than in patients with SIHD. A similar pattern was observed across the
227 3 groups for cardiac mortality. However, we observed an important differential in timing of all-cause
228 and cardiac mortality. An increased risk of death within the first 30 days after STEMI was offset
229 between 30 days and 2 years compared with patients with SIHD. In contrast, patients with NSTEMI-ACS
230 experienced an increased risk of death compared with patients with SIHD irrespective of time after
231 the intervention. Our findings are consistent with previous reports. In an analysis of 4,387 patients in

232 the United States, patients with STEMI had a higher adjusted mortality risk during the first 2 months
233 as compared with patients with NSTEMI-ACS (adj HR 1.85, 95% CI 1.45-2.38) and a lower risk of mortality
234 beyond 2 months (adj HR 0.68, 95% CI 0.59-0.83). However, rates of index revascularization were
235 rather low and amounted to 75% among patients with STEMI and 56% among patients with NSTEMI-ACS,
236 respectively.⁵ Adverse long-term outcome among patients with NSTEMI-ACS as compared with patients
237 with STEMI has been associated with a higher prevalence of comorbidities, a greater extent of
238 coronary artery disease, and lower rates of revascularization.⁵ More recent data from South Korea
239 corroborated these findings in >28,000 patients with STEMI or NSTEMI-ACS. Whereas the rates of major
240 adverse cardiovascular events and cardiac mortality were higher in patients with STEMI as compared
241 with patients with NSTEMI-ACS within the first 30 days (6.9% vs 4.5%, $P < .001$), reverse event rates were
242 observed during the time period between 30 days and 2 years (STEMI 8.0% vs NSTEMI-ACS 9.1%, $P =$
243 $.007$). Risk factors for both early and late cardiac death in patients with STEMI or NSTEMI-ACS were
244 reduced left ventricular ejection fraction and clinical signs of congestive heart failure according to Killip
245 class.⁶ In another analysis of 13,441 patients in Poland, an adverse long-term prognosis observed in
246 patients with NSTEMI-ACS as compared with patients with STEMI was offset after adjustment for
247 baseline characteristics and treatment strategy.⁷ In contrast to the above-mentioned reports, all
248 patients included into the present analysis underwent PCI, hence eliminating the potential confounder
249 of revascularization.

250 The present analysis has several limitations. First, only patients undergoing PCI were included in the
251 present analysis, which introduces a selection bias, particularly among patients with SIHD. Patients
252 with SIHD undergoing conservative management are not represented in the present analysis. In turn,
253 revascularization has been identified as a confounder in previous analyses comparing patients with
254 STEMI and NSTEMI-ACS only. Second, there were some minor differences in definitions of adverse events
255 across trials. In particular, the assessment of periprocedural MIs may have been more difficult among
256 patients with ongoing MI. In contrast, all patients were included into randomized controlled trials with
257 a high data quality, meticulous follow-up, and independent event adjudication. Third, the combination
258 of 5 all-comer trials performed during a time span of 10 years may be confounded by differences in

259 temporal trends in revascularization therapy and optimal medical treatment. No comprehensive
260 information on medical management and adherence to secondary prevention after PCI was available.
261 Prolonged duration of dual antiplatelet treatment beyond 1 year or combination with novel P2Y12
262 ADP-receptor antagonists might have decreased the number of ischemic events. Fourth, in view of a
263 noticeable gradient of risk across all ischemic outcomes, the absence of a significant difference
264 between patients with STEMI or SIHD in our analysis may reflect a lack of power. And finally, clinical
265 follow-up was limited to 2 years. We do not know to what extent the results can be extrapolated to
266 long-term clinical follow-up.

267

268 **CONCLUSION**

269 The risk and timing of recurrent ischemic events differ importantly between patients with STEMI,
270 NSTEMI-ACS, and SIHD after PCI. Whereas patients with NSTEMI-ACS are at increased risk for death at any
271 time after PCI, the mortality of STEMI patients is increased during the first 30 days after PCI but not
272 thereafter compared with patients with SIHD.

273

274 **FUNDING**

275 None

276

277 **DISCLOSURE**

278 The authors report no conflict of interest related to the content of this article.

279

280 **IMPACT ON DAILY PRACTICE**

281 The findings of the present study show a time variable pattern of recurrent events following PCI
282 according to presentation with SIHD, NSTEMI-ACS, or STEMI, respectively, which may have important
283 implications for long-term medical management and secondary prevention.

284

285 **REFERENCES**

- 286 1. Authors/Task Force mWindecker S, Kolh P, Alfonso F, et al. 2014 ESC/EACTS guidelines on
287 myocardial revascularization: the Task Force on Myocardial Revascularization of the European
288 Society of Cardiology (ESC) and the European Association for Cardio-Thoracic Surgery (EACTS)
289 developed with the special contribution of the European Association of Percutaneous
290 Cardiovascular Interventions (EAPCI). *Eur Heart J* 2014;35:2541-619.
- 291 2. Savonitto S, Ardissino D, Granger CB, et al. Prognostic value of the admission electrocardiogram
292 in acute coronary syndromes. *JAMA* 1999;281:707-13.
- 293 3. Dutta P, Courties G, Wei Y, et al. Myocardial infarction accelerates atherosclerosis. *Nature*
294 2012;487:325-9.
- 295 4. Park DW, Clare RM, Schulte PJ, et al. Extent, location, and clinical significance of non-infarct-
296 related coronary artery disease among patients with ST-elevation myocardial infarction. *JAMA*
297 2014;312:2019-27.
- 298 5. ChanMY, Sun JL, Newby LK, et al. Long-term mortality of patients undergoing cardiac
299 catheterization for ST-elevation and non-ST-elevation myocardial infarction. *Circulation*
300 2009;119:3110-7.
- 301 6. Park HW, Yoon CH, Kang SH, et al. Early- and late-term clinical outcome and their predictors in
302 patients with ST-segment elevation myocardial infarction and non-ST-segment elevation
303 myocardial infarction. *Int J Cardiol* 2013;169:254-61.
- 304 7. Polonski L, Gasior M, Gierlotka M, et al. A comparison of ST elevation versus non-ST elevation
305 myocardial infarction outcomes in a large registry database: are non-ST myocardial infarctions
306 associated with worse long-term prognoses? *Int J Cardiol* 2011;152:70-7.
- 307 8. Billinger M, Beutler J, Taghetchian KR, et al. Two-year clinical outcome after implantation of
308 sirolimus-eluting and paclitaxel-eluting stents in diabetic patients. *Eur Heart J* 2008;29:718-25.
- 309 9. Klauss V, Serruys PW, Pilgrim T, et al. 2-Year clinical follow-up from the randomized comparison
310 of biolimus-eluting stents with biodegradable polymer and sirolimus-eluting stents with durable
311 polymer in routine clinical practice. *J Am Coll Cardiol Interv* 2011;4:887-95.
- 312 10. Silber S, Windecker S, Vranckx P, et al. Unrestricted randomised use of two new generation drug-
313 eluting coronary stents: 2-year patient-related versus stent-related outcomes from the RESOLUTE
314 All Comers trial. *Lancet* 2011;377:1241-7.
- 315 11. Valgimigli M, Campo G, Monti M, et al. Prolonging dual antiplatelet treatment after grading stent-
316 induced intimal hyperplasia study I. Short- versus long-term duration of dual-antiplatelet therapy
317 after coronary stenting: a randomized multicenter trial. *Circulation* 2012;125:2015-26.
- 318 12. Pilgrim T, Heg D, Roffi M, et al. Ultrathin strut biodegradable polymer sirolimus-eluting stent
319 versus durable polymer everolimus-eluting stent for percutaneous coronary revascularization
320 (BIOSCIENCE): a randomised, single-blind, non-inferiority trial. *Lancet* 2014;384(9960):2111-22.
- 321 13. Cutlip DE, Windecker S, Mehran R, et al. Clinical end points in coronary stent trials: a case for
322 standardized definitions. *Circulation* 2007;115:2344-51.
- 323 14. Stone GW, Maehara A, Lansky AJ, et al. A prospective natural-history study of coronary
324 atherosclerosis. *N Engl J Med* 2011;364:226-35.
- 325 15. Goldstein JA, Demetriou D, Grines CL, et al. Multiple complex coronary plaques in patients with
326 acute myocardial infarction. *N Engl J Med* 2000;343:915-22.
- 327 16. Raber L, Zanchin T, Baumgartner S, et al. Differential healing response attributed to culprit lesions
328 of patients with acute coronary syndromes and stable coronary artery after implantation of drug-
329 eluting stents: an optical coherence tomography study. *Int J Cardiol* 2014;173:259-67.

330 TABLES

331 Table I

332 Baseline clinical characteristics. Values are means (SD) or number (percentage). GFR, glomerular
 333 filtration rate; CABG, coronary artery bypass graft; LVEF, left ventricular ejection fraction.

	STEMI n = 1952	NSTE-ACS n = 3364	SIHD n = 3543	Overall P value	P value STEMI vs SIHD	P value NSTE-ACS vs SIHD
Age, y	62.7 ± 12.3	65.9 ± 11.5	66.2 ± 10.1	.007	.006	.747
Female gender	426 (22%)	841 (25%)	828 (23%)	<.001	<.001	.291
Body mass index (kg/m ²)	26.9 ± 4.3	27.7 ± 4.4	27.7 ± 4.1	<.001	<.001	.881
<i>Cardiac risk factors</i>						
Diabetes	281 (14%)	809 (24%)	949 (27%)	<.001	<.001	.061
Insulin-requiring	117 (9%)	293 (13%)	301 (13%)	.046	.018	.683
Hypertension	1042 (53%)	2456 (73%)	2666 (75%)	<.001	<.001	.209
Hypercholesterolemia	861 (44%)	2099 (62%)	2600 (73%)	<.001	<.001	<.001
GFR (mL/min)	86.6 ± 30.1	82.0 ± 33.7	82.5 ± 29.7	.002	.001	.839
GFR <60 mL/min	299 (17%)	677 (21%)	587 (17%)	<.001	<.001	.325
<i>Clinical history</i>						
Previous MI	830 (43%)	884 (26%)	711 (20%)	<.001	<.001	<.001
Previous PCI	238 (12%)	1007 (30%)	1126 (32%)	<.001	<.001	.313
Previous CABG	161 (8%)	889 (26%)	1359 (38%)	<.001	<.001	<.001
LVEF (%)	47.4 ± 10.5	54.7 ± 11.2	58.2 ± 11.4	<.001	<.001	.006

334

335

336 Table II

337 Procedural characteristics. Depicted are means ± SD with P values from Poisson regression or counts
 338 (percentage) with P values from χ^2 tests. All tests take into account the clustering of patients in trials.

	STEMI n = 1952	NSTE-ACS n = 3364	SIHD n = 3543	Overall P value	P value STEMI vs SIHD	P value NSTE-ACS vs SIHD
No. of lesions per patient	1.4 ± 0.727	1.5 ± 0.790	1.5 ± 0.767	<.001	<.001	.444
No. of vessels treated per patient	1.2 ± 0.459	1.3 ± 0.509	1.3 ± 0.492	<.001	<.001	.378
Multivessel intervention	334 (21.0%)	857 (30.9%)	865 (30.9%)	<.001	<.001	.979
<i>Target vessel</i>						
Right coronary artery	827 (42.4%)	1157 (34.4%)	1304 (36.8%)	<.001	<.001	.149
Left main	38 (1.9%)	118 (3.5%)	117 (3.3%)	.001	.028	.837
Left anterior descending	1005 (51.5%)	1728 (51.4%)	1775 (50.1%)	.424	.963	.190
Left circumflex	438 (22.4%)	1167 (34.7%)	1125 (31.8%)	<.001	<.001	.001
Bypass graft	5 (0.8%)	103 (3.1%)	117 (3.3%)	<.001	<.001	.779
<i>Type of stent</i>						
Bare metal stent	180 (9.2%)	211 (6.3%)	111 (3.1%)	<.001	.002	<.001
Paclitaxel-eluting stent	256 (13.1%)	365 (10.9%)	388 (11.0%)	.354	.174	.968
Early-gen. sirolimus-eluting stent	257 (13.2%)	473 (14.1%)	623 (17.6%)	.401	.769	.233
New-gen. sirolimus-eluting stent	211 (10.8%)	366 (10.9%)	486 (13.7%)	.159	.964	.096
Biolimus-eluting stent	135 (6.9%)	335 (10.0%)	387 (10.9%)	.015	.005	.545
Everolimus-eluting stent	561 (28.7%)	983 (29.2%)	1035 (29.2%)	.978	.832	.997
Zotarolimus-eluting stent	352 (18.0%)	631 (18.8%)	513 (14.5%)	.068	.855	.021

339

340 **Table IIIA:**

341 Clinical outcomes at 30 days, 1 year, and 2 years (crude analysis). Depicted are counts (Kaplan-Meier
 342 incidence rates %). Hazard ratios (95% CI) and P values are from Cox regressions taking into account
 343 the trial effect.

	STEMI	NSTE-ACS	SIHD	STEMI vs SIHD		NSTE-ACS vs SIHD	
	n =1952	n =3364	n =3543	Crude HR (95% CI)	P value	Crude HR (95% CI)	P value
<i>At 30 d</i>							
Death	42 (2.2)	25 (0.7)	11 (0.3)	6.19 (3.15-12.16)	<.001	2.19 (1.08-4.47)	.031
Cardiac death	38 (2.0)	21 (0.6)	9 (0.3)	6.50 (3.11-13.62)	<.001	2.19 (1.00-4.80)	.050
MI	50 (2.6)	180 (5.4)	176 (5.0)	0.38 (0.28-0.53)	<.001	0.89 (0.72-1.10)	.300
Definite stent thrombosis	29 (1.5)	21 (0.6)	23 (0.7)	2.54 (1.45-4.43)	.001	1.01 (0.56-1.84)	.961
Definite or probable stent thrombosis	47 (2.4)	45 (1.3)	50 (1.4)	1.87 (1.25-2.81)	.002	1.02 (0.68-1.53)	.921
<i>At 1 y</i>							
Death	93 (4.8)	121 (3.6)	83 (2.4)	1.82 (1.35-2.46)	<.001	1.44 (1.09-1.91)	.011
Cardiac death	73 (3.8)	88 (2.6)	50 (1.4)	2.39 (1.66-3.46)	<.001	1.75 (1.23-2.48)	.002
MI	79 (4.1)	252 (7.5)	214 (6.1)	0.51 (0.39-0.67)	<.001	1.07 (0.89-1.28)	.493
Definite stent thrombosis	39 (2.0)	33 (1.0)	33 (0.9)	2.29 (1.43-3.67)	.001	1.08 (0.67-1.76)	.746
Definite or probable stent thrombosis	63 (3.3)	68 (2.0)	68 (1.9)	1.78 (1.25-2.52)	.001	1.10 (0.79-1.55)	.565
<i>At 2 y</i>							
Death	124 (6.4)	203 (6.1)	148 (4.2)	1.40 (1.09-1.78)	.007	1.40 (1.13-1.73)	.002
Cardiac death	87 (4.5)	137 (4.2)	88 (2.5)	1.67 (1.24-2.26)	.001	1.58 (1.21-2.08)	.001
MI	97 (5.1)	299 (9.0)	252 (7.2)	0.56 (0.44-0.71)	<.001	1.11 (0.94-1.32)	.213
Definite stent thrombosis	44 (2.3)	45 (1.4)	45 (1.3)	1.90 (1.24-2.90)	.003	1.10 (0.72-1.67)	.656
Definite or probable stent thrombosis	70 (3.7)	90 (2.7)	91 (2.6)	1.48 (1.08-2.03)	.015	1.11 (0.82-1.48)	.504

344

345

346 **Table IIIB:**

347 Clinical outcomes at 30 days, 1 year, and 2 years (adjusted analysis). Depicted are counts (Kaplan-
 348 Meier incidence rates %). Hazard ratios (95% CI) and P values are from Cox regressions taking into
 349 account the trial effect. Adjustment baseline variables are age, gender, body mass index, diabetes,
 350 hypertension, hypercholesterolemia, previous MI, GFR, LVEF, and type of stent.

	STEMI vs SIHD		NSTE-ACS vs SIHD	
	Adj HR (95% CI)	P value	Adj HR (95% CI)	P value
<i>At 30 d</i>				
Death	7.44 (2.86-19.39)	<.001	2.65 (1.05-6.67)	.038
Cardiac death	9.38 (3.04-28.98)	<.001	3.44 (1.15-10.29)	.027
MI	0.39 (0.26-0.58)	<.001	0.93 (0.72-1.21)	.598
Definite stent thrombosis	1.55 (0.75-3.18)	.237	0.77 (0.39-1.54)	.463
Definite or probable stent thrombosis	1.48 (0.87-2.53)	.150	0.92 (0.58-1.48)	.746
<i>At 1 y</i>				
Death	2.31 (1.54-3.47)	<.001	1.48 (1.03-2.11)	.032
Cardiac death	3.20 (1.92-5.34)	<.001	1.94 (1.22-3.08)	.005
MI	0.51 (0.36-0.71)	<.001	1.05 (0.84-1.32)	.672
Definite stent thrombosis	1.77 (0.94-3.32)	.077	0.90 (0.50-1.62)	.733
Definite or probable stent thrombosis	1.48 (0.93-2.37)	.100	0.99 (0.66-1.49)	.963
<i>At 2 y</i>				
Death	1.54 (1.12-2.11)	.007	1.37 (1.05-1.78)	.019
Cardiac death	2.00 (1.34-2.99)	.001	1.66 (1.19-2.33)	.003
MI	0.58 (0.43-0.78)	<.001	1.13 (0.92-1.39)	.244
Definite stent thrombosis	1.80 (1.01-3.21)	.047	1.01 (0.60-1.69)	.967
Definite or probable stent thrombosis	1.44 (0.94-2.22)	.096	1.09 (0.76-1.57)	.629

351

352 **Table IV:**

353 Landmark analysis for clinical Outcomes.

	Days 0-30						
	STEMI	NSTE-ACS	SIHD	HR (95% CI) STEMI vs SIHD	P value STEMI vs SIHD	HR NSTE-ACS vs SIHD	P value NSTE-ACS vs SIHD
Crude analysis							
All-cause death	42 (2.2)	25 (0.7)	11 (0.3)	6.19 (3.15-12.16)	<.001	2.19 (1.08-4.47)	.031
Cardiac death	38 (2.0)	21 (0.6)	9 (0.3)	6.50 (3.11-13.62)	<.001	2.19 (1.00-4.80)	.050
MI	50 (2.6)	180 (5.4)	176 (5.0)	0.38 (0.28-0.53)	<.001	0.89 (0.72-1.10)	.300
Definite stent thrombosis	29 (1.5)	21 (0.6)	23 (0.7)	2.54 (1.45-4.43)	.001	1.01 (0.56-1.84)	.961
Definite or probable stent thrombosis	47 (2.4)	45 (1.3)	50 (1.4)	1.87 (1.25-2.81)	.002	1.02 (0.68-1.53)	.921
Adjusted analysis							
All-cause death	42 (2.2)	25 (0.7)	11 (0.3)	7.44 (2.86-19.39)	<.001	2.65 (1.05-6.67)	.038
Cardiac death	38 (2.0)	21 (0.6)	9 (0.3)	9.38 (3.04-28.98)	<.001	3.44 (1.15-10.29)	.027
MI	50 (2.6)	180 (5.4)	176 (5.0)	0.39 (0.26-0.58)	<.001	0.93 (0.72-1.21)	.598
Definite stent thrombosis	29 (1.5)	21 (0.6)	23 (0.7)	1.55 (0.75-3.18)	.237	0.77 (0.39-1.54)	.463
Definite or probable stent thrombosis	47 (2.4)	45 (1.3)	50 (1.4)	1.48 (0.87-2.53)	.150	0.92 (0.58-1.48)	.746

354

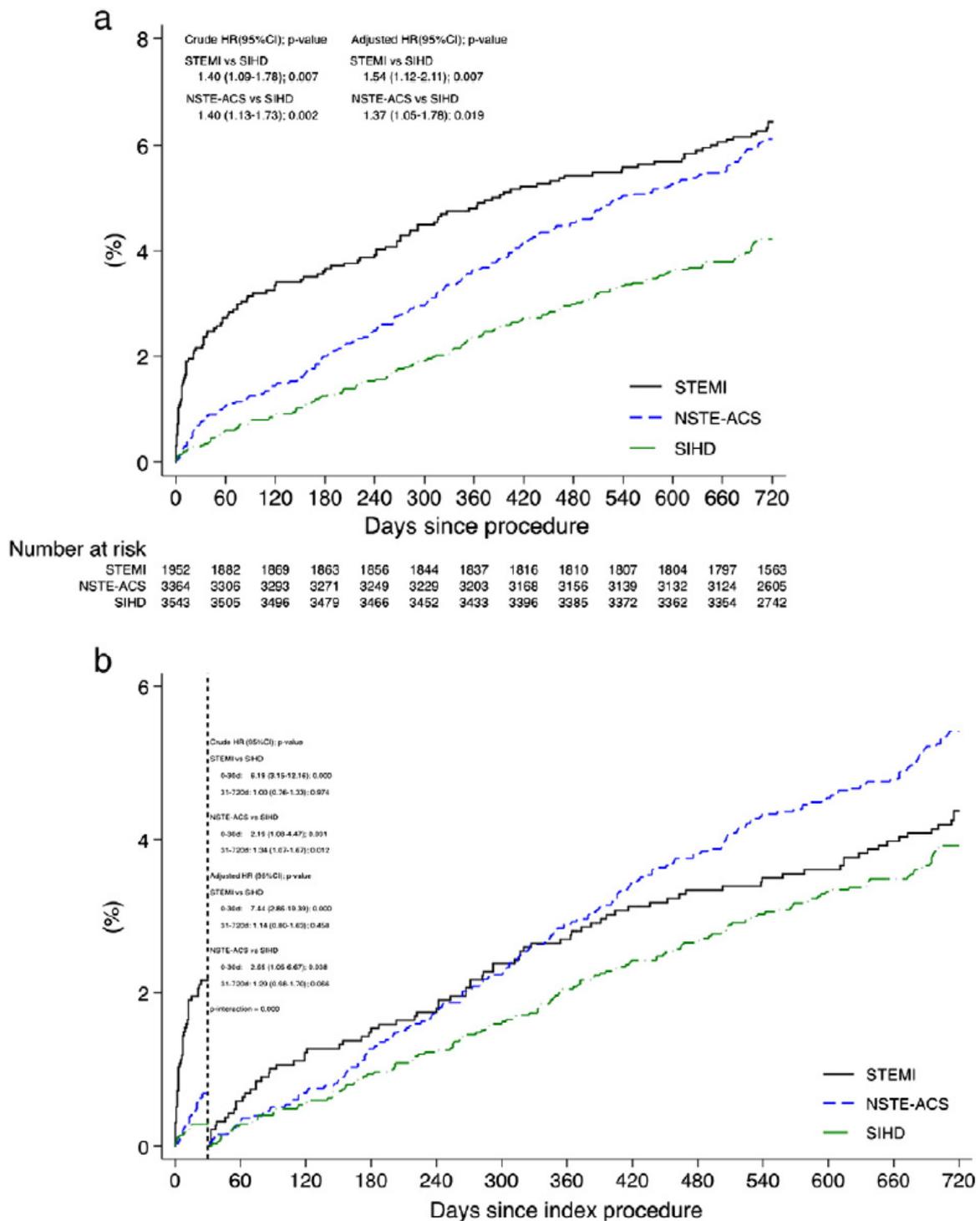
	Days 0-30						
	STEMI	NSTE-ACS	SIHD	HR (95% CI) STEMI vs SIHD	P value STEMI vs SIHD	HR NSTE-ACS vs SIHD	P value NSTE-ACS vs SIHD
Crude analysis							
All-cause death	42 (2.2)	25 (0.7)	11 (0.3)	6.19 (3.15-12.16)	<.001	2.19 (1.08-4.47)	.031
Cardiac death	38 (2.0)	21 (0.6)	9 (0.3)	6.50 (3.11-13.62)	<.001	2.19 (1.00-4.80)	.050
MI	50 (2.6)	180 (5.4)	176 (5.0)	0.38 (0.28-0.53)	<.001	0.89 (0.72-1.10)	.300
Definite stent thrombosis	29 (1.5)	21 (0.6)	23 (0.7)	2.54 (1.45-4.43)	.001	1.01 (0.56-1.84)	.961
Definite or probable stent thrombosis	47 (2.4)	45 (1.3)	50 (1.4)	1.87 (1.25-2.81)	.002	1.02 (0.68-1.53)	.921
Adjusted analysis							
All-cause death	42 (2.2)	25 (0.7)	11 (0.3)	7.44 (2.86-19.39)	<.001	2.65 (1.05-6.67)	.038
Cardiac death	38 (2.0)	21 (0.6)	9 (0.3)	9.38 (3.04-28.98)	<.001	3.44 (1.15-10.29)	.027
MI	50 (2.6)	180 (5.4)	176 (5.0)	0.39 (0.26-0.58)	<.001	0.93 (0.72-1.21)	.598
Definite stent thrombosis	29 (1.5)	21 (0.6)	23 (0.7)	1.55 (0.75-3.18)	.237	0.77 (0.39-1.54)	.463
Definite or probable stent thrombosis	47 (2.4)	45 (1.3)	50 (1.4)	1.48 (0.87-2.53)	.150	0.92 (0.58-1.48)	.746

355

356 **FIGURES**

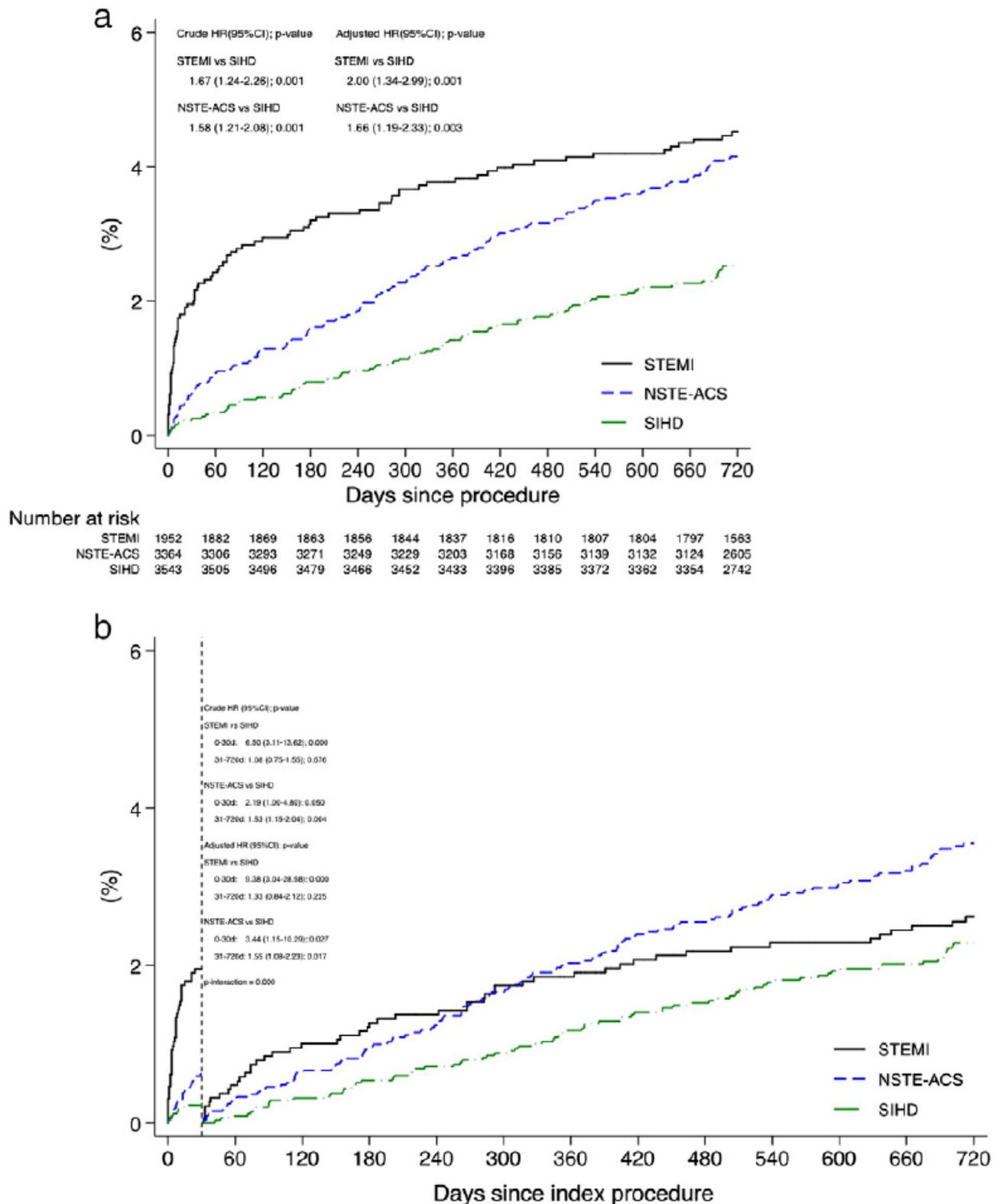
357 **Figure 1A:** All-cause mortality. The solid black line indicates patients with STEMI, the dotted blue line
 358 patients with NSTEMI-ACS, and the dotted green line patients with SIHD.

359 **Figure 1B:** Landmark analysis of all-cause mortality with the landmark set at 30 days. The solid black
 360 line indicates patients with STEMI, the dotted blue line patients with NSTEMI-ACS, and the dotted green
 361 line patients with SIHD.



363 **Figure 2A:** Cardiac mortality. The solid black line indicates patients with STEMI, the dotted blue line
 364 patients with NSTEMI-ACS, and the dotted green line patients with SIHD.

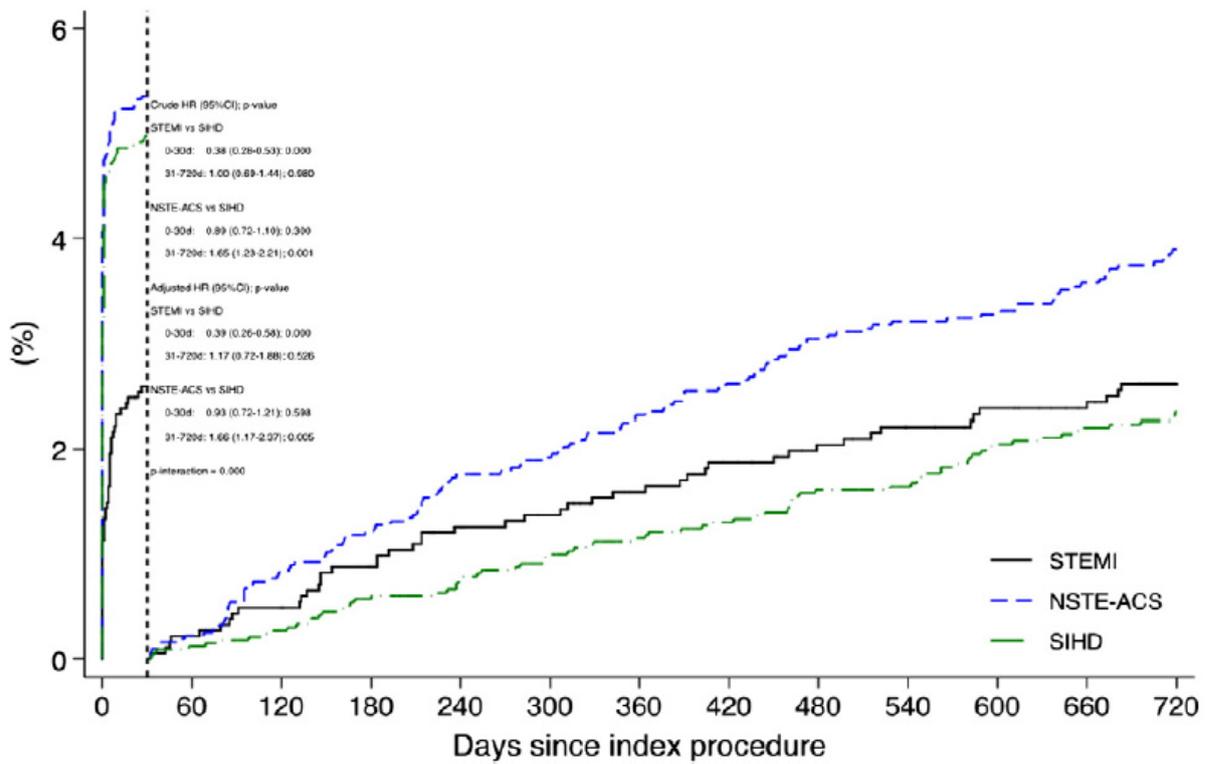
365 **Figure 2B:** Landmark analysis of cardiac mortality with the landmark set at 30 days. The solid black line
 366 indicates patients with STEMI, the dotted blue line patients with NSTEMI-ACS, and the dotted green line
 367 patients with SIHD.



369 **Figure 3:**

370 Landmark analysis of MI with the landmark set at 30 days. The solid black line indicates patients with

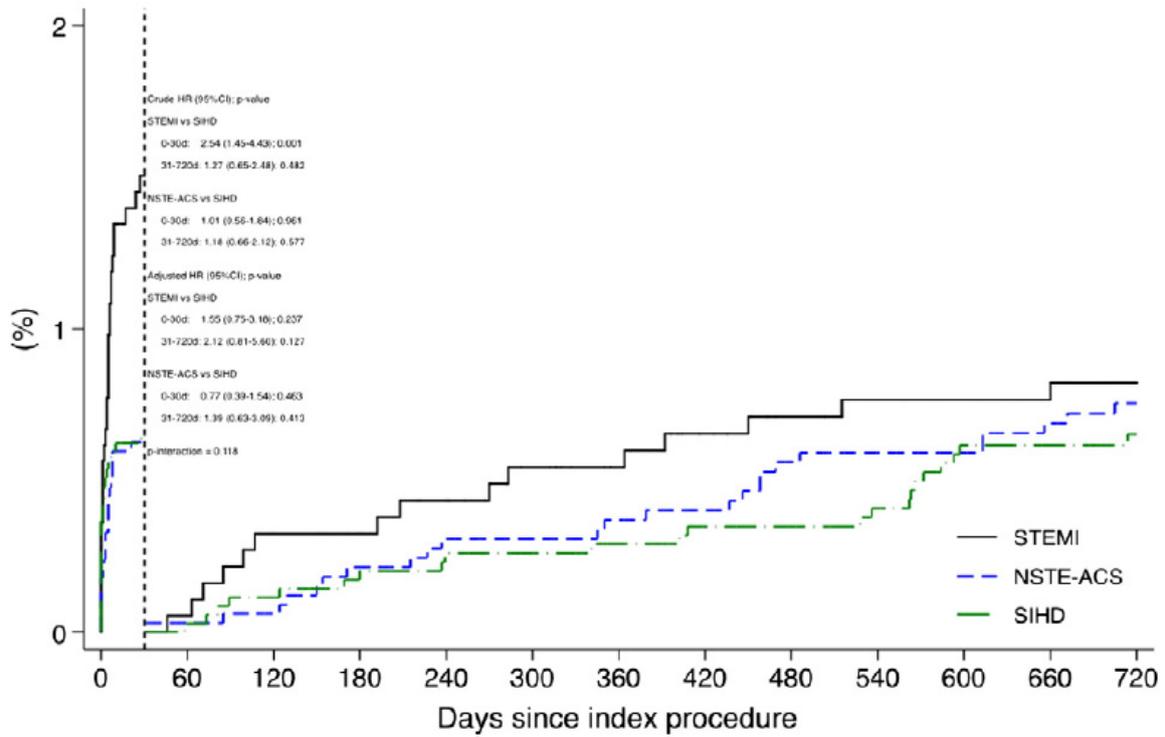
371 STEMI, the dotted blue line patients with NSTEMI-ACS, and the dotted green line patients with SIHD.



372

373 **Figure 4:**

374 Landmark analysis of definite stent thrombosis with the landmark set at 30 days. The solid black line
 375 indicates patients with STEMI, the dotted blue line patients with NSTEMI-ACS, and the dotted green line
 376 patients with SIHD.



377