Staphylococcus aureus and methicillin resistance in Switzerland: regional differences and trends from 2004 to 2014

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Summary

BACKGROUND: The global epidemiology of methicillin-resistant Staphylococcus aureus (MRSA) is heterogeneous. The objective of this study was to evaluate MRSA epidemiology in Switzerland over an 11-year period. METHODS: We conducted a retrospective study with time series analysis on S. aureus including MRSA and non-multidrug resistant MRSA (NmMRSA). We used NmMRSA as a marker for community-acquired MRSA. NmMRSA was defined as MRSA susceptible to at least three of the following agents: ciprofloxacin, clindamycin, tetracycline and trimethoprim-sulfamethoxazole. RESULTS: A total of 14648 MRSA and 115917 methicillin-susceptible S. aureus (MSSA) isolates were included. Despite an overall decrease of the proportion of MRSA among S. aureus clinical isolates (from 14% in 2004 to 8% in 2014), an increasing trend in NmMRSA was observed. Variations in geographical distribution were noted, with a decrease in the proportion of MRSA in the

introduction

Methicillin-resistant Staphylococcus aureus (MRSA) combines virulence and resistance with remarkable adaptive qualities to the human host and is associated with either carriage or a broad spectrum of infectious conditions causing significant clinical and health-economic adverse outcomes [1]. Initially, MRSA infections were largely a healthcare-associated problem, but over time they have emerged increasingly in the community as well. Currently, global MRSA epidemiology remains heterogeneous, with several Asian countries [2] reporting some of the highest MRSA rates worldwide [3]. Regarding Europe, recent data from the European antimicrobial resistance interactive database (EARS-Net), which covers a wide network of national surveillance systems in Europe, show that, after a general rise in prevalence, MRSA proportions among S. aureus isolates seem to be decreasing in Europe since the beginning of this decade, as observed also in North America [3]. It is, however, a heterogeneous picture as Sweden, Estonia, Austria and Romania still show rising trends in MRSA prevalence (European Centre for Disease Prevention and Control, ECDC 2013). There is a paucity of comparable epidemiological data from Switzerland, which offers a unique per-
spective for epidemiological analysis of temporal MRSA trends because of its central position in Europe and its three main linguistic regions (German, French and Italian), which have strong cultural and economic ties to neighbouring countries. The last national survey on MRSA epidemiology in Switzerland was conducted in 1997 [4] and showed low rates of MRSA in most hospitals. The objective of this study was to evaluate the epidemiology and temporal trends of MRSA and methicillin-susceptible S. aureus (MSSA) infections in Switzerland from 2004 to 2014. This analysis of Swiss antimicrobial resistance rates was intended to complement the European picture and demonstrate that important differences may be observed even in different regions within the same country.

Methods

Data
This observational laboratory-based study was conducted with use of the database from the Swiss antimicrobial resistance surveillance network (ANRESIS, www.anresis.ch) available since 2004. This database provides antibiotic resistance data for all routinely collected microbiological samples from 20 clinical microbiology laboratories, distributed all over Switzerland and representing at least 70% of annual hospitalisation days and 30% of all Swiss general practitioners [5]. For this study we included data from the 12 laboratories that continuously contributed data from 2004 to 2014. While the number of ambulatory samples increased over time in this subset, for in-patient samples (which were used for calculation of incidence rates) we restricted the analysis to the 36 hospitals linked to these laboratories, which sent continuous data during the whole study period. These hospitals represent at least 40% of annual hospitalisation days in Switzerland. This surveillance data includes data from primary and tertiary care hospitals, outpatient clinics and ambulatory practices. Antimicrobial susceptibility was tested at local laboratories according to Clinical and Laboratory Standards Institute (CLSI, www.clsi.org) or European Committee on Antimicrobial Susceptibility Testing (EUCAST, www.euCAST.org) guidelines. Most of the participating laboratories switched from CLSI to EUCAST breakpoints between 2011 and 2013. All participating laboratories are participating in at least one external quality programme out of the National External Quality Assessment Service (NEQAS, www.ukneqasmicro.org.uk) or the Swiss quality control programme from the Institute for Medical Microbiology, University of Zürich (http://www.imm.uzh.ch/services/qc.html). Results from MRSA screening swabs and from duplicates, defined as isolates with identical antimicrobial resistance profiles isolated from the same patient within 1 year, were excluded from the analyses. For calculation of incidence rates for bloodstream infections, we used data from inpatients only, and the duplicate algorithm was restricted to blood cultures. Methicillin resistance was defined as nonsusceptibility to at least one out of oxacillin, fluoroxacillin, methicillin or cefoxitin. Isolates not tested against any of these antibiotics were excluded from analysis (n = 795).

The epidemiological data allowed stratification of isolates by sex, age group (<16, 16–65, >65 years), linguistic region (German, French or Italian), in- versus outpatients, and site of isolation (invasive [isolation from usually sterile body sites] versus noninvasive). Bloodstream infections were analysed separately, too.

We used the term non-multidrug resistant MRSA (NmMRSA) as a potential marker for community-associated strains of MRSA (CA-MRSA), because of similarities in epidemiology [6] and phenotypic antimicrobial susceptibility [7]. NmMRSA was defined as MRSA susceptible to at least three of the following agents – ciprofloxacin, clindamycin, tetracycline or trimethoprim-sulfamethoxazole (TMP/SMX) – while remaining resistant to all beta-lactam antibiotics.

Statistical analysis
We calculated the annual incidence of MRSA, NmMRSA and MSSA bacteremia and invasive isolates per 100 000 hospital admissions. Assuming that patients with bacteremia and other invasive isolates are usually hospitalised, we restricted our dataset to inpatients only for this analysis. Univariate logistic regression was performed to determine the association between age, sex, in-/outpatient, region, invasive/noninvasive sample origin, as explanatory variables, and MRSA versus MSSA, and NmMRSA versus mMRSA (multidrug-resistant MRSA), as dependent variables. The explanatory variables were selected on the basis of data availability. We considered at least 10 events for each explanatory variable analysed. Using the explanatory variables from the univariate analysis with a value of p <0.2, we built two multivariate regression models (NmMRSA vs mMRSA; and MRSA vs MSSA). However, there are some potential limitations with this method of selecting explanatory variables because it is known that more complex models tend to give overoptimistic predictions, especially when extensive variable selection has been performed [8]. We conducted several time series analyses of MRSA trends stratified by age group, in- versus outpatient population and linguistic region. The same analysis was performed with the proportion of resistance to selected drugs (such as ciprofloxacin, fusidic acid, clindamycin and erythromycin) among MRSA strains. To perform the time series analyses, we used an autoregressive integrated moving average (ARIMA) model, which is considered a suitable method to monitor and predict the trend of bacterial resistance prevalence when using surveillance data [9]. With the Box-Jenkins method, checks were made to determine whether the time series was stationary by use of the augmented Dickey-Fuller test for unit root [10]. The models were identified by determining the ARIMA model orders (p, q, d) through consideration of the autocorrelation and partial autocorrelation profiles. Finally, we evaluated the adequacy of the models using a Durbin Watson test for the statistical significance of the parameters [11]. In general, the analyses sought to identify the most parsimonious model with the fewest parameters. The time series analyses were performed in Eviews version 18, all other analyses were carried out in STATA 13.
Ethics
Since the database contains routinely collected anonymised non-genetic surveillance data, ethical consent was not required according to the Swiss law for research on human beings (Art. 33 al. 2 LRH).

Results
The 12 laboratories included in the analysis reported 130,565 samples positive for S. aureus, including 115,917 MSSA and 14,648 MRSA (with 3179 [22%] NmMRSA) isolates, over the period from January 2004 to December 2014. Demographic and clinical characteristics of patients in the different groups are shown in Table 1.

Times series analysis
General data
The overall proportion of MRSA among S. aureus isolates decreased from 14% in 2004 to 8% in 2014, with a decreasing trend (–0.08% per quarter, p <0.01). Conversely, the relative proportion of NmMRSA among all MRSA increased from 8% in 2004 to 43% in 2014 (+0.92% per quarter, p = 0.04).

Linguistic regions
Differences were found across the linguistic regions. In the French- and Italian-speaking regions, MRSA proportions were decreasing over time (–0.28% and –0.15% per quarter, respectively, p <0.01; fig. 1), while in the German-speaking region MRSA trends were on a slightly upward trajectory (+0.03% per quarter, p <0.01; fig. 1). Nevertheless, MRSA rates remained significantly higher in the French- and Italian-speaking regions throughout the whole time period. Conversely, NmMRSA was increasing in all regions (Italian region, +0.42% per quarter, p <0.01; French region, +0.8% per quarter, p <0.01; German-speaking region, +0.92% per quarter, p <0.01).

Inpatient versus outpatient population
MRSA rates were significantly lower in outpatients, but increased from 2008 to 2014, (0.03% per quarter, p <0.01), while MRSA prevalence decreased in inpatients during the same time period (–0.18% per quarter, p <0.01). For NmMRSA strains, however, an increasing trend was noticed for both in- and outpatients (+1.07% and +0.61% per quarter, respectively, p <0.01).

Age and sex
MRSA was increasing in the younger population (+0.05% per quarter, p <0.01), but decreasing in the adult and elderly groups (–0.30% and –0.02% per quarter, respectively, p <0.01). However, the proportion of NmMRSA strains in all three age groups increased over time (data not shown).

Males were more likely to be infected by MRSA. This finding was stable over the 11 years of surveillance (table 1).

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Table 1: Characteristics of patients with MRSA, MSSA, or NmMRSA infections (2004–2014).

<table>
<thead>
<tr>
<th>Linguistic region</th>
<th>MSSA in % of S. aureus (n = 115 917)</th>
<th>MRSA in % of S. aureus (n = 14 648)</th>
<th>NmMRSA in % of MRSA (n = 3179)</th>
</tr>
</thead>
<tbody>
<tr>
<td>German</td>
<td>69 054 (95.3%)</td>
<td>3389 (4.7%)</td>
<td>1349 (39.8%)</td>
</tr>
<tr>
<td>French</td>
<td>36 764 (79.9%)</td>
<td>9279 (20.1%)</td>
<td>1099 (11.8%)</td>
</tr>
<tr>
<td>Italian</td>
<td>10 006 (83.5%)</td>
<td>1960 (16.5%)</td>
<td>731 (36.9%)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Sex</th>
<th>MSSA in % of S. aureus (n = 115 917)</th>
<th>MRSA in % of S. aureus (n = 14 648)</th>
<th>NmMRSA in % of MRSA (n = 3179)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>62 019 (88%)</td>
<td>8649 (12%)</td>
<td>1680 (19.4%)</td>
</tr>
<tr>
<td>Female</td>
<td>53 773 (90%)</td>
<td>5982 (10%)</td>
<td>1496 (25%)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>In- versus outpatient</th>
<th>MSSA in % of S. aureus (n = 115 917)</th>
<th>MRSA in % of S. aureus (n = 14 648)</th>
<th>NmMRSA in % of MRSA (n = 3179)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inpatient</td>
<td>55 830 (84.1%)</td>
<td>10 604 (15.9%)</td>
<td>1858 (17.5%)</td>
</tr>
<tr>
<td>Outpatient</td>
<td>59 781 (93.9%)</td>
<td>3897 (6.1%)</td>
<td>1265 (32.5%)</td>
</tr>
</tbody>
</table>

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<thead>
<tr>
<th>ICU versus other departments</th>
<th>MSSA in % of S. aureus (n = 115 917)</th>
<th>MRSA in % of S. aureus (n = 14 648)</th>
<th>NmMRSA in % of MRSA (n = 3179)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ICU</td>
<td>7588 (90.7%)</td>
<td>776 (9.3%)</td>
<td>139 (17.9%)</td>
</tr>
<tr>
<td>Non-ICU</td>
<td>48 241 (83.1%)</td>
<td>9828 (16.9%)</td>
<td>1719 (17.5%)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Age group</th>
<th>MSSA in % of S. aureus (n = 115 917)</th>
<th>MRSA in % of S. aureus (n = 14 648)</th>
<th>NmMRSA in % of MRSA (n = 3179)</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;16 years</td>
<td>22 372 (95.9%)</td>
<td>971 (4.1%)</td>
<td>397 (40.9%)</td>
</tr>
<tr>
<td>16–65 years</td>
<td>60 583 (92.4%)</td>
<td>4984 (7.6%)</td>
<td>1498 (30%)</td>
</tr>
<tr>
<td>&gt;65 years</td>
<td>32 962 (79.1%)</td>
<td>8693 (20.9%)</td>
<td>1284 (14.7%)</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Invasive versus noninvasive</th>
<th>MSSA in % of S. aureus (n = 115 917)</th>
<th>MRSA in % of S. aureus (n = 14 648)</th>
<th>NmMRSA in % of MRSA (n = 3179)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Invasive</td>
<td>19 384 (91.6%)</td>
<td>1775 (8.4%)</td>
<td>530 (29.9%)</td>
</tr>
<tr>
<td>Noninvasive</td>
<td>96 533 (88.3%)</td>
<td>12 873 (11.7%)</td>
<td>2649 (20.6%)</td>
</tr>
</tbody>
</table>

ICU = intensive care unit; MRSA = methicillin-resistant S. aureus; MSSA = methicillin-susceptible S. aureus; NmMRSA = non-multidrug resistant MRSA
In the first column, for each variable (linguistic regions, sex…), the distribution of MSSA in every category is shown (per row). There are some missing data for each variable. Within each row the numbers in the first two columns add up to 100%. The percentages in the third column are a proportion of NmMRSA of all MRSA in each subcategory.
Antibiotic resistance

Over the study period, resistance to ciprofloxacin, clindamycin, gentamicin and erythromycin in MRSA strains decreased (fig. 2). In contrast, resistance to tetracycline, TMP/SMX, fusidic acid and rifampicin remained constant and low over the study period (data not shown). Antibiotic resistance to clindamycin and ciprofloxacin was highest in the French- and Italian-speaking regions. In comparison, in the German speaking-region, resistance to gentamicin and erythromycin was more prevalent (see appendix).

Sample type and incidence rates

The proportion of MRSA among *S. aureus* decreased for invasive isolates (−0.10% per quarter, *p* < 0.01) and noninvasive isolates (−0.09% per quarter, *p* < 0.01), whereas the proportion for NmMRSA among MRSA increased for invasive (+1.04% per quarter, *p* < 0.01) and noninvasive isolates (+0.83% per quarter, *p* = 0.02).

Considering invasive isolates only; we found decreasing MRSA proportions in blood cultures from 14% in 2004 to 5% in 2014 for *S. aureus* and for other invasive infections from 16% to 13%. After extrapolation to the whole Swiss population, the incidence of mMRSA bacteraemia decreased from 21 to 7 per 100 000 admissions, whereas the incidence of other invasive mMRSA infections decreased only from 11 to 10 per 100 000 admissions (fig. 3a). Although we observed a true increase in NmMRSA in invasive infections (from 4 to 14 per 100 000 admissions), incidence of NmMRSA in bloodstream infections remained stable over time (from 4 to 3 per 100 000 admissions, fig. 3b). While the incidence of MSSA bacteraemia decreased until 2013, this was not the case for other invasive MSSA infections.

Risk factors of MRSA and NmMRSA

The results of the univariate regression analyses are reported in table 2A. Location in the French and Italian linguistic regions, inpatient status and elderly age were significant risk factors for MRSA, but not for NmMRSA. Invasive isolates, younger age and outpatient status were identified as risk factors for NmMRSA but not for MRSA in general. Outpatient status was protective against MRSA. Similar results were found in the multivariate regression models (table 2B) using the dependent variables of MRSA versus MSSA and NmMRSA versus mMRSA. The first model confirmed the same risk factors for MRSA (French and
proaches such as restricting antibiotic usage, and enforcement of screening and contact precautions [3]. Switzerland had adopted more local than national approaches to control MRSA dissemination. Following the first national MRSA surveillance study in 1997 [4], limited surveillance, elaboration of guidelines and interventions to control MRSA dissemination were conducted at a national level [14]. This has led to marked heterogeneity between regions.

Our finding of a general upward trend of NmMRSA in all of Switzerland is in line with the rapid global dissemination of CA-MRSA with different clonal outbreaks in Europe, the USA and the rest of the world, especially among younger age groups and outpatients [15]. The first imported case of CA-MRSA in Switzerland was reported in 2002 [16], followed by other reports, such as the outbreak of a Panton–Valentine leukocidin (PVL)-positive ST5-IV strain in a neonatal intensive care unit in Geneva [17].

Antibiotic resistance rates in MRSA strains against non-beta-lactam antibiotics such as ciprofloxacin, clindamycin, gentamicin and erythromycin decreased, while resistance rates to other compounds (tetracycline, TMP/SMX, fusidic acid and rifampicin) remained stable. These findings could be explained by a decrease in multiresistant hospital-acquired (HA-MRSA) isolates in regions with previously endemic MRSA incidence. This decrease is potentially linked to an interplay between a loss of biological fitness in endemic HA-MRSA clones [18] and improved infection con-


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<th>Table 2A: Risk factors for MRSA (vs MSSA) and NmMRSA (vs mMRSA) by univariable logistic regression analysis.</th>
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<td><strong>Stratification</strong></td>
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<tr>
<td><strong>Linguistic region</strong></td>
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<td>German</td>
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<td>Italian</td>
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<td><strong>In- versus outpatient</strong></td>
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<td>Inpatient</td>
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<td>Outpatient</td>
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<td><strong>ICU versus other departments</strong></td>
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<td>Non-ICU</td>
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<td>ICU</td>
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<td><strong>Age group</strong></td>
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<td>&lt;16 years</td>
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<td>16–65 years</td>
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<td>&gt;65 years</td>
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<td><strong>Invasive versus noninvasive</strong></td>
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<td>Noninvasive</td>
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<td>Invasive</td>
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CI = confidence interval; ICU = intensive care unit; mMRSA = multidrug-resistant MRSA; MRSA = methicillin-resistant S. aureus; MSSA = methicillin-susceptible S. aureus; NmMRSA = non-multidrug resistant MRSA
* Reference category, adjusted for all other variables listed in the table

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<th>Table 2B: Results from multivariate logistic regression comparing the risk factors for MRSA versus MSSA and NmMRSA versus mMRSA.</th>
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<td><strong>Stratification</strong></td>
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<tr>
<td><strong>Linguistic regions</strong></td>
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<td>French</td>
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<td>Italian</td>
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<td><strong>In- versus outpatient</strong></td>
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<td>Outpatient</td>
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<td><strong>ICU versus other departments</strong></td>
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<td>ICU</td>
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<td>Age group</td>
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<td>16–65 years</td>
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<td>&gt;65 years</td>
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<td><strong>Invasive versus noninvasive</strong></td>
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<td>Noninvasive</td>
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<tr>
<td>Invasive</td>
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CI = confidence interval; ICU = intensive care unit; mMRSA = multidrug-resistant MRSA; MRSA = methicillin-resistant S. aureus; MSSA = methicillin-susceptible S. aureus; NmMRSA = non-multidrug resistant MRSA
* Reference category, adjusted for all other variables listed in the table
† Collinearity with variable “inpatient”
trol measures with increased hand hygiene compliance and other infection control measures [19–21]. A further explanation could be the replacement of HA-MRSA clones with CA-MRSA strains [22], which are characterised by lower rates of resistance and greater fitness by virtue of their smaller SCCmec cassettes. In the absence of molecular characterisation in this study, we used antibiotic resistance phenotypes as correlates, which have been used to distinguish between HA-MRSA and CA-MRSA strains in the past [23]. Thus, dissemination of CA-MRSA strains is likely to be the main reason for the observed increase in the sensitivity of MRSA to some antibiotics, such as gentamicin, as described by De Angelis et al., with the replacement of older strains containing the SCCmec I cassette (a marker of HA-MRSA strains) by newer strains with the SCCmec IV cassette (a marker for CA-MRSA) [24].

The decrease in resistance of MRSA strains to ciprofloxacin can also be partially attributed to the reduction of ciprofloxacin use in Switzerland [25]. In fact there is ample evidence [19, 26] that there is a strong correlation between the use of fluoroquinolones and predisposition to colonisation or infection with MRSA. Indeed, Charbonneau et al. [27] demonstrated how a restriction of fluoroquinolones use led to a decreased rate of MRSA.

This study has a number of limitations. Firstly, not all hospitals and medical practitioners were included in the analysis, and the regions were not equally represented (in particular the German-speaking region was underrepresented). Secondly, we did not have molecular epidemiology analyses at our disposal requiring us to approximate the phenotypic definition of NmMRSA to represent CA-MRSA. However, this approach has been taken repeatedly in the past, as several investigators have used NmMRSA as a surrogate of CA-MRSA [6, 7]. Thirdly, similarly to most national surveillance databases, we lacked detailed clinical data to enable distinction between MRSA carriage and infection. Furthermore the choice of antimicrobials in the antibigrams in respiratory and wound samples could vary from one centre to another. Considering these limiting factors, we recommend that our findings be interpreted with caution.

In conclusion, our study represents the most recent and comprehensive national S. aureus surveillance study in Switzerland and is intended to fill a gap in the European MRSA map. It confirms the low MRSA prevalence in Switzerland compared to the rest of Europe. At the same time our study illustrates the regional differences and trends which may be affected by surrounding countries and thus cultural influences. Compared to many other national S. aureus databases, ANRESIS contains data on both invasive and noninvasive infections and MSSA, MRSA and NmMRSA. This comprehensive dataset mirrors the successful efforts to reduce MRSA incidences observed in many countries worldwide with a simultaneous increase in NmMRSA likely reflecting the concomitant emergence of CA-MRSA.

Acknowledgement: Institute for Laboratory Medicine, Cantonal Hospital Baden; Clinical Microbiology, University Hospital Basel; Voliller AG, Basel; Laboratory Medicine EOLAB, Department of Microbiology, Bellinzona; Institute for Infectious Diseases, University Bern; Microbiology Laboratory, Unilabs, Coppet; Central Laboratory, Cantonal Hospital Graubünden; Microbiology Laboratory, Hospital Thurgau; Microbiology Laboratory Hôpital Fribourgeois, Fribourg; Bacteriology Laboratory, Geneva University Hospital, Geneva; ADMED Microbiology, La Chaux-de-Fonds; Institute for Microbiology, Université de Lausanne; Centre for Laboratory Medicine, Cantonal Hospital Luzern; Centre for Laboratory Medicine, Cantonal Hospital Schaffhausen; Centre for Laboratory Medicine Dr. Risch, Schaan; Central Institute, Hôpitaux Valaisians (ICHV), Sion; Centre for Laboratory Medicine St. Gallen; Institute for Medical Microbiology, University Hospital Zürich; Laboratory for Infectious Diseases, University Children’s Hospital Zürich.

Studies by Drs Olearo and Harbarth on surveillance and prevention of S. aureus infection leading to this publication have received support from the Innovative Medicines Initiative Joint Undertaking under the Combating Bacterial Resistance in Europe (COMBACTE-Net) grant agreement no. 115523, resources of which are composed of financial contribution from the EU’s 7th Framework Programme and the European Federation of Pharmaceutical Industries and Associations (EFPIA) companies’ in-kind contribution.

Disclosure statement: No financial support and no other potential conflict of interest relevant to this article were reported.

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References

Original article
Swiss Med Wkly. 2016;146:w14339

### Table S1: Time series analysis.

<table>
<thead>
<tr>
<th></th>
<th>All MRSA</th>
<th></th>
<th>NmMRSA</th>
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<tbody>
<tr>
<td></td>
<td>R²</td>
<td>SE*</td>
<td>t-statistic (p-value)</td>
<td>R²</td>
</tr>
<tr>
<td>Switzerland</td>
<td>0.52</td>
<td>0.48</td>
<td>26.90 (&lt;0.01)</td>
<td>0.88</td>
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<td></td>
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<td>T:0.08%</td>
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<td>AR(3)</td>
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<td>MA(3)</td>
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<tr>
<td>Linguistic region</td>
<td>0.39</td>
<td>0.34</td>
<td>11.35 (&lt;0.01)</td>
<td>0.68</td>
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<td></td>
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<td>T:0.03%</td>
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<td>AR(1)</td>
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<tr>
<td>German</td>
<td>0.46</td>
<td>0.78</td>
<td>25.21 (&lt;0.01)</td>
<td>0.37</td>
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<td>T:0.15%</td>
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AR = autoregressive term; C = constant; MA = moving average term; T = trend per quarter; * standard error; † first difference; ‡ logarithm
### Table S2: Percentage of antibiotic resistance among MRSA strains.

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*TMP/SMX = trimethoprim-sulfamethoxazole*
Figures (large format)

**Figure 1**
Proportion of methicillin-resistant *S. aureus* (MRSA) among *S. aureus* isolates by region.
Red = German-speaking; green = French-speaking; yellow = Italian-speaking

**Figure 2**
Time series analysis of antibiotic resistance among methicillin-resistant *S. aureus* (MRSA) isolates. Trends per quarter are given in parentheses.
Figure 3
Incidence of methicillin-susceptible S. aureus (MSSA), non-multidrug resistant methicillin-resistant S. aureus (NmMRSA) and multidrug resistant methicillin-resistant S. aureus (mMRSA) per 100,000 hospital admissions (a) in invasive isolates (excluding bacteraemic isolates) and (b) in bacteraemia.